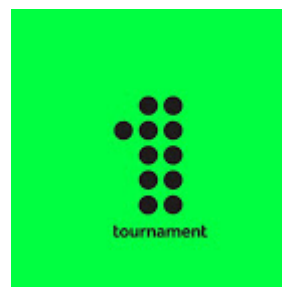


One Tournament – Event Day Information

Welcome to the One Tournament North Regional Heat at **Sheffield Hallam Sports Park, Bawtry Road, Tinsley, Sheffield, S91UA.**

Please read the information below carefully to ensure a smooth and enjoyable experience for everyone.



Arrival & Parking

- Parking is available on-site free of charge. Overflow parking is to the **right of the main facility is £3 per car** – follow the signs.
- After parking, head to the **football pitches inside the complex.**

Spectator Entry

- Spectator wristbands must be collected and worn at the **One Tournament desk** upon arrival.
- **Wristband Prices:**
 - Over 16s: £4
 - Ages 5–16: £1.50
- **No wristband = no entry.** Breaches of the **Spectator Code of Conduct** will result in team disqualification. If we catch people passing around wrist bands we will disqualify your team, please tell your spectators this.
- **Programmes:** Available at the entrance for **£2.50.**

Matchday Guidelines

Arrival → Check-In → Group Games → Knockout Stages → Finals →

Each tournament last around 4ish hours. Please note if we have issues or injuries on the day, this can add time to the day.

10:00am Saturday – Morning Kick-Off

U7, U9, U11 Boys
U9 Girls, U11 Girls

2:15pm Saturday 3rd May – Afternoon Kick-Off

U8, U10, U12 Boys
U10 Girls, U12 Girls

- Team Manager make sure you check in on arrival so we know you have arrived.
 - Games will **kick off on time**. Please stay alert and ready throughout the day.
 - Fixtures and results: Available online. Visit the **fixtures page via <http://www.onetournament.uk/fixtures> via Tournify** select your **age group** under standings or look up My Team
 - Pitch numbers will be displayed **on the goal nets**.
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On the Pitch

- Pitch number will be on the net of the goal be ready to come on 5 minutes before your gam
 - Only **players and coaches** are allowed in the designated **waiting areas**.
 - **No ball warm-ups near the pitches**.
 - **Team talks** should happen **off-pitch**; be ready to enter promptly.
 - Confirm **final scores with the referee** to avoid disputes.
 - Game durations or formats may change due to **no-shows or withdrawals**. We will confirm at team check in.
 - Format and match time details will be confirmed at the **Team Registration Desk**.
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After Your Final Game

- Once knocked out, team managers can collect medals at the **main exit**.
 - **Note:** Medals will **not be posted** if uncollected.
 - **Please note we recently donated £3000 to green projects and are committed to reducing carbon footprint.** Medals are wooden, recycled and eco friendly, scan the barcode to enter our quarterly monthly draw, multiple prizes to be won!
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Tie-Breakers

In group stages, if teams are level on points:

1. Head-to-head
2. Goals scored
3. Goal difference
4. Lowest Number Of Goals conceded
5. Penalty shootout (if still level)

In **knockout stages**, a draw will be decided by:

- **3 penalties per team**, followed by sudden death if required. For 11v11 its 5 pens
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Injuries & First Aid

- Team coaches are responsible for **basic first aid**.
 - A dedicated **first aid team** is on-site for serious incidents.
 - Dial **999** in emergencies and notify the **One Tournament Hub**.
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Rules & Regulations Summary

Match Formats & Duration & Format

(Subject to Change times and format will be communicated at check in):

Age Group Format Match Length Knockout Qualification

U7 5v5

U8 5v5

U9/U10 7v7

U11 9v9

U12 9v9

Girls' Format Summary:

Age Group Format

U9 7v7

U10 7v7

U11 9v9

U12 9v9

Tournament Rules (Highlights)

- **Eligibility:** All players must meet the age group criteria (2025/26 season).
- **Guest Players:** Max 2 per team. Must provide proof of age on the day on request.
- **Academy Restrictions:**
 - Boys (U9+) (Cat 3 and 4 academy players allowed if dual signed of 1 of two guest players)
 - Any girl player can play (as a guest player or signed on with their team)
 - Players recently released from academies must have proof dated **at least 3 months prior**.
- **Game Size & Ball Sizes:**
 - U7/U8: 5v5 – Size 3
 - U9/U10: 7v7 – Size 3
 - U11–U14: 9v9 – Size 4
 - U15: 11v11 – Size 5
- **Rolling Substitutions** allowed (with referee's permission).
- **Offside Rule:** Applies in 11v11 only. 5v5/7v7: No offside. 9v9: Offside only on free kicks.
- **U10 and below:** No throw ins kick in or dribble in. No goal can be scored directly from a kick in or dribble in. Opponents must be 5 yards from a kick in or dribble in
- **Power Play (U7–U10):** Teams losing by 4 goals may add one player. Must revert if deficit reduces to 3.
- **No Deliberate heading for U7 to U9s:** indirect freekick for a deliberate header
- **Free Kick Distance:**

- 5v5 – 5 yards, 7v7 – 7 yards, 9v9 – 9 yards, 11v11 – 10 yards.
 - **Discipline:**
 - Referees can use **sin bins** or send off players.
 - **Abuse** of officials or staff = **disqualification**.
 - **Disputes** must be reported to the **One Tournament Hub** within **10 minutes** of the match end.
 - **Match Ball:** Provided by the **home team**.
 - **Kit Clashes:** The **away team** must change or wear bibs.
 - **Retreat Rule:** Applies to U7–U10.
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🚫 **Conduct & Behaviour**

- All players, coaches, and spectators must adhere to the **FA Respect guidelines** and **Code of Conduct**.
 - Misconduct by any individual may result in team expulsion and a **club-wide ban**.
 - Abuse towards officials or staff will not be tolerated – **Zero Tolerance Policy**.
 - Respect the venue: **No food** on pitches, **no parking on verges**.
 - One Tournament accepts **no responsibility** for injury, damage, or loss.
 - Do not bring alcohol onsite
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Thank you for your cooperation. We hope you enjoy your tournament experience and wish all teams the best of luck!
