

Draft Model Curriculum for UG Degree in Bachelor in Computer Applications BCA/BCA(Honours)/BCA(Honours with Research)

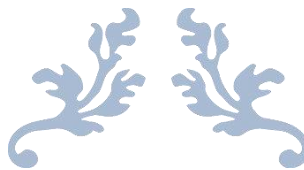
2024



ALL INDIA COUNCIL FOR TECHNICAL EDUCATION

Nelson Mandela Marg, Vasant Kunj, New Delhi 110070

www.aicte-india.org



**Model Curriculum for UG Degree
in
Bachelor in Computer Application (BCA),
Bachelor in Computer Application (Honours)
&
Bachelor in Computer Application (Honours
with Research)**



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Semester wise Structure and Curriculum for UG Course in BCA

SEMESTER I

S. No.	Course Code	Course Title	L	T	P	Credit
3 WEEKS COMPULSORY INDUCTION PROGRAM (UHV-I)						
1	CC101	Mathematics Foundations to Computer Science - I	3	0	0	3
2	SEC101	Problem Solving Techniques	3	0	4	5
3	CC102	Computer Architecture	3	0	4	5
4	AEC101	General English - I	1	1	0	2
5	MDE101	Indian Knowledge System^	2	0	0	2
6	VAC101	Environmental Science and sustainability	2	0	0	2
7	AEC102	Additional Course - Indian or Foreign Language Other than Mother Tongue and English (1-1-0)) [optional course]*	1	1	0	0*
TOTAL						19

Note: ^Indian Knowledge System: Indian Culture and Civilization Indian Vision for Human Society Indian Science Indian Town Planning and Architecture Indian Mathematics and Astronomy Indian Aesthetics Indian Health, Wellness

SEMESTER –I

SEMESTER –I

Mathematics Foundation to Computer Science - I

CC101	Mathematics Foundation to Computer Science - I	3L:0T:0P	3 Credits
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Course Objectives

- CO1: Provide a basic understanding of fundamental mathematical concepts such as sets, functions, matrix algebra, and discrete mathematics.
- CO2: This course enables the students to use mathematical models and techniques to analyze and understand problems in computer science.
- CO3: This course demonstrates how the mathematical principles give succinct abstraction of computer science problems and help them to efficiently analyze.

Course Content:

UNIT I: Set, Relation and Function:

Set, Set Operations, Properties of Set operations, Subset, Venn Diagrams, Cartesian Products. Relations on a Set, Properties of Relations, Representing Relations using matrices and digraphs, Types of Relations, Equivalence Relation, Equivalence relation and partition on set, Closures of Relations, Warshall's algorithm.

Functions, properties of functions (domain, range), composition of functions, surjective (onto), injective (one-to-one) and bijective functions, inverse of functions.

Some useful functions for Computer Science: Exponential and Logarithmic functions, Polynomial functions, Ceiling and Floor functions.

UNIT II: Counting and Recurrence Relation:

Basics of counting, Pigeonhole principle, permutation, combination, Binomial coefficients, Binomial theorem.

Recurrence relations, modelling recurrence relations with examples, like Fibonacci numbers, the tower of Hanoi problem. Solving linear recurrence relation with constant coefficients using characteristic equation roots method.

UNIT III: Elementary Graph Theory:

Basic terminologies of graphs, connected and disconnected graphs, subgraph, paths and cycles, complete graphs, digraphs, weighted graphs, Euler and Hamiltonian graphs.

Trees, properties of trees, concept of spanning tree. Planar graphs. Definitions and basic results on the topics mentioned.

UNIT IV: Matrix Algebra:

Types of matrices, algebra of matrices—addition, subtraction, and multiplication of matrices, determinant of a matrix, symmetric and skew-symmetric matrices, orthogonal matrix, rank of a matrix, inverse of a matrix, applications of matrices to solve system of linear equations, Eigen values and Eigen vectors, Caley-Hamilton theorem.

