

## NIBBLES

**MARINATED OLIVES** (VE, V, GF).....3.75 (237 KCAL)  
**BREAD BOARD FOR ONE** (V, GA) .....6.00 (726 KCAL)  
 garlic & rosemary focaccia, sourdough, extra virgin olive oil & balsamic glaze dip, Netherend Farm butter

**BREAD BOARD FOR TWO** (V, GA) .....12.00 (1322 KCAL)  
 garlic & rosemary focaccia, sourdough, extra virgin olive oil & balsamic glaze dip, Netherend Farm butter  
**HUMMUS & FLATBREAD** (VE, V, GA).....4.00 (480 KCAL)  
 pomegranate pearls, toasted seeds, olive oil

# THE COCK INN

MUGGINTON

## SUNDAY MENU

### STARTERS

**STICKY BEEF SALAD** .....9.50 (322 KCAL)  
 thai salad, sesame dressing, chilli, spring onion, coriander, lime  
**POTTED PORK RILLETES**.....9.25 (553 KCAL)  
 watercress, pickle & caper salad, toasted focaccia, fig chutney  
**CAULIFLOWER PAKORA** (VE, V, GF).....7.50 (296 KCAL)  
 oriental slaw, chilli, lime, spring onion, soy & ginger dip  
**WILD MUSHROOMS ON TOASTED SOURDOUGH** (VE, V, GA).....9.25 (241 KCAL)  
 Prosciutto cheese, pea shoots, white truffle oil

**HOMEMADE SOUP OF THE DAY** (GA).....6.25  
 warm mini loaf, Netherland Farm Butter  
**LUXURY PRAWN COCKTAIL** (GA).....10.25 (651 KCAL)  
 king prawns, prawn Marie Rose, cherry tomatoes, avocado, iceberg, sourdough  
**CRISPY SQUID**.....8.25 (372 KCAL)  
 garlic aioli, charred lemon  
**BAKED CAMEMBERT TO SHARE**(V).....16.25 (1094 KCAL)  
 garlic & rosemary-studded Camembert, celery, red onion marmalade, toasted focaccia

### SUNDAY ROASTS

All served with roast potatoes, thyme-roasted carrots, buttered cabbage & leeks, cauliflower cheese and red wine gravy

**50 DAY-AGED SIRLOIN OF BEEF**.....21.00 (1062 KCAL)  
 Yorkshire pudding  
**ROAST CHICKEN SUPRÈME** .....18.00 (936 KCAL)  
 pork stuffing, bread sauce  
**CIDER-BRAISED PORK BELLY**.....18.00 (1049 KCAL)  
 pork stuffing, crackling, apple sauce  
**NUT ROAST** (V).....17.00 (637 KCAL)  
 roast potatoes, thyme-roasted carrots, steamed leeks & cabbage, vegan gravy  
**TRIO OF MEATS: SIRLOIN OF BEEF, PORK BELLY & CHICKEN SUPRÈME**.....23.00 (1394 KCAL)  
 Yorkshire pudding, crackling, pork stuffing, apple sauce, bread sauce

#### WHY NOT ADD:

**YORKSHIRE PUDDING** (V).....2.00 (233 KCAL)  
**CAULIFLOWER CHEESE TO SHARE** (V).....6.25 (540 KCAL)  
**PIGS IN BLANKETS** .....5.25 (344 KCAL)  
**CREAMY MASH** (V, GF).....3.75 (421 KCAL)  
**ROAST POTATOES** (VE, V, GF).....3.25 (182 KCAL)

### MAINS

**FISH & CHIPS** (GF).....16.50 (970 KCAL)  
 beer-battered haddock, chunky chips, mushy peas, tartare sauce  
**PAN-FRIED SEABASS**.....19.00 (861 KCAL)  
 creamy pea, tarragon & chorizo gnocchi, samphire  
**PIE OF THE DAY**.....16.00  
 creamy mash or chunky chips, seasonal vegetables, red wine gravy  
**SUNBLUSH TOMATO PESTO GNOCCHI** (VE, V).....14.00 (664 KCAL)  
 SunBlush tomato pesto, toasted pine nuts, Prosciutto cheese  
**Add:** Grilled Chicken Breast (250kcal) + 5.00 **OR** Grilled Tofu (VE, V 85 kcal) + £3.00 **OR** King Prawns (206 kcal) + 4.00

