

# Draft Model Curriculum for UG Degree in Bachelor in Computer Applications BCA/BCA(Honours)/BCA(Honours with Research)

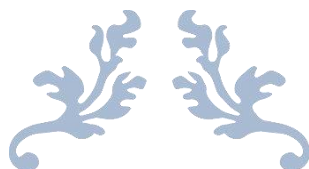
2024



ALL INDIA COUNCIL FOR TECHNICAL EDUCATION

Nelson Mandela Marg, Vasant Kunj, New Delhi 110070

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**Model Curriculum for UG  
Degree in  
Bachelor in Computer Application  
(BCA),  
Bachelor in Computer Application  
(Honours)  
&  
Bachelor in Computer Application  
(Honours with Research)**

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Model curriculum for UG Degree in BCA

**SEMESTER III**

<b>S. No.</b>	<b>Course Code</b>	<b>Course Title</b>	<b>L</b>	<b>T</b>	<b>P</b>	<b>Credit</b>
1	CC201	Probability and Statistics	3	0	0	3
2	CC202	Data Base Management System	3	0	4	5
3	SEC201	Python Programming	2	0	4	4
4	CC203	Software Engineering	3	0	0	3
5	DSE201*	Professional Elective – I	1	0	4	3
6	VAC201	Yoga/Sports/NCC/NSS/Disaster Management	0	0	4	2
<b>TOTAL</b>						<b>20</b>

\* To be selected from the Proposed Streams with Discipline-Specific Electives -  
Data Science / Artificial Intelligence and Machine Learning / Full Stack  
Development proposed by Universities as indicated at the appendix - A

# **SEMESTER –III**

**SEMESTER –III**  
**Probability and Statistics**

CC201	Probability and Statistics	3L:0T:0P	3 Credits
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**Course Objectives**

- CO1: This course aims to make the students trained to handle randomness scientifically using theory of probability.
- CO2: This course intends to make the students able to represent the statistical data in a systematic way and analyze it to draw meaningful information from them.
- CO3: Through plentiful examples and exercises, this course provides the students scope to apply probabilistic and statistical techniques to deal with the real-life problems.

**Course Content:**

**UNIT I:**

Basic concepts of Statistics, qualitative and quantitative data, classification of data, construction of frequency distribution, diagrammatic representation of data.

**Measures of Central Tendency:** Arithmetic mean, median and mode—their properties **Measures of Dispersion:** Range, mean deviation, quartile deviation, variance and standard deviation.

**UNIT II:**

**Correlation:** Definition, scatter diagram, types of correlation, measures—Karl Pearson's correlation coefficient and Spearman's rank correlation coefficient.

**Regression:** Linear regression-fitting by least square method and interpretation.

**UNIT III:**

**Concepts of probability:** Experiment and sample space, events and operations with events, probability of an event, basic probability rules, applications of probability rules, conditional probability.

**Random Variables:** Discrete and continuous random variable, probability distribution of a random variable, probability mass function, probability density function, expectation and variance of a random variable.

**Standard Probability Distributions:** Binomial probability distribution, Poisson probability distribution, Normal probability distribution.

UNIT IV:

**Sampling Distribution:** Concept of Population and Sample, parameter and statistic, sampling distribution of sample mean and sample proportion.

**Statistical Inference:** Estimation and Hypothesis Testing (only concept).

**Hypothesis Testing for a Single Population:** Concept of a hypothesis testing, tests involving a population mean and population proportion (z test and t test).

**Chi square test for independence of attributes and goodness of fit.**

**Text Books**

1. Manish Sharma, Amit Gupta, The Practice of Business Statistics, Khanna Book Publishing Company, 2010 (AICTE Recommended Textbook)
2. Das N. G., Statistical Methods, Combined Edition, Tata McGraw Hill, 2010.
3. Ross Sheldon M., Introduction to Probability and Statistics for Engineers and Scientists, 6<sup>th</sup> Edition, Elsevier, 2021.
4. Miller Irwin and Miller Marylees, Mathematical Statistics with Applications, Seventh Edition, Pearson Education, 2005

**Reference Books**

1. Pal Nabendu and Sarkar Sahadeb, Statistics: Concepts and Applications, Second Edition, PHI, 2013
2. Montgomery Douglas and Runger George C., Applied Statistics and Probability for Engineers, Wiley, 2016.
3. Reena Garg, Engineering Mathematics, Khanna Publishing House, 2024.

**Web Resources**

1. <https://nptel.ac.in/courses/111106112>
2. <https://nptel.ac.in/courses/111105041>

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**Database Management Systems**

CC202	Database Management Systems	3L:0T:4P	5 Credits
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**Course Objectives**

CO1: Understanding Core Concepts of DBMS

CO2: Proficiency in Database Design and SQL

CO3: Application of Advanced Database Techniques

Prerequisite: Basic knowledge of Set Theory.

**Course Content:**

**UNIT I:**

**Introduction to Databases:** Definition of Data, Database, and DBMS, Overview of Database

Applications, Advantages and Disadvantages of DBMS, Roles of Database Users and Administrators

**Data Models:** Introduction to Data Models, Types of Data Models (Hierarchical, Network, Relational, Object-oriented), Importance of Data Models in DBMS

**Database Design:** Keys: Primary Key, Candidate Key, Super Key, Foreign Key, Composite Key, Alternate Key, Unique Key, Surrogate Key, Constraints in a table: Primary Key, Foreign Key, Unique Key, NOT NULL, CHECK, Entity-Relationship (ER) Model, Entities and Entity Sets,

Attributes and Relationships, ER Diagrams, Key Constraints and Weak Entity Sets, Extended ER

Features, Introduction to the Relational Model and Relational Schema

**UNIT II:**

**Relational Algebra and Calculus:** Introduction to Relational Algebra, Operations:

Selection, Projection, Set Operations, Join Operations, Division, Tuple and Domain Relational Calculus

