



# SAN CARLOS CATHEDRAL

Diocese of Monterey

February 15, 2026 - Sixth Sunday in Ordinary Time

*Sexto Domingo del Tiempo Ordinario - 15 de Febrero del 2026*

“JESUS SAID TO HIS DISCIPLES:  
‘I TELL YOU, UNLESS YOUR  
RIGHTEOUSNESS SURPASSES  
THAT OF THE SCRIBES AND  
PHARISEES, YOU WILL NOT ENTER  
THE KINGDOM OF HEAVEN.’”  
—MT 5:20



“LES DIJO JESÚS A SUS  
DISCÍPULOS: ‘LES ASEGURO QUE  
SI SU JUSTICIA NO SUPERA A LA  
DE LOS ESCRIBAS Y FARISEOS,  
NO ENTRARÁN EN EL REINO DE  
LOS CIELOS’”.  
—MT 5, 20

## CATHEDRAL HOURS

**MONDAY – FRIDAY**

7:00 AM – 3:00 PM

**SATURDAY & SUNDAY**

7:00 AM—7:00 PM

## MASS SCHEDULE

### WEEKEND SCHEDULE

**SATURDAYS**

4:00 PM Vigil

**SUNDAYS**

7:30 AM

9:00 AM

10:30 AM (\*)

12:00 PM *en Español* (\*\*)

5:30 PM

### WEEKDAY SCHEDULE

**MONDAY – FRIDAY**

7:45 AM & 12:15 PM

\***Children’s Mass** on the Fourth Sunday of the Month

\*\***Bilingual Mass** on the Second Sunday of the Month

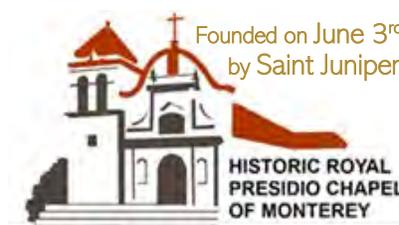
## PARISH OFFICE

**MONDAY – FRIDAY**

9:00 AM – 2:00 PM

**SATURDAY & SUNDAY**

CLOSED



## The Sixth Sunday in Ordinary Time (Year A) by young-catholics.com

The 6th Sunday in Ordinary Time Year A focuses on choices, wisdom, and living a good life. Jesus teaches that following God's law is not just about rules but about having the right attitude and actions.

- **Free Will and Choice:** God gives people the ability to choose between good and evil. The first reading reminds everyone that their choices lead to life or death.
- **Following God's Wisdom:** The second reading speaks of God's wisdom, which is different from human wisdom. People who love God receive his wisdom through the Spirit.
- **Obeying the Commandments:** Jesus teaches that obeying God's law is more than just following rules. It means living with honesty, love, and self-control.
- **Avoiding Anger and Hate:** Jesus says anger can lead to harm, just like murder. He calls his followers to seek peace and forgiveness instead.
- **Purity in Thoughts and Actions:** Jesus warns against lustful thoughts and actions. He teaches that purity starts in the heart, not just in outward behavior.
- **Speaking Truthfully:** Jesus tells his followers not to swear oaths but to be honest in everything they say. Truthfulness should be part of daily life.

God sees everything and wants people to choose good over evil. The readings on the 6th Sunday in Ordinary Time Year A remind everyone that faith is not just about laws but about living with love, wisdom, and truth.