**BACON & CHEESE BEEF-RIB BURGER** (GA).....15.00 (1712 KCAL)  
 7oz beef patty, streaky bacon, Monterey Jack, toasted brioche bun, baby gem, tomato, gherkin, burger sauce, slaw, chunky chips  
**CHICKEN BURGER** (GA).....15.00 (1272 KCAL)  
 crispy buttermilk chicken breast, toasted brioche bun, mozzarella, beef tomato, burger sauce SunBlush tomatoes, slaw, chunky chips  
**VEGGIE BURGER** (VE, V, GA).....15.00 (1329 KCAL)  
 plant-based patty, toasted brioche bun, baby gem, vegan Applewood cheese, roasted mushroom tomato, gherkin, slaw, burger sauce, chunky chips  
**80Z SIRLOIN** (GF).....25.00 (707 KCAL)  
 28 day-aged British-farmed cuts, slow-roast tomato, roasted portobello mushroom, watercress

### DESSERTS

**ETON MESS** (V, GF).....7.50 (831 KCAL)  
 crushed meringue, fresh strawberries, raspberry coulis, Chantilly cream  
**ICE CREAMS** (V, GF).....6.50 (307 KCAL)  
 please ask our team for today's flavours (three scoops)  
**SORBET** (VE, V, GF).....6.50 (245 KCAL)  
 please ask our team for today's flavours (three scoops)  
**ORANGE & PASSIONFRUIT CHEESECAKE** (VE, V, GF).....7.50 (504 KCAL)  
 coconut sorbet, mango coulis  
**CHOCOLATE BROWNIE** (V, GF).....7.50 (588 KCAL)  
 clotted cream ice cream, chocolate sauce  
**STICKY TOFFEE PUDDING** (V).....7.50 (1005 KCAL)  
 clotted cream ice cream, toffee sauce, honeycomb  
**TRIPLE CHOCOLATE ICE CREAM SUNDAE** (V, GF).....7.50 (971 KCAL)  
 brownie pieces, clotted cream ice cream, chocolate ice cream, chocolate sauce, Chantilly cream  
**THREE BRITISH ARTISAN CHEESES**.....11.00 (595 KCAL)  
 Tunworth, Colston Bassett, Red Leicester  
**FIVE BRITISH ARTISAN CHEESES**.....16.00 (766 KCAL)  
 Tunworth, Colston Bassett, Red Leicester, Driftwood, Dambuster

### SALADS

**POKE BOWL** (VE, V, GF).....14.00 (368 KCAL)  
 avocado, watermelon, sticky rice, pickled veg, coriander, sesame  
**STICKY BEEF SALAD**.....19.00 (602 KCAL)  
 thai salad, sesame dressing, chilli, spring onion, coriander, lime

### SIDES

**CHUNKY CHIPS** (VE, V, GF).....3.75 (493 KCAL)  
**TENDERSTEM BROCCOLI, GARLIC & CHILLI** (V, GF).....4.25 (159 KCAL)  
**SEASONAL GREENS** (V, GF).....4.25 (296 KCAL)  
**ONION RINGS** (VE, V, GF).....4.25 (263 KCAL)  
**TRUFFLED FRIES** (GF).....3.75 (492 KCAL)  
**CREAMY MASH** (V, GF).....3.75 (421 KCAL)  
**GREEN SALAD** (VE, V, GF).....3.75 (74 KCAL)

(v) Suitable for vegetarians (ve) vegan (gf) gluten free (ga) gluten adaptable

Please ask for full allergy information. Dishes may contain nuts or nut traces. Fresh fish, unsurprisingly, may contain bones. Weights are shown uncooked. We're only human, if we make a mistake please take time to tell us, we can help you, trip advisor can't! Calorific information and nutritional data is taken from information provided by suppliers and manufacturers and spot checked using laboratory testing. Adults need around 2000 kcal a day. Our staff receive 100% of any tips. Service is not included.



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