



# SAN CARLOS CATHEDRAL

Diocese of Monterey

February 22, 2026 - First Sunday of Lent

*Primer Domingo de Cuaresma - 22 de Febrero del 2026*

THEN THE DEVIL TOOK JESUS UP TO A VERY HIGH MOUNTAIN, AND SHOWED HIM ALL THE KINGDOMS OF HE WORLD IN THEIR MAGNIFICENCE, AND HE SAID TO HIM, "ALL THESE I SHALL GIVE TO YOU, IF YOU WILL PROSTRATE YOURSELF AND WORSHIP ME." —MT 4:8-9



LUEGO LO LLEVÓ EL DIABLO A UNA MONTE MUY ALTA Y DESDE AHÍ LE HIZO VER LA GRANDEZA DE TODOS LOS REINOS DEL MUNDO Y LE DIJO: "TE DARE TODO ESTO, SI TE POSTRAS Y ME ADORAS". —MT 4,8-9

## CATHEDRAL HOURS

**MONDAY – FRIDAY**

7:00 AM – 3:00 PM

**SATURDAY & SUNDAY**

7:00 AM—7:00 PM

## MASS SCHEDULE

### WEEKEND SCHEDULE

**SATURDAYS**

4:00 PM Vigil

**SUNDAYS**

7:30 AM

9:00 AM

10:30 AM (\*)

12:00 PM *en Español* (\*\*)

5:30 PM

### WEEKDAY SCHEDULE

**MONDAY – FRIDAY**

7:45 AM & 12:15 PM

\***Children’s Mass** on the Fourth Sunday of the Month

\*\***Bilingual Mass** on the Second Sunday of the Month

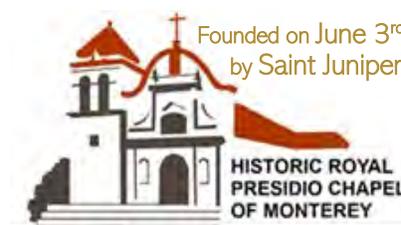
## PARISH OFFICE

**MONDAY – FRIDAY**

9:00 AM – 2:00 PM

**SATURDAY & SUNDAY**

CLOSED



Founded on June 3<sup>rd</sup>, 1770  
by Saint Junipero Serra

HISTORIC ROYAL  
PRESIDIO CHAPEL  
OF MONTEREY



## The First Sunday of Lent (Year A) *by young-catholics.com*

The 1st Sunday of Lent Year A invites reflection on human weakness and God's saving grace. It shows the struggle with temptation and the hope of new life through Jesus.

- **Temptation and Choice:** Temptation is a test of loyalty to God. In Eden, Adam and Eve failed, but Jesus stood firm in the desert.
- **Obedience vs. Disobedience:** Adam's disobedience brought sin, while Jesus' obedience brings life. This contrast shows the impact of our choices.
- **Sin and Its Consequences:** Sin brings shame and separation from God, as seen with Adam and Eve. But through Jesus, there is hope for reconciliation.
- **Grace and Redemption:** Through Jesus' sacrifice, grace overcomes sin. This offers a path to righteousness for all who believe.
- **Scripture as Strength:** Jesus used Scripture to resist temptation. This shows the power of God's Word in facing challenges.
- **Victory Over Evil:** Jesus defeated the devil's temptations. This victory gives confidence that evil can be overcome.

The 1st Sunday of Lent Year A highlights the human struggle with sin and the hope found in Jesus. It encourages trust in God's mercy and strength to resist temptation.

