



# SAN CARLOS CATHEDRAL

Diocese of Monterey

March 8, 2026 - Third Sunday of Lent

*Tercer Domingo de Cuaresma - 8 de Marzo del 2026*

“JESUS ANSWERED AND SAID TO HER,  
“IF YOU KNEW THE GIFT OF GOD AND  
WHO IS SAYING TO YOU, ‘GIVE ME A  
DRINK,’ YOU WOULD HAVE ASKED HIM  
AND HE WOULD HAVE GIVEN YOU  
LIVING WATER.”

—JN 4:10



JESUS LE DIJO: “SI CONOCIERAS  
EL DON DE DIOS Y QUIÉN ES EL QUE TE  
PIDE DE BEBER, TÚ LE PEDIRÍAS A ÉL,  
Y ÉL TE DARÍA AGUA VIVA:

—JN 4, 10

## CATHEDRAL HOURS

**MONDAY – FRIDAY**

7:00 AM – 3:00 PM

**SATURDAY & SUNDAY**

7:00 AM—7:00 PM

## MASS SCHEDULE

### WEEKEND SCHEDULE

**SATURDAYS**

4:00 PM Vigil

**SUNDAYS**

7:30 AM

9:00 AM

10:30 AM (\*)

12:00 PM *en Español* (\*\*)

5:30 PM

### WEEKDAY SCHEDULE

**MONDAY – FRIDAY**

7:45 AM & 12:15 PM

\***Children’s Mass** on the Fourth Sunday of the Month

\*\***Bilingual Mass** on the Second Sunday of the Month

## PARISH OFFICE

**MONDAY – FRIDAY**

9:00 AM – 2:00 PM

**SATURDAY & SUNDAY**

CLOSED



Founded on June 3<sup>rd</sup>, 1770  
by Saint Junipero Serra

HISTORIC ROYAL  
PRESIDIO CHAPEL  
OF MONTEREY



## The Third Sunday of Lent (Year A) *by young-catholics.com*

The 3rd Sunday of Lent in Year A focuses on themes of faith, conversion, and God's desire to fill us with new life. The readings show us God's response to human needs and how He calls us to turn to Him with open hearts.

- **Spiritual Thirst:** The Israelites thirsted in the desert, and the woman at the well thirsted for something deeper in life. God wants to satisfy our thirst for meaning and truth.
- **God's Faithfulness:** God provides water to the Israelites in the desert and offers living water through Jesus to the Samaritan woman. These stories remind us that God is always faithful, even when we struggle to trust Him.
- **Repentance and Conversion:** The Samaritan woman's encounter with Jesus changes her life. Lent is a time to repent and let God transform us just as He transformed her.
- **God's Love for Sinners:** Jesus meets the Samaritan woman where she is, despite her sins and past. God does not turn away from us but invites us to receive His mercy.
- **Jesus, the Living Water:** Jesus speaks of the living water that brings eternal life. He alone can fulfill our deepest longings and give us life that never fades.
- **Witness and Evangelization:** After meeting Jesus, the Samaritan woman goes back to her town and shares her experience. Her witness shows us that sharing our faith can lead others to seek Jesus.
- **Peace Through Reconciliation:** St. Paul writes about the peace we have with God through Jesus. Lent calls us to seek this peace by being reconciled to God and others.

In Lent, the Church invites us to open our hearts to God's love and mercy. The readings on the 3rd Sunday of Lent encourage us to deepen our faith and let God refresh our spirits.

### EXPOSITION & ADORATION OF THE BLESSED SACRAMENT

Every Friday of LENT

8:30AM - 11:30AM & 7:00PM - 8:00PM

### STATIONS OF THE CROSS

Every Friday of LENT

11:30PM - 12:15PM

&

7:00PM - 8:00PM

### CONFESSIONS

Saturdays at 2:30PM

At the RECTORY

(By the Carport next to restrooms)

