



THE  
ROCKINGHAM  
ARMS

Please speak to the team about our daily specials

## small plates

<b>CRISPY SQUID</b> Curried mango dip, charred lemon (317 KCAL)	<b>8.25</b>
<b>STICKY BEEF SALAD (GF)</b> STARTER <b>10.50</b>   MAIN <b>17.00</b> Thai salad, sesame dressing, chilli, spring onion, coriander, lime (352 / 538 KCAL)	
<b>PRAWN &amp; SMOKED SALMON COCKTAIL (GA)</b> Oak-smoked salmon, Atlantic prawns, baby gem, sourdough, Netherend Farm butter (585 KCAL)	<b>10.50</b>

<b>SOUP OF THE DAY (V, GA)</b> Warm sourdough, Netherend Farm butter	<b>6.25</b>
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<b>TWICE-BAKED BLACK BOMBER CHEESE SOUFFLÉ (V)</b> Black truffle cream, crispy leeks (548 KCAL)	<b>7.50</b>
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## sandwiches

Available Monday to Saturday from Midday till 2.30pm  
All are served with your choice of fries, chunky chips, side salad or a mini cup of soup.

<b>ROASTED CHICKEN &amp; MOZZARELLA CIABATTA</b> Roasted chicken suprême, buffalo mozzarella, rocket, SunBlush tomato (921 KCAL)	<b>13.00</b>
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<b>FISH FINGER SANDWICH</b> Beer-battered haddock, baby gem, tartare sauce, white or brown farmhouse bread (1090 KCAL)	<b>12.50</b>
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<b>FILLET STEAK OPEN SANDWICH</b> Wild mushrooms, blue cheese sauce, confit onions, toasted sourdough (819 KCAL)	<b>13.00</b>
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## sides

<b>CHUNKY CHIPS (VE, V, GF)</b> (480 KCAL)	<b>3.75</b>
<b>SEASONAL GREENS (V, GF)</b> (264 KCAL)	<b>4.25</b>
<b>ONION RINGS (VE, V, GF)</b> (292 KCAL)	<b>3.75</b>
<b>CAESAR SALAD (GF)</b> (112 KCAL) Baby gem, caesar dressing, bacon crumb	<b>2.50</b>
<b>TRUFFLED FRIES (V, GF)</b> (500 KCAL) White truffle oil, Old Winchester cheese	<b>3.75</b>
<b>ROCKET, RED ONION &amp; SUNBLUSH TOMATO SALAD (VE, V, GF)</b> (74 KCAL)	<b>3.75</b>

## to share

<b>BAKED CAMEMBERT (V, GA)</b> Garlic & rosemary-studded Camembert, celery, red onion marmalade, toasted focaccia (1094 KCAL)	<b>16.25</b>
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<b>WARM SOURDOUGH LOAF (V)</b> Extra virgin olive oil, aged balsamic, Netherend farm butter (1378 KCAL)	<b>12.75</b>
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## 28 day-aged steaks

All of our steaks are 28 day-aged British-farmed cuts for superb tenderness and flavour.

<b>8OZ SIRLOIN (GF)</b> Chunky chips or fries, grilled tomato, caesar salad, bacon crumb (988 KCAL)	<b>25.00</b>
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<b>8OZ FILLET (GF)</b> Chunky chips or fries, grilled tomato caesar salad, bacon crumb (896 KCAL)	<b>34.00</b>
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**Add:** Red wine jus (37 KCAL) + 2.50 **or** Peppercorn sauce (236 KCAL) +2.50

## mains

<b>FISH &amp; CHIPS (GF)</b> Beer-battered haddock, chunky chips, mushy peas, tartare sauce (996 KCAL)	<b>17.00</b>
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<b>PIE OF THE DAY</b> Our signature pie, creamy mash or chunky chips, seasonal veg, red wine gravy	<b>16.50</b>
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<b>THYME-ROASTED CHICKEN SUPRÊME (GF)</b> Garlic & herb fondant potato, buttered savoy cabbage & smoked pancetta, red wine jus (552 KCAL)	<b>17.50</b>
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<b>7OZ LAMB RUMP (GF)</b> Dukkah-roasted butternut squash, SunBlush tomato, harissa coconut yoghurt, feta, rocket, mint oil (825 KCAL)	<b>26.00</b>
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<b>BEEF-RIB BURGER (GA)</b> 6oz beef patty, crispy pancetta, Monterey Jack, toasted brioche bun, baby gem, tomato, gherkin, burger sauce, slaw, chunky chips (1485 KCAL)	<b>15.00</b>
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<b>CHICKEN BURGER (GA)</b> Crispy buttermilk chicken breast, toasted brioche bun, mozzarella, tomato, burger sauce, SunBlush tomatoes, slaw, chunky chips (1199 KCAL)	<b>14.50</b>
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<b>SUNBLUSH PESTO TOMATO GNOCCHI (VE, V)</b> SunBlush tomato pesto, toasted pine nuts, Prosociano cheese (593 KCAL) <b>Add:</b> Grilled Chicken Breast (250 KCAL) + 6.00 <b>or</b> Grilled Tofu (VE, V) (148 KCAL) + 5.50	<b>12.50</b>
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<b>CRAB LINGUINE</b> White wine, tomato, cream, garlic & chilli sauce (632 KCAL)	<b>15.95</b>
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(V) Suitable for vegetarians (VE) vegan (GF) gluten free (GA) gluten adaptable

Please ask for full allergy information. Dishes may contain nuts or nut traces. Fresh fish, may contain bones. Weights are shown uncooked. Please take time to let your server know if you have any issues. Calorific information and nutritional data is taken from information provided by suppliers and manufacturers and spot-checked using laboratory testing. Adults need around 2000 kcal a day. Our staff receive 100% of any tips. Service is not included.