Text Books

1. Garg, Reena, Engineering Mathematics, Khanna Book Publishing Company, 2024. (AICTE Recommended Textbook)
2. Garg, Reena, Advanced Engineering Mathematics, Khanna Book Publishing Company, 2023.

3. Kolman B., Busby R. and Ross S., Discrete Mathematical Structures, 6th Edition, Pearson Education, 2015.
4. Deo Narsingh, Graph Theory with Application to Engineering and Computer Science, Prentice Hall, India, 1979.
5. Vasishtha A. R. and Vasishtha A. K., Matrices, Krishna Prakashan, 2022.

Reference Books

1. Grimaldi Ralph P. and Ramana B. V., Discrete and Combinatorial Mathematics: An Applied Introduction, Fifth Edition, Pearson Education, 2007.
2. Rosen Kenneth H. and Krithivasan Kamala, Discrete Mathematics and its Applications, McGraw Hill, India, 2019.
3. West Douglas B., Introduction to Graph Theory, Second Edition, Pearson Education, 2015

Web Resources

1. <https://nptel.ac.in/courses/106103205>
2. <https://nptel.ac.in/courses/111101115>

Problem Solving Techniques

SEC101	Problem Solving Techniques	3L:0T:4P	5 Credits
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Course Objectives

- CO1: Understand basic terminology of computers, problem solving, programming Languages and their evolution (Understand)
- CO2: Create specification from problem requirements by asking questions to disambiguate the requirement statement. (Create)
- CO3: Design the solution from specification of a problem and write pseudo code of the algorithm using basic building blocks or structured programming constructs (Sequence, Selection and Repetition statement). (Create)
- CO4: Translate an algorithm into a C computer program (Create)
- CO5: Testing and analysing programs using debugging tools. (Analyze)

Prerequisite: This is an introductory programming course and hence no prerequisites

Course Content:

UNIT I: (CO-1, CO-2)

Problems And Problem Instances, Generalization and Special Cases, Types of Computational Problems, Classification of Problems, Analysis of Problems, Solution Approaches, Algorithm Development, Analysis of Algorithm, Efficiency, Correctness, Role of Data Structures in Problem Solving, Problem-Solving Steps (Understand the Problem, Plan, Execute, And Review), Breaking the Problem into Subproblems, Input/Output Specification, Input Validation, Pre and Post Conditions.

UNIT II: (CO-2, CO-3, CO-4)

Structured Programming Concepts: Sequence (Input/Output/Assignment), Selection (If, If-Else) And Repetition (For, While, Do-While) Statements, Control Structure Stacking and Nesting.

Different Kinds of Repetitions: Entry Controlled, Exit Controlled, Counter Controlled, Definite, Indefinite and Sentinel-Controlled Repetitions. Pseudocode and Flowcharts. Definition And Characteristics of Algorithms, Standard Algorithm Format. Problems Involving Iteration and Nesting: Displaying Different Patterns and Shapes Using Symbols and Numbers, Generating Arithmetic and Geometric Progression, Fibonacci and Other Sequences, Approximate Values For π , $\sin(x)$, $\cos(x)$, Etc. Using Taylor Series. Different Kinds of Data in The Real World and How They are Represented in The Computer Memory. Representation of Integers: Signed Magnitude Form, 1's Complement And 2's Complement. Representation of Real Numbers: IEEE 754 Floating Point Representation. Representation of Characters: ASCII, UNICODE.

C Language: Introduction To Programming Languages, Different Generations of Programming Languages. Typed Vs Typeless Programming Languages, History of C Language, An Empty C Program. C Language Counterparts For Input (scanf()), Output (printf()) Statements, Assignment, Arithmetic, Relational and Logical Operators. If, If-Else Statements, For, While, Do-While Statements. Data Types. Translating Pseudocode/Algorithm to C Program. Incremental Compilation and Testing of The C Program. Simple Problems Involving Input, Output, Assignment Statement, Selection and Repetition. Good Coding Practices.

