

THE PRINCE Rupert

# small plates

**SOUP OF THE DAY (V)** 5.45 Warm ciabatta **HUMMUS & POMEGRANATE FLATBREAD (VE)** 5.45 Olive oil, sumac (386 KCAL) PADRÓN PEPPERS (VE, GF) 5.45 Extra virgin olive oil, Maldon salt (101 KCAL) **CRISPY PORK BELLY BITES** 8.25 Sticky soy, honey & chilli sauce (786 KCAL) PEPERONATA RISOTTO BALLS 6.45 Garlic mayonnaise, 22 month aged Parmesan (438 KCAL) HALLOUMI FRIES (V, GF) 7.95 Sweet chilli jam (470 KCAL) 7.75 **PRAWN & CRAYFISH COCKTAIL** Prawns, crayfish tails, Marie Rose sauce, lettuce, buttered brown bread (509 KCAL) **BUFFALO CAULIFLOWER BITES (VE)** 6.45 Guacamole and chipotle mayo (453 KCAL) STICKY YAKITORI CHICKEN SKEWERS 9.25 Spring onion, red chilli and teriyaki sauce (289 KCAL) 7.95 SIX FLAME-GRILLED CHICKEN WINGS Served with pickled red onions, spring onions and blue cheese dip BBO sauce (640 KCAL) OR Frank's Hot Sauce (GF) (606 KCAL)

# burgers

**SALT & PEPPER SQUID** 

Garlic aioli, charred lime (411 KCAL)

All burgers are served in a toasted brioche bun with fries, onion rings and a pickle.

**CHEESE BURGER** (GA) 6oz beef-rib pattie, melted cheese, lettuce,

60z beef-rib pattie, melted cheese, lettuce, tomato and burger sauce (1,360 KCAL)

SOUTHERN FRIED CHICKEN BURGER 14.00

Melted cheese, streaky bacon, burger sauce, tomato and lettuce (1,407 KCAL)

MEXICAN CHILLI BURGER 15.50

6oz beef-rib pattie topped with beef chilli, guacamole, sour cream and jalapeños, with melted cheese, lettuce, tomato (1.433 KCAL)

THE HERBIVORE (VE) 13.25

Plant-based pattie, lettuce, tomato, dairy-free cheese and chipotle mayo in a dairy-free toasted brioche bun (1,113 KCAL)

Add: Beef Chilli (81 KCAL) +3.95 Fried Egg (V, GF) (119 KCAL) +1.00 Streaky Bacon (GF) (221 KCAL) +2.50 Beef-rib Pattie (518 KCAL) +5.50

### classics

FISH & CHIPS (GF)

Battered fillet of haddock with chunky chips, tartare sauce and your choice of garden peas or mushy peas (1,230 KCAL)

Add Bread & Butter (V) (321 KCAL) 1.25

SCAMPI & FRIES 13.75

Tartare sauce and your choice of garden peas, mushy peas or salad (864 KCAL)

HAM, EGG & CHIPS (GF) 12.25

Hand-carved ham, served with two fried eggs, chunky chips and wholegrain mustard (1,004 KCAL)

PRAWN & CRAYFISH LINGUINE 13.95

White wine, chilli, sunblush tomato & parsley cream sauce (961 KCAL)

CHICKEN KATSU CURRY 14.75

Basmati rice, pickled onion, coriander and spring onion (790 KCAL)

Swap chicken for Buffalo Cauliflower Bites to make me vegetarian (747 KCAL)

HUNTER'S CHICKEN
Grilled chicken breast with melted Cheddar and mozzarella,

streaky bacon, BBQ sauce, fries and salad (1,212 KCAL)

BANGERS & MASH 10.95

25 Spring onion mash, seasonal greens and gravy (836 KCAL) Vegan option available (VE, GF) (786 KCAL)

6.45 SLOW-COOKED PULLED BEEF CHILLI 14.45

Steamed rice, sour cream and jalapeños (672 KCAL)

BRITISH BEEF LASAGNE 12.45

Beef ragu and creamy béchamel sauce topped with mature Cheddar, served with a house Parmesan salad, and garlic ciabatta (795 KCAL)

SINGAPORE NOODLES WITH 15.25

SOUTHERN FRIED CHICKEN

Spicy noodles with spinach, carrots and peppers topped with

sesame seeds and red chilli (923 KCAL)

Swap chicken for Buffalo Cauliflower Bites to make me vegetarian (791 KCAL)

STEAK, ALE & HORSERADISH PIE 13.95

Spring onion mash or chunky chips, seasonal greens,

thyme-roasted carrots and red wine gravy (1,252 KCAL)

# grills

7.45

14.50

#### **80Z SIRLOIN STEAK (GF)**

18.45

10.75

15.25

14.45

Grilled to your preference, with grilled tomato, roasted mushroom and chunky chips (1,156 KCAL)

