

# REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR. MIR MD. RAIHAN MBBS, (DU), DFM

RADICAL HOSPITAL LIMITED,

35 SHAH MAKHDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical\_hospitals@yahoo.com

Name: MD. SAIFUL

Sex: Male

Serial No:

Date of Birth: 15/07/1996

PP/CDC: T/35121

Rank:

WIPPER

Vessel:

Type:

Route:

WORLDWIDE

Home Address: DIGOR, GHATAIL, TANGAIL

Company Name:

## Medical History

Please answer the following to the best of your knowledge.

| Is there any past / present history of any of the following | Candidate Declaration |                                     | Examiner Record |                                     |                                                | Candidate Declaration |                                     | Examiner Record |                                     |
|-------------------------------------------------------------|-----------------------|-------------------------------------|-----------------|-------------------------------------|------------------------------------------------|-----------------------|-------------------------------------|-----------------|-------------------------------------|
|                                                             | Yes                   | No                                  | Yes             | No                                  |                                                | Yes                   | No                                  | Yes             | No                                  |
| Severe one-sided headaches (Migraine)                       |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Hemia / Hydrocoele / Appendicitis              |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Head Injury / Concussion / Loss of Memory                   |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | High / Low blood pressure / Heart disease      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Fits / Epilepsy / Dizziness / Fainting                      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Asthma / Bronchitis / Tuberculosis             |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Eye / Vision Problems (Glasses, etc.)                       |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Allergy / Skin disease                         |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Hearing Impairment                                          |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Infection / Contagious Disease                 |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Ear / Nose / Throat problems                                |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Addiction to alcohol / drugs / tobacco         |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Stomach / Bowel disorders                                   |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Fracture / Dislocation / Injury / Amputation   |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Gall stones / Kidney disorders                              |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Major / Minor Operation                        |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Jaundice / Liver Disease                                    |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Diabetes                                       |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Piles / Varicose veins                                      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Nervous / Mental disease / Sleep disorder      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Blood Disorder                                              |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Malignant disease (Cancer)                     |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Female Disorder                                             |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Signed off on medical grounds / Declared Unfit |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |

Notes

## Medical Examination

| Height         | Weight in Kgs | Chest Insp-Exp | Blood Pressure in mm of Hg | Pulse-Beats / min | Resp. Rate / min | General Condition |           |           |      |          |      |      |      |  |  |
|----------------|---------------|----------------|----------------------------|-------------------|------------------|-------------------|-----------|-----------|------|----------|------|------|------|--|--|
| <u>167cm</u>   | <u>60kg</u>   | <u>41-43</u>   | <u>120/80 mmHg</u>         | <u>78b/min</u>    | <u>19b/min</u>   | <u>Good</u>       |           |           |      |          |      |      |      |  |  |
| Distant Vision | Uncorrected   | Corrected      | Field of Vision            | Audiometry        | HL               | 500               | 1000      | 2000      | 3000 | 4000     | 5000 | 6000 | 8000 |  |  |
| Right Eye      | <u>6/6</u>    |                | Normal                     | Right Ear         | dB               | <u>20</u>         | <u>20</u> | <u>20</u> |      |          |      |      |      |  |  |
| Left Eye       | <u>6/6</u>    |                | Abnormal                   | Left Ear          | dB               | <u>20</u>         | <u>20</u> | <u>20</u> |      |          |      |      |      |  |  |
| Colour Vision  | Ishihara      | Normal         | Abnormal                   | Hearing           | Right Ear        |                   |           |           |      | Left ear |      |      |      |  |  |
|                | Other         | Normal         | Abnormal                   |                   | <u>4</u>         |                   |           |           |      | <u>4</u> |      |      |      |  |  |

## Systemic Examination

|                         | Normal                              | Abnormal | Notes                                                                                                                                  |  | Normal                | Abnormal                            |
|-------------------------|-------------------------------------|----------|----------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------|-------------------------------------|
| Head & Neck             | <input checked="" type="checkbox"/> |          | <div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>FIT FOR SEA SERVICE</b><br/> <b>AS PER MLC 2006</b> </div> |  | Respiratory system    | <input checked="" type="checkbox"/> |
| Eyes                    | <input checked="" type="checkbox"/> |          |                                                                                                                                        |  | Cardiovascular system | <input checked="" type="checkbox"/> |
| Ears / Nose / Throat    | <input checked="" type="checkbox"/> |          |                                                                                                                                        |  | Per Abdomen           | <input checked="" type="checkbox"/> |
| Teeth / Oral Cavity     | <input checked="" type="checkbox"/> |          |                                                                                                                                        |  | Genito-urinary system | <input checked="" type="checkbox"/> |
| Musculo-Skeletal system | <input checked="" type="checkbox"/> |          |                                                                                                                                        |  | Others                | <input checked="" type="checkbox"/> |
| Nervous system          | <input checked="" type="checkbox"/> |          |                                                                                                                                        |  | Hemia / Hydrocoele    | <input checked="" type="checkbox"/> |
| Reflexes                | <input checked="" type="checkbox"/> |          | Enhanced GARD Medicals done                                                                                                            |  | Varicose Veins        | <input checked="" type="checkbox"/> |
| Skin                    | <input checked="" type="checkbox"/> |          |                                                                                                                                        |  | Fissure/Fistula/Piles | <input checked="" type="checkbox"/> |