UNIT III: (CO-2, CO-3, CO-4)

Problems on Numbers: Extracting Digits of a Number (Left to Right and Right to Left), Palindrome, Prime Number, Prime Factors, Amicable Number, Perfect Number, Armstrong Number, Factorial, Converting Number from One Base to Another. Statistics (Maximum, Minimum, Sum and Average) on a Sequence of Numbers which are Read using Sentinel-Controlled Repetition using only a few Variables.

C Language: else-if Ladder, switch Case, Increment/Decrement Operators, break and continue Statements.

UNIT IV: (CO-2, CO-3, CO-4, CO-5)

Modular Programming, Top-Down and Bottom-Up Approaches to Problem Solving. Recursion. Problems on Arrays: Reading and Writing of Array Elements, Maximum, Minimum, Sum, Average, Median and Mode. Sequential And Binary Search. Any one Sorting Algorithm. Matrix Operations.

C Language: Function Definition and Declaration (Prototype), Role of Return Statement, One Dimensional and Two-Dimensional Arrays. String Functions. Other Operators, Operator Precedence and Associativity. Debugging.

Text Books

1. [Venkatesh](#), Nagaraju Y, Practical C Programming for Problem Solving, Khanna Book Publishing Company, 2024.
2. AICTE's Programming for Problem Solving (with Lab Manual), Khanna Book Publishing Company, 2024.
3. Harvey Deitel and Paul Deitel, C How to Program, 9th edition, Pearson India, 2015.
4. R G Dromey, How to Solve It by Computer.

Reference Books

1. Brian W. Kernighan and Dennis Ritchie, The C Programming Language, 2nd edition, Pearson, 2015.
2. Jeri Hanly and Elliot Koffman, Problem Solving and Program Design in C, 8th edition, Pearson, 2015.

Problem Solving Techniques: Lab Problems

UNIT-II

1. Converting degrees Celsius to Fahrenheit and vice versa?
2. Display three input numbers in sorted (non-decreasing) order?
3. Given a positive integer value n ($n \geq 0$) display number, square and cube of numbers from 1 to n in a tabular format?
4. Given an input positive integer number, display odd numbers from in the range $[1, n]$?
5. Display first mathematical tables, each table up to 10 rows? Generalise this to display first n ($n > 0$) mathematical tables up to m ($m > 0$) rows?
6. Display following patterns of n rows ($n > 0$), For the below examples $n = 5$? For each pattern write a separate algorithm/program?

\$	\$	12345	12345
\$\$	\$\$	1234	1234
\$\$\$	\$\$\$	123	123
\$\$\$\$	\$\$\$\$	12	12
\$\$\$\$\$	\$\$\$\$\$	1	1

7. Display the following patterns of n rows ($n > 0$), for the below examples $n = 5$?

Hollow square pattern:	Triangle Patterns with numbers:	Square with diagonals:	Diamond Pattern
#####	1	* * * * *	*
# #	121	* * * *	***
# #	12321	* * *	*****
# #	1234321	* * *	***
#####	123454321	* * * * *	*

8. Given the first term (a), difference/multiplier (d) and number of terms ($n > 0$), display the first n terms of the arithmetic/geometric progression?
9. Display the first n ($n > 0$) terms of the fibonacci sequence?
10. Display the first n ($n > 0$) terms of the Tribonacci sequence?
11. Given two positive integer numbers n_1 and n_2 check if the numbers are consecutive numbers of the fibonacci sequence?
12. Compute approximate value of π considering first n ($n > 0$) terms of the Taylor series for π ?
13. Compute approximate value of e^x considering first n ($n > 0$) terms of the Taylor series for e^x ?

14. Compute approximate value of $\sin(x)/\cos(x)$ considering first n ($n > 0$) terms of the Taylor series for $\sin(x)/\cos(x)$?