**Structured Query Language (SQL):** SQL Basics: DDL and DML, Aggregate Functions (Min(), Max(), Sum(), Avg(), Count()), Logical operators (AND, OR, NOT), Predicates (Like, Between, Alias, Distinct), Clauses (Group By, Having, Order by, top/limit), Inner Join, Natural Join, Full Outer Join, Left Outer Join, Right outer Join, Equi Join

**Advanced SQL:** Analytical queries, Hierarchical queries, Recursive queries, Views, Cursors, Stored Procedures and Functions, Packages, Triggers, Dynamic SQL

**Normalization and Database Design:** Functional Dependencies: Armstrong's Axioms,

Definition, Properties (Reflexivity, Augmentation, Transitivity), Types (Trivial, Non-Trivial, Partial and Full Functional Dependency), Closure of Functional Dependencies, Normal Forms (1NF, 2NF, 3NF, BCNF), Denormalization.

**UNIT III:**

**Transaction Management:** ACID Properties, Transactions and Schedules, Concurrent

Execution of Transactions, Lock-Based Concurrency Control, Performance of Locking,

Transaction Support in SQL, Introduction to Crash Recovery, 2PL, Serializability, and Recoverability, Introduction to Lock Management, Dealing with Deadlocks



**Database Storage and Indexing:** Data on External Storage, File Organizations and Indexing,  
Index Data Structures, Comparison of File Organizations, Indexes and Performance Tuning,  
Guidelines for Index Selection, Basic Examples of Index Selection

UNIT IV:

**NoSQL Databases and Big Data:** Introduction to NoSQL, Data Models: Document, Key value, Column family, Graph. Uses and Features of NO/SQL document databases. CAP theorem, BASE vs ACID, CRUD operations, MongoDB operators, Overview of Big Data Technologies: Hadoop, MongoDB, Cassandra.  
**Database Security and Advanced Topics:** Introduction to Database Security, Access Control, Discretionary Access Control, Introduction to Data Warehousing, OLAP, Data Mining

**Text Books**

1. Raghu Ramakrishnan, Johannes Gehrke, “Database Management Systems”, third edition, McGraw – Hill, 2018
2. Benjamin Rosenzweig, Elena Rakhimov, “Oracle PL/SQL by Example”, fifth edition, Prentice Hall, 2015
3. Brad Dayley, “NoSQL with MongoDB in 24 Hours”, 1st edition, Sams Publishing, 2024

**Reference Books**

1. Korth, Silbertz, Sudarshan,” Database System Concepts”, Seventh Edition, McGraw - Hill.(2019)
2. R.P. Mahapatra, Govind Verma, “Database Management Systems”, Khanna Publishing House, 2025.

**Web Resources**

1. <https://oracle-base.com/articles>
2. [https://forums.oracle.com/ords/apexds/domain/devcommunity/category/sql\\_and\\_pl\\_sql](https://forums.oracle.com/ords/apexds/domain/devcommunity/category/sql_and_pl_sql)
3. <https://asktom.oracle.com/ords/f?p=100:1:0>

**List of Practicals:**

1. Draw an ER Diagram of Registrar Office
2. Draw an ER Diagram of Hospital Management System
3. Reduce The ER diagram in question no 1 into tables
4. Reduce the ER diagram of question no 2 into tables

Consider the following Schema

Supplier(SID, Sname, branch, city, phone)

Part(PID, Pname, color, price)

Supplies(SID, PID, qty, date\_supplied)



### DDL Commands

5. Create the above tables
6. Add a new attribute state in supplier table
7. Remove attribute city from supplier table
8. Modify the data type of phone attribute
9. Change the name of attribute city to address
10. Change a table's name, supplier to sup
11. Use truncate to delete the contents of supplies table
12. Remove the part table from database

### DML Commands

1. Insert at least 10 records in tables supplier, part and supplies
2. Show the contents in tables supplier, part and supplies
3. Find the name and city of all suppliers
4. Find the name and phoneno of all suppliers who stay in 'Delhi'
5. Find all distinct branches of suppliers
6. Delete the record of the supplier whose SID is 204001
7. Delete all records of supplier table
8. Delete all records of suppliers whose city starts with capital A.
9. Find the supplier names which have 'lk' in any position
10. Find the supplier name where 'R' is in the second position
11. Find the name of supplier whose name starts with 'V' and ends with 'A'
12. Change the city of all suppliers to 'BOMBAY'
13. Change the city of supplier 'Vandana' to 'Goa'

### Queries with Constraints

1. Create the supplier table with Primary Key Constraint
2. Create supplies table with Foreign key Constraint
3. Create a part table with UNIQUE Constraint
4. Create supplier Table with Check Constraints
5. Create Supplier table with Default Constraint

### Queries on TCL

1. Create Savepoints
2. Rollback to SavePoints
3. Use Commit to save on

### Aggregate Functions:

1. Find the minimum, maximum, average and sum of costs of parts

2. Count the total number of parts present
3. Retrieve the average cost of all parts supplied by 'Mike'

Queries on GROUP BY, HAVING AND ORDER BY Clauses

1. Display total price of parts of each color
2. Find the branch and the number of suppliers in that branch for branches which have more than 2 suppliers
3. Find all parts sorted by pname in ascending order and cost in descending order
4. Find the branch and the number of suppliers in that branch

Queries on Analytical, Hierarchical, Recursive nature.

