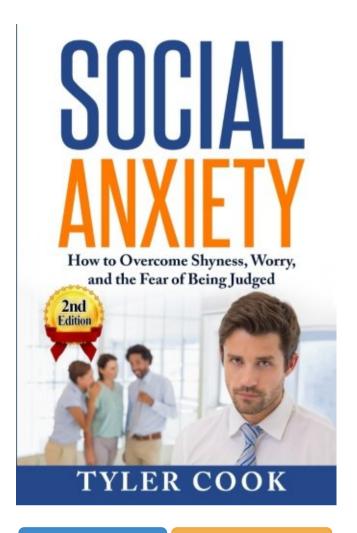
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Social Anxiety: How to Overcome Shyness, Worry, and the Fear of Being Judged







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