### EXPOSITION & ADORATION OF THE BLESSED SACRAMENT

Every Friday of LENT

8:30AM - 11:30AM & 7:00PM - 8:00PM

### STATIONS OF THE CROSS

Every Friday of LENT

11:30PM - 12:15PM

&

7:00PM - 8:00PM

### CONFESSIONS

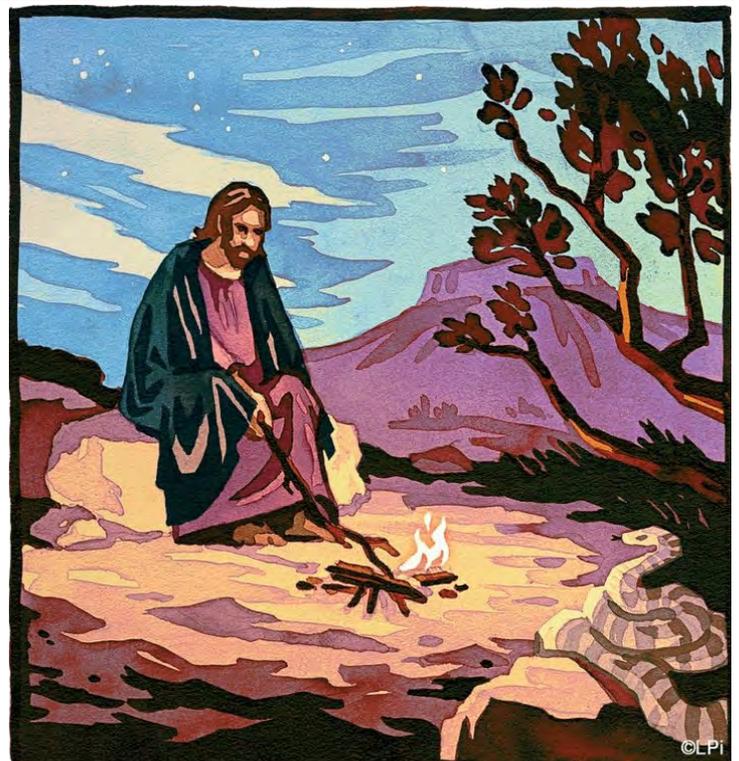
Saturdays at 2:30PM

At the RECTORY

(By the Carport next to restrooms)

### EVENING PRAYER

Mondays at 7:00PM



## Parish Staff

**Most Rev. Ramón Bejarano**, Bishop  
Bishop of the Diocese of Monterey

**Most Rev. Sylvester Ryan**, Bishop Emeritus

**Very Rev. Victor Ommar Solis**, Rector/Pastor  
pastor@sancarloscathedral.org

**Rev. Louie Bellen**, Parochial Vicar/Vocations Director  
frlouie@sancarloscathedral.org

**Rev. Patrick Dooling**, In Residence

**Sr. Sujatha D'Souza**, Director of Faith Formation  
rsujatha@sancarloscathedral.org / (Ext. 28)

**Ruth Pineda**, Baptisms/First Communion Coordinator  
rpineda@sancarloscathedral.org / (Ext. 17)

**Sr. Sharon McMillan**, Mcmillan@sndden.org

**Elaine Miller**, Music Director, elainem33@aol.com

**Sandra Logsdon**, Music Coordinator,  
music@sancarloscathedral.org

**Kathleen Ryan**, Christian Initiation—Adults  
OCIA@sancarloscathedral.org

**Teri Dawn**, Wedding Coordinator  
tdawn@sancarloscathedral.org

**Alfredo Zepeda**, Business Administrator  
azepeda@sancarloscathedral.org / (Ext. 16)

**Rosie Murray**, Assistant to Pastor & Vocations Office  
rmurray@sancarloscathedral.org

**Roberta Little**, Admin. Assistant  
rlittle@sancarloscathedral.org / (Ext. 10)

**Esperanza Cabrera**, Admin. Assistant  
ecabrera@sancarloscathedral.org / (Ext. 10)

**Peter Watson-Graff**, Maintenance

**Raymundo Cruz**, Maintenance

**San Carlos School: Karen McKenzie**, Principal  
principal@sancarlosschool.org / 831 375-1324

**Branches Resale Shoppe: Kristine Millar**, Manager  
resaleshoppe@sancarlosschool.org / 831-375-4780

**San Carlos Cemetery: Staff**  
831-372-0327

**Parish Office: (831) 373-2628 - Ext.10**

**Parish EMERGENCY Number: (831) 646-5517**

## Mass Intentions Feb 21<sup>st</sup>–March 1<sup>st</sup>

### Saturday, Feb 21 -

**4:00 pm:** +Alice Wabby  
+Anthony, Angela & Joey Gallaro  
Int. of Mary & Henry Benech

### Sunday, Feb 22 - I LENT

**7:30 am:** +Candelaria Muñoz Martinez  
Int. of Norma Leticia Sosa Vega  
**9:00 am:** +Mateo & Ursula Ciolino  
+Josephine Mercurio  
+Adriana Fiori  
**10:30 am:** +Joseph, Vitina & Rosetta Pironi  
+Joanna Sercia  
Int. of Al & Mary Louise Chambers  
**12:00 pm:** +Joseph Peter Rossi  
**5:30 pm:** *For All SCC Parishioners*