UNIT-III

1. Extract digits of an integer number (left to right and right to left)?
2. Given a sequence of digits form the number composed of the digits. Use sentinel controlled repetition to read the digits followed by -1. For example, for the input 2 7 3 2 9 -1 the output number is 27329?
3. Check if a given positive integer number is a palindrome or not?
4. Compute character grade from the marks ($0 \leq \text{marks} \leq 100$) of a subject. Grading Scheme: 80-100 : A, 60 - 79: B, 50 - 59: C, 40-49: D, 0-39: F? Solve this using both else-if ladder and switch case?
5. Compute the sum of a sequence of numbers entered using sentinel controlled repetition?
6. Check if a given positive integer number is a prime number or not?
7. Compute prime factors of a positive integer number?
8. Check if two positive integer numbers are amicable numbers or not?
9. Check if a given positive integer number is a perfect number or not?
10. Check if a given positive integer number Armstrong number or not?
11. Converting a positive integer number ($n > 0$) from one base (inputBase) to another base (outputBase) ($2 \leq \text{input Base}$, $\text{outputBase} \leq 10$). Input number should be validated before converting to make sure the number uses only digits allowed in the input base?
12. Write a program to display a number in text form. For example If the number is 5432 the output should be "FIVE FOUR THREE TWO"?
13. Using the grading scheme described in the question 4 (UNIT III), Compute how many students awarded each grade and display the frequency as a bar chart (horizontal) using single "*" for each student. Use sentinel controlled repetition (-1 as sentinel value) in reading the students marks. Use else-if ladder/switch case to compute the grade and the corresponding frequency.

Sample bar chart when the class has 7-A, 10-B, 3-C, 7-D and 1-F grades.

A:

B:

C: ***

D:

F: *

14. Compute maximum, minimum, sum and average of a sequence of numbers which are read using sentinel controlled repetition using only few variables?
15. Compute body mass index, $\text{BMI} = \text{weight in KGs} / (\text{Height in Meters} * \text{Height in Meters})$, Both weight and height values are positive real numbers. Your

program should display BMI value followed by whether the person is Underweight, Normal, Overweight or Obese using the below ranges:

BMI Values

Underweight: less than 18.5

Normal: ≥ 18.5 and < 25

Overweight: ≥ 25 and < 30

Obese: ≥ 30

UNIT IV

1. Design a modularized algorithm/program to check if a given positive integer number is a circular prime or not?
2. Design a modularized algorithm/program to compute a maximum of 8 numbers?
3. Design a modular algorithm/program which reads an array of n integer elements and outputs mean (average), range (max-min) and mode (most frequent elements)?
4. Design a modular algorithm/program which reads an array of n integer elements and outputs median?
5. Implement your own string length and string reversal functions?
6. Design algorithm/program to perform matrix operations addition, subtraction and transpose?
7. Write a recursive program to count the number of digits of a positive integer number?
8. Recursive solutions for the following problems:
 - a. Factorial of a number?
 - b. Display digits of a number from left to right (and right to left)?
 - c. Compute x^y using only multiplication?
 - d. To print a sequence of numbers entered using sentinel controlled repetition in reverse order?

Computer Architecture

CC102	Computer Architecture	3L:0T:4P	5 Credits
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Course Objectives

- CO1: To Understand the basics of Digital Electronics and Binary Number System
 CO2: To Learn the implementation of Combinational Circuit.
 CO3: To Learn the implementation of Sequential Circuit.
 CO4: To Understand the Organization of basic computers.
 CO5: To Understand the concept of Parallel Processing.
 CO6: To understand the concept of memory organization.

Course Content:

UNIT-I

Digital Principles: Definition for Digital signals, Digital logic, Digital computers, Von Neumann Architecture, Boolean Laws and Theorems, K-Map: Truth Tables to K-Map, 2, 3 and 4 variable K Map, K-Map Simplifications, Don't Care Conditions, SOP and POS.

