

The Saracens Head | Dinner Menu

STARTERS

Chicken Caesar 477 kcal	6.50
Grilled chicken breast, smoked streaky bacon, little gem and croutons, with parmesan and caesar dressing	
Goats' cheese & beetroot 604 kcal	8.00
Grilled goats' cheese with pickled beetroot, apple and candied walnuts V	
Soup of the day	5.75
Please ask your server for details. Served with sourdough and butter	
Spicy nduja sausage & lime croquettes 372 kcal	7.50
with cherry tomato & chilli jam and chive sour cream	
Potted ham hock 277 kcal	7.25
with parsley & whole grain mustard, pickles and sourdough crisps	
British mussels 638 kcal	8.50
with shallot & white wine cream and crusty sour dough	
Halloumi fries 582 kcal	7.00
with sweet chilli jam GF V	
Chargrilled asparagus 378 kcal	7.00
with pickled radish, courgette ribbons and bulgur wheat salad VG	
Antipasti sharing board 1427 kcal	16.00
Salami, prosciutto, hummus, olives, apples and walnuts, with a sourdough loaf and butter	

BURGERS

Classic 1639 kcal	13.75
6oz beef patty with melted gouda cheese, streaky bacon, tomato and lettuce in a brioche bun, served with fries, slaw and a pickle	
Herbivore 1029 kcal	13.75
plant-based patty, lettuce, dairy-free gouda and crispy onions in a dairy-free brioche bun, served with fries and a pickle VG	
Chicken, bacon & avocado 1173 kcal	14.25
grilled chicken breast with smoked streaky bacon, avocado, beef tomato, red onion and lettuce in a brioche bun, served with fries and a pickle	

MAINS

Rainbow salad 413 kcal	13.75
turmeric-roasted cauliflower, avocado, red peppers, mango, red onion, little gem, pomegranate seeds and chermoula oil VG GF	
Chilli beef salad 400 kcal	15.00
Seared fillet steak with gem lettuce, rocket, red onion and red chillies, with a soy & ginger dressing GF	
Stuffed chicken wrapped in prosciutto 662 kcal	14.00
with a butterbean & chorizo salad and basil oil GF	
8oz fillet steak 939 kcal	28.00
with grilled tomato, roasted portobello mushroom, skin-on fries and veal & madeira jus GF	
8oz rump steak 1132 kcal	20.00
with grilled tomato, roasted portobello mushroom, skin-on fries and peppercorn sauce GF	
9oz ribeye steak 1310 kcal	24.00
with grilled tomato, roasted portobello mushroom, skin-on fries and stilton & mushroom sauce GF	
Buffalo cauliflower tacos 1280 kcal	14.00
with pickled red cabbage, Thai chilli mayo and sweet potato fries VG GF	
Fish & chips 976 kcal	14.95
Beer-battered haddock with chunky homemade chips, pea purée and tartare sauce	
British mussels 1633 kcal	17.00
with shallot, garlic, parsley & white wine cream, crusty sour dough and skin-on fries	
Catch of the day*	17.00
Locally caught fresh fish served on a bed of risotto with tenderstem broccoli, basil oil and a lemon & herb crumb	

*calorie information will vary depending on the type of fish, please ask your server for further information

ALLERGENS

V Vegetarian VG Vegan VGA Vegan option available
GF Gluten-free

We take every care and attention to identify the allergens that are in our ingredients, but unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to our busy kitchen, and the risk of cross contamination of allergens and traces during cooking and preparation processes.

Calorific information and nutritional data is taken from information provided by suppliers and manufacturers and spot checked using laboratory testing. Adults need around 2000 kcal a day.

Weights stated are approximate uncooked weights

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SUNDAY ROASTS

Our range each Sunday will depend on what's looking best at our lovely local butchers. We will usually have a selection of some of the following:

Roast sirloin of beef 1030 kcal/877 kcal	17.95/15.25*
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, stuffing and gravy	
Roast chicken 1372 kcal	15.95
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, stuffing and gravy	
Roast lamb rump 1067 kcal	17.95
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, stuffing and gravy	
Roast pork belly 1202 kcal	16.95
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, crackling, apple sauce and gravy	
Nut roast 835 kcal	14.95
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans and gravy V	
Cauliflower cheese sharer 611 kcal V	10.50

Children's roasts can also be provided, please just ask your server. *A smaller serving of our roast sirloin of beef.

SIDES

Sweet potato fries 625 kcal VG GF	3.50
Home cut chips 1029 kcal VG GF	3.50
Skin-on fries 413 kcal VG GF	3.50
Deep fried pickle 206 kcal	1.50
Buttered minted new potatoes 441 kcal V GF	3.50
Onion rings 404 kcal	3.50
English side salad 43 kcal V GF	4.00
Purple sprouting broccoli & almonds 207 kcal V GF	4.00
Seasonal greens 295 kcal V GF	4.00

DESSERTS

Sticky toffee pudding 506 kcal	7.50
with Jude's vanilla ice cream and honeycomb pieces V	
Treacle tart 1243 kcal	7.50
with Cornish clotted cream and candied lemon V	
Double chocolate chip cookie 1017 kcal	7.50
with an Oreo milkshake V	
Ice cream 175 kcal	5.25
Three scoops of Jude's ice cream V	
Eton mess 883 kcal	7.50
meringue, whipped cream, fresh strawberries and raspberry sauce V	
Salted caramel cheesecake 910 kcal	7.50
with toffee sauce and sweet & salty popcorn V	
3 British artisan cheeses	8.50
Choose from three of the following: Wild Garlic Cornish Yarg, Perl Wen, Rollright, Northern Blue and Northumberland Smoked, with biscuits, red onion marmalade, grapes and celery V	
5 British artisan cheeses	11.50
Wild Garlic Cornish Yarg, Perl Wen, Rollright, Northern Blue and Northumberland Smoked, with biscuits, red onion marmalade, grapes and celery V	

KIDS

Homemade chicken goujons 732 kcal	7.00
with skin-on fries and garden peas or Heinz baked beans	
Kid's burger 1024 kcal	7.00
with cheddar cheese, an onion ring, skin-on fries and garden peas or Heinz baked beans	
Mini fish (battered or grilled) 586 kcal	7.00
with skin-on fries and garden peas or Heinz baked beans	
Breaded scampi 553 kcal	6.50
with skin-on fries and garden peas or Heinz baked beans	
4oz rump steak 578 kcal	9.00
with skin-on fries and salad	
<i>For dessert</i>	
Little Jude's rocket ice lolly 34 kcal	1.75
made with real fruit & veg, no refined sugar, contains less than 10% sugar V	
Kid's ice cream 226 kcal V	1.75
Mini milk lolly 46 kcal	1.00