1. Find out the 5<sup>th</sup> highest earning employee details.
2. Which department has the highest number of employees with a salary above \$80,000, and what percentage of employees in that department have a salary above \$80,000
3. Retrieve employee table details using the hierarchy query and display that hierarchy path starting from the top level indicating if it is a leaf and there exists a cycle.
4. What is the average salary for employees in the top 2 departments with the highest average salary, and what is the hierarchy of departments and sub-departments for these top 2 departments?
5. Use recursion to retrieve the employee table and display the result in breadth first and depth first order.
6. Write a recursive query to show the equivalent of level, connect\_by\_root and connect\_by\_path
7. Use recursion to retrieve the employee table and display the result in depth first order showing id, parent\_id, level, root\_id, path and leaf.

Queries on Operators

1. Find the pname, phoneno and cost of parts which have cost equal to or greater than 200 and less than or equal to 600.
2. Find the sname, SID and branch of suppliers who are in 'local' branch or 'global' branch
3. Find the pname, phoneno and cost of parts for which cost is between 200 and 600
4. Find the pname and color of parts, which has the word 'NET' anywhere in its pname.
5. Find the PID and pname of parts with pname either 'NUT' or 'BOLT'
6. List the suppliers who supplied parts on '1<sup>st</sup> may2000', '12 JAN 2021', '17 dec 2000', '10 Jan 2021'
7. Find all the distinct costs of parts

Join Operators

1. Perform Inner join on two tables
2. Perform Natural Join on two tables
3. Perform Left Outer Join on tables
4. Perform Right Outer join on tables
5. Perform Full Outer Join on tables

#### Set Theory Operators

1. Show the use of UNION operator with union compatibility
2. Show the use of intersect operator with union compatibility
3. Show the use of minus operator with union compatibility
4. Find the cartesian product of two tables

#### Queries on Set Theory Operators

1. List all parts except 'NUT' and 'BOLT' in ascending order of costs
2. display all parts that have not been supplied so far
3. To display the supplier names who have supplied 'green' part with cost 500 Rupees AND 'red' part with cost 400 Rupees.
4. To display the supplier names who have supplied 'green' part with cost 500 Rupees OR 'red' part with cost 400 Rupees.
5. To Display the name of suppliers who have supplied all parts that are 'red' in color.

#### PL/SQL Programs

1. Write a PL/SQL Code to add two numbers
2. Write a PL/SQL code for Fibonacci series
3. Write a PL/SQL Code for greatest of 3 numbers
4. Write a PL/SQL code for area and circumference of a circle

#### PL/SQL Programs on Cursors

1. Write a Program using CURSOR to display SID and city of 1<sup>st</sup> record of supplier
2. Write a program using cursors to display the SID and City of all suppliers and then print the count of suppliers.

#### PL/SQL Programs on Triggers, Procedures and Functions

1. Write a Program using TRIGGER on UPDATE
2. Write a command to See the effect of trigger
3. Write a Program using PROCEDURE to increase the cost by Rs.1000 for part whose PID is passed as an argument.

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4. Write a procedure to update the city of an supplier whose SID and city are passed as arguments and the procedure returns the name of supplier whose city is updated.
5. Write a function to return the total number of suppliers
6. Write a function to return the PID of part, for which the part name is passed
7. Write a function to find the sum total of costs of all parts.

### PL/SQL Programs on Implicit Cursors

1. Insert a record using %ROWTYPE
2. Write a code using %NOTFOUND, %FOUND, %ROWCOUNT
3. Write a code using %TYPE

### MongoDB Queries

1. Create a collection and insert documents into it using insertOne() and insertMany()
2. Select all documents in collection
3. Find the count of all suppliers
4. Find all records that have city = 'Delhi'
5. Retrieve all documents that have color equal to 'red' or 'green'
6. Retrieve all documents where part\_name is 'P1' or price is less than 200.
7. Update the record of 'Geeta' ,set city = 'Bombay' and phoneno = '11223344'
8. Delete all records where price is greater than 5000
9. Display only the name and city of the supplier
10. Sort all suppliers on city and display only the first two records.

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## Python Programming

SEC201	Python Programming	2L:0T:4P	4 Credits
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### Course Objectives:

CO1: Develop modular Python programs.

CO2: Apply suitable Python programming constructs, built-in data structures using Python libraries to solve a problem.

CO3: Understand basic Data visualization and File handling in Python.

### Prerequisites:

Understanding of Problem solving techniques using a programming language and basic data structures.

### Course Content:

#### UNIT I:

**Introduction:** History and Application areas of Python; Structure of Python Program; Identifiers and Keywords; Operators and Precedence; Basic Data Types and type conversion; Statements and expressions; Input/Output statements.

**Strings:** Creating and Storing Strings, Built-in functions for strings; string operators, String slicing and joining; Formatting Strings.

**Control Flow Statements:** Conditional Flow statements; Loop Control Statements; Nested control Flow; continue and break statements, continue, Pass and exit.

## UNIT II:

**Functions:** Built-In Functions, Function Definition and call; Scope and Lifetime of Variables, Default Parameters, Command Line Arguments; Lambda Functions; Assert statement; Importing User defined module;

**Mutable and Immutable objects:** Lists, Tuples and Dictionaries; Commonly used Functions on Lists, Tuples and Dictionaries. Passing Lists, tuples and Dictionaries as arguments to functions. Using Math and Numpy module for list of integers and arrays.

## UNIT III:

**Files:** Types of Files; Creating, Reading and writing on Text and Binary Files; The Pickle Module, Reading and Writing CSV Files. Reading and writing of csv and JSON files.

**Exception Handling:** Try-except-else-finally block, raise statement, hierarchy of exceptions, adding exceptions.

Data visualization: Plotting various 2D and 3D graphics; Histogram; Pi charts; Sine and cosine curves.

## Text Books:

1. Venkatesh, Nagaraju Y, Introduction to Python Programming, Khanna Publishing House, 2021.
2. Jeeva Jose, Introduction to Computing & Problem Solving With PYTHON, Khanna Publishing House, 2023.
3. Sheetal Taneja & Naveen kumar: Python Programming a Modular approach – A Modular approach with Graphics, Database, Mobile and Web applications, Pearson, 2017.

