

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR. MIR MD. RAIHAN MBBS,(DU), DFM

RADICAL HOSPITAL LIMITED,

35 SHAH MAKDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical_hospitals@yahoo.com

Name: CAOWDURY GULAM

BLID

Sex: M

Serial No:

Date of Birth: 03/10/1993

PP/CDC: C/D/8706

Rank: 3/0

Vessel: MV HEILAN EQUILIBRIUM Type: BULK CARRIER

Route:

Home Address: 140 KAZOLSHAH R/A, NOBAR ROAD, KOTWALI, SYLHET

Company Name:

Medical History

Please answer the following to the best of your knowledge.

Is there any past / present history of any of the following

Candidate Declaration

Examiner Record

Candidate Declaration

Examiner Record

	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-sided headaches (Migraine)		/		/	Hernia / Hydrocoele / Appendicitis		/		/
Head Injury / Concussion / Loss of Memory		/		/	High / Low blood pressure / Heart disease		/		/
Fits / Epilepsy / Dizziness / Fainting		/		/	Asthma / Bronchitis / Tuberculosis		/		/
Eye / Vision Problems (Glasses, etc.)		/		/	Allergy / Skin disease		/		/
Hearing Impairment		/		/	Infection / Contagious Disease		/		/
Ear / Nose / Throat problems		/		/	Addiction to alcohol / drugs / tobacco		/		/
Stomach / Bowel disorders		/		/	Fracture / Dislocation / Injury / Amputation		/		/
Gall stones / Kidney disorders		/		/	Major / Minor Operation		/		/
Jaundice / Liver Disease		/		/	Diabetes		/		/
Piles / Varicose veins		/		/	Nervous / Mental disease / Sleep disorder		/		/
Blood Disorder		/		/	Malignant disease (Cancer)		/		/
Female Disorder		/		/	Signed off on medical grounds / Declared Unfit		/		/

Medical Examination

Height	Weight in Kgs	Chest	Insp-Exp	Blood Pressure in mm of Hg	Pulse-Beats / min	Resp.Rate / min	General Condition							
175 cm	74 kg	40 cm	38	120/70 mmHg	78 bpm	18 bpm	Good							
Distant Vision	Uncorrected	Corrected	Field of Vision		Audiometry	Hz	500	1000	2000	3000	4000	5000	6000	8000
Right Eye	6/6		Normal		Right Ear	dB	32	30	20					
Left Eye	6/6		Abnormal		Left Ear	dB	32	30	20					No
Colour Vision	Ishihara	Normal	Abnormal		Hearing	Right Ear				Left ear				
	Other	Normal	Abnormal			4				7				

Systemic Examination

Normal / Abnormal

Notes

Head & Neck	/												
Eyes	/												
Ears / Nose / Throat	/												
Teeth / Oral Cavity	/												
Musculo-Skeletal system	/												
Nervous system	/												
Reflexes	/												
Skin	/												

FIT FOR SEA SERVICE
AS 3RD OFF
AS PER MLC 2006

Enhanced GARD Medicals done

Respiratory system	/												
Cardiovascular system	/												
Per Abdomen	/												
Genito-urinary system	/												
Others	/												
Hernia / Hydrocoele	/												
Varicose Veins	/												
Fissure/Fistula/Piles	/												

Investigations

Blood	Result	Normal	Urine
Hemoglobin	15.2 gm%	14-16 gm %	Colour
Total WBC count	6.300 cu.mm	4000-11000 / cu.mm	Specific Gravity
Neu 64 % Lymph 31 % Eos 02 % Bas 00 % Mono 02 %			pH
Malarial parasite	NOT FOUND		Albumin
ESR	50 mm / 1st hour	1-15 mm / hr	Sugar
SGPT	23 U/L	9-43 U / L	Bile pigment
S.Cholesterol	175 mg/dl	145-260 mg / dl	Bile salts
S.Triglycerides	115 mg/dl	upto 200 mg / dl	Occult blood
Blood Sugar	RBS 8.5 PPBS	upto 125 mg %	RBC cells
HbsAg	NOT DETECTED		Leucocytes
HIV 1 & 2	NOT DETECTED		Others
VDRL	NOT DETECTED		
Others	NOT DETECTED		
Blood Group		GGTP U/L	

ECG: Normal TMT: NIE

X-Ray Chest: Normal

USG: NIE

Result of Medical Examination

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr. MIR MD Raihan, hereby declare the examinee medically

Fit Unfit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months.