### Monday, Feb 23

**7:45 am:** +Mary Beth & Angelina DeJohn  
**12:15 pm:** +Angelo Tringali & Family  
+Steve Petracca  
+Elsie Harris

### Tuesday, Feb 24

**7:45 am:** +Vincent Torrente  
Int. of Heike & Tim Venturino  
**12:15 pm:** +James Lukko  
Int. of Robert & Suki Harris  
Int. of Brenda Sarvesh Family

### Wednesday, Feb 25

**7:45 am:** Int. of Olga Gomez  
**12:15 pm:** +Giuseppe, Christina & Leonarda Aliotti  
+Kleber & Flor Ulloa  
Int. of Baby Moksha

### Thursday, Feb 26

**7:45 am:** +Renee & Ratz Sobania  
**12:15 pm:** +Enrico & Mary Imbriani  
+Raul D. Esguerra  
Int. of Gordon & Jennifer Burke

### Friday, Feb 27

**7:45 am:** +Michael Doane  
+Margaret Richie  
**12:15 pm:** +Ivan & Carmela Picinich  
+Ann Ferrante  
+Grisela Welter

### Saturday, Feb 28

**4:00 pm:** +Carolyn Carlsen  
Int. of Mary & Henry Benech  
Int. of Michael & Jenna Rubio

### Sunday, Mar 1 - II LENT

**7:30 am:** +Nicholas Silveira  
Deceased members of the Acquaviva Family  
**9:00 am:** *For All SCC Parishioners*  
**10:30 am:** +Ann Knight  
+Peter & Ursula Arancio  
+Diego & Francesca Arancio  
**12:00 pm:** +Joseph Peter Rossi  
**5:30 pm:** +Elvira Fernanda Rosa



## THE FIRST SUNDAY OF LENT (YEAR A)

### CREATE IN ME A CLEAN HEART

by Sr. Sharon McMillan, SNDdeN

#### The Gospel Matthew 4:1 - 11

The Holy Season of Lent 2026 finds the disciples of Jesus overwhelmed with so many prayer intentions: the war in Ukraine already four years old; millions of families displaced by natural disasters, civil wars, and regional violence; Gaza continues to wait for an end to bombing, for enough food, water, and medicine; gun violence in schools and neighborhoods never seems to end; and then there are our own personal intentions for family members, friends, co-workers, neighbors. We have come forward to receive the ashes of sorrow for all we have done and all we have failed to do. And now we follow Jesus into the desert of his own temptations as we carry our cross and walk through our own deserts. We promise to follow him through fasting, through prayer, and through almsgiving during these 40 days, holding his hand no matter what. In the Garden of Eden, Adam and Eve dropped God's hand and sought their strength in something that, instead, led them to sin and death. But thanks be to God, Jesus has overturned both sin and death for all of us; he has made of us a new creation. He asks us to rely on God's word for our bread, and to serve God alone, no matter how imperfectly. Throughout this Lenten Journey of 2026, we are not alone but are surrounded by the community of the Body of Christ both on earth and in the person of all the angels and saints who guard and protect us. May the Great Three Days of the Easter Triduum find us even closer to Christ in mind and heart and action.

#### The First Reading Genesis 2:7 – 9; 3:1 - 7

Today's First Reading is very ancient and very familiar. Adam and Eve listened to and believed a voice other than God's speaking to them in the Garden. This temptation was a choice that changed their lives with drastic consequences for them and for all humanity. In today's Gospel, we hear of the temptation that Jesus faced that had a very different outcome.