### EXPOSITION & ADORATION OF THE BLESSED SACRAMENT

Every Friday of LENT

8:30AM - 11:30AM & 7:00PM - 8:00PM

### STATIONS OF THE CROSS

Every Friday of LENT

11:30PM - 12:15PM

&

7:00PM - 8:00PM

### CONFESSIONS

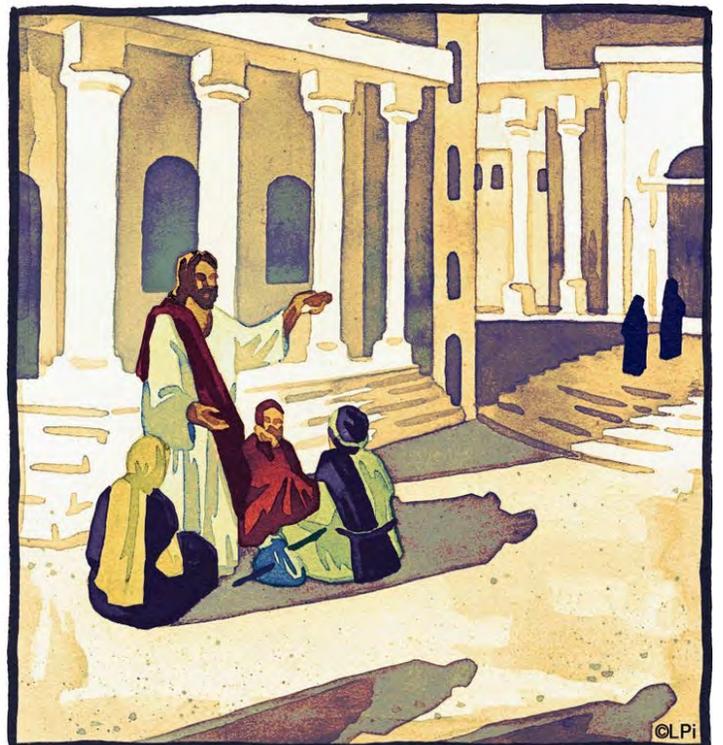
Saturdays at 2:30PM

At the RECTORY

(By the Carport next to restrooms)

