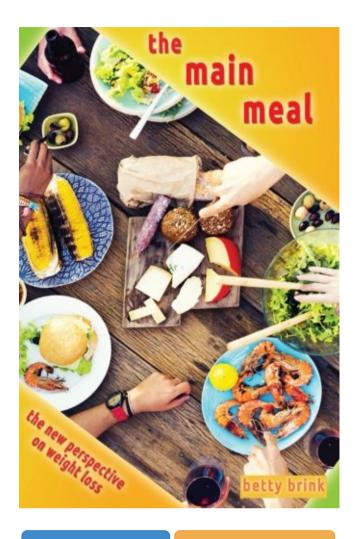
## The Main Meal: The New Perspective On Weight Loss







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