## Investigations

| Blood                                                                           | Result                  | Normal             | Urine            |
|---------------------------------------------------------------------------------|-------------------------|--------------------|------------------|
| Hemoglobin                                                                      | <u>15.2</u> gm%         | 14-16 gm %         | Colour <u>SW</u> |
| Total WBC count                                                                 | <u>6.700</u> cu.mm      | 4000-11000 / cu.mm | Specific Gravity |
| Neu <u>57</u> % Lymph <u>43</u> % Eos <u>02</u> % Ba <u>00</u> % Mo <u>02</u> % |                         |                    | pH               |
| Malaria parasite                                                                | <u>Not Found</u>        |                    | Albumin          |
| ESR                                                                             | <u>04</u> mm / 1st hour | 1-15 mm / hr       | Sugar            |
| SGPT                                                                            | <u>26</u> U/L           | 9-43 U/L           | Bile pigment     |
| S.Cholesterol                                                                   | <u>175</u> mg/dl        | 145-260 mg / dl    | Bile salts       |
| S.Triacylglycerides                                                             | <u>175</u> mg/dl        | upto 200 mg / dl   | Occult blood     |
| Blood Sugar                                                                     | RDS <u>111</u> PPBS     | upto 125 mg %      | RBC cells        |
| HbsAg                                                                           | <u>Negative</u>         |                    | Leucocytes       |
| HIV 1 & 2                                                                       | <u>Negative</u>         |                    | Others           |
| VDRL                                                                            | <u>Negative</u>         |                    |                  |
| Others                                                                          | <u>GGT U/L</u>          |                    |                  |
| Blood Group                                                                     |                         |                    |                  |

ECG: Normal TMT: N/D

X-Ray Chest: Normal

Spirometry: N/D

Drugs of Abuse: Negative

USG: Normal



## Result of Medical Examination

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr. MIR MD Raihan, hereby declare the examinee medically

Fit Unfit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months.

Remarks / Recommendations

I, Dr. MIR MD Raihan, hereby certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate

This certificate is valid till: 13 SEP 2025

Candidate's Signature

Saiful

Date: 14 SEP 2023

Official Stamp



Doctor's Signature:

DR. MIR. MD. RAIHAN  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited.

04.2023.4778



**KERAJAAN MALAYSIA**  
**GOVERNMENT OF MALAYSIA**

Marine Headquarters, Marine Department Malaysia, P.O Box 12, 42007 Port Klang  
Tel: 03 - 3346 7777, Fax: 03 - 3168 5289, E-mail: [kpgr@marine.gov.my](mailto:kpgr@marine.gov.my) Website: <http://www.marine.gov.my>

**SIJIL PEMERIKSAAN PERUBATAN**  
**MEDICAL EXAMINATION CERTIFICATE**

- 1) Nama pemegang sijil (seperti dalam passport):  
*Name of holder of Certificate (as in passport):* Family Name  
SAIFUL Given Name(s)  
MD
- 2) \*Jantina: Lelaki / Wanita  
*Gender: Male / Female* 3) Warganegara:  
*Nationality:* Bangladeshi 4) No. Kad Pelaut:  
*Seaman Card No.:* 050015278
- 5) No. Kad Pengenalan/Passport:  
*Identity Card No/Passport.:* A03081407 6) Tarikh Lahir (dd/mm/yyyy):  
*Date of Birth:* 15.07.1996
- 7) Jawatan:  
*Profession:* Seaman
- 8) Pengakuan oleh Pengamal Perubatan yang Diiktiraf:  
*Declaration of the Recognized Medical Practitioner:*
- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Yes/Ya                                                                  | No/Tidak                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------|
| 8.1 Pengesahan dokumen pengenalan telah disemak ketika pemeriksaan<br><i>Confirmation that identification documents were checked at the point of examination</i>                                                                                                                                                                                                                                                                                                    | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |
| 8.2 Pendengaran menepati piawaian mengikut seksyen A-I/9 Konvensyen STCW 78 seperti dipinda<br><i>Hearing meets the standards in section A-I/9 of the STCW 78 as amended</i>                                                                                                                                                                                                                                                                                        | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |
| 8.3 Pendengaran memuaskan tanpa apa-apa bantuan?<br><i>Unaided hearing satisfactory?</i>                                                                                                                                                                                                                                                                                                                                                                            | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |
| 8.4 Ketajaman penglihatan menepati piawaian mengikut seksyen A-I/9 Konvensyen STCW 78 seperti dipinda?<br><i>Visual acuity meets standards in section A-I/9 of the STCW 78 as amended?</i>                                                                                                                                                                                                                                                                          | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |
| 8.5 Penglihatan warna menepati piawaian mengikut seksyen A-I/9 Konvensyen STCW 78 seperti dipinda?<br><i>Colour vision meets standards in section A-I/9 of the STCW 78 as amended?</i>                                                                                                                                                                                                                                                                              | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |
| - Tarikh terakhir ujian penglihatan warna:<br><i>Date of last colour vision test:</i>                                                                                                                                                                                                                                                                                                                                                                               | <span style="border: 1px solid black; padding: 2px;">14 SEP 2023</span> |                          |
| 8.6 Layak untuk tugas peninjauan?<br><i>Fit for look-out duties?</i>                                                                                                                                                                                                                                                                                                                                                                                                | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |
| 8.7 Tiada had atau sekatan dari aspek kecergasan?<br><i>No limitations or restriction on fitness?</i><br>Jika "Tidak", nyatakan had dan sekatan:<br><i>If "No", specify limitations or restrictions:</i>                                                                                                                                                                                                                                                            | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                         |                          |
| 8.8 Adakah pelaut bebas dari apa-apa keadaan perubatan yang mungkin dimudharatkan melalui perkhidmatan laut atau boleh menyebabkan seseorang pelaut tidak layak untuk perkhidmatan sedemikian atau mungkin membahayakan kesihatan mana-mana orang di atas kapal?<br><i>Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the of other persons on board?</i> | <input checked="" type="checkbox"/>                                     | <input type="checkbox"/> |