## Reference Books:

1. Think Python, by Allen Downey, 2nd edition, 2015, O'Reilly.  
[https://drive.google.com/file/d/1p9Pul6d5UvnQrO9-Q-LE2\\_p4YvMk5cIg/view](https://drive.google.com/file/d/1p9Pul6d5UvnQrO9-Q-LE2_p4YvMk5cIg/view)
2. An introduction to Python for absolute beginners, by Bob Dowling, Cambridge Univ.
3. Introduction to Computation and Programming using Python, by John Guttag, 2nd edition, 2016, PHI India.

**Web Resources:**

1. <https://www.learnpython.org/>
2. <https://www.w3schools.com/python/default.asp>

**Practical List:**

1. Write a program to find whether a number is a prime number.
2. Write a program to print m raise to power n, where m and n are read from the user.
3. Write a program having a parameterised function that returns True or False depending on whether the parameter passed is even or odd.
4. Write a program to print the summation of the following series upto n terms: 1-2+3-4+5-6+7 - - - - -n
5. Write a menu driven program to perform the following operations on strings using string built in functions.
  - a. Find the frequency of a character in a string.
  - b. Replace a character by another character in a string.
  - c. Remove the first occurrence of a character from a string.
  - d. Remove all occurrences of a character from a string.
6. Write a program that accepts two strings and returns the indices of all the occurrences of the second string in the first string as a list. If the second string is not present in the first string, then it should return -1
7. Using Numpy module write menu driven program to do following
  - a. Create an array filled with 1's.
  - b. Find maximum and minimum values from an array
  - c. Dot product of 2 arrays.
  - d. Reshape a 1-D array to 2-D array.
8. Write a function that takes a sentence as input from the user and calculates the frequency of each letter. Use a variable of dictionary type to maintain the count.
9. Consider a tuple t1=(1,2,5,7,9,2,4,6,8,10). Write a program to perform following operations:
  - a. Print contents of t1 in 2 separate lines such that half values come on one line and other half in the next line.
  - b. Print all even values of t1 as another tuple t2.
  - c. Concatenate a tuple t2=(11,13,15) with t1.
  - d. Return maximum and minimum value from t1..
10. Write a function that reads a file file1 and copies only alternative lines to another file file2. Alternative lines copied should be the odd numbered lines.
11. Write a Python program to handle a ZeroDivisionError exception when dividing a number by zero.
12. Write a program that reads a list of integers from the user and throws an exception if any numbers are duplicates.
13. Write a program that makes use of a function to display sine, cosine, polynomial and exponential curves.
14. Take as input in the months and profits made by a company ABC over a year. Represent this data using a line plot. Generated line plot must include X axis label name = Month Number and Y axis label name = Total profit.

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**Software Engineering**

<b>CC203</b>	<b>Software Engineering</b>	<b>3L:0T:4P</b>	<b>3 Credits</b>
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**Course Objectives**

CO1: To Acquire a comprehensive understanding of the software development lifecycle and its application in contemporary software engineering practices.

CO2: To Develop proficiency in project management methodologies and strategic decisionmaking for successful software project execution.

CO3: To Master the art of software design, development, and testing to produce robust and efficient software solutions.

**Prerequisites:** Basic understand of Software, Applications, Programming fundamentals.

**Course Content:**

**UNIT I:**

The evolving role of software, changing nature of software, layered technology, a process framework, Process models: The waterfall model, incremental process models, evolutionary process models, the unified process.

**Agile software development:** Agility Principles, Agile methods, Plan-driven and agile development, Extreme programming, Scrum, A Tool Set for the Agile Process.



UNIT II:

**Software Requirements Engineering:** Functional and non-functional requirements, the software requirements document, Requirements specification, Requirements engineering processes, Requirements elicitation and analysis, Requirements validation, Requirements management.

**Risk management:** Reactive Vs proactive risk strategies, software risks, risk identification, risk projection, risk refinement, RMMM, RMMM plan.

**Project planning-** Software pricing, Plan-driven development, Project scheduling, Agile planning, Estimation techniques.

UNIT III:

**Design:** Design process and design quality, design concepts, the design model, software architecture, data design, architectural design, Basic structural modeling, class diagrams, sequence diagrams, collaboration diagrams, use case diagrams, component diagrams.

**Testing Strategies:** A strategic approach to software testing, test strategies for conventional software, black-box and white-box testing, validation testing, system testing, the art of debugging.

**Product metrics:** Software quality, metrics for analysis model, metrics for design model, metrics for source code, metrics for testing, metrics for maintenance.

UNIT IV:

**Quality Management:** Quality concepts, software quality assurance, software reviews, formal technical reviews, statistical software quality assurance, software reliability.

**Release Management:** Release planning, development and build plans, release strategies, risk management, and post-deployment monitoring.

**Product sustenance:** Maintenance, updates, End of life, migration strategies.

**Text Books**

1. Software Engineering, N.S. Gill, Khanna Publishing House, 2023 (AICTE Recommended Textbook)
2. Software Engineering, Ian Somerville, 9th edition, Pearson education.
3. Software Engineering A practitioner's Approach, 8th edition, Roger S Pressman, Bruce R. Maxim. McGraw Hill Education, 2015.