### EVENING PRAYER

Mondays at 7:00PM



## Parish Staff

**Most Rev. Slawomir Szkredka**, Bishop  
Apostolic Administrator of the Diocese of Monterey

**Most Rev. Sylvester Ryan**, Bishop Emeritus

**Very Rev. Victor Ommar Solis**, Rector/Pastor  
pastor@sancarloscathedral.org

**Rev. Louie Bellen**, Parochial Vicar/Vocations Director  
frlouie@sancarloscathedral.org

**Rev. Patrick Dooling**, In Residence

**Sr. Sujatha D'Souza**, Director of Faith Formation  
rsujatha@sancarloscathedral.org / (Ext. 28)

**Ruth Pineda**, Baptisms/First Communion Coordinator  
rpineda@sancarloscathedral.org / (Ext. 17)

**Sr. Sharon McMillan**, Mcmillan@sndden.org

**Elaine Miller**, Music Director, elainem33@aol.com

**Sandra Logsdon**, Music Coordinator,  
music@sancarloscathedral.org

**Kathleen Ryan**, Christian Initiation—Adults  
OCIA@sancarloscathedral.org

**Teri Dawn**, Wedding Coordinator  
tdawn@sancarloscathedral.org

**Alfredo Zepeda**, Business Administrator  
azepeda@sancarloscathedral.org / (Ext. 16)

**Rosie Murray**, Assistant to Pastor & Vocations Office  
rmurray@sancarloscathedral.org

**Roberta Little**, Admin. Assistant  
rlittle@sancarloscathedral.org / (Ext. 10)

**Esperanza Cabrera**, Admin. Assistant  
ecabrera@sancarloscathedral.org / (Ext. 10)

**Peter Watson-Graff**, Maintenance

**Raymundo Cruz**, Maintenance

**San Carlos School: Karen McKenzie**, Principal  
principal@sancarlosschool.org / 831 375-1324

**Branches Resale Shoppe: Kristine Millar**, Manager  
resaleshoppe@sancarlosschool.org / 831-375-4780

**San Carlos Cemetery: Staff**  
831-372-0327

**Parish Office: (831) 373-2628 - Ext.10**

**Parish EMERGENCY Number: (831) 646-5517**

## Mass Intentions Feb 14<sup>th</sup>–22<sup>nd</sup>

### Saturday, Feb 14 - Saint Cyril & Saint Methodius

**4:00 pm:** +Alice Wabby  
+Rawls Frazier  
+Millie Rose & Joe Anastasia

### Sunday, Feb 15 - VI ORDINARY TIME (Burning of Palms)

**7:30 am:** +Ban Salvador & Vicenta Gonzalez  
+Giuseppa Maiorana  
+Candelaria Muñoz Martinez

**9:00 am:** +Fredrick Sandman  
+Frank Martin  
+Ateh Asongwe

**10:30 am:** *For All SCC Parishioners*

**12:00 pm:** +Frank Hernandez

**5:30 pm:** +Annie Ferrante

### Monday, Feb 16 - President's Day

**7:45 am:** Int. of the Agostini Family

**12:15 pm:** **(NO MASS)**

### Tuesday, Feb 17 -

**7:45 am:** +Roger Bunting

**12:15 pm:** **(NO MASS)**

### Wednesday, Feb 18 - Ash Wednesday

**7:30 am:** +Frank Hernandez

**12:00 pm:** *For All SCC Parishioners*

**5:30 pm:** +Josephine Mercurio

**7:00 pm:** +Juanita y Julieta Gomez

### Thursday, Feb 19 -

**7:45 am:** Int. of Bishop Ramón Bejarano

**12:15 pm:** **(NO MASS)**

### Friday, Feb 20 -

**7:45 am:** +Annie Ferrante

**1:00 pm:** *For All SCC Parishioners*

### Saturday, Feb 21-

**4:00 pm:** +Alice Wabby  
+Anthony, Angela & Joey Gallaro  
Int. of Mary & Henry Benech

### Sunday, Feb 22 - I LENT

**7:30 am:** +Candelaria Muñoz Martinez  
Int. of Norma Leticia Sosa Vega

**9:00 am:** +Mateo & Ursula Ciolino  
+Josephine Mercurio  
+Adriana Fiori

**10:30 am:** +Joseph, Vitina & Rosetta Pironi  
+Joanna Sercia  
Int. of Al & Mary Louise Chambers

**12:00 pm:** +Joseph Peter Rossi

**5:30 pm:** *For All SCC Parishioners*



# THE SIXTH SUNDAY IN ORDINARY TIME (YEAR A)

by Sr. Sharon McMillan, SNDdeN

As you can see from the basket of old palms to be burned for ashes, Lent begins this week. The 40 days of fasting, prayer, and almsgiving help prepare our community to baptize the catechumens at the Easter Vigil and to enter the intense experience of encountering Jesus' Passion, Death, and Resurrection in its reality for us and for the world in 2026. Let us be sure to pray for each other and for our catechumens as we enter this sacred season of Lent.

## The Gospel Matthew 5:17 - 37

From the beginning of Jesus' public life, Matthew identifies Jesus as the Wisdom of God incarnate, the new Moses, the authentic teacher of God's Law. After John the Baptist is arrested, Jesus moves from Nazareth to Capernaum, calls his first disciples, and begins what is called the Sermon on the Mount, teaching his disciples with divine power and authority: "Blessed are the poor in spirit for theirs is the kingdom of heaven; you are the salt of the earth and light of the world." Jesus continues his radically new teaching with the words "You have heard that it was said...but I say to you." Jesus has not come to abolish the Jewish law but to fulfill it. Jesus takes each teaching and then goes to its root meaning, never relaxing the Law but making it more demanding. A few lines later in his Gospel, Matthew summarizes the goal: we are to be "perfect as our heavenly Father is perfect" (5:48). In each of the six examples Jesus discusses, he goes to the core of the attitudes and actions that are necessary for his disciples to fulfill what the Law intends. Genuine discipleship demands more than the avoidance of murder or violent rhetoric or adultery. Jesus insists we look into our hearts to uncover the real state of relationships living there. What are the grudges, the resentments, the cold silences, the deep hurts, the self-righteousness that I have built up over time? Especially those times when I can hear myself say, "But I'm right! It wasn't my fault!" Jesus insists that we actively work for reconciliation with sisters, brothers, friends, family, even to the shocking statement that I must first leave my gift at the altar if there is a broken relationship in my life. Reconciliation with others and justice in our relationships are more essential than worship, or perhaps are a more fundamental form of genuine worship. We are called to take the initiative to heal relationships first. Sounds like a wonderful road map for our Lenten journey!

## The First Reading Sirach 15:15 - 20

In a religious society in which God was seen as the ultimate author of every action, some people held God responsible for evil and suffering, thereby undercutting faith in God's goodness. Sirach responds with this text which is so powerfully fulfilled in today's Gospel: we are personally responsible for our choices. God sets before us life and death, good and evil – the choice is ours. The path to true life lies in God's commandments; Jesus interprets these for us at their deepest, most demanding level.