Saya mengesahkan bahawa saya telah memeriksa pelaut seperti di atas mengikut standard perubatan dan penglihatan Malaysia  
*I certify that I have examined the above-named seafarer to standards of the medical and eyesight of Malaysia*  
 sepertimana dalam Kaedah-Kaedah Perkapalan Saudagar (Pemeriksaan Perubatan) 1999 seperti pindaan,  
*as in the Merchant Shipping (Medical Examination) Rules 1999 as amended,*  
 dan didapati beliau \*layak atau tidak layak untuk menjalankan tugas pelaut dengan pembatasan-pembatasan berikut:  
*and have found him to be \*fit or unfit for seafaring subject to the following restrictions:*

**FIT FOR DUTY ON BOARD SHIP**

9) Kategori Kecergasan Perubatan:  
*Category of Medical Fitness:*

A

10) Tarikh pemeriksaan (dd/mm/yyyy):  
*Date of Examination:*

14 SEP 2023

11) Tarikh luput sijil (dd/mm/yyyy):  
*Expiry date of certificate:*

13 SEP 2025

12) Tandatangan pelaut:  
*Signature of seafarer:*

Sairul

13) Nama pengamal perubatan:  
*Name of medical practitioner:*

DR. MIR MD. RAHAN.

14) Tandatangan pengamal perubatan:  
*Signature of medical practitioner:*

[Signature]

15) Pendaftaran MMC:  
*MMC Registration:*

DR. MIR. MD. RAIHAN  
 MBBS (DU), DFM, CCD (Biderm), PGT (Ophth)  
 BMDC A-55144, MMC-BGD-016  
 DG Shipp.ng Bangladesh Approved  
 General Physician  
 Radical Hospitals Limited.

16) Cop rasmi:  
*Official stamp:*



- This certificate is issued by the Government of Malaysia in compliance with the requirements of Title 1.Regulation 1.2 under Maritime Labour Convention (2006)
- The maximum validity of this certificate is only two (2) years

\* strikethrough whichever not applicable



JL/HEPP/D/16

## JABATAN LAUT MALAYSIA

Ibu Pejabat Laut Semenanjung Malaysia, Peti Surat 12, 42007 Pelabuhan Klang  
Tel: 03-3695100, Fax: 03-3685289, E-mail: kpr@marine.gov.my http://www.marine.gov.my

**LAPORAN PENGAMAL PERUBATAN**  
**MEDICAL PRACTITIONER'S REPORT**

Saya telah memeriksa MD. SAIFUL No. KP/Pasport: A03081407  
*I have examined* MD. SAIFUL *IC/Passport No:* A03081407  
mengikut standard perubatan Jabatan Laut Malaysia JL/P/02/98 dan keputusannya adalah berikut:  
*as per the Malaysian Marine Department medical standards JL/P/02/98 and the results are as follows:*

