



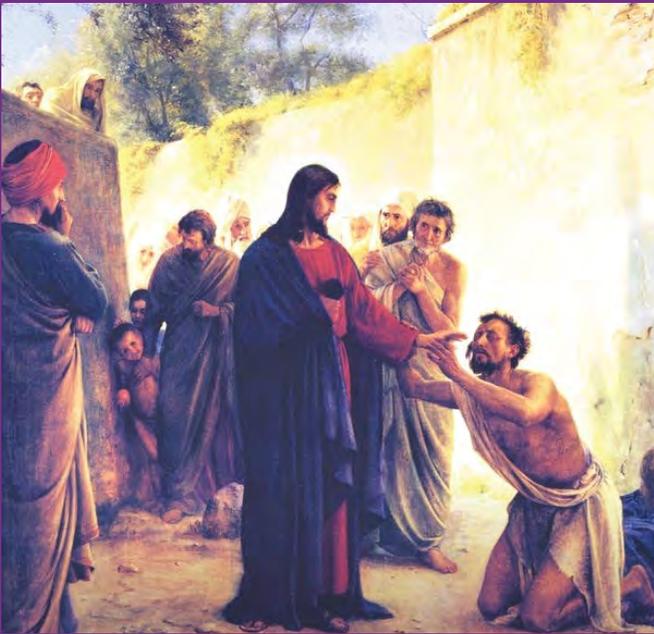
SAN CARLOS CATHEDRAL

Diocese of Monterey

March 15, 2026 - Third Sunday of Lent
Quarto Domingo de Cuaresma - 15 de Marzo del 2026

“JESUS ANSWERED, ‘NEITHER HE NOR HIS PARENTS SINNED; IT IS SO THAT THE WORKS OF GOD MIGHT BE MADE VISIBLE THROUGH HIM.’”

—JN 9:3



“JESÚS LES CONTEST: ‘NI ÉSTE PECÓ, NI SUS PADRES, SINO PARA QUE LAS OBRAS DE DIOS SE MANIFIESTEN EN ÉL.’”

—JN 9, 3

CATHEDRAL HOURS

MONDAY – FRIDAY

7:00 AM – 3:00 PM

SATURDAY & SUNDAY

7:00 AM—7:00 PM

MASS SCHEDULE

WEEKEND SCHEDULE

SATURDAYS

4:00 PM Vigil

SUNDAYS

7:30 AM

9:00 AM

10:30 AM (*)

12:00 PM *en Español* (**)

5:30 PM

WEEKDAY SCHEDULE

MONDAY – FRIDAY

7:45 AM & 12:15 PM

***Children’s Mass** on the Fourth Sunday of the Month

****Bilingual Mass** on the Second Sunday of the Month

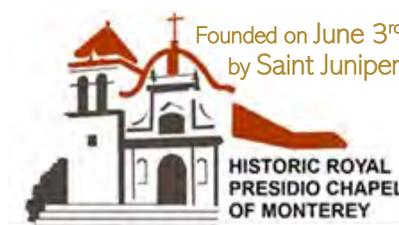
PARISH OFFICE

MONDAY – FRIDAY

9:00 AM – 2:00 PM

SATURDAY & SUNDAY

CLOSED



The Fourth Sunday of Lent (Year A) *by young-catholics.com*

The 4th Sunday of Lent Year A invites us to reflect on seeing with the eyes of faith. The readings show how God looks at the heart, brings light to darkness, and heals spiritual blindness.

- **Seeing as God Sees:** God chooses David because of his heart, not his appearance. This reminds us to value inner goodness and to look beyond outward appearances.
- **Light and Darkness:** Believers are called to live as children of light. This means rejecting sin and letting Christ's light guide our actions.
- **Spiritual Blindness and Sight:** Jesus heals the man born blind, revealing spiritual blindness in those who refuse to believe. This shows the importance of faith and openness to God's truth.
- **Faith and Conversion:** The blind man's journey from physical healing to faith in Jesus shows a deep conversion. This challenges us to grow in faith and recognize Jesus as the Son of God.
- **God's Choice and Calling:** God chooses David, the unlikely shepherd, to be king. This shows that God often chooses the humble and overlooked to fulfill His plans.
- **Courage to Witness:** The healed man boldly defends Jesus before the Pharisees. His courage inspires us to stand up for our faith, even when challenged.

The 4th Sunday of Lent challenges us to open our hearts to God's light and see with faith. It calls us to grow in trust, courage, and love for Christ.

EXPOSITION & ADORATION OF THE BLESSED SACRAMENT

Every Friday of LENT

8:30AM - 11:30AM & 7:00PM - 8:00PM

STATIONS OF THE CROSS

Every Friday of LENT

11:30PM - 12:15PM

&

7:00PM - 8:00PM

CONFESSIONS

Saturdays at 2:30PM

At the RECTORY

(By the Carport next to restrooms)

EVENING PRAYER

Mondays at 7:00PM

St. Patrick's Day, March 17



Saint Patrick pray for us!

Parish Staff

Most Rev. Ramón Bejarano,

Bishop of the Diocese of Monterey

Most Rev. Sylvester Ryan, Bishop Emeritus

Very Rev. Victor Ommar Solis, Rector/Pastor

pastor@sancarloscathedral.org

Rev. Louie Bellen, Parochial Vicar/Vocations Director

frlouie@sancarloscathedral.org

Rev. Patrick Dooling, In Residence

Sr. Sujatha D'Souza, Director of Faith Formation

srsujatha@sancarloscathedral.org / (Ext. 28)

Ruth Pineda, Baptisms/First Communion Coordinator

rpineda@sancarloscathedral.org / (Ext. 17)

Sr. Sharon McMillan, Mcmillan@sndden.org

Elaine Miller, Music Director, elainem33@aol.com

Sandra Logsdon, Music Coordinator,

music@sancarloscathedral.org

Kathleen Ryan, Christian Initiation—Adults

OCIA@sancarloscathedral.org

Teri Dawn, Wedding Coordinator

tdawn@sancarloscathedral.org

Alfredo Zepeda, Business Administrator

azepeda@sancarloscathedral.org / (Ext. 16)

Rosie Murray, Assistant to Pastor & Vocations Office

rmurray@sancarloscathedral.org

Roberta Little, Admin. Assistant

rlittle@sancarloscathedral.org / (Ext. 10)

Esperanza Cabrera, Admin. Assistant

ecabrera@sancarloscathedral.org / (Ext. 10)

Peter Watson-Graff, Maintenance

Raymundo Cruz, Maintenance

San Carlos School: Karen McKenzie, Principal

principal@sancarlosschool.org / 831 375-1324

Branches Resale Shoppe: Kristine Millar, Manager

resaleshoppe@sancarlosschool.org / 831-375-4780

San Carlos Cemetery: Staff

831-372-0327

Parish Office: (831) 373-2628 - Ext.10

Parish EMERGENCY Number: (831) 646-5517

Mass Intentions March 14th-22nd

Saturday, Mar 14

4:00 pm: +Rawls Frazier
+Alice Wabby
+Catherine Ferrante

Sunday, Mar 15 - IV LENT

7:30 am: +Ban Salvador & Vicenta Gonzales
+Giuseppa Maiorana

9:00 am: +Mateo & Ursula Ciolino
+Frank Martin
+Josephine Mercurio

10:30 am: +Francine (Fran) Aliotti
+Francesco & Francesca Aliotti
+Narciso Trinidad

12:00 pm: **For All SCC Parishioners**

5:30 pm: +Amparo Beltran
+Cosimo Bruno

Monday, Mar 16

7:45 am: +Goyeto Robert Joseph
Int. of Christopher Foudy
Int. of the Cabading Family

12:15 pm: +Gaitano Cusenza
+Steve Petracca
Int. of Rose Ribeiro

Tuesday, Mar 17

7:45 am: +Adolf Forster

12:15 pm: +Joe Anastasia
+Vincent Torrente
Int. of the Ho Family (Anniversary)

Wednesday, Mar 18

7:45 am: +Jarrett Hilton
+James Cunningham, Sr.

12:15 pm: +Michael Gibbons
+Jessica Consoli
Int. of Mike & Julie Horvat

Thursday, Mar 19

7:30 am: +Eduvejia Cajayon Guico

12:00 pm: **For All SCC Parishioners**

6:00 pm: +Joe Aliotti

Friday, Mar 20

7:45 am: +Monsignor D. Declan Murphy

12:15 pm: +Tony & Julie Hrepich
+Enrico & Mary Imbriani
+Tom Dorney

Saturday, Mar 21

4:00 pm: Dec. members of the Gallaro & Dubé Families
+Alice Wabby
Int. of Mary Ellen Ryan

Sunday, Mar 22 - V LENT

7:30 am: **For All SCC Parishioners**

9:00 am: +Elvira Fernanda Rosa
+Ateh Asongwe
+Josephine Mercurio

10:30 am: +Joseph, Vitina, & Rosetta Pironi
+Les & Eva Flores
+Joseph, Victoria & Vicki Real

12:00 pm: +Marlene Mary Torrente

+Maria Esther Gutierrez
5:30 pm: +Eleonora Sampognaro
+Salvator Rocha



THE FOURTH SUNDAY OF LENT (YEAR A): Jesus, The Living Water

by Sr. Sharon McMillan, SNDdeN

From the earliest centuries of the Christian community in the city of Rome, the Gospels from St. John of these three weeks of Lent were the perfect teaching for the catechumens preparing to be baptized, confirmed, and receive Holy Communion at the Easter Vigil. The catechumens reflected deeply on what they thirsted for (the Gospel of the woman at the well), where they experienced blindness and brokenness (today's Gospel of the man born blind), and how they heard the voice of Jesus calling them to "Come out!" from the death-dealing patterns in their lives (the raising of Lazarus). The Christian community also realized that these were questions not for catechumens only, but all the baptized faced these questions as they celebrated the sacrament of Penance during Lent and prepared to publically proclaim their baptismal vows at the Easter Vigil. We certainly find these questions can shake us too at our deepest levels: what are we truly, deeply thirsting for? what are our blindnesses? What binds and traps me in any kind of tomb that keeps me from living my full life in Christ? Catholics in every parish are confronted with these questions over these three weeks. And Jesus who is with us in Monterey or in Washington, D.C., in Seoul, Saigon, Guadalajara, or Abuja accompanies us as we pray to recognize him in this dialogue with the man born blind and with the man or woman born blind in each of us.

The Gospel John 9:1 – 41 By healing the man born blind, Jesus shows himself to be Son of God and truly the Light of the world. The miracle is dispatched rather quickly in the early verses of this chapter, and the rest of today's proclamation explores the effect this miracle has on the family, acquaintances, and the very person of the man born blind. Notice how much the man born blind grows in his faith throughout the Gospel. First, he calls names the Lord "the man called Jesus." Then he states Jesus "is a prophet." As the conversations continue, he speaks of Jesus as "devout" and doing God's will and being "from God." In his final conversation with Jesus, the man born blind says, "I do believe, Lord" and he worshipped him. One other reference is important here: Jesus inviting the man to "wash in the Pool of Siloam," a reference to the waters of Baptism which await the catechumens reflecting on this Gospel. In the healing waters that Jesus provides, there is rebirth to new life as well as a transforming encounter with Jesus who is truly the Light of the world. May this Jesus accompany us too as we prepare for the graces of the Three Great Days of the Easter Triduum by asking Jesus to cure us from all our blindnesses, known and unknown.

The First Reading 1 Samuel 16:1b, 6 – 7, 10 – 13a Today's Gospel provides many examples of people with physical sight who lack spiritual sight, so the choice of this as the First Reading to be in harmony with the Gospel is an obvious one. Those who were looking for a likely candidate to be king overlooked the best of them all. We hear how God chooses those whom he wills to draw to himself and consecrate.

The Second Reading Ephesians 5:8 – 14 In this reading, also chosen for its close connection with the Gospel, St. Paul tells the faithful that they were once darkness but are now light in the Lord. So they must live as children of this Light. By Baptism, Christians have become light; we have been awakened from the dead and enlightened by Christ, and so are called to shine that powerful, transforming Christ-light into every corner of our broken world which longs for the gift of the eternal light and love who is Jesus himself.

PRAY FOR ALL THOSE WHO ARE IN NEED OF HEALING ESPECIALLY FOR:

Eloise Sierra, Rosa Caruso, Harold Jackson, Madeline Gourel, Christa Erlat, Christina Mora, George Terrell, Laura Hastings, Lisa Guidone, Diane Davies, Linda Gnipp, Cathy Shelton, Kevin Ferguson, Maureen Ferguson, Lynn Hammond, Sharron & Peter Erickson, Kelemete Fanene, Amelia Battistella, Debra G. Bomactao, R.C., Charlotte Lombardi, Shirley Stagar, Meredith Tibbey, Natalie Hinojosa, Bill Martinez, Margaret Pittelkow, Terry Nance, Anna & Joe Smith, Katrina Lund Madison, John Wallingford, Reyna Castellanos, Ana Flores Hernandez, Carol Clayton, Marisa Martinez, Michael Leonard, Nick Venturino, Sophia Isabella Carlson, Ryan Braff, Roger Thorsnbury, Bill Martinez, Marlyn Padilla, Lenice Bleckbee, LuLuBelle Johnson, Jacob Jenkins, Marita Esteban, Ellen Barrett, Lieland Axel Hensley, Oscar Brown, Desmond Fischer, James Yoshida, Jeff Devens, Mary & Jackson, Mary Ann Cutino, Janice Rayman, GiGi Andrada, Angelina Diaz, Dolores Billa, Benny Benedictos, Edward Hanratty, Vicky Juarez, Estrellita Quindara, Arthel Cake, Maryellen Aisenberg, Kian Anabo, Gabriel Hernandez, Sandra Ontiveros, Angie & Rosario Favolora, Delgado Family, Danny Aliotti, Anna Fierro, Marlyn Padilla, Gary Giboney, Jeremiah Mekhael, Matthew Ferguson, Jim Kern, Jesus Villa, Dee Powell, Nguyen Family, Alan Dougherty, Chris Wallingford, Juanita Escovido, Lesley Anne Stephens, Mary Spry, Mia Gatagna, Diane Wallingford, Eduardo Perez, Ernie Damasco, Susan Barron, Alex Ponce, Dolores Howard, Amelia Davila, Tuney Panggat, Eugene Merkel, Alice Alado, Ryan Cahallan, Colleen Kahn, Matt Ferguson, Jayme Layman, Ninfa Mineo, Phil Maestas, Kaitlyn Williams, John Mulchaey, Paul Naewman Lee, Anthony Campo, Lia Nevoloso, Baldo Amato, Hailey Mann, Jenna Roscelli, Tony Davi, Susan Luke, Joanne Reyes, Kontrena McPherson, Doug Wachter, Gary Kuennen, Allegra Scarano, Sherry Tyler, Susan Dodds, Demetrio Santiago, Sebastian Saldana, Jasmin Reate, Martha Rodriguez, Maria Valtierra, Tom Ghigliotto, Loretta Manjor, Most Rev. Sylvester Ryan, Richard & Penny Cruickshank, Denis Marie Martin, Gary Kress, Nina Andrada, Sandra Logsdon, Philippos Savvas Christoforou, Irving Argüello, Sonia Sharp, Erik Elken, Judy Fisher, Louise Demateo, Anne Roberts, Randy Riddle, Romulo Uy, Julie Jordan, Leigh Franklin, Lynette Puccinelli, Sheila Bowman, Bonnie O'Brian, Jose Ordaz, Jerry Simonich, Arturo Bazaldua, Margie Pruitt, Eilene Troncatty, Gary Barlettani, Gill Berger, Ellen Ladd, Jason Buhl, Yanet Ramirez, Sandra Gilliam, Eduardo Osorio.

Please call the office to Add, Remove OR Update names in our prayer list. Thank you! 831-373-2628 x10

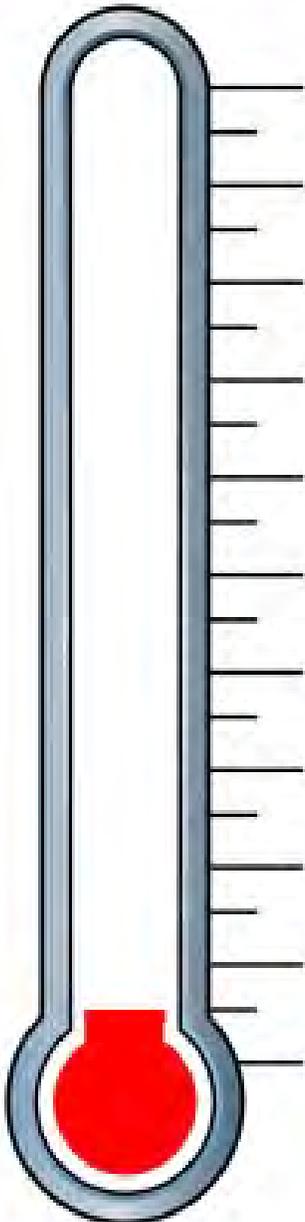
March 7 & 8:

Plate Collection: \$ 9,922.00
Online: \$ 2,825.00
Total: \$12,747.00



THANK YOU FOR YOUR GENEROUS SUPPORT!

2026
GOAL: \$157,100.00
SCC Parish Goal



\$37,100.00
Diocesan Goal

Dear Parishioners of San Carlos Cathedral,
Peace and blessings to you all.

As we kickstart our 2026 Annual Ministries Appeal (AMA), I reflect on the incredible spirit of stewardship that defines our community. Thanks to your extraordinary generosity last year, we did more than just meet our \$100,000 goal—we exceeded it! We received from the diocese a Return totaling \$59,615 (\$1,615 more than our own set goal.) With a heart full of gratitude, I thank you for those contributions. Your sacrifice allowed us to successfully complete our *new pews* project, a vital improvement that continues to make our sacred space a welcoming and beautiful place to worship for us today and for future generations. This project had a total cost of \$172,451.13

This year, I invite you to prayerfully consider your gift to the 2026 AMA. Our mission continues, and your support is essential for us to maintain our historic Cathedral through ongoing improvements and to cover the associated operating costs that allow our ministries to flourish. Some of our future projects we hope to develop include new fencing around our Hall parking lot, and extending our church Atrium towards the front our Cathedral Office.

The AMA is not merely a collection; it is a way for us to sustain the "Living Stones" of our parish. This is our only parish fundraiser. Whether you can give a little or a lot, please know that every gift, joined with others, makes a profound impact.

Thank you for your continued love for San Carlos Cathedral. May God bless you and your families abundantly.

Faithfully yours in Christ,

Very Rev. Victor Ommar Solis
Pastor/Rector, San Carlos Cathedral



March 2026



	SUNDAY	MONDAY	TUESDAY
MARCH 19TH SOLEMNITY OF SAINT JOSEPH	II LENT 1 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	2 7:45am—Mass 12:15pm—Mass 7:00pm— <i>Evening Prayer</i>	3 7:45am—Mass 12:15pm—Mass
	III LENT 8 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Bilingual) 5:30pm—Mass	9 7:45am—Mass 12:15pm—Mass 7:00pm—<i>Lenten Talks—Fr. Steven Bell</i>	10 7:45am—Mass 12:15pm—Mass 7:00pm—<i>Lenten Talks—Fr. Steven Bell</i>
	IV LENT 15 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	16 7:45am—Mass 12:15pm—Mass 7:00pm— <i>Evening Prayer</i>	17 7:45am—Mass 12:15pm—Mass
	V LENT 22 7:30am—Mass* 9:00am—Mass* 10:30am—Children's Mass* 12:00pm— <i>Misa</i> * (Español) 5:30pm—Mass* <small>* = Guest Priest from <i>Unbound</i></small>	23 7:45am—Mass 12:15pm— (NO MASS) 7:00pm— <i>Evening Prayer</i>	24 7:45am—Mass 12:15pm— (NO MASS)
19 MARZO SOLEMNIDAD DE SAN JOSÉ	PALM SUNDAY 29 7:30am—Mass 9:00am—Mass 10:30am—Children's Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	30 7:45am—Mass 12:15pm— (NO MASS) 7:00pm— <i>Evening Prayer</i>	31 7:45am—Mass 12:15pm— (NO MASS)

LENTEN RECONCILIATION SERVICE

TUESDAY, MARCH 17TH —7:00PM

SEVERAL PRIESTS WILL BE AVAILABLE TO HEAR CONFESSIONS.



Welcome Bishop Ramon Bejarano! ¡Bienvenido Obispo Ramón Bejarano!

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p style="text-align: right;">4</p>	<p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p style="text-align: right;">5</p>	<p>7:45am—Mass</p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p>ICF LENTEN DINNERS @ HALL</p> <p>7:00pm—Via Crucis (Divine Mercy)</p> <p style="text-align: right;">6</p>	<p>2:30pm—Confessions</p> <p>4:00pm—Mass</p> <p style="text-align: right;">7</p>
<p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p>7:00pm—Lenten Talks—Fr. Steven Bell</p> <p style="text-align: right;">11</p>	<p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p style="text-align: right;">12</p>	<p>7:45am—Mass</p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p>ICF LENTEN DINNERS @ HALL</p> <p>7:00pm—Via Crucis (Divine Mercy)</p> <p style="text-align: right;">13</p>	<p>11:00am—Mass to St. Joseph</p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass*</p> <p style="text-align: right;">14</p>
<p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p style="text-align: right;">18</p>	<p style="text-align: center;"><i>SAINT JOSEPH</i></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p>6:00pm—Misa (Bilingual)</p> <p style="text-align: right;">19</p>	<p>7:45am—Mass</p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p>ICF LENTEN DINNERS @ HALL</p> <p>7:00pm—Via Crucis (Divine Mercy)</p> <p style="text-align: right;">20</p>	<p>2:30pm—Confessions</p> <p>4:00pm—Mass*</p> <p style="text-align: right;">21</p>
<p style="text-align: center;"><i>THE ANNUNCIATION</i></p> <p>7:45am—Mass</p> <p>12:15pm—(NO MASS)</p> <p style="text-align: right;">25</p>	<p>7:45am—Mass</p> <p>12:15pm—(NO MASS)</p> <p style="text-align: right;">26</p>	<p>7:45am—Mass</p> <p>8:30am—Exposition</p> <p>11:30am—Stations of the Cross</p> <p>12:15pm—Mass</p> <p>ICF LENTEN DINNERS @ HALL</p> <p>7:00pm—Via Crucis (Divine Mercy)</p> <p style="text-align: right;">27</p>	<p>2:30pm—Confessions</p> <p>4:00pm—Mass</p> <p style="text-align: right;">28</p>

ECO-STATIONS OF THE CROSS

Eco Stations of the Cross will be celebrated on
Friday March 27th
Meet at 4PM in front of the cathedral.

Join members of Care for Creation as we walk around
Lake El Estero Park for approximately 1/2 mile,
grateful for the gifts of God's creation, in song and prayer.
In case of rain, we will have the stations
inside the church.





Sunday, MAR. 15th
REGULAR CLASS

Domingo, 15 MAR.
CLASE REGULAR

March 21st: First Communion Retreat 1:00-4:00 pm

NEXT
Sunday, MAR. 22nd
REGULAR CLASS

PROXIMAMENTE
Domingo, 22 MAR.
CLASE REGULAR

GOT LENT?

Give your time and talent to



*SAN CARLOS CATHEDRAL'S
HOLY WEEK & EASTER CHOIR!*

Holy Thursday, April 2, 6 PM

Easter Vigil, April 4, 8 PM

Easter Sunday, April 5, 9 AM (English Only)

Easter Sunday, April 5, Noon (*Spanish***)

Rehearsals Thursday Evenings starting Feb. 26th

TO SIGN UP, CONTACT:

Elaine Miller 831-238-2075

(sorry, no texting)

or elainem33@aol.com

**** for Noon Easter Mass, contact Citlalli**

Hernandez,

831-392-7336 or

hernandez.citlalli05@gmail.com

Recently, San Carlos Cathedral has laid to rest several long term parishioners. Please remember in your prayers:

Rocco Brown

Annie Ferrante

Josephine Mercurio

Frances Verwold

Anna Marie Stanton

Gail Anea

Joe Aliotti

Teresa Del Piero

We pray for their families and friends who grieve their loss and for the repose of their souls. May God reward them for their goodness and for all the ways in which they cared for their parish community.

Do you love to sing? Join the

SAN CARLOS CATHEDRAL CHILDREN'S CHOIR

for Grades 2-8

Why Join?
Learn joyful music in English, Latin, and Spanish. Lead our parish in worship. Make friends, grow in confidence, and celebrate faith through song.

Rehearsals
Wednesdays, 2:15-3:30 PM
Parish Office

Upcoming Event(s)
Palm Sunday - March 29th - 10:30am - Mass in the Church
Easter Sunday - April 5th - 10:30am - Mass in the Hall

How Parents Can Help

- Volunteer as a rehearsal chaperone (Diocese requires at least one parent helper per rehearsal).
- Provide snacks on a rotating schedule.
- Help your child attend all rehearsals and performances.
- Let the director know if your child will miss a practice.
- Share your musical gifts - parents are welcome to join with an instrument!

To registrar and/or for more info., contact:
Sandra Logsdon
music@sancarloscathedral.org
(831) 373-2628 | Text "SCC Choir" to: (831) 247-4737



SCAN THE QR CODE & FOLLOW US ON



Pickup our weekly *MagnifiKid!* issue at the SCC Kiosk every Sunday!

iRecoje tu edición Semanal de MagnifiKid! en el Kiosco de SCC cada Domingo!



San Carlos Children's Liturgy of the Word

"Let the children come to Me!" (Mt 19:14)
Bring your child to Christ!



Children are invited to come forward and participate in the reading and sharing of Sacred Scripture, every Sunday during the 10:30 a.m. Mass.

DID YOU KNOW THAT..?

The 4th Sunday of Lent reminds us to open our eyes to God's light. Just as Jesus gave sight to the blind man, Lent invites us to see our sins clearly and seek forgiveness. Going to reconciliation is an important way to receive God's mercy and start anew!

SABIAS QUÉ..?

El cuarto domingo de Cuaresma nos recuerda abrir los ojos a la luz de Dios. Así como Jesús dio vista al ciego, la Cuaresma nos invita a ver nuestros pecados claramente y buscar el perdón. ¡Ir a la reconciliación es una manera importante de recibir la misericordia de Dios y empezar de nuevo!

4TH SUNDAY OF LENT



The Little Ones

Jim Burrows

MI LUZ DE NOCHE ES SOLAR, LA LUZ DE MI HABITACIÓN ES LED Y YO SOY LUZ EN EL SEÑOR

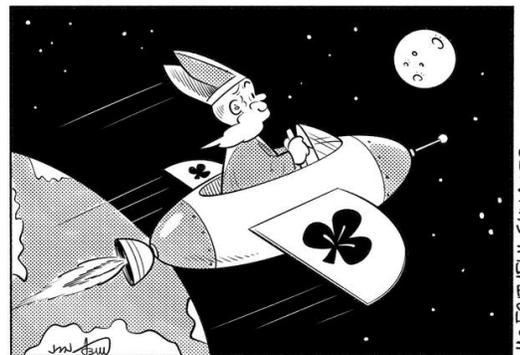
MY NIGHT LIGHT IS SOLAR, MY ROOM LIGHT IS LED, AND I AM LIGHT IN THE LORD



Brothers and sisters: You were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. Eph 5:8-9

Church Chuckles

"What does St. Patrick use to fly to the moon?"



"A sham-rocket!"



According to tradition, St. Patrick used a three-leaved shamrock to illustrate the Holy Trinity to the people of Ireland.

Visiting Priest at San Carlos Cathedral

This weekend, we will welcome Rev. Charles Hammond who will be with us to celebrate Masses and tell us about the work of Unbound, a lay Catholic sponsorship ministry that helps children and elderly in 16 developing countries.

To learn more, call (800) 875-6564 or visit Unbound online at www.unbound.org.



UNBOUND®

Sacerdote Visita la Catedral San Carlos

Éste fin de semana, daremos bienvenida al Rev. Charles Hammond quien celebrará la Santa Misa y nos hablará acerca de Unbound, ministerio laico Católico que asiste a niños y ancianos en 16 países en desarrollo.

Para más información, llame al (800) 875-6564 o visite en línea a www.unbound.org.



**SPRING CLEANING
TIME IS AROUND THE CORNER!**

WE NEED YOUR DONATIONS!

Please remember Branches Resale Shop for any items you no longer need.

**Donations accepted:
Tuesday-Saturday; 10-4 pm OR
call us at 831-375-4780**

Located 1 block down from San Carlos Cathedral

***THANK FOR HELPING US SUPPORT
SAN CARLOS SCHOOL!***



HELP SAVE LIVES IN SEASIDE!

You can protect mothers and children by joining this worldwide mobilization! Through prayer, fasting and peaceful vigils, 40 Days Life has inspired 1,000,000+ volunteers Here's how to take part:

Vigil location & hours:

Public sidewalk at 625 Hilby Ave., Seaside
7 am to 7 pm daily

Local contact:

David Brownfield (831) 521-6102.
help@montereypeninsula.life

Learn more & get involved; visit our campaign

40daysforlife.com/seaside

2026 LENTEN FAST & ABSTINENCE

ASH WEDNESDAY and **GOOD FRIDAY** are obligatory days of FASTING and ABSTINENCE for Catholics. In addition, **FRIDAYS DURING LENT** are obligatory days of ABSTINENCE.

For members of the Latin Catholic Church, the norms on **FASTING** are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

The norms concerning **ABSTINENCE** from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

AYUNO Y ABSTINENCIA CUARESMA 2026

El **MIÉRCOLES DE CENIZA** y el **VIERNES SANTO** son días obligatorios de AYUNO y ABSTINENCIA para los católicos. Además, los **VIERNES DE CUARESMA** son días obligatorios de ABSTINENCIA.

Para los miembros de la Iglesia de rito latino, las normas de **AYUNO** son obligatorias desde la edad de 18 años hasta los 59. Cuando se ayuna, es permitido comer una comida completa, así como dos comidas más pequeñas que juntas no equivalgan a una comida completa.

Las normas sobre la **ABSTINENCIA** de carne aplican a los miembros de la iglesia católica de rito latino desde los 14 años en adelante.

Si es posible, el ayuno del Viernes Santo se continúa hasta la Vigilia Pascual (la noche del Sábado Santo) como el "ayuno pascual" para honrar el sufrimiento y la muerte del Señor Jesús y prepararnos para compartir más plenamente y celebrar más apropiadamente su Resurrección.

ADORATION OF THE BLESSED SACRAMENT

inside the Cathedral
Fridays during LENT
 from **8:30AM -11:30AM**
 followed by . . .



STATIONS OF THE CROSS



Led by the **Knights of Columbus**

inside the Cathedral
Fridays at 11:30AM
 followed by Mass at 12:15PM

2026 I.C.F. 43RD LENTEN DINNERS

FRIDAYS: Feb. 20th - Mar. 27th
 San Carlos Cathedral Hall
 500 Church Street in Monterey

HOURS: Doors Open at 4:30 PM
 Takeouts: 5:00 p.m.-7:00 p.m.
 Dining: 5:30 p.m.—7:00 p.m.

For more info, contact Elaine Valentine at
 831-521-8026 / INFO.ICF36@gmail.com

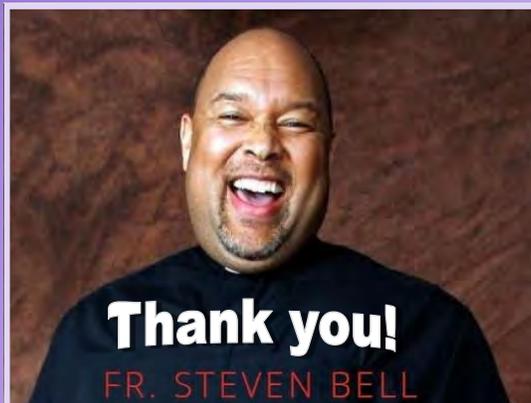
www.MontereyICF.org



ITALIAN CATHOLIC FEDERATION
 Santa Rosalia Branch 36/Monterey

EVENING PRAYER

Every Monday
 7:00 – 7:30pm
 in the Cathedral



Thank you!

FR. STEVEN BELL

We hope you enjoyed the **Lenten Talks** by Fr. Steven Bell this past week!

Thank you to all who attended, participated, and showed support for Fr. Steven and for one another.

It is our hope to continue to provide opportunities for enrichment and prayer during the special seasons of the Church year.

A very special **THANK YOU** to Fr. Steven for being here and for sharing his time and his gifts with us! He is an engaging presenter who incorporates humor and personal testimony to his parish missions and retreats. Have a safe journey, Fr. Steven. God bless you!

LENTEN RECONCILIATION SERVICE

AT
SAN CARLOS CATHEDRAL

TUESDAY, MARCH 17TH — 7:00PM

SEVERAL PRIESTS WILL BE AVAILABLE TO HEAR CONFESSIONS.

FRIDAYS OF ADORATION

Spend a **HOLY HOUR** before the Blessed Sacrament with the bilingual prayer of the **DIVINE MERCY "Via Crucis"** **Fridays of Lent at 7:00 p.m.**, with **EXPOSITION** and **BENEDICTION**.

Pasa una **HORA SANTA** ante el Santísimo con la oración bilingüe de la **Via Crucis** a la **DIVINA MISERICORDIA** **viernes de Cuaresma a las 7:00 p.m.**, con **EXPOSICIÓN** y **BENDICIÓN**.