Number Systems: Decimal, Binary, Octal, Hexadecimal, Number System Conversions, Binary Arithmetic, Addition and subtraction of BCD, Octal Arithmetic, Hexadecimal Arithmetic, Binary Codes, Decimal Codes, Error detecting and correcting codes, ASCII, EBCDIC, Excess-3 Code, The Gray Code.

UNIT-II

Combinational Circuits: Half Adder and Full Adder, Subtractor, Decoders, Encoder, Multiplexer, Demultiplexer

Sequential Circuits: Flip-Flops- SR Flip-Flop, D Flip-Flop, J-K Flip-Flop, T Flip-Flop.

Register: 4 bit register with parallel load, Shift Registers- Bidirectional shift register with parallel load

Binary Counters-4 bit synchronous and Asynchronous binary counter.

UNIT-III

Basic Computer Organization and Design: Instruction Codes, Computer Registers, Computer Instructions, Timing and Control, Instruction Cycle, Memory-Reference Instructions, Input-Output Interrupt, Complete Computer Description, Design of Basic Computer, Design of Accumulator logic. Central Processing Unit: Introduction, General Register Organization, Stack Organization, Instruction Formats, Addressing Modes, Data Transfer and Manipulation, Program Control, Reduced Instruction Set Computer(RISC), RISC Vs CISC.

UNIT-IV

Pipeline and Vector Processing: Parallel Processing, Pipelining, Arithmetic Pipeline, Instruction Pipeline, RISC Pipeline. Input-Output Organization: Peripheral Devices, Input-Output Interface, Asynchronous data transfer, Modes of Transfer, Priority Interrupt, Direct memory Access, Input-Output Processor(IOP).

Memory Organization: Memory Hierarchy, Main Memory, Auxiliary memory, Associate Memory, Cache Memory, Virtual Memory, Memory Management Hardware.

Text Books:

1. Donald P Leach, Albert Paul Malvino, Goutam Saha- “Digital Principles & Applications” , Tata McGraw Hill Education Private Limited,2011Edition.
2. M. Morris Mano- “Computer System Architecture” , Pearson/Phi, Third Edition.

Reference Books:

- 1 William Stallings- “Computer Organization and Architecture”, Pearson/PHI, Sixth Edition,
- 2 Andrew S. Tanenbaum- “Structured Computer Organization”, PHI /Pearson 4th Edition,
- 3 M.V .Subramanyam, “Switching Theory and Logic Design”, Laxmi Publications (P) Ltd.
- 4 Ikvinderpal Singh, Computer Organization Architecture, Khanna Book Publishing.

Suggestive Laboratory Experiments:

1. Verify logic behavior of AND, OR, NAND, NOR, EX-OR, EX-NOR, Invert and Buffer gates.
2. To study and verify NAND as a Universal Gate
3. To verify De- Morgan’s theorem for 2 variables
4. Design and test of an S-R flip-flop using NAND/NOR gate.
5. Convert BCD to Excess-3 code using NAND gate
6. To Convert Binary to Grey Code
7. Verification of Truth Tables of J-K Flip-Flop using NAND/NOR gate
8. Realize Decoder and Encoder circuit using Basic Gates.
9. Design and implement the 4:1 MUX using gates.
10. Implementation of 4-Bit Parallel Adder Using 7483 IC.
11. Design and verify operation of half adder and full adder.
12. Design and verify operation of half subtractor.
13. Design and Implement a 4 bit shift register using Flip flops.
14. Implement Boolean function using logic gates in both SOP and POS
15. Design and Implement a 4 bit synchronous counter.
16. Design and verify 4 bit asynchronous counter.

