

# Brain Booster:

## The habits of an effective learner

Student  
Masterclass  
KS3



### Overview

In the spirit of Stephen Covey, author of *The Seven Habits of Highly Effective People*, this masterclass examines the essential disciplines students need to become more effective learners, and is perfect preparation for Key Stage 4.

Engaging, interactive and underpinned by the science of how we learn, growth mind-set and personal reflection, this masterclass explores a wide range of proven study techniques, including space repetition, self-testing, the importance of questioning, self-assessment, collaboration with others, time organisation and how best to use teacher feedback.

### Objectives

**Brain Booster** will refresh the way your students think about learning and lead to better independent study, based on practice and discipline rather looking for 'shortcuts'.

### Outcomes

After the **Brain Booster** masterclass, students will:

- Be equipped with the tools they need to become, and continue to be, better learners
- Be inspired to change their approach to learning both in the classroom and during independent study
- Be much more confident in their own ability to learn

- Possess new cognitive skills that enable them to process information more efficiently
- Have the capacity to put these key habits into practice and be able to reflect on their progress to becoming a better learner

### Who it is for

**Brain Booster** helps embed robust study skills, so is perfect preparation for Key Stage 4 students who need to absorb and understand an increasing volume of material.

### 'Reflective' Masterclass Package

For **even greater impact** and **longer-lasting benefits**, this power-boosting package offers an additional, dynamic, presenter-led assembly that **prepares students for their upcoming masterclass**, plus a further **eight to ten hours of 'reflective teaching resources'**. These are specifically designed to further embed what students have learned by enabling teachers to 'carry on the conversation' during tutor time or in PSHCE lessons. We also provide a set of **diagnostic tools** so you can **measure the programme's long-term impact**.

To find out more about how our masterclasses or packages can help you support success, please call us on **+44 (0) 20 3637 4232** or email **masterclasses@veema.co.uk**.

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