FOOD MENU

Please speak to the team about our daily specials

SANDWICHES	
Available Monday to Saturday from Midday till 5pm All are served with your choice of fries, chunky chips, side salad or a mini cup of soup	
Steak Ciabatta Seared sirloin, Old Winchester cheese, rocket, red onion marmalade 1141 kcal	£14.9
Croque Monsieur Sandwich Honey & mustard roast ham, béchamel, Cheddar, white or brown farmhouse bread 1048 kcal	£12.9
Pulled BBQ Jackfruit Ciabatta (ve) Coleslaw, beef tomato, baby gem lettuce 795 kcal	£12.7
Fish Finger Sandwich Beer-battered haddock, baby gem, tartare sauce, white or brown farmhouse bread 944 kcal	£13.7
Roasted Chicken & Mozzarella Ciabatta Roasted chicken suprème, buffalo mozzarella, rocket, pesto, SunBlush tomato 943 kcal	£13.9
NIBBLES	
Bread Board (v) Garlic & rosemary focaccia, sourdough, warm flatbread, extra vi olive oil & balsamic glaze dip, Netherend Farm butter 831 kcal	£6.4 rgin
Hummus & Flatbread (ve) Roasted red pepper hummus, pomegranate pearls, coasted seeds, warm flatbread, olive oil 480 kcal	£4.0
Herb-marinated Olives (ve, gf) 185 kcal	£3.7
STARTERS & LIGHT LUNCH	
Soup of the Day (v, vga) Warm mini loaf, Netherend Farm butter	£6.2
King Prawn Cocktail King prawns, prawn Marie Rose, iceberg, brown bread 727 kcal	£10.9
Sticky Beef Salad (gf) Thai salad, sesame dressing, chilli, spring onion, coriander, lime 351 kcal Available as a main course 536 kcal	9.75 £17.9
Potted Pork Watercress, pickle & caper salad, toasted focaccia, fig chutney ₅₅₃	£7.9 kcal
Crispy Squid Coconut & mango dip, charred lemon 317 kcal	£7.9
Roasted Butternut Squash & SunBlush Tomato (ve) Red pepper hummus, harissa coconut yoghurt, toasted almonds, comegranate pearls, coriander, flatbread 427 kcal	£6.5
Wild Mushrooms on Toasted Sourdough (v, vga) Garlic & shallot cream, Old Winchester cheese, truffle oil 383 kcal	£8.4
Crispy Halloumi (v, gf) Rocket, pomegranate pearls, harissa yoghurt 519 kcal	£7.9
TO SHARE	
Baked Camembert (v) Garlic & rosemary-studded Camembert, celery, red onion marmalade, toasted focaccia 1094 kcal	£16.45
Antipasti Board Salami, prosciutto, coppa, hummus, olives, toasted garlic & rosemary focaccia, Netherend Farm butter 1074 kcal	£17.75

Chunky Chips (ve, gf) 480 kcal £3.00

Seasonal Greens (v, gf) 287 kcal £4.75

Old Winchester cheese 500 kcal

Truffled Fries (v, gf)

White truffle oil,

House Salad (ve, gf)

£3.75

Mixed leaves, tomato,

Cheese (vga, gf) 134 kcal

cucumber, red onion 79 kcal

Rocket & Old Winchester

Onion Rings (ve, gf) 263 kcal

MAINS

Fish & Chips (gf)

Beer-battered haddock, chunky chips, pea purée, tartare sauce 892 kcal	
Pie of the Day Creamy mash or chunky chips, seasonal veg, red wine gravy	
Thick-cut Honey & Mustard Roast Ham (gf) Chunky chips, fried egg, pineapple chutney, rocket 747 kcal	£15.25
Gloucester Old Spot Sausages (vga) Creamed mash, buttered leeks & cabbage, red wine jus, crispy sage, pork crackling 1230 kcal	£12.75
Slow-cooked Pork Belly (gf) Pineapple salsa, paprika fries, coleslaw 1083 kcal	£17.95
Pan-fried Chicken Suprème (gf) Crushed new potatoes, green beans, watercress, choice of peppercorn sauce or red wine jus*898 kcal *640 kcal	£17.50
Salmon & King Prawn Fish Pie King prawns, fillet of salmon, smoked haddock, béchamel, cheesy mash, seasonal veg 1000 kcal	£19.50
Garlic & Thyme-crusted Lamb Rump (gf) Creamy mash, buttered green beans, thyme-roasted carrot, mint & red wine jus 1219 kcal	£34.00
SunBlush Tomato Gnocchi (ve) SunBlush tomatoes, marinara sauce, toasted pine nuts, Prosociano cheese, basil oil, pangrattato 593 kcal Add grilled chicken breast 214 kcal for £4.00 Add grilled tofu (ve) 85 kcal for £3.00 Add king prawns 206 kcal for £4.95	£14.75

£16.95

Market Fish of the Day

Please see the specials for today's dish

Butternut Squash, Chicken & Avocado Salad (vga, gf) £16.95 Dukkah-roasted butternut squash, grilled harissa chicken breast, avocado, baby gem, rocket, pomegranate pearls, toasted nuts & seeds, lemon & herb dressing 654 kcal Make this dish vegan by replacing the grilled harissa chicken with lemon & coriander tofu 549 kcal

STEAKS & BURGERS

8oz Fillet (gf) 945 kcal **£36.00** OR **8oz Sirloin** (gf) 1037 kcal **£26.00** 28 day dry-aged steaks, grilled tomato, roasted portobello mushroom, watercress, fries or chunky chips

CHOOSE YOUR STEAK ACCOMPANIMENT

Peppercorn Sauce (gf) 236 kcal £2.50 · Red Wine Jus (gf) 37 kcal £2.50 Blue Cheese Sauce (v) 200 kcal £2.50 · King Prawns (gf) 206 kcal £4.95

Beef-rib Burger £15.95

6oz beef patty, crispy pancetta, Monterey Jack, toasted brioche bun, baby gem, tomato, gherkin, burger sauce, slaw, chunky chips 1485 kcal

Chicken Burger £15.95
Crispy buttermilk chicken breast, toasted brioche bun, mozzarella,

tomato, burger sauce, SunBlush tomatoes, slaw, chunky chips 1199 kcal

Veggie Burger (ve) £15.95

Plant-based patty, BBQ pulled jackfruit, toasted brioche bun, baby gem, vegan Applewood cheese, tomato, gherkin, slaw, burger sauce, chunky chips 1304 kcal

SUNDAY LUNCH

Traditional Sunday Lunch

Warm your cockles with family & friends for the perfect Sunday Roast!

KIDS' MENU

£3.75

£3.45

£4.25

Please ask the team for our kids' food menu and activity sheet

WHAT'S OCCURRING

See our website and social media for all events, opening times and sister pubs

(v) Suitable for vegetarians (vga) vegan adaptable (ve) vegan (gf) gluten free

We take every care and attention to identify the allergens that are in our ingredients, but unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to our busy kitchen, and the risk of cross contamination of allergens and traces during cooking and preparation processes. Weights stated are approximate uncooked weights. For allergen information please scan the QR code. Calorific information and nutritional data is taken from information provided by suppliers and manufacturers and spot checked using laboratory testing. Adults need around 2000 kcal a day. Our staff receive 100% of any tips. Service is not included. AW23HBPB3