Hardware

1. Familiarize the computer system layout: marking positions of SMPS, motherboard, FDD, HDD, CD, DVD and add on cards.
2. Identify the Computer Name and Hardware Specification (RAM capacity, Processor type, HDD, 32 bit/ 64 bit)
3. Identify and Troubleshoot the problems of RAM, SMPS and motherboard
4. Configure BIOS settings- disable and enable USB and LAN
5. Adding additional RAM to the system.(expanding RAM size).
6. To Study mother board layout of a system.
7. Demonstrate the assembly of a PC
8. Demonstration of various ports: CPU, VGA port, PS/2 (keyboard, mouse) ,USB, LAN, Speaker, Audio.
9. Install and configure windows OS
10. To study the installation of Printer and trouble shooting.

General English – I

AEC 101	General English - I	1L:1T:0P	2 Credits
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Course Objective:

1. To provide learning environment to practice listening, speaking, reading and writing skills.
2. To assist the students to carry on the tasks and activities through guided instructions and materials.
3. To effectively integrate English language learning with employability skills and training.
4. To provide hands-on experience through case-studies, mini-projects, group and individual presentations.

Course Content:

Unit- I: Vocabulary Building

The concept of Word Formation, Root words from foreign languages and their use in English, Acquaintance with prefixes and suffixes from foreign languages in English to form derivatives, Synonyms, antonyms, and standard abbreviations.

Unit-II: Basic Writing Skills

Sentence Structures, Use of phrases and clauses in sentences, Importance of proper punctuation, Creating coherence, Organizing principles of paragraphs in documents, Techniques for writing precisely

Unit- III: Identifying Common Errors in Writing

Subject-verb agreement, Noun-pronoun agreement, Misplaced modifiers, Articles, Prepositions, Redundancies

Unit- IV: Nature and Style of sensible Writing

Describing, Defining, Classifying, providing examples or evidence, writing introduction and conclusion, Module V: Writing Practices, Comprehension, Précis Writing, Essay Writing

Unit-V: Oral Communication (This Module involves interactive practice sessions in Language Lab)

Listening Comprehension, Pronunciation, Intonation, Stress and Rhythm, Common Everyday Situations: Conversations and Dialogues, Communication at Workplace, Interviews, Formal Presentations

Unit- VI: Oral Communication (This Module involves interactive practice sessions in Language Lab)

Listening Comprehension, Pronunciation, Intonation, Stress and Rhythm, Common Everyday Situations: Conversations and Dialogues, Communication at Workplace, Interviews, Formal Presentations

Text/Reference Books:

1. AICTE's Prescribed Textbook: Communication Skills in English (with Lab Manual), Anjana Tiwari, Khanna Book Publishing Co., 2023.
2. Effective Communication Skills. Kul Bhushan Kumar, Khanna Book Publishing, 2022.
3. Practical English Usage. Michael Swan. OUP. 1995.
4. Remedial English Grammar. F.T. Wood. Macmillan. 2007
5. On Writing Well. William Zinsser. Harper Resource Book. 2001
6. Study Writing. Liz Hamp-Lyons and Ben Heasley. Cambridge University Press. 2006.
7. Communication Skills. Sanjay Kumar and PushpLata. Oxford University Press. 2011. 8. Exercises in Spoken English. Parts. I-III. CIEFL, Hyderabad. Oxford University Press.

Alternative NPTEL/SWAYAM Course:

S.No.	NPTEL/SWAYAM Course Name	Instructor	Host Institute
1	English language for competitive exams	Prof. Aysha iqbal	IIT MADRAS
2	Technical English for engineers	Prof. Aysha iqbal	IITM

Course Outcomes: The student will acquire basic proficiency in English including reading and listening comprehension, writing and speaking skills

Indian Knowledge System

MDE 101	Indian Knowledge System	2L:0T:0P	2 Credits
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*For Detailed Course Refer APPENDIX – II

Environmental Science and Sustainability

VAC 101	Environmental Science and Sustainability	2L:0T:0P	2 Credits
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Course description:

This course aims to familiarize students with fundamental environmental concepts and their relevance to business operations, preparing them to address forthcoming sustainability challenges. It is designed to equip students with the knowledge and skills needed to make decisions that account for environmental consequences, fostering environmentally sensitive and responsible future managers. The course content is divided into four comprehensive units.