### EVENING PRAYER

Mondays at 7:00PM



## Parish Staff

**Most Rev. Ramón Bejarano,**  
Bishop of the Diocese of Monterey

**Most Rev. Sylvester Ryan,** Bishop Emeritus

**Very Rev. Victor Ommar Solis,** Rector/Pastor  
pastor@sancarloscathedral.org

**Rev. Louie Bellen,** Parochial Vicar/Vocations Director  
frlouie@sancarloscathedral.org

**Rev. Patrick Dooling,** In Residence

**Sr. Sujatha D'Souza,** Director of Faith Formation  
srsujatha@sancarloscathedral.org / (Ext. 28)

**Ruth Pineda,** Baptisms/First Communion Coordinator  
rpineda@sancarloscathedral.org / (Ext. 17)

**Sr. Sharon McMillan,** Mcmillan@sndden.org

**Elaine Miller,** Music Director, elainem33@aol.com

**Sandra Logsdon,** Music Coordinator,  
music@sancarloscathedral.org

**Kathleen Ryan,** Christian Initiation—Adults  
OCIA@sancarloscathedral.org

**Teri Dawn,** Wedding Coordinator  
tdawn@sancarloscathedral.org

**Alfredo Zepeda,** Business Administrator  
azepeda@sancarloscathedral.org / (Ext. 16)

**Rosie Murray,** Assistant to Pastor & Vocations Office  
rmurray@sancarloscathedral.org

**Roberta Little,** Admin. Assistant  
rlittle@sancarloscathedral.org / (Ext. 10)

**Esperanza Cabrera,** Admin. Assistant  
ecabrera@sancarloscathedral.org / (Ext. 10)

**Peter Watson-Graff,** Maintenance

**Raymundo Cruz,** Maintenance

**San Carlos School: Karen McKenzie,** Principal  
principal@sancarlosschool.org / 831 375-1324

**Branches Resale Shoppe: Kristine Millar,** Manager  
resaleshoppe@sancarlosschool.org / 831-375-4780

**San Carlos Cemetery: Staff**  
831-372-0327

**Parish Office: (831) 373-2628 - Ext.10**

**Parish EMERGENCY Number: (831) 646-5517**

## Mass Intentions March 7<sup>th</sup>-15<sup>th</sup>

### Saturday, Mar 7

**4:00 pm:** +Hugh Walsh  
+Alice Wabby  
+Carolyn Carlsen

### Sunday, Mar 8 - III LENT

**7:30 am:** **For All SCC Parishioners**

**9:00 am:** +Josephine Mercurio  
+Annie Ferrante  
Int. of Elias Valenzuela

**10:30 am:** +Jose Santos-Silva  
+Kay Russo  
+Josephine Mercurio & Annie Ferrante

**12:00 pm:** Int. of Lindsey & Leah Cummings

**5:30 pm:** For all Religious Sisters

### Monday, Mar 9

**7:45 am:** +John Spadaro

**12:15 pm:** +Carmelo & Francine Tringali  
+Francisca R. Rivera  
Int. of Lisa Mullins

### Tuesday, Mar 10

**7:45 am:** Int. of Mary Isaksen

**12:15 pm:** +Steve Petracca  
Int. of Fia Marie Burbank  
Int. of Aelin Marie Burbank

### Wednesday, Mar 11

**7:45 am:** +Desmond Casey

**12:15 pm:** +Sintic & Kucic Families  
+Johanna Ferrante

### Thursday, Mar 12

**7:45 am:** +Julietta Lopez

**12:15 pm:** +Enrico & Mary Imbriani  
+Salvatore & Concettina Tringali  
+Carmelo Tringali

### Friday, Mar 13

**7:45 am:** +Frank Bruno, Jr.

**12:15 pm:** +Fred & Sara Smith  
+Anna Marie Stanton  
+Cosimo & Frances Randazzo

### Saturday, Mar 14

**4:00 pm:** +Rawls Frazier  
+Alice Wabby  
+Catherine Ferrante

### Sunday, Mar 15 - IV LENT

**7:30 am:** +Ban Salvador & Vicenta Gonzales  
+Giuseppa Maiorana

**9:00 am:** +Mateo & Ursula Ciolino  
+Frank Martin  
+Josephine Mercurio

**10:30 am:** +Francine (Fran) Aliotti  
+Francesco & Francesca Aliotti  
+Narciso Trinidad

**12:00 pm:** **For All SCC Parishioners**

**5:30 pm:** +Amparo Beltran  
+Cosimo Bruno