Remarks / Recommendations

I, (Doctor/Examiner) certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate.

This certificate is valid till: 04 SEP 2025

Candidate's Signature: Shabbir

Official Stamp

Doctor's signature:

Date: 05 SEP 2023



DR. MIR MD. RAIHAN
MBBS (DU), DFM, CCD (Birm), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shippng Bangladesh Approved
General Physician
Radical Hospitals Limited.

04.2023.4719

República de Panamá
Republic of Panama
Autoridad Marítima de Panamá
Panama Maritime Authority
CERTIFICADO MÉDICO DE LA GENTE DE MAR
Medical Fitness Standards Certificate for Seafarers



04.2023.4719

No. Certificado:
Certificate No.

Este certificado se emite en conformidad con las disposiciones de la regla 1/9 del Convenio STCW, 1978, enmendado, y la norma A-1/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.
This certificate is issued in accordance with the provisions of the regulation 1/9 of the 1978 STCW Convention, as amended and the standard A-1/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido: Surname CHOWDHURY	Nombre: Given Name(s) GULAM OLID	Cédula / Pasaporte No. Id Number/ Passport No. CDC NO: C/O/8706
Fecha de Nacimiento: Date of Birth Día Day 09 Mes Month 10 Año Year 1993	Nacionalidad: Nationality BANGLADESHI	Sexo: Gender ☒ Masculino Male ☐ Femenino Female

¿Confirmación de que se examinaron los documentos de identidad en el lugar del examen?
Confirmation that identification documents were checked at the point of examination?

Yes ☒ No ☐

¿La audición cumple con el estándar?
Hearing meets the standards?

Yes ☒ No ☐

¿La audición es satisfactoria sin ayuda?
Unaided hearing satisfactory?

Yes ☒ No ☐

¿La agudeza visual cumple con el estándar?
Visual acuity meets standards?

Yes ☒ No ☐

¿La visión cromática cumple con el estándar?
Colour vision meets standards?

Yes ☒ No ☐

Fecha de la última prueba de visión cromática (Día/Mes/Año)
Date of the last color vision test (Day/Month/Year)

05 SEP 2023

¿Apto para cometidos de vigia?
Fit for look out duties?

Yes ☒ No ☐

¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones; Limitations or restrictions on fitness / If "Yes", specify limitations or restrictions.

Yes ☐ No ☒

¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o discapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo?
Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other person on board?

Yes ☒ No ☐

Confirmando que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-1/9.
I hereby confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-1/9.

Firma de la Gente de Mar
Seafarer's Signature

Fecha de emisión: Date of issue:	05 SEP 2023
Fecha de expiración: Date of expiry:	04 SEP 2025
Nombre del médico reconocido: Name of the recommended medical practitioner:	DR. MIR MD RAIHAN MBBS(DU)

Firma y sello del médico reconocido/Signature and stamp of the recognized medical practitioner



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birm), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

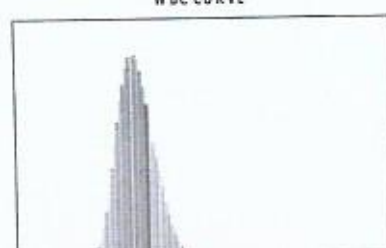
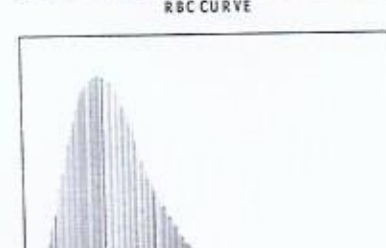
- El original de este certificado deberá estar disponible durante el servicio a bordo.
The original of this certificate should be available during the service on board ship.
- En caso de pérdida de este certificado, el titular deberá notificar a las partes y a la Autoridad Marítima de Panamá.
In case of loss of this certificate, the holder should notify both the relevant authorities and the Panama Maritime Authority.
- La autenticidad de este certificado puede ser verificada contactando a la Autoridad Marítima de Panamá.
The authenticity of this certificate can be verified contacting the Panama Maritime Authority.



