

# Gfss 2017 Schedule



## Day 1 1 Oct, Sunday

5:30am - 6:00am  
Power Yoga by *Shorey YogAyush*

6:00am - 7:00am  
Flute Meditation with  
*Brahmarshi Patriji*

8:30am - 9:15am  
Meditation with *Jasmuheen*

9:30am - 11:00am  
'The Essence of the Gita.'  
*Brahmarshi Patriji*

11:30am - 1:30pm  
'Let the Song of life SING YOU!'  
*Trish Watts*

3:00pm - 3:30pm  
Qi Gong Introduction  
by *La Force Vitale*

3:30pm - 5:30pm  
'Appreciating Your Spiritual Nature  
Through the Lens of Science.'  
*Amara Tia Ann*

8:30pm - 9:30pm  
Creative Dance Movements Therapy  
by *CMTAI*

## Day 2 2 Oct, Monday

5:30am - 6:00am  
Qi Gong Conclusion  
by *La Force Vitale*

6:00am - 7:00am  
Flute Meditation with  
*Brahmarshi Patriji*

8:30am - 9:15am  
Opening the gates to  
Christ Consciousness Meditation with  
*Ladan Ratcliffe*

9:30am - 11:00am  
'Chakras of 5<sup>th</sup> Dimensional living!'  
*Ladan Ratcliffe*

11:30am - 1:30pm  
'Mahakundalini - The importance of it, the benefits  
of it & the need for it during these challenging  
times.'

*Rae Chandran*

3:00pm - 3:30pm  
Tai Chi Introduction  
by *La Force Vitale*

3:30pm - 5:30pm  
'The Science of Unity Consciousness & Life in the  
Unified Realms.'  
*Jasmuheen*

8:30pm - 9:30pm  
Songs of Kabir  
by *Vipul Rikhi*

29 Sept | Friday | Pre-Conference | 9:30am - 5:30pm

Hands On Light | Full Day Workshop  
*Rae Chandran*

30 Sept | Saturday | Pre-Conference | 9:30am - 5:30pm

The Embodied Voice - healing and wholeness with spirit, soul & body-voice.  
*Trish Watts*

30 Sept | Opening Ceremony

5:30pm - 7:00pm

## Day 3 3 Oct, Tuesday

5:30am - 6:00am  
Tai Chi Conclusion  
by *La Force Vitale*

6:00am - 7:00am  
Flute Meditation with  
*Brahmarshi Patriji*

8:30am - 9:15am  
Meditation with  
*Dr. Newton & Dr. Lakshmi*

9:30am - 11:00am  
'The Art of Dying and Beyond Death.'  
*Dr. Newton & Dr. Lakshmi*

11:30am - 1:30pm  
'Living Your Star Light.'  
*Amara Tia Ann*

3:00pm - 3:30pm  
Pilates Introduction  
by *La Force Vitale*

3:30pm - 5:30pm  
'Mahakundalini Activation'  
*Rae Chandran*

8:30pm - 9:30pm  
Spiritual Dance Show  
by *Natya STEM Dance Kampni*

## Day 4 4 Oct, Wednesday

5:30am - 6:00am  
Pilates Conclusion  
by *La Force Vitale*

6:00am - 7:00am  
Flute Meditation  
Question & Answers with  
*Brahmarshi Patriji*

8:30am - 9:15am  
Meditation with *Jasmuheen*

9:30am - 11:00am  
'Unity Science Pragmatics & Recoding.'  
*Jasmuheen*

11:30am - 1:30pm  
'Emotional Freedom & the Science of  
Inner Peace.'  
*Sonya Sophia*

2:30pm - 4:30pm  
'Benevolent Contacts with Star Beings.'  
*Taniah T Kamadon*

4:30pm - 5:30pm  
Closing Ceremony

5:30pm - 8:00pm  
POST-CONFERENCE | Be The Change  
*Sonya Sophia*

Evening Tea Trails: 5:30pm - 7:00pm \*Outdoor interaction with Speakers \*Sunset Hikes to Tapasthali \*Stall visits \*Guided Visits to the Medlab

Sattvic Breakfast 7:00am - 8:30am; Zen Tea Break 11:00am - 11:30am; Food For The Soul: Lunch Break 1:30pm - 2:30pm; Spiritual Videos 2:30pm - 3:00pm & Sattvic Dinner 7:00pm - 8:30pm