



2025 UGANDA AQUATICS NATIONAL CALENDAR

The following are the Objectives of the 2025 Uganda Aquatics Calendar –

- (1) To revamp and agree on a new 5-Year National Strategy for the period 2025 – 2029 for Uganda Aquatics;
- (2) To ensure compliance with the National Sports Act, 2024, the National Sports Regulations, SI No. 24 of 2025 and the World Aquatics Constitution, 2022;
- (3) To support qualitative and quantitative development of Aquatic disciplines in Uganda based on the Uganda Aquatics Long-Term Athletes Development Strategy;
- (4) To promote Drowning Prevention, Water Safety initiatives with partner entities and encourage mass participation in swimming as provided under World Aquatic's *Swimming – For All Swimming For Life* Program;
- (5) To encourage the spread of aquatic activities in most areas of Uganda;
- (6) To facilitate the successful hosting of well-organized national aquatics events for Primary Schools, Secondary Schools, Universities and Uganda Aquatics Member Clubs;
- (7) To spearhead Uganda's participation in zonal, regional, continental and international aquatic events by fielding Uganda's best eligible representatives selected using transparent and objective criteria;
- (8) To provide platforms that will foster the development Open Water Swimming and Water Polo in Clubs, Schools and Universities;
- (9) To provide platforms that will foster the development Masters Swimming;
- (10) To provide opportunities for the integration and development of ParaSwimming and Special Swimming including capacity development;
- (11) To encourage and support Uganda Aquatics Members in the hosting of well-organized and well managed swimming/aquatic activities;
- (12) To support public initiatives aimed at environmental control and preservation thru greening, afforestation and any other activities while promoting Aquatics and related sports events and activities;
- (13) To encourage periodical reporting by the Uganda Aquatics to Members and Members to Uganda Aquatics on a quarterly basis; and
- (14) To encourage an orderly transfer of athletes and coaches using the procedure in the Uganda Aquatics Transfer Rules, which will be reviewed/revised; and
- (15) To ensure operationalization of the 2025 Constitution of Uganda Aquatics.

2025 SWIMMING, OPEN WATER SWIMMING AND WATER POLO ACTIVITIES

January

- 1) 18 January 2025 - *Members Engagement Meeting at UOC Offices*
- 2) 08 – 09 February 2025 - *National Swimming League 1 at Rockwood, Kings Park, Bweyogerere*

February

- 3) 15 February 2025 - *USF Annual General Assembly & Uganda Aquatics Extraordinary General Assembly, UOC*
- 4) 22 February 2025 - *Masters Swim Gala at Muhika Junior School, Kira*

March

- 5) 01 March 2025 - *Inter-Primary Schools Swim Gala at Greenhill, Kibuli*
- 6) 08 March 2025 - *Uganda Aquatics Athletes Training Clinic, Greenhill Academy*
- 7) 15 – 16 March 2025 - *National Swimming League 2 at Rockwood, Kings Park, Bweyogerere*
- 8) 22 March 2025 - *National Water Polo League, Round 1 at Elite High School, Entebbe*
- 9) 22 March 2025 - *UOC Annual General Assembly, Kampala*
- 10) 29 March 2025 - *National Inter-Secondary Schools Swim Gala, Nabumali*

April

- 11) 05 April 2025 - *Members' Engagement Meeting at the UOC Offices – Q1 Review*
- 12) 04 – 14 April 2025 - *World Schools Games, Serbia*
- 13) 26 April 2025 - *Uganda Aquatics Elective Assembly, UOC Offices, Lugogo*
- 14) 30 April – 04 May 2025 - *16th Africa Aquatics Junior Swimming Championships, Cairo – Egypt*

May

- 15) 17 May 2025 - *National Open Water Swimming Championships, Munyonyo*
- 16) 24 May 2025 - *Water Sports Exhibition, Munyonyo (tbc)*
- 17) 31 May 2025 - *Coaches' Clinic, Uganda Aquatics Offices*

June

- 18) 01 June 2025 - *Anti-Drowning Promotional Swimming Gala (tbc)*
- 19) 07 June 2025 - *Regional Masters Swimming Gala, Jinja*
- 20) 14 June 2025 - *Drowning Prevention Fundraiser (tbc)*
- 21) 26-27 June 2025 - *Drowning Prevention Symposium (tbc)*
- 22) 29 June 2025 - *USSSA Swimming Gala, Seroma Christian High, Mukono*

July

- 23) 03 – 06 July 2025 - *10th National Swimming Championships, Kampala Parents School*
- 24) 07 July – 03 August 2025 - *World Aquatics Championships (50m), Singapore*

- 25)12 July 2025 - *Members' Engagement at the UOC Offices – Mid Year Review*
- 26)16 – 25 July 2025 - *World University Games, Rhine Ruhr – Germany*
- 27)25 July 2025 - *World Drowning Prevention Day Celebrations (tbd)*

August

- 28)26 July – 22 August 2025- *World Aquatics Masters Championships, Singapore*
- 29)06 – 15 August 2025 - *Islamic Solidarity Games, Riyadh, Saudi Arabia*
- 30)19 – 24 August 2025 - *World Aquatics Junior Swimming Championships, Otopeni – Romania*
- 31)16 August 2025 - *Uganda Aquatics Athletes Clinic, (venue tbd)*

September

- 32)20 – 21 September 2025 - *National Swimming League 3: Venue tbd*
- 33)21 – 27 September 2025 - *Singapore 2025 World Para Swimming Championships, OCBC Aquatic Centre*
- 34)27 September 2025 - *National Masters Swim Gala, Elite Gym & Pool, Ntinda*

October

- 35)04 October 2025 - *21st National Independence Swimming Gala, venue tbd*
- 36)05 October 2025 - *Members' Engagement at the UOC Offices – Q3 Review*
- 37)10 – 16 October 2025 - *High Performance Swimming Camp, venue tbd*
- 38)17 – 20 October 2025 - *10th Zone III AA Championships, Machakos & Kilfi, Kenya*
- 39)25 October 2025 - *Coaches Clinic, Uganda Aquatics Offices*

November

- 40)November 2025 - *Zone III Africa Aquatics Water Polo Tournament, Nairobi – Kenya (tbc)*
- 41)07 – 13 December 2025 - *Uganda-Kenya Swimming Invitational, Nairobi (tbc)*

December

- 42)December 2025 - *Africa Youth Games, Luanda – Angola (tbc)*
- 43)December 2025 - *Athletes' Training & Motivational Clinic*
- 44)20 December 2025 - *Members' Engagement at the UOC Offices – Q4 Review*

Note:

The Calendar will undergo constant adjustments to re-align and incorporate key events, once the dates are confirmed or approved. Some of the dates to be re-aligned and or incorporated are in respect of –

- *World Aquatics & Africa Aquatics Events, Coaching Clinics & Schools*
- *International Paralympic & Special Olympic Calendar Events & Trainings*
- *Uganda Aquatics Clinics, Development Camps and Approved Club Galas*
- *Any Other Events deemed relevant by the Federation*