Id No : 0206 **Date** : 05-Sep-2023 **D.Date** : 05-Sep-2023
Patient's Name : GULAM OLID CHOWDHURY **Age** : 30Y 0M 0D **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/8706

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range	
Hemoglobin (Hb)	15.2 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.	
ESR(Westergreen)	06 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.	
Total WBC Count(TC)	6,300 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm	
Differential WBC Count (DC)			
Neutrophils	64 %	Child: 25-66 %, Adult: 40-75 %	
Lymphocytes	31 %	Child: 52-62 %, Adult: 20-50 %	
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %	
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %	
Basophils	00 %	Adult: 00-01 %	
Total Cir. Eosinophils	126 /cumm	50-450/cumm	
Total RBC Count	5.57 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul	
HCT/PCV	41.3 %	M: 40-54%, F:37-47%	
MCV	74.1 fL	76 - 94 fL	
MCH	27.3 pg	27 - 32 pg	
MCHC	36.8 g/dL	29 - 34 g/dL	
RDW	13.9 %	11 - 16 %	
PDW	14.3 fL	35 - 56 fL	
Total Platelete Count (PC)	2,46,000 /cumm	150,000-450,000/cumm	
MPV	8.6 fL	7.0 - 11.0 fL	
PCT	0.212 %	0.1 - 0.2 %	
Bleeding Time(BT)	%	10 - 18 %	
Cloting Time(CT)	%	0.1- 0.2 %	

Checked By
Medical Technologist

Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23090206	Received Date	05/09/2023
Patient's Name	GULAM OLID CHOWDHURY		
Patient's Age	30Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/8706
Sample	BLOOD		

BIOCHEMISTRY REPORT

<u>Test Name</u>	<u>Result</u>	<u>Reference Range</u>
Random Blood Sugar (RBS)	5.5 mmol/l	4.2 – 6.4 mmol/l
Serum ALT (SGPT)	27 U/L	Up to 40 U/L

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By



 Medical Technologist
 Radical Hospitals Ltd.



 Dr. Sumaiya Khatun
 M BBS, MD (Microbiology)
 Associate Professor
 Dept. of Microbiology
 East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23090206	Received Date	05/09/2023
Patient's Name	GULAM OLID CHOWDHURY		
Patient's Age	30Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/8706
Sample	Blood		

SEROLOGICAL REPORT

HBsAg (Method : (ICT)	Negative
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RADICAL
HOSPITAL
LIMITED

Checked By



Medical Technologist
Radical Hospitals Ltd.



Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23090206	Received Date	05/09/2023
Patient's Name	GULAM OLID CHOWDHURY		
Patient's Age	30Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/8706		
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION

MICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	R B C	NIL
Appearance	Clear	Pus Cells	1-3/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION

CASTS / LPF

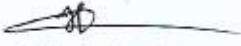
Reaction	Acidic	R B C	Nil
Albumin	Nil	W B C	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUEST

CRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Cal. Oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Tripple Phos	Nil

Checked By


Medical Technologist,


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Assistant Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23090206	Received Date	05/09/2023
Patient's Name	GULAM OLID CHOWDHURY		
Patient's Age	30Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/8706		
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

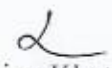
Test Name	Result
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Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By


Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23090206 Receive: 05/09/2023 Print: 05/09/2023
Patient's Name : GULAM OLID CHOWDHURY
Age : 30 Yrs Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS, (DU), CCD (BIRDEM), PGT (Eye), DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
MBBS, DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