Add Peppercorn Sauce (V, GF) (76 KCAL) 2.75

STEAK FRITES 15.25

60z bavette steak with fries, house Parmesan salad, roasted garlic butter. Perfect for a quick lunch (886 KCAL)

### salads

NOURISH BOWL (VE, GF)

Falafels, hummus, baby spinach, soy reduction, lettuce, rocket, avocado, tomato, pickled red onion and toasted seeds (795 KCAL)

Add: Grilled Chicken Breast (GF) (250 KCAL) +5.25 Grilled Halloumi (V, GF) (398 KCAL) +4.25

Buffalo Cauliflower Bites (VE) (220 KCAL) +3.00

CHICKEN CAESAR 11.95

Grilled chicken breast, smoked streaky bacon, lettuce and croutons, with Parmesan and Caesar dressing (720 KCAL)

PRAWN & CRAYFISH SALAD (GF) 12.75

Lettuce, rocket, tomato and Marie Rose sauce (500 KCAL)

WATERMELON & FETA SALAD (VE, GF) I 1.95
Red & white quinoa, vegan feta, pickled red onion, mint (614 KCAL)

### sharers

#### **SHARING PLATTER 21.45**

A big plate of chicken wings, onion rings, southern fried chicken strips, loaded Mexican nachos, garlic bread, fries & dips (2,634 KCAL)

#### **MEXICAN NACHO BOWL (V, GF) 9.75**

Tortilla chips, covered with melted cheese, guacamole, tomato salsa, sour cream and jalapeños (1,478 KCAL)

Add: Beef Chilli (81 KCAL) + 3.95

### **VEGGIE SHARING PLATTER (V) 20.95**

Halloumi fries, padron peppers, flatbread, hummus, cauliflower bites, fries and dips (1,931 KCAL)

sandwiches		sides	
Available Monday to Saturday from Midday until 5pm All served with fries and your choice of white or brown bloomer bread, ciabatta or gluten-free roll		FRIES (VE, GF) (285 KCAL)	4.00
		CHEESY FRIES (V, GF) (531 KCAL)	4.75
CRISPY CHICKEN, BACON & GUACAMOLE Tomato, rocket, mayonnaise (1,458 KCAL)	9.75	CHUNKY CHIPS (VE, GF) (547 KCAL)	4.25
STEAK & MUSHROOM	11.50	CHEESY CHIPS (V, GF) (734 KCAL)	5.00
Seared bavette steak, Cheddar cheese, red onion & rocket (1,056 KCAL)		BEER-BATTERED ONION RINGS (VE) (245 KCAL)	4.25
FALAFEL & HUMMUS* (VE) Pickled red onions, chipotle mayo and rocket (1,163 KCAL)	8.75	GARLIC BREAD (V) (592 KCAL)	3.25
HAM, PICCALILLI & CHEDDAR*	8.95	CHEESY GARLIC BREAD (V) (779 KCAL)	4.25
Rocket, tomato (1,036 KCAL)		SEASONAL GREENS (VE, GF) (94 KCAL)	3.25
<b>BEER-BATTERED FISH FINGERS*</b> Freshly battered haddock goujons, tartare sauce, rocket (1,176 KCAL)	9.25	HOUSE SALAD (VE, GF) Rocket, lettuce, tomato and red onion (93 KCAL)	3.25
PRAWN COCKTAIL* Atlantic prawns, Marie Rose sauce and rocket (1,225 KCAL)	9.25		
*GLUTEN-FREE IF BREAD IS SWAPPED TO A GLUTEN-FREE ROLL			
desserts			
LEMON TART & RASPBERRY SORBET (V) Fresh berries (331 KCAL)	6.75	TRIPLE CHOC SUNDAE (V, GF) Chocolate brownie, chocolate sauce,	5.75
CHOCOLATE BROWNIE (V, GF)	6.50	chocolate & vanilla ice cream, whipped cream (500 KCAL)	
Served with vanilla ice cream and salted caramel sauce (485 KCAL)  TRILLIONAIRE'S TART (VE, GF)	6.75	STICKY TOFFEE PUDDING (V) Vanilla ice cream and salted caramel sauce (702 KCAL)	6.75
Chocolate pastry filled with chocolate ganache and toffee sauce, with dairy-free ice cream and raspberry coulis (470 KCAL)	0.75	ICE CREAM (V, GF) Three scoops of ice cream (167 KCAL)	5.00

please turn over for our small plates, burgers, classics, grills & salads

(V) Suitable for vegetarians  $\,$  (VE) vegan  $\,$  (GF) gluten free

We take every care and attention to identify the allergens that are in our ingredients, but unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to our busy kitchen, and the risk of cross contamination of allergens and traces during cooking and preparation processes. Weights stated are approximate uncooked weights. For allergen information please scan the QR code. Calorific information and nutritional data is taken from information provided by suppliers and manufacturers and spot checked using laboratory testing. Adults need around 2000 kcal a day. Our staff receive 100% of any tips. Service is not included.

