HUNTER
The City University of New York

Psychology 306, Section 001– Seminar in Psychological Services
Spring 2025 – Mon. 1:00 – 2:15pm; Hunter North Room C108

Prof. Ana Christina Minerly, Ph.D. email: aminerly@hunter.cuny.edu
Office: Hunter North Room 738H
Office Hrs.: Thurs 4:00 - 5:00pm and by appt

Required Readings: Kottler & Brew (2003). One Life at a Time: Helping Skills and Interventions. NY: Brunner-Routledge.

American Psychological Association. (2010). Publication manual of the American Psychological Association (6th ed). Washington, DC: Author. (APA Manual).

Additional readings will be required throughout the semester in the form of research articles (TBA).

Course description: This course intends to provide hands on learning experience in clinical settings that allow you to learn about the work of psychologically oriented professions that deliver services to individuals and/or communities. As a student, you will work in a placement of your choice, present yourself professionally, and receive supervision in an institutional setting appropriate to undergraduate learning. If at any point during the semester you are concerned about your responsibilities or schedule, I am available to discuss and help negotiate any potential issues that may arise.

Learning outcomes: 1) Know an array of techniques for purposeful helping in the mental health field, along with advantages and disadvantages of each; 2) Identify the major types of mental health intervention skills, along with the strengths and weaknesses of each; 3) Identify differences in helping skills required as a function of cultural variables, including age and ethnicity of the client, along with psychiatric diagnosis and agency context.

Professionalism: Expected of you at all times, both in your placement and in the classroom. This requires a commitment to attendance, timeliness, presentation, proper communication, confidentiality, and maintaining appropriate boundaries. Attendance: is *strongly encouraged* for all aspects of this course. Please arrive on time to each class and **to your placement**. Lateness is disruptive both to others and your own learning process. Consistent absences or failures to arrive on time will be reflected in your final grade. Some of our classes will be held over Zoom throughout the semester; these will be announced in class and online.

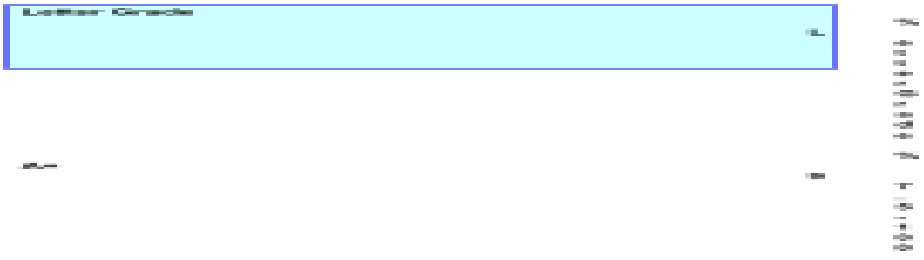
If you drop the course, I will be obligated to notify your field agency. Some agencies will permit you to continue, and others reserve field experiences for students in particular courses; these will require you to leave.

A note about cell phones/other electronic equipment: Please silence your devices during our class time to avoid interruptions and distractions.

Grading: There are no exams given in this course. Your final grade is based on the *timely* completion of all assignments and other responsibilities. **NO late assignments will be accepted. If you fail to turn in an assignment on its due date, you will have a grade of 0 for that assignment – no exceptions.** You will be responsible for the following coursework throughout the semester: submitting a list of internship goals, keeping a detailed journal, developing a resume and/or curriculum vitae, giving a class presentation, and completing a final paper. Detailed instructions for each assignment will be given to you ahead of schedule.

Final grade distribution: Homework (Goals, Resume) – (20%)
Journal – (25%)
Presentation – (25%)
Placement Analysis Final Paper – (30%)

NOTE – All Grades and class announcements will be posted on Brightspace.
ALL STUDENTS MUST KNOW HOW TO USE THIS SYSTEM.



Social Media Policy: Because it constitutes a dual relationship, social networking site requests cannot be accepted.

Academic Integrity
Hunter College regards acts of academic dishonesty (e.g., plagiarism, cheating on examinations, obtaining unfair advantage, and falsification of records and official documents) as serious offenses against the values of intellectual honesty. The College is committed to enforcing the CUNY Policy on Academic Integrity and will pursue cases of academic dishonesty according to the Hunter College Academic Integrity Procedures.

Any student caught engaging in any form of academic dishonesty in this class will receive an "F" for the course.

From the Office of AccessABILITY
In compliance with the American Disability Act of 1990 (ADA) and with Section 504 of the Rehabilitation Act of 1973, Hunter College is committed to ensuring educational parity and accommodations for all students with documented disabilities and/or medical conditions. It is recommended that all students with documented disabilities (Emotional, Medical, Physical and/ or Learning) consult the Office of AccessABILITY located in Room E1124 to secure necessary academic accommodations. For further information and assistance please call (212- 772- 4857)/TTY (212- 650- 3230)

Sexual Misconduct
In compliance with the CUNY Policy on Sexual Misconduct, Hunter College reaffirms the prohibition of any sexual misconduct, which includes sexual violence, sexual harassment, and gender-based harassment retaliation against students, employees, or visitors, as well as certain intimate relationships. Students who have experienced any form of sexual violence on or off campus (including CUNY-sponsored trips and events) are entitled to the rights outlined in the Bill of Rights for Hunter College. a. Sexual Violence: Students are strongly encouraged to immediately report the incident by calling 911, contacting NYPD Special Victims Division Hotline (646-610-7272) or their local police precinct, or contacting the College's Public Safety Office (212-772-4444). b. All Other Forms of Sexual Misconduct: Students are also encouraged to contact the College's Title IX Campus Coordinator, Dean John Rose (jtrose@hunter.cuny.edu or 212-650-3262) or Colleen Barry (colleen.barry@hunter.cuny.edu or 212-772-4534) and seek complimentary services through the Counseling and Wellness Services Office, Hunter East 1123. CUNY Policy on Sexual Misconduct

http://www.hunter.cuny.edu/diversityandcompliance/repository/files/cuny-policy-on-sexual-misconduct.pdf

Lecture Schedule

Class	Date	Topic	Chapter
1	Jan 27	Introduction	n/a
2	Feb 3	Professionalism and Ethics; Practicum Learning; Psychological Helping Presentation Assignments	1
3	Feb 10	Confidentiality Maintaining Boundaries **Goals Due**	2
	Feb 17	*NO CLASS*	
4	Feb 18 (Tues)	Cultural Competence **Presentations**	3
5	Feb 24	Self-Care Preventing Burnout **Presentations**	4
6	Mar 3	Communication, Building Collaborative Relationships Introduction to Empathic Response	
7	Mar 10	**Resume Due (1st Draft)**	
8	Mar 17	Assessment and Diagnosis **Presentations**	5
9	Mar 24	Empathic Response (cont'd) **Presentations**	6
	Mar 31	*NO CLASS*	
10	Apr 7	Understanding and Insight **Presentations**	7
	Apr 14	*NO CLASS*	
11	Apr 21	Crisis Intervention **Presentations**	
12	Apr 28	Facilitating Action **Presentations**	8
13	May 5	Pre-Termination/Termination **Final Papers Due**	12
14	May 12	Careers in Psychology **Resume Due (Final Draft)**	
15	May 19	Wrap-Up; Reflections and Integration **Journals Due**	

NOTE: Lecture schedule is subject to change throughout the semester. Any modifications to the above schedule will be announced online.