



GENERAL SANTOS CITY SPED INTEGRATED SCHOOL
SENIOR HIGH SCHOOL DEPARTMENT

INTRODUCTION TO PHILOSOPHY OF THE HUMAN PERSON

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Cher Jellys

Let's remember:



LISTEN



RESPECT



BELONG

BE RESPECTFUL AND POLITE

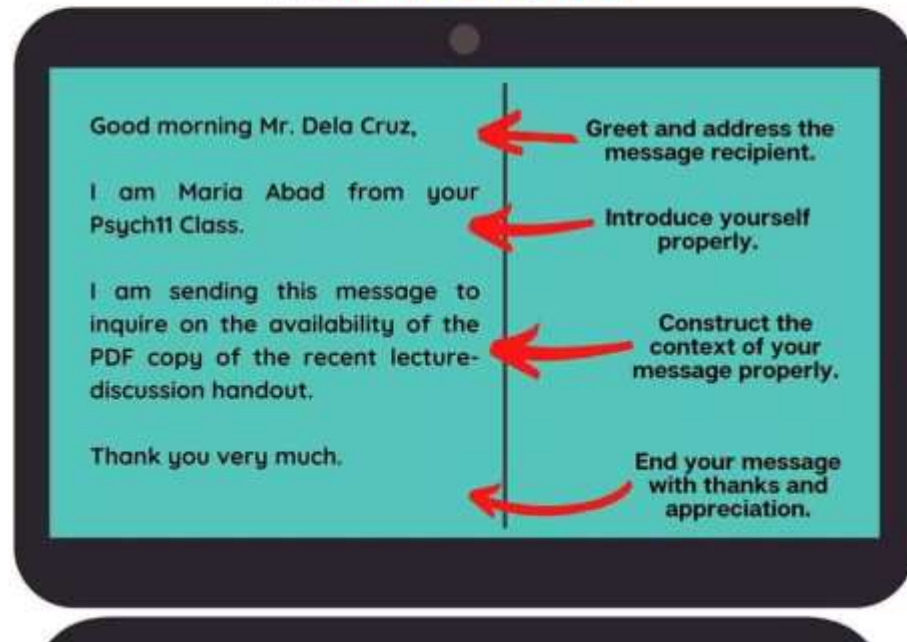


Always say your greetings first (ex. Good Morning), and say “Cher” or “po” and “opo” after every statement when talking or messaging.

BE RESPECTFUL AND POLITE

ANATOMY OF SENDING COMMUNICATIONS

Use this suggested format when communicating in these platforms:



Therefore, be formal in your language and behavior at all times.



ON SILENT MODE PLEASE



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PHILOSOPHY AND PERSPECTIVE

Lesson 1



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Learning Objectives

- describe the notion of philosophy
- analyze the dynamics of doing philosophy
- identify holistic perspective and partial point of view
- differentiate holistic and partial point of view

What is Philosophy?

**For you, what is
Philosophy? What do
you expect in this
subject?**

Activity #1: Oh my gosh, look at me!

Directions:
Read & reflect
the statement
of *Roberto D.
Abella*

“A big part of living is spent pondering many questions, and our lives became more meaningful because we search for answers to these innumerable questions. This is the essence of Philosophy- the search for answers to life’s questions.”

Activity #2

Directions: Read and analyze the following conversation between a high school teacher and her student in the class.

Teacher: Juan, what would you like to be when you grow up?

Juan: Ma'am, I want to be happy!

Teacher: Juan, you did not understand my question.

Juan: Ma'am, you do not understand what life is all about!

Questions



1. Do you think that Juan's answer was appropriate for his teacher's questions? What do you think was Juan's interpretation of his teacher's question?
2. Based on his responses, what kind of student do you imagine Juan to be?
3. If you were Juan's teacher, how would you respond to him?
4. How is Philosophy related to this situation?



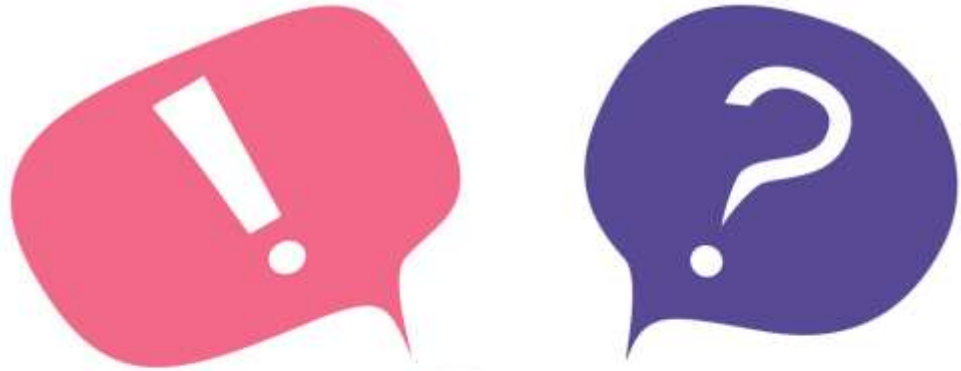
Have you, like Juan, come to a realization of what you want in life?



Through out our lives, we have **wondered about many things** which lead us to ask a lot of **questions...**



And by nature, human beings are **inquisitive**. We ask questions to **try and make sense** of our world and experiences.



Young children are very **curious**, and we often hear them **ask simple and silly questions** such as... (implies curiosity)

“What is this?”

“Why are trees tall?”

“Why is the sky so far away?”



As we grow older, our questions are influenced by our **experiences and circumstances**. We find ourselves asking more **“serious”** questions as:

“Why do I have to study?”

“Why did I fail?”

“What should I do to achieve my goals in life?”