## THE SECOND SUNDAY OF LENT (YEAR A): Jesus, The Living Water

by Sr. Sharon McMillan, SNDdeN

The Gospels of these next three weeks of Lent have as their central focus 3 iconic people whose encounters with Jesus powerfully reveal who he really is. John's Gospel shares with us the transformations experienced by the woman at the well (or the Samaritan woman), the man born blind, and Lazarus whom Jesus raises from the dead and his sisters, Martha and Mary. These three Gospels from St. John are those chosen by the ancient Christian community in the city of Rome to proclaim to their catechumens who were in the last stages of their preparation for Baptism, Confirmation, and Eucharist at the Easter Vigil. The catechumens are challenged to believe in Jesus who is living water, light of the world, and the resurrection and the life. The Church in Rome was well aware too that listening to these Gospel readings were those already baptized. Jesus was asking them as well "Do you believe?" These powerful Gospel readings are thus also meant for us many centuries later. How have we experienced Jesus as living water, light of the world, the resurrection and the life? He speaks to us in these readings as we prepare to baptize the catechumens of our parish and to renew our own baptismal vows before God and one another.

**The Gospel John 4:5 - 42** St. John uses a favorite technique in writing this Gospel passage: the two different levels of meaning in the conversation between Jesus and the Samaritan woman. She speaks of her physical concerns: where is his bucket? how is he going to get the water? Jesus though speaks on a deeper level: what do you thirst for? do you recognize the gift of living water that is before you? Catechumens and Christians recognize in Jesus' words the power of the waters of Baptism which satisfy every thirst of the human heart. Jesus is not just the source of the saving water nor the keeper of that water; Jesus himself IS living water. He longs to share this saving water with all who thirst for him. After a lengthy and wide-ranging conversation with this mysterious stranger at the well, the woman begins to sense a deeper reality at play. She states: "I know that the Messiah is coming, the one called the Christ; when he comes he will tell us everything." And Jesus responds: "I am he, the one speaking with you." I hope that the way this Gospel is presented at San Carlos allows you to enter deeply into the reality of what you are thirsty for, knowing that the Jesus present in our midst is truly the living water which wells up within us to eternal life.

**The First Reading Exodus 17:3 - 7** The Israelites, recently freed from the shackles of slavery, wander the desert on their journey to the land God promised them. But the people's thirst makes them dissatisfied; grumbling and quarrelling, they test God who mercifully saves them once again, giving them water from the rock to sustain their lives.

**The Second Reading Romans 5:1 - 2, 5 - 8** These words from St. Paul express the very sentiment that might have helped the wandering Israelites of today's First Reading. Paul urges the early Christians of Rome to be grounded in faith and hope, knowing that Christ's death for us sinners is everlasting proof of God's love.

