RedCat

The Bull at Barton Mills | Dinner Menu

STARTERS

Chicken Caesar 477 kcal — **6.50**
Grilled chicken breast, smoked streaky bacon, little gem and croutons, with parmesan and caesar dressing

Goats' cheese & beetroot 604 kcal — **8.00**
Grilled goats' cheese with pickled beetroot, apple and candied walnuts **V**

Soup of the day — **5.75**
Please ask your server for details. Served with sourdough and butter

Spicy nduja sausage & lime croquettes 372 kcal — **7.50**
with cherry tomato & chilli jam and chive sour cream

Potted ham hock 277 kcal — **7.25**
with parsley & whole grain mustard, pickles and sourdough crisps

British mussels 638 kcal — **8.50**
with shallot & white wine cream and crusty sour dough

Halloumi fries 582 kcal — **7.00**
with sweet chilli jam **GF V**

Chargrilled asparagus 378 kcal — **7.00**
with pickled radish, courgette ribbons and bulgur wheat salad **VG**

Antipasti sharing board 1427 kcal — **16.00**
Salami, prosciutto, hummus, olives, apples and walnuts, with a sourdough loaf and butter

BURGERS

Classic 1639 kcal — **13.75**
6oz beef patty with melted gouda cheese, streaky bacon, tomato and lettuce in a brioche bun, served with fries, slaw and a pickle

Herbivore 1029 kcal — **13.75**
plant-based patty, lettuce, dairy-free gouda and crispy onions in a dairy-free brioche bun, served with fries and a pickle **VG**

Chicken, bacon & avocado 1173 kcal — **14.25**
grilled chicken breast with smoked streaky bacon, avocado, beef tomato, red onion and lettuce in a brioche bun, served with fries and a pickle

MAINS

Rainbow salad 413 kcal — **13.75**
turmeric-roasted cauliflower, avocado, red peppers, mango, red onion, little gem, pomegranate seeds and chermoula oil **VG GF**

Chilli beef salad 400 kcal — **15.00**
Seared fillet steak with gem lettuce, rocket, red onion and red chillies, with a soy & ginger dressing **GF**

Stuffed chicken wrapped in prosciutto 662 kcal — **14.00**
with a butterbean & chorizo salad and basil oil **GF**

8oz fillet steak 939 kcal — **28.00**
with grilled tomato, roasted portobello mushroom, skin-on fries and veal & madeira jus **GF**

8oz rump steak 1132 kcal — **20.00**
with grilled tomato, roasted portobello mushroom, skin-on fries and peppercorn sauce **GF**

9oz ribeye steak 1310 kcal — **24.00**
with grilled tomato, roasted portobello mushroom, skin-on fries and stilton & mushroom sauce **GF**

Buffalo cauliflower tacos 1280 kcal — **14.00**
with pickled red cabbage, Thai chilli mayo and sweet potato fries **VG GF**

Fish & chips 976 kcal — **14.95**
Beer-battered haddock with chunky homemade chips, pea purée and tartare sauce

British mussels 1633 kcal — **17.00**
with shallot, garlic, parsley & white wine cream, crusty sour dough and skin-on fries

Catch of the day* — **17.00**
Locally caught fresh fish served on a bed of risotto with tenderstem broccoli, basil oil and a lemon & herb crumb

*calorie information will vary depending on the type of fish, please ask your server for further information

ALLERGENS

V Vegetarian **VG** Vegan **VGA** Vegan option available
GF Gluten-free

We take every care and attention to identify the allergens that are in our ingredients, but unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to our busy kitchen, and the risk of cross contamination of allergens and traces during cooking and preparation processes.

Calorific information and nutritional data is taken from information provided by suppliers and manufacturers and spot checked using laboratory testing. Adults need around 2000 kcal a day.

Weights stated are approximate uncooked weights

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SUNDAY ROASTS

Our range each Sunday will depend on what's looking best at our lovely local butchers. We will usually have a selection of some of the following:

Roast sirloin of beef 1030 kcal/877 kcal — **17.95/15.25***
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, stuffing and gravy

Roast chicken 1372 kcal — **15.95**
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, stuffing and gravy

Roast lamb rump 1067 kcal — **17.95**
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, stuffing and gravy

Roast pork belly 1202 kcal — **16.95**
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans, crackling, apple sauce and gravy

Nut roast 835 kcal — **14.95**
with Yorkshire pudding, roast potatoes, maple-roasted root veg, braised red cabbage, green beans and gravy **V**

Cauliflower cheese sharer 611 kcal **V** — **10.50**

Children's roasts can also be provided, please just ask your server. *A smaller serving of our roast sirloin of beef.

SIDES

Sweet potato fries 625 kcal **VG GF** — **3.50**

Home cut chips 1029 kcal **VG GF** — **3.50**

Skin-on fries 413 kcal **VG GF** — **3.50**

Deep fried pickle 206 kcal — **1.50**

Buttered minted new potatoes 441 kcal **V GF** — **3.50**

Onion rings 404 kcal — **3.50**

English side salad 43 kcal **V GF** — **4.00**

Purple sprouting broccoli & almonds 207 kcal **V GF** — **4.00**

Seasonal greens 295 kcal **V GF** — **4.00**

DESSERTS

Sticky toffee pudding 506 kcal — **7.50**
with Jude's vanilla ice cream and honeycomb pieces **V**

Treacle tart 1243 kcal — **7.50**
with Cornish clotted cream and candied lemon **V**

Double chocolate chip cookie 1017 kcal — **7.50**
with an Oreo milkshake **V**

Ice cream 175 kcal — **5.25**
Three scoops of Jude's ice cream **V**

Eton mess 883 kcal — **7.50**
meringue, whipped cream, fresh strawberries and raspberry sauce **V**

Salted caramel cheesecake 910 kcal — **7.50**
with toffee sauce and sweet & salty popcorn **V**

3 British artisan cheeses — **8.50**
Choose from three of the following: Wild Garlic Cornish Yarg, Perl Wen, Rollright, Northern Blue and Northumberland Smoked, with biscuits, red onion marmalade, grapes and celery **V**

5 British artisan cheeses — **11.50**
Wild Garlic Cornish Yarg, Perl Wen, Rollright, Northern Blue and Northumberland Smoked, with biscuits, red onion marmalade, grapes and celery **V**

KIDS

Homemade chicken goujons 732 kcal — **7.00**
with skin-on fries and garden peas or Heinz baked beans

Kid's burger 1024 kcal — **7.00**
with cheddar cheese, an onion ring, skin-on fries and garden peas or Heinz baked beans

Mini fish (battered or grilled) 586 kcal — **7.00**
with skin-on fries and garden peas or Heinz baked beans

Breaded scampi 553 kcal — **6.50**
with skin-on fries and garden peas or Heinz baked beans

4oz rump steak 578 kcal — **9.00**
with skin-on fries and salad

For dessert

Little Jude's rocket ice lolly 34 kcal — **1.75**
made with real fruit & veg, no refined sugar, contains less than 10% sugar **V**

Kid's ice cream 226 kcal **V** — **1.75**

Mini milk lolly 46 kcal — **1.00**