**Reference Books**

1. Stephen Schach, Software Engineering 7th ed, McGraw-Hill, 2007
2. Software Engineering: Principles and Practice Hans van Vliet

**Professional Elective -I**

<b>DSE201</b>	Professional Elective -I (Data Science/ AIML/ Full Stack Development)	<b>1L:0T:4P</b>	<b>3 Credits</b>
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Refer to **Appendix–I** for Professional Electives and choose either one specialization from the basket of **Data Science / Artificial Intelligence and Machine Learning/ Full Stack Development**

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<b>VAC201</b>	<b>Yoga and Physical fitness /Sports/NCC/NSS/Disaster Management</b>	<b>0L:0T:4P</b>	<b>2 Credits</b>
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**Note: All the theoretical contents shall be delivered through the practical workshop mode only. No class room teaching is encouraged in this course.**

**YOGA**

Yoga course is designed to provide students with a comprehensive understanding of physical fitness, wellness, and nutrition. This course explores the meaning and importance of yoga in the modern era, the role of sports in maintaining physical fitness, and the various components of physical wellness. Students will also learn about the significance of nutrition and weight management, equipping them with the knowledge to promote a healthy and balanced lifestyle. Through this course, students will gain insights into the holistic approach to health and wellbeing.

**Course Objective(s):**

- i. Understand yoga's significance and its practical applications for holistic well-being.
- ii. Explore subtle energy systems and their role in enhancing health through yogic practices.
- iii. Examine various paths of yoga to foster self-realization and spiritual growth.
- iv. Master the Eight Limbs of Yoga for physical, mental, and spiritual harmony.
- v. Apply yogic principles to manage psycho-somatic ailments and promote resilience.

**Course Content:**

**Unit-I**

- Yoga: Meaning and definition
- Importance of yoga in 21st century
- Introduction to Yogic Anatomy and Physiology
- Yoga & sports, Yoga for healthy lifestyle
- Types of Yoga: - Hatha yoga, laya yoga, mantra yoga, bhakti yoga, karma yoga, jnana yoga, raj yoga
- Study of Chakras, Koshas, Pranas, Nadis, Gunas, Vayus and its application in Yogic practices.
- Ashtang Yoga: - Yama, niyama, asana, pranayama, Pratyahar, dharna, dhyana, Samadhi : Benefits, Utilities & their psychological impact on body and mind. According to yoga concept of normality in modern psychology, concept of personality & its development, yogic management of psycho-somatic ailments: frustration, anxiety, depression

**Unit- 2**

- Sports for Physical Fitness: Meaning and definition
- Physical Activity – Concept, Benefits of Participation in Physical Activities
- Components and Significance of Physical Fitness -Health, Skill and Cosmetic Fitness
- Types of Physical Activities – Walking, Jogging, Running, Calisthenics, Rope Skipping, Cycling, Swimming, Circuit Training, Weight training, Adventure Sports
- Principles of Physical Fitness, Warming Up, Conditioning, Cooling Down, Methods to Develop and Measure Health and Skill related components of Physical Fitness
- Measurement of Health Related Physical Fitness (HRPF)

**Unit -3**

- Physical Wellness: Concept, Components
- Types of wellness: psychological, social, emotional, and spiritual.
- Significance with reference to Positive Lifestyle 2.2
- Concepts of Quality of Life and Body Image
- Factors affecting Wellness

- Wellness Programmes

#### **Unit-4: Nutrition and Weight Management**

- Concept of Nutrients, Nutrition, Balanced Diet, Dietary Aids and Gimmicks
- Energy and Activity- Calorie Intake, Energy Balance Equation
- Obesity - Concept, Causes, Obesity Related Health Problems
- Weight Management through Behavioural Modifications

#### **Text Books / References:**

- Anand O P. Yog Dawra Kaya Kalp. Sewasth Sahitya Perkashan. Kanpur.
- Brown, J.E. Nutrition Now Thomson-Wadsworth.
- Corbin et.al.Fitness & Wellness-Concepts. McGraw Hill. Publishers. New York.U.S.A
- Corbin, C. B., G. J. Welk, W. R Corbin, K. A. Welk, Concepts of Physical Fitness: Active Lifestyle for Wellness. McGraw Hill, New York, USA.
- Hoeger, W W K and S.A. Hoeger. Principles and Labs for Fitness and Wellness, Thomson Wadsworth, California, USA.
- Hoeger, W.W. & S. Hoeger Fitness and Wellness. 7th Ed. Thomson Wadsworth, Boston, USA.
- Kamlesh, M. L. & Singh, M. K.) Physical Education (Naveen Publications).
- Kansal, D.K. Text book of Applied Measurement, Evaluation & Sports Selection. Sports & Spiritual Science Publications, New Delhi.
- Kumari, Sheela, S., Rana, Amita, and Kaushik, Seema,, Fitness, Aerobics and Gym Operations, Khel Sahitya, New Delhi
- Lumpkin, A. Introduction to Physical Education, Exercise Science and Sports Studies, McGraw Hill, New York, U.S.A.
- Sarin N) Yoga Dawara Rogon Ka Upchhar.Khel Sahitya Kendra
- Savard, M. and C. Svec The Body Shape Solution to Weight Loss and Wellness: The Apples & Pears Approach to Losing Weight, Living Longer, and Feeling Healthier. Atria Books, Sydney, Australia.
- Siedentop, D. Introduction to Physical Education, Fitness and Sport, McGraw Hill Companies Inc., New York, USA.
- Sri Swami Ramas. Breathing. Sadhana Mandir Trust.Rishikesh.
- Swami Ram Yoga & Married Life Sadhana Mandir Trust. Rishikesh

#### **Course Outcome(s):**

- i. Gain a comprehensive understanding of yoga and its modern applications for holistic well-being.
- ii. Demonstrate proficiency in yogic anatomy and physiology, enhancing yoga practice and promoting physical and energetic balance.
- iii. Master the Eight Limbs of Yoga and comprehend their psychological impact, fostering personal growth and self-realization.
- iv. Integrate yoga principles into sports and physical fitness activities to enhance performance and prevent injuries.
- v. Develop skills in wellness management and nutrition

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## **Sports Management**

Sports Management course is designed to provide undergraduate students with a broad, foundational understanding of the dynamic field of sports management. This course will familiarize students with the fundamental principles and concepts of sports management, including its scope, organizational structure, and ethical considerations. Students will gain insights into the roles of marketing and sponsorship in the sports industry, as well as develop proficiency in financial management techniques specific to sports organizations. Additionally, the course will explore the application of analytics and technology in sports, enhancing the strategic decision-making and fan engagement capabilities.