### PRAY FOR ALL THOSE WHO ARE IN NEED OF HEALING ESPECIALLY FOR:

Eloise Sierra, Rosa Caruso, Harold Jackson, Madeline Gourel, Christa Erlat, Christina Mora, George Terrell, Laura Hastings, Lisa Guidone, Diane Davies, Linda Gnipp, Cathy Shelton, Kevin Ferguson, Maureen Ferguson, Lynn Hammond, Sharron & Peter Erickson, Kelemete Fanene, Amelia Battistella, Debra G. Bomactao, R.C., Charlotte Lombardi, Shirley Stagar, Meredith Tibbey, Natalie Hinojosa, Bill Martinez, Margaret Pittelkow, Terry Nance, Anna & Joe Smith, Katrina Lund Madison, John Wallingford, Reyna Castellanos, Ana Flores Hernandez, Carol Clayton, Marisa Martinez, Michael Leonard, Nick Venturino, Sophia Isabella Carlson, Ryan Braff, Roger Thorsnbury, Bill Martinez, Marlyn Padilla, Lenice Bleckbee, LuLuBelle Johnson, Jacob Jenkins, Marita Esteban, Ellen Barrett, Lieland Axel Hensley, Oscar Brown, Desmond Fischer, James Yoshida, Jeff Devens, Mary & Jackson, Mary Ann Cutino, Janice Rayman, GiGi Andrada, Angelina Diaz, Dolores Billa, Benny Benedictos, Edward Hanratty, Vicky Juarez, Estrellita Quindara, Arthel Cake, Maryellen Aisenberg, Kian Anabo, Gabriel Hernandez, Sandra Ontiveros, Angie & Rosario Favolora, Delgado Family, Danny Aliotti, Anna Fierro, Marlyn Padilla, Gary Giboney, Jeremiah Mekhael, Matthew Ferguson, Jim Kern, Jesus Villa, Dee Powell, Nguyen Family, Alan Dougherty, Chris Wallingford, Juanita Escovido, Lesley Anne Stephens, Mary Spry, Mia Gatagna, Diane Wallingford, Eduardo Perez, Ernie Damasco, Susan Barron, Alex Ponce, Dolores Howard, Amelia Davila, Tuney Panggat, Eugene Merkel, Alice Alado, Ryan Cahallan, Colleen Kahn, Matt Ferguson, Jayme Layman, Ninfa Mineo, Phil Maestas, Kaitlyn Williams, John Mulchaey, Paul Naewman Lee, Anthony Campo, Lia Nevoloso, Baldo Amato, Hailey Mann, Jenna Roscelli, Tony Davi, Susan Luke, Joanne Reyes, Kontrena McPherson, Doug Wachter, Gary Kuennen, Allegra Scarano, Sherry Tyler, Susan Dodds, Demetrio Santiago, Sebastian Saldana, Jasmin Reate, Martha Rodriguez, Maria Valtierra, Tom Ghigliotto, Loretta Manjor, Most Rev. Sylvester Ryan, Richard & Penny Cruickshank, Denis Marie Martin, Gary Kress, Nina Andrada, Sandra Logsdon, Philippos Savvas Christoforou, Irving Argüello, Sonia Sharp, Erik Elken, Judy Fisher, Louise Demateo, Anne Roberts, Randy Riddle, Romulo Uy, Julie Jordan, Leigh Franklin, Lynette Puccinelli, Sheila Bowman, Bonnie O'Brian, Jose Ordaz, Jerry Simonich, Arturo Bazaldua, Margie Pruitt, Eilene Troncatty, Gary Barlettani, Gill Berger, Ellen Ladd, Teresa Del Tiero, Jason Buhl, Yanet Ramirez, Sandra Gillian.

**Please call the office to Add, Remove OR Update names in our prayer list. Thank you! 831-373-2628 x10**

## February 28 & March 1:

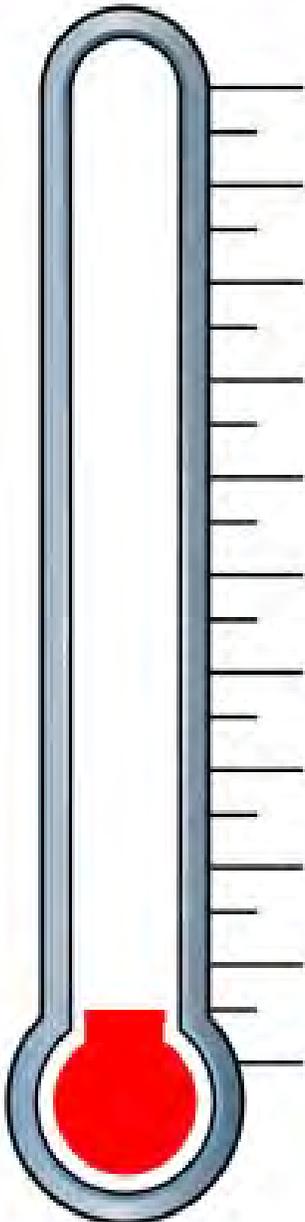
Plate Collection: \$ 11,371  
Online: \$ 2,200  
Total: \$ 13,571

2<sup>nd</sup> Collection: *Preservation* \$ 2,868

**THANK YOU FOR YOUR GENEROUS SUPPORT!**



**2026**  
**GOAL:** \$157,100.00  
SCC Parish Goal



\$37,100.00  
Diocesan Goal

Dear Parishioners of San Carlos Cathedral,  
Peace and blessings to you all.

As we kickstart our 2026 Annual Ministries Appeal (AMA), I reflect on the incredible spirit of stewardship that defines our community. Thanks to your extraordinary generosity last year, we did more than just meet our \$100,000 goal—we exceeded it! We received from the diocese a Return totaling \$59,615 (\$1,615 more than our own set goal.) With a heart full of gratitude, I thank you for those contributions. Your sacrifice allowed us to successfully complete our *new pews* project, a vital improvement that continues to make our sacred space a welcoming and beautiful place to worship for us today and for future generations. This project had a total cost of \$172,451.13

This year, I invite you to prayerfully consider your gift to the 2026 AMA. Our mission continues, and your support is essential for us to maintain our historic Cathedral through ongoing improvements and to cover the associated operating costs that allow our ministries to flourish. Some of our future projects we hope to develop include new fencing around our Hall parking lot, and extending our church Atrium towards the front our Cathedral Office.