People ask these questions to help them **plan and decide on certain tasks**. These are the questions we often hear in **everyday conversation**.



Still, there are other questions that make us **pause and think**. We often encounter these “**deep**” questions in **serious conversation**, in the **books** we read, the **songs** we hear on the **radio**, and even on the **movies** we watch.

Some of these **questions** include:



“Is love worth giving up everything?”

“Where can one find true happiness?”

“Why do good people suffer?”

“Why do I have to be a good person?”

Activity #3: Think and Ask!

Directions: THINK! Read the following headlines. What “simple”, “serious”, and “deep” questions come to mind when you read them?

ABUSED CHILDREN KEPT CHAINED IN BASEMENT FOR FIVE YEARS FINALLY RESCUED.

MAN SENTENCED TO TEN YEARS FOR STEALING MILK TO FEED HIS BABY.



What **questions**
about your life are
you struggling to
find answers to?
Share some in
class.

WHAT IS PHILOSOPHY?

PHILOSOPHY

- comes from two Greek words: **PHILOS (love)** and **SOPHIA (wisdom)**.
- “love of wisdom”
- uses **human reason** to investigate the ultimate **causes, reasons, and principles** which govern all things.
- People who engage in Philosophy are called **PHILOSOPHERS** or “lover of wisdom”

PHILOSOPHY AS A **CONCEPT**

- Philosophy is a **system of beliefs about reality**.
- It is **one's integrated view of the world**.
- It includes an **understanding of the nature of existence, man, and his role in the world**.
- It is a necessary product of **man's natural mind**

PHILOSOPHY AS A **PROCESS**

- Philosophy is employed as **method of inquiry**.
- It is an engagement in the **search** for the **meaning of life**, its **value** and **relevance**.
- It is the process for finding **significance in existence**.

HOLISTIC & PARTIAL THINKING

When asked to describe a **dining table**, Jake said it is made of dark wood and can seat six people. Mike, on the other hand, explained it is a space for getting together and sharing a meal. Who is a partial thinker and holistic thinker?

The Six Blind Men

For Phat Phish

September 2007

I animated the Film



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HOLISTIC THINKING

- Refers to a perspective that considers **large-scale patterns in systems.**
- This often described as looking at the **“BIGGER PICTURE”** when describing and analyzing a situation or problem.
- A **HOLISTIC PERSPECTIVE** requires an individual to have an **open mindset and an ability to get the general sense or impression regarding a situation.**

PARTIAL THINKING

- Focuses on **specific aspects of the situation**
- It is an important component of analytical thinking, as an individual focuses on **certain areas or aspects of a problem in order to understand it.**

EXAMPLE OF PARTIAL THINKING



Doctor often focus on a **specific set of symptoms** to determine the **cause of a patient illness**. If identified, the doctor then prescribes the appropriate medicine and treatments to address the illness.

EXAMPLE OF HOLISTIC THINKING



This requires the doctor to look at the “**BIGGER PICTURE**” and view the **patient’s illness** as an aspect of his/ her **lifestyle and personal circumstances**.

TAKE NOTE

Though **partial thinking** is useful, **philosophy** utilizes **holistic thinking** in making sense of problems and issues related to the human experience



In the case of an argument among friends, would it be beneficial to take **one side** or **act as a mediator** and try to reconcile all sides?



Should we simply condemn a person who misbehaved in a video that has gone viral?



Should we reserve judgement until we get all the facts regarding what made the person act in that manner?



Adapting a holistic approach in thinking encourages us **not only to be more critical but also be more considerate** in dealing with others.



A holistic view also gives rise to a more appreciative perspective about life, as we are able to look at a life in its totality.

Let's check your knowledge!

- ___ 1. It is the study or discipline that uses human reason to investigate the ultimate causes, reasons, and principles which governs all things.
a. Social Science b. Science c. Philosophy d. Humanities
- ___ 2. According to the idea of Nicolaus Copernicus that it was earth that orbits around the sun and supported by Galileo Galilee through his invention of telescope, and concluded by Isaac Newton of his law of gravity. What kind of statements are these?
a. public b. partial and holistic c. partial d. holistic
- ___ 3. It is a perspective that focuses on the specific aspects of situation.
a. public b. partial and holistic c. partial d. holistic
- ___ 4. Which of the following parts of human body keep keen insights and clear thinking?
a. forehead b. heart c. eyes d. ears

- ___ 5. According to Plato, to wonder is a philosophical wisdom which means to ____.
- a. ask for answer
 - b. ask questions
 - c. think
 - d. use your senses
- ___ 6. It is a perspective that considers the “bigger picture” when looking at the problems and situations.
- a. holistic
 - b. partial
 - c. partial and holistic
 - d. public
- ___ 7. Which of the following statement does not belong on what philosophy is not?
- a. a quest for wisdom
 - b. based on preferences
 - c. sensitive
 - d. simply a theory of something
- ___ 8. It has the capacity to think, understand, make decision, and put into action.
- a. knowledge
 - b. love
 - c. intellect
 - d. idea
- ___ 9. Philosophy comes from two Greek words, “*philia*” means love and “*Sophia*” means ____.
- a. wisdom
 - b. truth
 - c. intellect
 - d. idea

Group Work:

How can reflection help you solve the following problems? Discuss it with your group.

1. You heard that one of your friends was hurt in a fight with some students from a nearby school. Your other friends approach you saying that they want you to go with them after class to look for the students who hurt your friend.
2. Your family has already made plans to go on a vacation but two days before your trip, your father had an accident and your planned vacation had to be cancelled. Your younger sister was really looking forward to the trip and was upset your father for ruining it. Everything was also booked and paid.