### **Course Objective(s):**

- i. Understand the fundamental principles and concepts of sports management, including its scope, organizational structure, and ethical considerations.
- ii. Analyse the role of marketing and sponsorship in the sports industry, with a focus on branding, target audience segmentation, and event management.
- iii. Develop proficiency in financial management techniques specific to the sports industry, including revenue generation, cost management, and investment strategies.
- iv. Explore the application of analytics and technology in sports, including performance evaluation, strategic decision-making, and fan engagement.
- v. Apply theoretical knowledge to practical scenarios through case studies and projects, fostering critical thinking and problem-solving skills in sports management contexts.

### **Course Content:**

#### **Unit 1: Introduction to Sports Management**

- Definition and scope of sports management
- Significance of sports management in society and its evolution over time
- Organizational structure of sports: amateur, professional, and non-profit entities
- Roles and responsibilities of key personnel: managers, coaches, and agents
- Governance bodies in sports: FIFA, IOC, and NCAA
- Legal issues: contracts, negotiations, intellectual property rights
- Ethical considerations: fair play and doping

#### **Unit 2: Sports Marketing and Sponsorship**

- Unique aspects of sports marketing
- Fan engagement strategies
- Target audience identification and segmentation
- Branding strategies for sports teams and athletes

- Sponsorship and endorsement deals
- Negotiating and managing partnerships
- Event management: planning, organizing, and promoting sports events

### **Unit 3: Financial Management in Sports**

- Revenue generation in sports: ticket sales, broadcasting rights, merchandise sales
- Financial models: budgeting and forecasting
- Cost management: player salaries, facility expenses, operational costs
- Investment opportunities in sports
- Risk management techniques specific to sports organizations

### **Unit 4: Sports Analytics and Technology**

- Introduction to sports analytics
- Evaluating player performance
- Devising game strategies
- Fan engagement through technology
- Analytical techniques: statistical analysis, data visualization, predictive modeling
- Key performance indicators (KPIs) in sports
- Applications of analytics: talent scouting, injury prevention, performance optimization.

### **Text Books :**

1. Pedersen, P. M., Thibault, L., & Pedersen, P. M. (2019). Contemporary Sport Management. Human Kinetics.
2. Hoye, R., Smith, A. C. T., Nicholson, M., et al. (2021). Sports Management: Principles and Applications. Routledge.
3. Chelladurai, P., & Kerwin, S. (2017). Introduction to Sport Management: Theory and Practice. Human Kinetics.
4. Hoye, R., Cuskelly, G., & Nicholson, M. (2019). Sports Governance: A Guide for Sport Organizations. Routledge.
5. Conrad, M. (2018). The Business of Sports: A Primer for Journalists. Routledge.
6. Shank, M. D. (2019). Sports Marketing: A Strategic Perspective. Pearson.
7. Collett, P., & Fenton, W. (2019). The Sponsorship Handbook: Essential Tools, Tips and Techniques for Sponsors and Sponsorship Seekers. Kogan Page.
8. Fullerton, S. Jr., & Funk, D. C. (2019). Sports Marketing: A Practical Approach. Routledge.
9. Conrad, M. (2019). Winning in Sports Business: Essential Marketing, Finance, and Management Strategies. Routledge.
10. McCarty, L. A., & McPherson, G. (2019). Sports Event Management: The Caribbean Experience. Routledge.

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11. Brown, M. T., Rascher, D., & Leeds, M. A. (2017). Financial Management in the Sport Industry. Routledge.
12. Winfree, J. A., & Rosentraub, M. S. (2017). Sports Finance and Management: Real Estate, Entertainment, and the Remaking of the Business. Taylor & Francis.
13. Foster, G., O'Reilly, N., & Cuskelly, G. (2018). Sports Business Management: Decision Making Around the Globe. Routledge.
14. Brown, M. T., & Shick, D. M. (2019). Financial Management in the Sport Industry. Routledge.
15. Conrad, M. (2018). The Business of Sports: A Primer for Journalists. Routledge.
16. Alamar, B. C. (2013). Sports Analytics: A Guide for Coaches, Managers, and Other Decision Makers. Columbia University Press.
17. Miller, T. W. (2019). Sports Analytics and Data Science: Winning the Game with Methods and Models. FT Press.
18. Marchi, M., Albert, J., & Baumer, B. (2014). Analyzing Baseball Data with R. Chapman and Hall/CRC.
19. Schumaker, R. P., Hwang, R. S. Y., & Chen, H. (2016). Sports Data Mining. Routledge.
20. Alamar, B. C. (2013). Sports Analytics: A Guide for Coaches, Managers, and Other Decision Makers. Columbia University Press.

### References:

### Course Outcome(s):

- i. Demonstrate a comprehensive understanding of sports management principles, including organizational structures, legal issues, and ethical considerations.
- ii. Evaluate marketing strategies and sponsorship opportunities in the sports industry, devising effective branding and promotional campaigns.
- iii. Apply financial management techniques to analyze revenue streams, control costs, and make informed investment decisions in sports organizations.
- iv. Utilize sports analytics tools and technology to enhance performance evaluation, strategic planning, and fan engagement initiatives.
- v. Synthesize course concepts through practical applications, demonstrating the ability to address real-world challenges in sports management scenarios.