#### The Second Reading Romans 5:12 – 19

In today's Second Reading, St. Paul interprets the temptations described in the First Reading and in the Gospel. He describes the deadly consequences of Adam's sin but also the blessings of the gift of Jesus' life and obedience, even to the point of Jesus' own death.

### PRAY FOR ALL THOSE WHO ARE IN NEED OF HEALING ESPECIALLY FOR:

Eloise Sierra, Rosa Caruso, Harold Jackson, Madeline Gourel, Christa Erlat, Christina Mora, George Terrell, Laura Hastings, Lisa Guidone, Diane Davies, Linda Gripp, Cathy Shelton, Kevin Ferguson, Maureen Ferguson, Lynn Hammond, Sharron & Peter Erickson, Kelemete Fanene, Amelia Battistella, Debra G. Bomactao, R.C., Charlotte Lombardi, Shirley Stagar, Meredith Tibbey, Natalie Hinojosa, Bill Martinez, Margaret Pittelkow, Terry Nance, Anna & Joe Smith, Katrina Lund Madison, John Wallingford, Reyna Castellanos, Ana Flores Hernandez, Carol Clayton, Marisa Martinez, Michael Leonard, Nick Venturino, Sophia Isabella Carlson, Ryan Braff, Roger Thorsnbury, Bill Martinez, Marlyn Padilla, Lenice Bleckbee, LuLuBelle Johnson, Jacob Jenkins, Marita Esteban, Ellen Barrett, Lieland Axel Hensley, Oscar Brown, Desmond Fischer, James Yoshida, Jeff Devens, Mary & Jackson, Mary Ann Cutino, Janice Rayman, GiGi Andrada, Angelina Diaz, Dolores Billa, Benny Benedictos, Edward Hanratty, Vicky Juarez, Estrellita Quindara, Arthel Cake, Maryellen Aisenberg, Kian Anabo, Gabriel Hernandez, Sandra Ontiveros, Angie & Rosario Favalora, Delgado Family, Danny Aliotti, Anna Fierro, Marlyn Padilla, Gary Giboney, Jeremiah Mekhael, Matthew Ferguson, Jim Kern, Jesus Villa, Dee Powell, Nguyen Family, Alan Dougherty, Chris Wallingford, Juanita Escovido, Lesley Anne Stephens, Mary Spry, Mia Gatagna, Diane Wallingford, Eduardo Perez, Ernie Damasco, Susan Barron, Alex Ponce, Dolores Howard, Amelia Davila, Tuney Panggat, Eugene Merkel, Alice Alado, Ryan Cahallan, Colleen Kahn, Matt Ferguson, Jayme Layman, Ninfa Mineo, Phil Maestas, Kaitlyn Williams, John Mulchaey, Paul Naewman Lee, Anthony Campo, Lia Nevoloso, Baldo Amato, Hailey Mann, Jenna Roscelli, Tony Davi, Susan Luke, Joanne Reyes, Kontrena McPherson, Doug Wachter, Gary Kuennen, Allegra Scarano, Sherry Tyler, Susan Dodds, Demetrio Santiago, Sebastian Saldana, Jasmin Reate, Martha Rodriguez, Maria Valtierra, Tom Ghigliotto, Loretta Manjor, Most Rev. Sylvester Ryan, Richard & Penny Cruickshank, Denis Marie Martin, Gary Kress, Nina Andrada, Sandra Logsdon, Philippos Savvas Christoforou, Irving Argüello, Sonia Sharp, Erik Elken, Nora Dial, Judy Fisher, Louise Demateo, Anne Roberts, Randy Riddle, Romulo Uy, Julie Jordan, Leigh Franklin, Lynette Puccinelli, Sheila Bowman, Bonnie O'Brian, Jose Ordaz, Jerry Simonich, Arturo Bazaldua, Margie Pruitt, Eilene Troncatty, Gary Barlettani, Gill Berger, Ellen Ladd, Teresa Del Tiero, Jason Buhl.