The AMA is not merely a collection; it is a way for us to sustain the "Living Stones" of our parish. This is our only parish fundraiser. Whether you can give a little or a lot, please know that every gift, joined with others, makes a profound impact.

Thank you for your continued love for San Carlos Cathedral. May God bless you and your families abundantly.

Faithfully yours in Christ,

*Very Rev. Victor Ommar Solis*  
Pastor/Rector, San Carlos Cathedral



# March 2026



	SUNDAY	MONDAY	TUESDAY
<b>MARCH 19<sup>TH</sup></b> <b>SOLEMNITY</b> <b>OF</b> <b>SAINT</b> <b>JOSEPH</b>	<b>II LENT</b> <span style="float: right;">1</span> 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	<span style="float: right;">2</span> 7:45am—Mass  12:15pm—Mass  7:00pm— <i>Evening Prayer</i>	<span style="float: right;">3</span> 7:45am—Mass  12:15pm—Mass
	<b>III LENT</b> <span style="float: right;">8</span> 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Bilingual) 5:30pm—Mass	<span style="float: right;">9</span> 7:45am—Mass  12:15pm—Mass  <b>7:00pm—<i>Lenten Talks—Fr. Steven Bell</i></b>	<span style="float: right;">10</span> 7:45am—Mass  12:15pm—Mass  <b>7:00pm—<i>Lenten Talks—Fr. Steven Bell</i></b>
	<b>IV LENT</b> <span style="float: right;">15</span> 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	<span style="float: right;">16</span> 7:45am—Mass  12:15pm—Mass  7:00pm— <i>Evening Prayer</i>	<span style="float: right;">17</span> 7:45am—Mass  12:15pm—Mass
	<b>V LENT</b> <span style="float: right;">22</span> 7:30am—Mass* 9:00am—Mass* 10:30am—Children's Mass* 12:00pm— <i>Misa</i> * (Español) 5:30pm—Mass* <small>* = Guest Priest from <i>Unbound</i></small>	<span style="float: right;">23</span> 7:45am—Mass  12:15pm— <b>(NO MASS)</b>  7:00pm— <i>Evening Prayer</i>	<span style="float: right;">24</span> 7:45am—Mass  12:15pm— <b>(NO MASS)</b>
<b>19 MARZO</b> <b>SOLEMNIDAD</b> <b>DE</b> <b>SAN</b> <b>JOSÉ</b>	<b>PALM SUNDAY</b> <span style="float: right;">29</span> 7:30am—Mass 9:00am—Mass 10:30am—Children's Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	<span style="float: right;">30</span> 7:45am—Mass  12:15pm— <b>(NO MASS)</b>  7:00pm— <i>Evening Prayer</i>	<span style="float: right;">31</span> 7:45am—Mass  12:15pm— <b>(NO MASS)</b>

**LENTEN TALKS BY FATHER STEVEN BELL,**  
**MONDAY 9<sup>TH</sup>—WEDNESDAY 11<sup>TH</sup> AT 7:00PM**

**LENTEN RECONCILIATION SERVICE**  
**TUESDAY, MARCH 17<sup>TH</sup> —7:00PM**

SEVERAL PRIESTS WILL BE AVAILABLE TO HEAR CONFESSIONS.