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### National Cadet Corps (NCC)

This course develops essential skills in discipline, leadership, and tactical operations through structured curriculum and practical exercises. It emphasizes the



role of drills in fostering discipline, leadership, and teamwork, and includes comprehensive weapon handling training with a focus on safety protocols. The course teaches map reading, understanding topographical features, and navigating diverse terrains. Practical units cover the history and objectives of the National Cadet Corps (NCC), various maneuvers, parade formations, saluting protocols, and field and battlecraft techniques. By the end, learners will master discipline, leadership, weapon handling, and tactical decision-making, effectively utilizing terrain features for strategic advantages.

**Course Objective(s):**

1. Understand the foundational role of drill in fostering discipline and leadership within a group, enabling effective command towards achieving common goals.
2. Appreciate the importance of grace and dignity in executing foot drill movements, recognizing their significance in enhancing performance and teamwork.
3. Comprehend the criticality of weapon handling and detailed safety measures, emphasizing the importance of accident prevention through strict adherence to safety protocols.
4. Develop an awareness of diverse terrain types and their strategic significance in battle craft, enabling informed decision-making and effective utilization of terrain features for tactical advantage.

**Course Content (Practical):**

**Unit 1:**

Overview of NCC, its history, aims, objectives, and organizational structure, Incentives and duties associated with NCC cadetship; Maneuvers: Foot drill, Word of Command, Attention, and stand at ease, and Advanced maneuvers like turning and sizing; Parade formations: Parade line, open line, and closed line; Saluting protocols, parade conclusion, and dismissal procedures. Marching styles: style march, double time march, and slow march

**Unit 2:**

Weapon Training, Handling firearms, Introduction and characteristics of the .22 rifle; Handling Firearm techniques, emphasizing safety protocols and Best practices.

**Unit 3:**

Map Reading (MR): Topographical forms and technical terms, including relief, contours, and gradients, crucial for understanding terrain features; Cardinal points , magnetic variation and grid convergence

**Unit 4:**

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Field Craft & Battle Craft (FC & BC): Fundamental principles and techniques essential for effective field and battle craft operations; Methods of judging distance, including estimation, pacing, and visual cues

### References:

- DGNCC Cadet's Hand Book - Common Subjects -All Wings
- Tiwari, R. (2019). NCC: Grooming Feeling of National Integration, Leadership and Discipline among Youth. Edwin Incorporation.
- Chhetri, R.S. (2010). Grooming Tomorrows Leaders, The National Cadet Corps.
- [Directorate General National Cadet Corps](#) (2003). National Cadet Corps, Youth in Action.
- Vanshpal, Ravi (2024). The NCC Days, Notion Press.

### Course Outcome(s):

1. Mastery of Discipline and Leadership through Drill Learners would demonstrate the ability to effectively command a group, foster discipline, and work collaboratively towards achieving shared objectives.
2. Mastery of Grace and Dignity in Foot Drill Performance Learners would demonstrate an understanding of how these qualities enhance performance and foster teamwork within a group setting.
3. Proficient Weapon Handling and Safety Adherence Learners would showcase a thorough understanding of the criticality of safety measures, emphasizing accident prevention through strict adherence to safety protocols.
4. Enhanced Tactical Awareness and Strategic Decision-Making Learners would gain the ability to make informed decisions and effectively utilize terrain features to gain tactical advantage during operations.

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### National Service Scheme (NSS)

This course provides students with an in-depth understanding of the National Service Scheme (NSS), including its history, philosophy, aims, objectives, and organizational structure. It equips students with knowledge about various NSS programmes and activities, emphasizing their relevance and importance. The course also develops skills in community mobilization, teaching students effective techniques for engaging and mobilizing community stakeholders. Additionally, it cultivates an appreciation for volunteerism and shramdan (voluntary labor), highlighting their role in community development initiatives. By the end of the course, students will have a comprehensive understanding of NSS, enhanced leadership and team-building skills, and a strong sense of social awareness and patriotism.

### Course Objective(s):

1. To provide students with an understanding of the history, philosophy, and basic concepts of the National Service Scheme (NSS).

2. To familiarize students with the aims, objectives, and organizational structure of NSS.
3. To equip students with knowledge about NSS programmes, activities, and their relevance.
4. To develop an understanding of community mobilization techniques and their importance in NSS activities.
5. To cultivate an appreciation for volunteerism, shramdan (voluntary labor), and their role in community development initiatives.

**Course Content:**

**Unit 1: Introduction and Basic Concepts of NSS**

National Service Scheme (NSS) - history, philosophy, and fundamental concepts, aims and objectives, providing clarity on the organization's overarching goals.

Symbols of NSS -

Emblem, flag, motto, song, and badge; Organizational structure of NSS

**Unit 2: NSS Programmes and Activities**

Diverse programmes and activities conducted under the aegis of the National Service Scheme (NSS); Significance of commemorating important days recognized by the United Nations, Centre, State Government, and University; Examination of the methodology for adopting villages/slums and conducting surveys; Financial patterns of the NSS scheme

**Unit 3: Community Mobilization**

Dynamics of community mobilization within the framework of the National Service Scheme (NSS); Functioning of community stakeholders; The conceptual lens of community development

**Unit 4: Volunteerism and Shramdan in the Indian Context: Roles and Motivations within the NSS Framework**

Ethos of volunteerism and shramdan (voluntary labor) within the cultural context of India and the framework of the National Service Scheme (NSS); Motivations and constraints shaping volunteer engagement; Role of NSS volunteers in initiatives such as the Swachh Bharat Abhiyan and Digital India

**References:**

1. Ministry of Youth Affairs and Sports, Government of India. (2022). National Service Scheme (NSS) Manual.
2. Agarwalla, S. (2021). NSS and Youth Development. Mahaveer Publications
3. Bhattacharya, P. (2024). Stories Of NSS (English Version). Sahityasree.
4. Borah, R. and Borkakoty, B. (2022). NSS in Socioeconomic Development. Unika Prakashan.

