योगः कर्मसु कौशलम्
IN PURSUIT OF PERFECTION

Vivekananda Institute of Professional Studies- Technical Campus
An ISO 9001: 2015.Certified Institution
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(Affiliated to GGSIP University, Delhi recognised by Bar Council of India and AICTE)

1. Name of the Organising Department: Vivekananda School of Economics

2. Type of Activity/Event: Panel Discussion

3. Title of Activity/Event: "The Role of English Language in Enabling Self- Expression and Informing Public Thought"

4. Date: Monday**,** February 16, 2026

5. Venue: Auditorium, B-Block

6. Name of the Guest(s)/Speaker(s):

- Ms. Valsa Williams – Newsreader (All India Radio /Akashvani)
- Mr. Sujay John – Assistant Professor (St. Stephen's College, University of Delhi); Media Professional
- Ms. Reshma Tiwari – Radio Jockey (FM Gold); Newsreader (All India Radio)

7. Faculty Co-ordinator(s): Ms**.** Shefali Singh, Ms. Soumya Mahajan

8. Student Co-ordinator(s): Student of first year VSE

9.Event Flyer:



10.Event Report:

A panel discussion on the topic "The Role of English Language in Enabling Self-Expression and Informing Public Thought" was organised by Vivekananda School of Economics on 16th February 2026 in the B-Block Auditorium. The session was moderated by Ms. Shefali Singh, Assistant Professor, VSE. The event saw the participation of distinguished media personalities, who were invited as panellists to discuss the role of English language in effective communication.

The panellists included Ms. Valsa Williams, an established broadcaster with over 33 years of experience at All India Radio/Akashvani, and 22 years at Doordarshan, who is also a pioneering weather forecaster. She is also known for featuring in Close-Up Antakshri on Zee TV and possesses immense knowledge of Hindustani classical music. Mr. Sujay John is Assistant Professor of Physical Education at St. Stephen's College, University of Delhi, and a renowned sports commentator who has covered the Olympic Games, the FIFA World Cup, the Commonwealth Games, and the Asian Games for AIR and Doordarshan, among other channels. Ms. Reshma Tiwari has been a Radio Jockey with FM Gold since 2002 and a Newsreader with Akashvani since 2019. Skilled in script writing, translations and voice overs, she holds vast experience in content production and broadcasting.

The panel discussion started with the panellists expressing their thoughts on their relationship with language, which they described as a medium of expression and emotional connection. Ms. Williams stressed the need for 'listening' in effective communication. Ms. Reshma Tiwari spoke about selective listening and said that language influenced thinking, perception, and expression. Mr. Sujay John spoke about the influence of language in sports commentary, saying that communication should be informative as well as engaging. The speakers also talked about the need for effective communication in a professional setting and the need for objective reporting in journalism. They said that ego could impact personality negatively and that honesty, clear thinking, and self-analysis are necessary for effective communication. The session further discussed how language helps in the creation of identity

through the shaping of ideas and self-expression. The session ended with an interactive discussion on responsible communication in crisis reporting and the need for careful use of language.

The students found the session helpful in understanding the dynamics of the English language and its effective usage in personal and professional domains. The event concluded with a formal vote of thanks.



Ceremonial Lighting of the Lamp



The panel discussion in progress



An interactive session with the audience



Student of first year VSE attending the session