



Gfss 2017 Kid's Schedule



Day 1 1 Oct, Sunday

8:30am - 9:30am
'Organic Farming'
(Venue: Farm)

9:30am - 11:00am
'Mandalas for Kids'
by Shilpa Desai

11:30am - 1:30pm
'Let's build a Fairy House'
with Ladan Ratcliffe

1:30pm - 2:30pm
Food For Soul
Lunch Break

2:30pm - 3:00pm
Spiritual Videos

3:00pm - 3:30pm
'Qi Gong Introduction'
by La Force Vitale

3:30pm - 5:30pm
'Building a 3D Pyramid Model'
by Susan Griffith Jones

Day 2 2 Oct, Monday

8:30am - 9:30am
'Organic Farming'
(Venue: Farm)

9:30am - 11:00am
'Mandalas for Kids'
by Shilpa Desai

11:30am - 1:30pm
'Ubuntu: I Am Because We Are'
by Dr. Preeti & Ganesh Kohli

1:30pm - 2:30pm
Food For Soul
Lunch Break

2:30pm - 3:00pm
Spiritual Videos

3:00pm - 3:30pm
'Tai Chi Introduction'
by La Force Vitale

3:30pm - 5:30pm
'Building a 3D Pyramid Model'
by Susan Griffith Jones

Day 3 3 Oct, Tuesday

9:30am - 11:00am
'(MediBuddies) Mindfulness Games'
by Saurabh Madan & Geeti Bhojnarwala

11:30am - 1:30pm
'Ubuntu: I Am Because We Are'
by Dr. Preeti & Ganesh Kohli

1:30pm - 2:30pm
Food For Soul
Lunch Break

2:30pm - 3:00pm
Spiritual Videos

3:00pm - 3:30pm
'Pilates Introduction'
by La Force Vitale

3:30pm - 5:30pm
'Building a 3D Pyramid Model'
by Susan Griffith Jones

Day 4 4 Oct, Wednesday

9:30am - 11:00am
'(MediBuddies) Mindfulness Games'
by Saurabh Madan & Geeti Bhojnarwala

11:30am - 1:30pm
'Krida Yoga for Kids'
by Shorey YogAyush

1:30pm - 2:30pm
Food For Soul
Lunch Break

2:30pm - 4:30pm
'Building a 3D Pyramid Model'
by Susan Griffith Jones

4:30pm - 5:30pm
CLOSING CEREMONY!