## The Second Reading 1 Corinthians 2:6 - 10

During Ordinary Time, the Second Reading is a choice independent of the Gospel and First Reading. In today's Reading, St. Paul continues to address the Christians of Corinth who criticized him because, according to Greek philosophical standards, he lacked wisdom. We hear Paul speak of true wisdom, the mystery of God's plan for salvation for every human being, the mystery God has been working out since the beginning of the world.

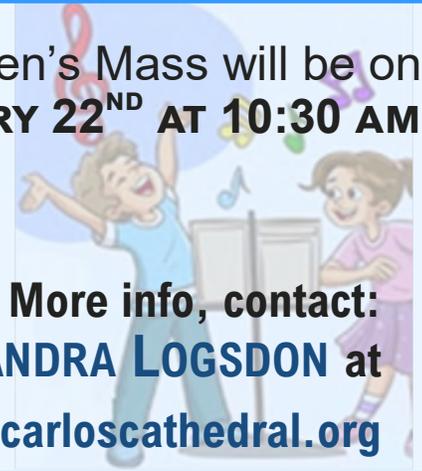
## PRAY FOR ALL THOSE WHO ARE IN NEED OF HEALING ESPECIALLY FOR:

Eloise Sierra, Rosa Caruso, Harold Jackson, Madeline Gourel, Christa Erlat, Christina Mora, George Terrell, Laura Hastings, Lisa Guidone, Diane Davies, Linda Gnipp, Cathy Shelton, Kevin Ferguson, Maureen Ferguson, Lynn Hammond, Sharron & Peter Erickson, Kelemete Fanene, Amelia Battistella, Debra G. Bomactao, R.C., Charlotte Lombardi, Shirley Stagar, Meredith Tibbey, Natalie Hinojosa, Bill Martinez, Margaret Pittelkow, Terry Nance, Anna & Joe Smith, Katrina Lund Madison, John Wallingford, Reyna Castellanos, Ana Flores Hernandez, Carol Clayton, Marisa Martinez, Michael Leonard, Nick Venturino, Sophia Isabella Carlson, Ryan Braff, Roger Thorsnbury, Bill Martinez, Marlyn Padilla, Lenice Bleckbee, LuLuBelle Johnson, Jacob Jenkins, Marita Esteban, Ellen Barrett, Lieland Axel Hensley, Oscar Brown, Desmond Fischer, James Yoshida, Jeff Devens, Mary & Jackson, Mary Ann Cutino, Janice Rayman, GiGi Andrada, Angelina Diaz, Dolores Billa, Benny Benedictos, Edward Hanratty, Vicky Juarez, Estrellita Quindara, Arthel Cake, Maryellen Aisenberg, Kian Anabo, Gabriel Hernandez, Sandra Ontiveros, Angie & Rosario Favolora, Delgado Family, Danny Aliotti, Anna Fierro, Marlyn Padilla, Gary Giboney, Jeremiah Mekhael, Matthew Ferguson, Jim Kern, Jesus Villa, Dee Powell, Nguyen Family, Alan Dougherty, Chris Wallingford, Juanita Escovido, Lesley Anne Stephens, Mary Spry, Mia Gatagna, Diane Wallingford, Eduardo Perez, Ernie Damasco, Susan Barron, Alex Ponce, Dolores Howard, Amelia Davila, Tuney Panggat, Eugene Merkel, Alice Alado, Ryan Cahallan, Colleen Kahn, Matt Ferguson, Jayme Layman, Ninfa Mineo, Phil Maestas, Kaitlyn Williams, John Mulchaey, Paul Naewman Lee, Anthony Campo, Lia Nevoloso, Baldo Amato, Hailey Mann, Jenna Roscelli, Tony Davi, Susan Luke, Joanne Reyes, Kontrena McPherson, Doug Wachter, Gary Kuennen, Allegra Scarano, Sherry Tyler, Susan Dodds, Demetrio Santiago, Sebastian Saldana, Jasmin Reate, Martha Rodriguez, Maria Valtierra, Tom Ghigliotto, Loretta Manjor, Most Rev. Sylvester Ryan, Richard & Penny Cruickshank, Denis Marie Martin, Gary Kress, Nina Andrada, Sandra Logsdon, Philippos Savvas Christoforou, Irving Argüello, Sonia Sharp, Erik Elken, Nora Dial, Judy Fisher, Louise Demateo, Anne Roberts, Randy Riddle, Romulo Uy, Julie Jordan, Leigh Franklin, Lynette Puccinelli, Sheila Bowman, Bonnie O'Brian, Jose Ordaz, Jerry Simonich, Arturo Bazaldua, Margie Pruitt, Eilene Troncatty, Gary Barlettani, Gill Berger, Ellen Ladd, Teresa Del Tiero.

