

## **Terms and Conditions**

Last Updated: October 8th 2023

### **1. Acceptance of Terms**

Welcome to [Your Health App], provided by The Thrive Foundation. By accessing or using our health app, you agree to comply with and be bound by these Terms and Conditions. If you do not agree with these terms, please do not use the app.

### **2. Eligibility**

You must be at least 6 years old to use our app. If you are under 6, you may only use the app with the consent and supervision of a parent or legal guardian.

### **3. Use of the App**

a. Account Creation: To access certain features of the app, you may be required to create an account. You agree to provide accurate and complete information during the registration process and to keep your login credentials confidential.

b. Prohibited Activities: You agree not to:

- Use the app for any unlawful, harmful, or fraudulent purposes.
- Attempt to gain unauthorized access to the app or its systems.
- Modify, adapt, reverse engineer, or otherwise interfere with the app's functionality.
- Transmit viruses, malware, or any other harmful code.
- Harass, threaten, or harm other users or third parties.
- Use the app to infringe upon the rights of others.

c. Content Usage: You are solely responsible for any content you create, upload, or share through the app. We reserve the right to remove or block access to any content that violates these Terms and Conditions or is otherwise objectionable.

### **4. Health Information Disclaimer**

Our app provides information and recommendations for a happy and healthy lifestyle, but it should not be considered a substitute for professional medical advice. Always consult with a qualified healthcare provider before making any health-related decisions based on information obtained from our app.

### **5. Privacy Policy**

Your use of the app is also governed by our Privacy Policy, which outlines how we collect, use, and protect your personal information. Please review our Privacy Policy to understand our data practices.

### **6. Termination**

We reserve the right to terminate or suspend your account and access to the app, with or without cause and without notice, at our discretion. You may also terminate your account at any time by following the instructions in the app.

### **7. Changes to Terms**

We may update these Terms and Conditions from time to time. Any changes will be posted on the app, and it is your responsibility to review them. Your continued use of the app after the posting of any changes constitutes your acceptance of the revised terms.

## **8. Disclaimer of Warranties**

The app is provided "as is" and "as available" without any warranties, whether expressed or implied. We do not guarantee that the app will be error-free, secure, or continuously available. You use the app at your own risk.

## **9. Limitation of Liability**

In no event shall The Thrive Foundation be liable for any direct, indirect, incidental, special, consequential, or punitive damages arising out of or relating to your use of the app, even if we have been advised of the possibility of such damages.

## **10. Governing Law and Jurisdiction**

These Terms and Conditions are governed by the laws of Switzerland. Any disputes arising from these terms will be subject to the exclusive jurisdiction of the courts in Switzerland.

## **11. Contact Us**

If you have any questions, concerns, or feedback regarding these Terms and Conditions, please contact us at [karim@thethrivefoundation.ch](mailto:karim@thethrivefoundation.ch).

By using [mythriveapp.com](https://mythriveapp.com), you acknowledge that you have read, understood, and agreed to these Terms and Conditions and our Privacy Policy.

Effective Date: October 8th 2023

Thank you for using [mythriveapp.com](https://mythriveapp.com). We look forward to helping you on your health journey.