ID: 179
Alan O'Shaughnessy
Male 50 Years

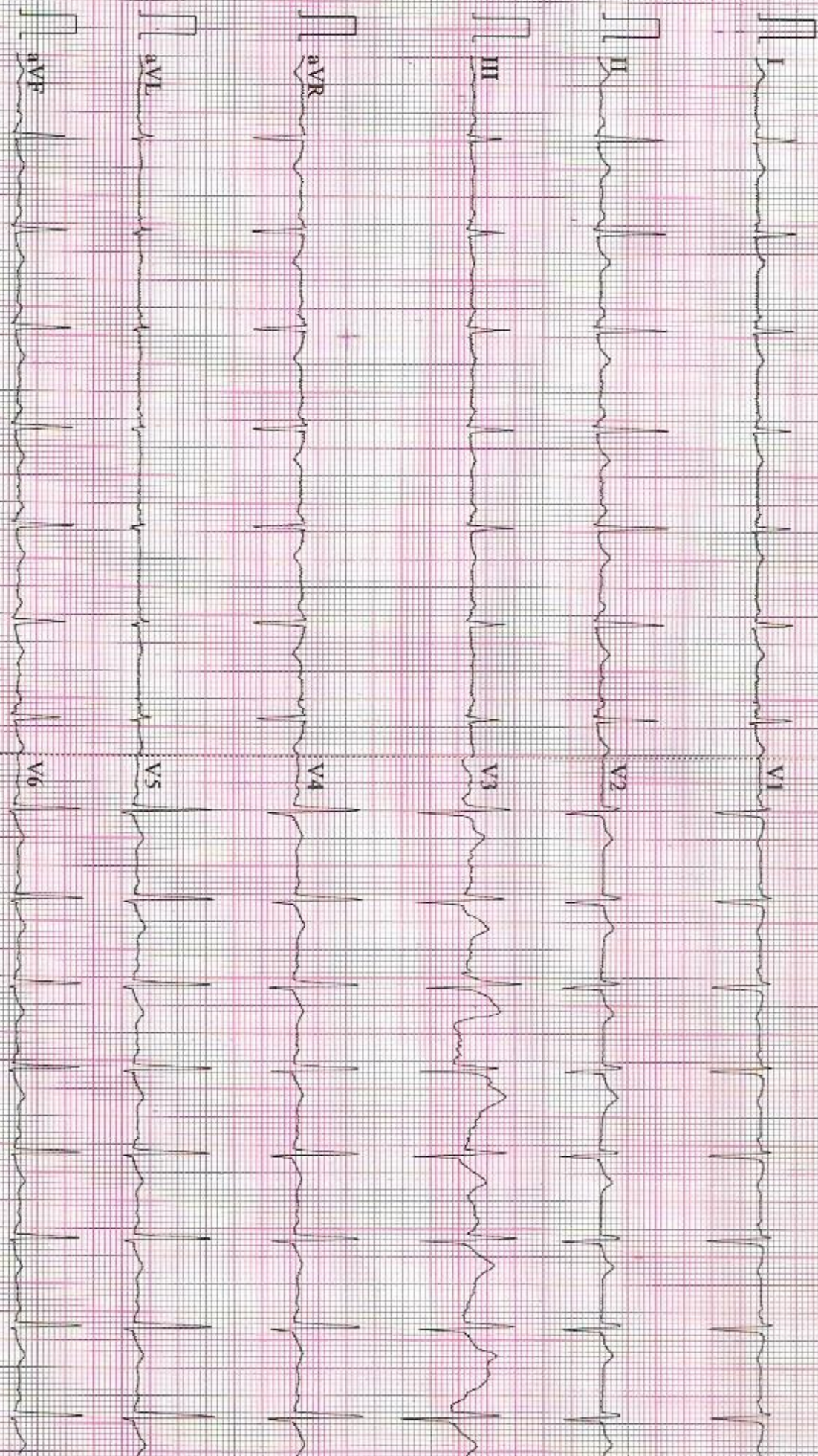
05-09-2023 16:21:32

HR : 92 bpm
P : 104 ms
PR : 130 ms
QRS : 80 ms
QT/QTc : 332/411 ms
P/QRS/T : 65/56/48 °
RV5/SV1 : 1.42/0.879 mV