Unit 1 introduces basic environmental principles, the man-environment relationship, and sustainability issues.

Unit 2 focuses on ecosystems, biodiversity, and sustainable practices.

Unit 3 addresses environmental pollution, waste management, and sustainable development strategies. Finally,

Unit 4 explores social issues, environmental legislation, and practical applications through hands-on fieldwork. Through this holistic approach, students will gain a deep understanding of environmental processes, the importance of sustainable practices, and their role in promoting sustainability within business contexts.

Course Objective(s):

1. This course aims to familiarize students with basic environmental concepts, their relevance to business operations, and forthcoming sustainability challenges.
2. This course will equip students to make decisions that consider environmental consequences.
3. This course will enable future business graduates to become environmentally sensitive and responsible managers.

Course Content:

Unit 1: Understanding Environment, Natural Resources, and Sustainability

Fundamental environmental concepts and their relevance to business operations; Components and segments of the environment, the man-environment relationship, and historical environmental movements. Concept of sustainability; Classification of natural resources, issues related to their overutilization, and strategies for their conservation. Sustainable practices in managing resources, including deforestation, water conservation, energy security, and food security issues. The conservation and equitable use of resources, considering both intergenerational and intergenerational equity, and the importance of public awareness and education.

Unit 2: Ecosystems, Biodiversity, and Sustainable Practices

Various natural ecosystems, learning about their structure, functions, and ecological characteristics. The importance of biodiversity, the threats it faces, and the methods used for its conservation. Ecosystem resilience, homeostasis, and carrying capacity, emphasizing the need for sustainable ecosystem management. Strategies for in situ and ex situ conservation, nature reserves, and the significance of India as a mega diverse nation.

Unit 3: Environmental Pollution, Waste Management, and Sustainable Development

Various types of environmental pollution, including air, water, noise, soil, and marine pollution, and their impacts on businesses and communities. Causes of pollution, such as global climate change, ozone layer depletion, the greenhouse effect, and acid rain, with a particular focus on pollution episodes in India. Importance of adopting cleaner technologies; Solid waste management; Natural and man-made disasters, their management, and the role of businesses in mitigating disaster impacts.

Unit 4: Social Issues, Legislation, and Practical Applications

Dynamic interactions between society and the environment, with a focus on sustainable development and environmental ethics. Role of businesses in achieving sustainable development goals and promoting responsible consumption. Overview of key environmental legislation and the judiciary's role in environmental protection, including the Water (Prevention and Control of Pollution) Act of 1974, the Environment (Protection) Act of 1986, and the Air (Prevention and Control of Pollution) Act of 1981. Environmental justice, environmental

refugees, and the resettlement and rehabilitation of affected populations;
Ecological economics, human population growth, and demographic
changes in India.

Readings:

Text Books (Latest Editions):

- Poonia, M.P. *Environmental Studies* (3rd ed.), Khanna Book Publishing Co.
- Bharucha, E. *Textbook of Environmental Studies* (3rd ed.) Orient Blackswan Private Ltd.
- Dave, D., & Katewa, S. S. *Text Book of Environmental Studies*. Cengage Learning India Pvt Ltd.
- Rajagopalan, R. *Environmental studies: from crisis to cure* (4th ed.). Oxford University Press.
- Miller, G.T. & Spoolman S. *Living in the Environment*. (20th ed.). Cengage.
- Basu, M., & Xavier Savarimuthu, S. J. *Fundamentals of environmental studies*. Cambridge University Press.
- Roy, M. G. *Sustainable Development: Environment, Energy and Water Resources*. Ane Books.
- Pritwani, K. *Sustainability of business in the context of environmental management*. CRC Press.
- Wright, R.T. & Boorse, D.F. *Environmental Science: Toward A Sustainable Future* (13th ed.). Pearson.