# Welcome Bishop Ramon Bejarano! ¡Bienvenido Obispo Ramón Bejarano!

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7:45am—Mass <b>4</b></p> <p>12:15pm—Mass</p>	<p>7:45am—Mass <b>5</b></p> <p>12:15pm—Mass</p>	<p>7:45am—Mass <b>6</b></p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p><b>ICF LENTEN DINNERS @ HALL</b></p> <p>7:00pm—Via Crucis (Divine Mercy)</p>	<p><b>7</b></p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass</p>
<p>7:45am—Mass <b>11</b></p> <p>12:15pm—Mass</p> <p>7:00pm—Lenten Talks—Fr. Steven Bell</p>	<p>7:45am—Mass <b>12</b></p> <p>12:15pm—Mass</p>	<p>7:45am—Mass <b>13</b></p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p><b>ICF LENTEN DINNERS @ HALL</b></p> <p>7:00pm—Via Crucis (Divine Mercy)</p>	<p><b>14</b></p> <p>11:00am—Mass to St. Joseph</p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass*</p>
<p>7:45am—Mass <b>18</b></p> <p>12:15pm—Mass</p>	<p><i>SAINT JOSEPH</i> <b>19</b></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p>6:00pm—Misa (Bilingual)</p>	<p>7:45am—Mass <b>20</b></p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p><b>ICF LENTEN DINNERS @ HALL</b></p> <p>7:00pm—Via Crucis (Divine Mercy)</p>	<p><b>21</b></p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass*</p>
<p><i>THE ANNUNCIATION</i> <b>25</b></p> <p>7:45am—Mass</p> <p>12:15pm—(NO MASS)</p>	<p><b>26</b></p> <p>7:45am—Mass</p> <p>12:15pm—(NO MASS)</p>	<p>7:45am—Mass <b>27</b></p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p><b>ICF LENTEN DINNERS @ HALL</b></p> <p>7:00pm—Via Crucis (Divine Mercy)</p>	<p><b>28</b></p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass</p>

## ECO-STATIONS OF THE CROSS

Eco Stations of the Cross will be celebrated on  
Friday March 27th  
Meet at 4PM in front of the cathedral.

Join members of Care for Creation as we walk around  
Lake El Estero Park for approximately 1/2 mile,  
grateful for the gifts of God's creation, in song and prayer.  
In case of rain, we will have the stations  
inside the church.





**Sunday, MAR. 8<sup>th</sup>**  
MEETING WITH PARENTS

**Domingo, 8 MAR.**  
JUNTA CON PADRES

**NEXT**  
**Sunday, MAR. 15<sup>th</sup>**  
REGULAR CLASS

**PROXIMAMENTE**  
**Domingo, 15 MAR.**  
CLASE REGULAR

## 42<sup>nd</sup> ANNUAL SAINT JOSEPH CELEBRATION

Come and join in the joy and celebrate **St. Joseph's Day!**

The St. Joseph Society donates to Loaves & Fishes, St. Vincent de Paul, Salvation Army, and San Carlos Cathedral.

**Saturday, March 14<sup>th</sup>, 2026**

Mass at 11:00 a.m. at San Carlos Cathedral  
Light luncheon served afterwards at the Hall

For more information, please contact:

**Mary at 831-375-2009**  
or **Bea at 831-649-3216**

## GOT LENT?

Give your time and talent to



**SAN CARLOS CATHEDRAL'S**  
**HOLY WEEK & EASTER CHOIR!**

**Holy Thursday, April 2, 6 PM**

**Easter Vigil, April 4, 8 PM**

**Easter Sunday, April 5, 9 AM (English Only)**

**Easter Sunday, April 5, Noon (Spanish)\*\*)**

**Rehearsals Thursday Evenings starting Feb. 26<sup>th</sup>**

**TO SIGN UP, CONTACT:**

**Elaine Miller 831-238-2075 (sorry, no texting)**  
or **elainem33@aol.com**

**\*\* for Noon Easter Mass, contact Citlalli Hernandez,**  
**831-392-7336 or hernandez.citlalli05@gmail.com**

Do you love to sing? Join the

# SAN CARLOS CATHEDRAL CHILDREN'S CHOIR

for Grades 2-8

**Why Join?**  
Learn joyful music in English, Latin, and Spanish. Lead our parish in worship. Make friends, grow in confidence, and celebrate faith through song.

**Rehearsals**  
Wednesdays, 2:15-3:30 PM  
Parish Office

**Upcoming Event(s)**  
Palm Sunday - March 29<sup>th</sup> - 10:30am - Mass in the Church  
Easter Sunday - April 5<sup>th</sup> - 10:30am - Mass in the Hall

**How Parents Can Help**

- Volunteer as a rehearsal chaperone (Diocese requires at least one parent helper per rehearsal).
- Provide snacks on a rotating schedule.
- Help your child attend all rehearsals and performances.
- Let the director know if your child will miss a practice.
- Share your musical gifts - parents are welcome to join with an instrument!