5. Wondimu, H., & Admas, G. (2024). The motivation and engagement of student volunteers in volunteerism at the University of Gondar. *Discover Global Society*, 2(1), 1-16.
6. Saha, A. K. (2002). Extension Education–The Third Dimension Needs and Aspirations of Indian Youth. *Journal of Social Sciences*, 6(3), 209-214.
7. Mills, S. (2013). “An instruction in good citizenship”: scouting and the historical geographies of citizenship education. *Transactions of the Institute of British Geographers*, 38(1), 120–134. <http://www.jstor.org/stable/24582445>
8. Mishra, S. K., Sachdev, S., Marwaha, N., & Avasthi, A. (2016). Study of knowledge and attitude among college-going students toward voluntary blood donation from north India. *Journal of blood medicine*, 19-26.
9. Mukherji, B. (2007). Community Development in India. Orient Longmans.
10. History Background of NSS and its Philosophy, Aims and Objectives
11. <https://www.osmania.ac.in/NSS%20URL/9.%20%20Historical%20Background%20of%20NSS%20and%20its%20Philosophy,%20Aim.pdf>
12. In Defence of Nationalism <https://www.mkgandhi.org/indiadreams/chap03.htm>
13. Unlocking Youth Potential for Nation Building: Strengthening NYKS and NSS 14. <https://www.undp.org/india/projects/strengthening-nyks-and-nss>

#### **Course Outcome(s):**

1. Students will demonstrate an understanding of the history, philosophy, and objectives of the National Service Scheme (NSS), thereby fostering increased social awareness and patriotism among them.
2. Students will be able to organize and conduct various NSS programmes and activities effectively and through it understand the importance of leadership and team building.
3. Students will develop skills in community mobilization and partnership building.
4. Students will appreciate the importance of volunteerism and shramdan in societal development and thus, be able to understand role of community participation.

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### **DISASTER MANAGEMENT**

In our rapidly evolving 21st-century world, challenges emerge in diverse forms, transcending borders and intertwining economic, societal, and environmental realms. These challenges profoundly affect vulnerable communities, magnifying their susceptibility to climate-related shocks and disasters. As we navigate through these complexities, it becomes increasingly evident that aligning strategies with global Sustainable Development Goals (SDGs) across various geographical scales is paramount. This alignment incorporates perspectives of environmental

sustainability, climate adaptation, and disaster resilience. In light of these considerations, this course aims to equip students with the knowledge and skills necessary to address and mitigate the impacts of disasters in a holistic manner.

**Course Objective(s):**

- to provide understanding of the concepts related to disaster
- to highlight the importance and role of disaster management
- to enhance awareness of institutional processes and management strategies to mitigate the impacts of disasters

**Course Content:**

**Unit 1: Concepts and Terminologies**

Understanding key concepts of Hazards, disasters; Disaster types and causes (Geophysical, Hydrological, Meteorological, Biological and Atmospheric; Human-made); Global trends in disasters - Impacts (Physical, Social, Economic, Political, Environmental and Psychosocial);

Defining Vulnerability (Physical Vulnerability; Economic Vulnerability; Social Vulnerability)

**Unit 2: Key concepts of Disaster Management Cycle**

Components of disaster management cycle (Phases: Response and recovery, Risk assessment, Mitigation and prevention, Preparedness planning, Prediction and warning); Disaster risk reduction (DRR), Community based disaster risk reduction

**Unit 3: Initiatives at national and international level**

Disaster Risk Management in India and at international level: Related policies, plans, programmes and legislation; International strategy for disaster reduction and other initiatives

**Unit 4: Emergency Management**

Explosion and accidents (Industrial, Nuclear, Transport and Mining) - Spill (Oil and Hazardous material); Threats (Bomb and terrorist attacks) - Stampede and conflicts

Training and Demonstration Workshops (at least two workshops) be organized in association with the NIDM, NDRF, NCDC, Param Military, Fire Brigade, CISF, local administration etc.

**Readings**

1. Sharma, S.C. (2022), Disaster Management, Khanna Book Publishing.
2. Clements, B. W., (2009): Disasters and Public Health: Planning and Response, Elsevier Inc.

3. Dunkan, K., and Brebbia, C. A., (Eds.) (2009): Disaster Management and Human Health Risk: Reducing Risk, Improving Outcomes, WIT Press, UK.
4. Singh, R. B. (ed.), (2006) Natural Hazards and Disaster Management: Vulnerability and Mitigation, Rawat Publications, New Delhi.
5. Ramkumar, Mu, (2009) Geological Hazards: Causes, Consequences and Methods of Containment, New India Publishing Agency, New Delhi.
6. Modh, S. (2010) Managing Natural Disaster: Hydrological, Marine and Geological Disasters, Macmillan, Delhi.
7. Carter, N. (1991) Disaster Management: A Disaster Management Handbook. Asian Development Bank, Manila.
8. Govt. of India (2008) Vulnerability Atlas of India. BMTPC, New Delhi.
9. Govt. of India (2011) Disaster Management in India. Ministry of Home Affairs, New Delhi.
10. Matthews , J.A., (2002) Natural Hazards and Environmental Change, Bill McGuire, Ian Mason.

### **E-Resources**

<http://www.ndma.gov.in/en/>  
<http://nidm.gov.in/>  
<https://www.unisdr.org/>  
<http://www.emdat.be>  
<https://www.weather.gov/safety/>  
<https://www.preventionweb.net/risk/vulnerability>

### **Course Outcomes:**

Upon successful completion of this course, students will be able to:

- i. Articulate the critical role of disaster management in reducing risks and enhancing resilience
- ii. Identify and describe key institutional frameworks and processes in disaster management.
- iii. Conduct risk assessments and develop disaster management plans for specific scenarios

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