Tinggi/Berat  
*Height/Weight*

167 metres 60 kg

Pendengaran  
*Hearing*

MM kanan MM kiri  
*right left*

Penglihatan  
*Eyesight*

6/6 kanan 6/6 kiri  
*right left*

Penglihatan dgn kacamata  
*Eyesight with visual aids*

NA kanan NA kiri  
*right left*

Penglihatan Warna  
*Colour Vision*

Normal

Ujian Kencing *Urinalysis*

Nil gula sugar Nil albumin

Nadi *Pulse*

78 /min

Tekanan darah  
*Blood pressure*

120/80 mmHg

Chest X-ray

Normal/Abnormal

X-ray Number: 23060617

ECG

Normal/Abnormal

**KEPUTUSAN PEPERIKSAAN**  
**EXAMINATION RESULTS**

LAYAK  
*FIT*

TIDAK LAYAK  
*UNFIT*

TIDAK LAYAK SEMENTARA  
*TEMPORARILY UNFIT*

|                                                 | Normal                              | Abnormal                 | Remarks        |
|-------------------------------------------------|-------------------------------------|--------------------------|----------------|
| 1 Infectious diseases                           | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 2 Malignant Neoplasm                            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 3 Endocrine and Metabolic Disease               | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 4 Disease of the blood and blood forming organs | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 5 Mental Disorders                              | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 6 Central Nervous system                        | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 7 Cardiovascular system                         | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 8 Respiratory system                            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 9 Digestive system                              | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 10 Genito-Urinary System                        | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 11 Pregnancy                                    | No                                  | Yes                      | ( week _____ ) |
| 12 Skin                                         | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 13 Musculo-skeletal system                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 14 Speech Defects                               | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 15 Ears/Nose/Throat                             | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |
| 16 Eyes                                         | <input checked="" type="checkbox"/> | <input type="checkbox"/> |                |

Perakuan ini sah sehingga 13 SEP 2025  
*This certificate is valid until*

Tarikh  
*Date* 14 SEP 2023



Signature of Medical Practitioner

DR. MIR. MD. RAIHAN  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited.

**PENGAKUAN PELAUT YANG INGIN MENJALANI PEMERIKSAAN PERUBATAN**  
**TESTIMONIAL OF SEAMAN UNDERGOING MEDICAL EXAMINATION**

Sila jawab soalan-soalan berikut berhubung dengan sejarah kesihatan anda. Tandakan X dalam kotak ruangan yang sesuai 'Ya' atau 'Tidak'. Jika 'Ya' jelaskan dalam ruangan catitan.  
 Please answer the following with reference to your health. Tick X in the appropriate 'Yes' or 'No' column. If ticked 'Yes' please elaborate in the remarks column.

Adakah anda mempunyai sejarah atau sedang mengalami penyakit berikut:  
 Do you have any history or are undergoing treatment in any of the following:

| No | Perihal Regarding                                                                                               | Ya Yes | Tidak/No                            | Catitan Remarks |
|----|-----------------------------------------------------------------------------------------------------------------|--------|-------------------------------------|-----------------|
| 1  | Masalah mata <i>Eye disorders</i>                                                                               |        | <input checked="" type="checkbox"/> |                 |
|    | - Katarak <i>Cataract</i>                                                                                       |        | <input checked="" type="checkbox"/> |                 |
|    | - Pandangan monocular <i>Monocular sight</i>                                                                    |        | <input checked="" type="checkbox"/> |                 |
|    | -Lain-lain yang menyebabkan halangan pandangan<br>-Other factors which hinder vision                            |        | <input checked="" type="checkbox"/> |                 |
| 2  | Buta warna <i>Colour blind</i>                                                                                  |        | <input checked="" type="checkbox"/> |                 |
| 3  | Sukar melihat dalam gelap <i>Night blindness</i>                                                                |        | <input checked="" type="checkbox"/> |                 |
| 4  | Apa-apa jenis sawan atau kekejangan <i>Convulsion or fits</i>                                                   |        | <input checked="" type="checkbox"/> |                 |
| 5  | Kecederaan berat dikepala <i>Heavy injuries to head</i>                                                         |        | <input checked="" type="checkbox"/> |                 |
| 6  | Serangan pening atau pening <i>Dizziness</i>                                                                    |        | <input checked="" type="checkbox"/> |                 |
| 7  | Sakit kepala yang berat atau 'migraine'<br><i>Severe headache or migraine</i>                                   |        | <input checked="" type="checkbox"/> |                 |
| 8  | Pembedahan otak yang 'major' <i>Major brain operation</i>                                                       |        | <input checked="" type="checkbox"/> |                 |
| 9  | Kencing manis dalam rawatan insulin<br><i>Diabetes undergoing insulin treatment</i>                             |        | <input checked="" type="checkbox"/> |                 |
| 10 | Penyakit mental <i>Mental Disorder</i>                                                                          |        | <input checked="" type="checkbox"/> |                 |
| 11 | Penyalahgunaan arak/dadah dalam masa 5 tahun yang lalu<br><i>Misuse of alcohol/drugs within last 5 years</i>    |        | <input checked="" type="checkbox"/> |                 |
| 12 | Kecacatan tulang belakang <i>Spinal deformity</i>                                                               |        | <input checked="" type="checkbox"/> |                 |
| 13 | Penyakit jantung/tekanan darah tinggi/debaran jantung<br><i>Heart disease/ hypertension/ heart palpitations</i> |        | <input checked="" type="checkbox"/> |                 |
| 14 | Sesak nafas/muntah darah/batuk kronik<br><i>Breathing difficulty/ blood vomiting/ chronic cough</i>             |        | <input checked="" type="checkbox"/> |                 |
| 15 | Pekak <i>Deafness</i>                                                                                           |        | <input checked="" type="checkbox"/> |                 |
| 16 | Penyakit buah pinggang <i>Kidney disease</i>                                                                    |        | <input checked="" type="checkbox"/> |                 |
| 17 | Apa-apa rawatan yang berulang<br><i>Any regular medical treatment</i>                                           |        | <input checked="" type="checkbox"/> |                 |
| 18 | Apa-apa penyakit/kecederaan yang tidak dinyatakan diatas<br><i>Any injury/disease not stated above</i>          |        | <input checked="" type="checkbox"/> |                 |