**To registrar and/or for more info., contact:**  
**Sandra Logsdon**  
music@sancarloscathedral.org  
(831) 373-2628 | Text "SCC Choir" to: (831) 247-4737



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Pickup our weekly **MagnifiKid!** issue at the SCC Kiosk every Sunday!

**¡Recoje tu edición Semanal de MagnifiKid! en el Kiosco de SCC cada Domingo!**



### San Carlos Children's Liturgy of the Word

*"Let the children come to Me!" (Mt 19:14)*  
Bring your child to Christ!



Children are invited to come forward and participate in the reading and sharing of Sacred Scripture, every Sunday during the 10:30 a.m. Mass.

### DID YOU KNOW THAT..?

THE WATER THAT JESUS GIVES US TO DRINK IS HIS WORD WHICH WILL LAST FOREVER! IT HELPS US GET TO HEAVEN. JESUS TOLD THE SAMARITAN WOMAN THAT WHEN PEOPLE DRINK HIS WATER THEY WILL NEVER BE THIRSTY AGAIN.



### SABIAS QUÉ..?

¡EL AGUA QUE JESÚS NOS DA PARA BEBER ES SU PALABRA QUE DURARÁ PARA SIEMPRE! NOS AYUDA A LLEGAR AL CIELO. JESÚS LE DIJO A LA MUJER SAMARITANA QUE CUANDO LAS PERSONAS BEBAN DE SU AGUA, NUNCA TENDRÁN SED.

### 3RD SUNDAY OF LENT



### The Little Ones

Jim Burrows

SI DESEAS AGUA VIVA PRIMERO DEBES DARTE CUENTA DE QUE TIENES SED

IF YOU DESIRE LIVING WATER YOU MUST FIRST REALIZE THAT YOU ARE THIRSTY



Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." Jn 4:10

# Church Chuckles

"How many apostles does it take to change a light bulb?"



"None! Jesus is the light."



Jesus is referred to as the Light of the World. This means that Jesus illuminates the path to salvation and truth.

## Visiting Priest at San Carlos Cathedral

Next weekend, we will welcome Rev. Charles Hammond who will be with us to celebrate Masses and tell us about the work of Unbound, a lay Catholic sponsorship ministry that helps children and elderly in 16 developing countries.

To learn more, call (800) 875-6564 or visit Unbound online at [www.unbound.org](http://www.unbound.org).



UNBOUND®

## Sacerdote Visita la Catedral San Carlos

El próximo fin de semana, daremos bienvenida al Rev. Charles Hammond quien celebrará la Santa Misa y nos hablará acerca de Unbound, ministerio laico Católico que asiste a niños y ancianos en 16 países en desarrollo.

Para más información, llame al (800) 875-6564 o visite en línea a [www.unbound.org](http://www.unbound.org).

## 2026 LENTEN FAST & ABSTINENCE

**ASH WEDNESDAY** and **GOOD FRIDAY** are obligatory days of FASTING and ABSTINENCE for Catholics. In addition, **FRIDAYS DURING LENT** are obligatory days of ABSTINENCE.

For members of the Latin Catholic Church, the norms on **FASTING** are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

The norms concerning **ABSTINENCE** from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

## AYUNO Y ABSTINENCIA CUARESMA 2026

El **MIÉRCOLES DE CENIZA** y el **VIERNES SANTO** son días obligatorios de AYUNO y ABSTINENCIA para los católicos. Además, los **VIERNES DE CUARESMA** son días obligatorios de ABSTINENCIA.

Para los miembros de la Iglesia de rito latino, las normas de **AYUNO** son obligatorias desde la edad de 18 años hasta los 59. Cuando se ayuna, es permitido comer una comida completa, así como dos comidas más pequeñas que juntas no equivalgan a una comida completa.

Las normas sobre la **ABSTINENCIA** de carne aplican a los miembros de la iglesia católica de rito latino desde los 14 años en adelante.

Si es posible, el ayuno del Viernes Santo se continúa hasta la Vigilia Pascual (la noche del Sábado Santo) como el "ayuno pascual" para honrar el sufrimiento y la muerte del Señor Jesús y prepararnos para compartir más plenamente y celebrar más apropiadamente su Resurrección.