**Please call the office to Add, Remove OR Update names in our prayer list. Thank you! 831-373-2628 x10**



The next Children's Mass will be on  
**SUNDAY, FEBRUARY 22<sup>ND</sup> AT 10:30 AM**



Please encourage your child(ren) join our  
*San Carlos Cathedral Children's Choir!*  
We will meet in the parish office  
regularly on Wednesdays at 2:15 p.m.

More info, contact:  
**SANDRA LOGSDON** at  
[music @sancarloscathedral.org](mailto:music@sancarloscathedral.org)



## **GOT LENT?**

Give your time and talent to  
***SAN CARLOS CATHEDRAL'S  
HOLY WEEK & EASTER CHOIR!***

Help inspire these *bilingual liturgies* with Bishop Ramon:

**Holy Thursday, April 2, 6 PM**

**Easter Vigil, April 4, 8 PM**

**Easter Sunday, April 5, 9 AM (English Only)**

**Easter Sunday, April 5, Noon (*Spanish\*\**)**

Rehearsals on Thursday evenings starting February 26th

**TO SIGN UP, CONTACT:**

**Elaine Miller 831-238-2075 or [elainem33@aol.com](mailto:elainem33@aol.com)**

**(sorry, no texting)**

**\*\* for Noon Easter Mass, contact Citlalli Hernandez,  
831-392-7336 or [hernandez.citlalli05@gmail.com](mailto:hernandez.citlalli05@gmail.com)**



# February 2026



	SUNDAY	MONDAY	TUESDAY
<b>FEBRUARY 2<sup>ND</sup></b> <b>FEAST</b> <b>OF THE</b> <b>PRESENTATION</b> <b>OF THE</b> <b>LORD</b>	<b>IV ORDINARY TIME</b> <b>1</b> 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	<b>2</b> <i>Presentation of the Lord</i> 7:45am—Mass 12:15pm—Mass 7:00pm— <i>Evening Prayer</i>	<b>3</b> <i>Saint Blaise (Blessing of Throats)</i> 7:45am—Mass 12:15pm—Mass
	<b>V ORDINARY TIME</b> <b>8</b> 7:30am—Mass 9:00am—Mass 10:30am—Mass 12:00pm— <i>Misa</i> (Bilingual) 5:30pm—Mass	<b>9</b> 7:45am—Mass 12:15pm—Mass 7:00pm— <i>Evening Prayer</i>	<b>10</b> <i>Saint Scholastica</i> 7:45am—Mass 12:15pm—Mass
<b>2 FEBRERO</b> <b>FIESTA</b> <b>DE LA</b> <b>PRESENTACIÓN</b> <b>DEL SEÑOR</b> <b>(CANDELARIA)</b>	<b>VI ORDINARY TIME</b> <b>15</b> 7:30am—Mass* 9:00am—Mass* 10:30am—Mass* 12:00pm— <i>Misa</i> * (Español) 5:30pm—Mass* * = Burning of Palms	<b>16</b> [PRESIDENTS' DAY (USA)] <b>OFFICE CLOSED</b> 7:45am—Mass 12:15pm— <b>(NO MASS)</b> 7:00pm— <i>Evening Prayer</i>	<b>17</b> 7:45am—Mass 12:15pm— <b>(NO MASS)</b>
	<b>I LENT</b> <b>22</b> 7:30am—Mass 9:00am—Mass 10:30am—Children's Mass 12:00pm— <i>Misa</i> (Español) 5:30pm—Mass	<b>23</b> 7:45am—Mass 12:15pm—Mass 7:00pm— <i>Evening Prayer</i>	<b>24</b> 7:45am—Mass 12:15pm—Mass