Saya dengan ini mengisytiharkan bahawa saya telah dengan teliti mengambilkira kenyataan yang dibuat diatas dan saya percaya ianya lengkap dan tepat. Saya seterusnya mengisytiharkan bahawa saya tidak menyembunyikan apa-apa maklumat atau membuat apa-apa kenyataan palsu yang boleh menjejaskan prestasi kerja saya. Saya memberi izin kepada pengamal perubatan yang memeriksa untuk berkomunikasi dengan mana-mana pengamal perubatan yang memeriksa saya dan Jabatan Laut, dalam hal-hal yang boleh memberikan kesan ke atas kesesuaian untuk bekerja diatas kapal.

I declare that the information given above is correct to the best of my knowledge. I further declare that I have not hidden any information or made false statement which can jeopardize my work. I do give permission for the medical practitioner to communicate with any other medical practitioners or the Marine Department in any matters which can affect my placement on board a vessel.

Tandatangan pemohon:.....

Applicants signature

No Kad Pelaut.....  
Seaman Card No:

Nama(dlm huruf besar).....

Name (in capital letters)

No. Kad Pengenalalan.....  
NRIC/Passport Number

Disaksikan oleh: (Dr) : .....

Witnessed by

Official Stamp of Medical Practitioner  
**DR. MIR. MD. RAIHAN**  
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
 BMDC A-55144, MMC-BGD-016  
 DG Shipp.ng Bangladesh Approved  
 General Physician  
 Radical Hospitals Limited

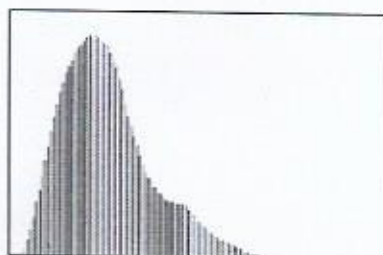
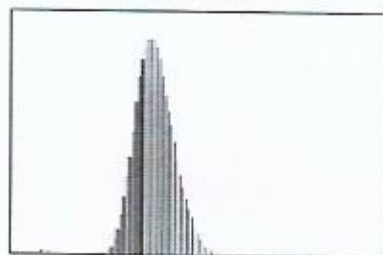


**Id No** : 0617 **Date** : 14-Sep-2023 **D.Date** : 14-Sep-2023  
**Patient's Name** : MD SAIFUL **Age** : 27Y 0M 0D **Gender** : Male  
**Specimen** : Blood  
**Doctor Name** : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM-T/35121

### Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

| Parameter Name                     | Results               | Reference Range                                                                                    |
|------------------------------------|-----------------------|----------------------------------------------------------------------------------------------------|
| <b>Hemoglobin (Hb)</b>             | <b>15.2</b> gm/dl     | M:13-18 gm/dl. F:11.5-16.5 gm/dl.<br>Child:10-13 gm/dl.                                            |
| <b>ESR(Westergreen)</b>            | <b>04</b> mm/1st hr   | Infant: (One year):8-10 gm/dl.<br>Male:0-10, F:0-20 mm/1st hr.                                     |
| <b>Total WBC Count(TC)</b>         | <b>6,700</b> /cumm    | Adult: 4000 - 11000/cumm.<br>Children: 5,000-15,000/cumm<br>Infant(One Year):<br>6,000-18,000/cumm |
| <b>Differential WBC Count (DC)</b> |                       |                                                                                                    |
| Neutrophils                        | <b>51</b> %           | Child: 25-66 %, Adult: 40-75 %                                                                     |
| Lymphocytes                        | <b>43</b> %           | Child: 52-62 %, Adult: 20-50 %                                                                     |
| Monocytes                          | <b>04</b> %           | Child: 03-07 %, Adult: 02-10 %                                                                     |
| Eosinophils                        | <b>02</b> %           | Child: 01-03 %, Adult: 01-06 %                                                                     |
| Basophils                          | <b>00</b> %           | Adult: 00-01 %                                                                                     |
| Total Cir. Eosinophils             | <b>134</b> /cumm      | 50-450/cumm                                                                                        |
| <b>Total RBC Count</b>             | <b>4.51</b> m/ul      | M: 4.5-6.5, F:3.8-5.8 m/ul                                                                         |
| HCT/PCV                            | <b>40.2</b> %         | M: 40-54%, F:37-47%                                                                                |
| MCV                                | <b>89.1</b> fL        | 76 - 94 fL                                                                                         |
| MCH                                | <b>33.7</b> pg        | 27 - 32 pg                                                                                         |
| MCHC                               | <b>37.8</b> g/dL      | 29 - 34 g/dL                                                                                       |
| RDW                                | <b>12.3</b> %         | 11 - 16 %                                                                                          |
| PDW                                | <b>15.5</b> fL        | 35 - 56 fL                                                                                         |
| <b>Total Platelete Count (PC)</b>  | <b>2,49,000</b> /cumm | 150,000-450,000/cumm                                                                               |
| MPV                                | <b>9.1</b> fL         | 7.0 - 11.0 fL                                                                                      |
| PCT                                | <b>0.227</b> %        | 0.1 - 0.5 %                                                                                        |
| Bleeding Time(BT)                  | %                     | 10 - 18 %                                                                                          |
| Cloting Time(CT)                   | %                     | 0.1- 0.2 %                                                                                         |



