

Congratulations on your purchase of the TruSense system. Everything you need to install the TruSense system with the personalized insights to meet your needs is provided in this kit.

Each device is labeled with its name and the room in which you have designated it to be installed. We have worked hard to make this an

## Quick Start Guide

easy and quick process that should take less than an hour of your time to complete.

For further information regarding the installation of the sensors you can watch our how-to videos found at **MyTruSense.com/Support/Videos** 



If you have any questions just call us at (855) 814-6478 and we will walk you through your installation.

# 1 Starter Kit

### A Install the Hub

#### Hub includes:

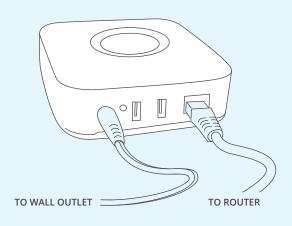
Hub, Power Plug and Ethernet Cable



The Hub should be installed near (but not stacked on) your existing Internet router.

#### Steps:

- 1 Connect the Ethernet Cable into the back of the Hub and the other end into the back of your existing Internet router.
- 2 Connect the Power Plug into the back of Hub.
- **3** Connect Power Plug into a power outlet.



B Install the Echo Dot

#### Amazon Echo Dot includes:

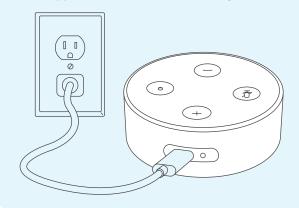
Echo Dot, Power Plug, Echo Dot Quick Start Guide



Install the Echo Dot in a location where voice-activated controls will be most useful. For example, when installed in the master bedroom you can use a voice command to turn on a nightlight before getting in/out of bed.

#### Steps:

- 1 Connect the Power Plug to a power outlet and connect the other end of the Power Plug into the Echo Dot.
- 2 On your computer go to www.MyTruSense.com/Echo for instructions on how to download the Alexa app and connect the Echo Dot to your WIFI.



### **C** Install the Smart Outlet

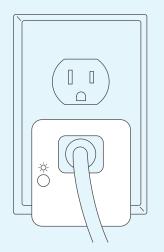
#### Smart Outlet includes:

Smart Outlet

The Smart Outlet allows any lamp that is plugged into it to be turned on and off using the voice command functionality of the Echo Dot. Install the outlet near a lamp that provides illumination while getting up at night (i.e. master bedroom).

#### Steps:

1 Plug the lamp(s) into the Smart Outlet, and plug the Smart Outlet into power outlet.



## 1 Starter Kit (continued)

### D Install the Contact Sensors

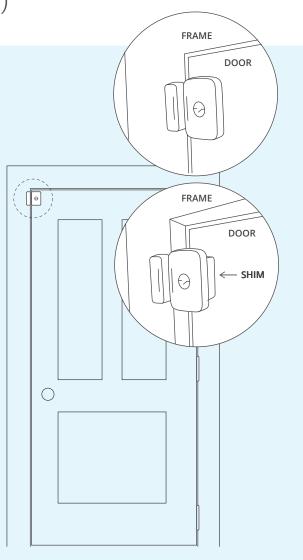
#### **Contact Sensor includes:**

Contact Sensor, Magnet, and Shims

Tip The key to the proper functioning of the Contact Sensor is the placement on the door/door frame. The sensor detects that a door has been opened when the magnetic contact is broken. The goal is to create a level plane between the two pieces when the door is closed.

#### Steps:

- 1 Determine the best location on the door for installing the Contact Sensor (see Tip and Illustrations).
- 2 Hold each component in the area on the door (see diagram) to ensure that they will be on a parallel plane when installed. If they do not line up then go to step 3 below. If the two components do line up on an even plane, skip step 3 and go to 4 below.
- 3 Remove the protective tape film from the Shim and press firmly in the location you will install the sensor.
- 4 Remove the protective tape film from the sensor and press firmly on the Shim.
- 5 Remove the protective tape film from the Magnet and press firmly into place on the door frame.



## **E** Visitor Sensor

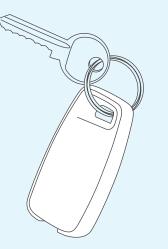
#### Visitor Sensor includes:

Visitor Sensor (key fob)

Tip Visitor Sensor can be used to let you know when a caregiver or family member has arrived, and can also be used by TruSense to differentiate activity while the TruSense resident has a guest in their home.

#### Steps:

1 The Visitor Sensor (key fob) can be attached to a keychain, slipped inside a backpack or purse, or carried in a pocket.