**FEBRUARY 18, 2026**  
**ASH WEDNESDAY Schedule**  
 (DAY OF FASTING)  
 7:30 a.m. Mass  
 12:00 noon Mass  
 5:30 p.m. Mass  
 7:00 p.m. *Misa (en Español)*

**18 de febrero, 2026**  
**Horario MIERCOLES DE CENIZA**  
 (DIA DE AYUNO)

Come and Join our  
 San Carlos Cathedral  
**YOUTH GROUP**




**Wed., February 18th at 6:30 pm**

For Youth Ages 12-17  
**WEDNESDAYS**  
 (1<sup>st</sup> & 3<sup>rd</sup> of the Month)

**MEETINGS HELD:**  
 in the UPPER ROOM in  
 the  
 Cathedral Office



**Welcome Bishop Ramon Bejarano!**  
**¡Bienvenido Obispo Ramón Bejarano!**

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7:45am—Mass <b>4</b></p> <p>12:15pm—Mass</p>	<p><i>Saint Agatha</i> <b>5</b></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p>	<p><i>Saint Paul &amp; Martyrs</i> <b>6</b></p> <p>7:45am—Mass</p> <p>8:30am—<i>Exposition</i></p> <p>12:15pm—Mass</p> <p>7:00pm—<i>Adoration "Divine Mercy"</i></p>	<p><b>7</b></p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass</p>
<p><i>Our Lady of Lourdes</i> <b>11</b></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p>	<p><b>12</b></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p>	<p><b>13</b></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p> <p>7:00pm—<i>Adoration "Divine Mercy"</i></p>	<p><i>St. Cyril &amp; St. Methodius</i> <b>14</b></p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass*</p>
<p><b>ASH WEDNESDAY</b> (Lent Begins) <b>18</b></p> <p>7:30am—Mass</p> <p>12:00pm—Mass</p> <p>5:30pm—Mass</p> <p>7:00pm—<i>Misa</i> (Español)</p>	<p><b>19</b></p> <p>7:45am—Mass</p> <p>12:15pm—(NO MASS)</p>	<p><b>20</b></p> <p>7:45am—Mass</p> <p>8:30am—<i>Exposition</i></p> <p>11:30am—<i>Stations of the Cross</i></p> <p>1:00pm—Mass with Bishop</p> <p><b>ICF LENTEN DINNERS @ HALL</b></p> <p>7:00pm—<i>Via Crucis</i> (Divine Mercy)</p>	<p><b>21</b></p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass</p>
<p><b>25</b></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p>	<p><b>26</b></p> <p>7:45am—Mass</p> <p>12:15pm—Mass</p>	<p><b>27</b></p> <p>7:45am—Mass</p> <p>8:30am—<i>Exposition</i></p> <p>11:30am—<i>Stations of the Cross</i></p> <p>12:15pm—Mass</p> <p><b>ICF LENTEN DINNERS @ HALL</b></p> <p>7:00pm—<i>Via Crucis</i> (Divine Mercy)</p>	<p><b>28</b></p> <p>2:30pm—Confessions</p> <p>4:00pm—Mass</p>

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**WE WILL BE  
CLOSED ON**



**PRESIDENTS DAY**

*The parish office will be  
**CLOSED** on Monday,  
February 16th in observance of  
President's Day.*

*We will re-open on Tuesday,  
February 17th at 9:00 am*



**Sunday, FEB. 15<sup>th</sup>**  
**No CLASSES**

**Domingo, 15 de FEB.**  
**No CLASSES**

**NEXT**  
**Sunday, FEB. 22<sup>nd</sup>**  
**REGULAR CLASSES**

**PROXIMAMENTE**  
**Domingo, 22 de FEB.**  
**CLASE NORMAL**

The Diocese of Monterey Invites You



**KIMBERLY  
 KRAMAR**



**FR. LOUIE  
 BELLEN**



**ELIAS  
 LOPEZ**



**NANCY  
 MELENDEZ**

**LENTEN RETREAT**

**YOUNG ADULTS - AGES 18 TO 35**  
**SATURDAY MARCH 14<sup>TH</sup> 2026**  
**9:00 AM TO 5:00 PM**

**LOCATION:**

Madonna Del Sasso Parish Hall  
 320 E Laurel Dr, Salinas, CA 93906

**TOPIC:**

Lenten Spirituality

**REGISTER HERE:**



**Register by February 28th!**  
 Fee: \$20 (Lunch will be provided)

**YOUNG ADULTS FRATERNITY NIGHT**  
*(Meeting, Movies, Snacks, Reflections,  
 Games, Community, & Sprinkles!)*  
**Monterey Bay**