Diagnosis Information:

Sinus rhythm
Normal ECG

Report Confirmed by:



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23090206 Receive: Print: 05/09/2023
Patient's Name : GULAM OLID CHOWDHURY
Age : 30 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 72 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST CHOLERA
CERTIFICAT INTERNATIONUAUX DE VACCINATION OU DE REVACCINATION
CONTRE LA CHOLERA**

This is to certify that JE Soussigne (c) certifie que G. ULAM OLID CHOWDHURY date of birth 09/12/93 Sex M
no (e) le sexe

Whose signature follows dont la signature suit [Signature]

has on the Date indicated been vaccinated or revaccinated against Cholera
a été vaccine (e) et revaccine (e) contre le Cholera a la date indiquée.

Date	Signature and professional Status of Vaccinator Signature et qualite professionnelle Vaccinateur	Approved Stamp Cachet d'authentification	
03 APR 2022	 DR. SABRINA MOSTAFA MBBS (D.U) Reg. No. BMDC, Dhaka A-68208 Seafarer's Medical Practitioner Approved by, D.G. Shipping, Dhaka.	ORAL CHOLERA "DUKORAL" Valid Upto 2 Yrs.	

05 SEP 2023	 DR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	ORAL CHOLERA "DUKORAL" Valid Upto 2 yrs	
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The validity of this certificate shall extend for a period of Two Years, beginning six days after the first injection of vaccine or in the event of a revaccination within such period of six months, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any part, of it, may render it invalid. La validite de ce certificat couvre une periode de six mois commençant six Jours apres la premiere injection du vaccin ou, dans le cas d'une revaccination au cours de cette periode de six mois jour de cette revaccination.

Nonobstant les dispositions ci-dessus dans le cas d'un pelerin le present certificat doit faire mention de deux injections partielles a sept jours d'intervalle et sa validite commence le jour de la seconde injection.

De cachet d'authentification doit etre conforme au modele present par l'administration sanitaire du territoire ou la vaccination est effectuee.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qu'il comporte peut affecter sa validite.

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST YELLOW FEVER
CERTIFICAT INTERNATIONU AX DE VACCINATION OU DE REVACCINATION
CONTRE LA FIEVRE JAUNE**

This is to certify that JE soussigné (e) certifie que GOLAM OLIP CHOWDAURY date of birth 09/10/1993 Sex M
no (e) le sexe

Whose signature follows dont la signature suit Sabrius

has on the Date indicated been vaccinated or revaccinated against yellow fever
a e' te' vaccine (e) ou revaccine' (e) contre le fièvre jaune a la date indiquée.

Date	Signature and professional Status of Vaccinator Signature et titre du vaccinateur	Manufacturer and batch no of vaccine Fabricant du vaccin et numé' ro du lot	Official stamp of vaccinating centre Cachet officiel du centre de vaccination
27 MAR 2022	<u>Sabrius</u> DR. SABRINA MOSTAFA MBBS (D U) Reg. No. BMDC, Dhaka A-68208 Seafarer's Medical Practitioner Approved by, D.G. Shipping, Dhaka.		
2			

This certificate is valid only if the vaccine used has been approved by the world Health Organization and vaccinating centre has been designated by the health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning ten days after the date of vaccination or, in the event of a revaccination within such period of ten years, from the date of that revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or crasure, or failure to complete any part of it, may render it invalid.

Ce certificate n' est valable que si le vaccin employé a e' te' a approuvé par l' Organisation Mondiale de la Sante' et si le centre de vaccination a e' te' habilité par l' administration sanitaire du territoire dans lequel ce centre est situé.

La validité de ce certificat couvre une période de dix ans commençant dix jours après la date de la vaccination ou, dans le cas d'une revaccination au cours de cette période de dix ans, le jour de cette revaccination.

Ce certificat doit être signé par un médecin de sa propre main. son cachet officiel ne pouvant être considéré comme remplaçant le lieu de signature.

Toute correction ou rature sur le certificat ou l' omission d' une quelconque des mentions qu' il comporte peut affecter sa validité.