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- <https://www.ourplanet.com>
- <https://www.undp.org/content/undp/en/home/sustainable-development-goals.html>
- www.myfootprint.org
- <https://www.globalchange.umich.edu/globalchange1/current/lectures/kling/ecosystem/ecosystem.html>

Course Outcome(s):

1. Explore the basic environmental concepts and issues relevant to the business and management field.
2. Recognize the interdependence between environmental processes and socio-economic dynamics.
3. Determine the role of business decisions, policies, and actions in minimizing environmental degradation.
4. Identify possible solutions to curb environmental problems caused by managerial actions.
5. Develop skills to address immediate environmental concerns through changes in business operations, policies, and decisions.

- **IKS-VIII: Indian Health, Wellness and Psychology (including Ayurved)**

- Course Objectives
- Understanding the fundamental principles of Indian health systems such as Ayurveda and yoga which are useful in maintaining the health of a healthy person
- Practical implementation of health principles to correct the intake of our food, air, water and sunlight to achieve perfect health.
- Understanding traditional way of cleansing the body regularly, strengthening body with Yogic exercises, maintaining the internal balance to prevent diseases.
- Understanding our unique Mind Body Constitution and choosing the right lifestyle suitable to maintain the internal balance.
- Understanding the influence of external environment on internal health and ways to synchronise our body and mind with nature to ensure smooth functioning of all organ systems of our body.
- Understanding mind and its dynamics through knowledge of Ayurveda and Yoga and using the knowledge to maintain harmony between body and mind to achieve perfect mental health.

- **Detailed contents:**

- **Module 1: Understanding human body**

- Introduction to Ayurveda, the Knowledge of Life, Health and treatment aspects in Ayurveda, Influence of Pancha maha bhuta on Internal environment of Human being, Understanding composition of Human body through the concept of Dosha Dhatu Mala, Understanding Prakruthi , the Mind – Body Constitution.

- **Module 2: Understanding the communication between body & Mind**

- Establishing communication between body and mind by understanding the language of body. Understanding the concept of Agni, Koshta, Sara and Ojas and their relevance in enhancing our immunity to protect from various infections. Looking at the world through the lenses of Dravya, Guna and Karma Applying the principle of Samanya and Vishesha in every aspect of life to achieve perfect health.

- **Module 3: Introduction to Health Regimen**

- Understanding Swastha vritta, the healthy regimen to maintain state of wellbeing Dinacharya, the Daily regimen including Daily detoxification, exercise, Intake of Food, Water, Air and Sunlight, work and ergonomics, Rest and sleep hygiene. Ritu charya, the

seasonal regimen, Sadvritta and the concept of social wellbeing, understanding trividha upastambhas, three pillars to health, Concept of Shadrasa in choosing appropriate nourishment to the body and mind.

- **Module 4: Introduction to Yoga**

- Definition, Meaning and objectives of Yoga, Relevance of yoga in modern age. Brief Introduction of Hatha yoga, Raja yoga, Karma yoga, Gyana Yoga, Bhakti yoga Understanding eight steps of Ashtanga yoga, Understanding Shatkriyas , the six cleansing procedures of Yoga

- **Module 5: Introduction to Indian Psychology**

- Concept of Manas in Ayurveda and understanding Mind Body harmony, Triguna based Psychology in Ayurveda and Yoga, Influence of Tri dosha on Mind, Mind body intellect and consciousness complex, Understanding Consciousness and solution to issues within Human Mind.

- **Reference:**

- The Charaka Samhita
- The Susruta Samhita
- Teh Ashtanga Hridaya
- Dr Deepak Chopra, Perfect Health--Revised and Updated: The Complete Mind Body Guide, Harmony publication, 2001
- Vasant lad, Ayurveda, the Science of Self-healing: A Practical Guide: Science of Self- healing, lotus press, 1984
- The Hatha yoga pradiipika
- The Patanjali yoga sutras
- The Gheranda samhita
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