


# KISHA ANN O. RODILLA

## HR ASSOCIATE | SOCIAL MEDIA MANAGER

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## CAREER OVERVIEW

BS Psychology graduate (Clinical Psychology major) from St. Scholastica's College Manila, Class of 2025. Gained practical experience at Psyche Health Home Care, completing psychological reports and case studies. Organized mental health and leadership seminars, held roles as Public Relations and Publicity Officer, and joined national academic events. Skilled in communication, teamwork, creativity, and report writing. Completed a thesis on impostor phenomenon among high-achieving students, with a strong commitment to mental health and positive organizational communication.

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## EDUCATION

Bachelor of Science in  
Psychology, Major in Clinical

St. Scholastica's College Manila | 2021-  
2025

## SKILLS

Client Relationships, Communication skills, Creative and Resourceful, Creativity and Innovation, Decision Making, Goal oriented mindset, Problem-solving abilities, Quick Learner, Report Writing, Self Motivation, Teamwork and Collaboration

## LEADERSHIP

### Organization Officer

Envisoc Organization - 2021 – 2024

- Executive board officer of Envisoc as a publicity officer. Takes charge of promoting events, social media post etc.
- Responsible for announcement and any other information from the executive board to the members.

Psychology Society Organization - 2021 – 2024

- Being a member has a responsibility to join all events of the organization.
- Experienced being Publicity & Design Committee is in charge of designing the project with the assigned theme.

Psychology Society Organization - 2024 – 2025

- Executive board officer of PsychSoc as a Publicity Officer.

## WORK EXPERIENCE

- **Psyche Health Home Care [4th Year Internship 2024]**
- Completed a 4th-year internship at Psyche Health Home Care, assisting with psychological assessments, patient interviews, and therapeutic activities. Helped administer tests and contributed to psychological reports under supervision, gaining hands-on experience in a clinical mental health setting.
- **Virtual Assistant- Social Media Manager [ March 13, 2025- September 4, 2025]**
- Responsible for managing the company's social media accounts, website, and digital content to ensure all platforms are visually appealing, regularly updated, and aligned with brand goals. Focused on increasing online visibility and engagement while working remotely using various digital tools and platforms.