  
**Checked By**  
 Medical Technologist

  
**Dr. Sumaiya Khatun**  
 MBBS,MD(Gold Medalist) (BSMMU)  
 Associate Professor  
 Dept. Of Microbiology  
 East West Medical College & Hospital.

|                |                                                                        |               |            |
|----------------|------------------------------------------------------------------------|---------------|------------|
| Bill No        | DIA23090617                                                            | Received Date | 14/09/2023 |
| Patient's Name | MD SAIFUL                                                              |               |            |
| Patient's Age  | 27Y 0M 0D                                                              | Patient's Sex | Male       |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/35121 |               |            |
| Sample         | BLOOD                                                                  |               |            |

### BIOCHEMISTRY REPORT

| Test Name                | Result     | Reference Range  |
|--------------------------|------------|------------------|
| Random Blood Sugar (RBS) | 5.1 mmol/l | 4.2 – 6.4 mmol/l |
| Serum Bilirubin (Total)  | 0.55 mg/dl | 0.2 - 1.1 mg/dl  |
| Serum AST (SGOT)         | 28.0 U/L   | Up to 37 U/L     |
| Serum ALT (SGPT)         | 26.0 U/L   | Up to 40 U/L     |
| HbA1C                    | 5.1 %      | 4.2 - 6.7 %      |

### REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

  
Medical Technologist  
Radical Hospitals Ltd.

  
Dr. Sumaiya Khatun  
M BBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

|                |                                                       |               |                  |
|----------------|-------------------------------------------------------|---------------|------------------|
| Bill No        | DIA23090617                                           | Received Date | 14/09/2023       |
| Patient's Name | MD SAIFUL                                             |               |                  |
| Patient's Age  | 27Y 0M 0D                                             | Patient's Sex | Male             |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/35121 |
| Sample         | BLOOD                                                 |               |                  |

## SEROLOGICAL REPORT

### Test Name

### Result

|                           |              |
|---------------------------|--------------|
| HIV 1 & 2 (Method : (ICT) | Negative     |
| HBsAg (Method : (ICT)     | Negative     |
| VDRL                      | Non-reactive |

### BLOOD GROUPING Result

|                 |           |
|-----------------|-----------|
| ABO Blood Group | "O" (+ve) |
| Rh(D)Factor     | Positive  |

Checked By

Medical Technologist  
Radical Hospitals Ltd.

Dr. Sumaiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

|                |                                                                        |               |            |
|----------------|------------------------------------------------------------------------|---------------|------------|
| Bill No        | DIA23090617                                                            | Received Date | 14/09/2023 |
| Patient's Name | MD SAIFUL                                                              |               |            |
| Patient's Age  | 27Y 0M 0D                                                              | Patient's Sex | Male       |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/35121 |               |            |
| Sample         | URINE                                                                  |               |            |

### DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

| Test Name | Result |
|-----------|--------|
|-----------|--------|

Drug Level of Urine

|                 |          |
|-----------------|----------|
| Cocaine         | Negative |
| Morphine        | Negative |
| Marijuana       | Negative |
| Barbiturates    | Negative |
| Amphetamines    | Negative |
| Phencyclidine   | Negative |
| Alcohol         | Negative |
| Benzodiazepines | Negative |
| Methadone       | Negative |
| Propoxyphene    | Negative |

Checked By

  
Medical Technologist  
Radical Hospitals Ltd.

