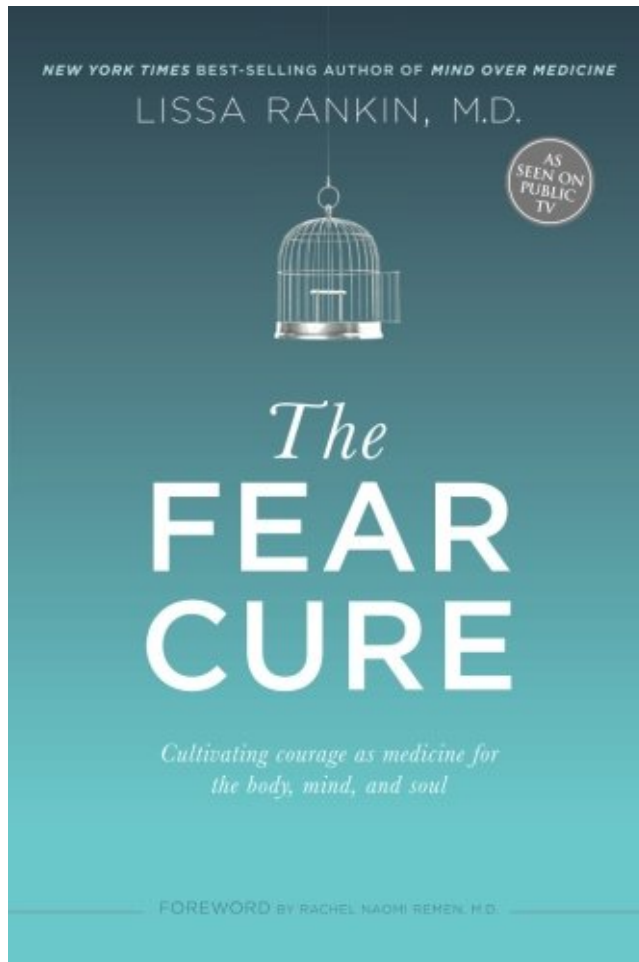


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## The Fear Cure: Cultivating Courage as Medicine for the Body, Mind, and Soul



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