KIMBERLY  
KRAMAR



FR. LOUIE  
BELLEN



ELIAS  
LOPEZ



NANCY  
MELENDEZ

## LENTEN RETREAT

**YOUNG ADULTS - AGES 18 TO 35**  
**SATURDAY MARCH 14<sup>TH</sup> 2026**  
**9:00 AM TO 5:00 PM**

### LOCATION:

Madonna Del Sasso Parish Hall  
320 E Laurel Dr, Salinas, CA 93906

### TOPIC:

Lenten Spirituality

### REGISTER HERE:



**Register by February 28th!**

Fee: \$20 (Lunch will be provided)

40DAYSFORLIFE.COM

## HELP SAVE LIVES IN SEASIDE!

You can protect mothers and children by joining this worldwide mobilization! Through prayer, fasting and peaceful vigils, 40 Days Life has inspired 1,000,000+ volunteers Here's how to take part:

### Vigil location & hours:

Public sidewalk at 625 Hilby Ave., Seaside  
7 am to 7 pm daily

### Local contact:

David Brownfield (831) 521-6102.  
help@montereypeninsula.life

Learn more & get involved; visit our campaign

[40daysforlife.com/seaside](http://40daysforlife.com/seaside)

LENTEN OPPORTUNITIES

### ADORATION OF THE BLESSED SACRAMENT

inside the Cathedral  
Fridays during LENT  
from 8:30AM -11:30AM  
followed by . . .



### STATIONS OF THE CROSS

Led by the Knights of Columbus

inside the Cathedral  
Fridays at 11:30AM  
followed by Mass at 12:15PM

### 2026 I.C.F. 43<sup>RD</sup> LENTEN DINNERS

FRIDAYS: Feb. 20<sup>th</sup> - Mar. 27<sup>th</sup>  
San Carlos Cathedral Hall  
500 Church Street in Monterey

HOURS: Doors Open at 4:30 PM  
Takeouts: 5:00 p.m.-7:00 p.m.  
Dining: 5:30 p.m.—7:00 p.m.

For more info, contact Elaine Valentine at  
831-521-8026 / INFO.ICF36@gmail.com

[www.MontereyICF.org](http://www.MontereyICF.org)



ITALIAN CATHOLIC FEDERATION  
Santa Rosalia Branch 36/Monterey

EVENING PRAYER  
Every Monday  
7:00 – 7:30pm  
in the Cathedral



## LENTEN TALKS 2026

Presented by

Father Steven Bell, C.S.P.

Open to ALL SCC PARISHIONERS

Paulist Fr. Steven Bell leads parish missions, retreats, and workshops, all of which consider the importance of reconciliation and healing.

Fr. Steve previously was the associate director of Newman Hall / Holy Spirit Parish at the University of California at Berkeley and associate director of St. Thomas More Newman Center at The Ohio State University in Columbus, OH. He also previously served as associate pastor of St. Austin Church in Austin, TX, and as associate director of the media ministry *Busted Halo*. Fr. Steve serves on the board of directors of Fellowships at Auschwitz for the Study of Professional Ethics (FASPE). He is a faculty member for FASPE's seminary program, engaging with seminary and medical graduate students and Ethics professionals. A native of Washington, D.C., he was ordained a priest on June 22, 2008, by then-Archbishop Edwin O'Brien of the Archdiocese of Baltimore.

3 Evening Talks

MARCH 9<sup>TH</sup>—11<sup>TH</sup>  
at 7:00 PM

### LENTEN RECONCILIATION SERVICE

AT  
SAN CARLOS CATHEDRAL

TUESDAY, MARCH 17<sup>TH</sup> —  
7:00PM

SEVERAL PRIESTS WILL BE AVAILABLE  
TO HEAR CONFESSIONS.

### FRIDAYS OF ADORATION

Spend a HOLY HOUR before the Blessed Sacrament with the bilingual prayer of the **DIVINE MERCY "Via Crucis"** Fridays of Lent at 7:00 p.m., with EXPOSITION and BENEDICTION.

Pasa una HORA SANTA ante el Santísimo con la oración bilingüe de la **Via Crucis** a la **DIVINA MISERICORDIA** viernes de Cuaresma a las 7:00 p.m., con EXPOSICIÓN y BENDICIÓN.