  
Dr. Suraiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

|                |                                                       |               |                  |
|----------------|-------------------------------------------------------|---------------|------------------|
| Bill No        | DIA23090617                                           | Received Date | 14/09/2023       |
| Patient's Name | MD SAIFUL                                             |               |                  |
| Patient's Age  | 27Y 0M 0D                                             | Patient's Sex | Male             |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/35121 |
| Sample         | URINE                                                 |               |                  |

**URINE ROUTINE EXAMINATION**

**PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION**

|            |            |             |         |
|------------|------------|-------------|---------|
| Quantity   | Sufficient | CELLS / HPF |         |
| Color      | Straw      | R B C       | Nil     |
| Appearance | Clear      | Pus Cells   | 1-2/HPF |
| Sediment   | Nil        | Epithelial  | 0-1/HPF |

**CHEMICAL EXAMINATIONCASTS / LPF**

|              |        |            |     |
|--------------|--------|------------|-----|
| Reaction     | Acidic | R B C      | Nil |
| Albumin      | NIL    | W B C      | Nil |
| Sugar        | NIL    | Epithelial | Nil |
| Ex.Phosphate | Nil    | Granular   | Nil |
|              |        | Hyaline    | Nil |

**ON REQUESTCRYSTALS & OTHERS**

|              |          |                   |     |
|--------------|----------|-------------------|-----|
| Bile Salt    | Not Done | Urates            | Nil |
| Bile Pigment | Not Done | Uric Acid         | Nil |
| Ketones      | Not Done | Calcium oxalate   | Nil |
| Urobilinogen | Not Done | Amor. Phos        | Nil |
| B.J. Protein | Not Done | Hippurate crystal | NIL |

Checked By

  
Medical Technologist  
Radical Hospitals Ltd.

  
Dr. Sumaiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

**DEPARTMENT OF RADIOLOGY & IMAGING**

|                |                                                         |                     |                   |
|----------------|---------------------------------------------------------|---------------------|-------------------|
| ID. No.        | : 23090617                                              | Receive: 14/09/2023 | Print: 14/09/2023 |
| Patient's Name | : MD SAIFUL                                             |                     |                   |
| Age            | : 27 Yrs                                                | Sex                 | : M               |
| Refd. by       | : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |                     |                   |

**X-RAY OF CHEST (DIGITAL)**

**Diaphragm** : Both hemidiaphragm are normal in position.  
C-P angles are clear.

**Heart** : Normal in T.D.

**Lung** : Lung fields are clear.

**Bony thorax** : Reveals no abnormality.

**Comments** : Normal chest skiagram.



**Prof. Dr. Md. Mojibor Rahman**  
 MBBS, DMRD (Radiology & Imaging)  
 Head of the Department (Radiology & Imaging)  
 Sylhet Women's Medical College Hospital

ID: 223  
*Mr. S. S. S.*  
Male 72 Years

14-09-2023 15:23:16  
HR : 68 bpm  
P : 100 ms  
PR : 132 ms  
QRS : 88 ms  
QT/QTc : 366/390 ms  
P/QRS/T : 66/63/43 °  
RV5/SV1 : 2.180/0.883 mV

Diagnosis Information:  
Sinus rhythm  
Normal ECG

Report Confirmed by:



**DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No. : 23090617 Receive: Print: 14/09/2023  
Patient's Name : MD SAIFUL  
Age : 27 YRS Sex : M  
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

**ELECTROCARDIOGRAM (E.C.G) REPORT**

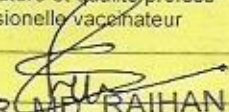
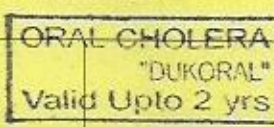
Rate : 68 b/min  
Rhythm : Regular  
P-Wave : Normal  
P-R Interval : Normal  
QRS Complex : Normal  
ST. Segment : Is electric  
T. Wave : Normal

Impression : Findings are within normal limit.

  
**Dr. Debashish Paul**  
MBBS, MD (Cardiology)  
Associate Professor  
Department of Cardiology  
Sylhet Women's Medical College Hospital

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION  
AGAINST CHOLERA  
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION  
CONTRE LE CHOLERA**

*MR. SAIFUL*  
This is to certify that JE Soussigne' (e) certifie que \_\_\_\_\_ date of birth / no' (e) le 15/07/1985 sex MALE  
Whose signature follows / dont la signature suit Saiful  
has on the Date indicated been vaccinated or revaccinated against cholera  
a e'le' vaccine (e) ar revaccine' (e) contre le fièvre jaune a la date indiquée.

|             |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                      |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Date        | Signature and professional Status of Vaccinator<br>Signature et qualité professionnelle vaccinateur                                                                                                                                                                             | Approved Stamp<br>Cachet d'authentification                                                                                                                          |
| 11 SEP 2023 | <br><b>DR. MIR. MD. RAIHAN</b><br>MBBS (DU), DFM, CCD (Biderm), PGT (Ophth)<br>BMDC A-55144, MMC-BGD-016<br>DG Shipping Bangladesh Approved<br>General Physician<br>Radical Hospitals Limited. |   |
| 2           |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                      |
| 3           |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                      |
| 4           |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                      |

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the event of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any part of it. May render it invalid.