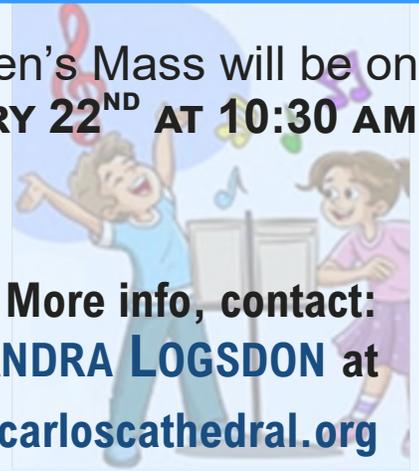
**Please call the office to Add, Remove OR Update names in our prayer list. Thank you! 831-373-2628 x10**



The next Children's Mass will be on  
**SUNDAY, FEBRUARY 22<sup>ND</sup> AT 10:30 AM**

Please encourage your child(ren) join our  
*San Carlos Cathedral Children's Choir!*  
We will meet in the parish office  
regularly on Wednesdays at 2:15 p.m.

More info, contact:  
**SANDRA LOGSDON** at  
[music@sancarloscathedral.org](mailto:music@sancarloscathedral.org)



## **GOT LENT?**

Give your time and talent to  
***SAN CARLOS CATHEDRAL'S  
HOLY WEEK & EASTER CHOIR!***

Help inspire these *bilingual liturgies* with Bishop Ramon:

**Holy Thursday, April 2, 6 PM**

**Easter Vigil, April 4, 8 PM**

**Easter Sunday, April 5, 9 AM (English Only)**

**Easter Sunday, April 5, Noon (*Spanish\*\**)**

Rehearsals on Thursday evenings starting February 26th

**TO SIGN UP, CONTACT:**

**Elaine Miller 831-238-2075 or [elainem33@aol.com](mailto:elainem33@aol.com)**

**(sorry, no texting)**

**\*\* for Noon Easter Mass, contact Citlalli Hernandez,  
831-392-7336 or [hernandez.citlalli05@gmail.com](mailto:hernandez.citlalli05@gmail.com)**



# February 2026



	SUNDAY	MONDAY	TUESDAY
<b>FEBRUARY 2<sup>ND</sup></b> <b>FEAST</b> <b>OF THE</b> <b>PRESENTATION</b> <b>OF THE</b> <b>LORD</b>	<b>IV ORDINARY TIME</b> <b>1</b> 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	<b>2</b> <i>Presentation of the Lord</i> 7:45am—Mass  12:15pm—Mass  7:00pm— <i>Evening Prayer</i>	<b>3</b> <i>Saint Blaise (Blessing of Throats)</i> 7:45am—Mass  12:15pm—Mass
	<b>V ORDINARY TIME</b> <b>8</b> 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Bilingual) 5:30pm—Mass	<b>9</b> 7:45am—Mass  12:15pm—Mass  7:00pm— <i>Evening Prayer</i>	<b>10</b> <i>Saint Scholastica</i> 7:45am—Mass  12:15pm—Mass
	<b>VI ORDINARY TIME</b> <b>15</b> 7:30am—Mass* 9:00am—Mass* 10:30am—Mass* 12:00pm— <i>Misa</i> * (Español) 5:30pm—Mass* * = Burning of Palms	<b>16</b> [PRESIDENTS' DAY (USA)] <b>OFFICE CLOSED</b> 7:45am—Mass  12:15pm— <b>(NO MASS)</b>  7:00pm— <i>Evening Prayer</i>	<b>17</b> 7:45am—Mass  12:15pm— <b>(NO MASS)</b>
	<b>I LENT</b> <b>22</b> 7:30am—Mass 9:00am—Mass 10:30am—Children's Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	<b>23</b> 7:45am—Mass  12:15pm—Mass  7:00pm— <i>Evening Prayer</i>	<b>24</b> 7:45am—Mass  12:15pm—Mass
<b>2 FEBRERO</b> <b>FIESTA</b> <b>DE LA</b> <b>PRESENTACIÓN</b> <b>DEL SEÑOR</b> <b>(CANDELARIA)</b>			

**42<sup>nd</sup> ANNUAL SAINT JOSEPH CELEBRATION**

Come and join in the joy and celebrate St. Joseph's Day! The St. Joseph Society donates to Loaves & Fishes, St. Vincent de Paul, Salvation Army & San Carlos Cathedral.

**Saturday, March 14<sup>h</sup>, 2026**  
 Mass at 11:00 a.m. at San Carlos Cathedral  
 Light luncheon served afterwards at the Hall

For more information, please contact:  
**Mary at 831-375-2009**  
 or **Bea at 831-649-3216**

Come and Join our  
 San Carlos Cathedral  
**YOUTH GROUP**




**Next Meeting March 4th**

For Youth Ages 12-17  
**WEDNESDAYS**  
 (1<sup>st</sup> & 3<sup>rd</sup> of the Month)

**MEETINGS HELD:**  
 in the UPPER ROOM in  
 the  
 Cathedral Office



# Welcome Bishop Ramon Bejarano!

## ¡Bienvenido Obispo Ramón Bejarano!

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>4</b> 7:45am—Mass  12:15pm—Mass	Saint Agatha <b>5</b> 7:45am—Mass  12:15pm—Mass	Saint Paul & Martyrs <b>6</b> 7:45am—Mass 8:30am—Exposition 12:15pm—Mass  7:00pm—Adoration “Divine Mercy”	<b>7</b>   2:30pm—Confessions 4:00pm—Mass
Our Lady of Lourdes <b>11</b> 7:45am—Mass  12:15pm—Mass	<b>12</b> 7:45am—Mass  12:15pm—Mass	<b>13</b> 7:45am—Mass  12:15pm—Mass  7:00pm—Adoration “Divine Mercy”	St. Cyril & St. Methodius <b>14</b>   2:30pm—Confessions 4:00pm—Mass*
<b>ASH WEDNESDAY</b> (Lent Begins) <b>18</b> 7:30am—Mass  12:00pm—Mass 5:30pm—Mass 7:00pm—Misa (Español)	<b>19</b> 7:45am—Mass  12:15pm—(NO MASS)	<b>20</b> 7:45am—Mass 8:30am—Exposition 11:30am—Stations of the Cross 1:00pm—Mass with Bishop <b>ICF LENTEN DINNERS @ HALL</b> 7:00pm—Via Crucis (Divine Mercy)	<b>21</b>   2:30pm—Confessions 4:00pm—Mass
<b>25</b> 7:45am—Mass  12:15pm—Mass	<b>26</b> 7:45am—Mass  12:15pm—Mass	<b>27</b> 7:45am—Mass 8:30am—Exposition 11:30am—Stations of the Cross 12:15pm—Mass <b>ICF LENTEN DINNERS @ HALL</b> 7:00pm—Via Crucis (Divine Mercy)	<b>28</b>   2:30pm—Confessions 4:00pm—Mass

The loaves & fishes food pantry is in need of the following items from either Costco or Dollar Tree... or anywhere you may shop! As we continue our Lenten promises to give alms, please consider donating to the food pantry.

### COSTCO

- SPAM
- Canned Chicken
- Canned stock or broth in box or cans
- Chewy protein bars from Costco
- Ritz crackers
- Saltine Crackers
- Packets: dry Spaghetti spice mix.
- Ziplock bags: portion, snack, quart, sandwich

### DOLLAR TREE

- 1 case of mayonnaise
- 1 case mustard
- 1 case strawberry or grape jelly
- 1 case oil
- Can openers
- Ziplock bags: portion, snack, sandwich, quart



With your help we can keep our pantry shelves stocked with items that assist our brothers and sisters most in need. God bless you!



**Sunday, FEB. 22<sup>nd</sup>**  
REGULAR CLASSES

**Domingo, 22 de FEB.**  
CLASE NORMAL

NEXT  
**Sunday, MAR. 1<sup>st</sup>**  
REGULAR CLASSES

PROXIMAMENTE  
**Domingo, 1 de MAR.**  
CLASE NORMAL

The Diocese of Monterey Invites You



KIMBERLY  
KRAMAR



FR. LOUIE  
BELLEN



ELIAS  
LOPEZ



NANCY  
MELENDEZ

## LENTEN RETREAT

**YOUNG ADULTS - AGES 18 TO 35**  
SATURDAY MARCH 14<sup>TH</sup> 2026  
9:00 AM TO 5:00 PM

### LOCATION:

Madonna Del Sasso Parish Hall  
320 E Laurel Dr, Salinas, CA 93906

### TOPIC:

Lenten Spirituality

### REGISTER HERE:



**Register by February 28th!**  
Fee: \$20 (Lunch will be provided)

## YOUNG ADULTS FRATERNITY NIGHT

(Meeting, Music, Snacks, Reflections,  
Games, Community, & Sprouts!)

### Monterey Bay



**SAN CARLOS CATHEDRAL FEBRUARY 11**

500 Church St. Monterey, CA 93940

7:00 PM

**FEBRUARY 25**

**MARCH 11**

AGES: 18-35

**MARCH 25**



JOIN OUR WHATSAPP GROUP!



## Order of Christian Initiation of Adults: News!

If you are feeling called to explore the Catholic Church, classes are beginning soon. In the sessions, all questions about Catholicism and living life in Christ will be explored. Unbaptized persons, baptized Catholics who have not yet received the Sacraments of Confirmation and Holy Communion, and baptized Protestants interested in Catholicism are all welcome.

For further information, please call 831-373-2628, Ext. 10, and leave a message for Kathleen Ryan who will return your call. Thank you!



SCAN THE QR CODE & FOLLOW US ON



Pickup our weekly *MagnifiKid!* issue at the SCC Kiosk every Sunday!

**iRecoje tu edición Semanal de MagnifiKid! en el Kiosco de SCC cada Domingo!**



### San Carlos Children's Liturgy of the Word

*"Let the children come to Me!"* (Mt 19:14)  
Bring your child to Christ!



Children are invited to come forward and participate in the reading and sharing of Sacred Scripture, every Sunday during the 10:30 a.m. Mass.

### DID YOU KNOW THAT..?

Just like Jesus did, we, too, face temptations in our daily lives. We might be tempted to seek comfort, power, or approval in ways that pull us away from God. But the Gospel this weekend reminds us to follow Jesus' example. We can lean on prayer, Scripture, and faith to stay strong!

### SABIAS QUÉ..?

Al igual que hizo Jesús, nosotros también enfrentamos tentaciones en nuestra vida diaria. Podemos sentirnos tentados a buscar consuelo, poder o aprobación de maneras que nos alejen de Dios. Pero el Evangelio de este fin de semana nos recuerda seguir el ejemplo de Jesús. ¡Podemos apoyarnos en la oración, las Escrituras y la fe para mantenernos firmes!



"What was papal infallibility called when St. Peter was the pope?"



**"Simon says!"**



**FUN FACT!** Papal infallibility is the charism given by Christ to the pope, as the shepherd and teacher of all the faithful, to proclaim doctrines of faith without error when he speaks *ex Cathedra*—that is, in his official capacity defining a doctrine to be held by the whole Church.

# Church Chuckles

The Little Ones

Jim Burrows



DEJÉ DE ESTAR ENOJADO CONTIGO PARA LA CUARESMA

A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me.. Ps 51:12-13

## February 14 & 15:

Plate Collection: \$ 7,802.00  
Online: \$ 1,715.00  
Total: \$ 9,517.00

Faith Formation: \$2,141



THANK YOU FOR YOUR GENEROUS SUPPORT!

**40 DAYS  
FOR LIFE**  
February 18-  
March 29



## HELP SAVE LIVES IN SEASIDE!

You can protect mothers and children by joining this worldwide mobilization! Through prayer, fasting and peaceful vigils, 40 Days Life has inspired 1,000,000+ volunteers

Here's how to take part:

**Vigil location:**

Public sidewalk at 625 Hilby Ave., Seaside

**Vigil hours:**

7 am to 7 pm daily

**Local contact:**

David Brownfield (831) 521-6102.

**Email:**

help@montereypeninsula.life

Learn more and get involved by visiting our

**40 DAYS FOR LIFE**.COM

## 2026 LENTEN FAST & ABSTINENCE

**ASH WEDNESDAY** and **GOOD FRIDAY** are obligatory days of FASTING and ABSTINENCE for Catholics. In addition, **FRIDAYS DURING LENT** are obligatory days of ABSTINENCE.

For members of the Latin Catholic Church, the norms on **FASTING** are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

The norms concerning **ABSTINENCE** from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

## AYUNO Y ABSTINENCIA CUARESMA 2026

El **MIÉRCOLES DE CENIZA** y el **VIERNES SANTO** son días obligatorios de AYUNO y ABSTINENCIA para los católicos. Además, los **VIERNES DE CUARESMA** son días obligatorios de ABSTINENCIA.

Para los miembros de la Iglesia de rito latino, las normas de **AYUNO** son obligatorias desde la edad de 18 años hasta los 59. Cuando se ayuna, es permitido comer una comida completa, así como dos comidas más pequeñas que juntas no equivalgan a una comida completa.

Las normas sobre la **ABSTINENCIA** de carne aplican a los miembros de la iglesia católica de rito latino desde los 14 años en adelante.

Si es posible, el ayuno del Viernes Santo se continúa hasta la Vigilia Pascual (la noche del Sábado Santo) como el "ayuno pascual" para honrar el sufrimiento y la muerte del Señor Jesús y prepararnos para compartir más plenamente y celebrar más apropiadamente su Resurrección.

LENTEN OPPORTUNITIES

### ADORATION OF THE BLESSED SACRAMENT

inside the Cathedral  
Fridays during LENT  
from 8:30AM -11:30AM  
followed by . . .



### STATIONS OF THE CROSS

Led by the Knights of Columbus

inside the Cathedral  
Fridays at 11:30AM  
followed by Mass at 12:15PM

### 2026 I.C.F. 43<sup>RD</sup> LENTEN DINNERS

FRIDAYS: Feb. 20<sup>th</sup> - Mar. 27<sup>th</sup>  
San Carlos Cathedral Hall  
500 Church Street in Monterey

HOURS: Doors Open at 4:30 PM  
Takeouts: 5:00 p.m.-7:00 p.m.  
Dining: 5:30 p.m.—7:00 p.m.

For more info, contact Elaine Valentine at  
831-521-8026 / INFO.ICF36@gmail.com

[www.MontereyICF.org](http://www.MontereyICF.org)



ITALIAN CATHOLIC FEDERATION  
Santa Rosalia Branch 36/Monterey

EVENING PRAYER  
Every Monday  
7:00 – 7:30pm  
in the Cathedral



## LENTEN TALKS 2026

Presented by

Father Steven Bell, C.S.P.

Open to ALL SCC PARISHIONERS

Paulist Fr. Steven Bell leads parish missions, retreats, and workshops, all of which consider the importance of reconciliation and healing.

Fr. Steve previously was the associate director of Newman Hall / Holy Spirit Parish at the University of California at Berkeley and associate director of St. Thomas More Newman Center at The Ohio State University in Columbus, OH. He also previously served as associate pastor of St. Austin Church in Austin, TX, and as associate director of the media ministry *Busted Halo*. Fr. Steve serves on the board of directors of Fellowships at Auschwitz for the Study of Professional Ethics (FASPE). He is a faculty member for FASPE's seminary program, engaging with seminary and medical graduate students and Ethics professionals. A native of Washington, D.C., he was ordained a priest on June 22, 2008, by then-Archbishop Edwin O'Brien of the Archdiocese of Baltimore.

3 Evening Talks

MARCH 9<sup>TH</sup>—11<sup>TH</sup>

SAVE THE DATES!

### LENTEN RECONCILIATION SERVICE

AT  
SAN CARLOS CATHEDRAL

TUESDAY, MARCH 17<sup>TH</sup> —  
7:00PM

SEVERAL PRIESTS WILL BE AVAILABLE  
TO HEAR CONFESSIONS.

### FRIDAYS OF ADORATION

Spend a HOLY HOUR before the Blessed Sacrament with the bilingual prayer of the **DIVINE MERCY "Via Crucis"** Fridays of Lent at 7:00 p.m., with EXPOSITION and BENEDICTION.

Pasa una HORA SANTA ante el Santísimo con la oración bilingüe de la **Via Crucis** a la **DIVINA MISERICORDIA** viernes de Cuaresma a las 7:00 p.m., con EXPOSICIÓN y BENDICIÓN.