**SAN CARLOS CATHEDRAL FEBRUARY 11**

500 Church St. Monterey, CA 93940

**7:00 PM**

**AGES: 18-35**



**JOIN OUR WHATSAPP GROUP!**

**FEBRUARY 25**

**MARCH 11**

**MARCH 25**



**Order of Christian Initiation of Adults: News!**

If you are feeling called to explore the Catholic Church, classes are beginning soon. In the sessions, all questions about Catholicism and living life in Christ will be explored. Unbaptized persons, baptized Catholics who have not yet received the Sacraments of Confirmation and Holy Communion, and baptized Protestants interested in Catholicism are all welcome.

For further information, please call 831-373-2628, Ext. 10, and leave a message for Kathleen Ryan who will return your call. Thank you!



SCAN THE QR CODE & FOLLOW US ON



Pickup our weekly *MagnifiKid!* issue at the SCC Kiosk every Sunday!

**iRecoje tu edición Semanal de MagnifiKid! en el Kiosco de SCC cada Domingo!**



### San Carlos Children's Liturgy of the Word

*"Let the children come to Me!"* (Mt 19:14)  
Bring your child to Christ!



Children are invited to come forward and participate in the reading and sharing of Sacred Scripture, every Sunday during the 10:30 a.m. Mass.

### DID YOU KNOW THAT..?

Jesus teaches that obeying the law means more than just avoiding sin. We must also avoid anger, dishonesty, and selfishness. Jesus wants us to follow the law because we love God and others, not just because we have to!

### SABIAS QUÉ..?

Jesús enseña que obedecer la ley significa más que simplemente evitar el pecado. También debemos evitar la ira, la deshonestidad y el egoísmo. Jesús quiere que sigamos la ley porque amamos a Dios y a los demás, no solo porque tengamos que hacerlo!



The Little Ones

Jim Burrows

LISTEN CLOSELY:  
GOD'S SPIRIT  
IS SPEAKING

ESCUCHEN ATENTAMENTE:  
EL ESPÍRITU DE DIOS  
ESTÁ HABLANDO

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But as it is written:  
what God has prepared for those who love him,  
this God has revealed to us through the Spirit. 1 Cor 2:9

# Church Chuckles

"There's a certain Wednesday during the year when you can easily tell who's Catholic."



"I doubt you need to **Ash** me which one that is."



**FUN FACT!** During Mass on Ash Wednesday, the priest will place ashes on our forehead. This is a symbol to remind us of our mortality. From dust we have come, and to dust we will return.

## February 7 & 8:

Plate Collection: \$ 9,618.00  
Online: \$ 2,230.00  
Total: \$11,848.00



THANK YOU FOR YOUR GENEROUS SUPPORT!

**40 DAYS  
FOR LIFE**  
February 18-  
March 29



## HELP SAVE LIVES IN SEASIDE!

You can protect mothers and children by joining this worldwide mobilization! Through prayer, fasting and peaceful vigils, 40 Days Life has inspired 1,000,000+ volunteers

Here's how to take part:

**Vigil location:**

Public sidewalk at 625 Hilby Ave., Seaside

**Vigil hours:**

7 am to 7 pm daily

**Local contact:**

David Brownfield (831) 521-6102.

**Email:**

help@montereypeninsula.life

Learn more and get involved by visiting our

**40DAYSFORLIFE.COM**

## 2026 LENTEN FAST & ABSTINENCE

**ASH WEDNESDAY** and **GOOD FRIDAY** are obligatory days of FASTING and ABSTINENCE for Catholics. In addition, **FRIDAYS DURING LENT** are obligatory days of ABSTINENCE.