## Starter Kit (continued)

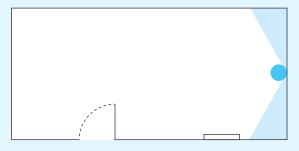
#### Install the Activity Sensors F

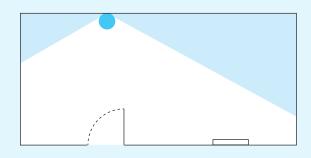
#### Activity Sensor includes:

Activity Sensor with double-sided tape

Placement is critical to ensure that the Activity Sensor will detect Tip activity in a given room. When installing an Activity Sensor in a room you should pick a location in the room that enables coverage of the entire room without detecting motion in adjoining rooms. One motion sensor can cover up to 30'x30'. If your room is larger than 30' in any direction you will need to add a second Activity Sensor

#### **Rectangular Rooms**

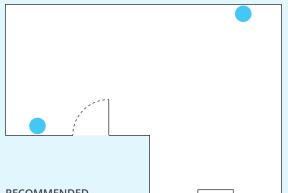




#### RECOMMENDED

Will only detect motion inside the room.

#### **L-Shaped Rooms**



#### RECOMMENDED

L-shaped rooms may require two sensors to adequately detect activity within the room.

#### Steps:

1 Determine the best location on a wall for installing the Activity Sensor in the room (see Tip above).

Will detect motion outside of the room via

#### NOT RECOMMENDED

NOT RECOMMENDED

the open doorway.

A single sensor in an L-shaped room may not detect activity throughout the room, resulting in blind spots and incomplete data reporting.

Remove the protective tape film from the Activity 2 Sensor and press firmly onto the room wall at or above head height.

## 2 Add-Ons

### Water Leak Sensor

#### Water Leak Sensor includes:

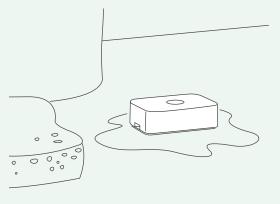
Water Leak Sensor

Тір

The Water Leak Sensor will let you know of a leak when water comes into contact with the sensor on the bottom of this component. It can be used outside of a bathtub, kitchen sink, laundry, or other areas you wish to be alerted of in the event of a water overflow.

#### Steps:

1 Simply place the Water Leak Sensor on the floor near the area you wish to monitor for water overflow or leaks.



### B Food Access Sensor

#### Food Access Sensor includes:

Either Contact Sensor or Activity Sensor

The Food Access Sensor can be installed on a refrigerator, freezer, food pantry or cabinet where food is stored. TruSense then reports the frequency of food access each day, displaying trends over time.

#### Steps:

1 See Contact Sensor, or Activity Sensor if you chose to monitor via motion in the pantry.

## C Flush Sensor

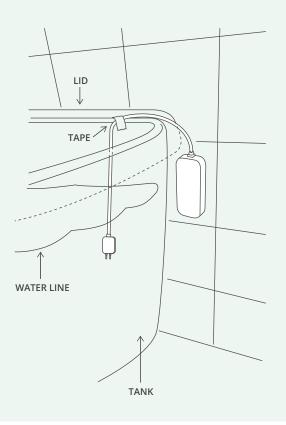
#### Flush Sensor includes:

Flush Sensor with 2-sided tape and connected probe

The Flush Sensor is installed to determine the frequency of toilet use. Ensure the toilet tank is full prior to installation. The Flush Sensor can provide insights into a change in toilet use frequency.

### Steps:

- 1 Remove the toilet tank cover.
- 2 The probe is connected to the sensor via a 3 ft. cord. Dangle the probe (The probe has two prongs that protrude from it) so that it is submerged in the tank 2 inches below the surface of the water. Tape the cord at the top of the tank securing the probe in position.
- 3 Remove the protective tape film from the sensor (the larger of the two ends.) Press the sensor firmly onto the back of the toilet tank or wall to affix it, and then place the tank cover back on the toilet.



## 2 Add-Ons (continued)

## D GPS Pendant

#### **GPS Pendant includes:**

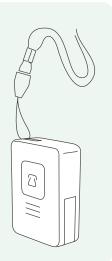
Pendant, Charger, Neck Strap

The GPS Pendant provides extra protection outside of the home. The Pendant has automatic fall detection.

Additionally, the resident can press the phone icon if help is needed, to be connected to the TruSense 24/7 Emergency Monitoring Center. If there is a problem, TruSense can relay the location of the resident to the 24/7 Emergency Monitoring Center. The Pendant should be charged daily.

#### Steps:

- Connect the GPS Pendant to Charger, and the Charger into a power outlet. Charge for a minimum of 4 hours.
- 2 Connect the Neck Strap to the GPS Pendant and have the resident wear.



## 3 Finish & Test

Login to **https://app.mytrusense.com** to finalize your install and confirm that your system is ready to use.

By setting up the TruSense system, you have made an important commitment to the safety and wellbeing of your loved one. Our pledge to you is an equally strong commitment to helping you get top performance from your sensors and insights. If there is anything we can do to help, please let us know and we will do our best to make sure you get what you need. You can also call us at

(855)814-6478

with any question you have, day or night.

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Worry less. Live more.