La validité de ce certificat couvre une période de six mois commençant six jours après la première injection du vaccin ou, dans le cas d'une revaccination, au cours de cette période de six mois à partir de cette revaccination.

Nonobstant les dispositions ci-dessus dans le cas d'un pèlerin le présent certificat doit faire mention de deux injections espacées à sept jours d'intervalle et sa validité commence le jour de la seconde injection.

De cachet d'authentification doit être conforme au modèle présent par l'administration sanitaire du territoire où la vaccination est effectuée.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qui il comporte peut en affecter la validité.

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION  
AGAINST YELLOW FEVER  
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION  
CONTRE LA FIEVRE JAUNE**

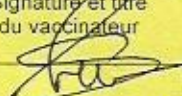
This is to certify that  
JE Soussigne' (e) certifie que

date of birth  
no' (e) le

sex  
sexe

Whose signature follows  
don't la signature suit

has on the Date indicated been vaccinated or revaccinated against cholera  
a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a ia date indiquee.

| Date        | Signature and professional<br>Statut of Vaccinator<br>Signature et titre<br>du vaccinateur                                                                                                                                                                    | Manufacturer<br>and batch<br>no of vaccine<br>Fabricant du<br>vaccin et nume'     | Official stamp of vaccinating centre<br>Cachet officiel du centre de vaccination  |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| 14 SEP 2023 | <br><b>DR. MIR. MD. RAIHAN</b><br>MBBS (DU), DPM, CCD (Birm), PGT (Opht)<br>BMDC A-55144, MMC-BGD-016<br>DG Shipping Bangladesh Approved<br>General Physician<br>... Limited |  |  |
| 3           |                                                                                                                                                                                                                                                               |                                                                                   |                                                                                   |
| 4           |                                                                                                                                                                                                                                                               |                                                                                   |                                                                                   |

This certificate is valid only if the vaccine used has been approved by the world health organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within such period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

Ce certificat n'est valable que si le vaccin employe a ete approuve par l'organisation Mondiale de la sante et si le centre de vaccination a ete designe par l'administration sanitaire du territoire dans lequel ce centre est situe.

La validite de ce certificat couvre une periode de dix ans commençant dix jours après la date de la vaccination ou, dans le cas d'une revaccination, ou, à compter de la date de la revaccination.

Ce certificat doit être signé par un médecin de sa propre main, son cachet officiel ne pouvant être considéré comme remplaçant le lieu de signature.

Toute correction ou rajout sur le certificat ou l'omission d'une quelconque des mentions qu'il

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING  
GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH



Form No: SMC

SL NO.

04.2023.4778

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:

Name: Last SARIFUL First MD Middle   
Gender: (Male/Female) MALE Nationality BANGLADESHI Date: 14 SEP 2023  
Occupation: Deck/Engine/Catering/Other (specify) ENGINE Rank: TRAINING FETTER  
Father's/ Husband's name: MD SHAHID C.D.C No. T/36121  
Mother's Name: ZAHURA BEGUM Seaman ID No. 060015278  
Address: House No:  Street/ Road No:  Passport No. A03081407  
Locality/Village: DIGOR NID No. 6876522060  
P.O: ZAHIDGANJ Date of Birth: 25/07/1996  
P.S: CHANDAIL (DD/MM/YYYY)  
District: DANAIL

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:

I am duly authorized by the Department of Shipping, Government of the People's Republic of Bangladesh and confirm the followings:

- Confirmation that identification documents were checked at the point of examination: YES/NO
  - Hearing meets the standards in section A-I/9: YES/NO
  - Unaided hearing satisfactory?: YES/NO
  - Visual acuity meets standards in section A-I/9?: YES/NO
  - Colour vision meets standards in section A-I/9?: YES/NO  
Date of last colour vision test: 14 SEP 2023
  - Fit for lookout duties?: YES/NO
  - Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for service or to render the health of any other persons on board?: YES/NO
  - Any limitations or restrictions on fitness?: YES/NO
- If YES, specify limitations or restrictions:

Duties:

Location/Vessel:

Medical/Other:

RADICAL HOSPITAL LIMITED  
Uttara, Dhaka, Bangladesh

9. Medical fitness category :

Fit-No restriction

Fit-Subject to restrictions

Unfit

10. Date of examination/Issue (DD/MM/YYYY): 14 SEP 2023

11. Date of expiry (DD/MM/YYYY): 13 SEP 2025 "No more than 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

Seafarer's Signature



DR. MIR. MD. RAIHAN  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited  
Name & Signature of the practitioner:

## MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

- All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

- An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

- Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

- Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmissible by food shall be restricted from working with food or in food-related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

### IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

### DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1):

**1. Complete physical Examination.**

**2. Pathological Examination:**

**a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E**

**14 SEP 2023**

**DR. MIR. MD. RAIHAN**  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDA A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited