

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR. MIR MD. RAIHAN MBBS, (DU), DFM

RADICAL HOSPITAL LIMITED,

35 SHAH MAKHDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical_hospitals@yahoo.com

Name: Zahidul MD

Sex: male Serial No: _____

Date of Birth: 04/01/2002

PP/CDC: T139824

Rank: AB

Vessel: _____ Type: _____

Route: WORLDWIDE

Home Address: DARAB, Ghatail, Tumail

Company Name: _____

Medical History

Please answer the following to the best of your knowledge.

Is there any past / present history of any of the following	Candidate Declaration		Examiner Record			Candidate Declaration		Examiner Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-sided headaches (Migraine)					Hernia / Hydrocoele / Appendicitis				
Head Injury / Concussion / Loss of Memory					High / Low blood pressure / Heart disease				
Fits / Epilepsy / Dizziness / Fainting					Asthma / Bronchitis / Tuberculosis				
Eye / Vision Problems (Glasses, etc.)					Allergy / Skin disease				
Hearing Impairment					Infection / Contagious Disease				
Ear / Nose / Throat problems					Addiction to alcohol / drugs / tobacco				
Stomach / Bowel disorders					Fracture / Dislocation / Injury / Amputation				
Gall stones / Kidney disorders					Major / Minor Operation				
Jaundice / Liver Disease					Diabetes				
Piles / Varicose veins					Nervous / Mental disease / Sleep disorder				
Blood Disorder					Malignant disease (Cancer)				
Female Disorder					Signed off on medical grounds / Declared Unfit				
Notes									

Medical Examination

Height	Weight in Kgs	Chest Insp-Exp	Blood Pressure in mm of Hg	Pulse-Beats / min	Resp. Rate / min	General Condition									
<u>172cm</u>	<u>65kg</u>	<u>43-41</u>	<u>110/80</u>	<u>76 bpm</u>	<u>19 bpm</u>	<u>Good</u>									
Distant Vision	Uncorrected	Corrected	Field of Vision	Audiometry	Hz	500	1000	2000	3000	4000	5000	6000	8000		
Right Eye	<u>6/6</u>		Normal	Right Ear	dB	<u>20</u>	<u>20</u>	<u>20</u>							
Left Eye	<u>6/6</u>		Abnormal	Left Ear	dB	<u>20</u>	<u>20</u>	<u>20</u>							
Colour Vision	Ishihara	Other	Normal	Hearing	Right Ear					Left ear					
			Normal												

Systemic Examination

	Normal	Abnormal	Notes		Normal	Abnormal
Head & Neck			FIT FOR SEA SERVICE AS AS PER MLC 2006 Enhanced GARD Medicals done		Respiratory system	
Eyes					Cardiovascular system	
Ears / Nose / Throat					Per Abdomen	
Teeth / Oral Cavity					Genito-urinary system	
Musculo-Skeletal system					Others	
Nervous system					Hernia / Hydrocoele	
Reflexes					Varicose Veins	
Skin					Fissure/Fistula/Piles	

Investigations

Blood	Result	Normal	Urine
Hemoglobin	<u>15.7</u> gm%	14-16 gm %	Colour
Total WBC count	<u>10,000</u> cu.mm	4000-11000 / cu.mm	Specific Gravity
Neu %	<u>70</u> %		pH
Lym %	<u>26</u> %		Albumin
Eos %	<u>02</u> %		Sugar
Ba %	<u>02</u> %		Bile pigment
Malarial parasite	<u>Not Found</u>		Bile salts
ESR	<u>26</u> mm / 1st hour	1-15 mm / hr	Occult blood
SGPT	<u>26</u> U/L	9-43 U / L	RBC cells
S.Cholesterol	<u>N/E</u> mg/dl	145-260 mg / dl	Leucocytes
S.Triglycerides	<u>N/E</u> mg/dl	upto 200 mg / dl	Others
Blood Sugar	<u>5.3</u> PPBS	upto 125 mg %	
HbsAg	<u>Normal</u>		
HIV I & II	<u>Normal</u>		
VDRL	<u>Normal</u>		
Others		GGTP U/L	
Blood Group			

ECG: Normal TMT: N/D

X-Ray Chest: Normal

USG: Normal

Result of Medical Examination

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr. MIR MD Raihan, hereby declare the examinee medically

Fit Unfit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months.

Remarks / Recommendations

I, Doctor's Name, certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate.

This certificate is valid till: 13 SEP 2025

Candidate's Signature

Date: 14 SEP 2023

Official Stamp



Doctor's signature:

DR. MIR MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.

04.2023.4779



KERAJAAN MALAYSIA
GOVERNMENT OF MALAYSIA

Marine Headquarters, Marine Department Malaysia, P.O Box 12, 42007 Port Klang
Tel: 03 - 3346 7777, Fax: 03 - 3168 5289, E-mail: kper@marine.gov.my Website: <http://www.marine.gov.my>

SIJIL PEMERIKSAAN PERUBATAN
MEDICAL EXAMINATION CERTIFICATE

1) Nama pemegang sijil (seperti dalam passport): <i>Name of holder of Certificate (as in passport):</i>		Family Name Rehman	Given Name(s) MD
2) *Jantina: Lelaki / Wanita <i>Gender: Male / Female</i>	3) Warganegara: <i>Nationality:</i>	4) No. Kad Pelaut: <i>Seaman Card No.:</i>	
	Bangladesh	050012878	
5) No. Kad Pengenalan/Passport: <i>Identity Card No/Passport.:</i>	6) Tarikh Lahir (dd/mm/yyyy): <i>Date of Birth:</i>		
EF0235085	04.01.2001		
7) Jawatan: <i>Profession:</i>	Seaman		
8) Pengakuan oleh Pengamal Perubatan yang Diiktiraf: <i>Declaration of the Recognized Medical Practitioner:</i>			
8.1 Pengesahan dokumen pengenalan telah disemak ketika pemeriksaan <i>Confirmation that identification documents were checked at the point of examination</i>		Yes/Ya ☒	No/Tidak ☐
8.2 Pendengaran menepati piawaian mengikut seksyen A-I/9 Konvensyen STCW 78 seperti dipinda <i>Hearing meets the standards in section A-I/9 of the STCW 78 as amended</i>		☒	☐
8.3 Pendengaran memuaskan tanpa apa-apa bantuan? <i>Unaided hearing satisfactory?</i>		☒	☐
8.4 Ketajaman penglihatan menepati piawaian mengikut seksyen A-I/9 Konvensyen STCW 78 seperti dipinda? <i>Visual acuity meets standards in section A-I/9 of the STCW 78 as amended?</i>		☒	☐
8.5 Penglihatan warna menepati piawaian mengikut seksyen A-I/9 Konvensyen STCW 78 seperti dipinda? <i>Colour vision meets standards in section A-I/9 of the STCW 78 as amended?</i>		☒	☐
- Tarikh terakhir ujian penglihatan warna: <i>Date of last colour vision test:</i>		14 SEP 2023	
8.6 Layak untuk tugas peninjauan? <i>Fit for look-out duties?</i>		☒	☐
8.7 Tiada had atau sekatan dari aspek kecergasan? <i>No limitations or restriction on fitness?</i> Jika "Tidak", nyatakan had dan sekatan: <i>If "No", specify limitations or restrictions:</i>		☒	☐
8.8 Adakah pelaut bebas dari apa-apa keadaan perubatan yang mungkin dimudharatkan melalui perkhidmatan laut atau boleh menyebabkan seseorang pelaut tidak layak untuk perkhidmatan sedemikian atau mungkin membahayakan kesihatan mana-mana orang di atas kapal? <i>Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the of other persons on board?</i>		☒	☐

Saya mengesahkan bahawa saya telah memeriksa pelaut seperti di atas mengikut standard perubatan dan penglihatan Malaysia
I certify that I have examined the above-named seafarer to standards of the medical and eyesight of Malaysia
 sepertimana dalam Kaedah-Kaedah Perkapalan Saudagar (Pemeriksaan Perubatan) 1999 seperti pindaan,
as in the Merchant Shipping (Medical Examination) Rules 1999 as amended,
 dan didapati beliau *layak atau tidak layak untuk menjalankan tugas pelaut dengan pembatasan-pembatasan berikut:
*and have found him to be *fit or unfit for seafaring subject to the following restrictions:*

FIT FOR DUTY ON BOARD SHIP

9) Kategori Kecergasan Perubatan:
Category of Medical Fitness:

A

10) Tarikh pemeriksaan (dd/mm/yyyy):
Date of Examination:

14 SEP 2023

11) Tarikh luput sijil (dd/mm/yyyy):
Expiry date of certificate:

13 SEP 2025

12) Tandatangan pelaut:
Signature of seafarer:

Zuhidul

13) Nama pengamal perubatan:
Name of medical practitioner:

DR. MIR. MD. RAIHAN

14) Tandatangan pengamal perubatan:
Signature of medical practitioner:

[Signature]

15) Pendaftaran MMC:
MMC Registration:

DR. MIR. MD. RAIHAN
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-01616
 DG Shipping Bangladesh Approved
 General Physician
 Radical Hospitals Limited.

16) Cop rasmi:
Official stamp:



- This certificate is issued by the Government of Malaysia in compliance with the requirements of Title 1, Regulation 1.2 under Maritime Labour Convention (2006)
- The maximum validity of this certificate is only two (2) years

* ~~strikethrough~~ whichever not applicable



JABATAN LAUT MALAYSIA

Ibu Pejabat Laut Semenanjung Malaysia, Peti Surat 12, 42007 Pelabuhan Klang
Tel: 03-3695100, Fax: 03-3685289, E-mail: kgprtd@marine.gov.my <http://www.marine.gov.my>

LAPORAN PENGAMAL PERUBATAN

MEDICAL PRACTITIONER'S REPORT

Saya telah memeriksa

MD. Zahidul

No. KP/Pasport:

EF0235085

I have examined

IC/Passport No:

mengikut standard perubatan Jabatan Laut Malaysia JL/P/02/98 dan keputusannya adalah berikut:
as per the Malaysian Marine Department medical standards JL/P/02/98 and the results are as follows:

Tinggi/Berat

Height/Weight

Pendengaran

Hearing

Penglihatan

Eyesight

Penglihatan dgn kacamata

Eyesight with visual aids

Penglihatan Warna

Colour Vision

Ujian Kencing Urinalysis

Nadi Pulse

Tekanan darah

Blood pressure

Chest X-ray

ECG

1.72 metres

65 kg

kanan Right

kiri Left

6/6

6/6

N/A

N/A

N/A

N/A

Nil gula sugar

Nil albumin

78 /min

110/80 mmHg

Normal/Abnormal

X-ray Number:

Normal/Abnormal

Normal

Abnormal

Remarks

- | | Normal | Abnormal | Remarks |
|---|-------------------------------------|--------------------------|----------|
| 1 Infectious diseases | ☒ | ☐ | |
| 2 Malignant Neoplasm | ☒ | ☐ | |
| 3 Endocrine and Metabolic Disease | ☐ | ☐ | |
| 4 Disease of the blood and blood forming organs | ☒ | ☐ | |
| 5 Mental Disorders | ☒ | ☐ | |
| 6 Central Nervous system | ☒ | ☐ | |
| 7 Cardiovascular system | ☒ | ☐ | |
| 8 Respiratory system | ☒ | ☐ | |
| 9 Digestive system | ☒ | ☐ | |
| 10 Genito-Urinary System | ☒ | ☐ | |
| 11 Pregnancy | No | Yes | (week) |
| 12 Skin | ☒ | ☐ | |
| 13 Musculo-skeletal system | ☒ | ☐ | |
| 14 Speech Defects | ☒ | ☐ | |
| 15 Ears/Nose/Throat | ☒ | ☐ | |
| 16 Eyes | ☒ | ☐ | |

Perakuan ini sah sehingga
This certificate is valid until

13 SEP 2025

Tarikh
Date

14 SEP 2023



Signature of Medical Practitioner

MMC No:

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

PENGAKUAN PELAUT YANG INGIN MENJALANI PEMERIKSAAN PERUBATAN
TESTIMONIAL OF SEAMAN UNDERGOING MEDICAL EXAMINATION

Sila jawab soalan-soalan berikut berhubung dengan sejarah kesihatan anda. Tandakan X dalam kotak ruangan yang sesuai 'Ya' atau 'Tidak'. Jika 'Ya' jelaskan dalam ruangan catitan.
 Please answer the following with reference to your health. Tick X in the appropriate 'Yes' or 'No' column. If ticked 'Yes' please elaborate in the remarks column.

Adakah anda mempunyai sejarah atau sedang mengalami penyakit berikut:
 Do you have any history or are undergoing treatment in any of the following:

No	Perihal Regarding	Ya Yes	Tidak No	Catitan Remarks
1	Masalah mata <i>Eye disorders</i>		☒	
	- Katarak <i>Cataract</i>		☒	
	- Pandangan monocular <i>Monocular sight</i>		☒	
	-Lain-lain yang menyebabkan halangan pandangan -Other factors which hinder vision		☒	
2	Buta warna <i>Colour blind</i>		☒	
3	Sukar melihat dalam gelap <i>Night blindness</i>		☒	
4	Apa-apa jenis sawan atau kekejangan <i>Convulsion or fits</i>		☒	
5	Kecederaan berat dikepala <i>Heavy injuries to head</i>		☒	
6	Serangan pening atau pening <i>Dizziness</i>		☒	
7	Sakit kepala yang berat atau 'migraine' <i>Severe headache or migraine</i>		☒	
8	Pembedahan otak yang 'major' <i>Major brain operation</i>		☒	
9	Kencing manis dalam rawatan insulin <i>Diabetes undergoing insulin treatment</i>		☒	
10	Penyakit mental <i>Mental Disorder</i>		☒	
11	Penyalahgunaan arak/dadah dalam masa 5 tahun yang lalu <i>Misuse of alcohol/drugs within last 5 years</i>		☒	
12	Kecacatan tulang belakang <i>Spinal deformity</i>		☒	
13	Penyakit jantung/tekanan darah tinggi/debaran jantung <i>Heart disease/ hypertension/ heart palpitations</i>		☒	
14	Sesak nafas/muntah darah/batuk kronik <i>Breathing difficulty/ blood vomiting/ chronic cough</i>		☒	
15	Pekak <i>Deafness</i>		☒	
16	Penyakit buah pinggang <i>Kidney disease</i>		☒	
17	Apa-apa rawatan yang berulang <i>Any regular medical treatment</i>		☒	
18	Apa-apa penyakit/kecederaan yang tidak dinyatakan diatas <i>Any injury/disease not stated above</i>		☒	

Saya dengan ini mengisytiharkan bahawa saya telah dengan teliti mengambil kira kenyataan yang dibuat diatas dan saya percaya ianya lengkap dan tepat. Saya seterusnya mengisytiharkan bahawa saya tidak menyembunyikan apa-apa maklumat atau membuat apa-apa kenyataan palsu yang boleh menjejaskan prestasi kerja saya. Saya memberi izin kepada pengamal perubatan yang memeriksa untuk berkomunikasi dengan mana-mana pengamal perubatan yang memeriksa saya dan Jabatan Laut, dalam hal-hal yang boleh memberikan kesan ke atas kesesuaian untuk bekerja diatas kapal.

I declare that the information given above is correct to the best of my knowledge. I further declare that I have not hidden any information or made false statement which can jeopardize my work. I do give permission for the medical practitioner to communicate with any other medical practitioners or the Marine Department in any matters which can affect my placement on board a vessel.

Tandatangan pemohon:
Applicants signature

Rahidul

No Kad Pelaut:

050012878

Seaman Card No:

Nama (dlm huruf besar):
Name (in capital letters)

MD. RAHIDUL

No. Kad Pengenalalan:
NRIC/Passport Number

EF0235085

Disaksikan oleh: (Dr):
Witnessed by

[Signature]

Official Stamp of Medical Practitioner:
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipp.ng Bangladesh Approved
 General Physician
 Radical Hospitals Limited.



Id No : 0616

Patient's Name : MD ZAHIDUL

Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM-T/33824

Date : 14-Sep-2023

Age : 22Y 0M 0D

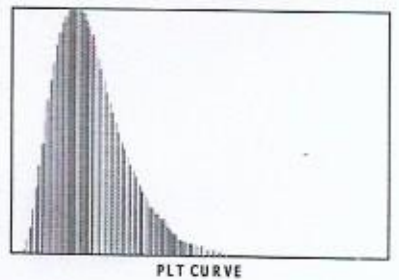
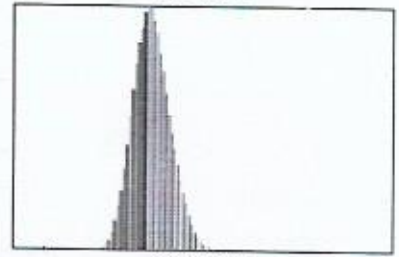
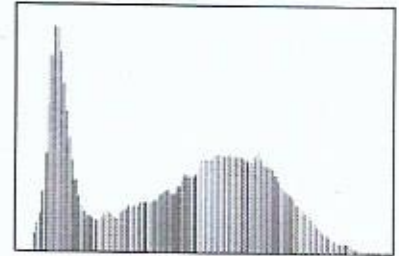
D.Date : 14-Sep-2023

Gender : Male

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	15.7 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	06 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	10,400 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	70 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	26 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	208 /cumm	50-450/cumm
Total RBC Count	4.84 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	41.0 %	M: 40-54%, F:37-47%
MCV	84.7 fL	76 - 94 fL
MCH	32.4 pg	27 - 32 pg
MCHC	38.3 g/dL	29 - 34 g/dL
RDW	11.8 %	11 - 16 %
PDW	16.9 fL	35 - 56 fL
Total Platelete Count (PC)	3,34,000 /cumm	150,000-450,000/cumm
MPV	7.5 fL	7.0 - 11.0 fL
PCT	0.251 %	0.1 - 0.2 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %



Checked By
Medical Technologist

Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

Bill No	DIA23090616	Received Date	14/09/2023
Patient's Name	MD ZAHIDUL		
Patient's Age	22Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/33824		
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.3 mmol/l	4.2 – 6.4 mmol/l
Serum Bilirubin (Total)	0.55 mg/dl	0.2 - 1.1 mg/dl
Serum AST (SGOT)	26.0 U/L	Up to 37 U/L
Serum ALT (SGPT)	28.0 U/L	Up to 40 U/L
HbA1C	5.2 %	4.2 - 6.7 %

RADICAL
HOSPITAL
LIMITED

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologists
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
M BBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23090616	Received Date	14/09/2023
Patient's Name	MD ZAHIDUL		
Patient's Age	22Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/33824		
Sample	BLOOD		

SEROLOGICAL REPORT

Test Name

Result

HIV 1 & 2 (Method : (ICT)	Negative
HBsAg (Method : (ICT)	Negative
VDRL	Non-reactive

BLOOD GROUPING Result

ABO Blood Group	"O" (+ve)
Rh(D)Factor	Positive

Checked By


Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23090616	Received Date	14/09/2023
Patient's Name	MD ZAHIDUL		
Patient's Age	22Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/33824		
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result
-----------	--------

Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologists
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology

East West Medical College and Hospital

Bill No	DIA23090616	Received Date	14/09/2023
Patient's Name	MD ZAHIDUL		
Patient's Age	22Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS, (DU), CCD(BIRDEM), PGT(Eye), DFM CDC NO: C/O/33824		
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION MICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	R B C	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	R B C	Nil
Albumin	NIL	W B C	Nil
Sugar	NIL	Epithelial	Nil
Ex. Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUEST CRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By


Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23090616 Receive: Print: 14/09/2023
Patient's Name : MD ZAHIDUL
Age : 22 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 69 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

ID: 222
Male 22 Years

14-09-2023 15:16:12

HR : 69 bpm

P : 96 ms

PR : 132 ms

QRS : 86 ms

QT/QTc : 414/444 ms

P/QRS/T : 24/73/52 °

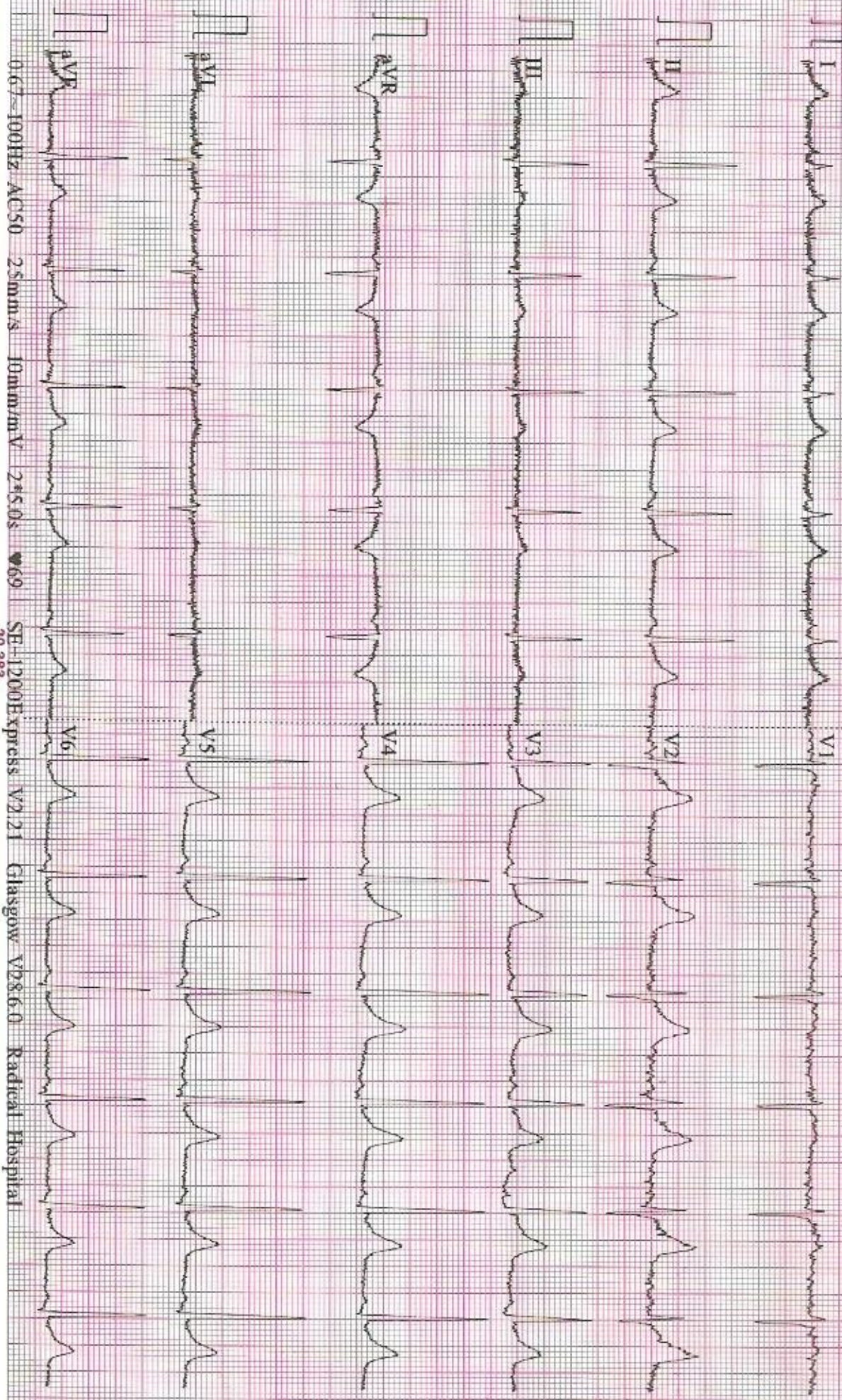
RV5/SV1 : 2.29/2.10/45 mV

Diagnosis Information:

Sinus rhythm

Normal ECG

Report Confirmed by:



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.	: 23090616	Receive: 14/09/2023	Print: 14/09/2023
Patient's Name	: MD ZAHIDUL		
Age	: 22 Yrs	Sex	: M
Refd. by	: Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

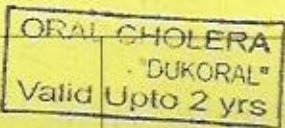


Prof. Dr. Md. Mojibor Rahman
 MBBS. DMRD (Radiology & Imaging)
 Head of the Department (Radiology & Imaging)
 Sylhet Women's Medical College Hospital

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST CHOLERA
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION
CON TRE LE CHOLERA**

MD. ZAHIDUL
This is to certify that JE Soussigne' (e) certifie que _____ date of birth / no' (e) le 24/09/2023 Sex / sexe male
Whose signature follows / dont la signature suit Zaidul

has on the Date indicated been vaccinated or revaccinated against cholera
a e'te' vaccine (e) ar revaccine' (e) contre le fièvre jaune a la date indiquée.

Date	Signature and professional Status of Vaccinator Signature et qualité profess- sionnelle vaccinateur	Approved Stamp Cachet d'authentification
1	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Ho: _____	
2		
3		
4		

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the event of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any part of it. May render it invalid.

La validité de ce certificat couvre une période de six mois commençant six jours après la première injection du vaccin ou, dans le cas d'une revaccination, à compter de cette période de six mois jour de cette revaccination.

Nonobstant les dispositions ci-dessus dans le cas d'un pèlerin le présent certificat doit faire mention de deux injections partielles à sept jours d'intervalle et sa validité commence le jour de la seconde injection.

De cachet d'authentification doit être conforme au modèle présent par l'administration sanitaire du territoire où la vaccination est effectuée.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qu'il comporte peut entraîner la nullité.

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST YELLOW FEVER
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION
CONTRE LA FIEVRE JAUNE**

This is to certify that
JE Soussigne' (e) certifie que

date of birth
no' (e) le

Sex
sexe

Whose signature follows
don't la signature suit

Reshida

has on the Date indicated been vaccinated or revaccinated against cholera
a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la date indiquee.

Date	Signature and professional Stahtus of Vaccinator Signature et titre du vaccineur	Manufacturer and batch no of vaccine Fabricant du vaccin et numbre ro du lot	Official stamp of vaccinating centre Cachet officiel du centre de vaccination
14 SEP 2023	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.		
2			
3			
4			

This certificate is valid only if the vaccine used has been approved by the world health organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within such period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

Ce certificat n'est valable que si le vaccin employe a ete approuve par l'organisation Mondiale de la sante et si le centre a ete designe par l'administration de sante publique du territoire dans lequel ce centre est situe.

La validite de ce certificat couvre une periode de dix ans commençant dix jours après la date de la vaccination ou, dans le cas d'une revaccination, ou, à compter de dix ans, le jour de cette revaccination.

Ce certificat doit être signé par son titulaire de sa propre main, son cachet officiel ne pouvant être considéré comme tenant lieu de signature.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qu'il

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING
GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH



Form No: SMC

SL NO.

04.2023.4779

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:

Name: Last ZAIDUL First MD Middle
Gender: (Male/Female) MALE Nationality: BANGLADESHI Date: 14 SEP 2023
Occupation: Deck/Engine/Catering/Other (specify) OS (DECK) Rank: OS
Father's/ Husband's name: GOLZAR HOSEN C.D.C No. 7/93824
Mother's Name: TRIMONA BEGUM Seaman ID No. 050012878
Address: House No: Street/ Road No: Passport No. EF 0235085
Locality/Village: DIGOR NID No.
P.O: RAHIMNAGAR Date of Birth: 04/09/2002
P.S: CHANDAL (DD/MM/YYYY)
District: BARISAL

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:

I am duly authorized by the Department of Shipping, Government of the People's Republic of Bangladesh and confirm the followings:

- Confirmation that identification documents were checked at the point of examination : YES/NO
 - Hearing meets the standards in section A-I/9 : YES/NO
 - Unaided hearing satisfactory? : YES/NO
 - Visual acuity meets standards in section A-I/9? : YES/NO
 - Colour vision meets standards in section A-I/9? : YES/NO
Date of last colour vision test : 14 SEP 2023
 - Fit for lookout duties? : YES/NO
 - Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for service or to render the health of any other persons on board? : YES/NO
 - Any limitations or restrictions on fitness? : YES/NO
- If YES, specify limitations or restrictions:

Duties:

Location/Vessel:

Medical/Other:

RADICAL HOSPITAL LIMITED

Uttara, Dhaka, Bangladesh

9. Medical fitness category : Fit-No restriction

Fit-Subject to restrictions

Unfit

10. Date of examination/Issue (DD/MM/YYYY) 14 SEP 2023

11. Date of expiry (DD/MM/YYYY) 13 SEP 2025 "No more than 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

Seafarer's Signature



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Bldem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited
Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

- All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

- An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

- Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

- Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmissible by food shall be restricted from working with food or in food-related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1):

1. Complete physical Examination.

2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

14 SEP 2023

DR. MIR. MD. RAIHAN
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General Physician
Radical Hospitals Limited