For members of the Latin Catholic Church, the norms on **FASTING** are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

The norms concerning **ABSTINENCE** from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

## AYUNO Y ABSTINENCIA CUARESMA 2026

El **MIÉRCOLES DE CENIZA** y el **VIERNES SANTO** son días obligatorios de AYUNO y ABSTINENCIA para los católicos. Además, los **VIERNES DE CUARESMA** son días obligatorios de ABSTINENCIA.

Para los miembros de la Iglesia de rito latino, las normas de **AYUNO** son obligatorias desde la edad de 18 años hasta los 59. Cuando se ayuna, es permitido comer una comida completa, así como dos comidas más pequeñas que juntas no equivalgan a una comida completa.

Las normas sobre la **ABSTINENCIA** de carne aplican a los miembros de la iglesia católica de rito latino desde los 14 años en adelante.

Si es posible, el ayuno del Viernes Santo se continúa hasta la Vigilia Pascual (la noche del Sábado Santo) como el "ayuno pascual" para honrar el sufrimiento y la muerte del Señor Jesús y prepararnos para compartir más plenamente y celebrar más apropiadamente su Resurrección.

LENTEN OPPORTUNITIES

### ADORATION OF THE BLESSED SACRAMENT

inside the Cathedral  
**Fridays during LENT**  
from **8:30AM -11:30AM**  
followed by . . .



### STATIONS OF THE CROSS



Led by the **Knights of Columbus**

inside the Cathedral  
**Fridays at 11:30AM**  
followed by Mass at 12:15PM

### 2026 I.C.F. 43<sup>RD</sup> LENTEN DINNERS

**FRIDAYS: Feb. 20<sup>th</sup> - Mar. 27<sup>th</sup>**  
San Carlos Cathedral Hall  
500 Church Street in Monterey

**HOURS: Doors Open at 4:30 PM**  
Takeouts: 5:00 p.m.-7:00 p.m.  
Dining: 5:30 p.m.—7:00 p.m.

For more info, contact **Elaine Valentine** at  
**831-521-8026 / INFO.ICF36@gmail.com**

**www.MontereyICF.org**



**ITALIAN CATHOLIC FEDERATION**  
Santa Rosalia Branch 36/Monterey

### EVENING PRAYER

Every Monday  
7:00 – 7:30pm  
in the Cathedral



## LENTEN TALKS 2026

Presented by

**Father Steven Bell, C.S.P.**

**Open to ALL SCC PARISHIONERS**

Paulist Fr. Steven Bell leads parish missions, retreats, and workshops, all of which consider the importance of reconciliation and healing.

Fr. Steve previously was the associate director of Newman Hall / Holy Spirit Parish at the University of California at Berkeley and associate director of St. Thomas More Newman Center at The Ohio State University in Columbus, OH. He also previously served as associate pastor of St. Austin Church in Austin, TX, and as associate director of the media ministry *Busted Halo*. Fr. Steve serves on the board of directors of Fellowships at Auschwitz for the Study of Professional Ethics (FASPE). He is a faculty member for FASPE's seminary program, engaging with seminary and medical graduate students and Ethics professionals. A native of Washington, D.C., he was ordained a priest on June 22, 2008, by then-Archbishop Edwin O'Brien of the Archdiocese of Baltimore.

*3 Evening Talks*

**MARCH 9<sup>TH</sup>—11<sup>TH</sup>**

**SAVE THE DATES!**

### LENTEN RECONCILIATION SERVICE

AT  
**SAN CARLOS CATHEDRAL**

**TUESDAY, MARCH 17<sup>TH</sup> — 7:00PM**

**SEVERAL PRIESTS WILL BE AVAILABLE TO HEAR CONFESSIONS.**

### FRIDAYS OF ADORATION

Spend a **HOLY HOUR** before the Blessed Sacrament with the bilingual prayer of the **DIVINE MERCY "Via Crucis"** **Fridays of Lent at 7:00 p.m.**, with **EXPOSITION** and **BENEDICTION**.

Pasa una **HORA SANTA** ante el Santísimo con la oración bilingüe de la **Via Crucis** a la **DIVINA MISERICORDIA** **viernes de Cuaresma a las 7:00 p.m.**, con **EXPOSICIÓN** y **BENDICIÓN**.