

# INTERNATIONAL LABOUR ORGANIZATION

Sectoral Activities Programme

See text links below.

ILO/WHO/D.2/1997

## Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers

Part 6

#### Annex D

Minimum requirements for the medical examination of seafarers

| Name (last, first, middle): AHMMAD ZULFIKER  |     |
|--|-----|
| Date of birth (day/month/year): 12 / 11/ 1989 Sex: male •   female   |     |
| Home address: BETILA, BETILA, MANIKGANJ SADAR MANIKGANJ, BANGLADESH.   |     |
|  | 1 1 |
| Passport No./Discharge Book No.: A11375916 / CDC NO: C/O/5112  |     |
| Type of ship (container, tanker, passenger, fishing):  |     |
| Trade area (e.g., coastal, tropical, worldwide):   |     |
| Examinee's personal declaration  (Assistance should be offered by medical staff)  Have you ever had any of the following conditions• |     |

|    | Condition              | Yes      | No              | Condition             | Yes | No      |
|----|------------------------|----------|-----------------|-----------------------|-----|---------|
| 1. | Eye/vision problem     | .□•      | 18.             | Sleep problems        | □•  | 3       |
| 2. | High blood pressure    | <b>-</b> | 19.             | Do you smoke?         | □•  | 1       |
| 3. | Heart/vascular disease | □•       | Ti- 20.         | Operation/surgery     | □•  | <u></u> |
| 4. | Heart surgery          | 10.      | 21.             | Epilepsy/seizures     |     | 1.      |
| 5. | Varicose veins         | :00      | al Bosonals     | Dizziness/fainting    | 0.  | 1.      |
| 6. | Asthma/bronchitis      | 1000     | PROPHIC 2008 DA | Loss of consciousness | □•  | T.      |

04.2023.4730

| 7.   | Blood disorder                     |        | 1         | 24.  | Psychiatric problems     | 17  | ~  |
|------|------------------------------------|--------|-----------|------|--------------------------|-----|----|
| 8.   | Diabetes                           |        | 1         | 25.  | Depression               | -   | 1  |
| 9.   | Thyroid problem                    |        | 1         | 26.  | Attempted suicide        |     | 4  |
| 10.  | Digestive disorder                 |        | 4         | 27.  | Loss of memory           |     | 1  |
| 11.  | Kidney problem                     |        | 4         | 28.  | Balance problem          |     | 1  |
| 12.  | Skin problem                       |        | 4         | 29.  | Severe headaches         |     | 1  |
| 13.  | Allergies                          | 190    | 1         | 30.  | Ear/nose/throat problems |     | 1  |
| 14,  | Infectious/contagious diseases     | 11     |           | 31.  | Restricted mobility      |     | 1  |
| 15.  | Hernia                             | 11     | 1         | 32.  | Back problems            | 1.1 | 10 |
| 16.  | Genital disorders                  |        |           | 33.  | Amputation               |     | 1  |
| 17.  | Pregnancy                          | H      | 2/12      | 34.  | Fractures/dislocations   |     |    |
|      |                                    |        |           |      |                          |     |    |
| If a | ny of the above questions were ans | swered | "yes", pl | ease | give details.            |     |    |
|      |                                    |        |           |      |                          |     |    |

## Additional questions

|    |   | Yes   | No |
|----|---|-------|----|
| 3: | 5. Have you ever been signed off as sick or repatriated from a s            | ship? | 1  |
| 3  | 6. Have you ever been hospitalized?   |       | 1  |
| 3  | 7. Have you ever been declared unfit for sea duty?                          |       | ~  |
| 3  | 8. Has your medical certificate ever been restricted or revoked             | 2 🗆   | /  |
| 3  | 9. Are you aware that you have any medical problems, diseases<br>illnesses? | s or  | 1  |
| 4  | On the designated position occupation?                                      |       |    |
| 4  | Are you allergic to any medications?  |       | 1  |

Comments:

FIT FOR DUTY ON BOARD SHIP

42. Are you taking any non-prescription of pres medications?



| If yes,                          | please       | list the    | e medicatio                | ns take           | n and           | I the purp  | ose       | (s) and     | dosage(s)         |                                 |  |
|----------------------------------|--------------|-------------|----------------------------|-------------------|-----------------|-------------|-----------|-------------|-------------------|---------------------------------|--|
|                                  |              |             |                            |                   |                 |             |           |             |                   | 1,24%                           |  |
|                                  |              |             |                            |                   |                 |             |           |             |                   | 100                             |  |
| I hereby                         | certify      | that t      | he personal                | declar            | ation           | above is    | a tr      | ue state    | ment to th        | e best of my                    | knowledge.   |
| Signatu                          |              |             |                            |                   |                 |             |           | J           | n/year) <b>97</b> |                                 | 1  |
| Witness                          | ed by:       | (Signa      | ture)                      | 1                 | 2               | <u> </u>    | _Na       | ime: (T)    | vped or pi        | BMDC A-55<br>DG Shipping<br>Ger | R. MD. RAIH,<br>M. CCD (Birdom), PGT (0,<br>5144, MMC-BGD-0<br>I Bangladesh Appro<br>teral Physician |
| l hereby<br>health ir<br>examine | istitutio    | rize the    | release of<br>I public aut | all my<br>horitie | previ<br>s to D | ous medi    | cal       | records     | from any          | health profe<br>the approve     | Hospitáls Limited.<br>ssionals,<br>d medical   |
| Signatur                         | e of ex      | amine       | e:                         |                   | )               | _ Date (d   |           | month/y     | /ear);            | EP 2023                         |  |
| Witness                          | ed by;       | (Signa      | ture)                      | ALL STATES        | _               |             | _N        | ame: (T     | yped or p         |                                 | R. MD. RAIH,<br>M. CCD (Birdem), PGT (0<br>5144, MMC-BGD-0<br>Bangladesh Appro<br>eral Physician     |
| Medical                          | exami        | inatio      | 1                          |                   |                 |             |           |             |                   | Radical                         | Hospitals Limited.   |
| _                                | -sea         |             | □•                         | Period            | lic             |             |           | D• O        | ther              |                                 |  |
| Sight                            |              |             |                            |                   |                 |             |           |             |                   |                                 |  |
|                                  |              |             | Visual                     | acuity            |                 |             |           | 35          | -20-              |                                 |  |
|                                  | Unaid        | led         |                            | Aided             |                 |             |           |             | Visua             | ıl fields                       |  |
|                                  | Right<br>eye | Left<br>eye | Binocular                  | Right eye         | Left            | Binocu      | lar       | Right       | Normal            | Defective                       |  |
| Distant                          |              | 7           |                            | 616               |                 | 5           | ,         | eye         | 1                 |                                 |  |
| Near                             |              |             |                            | NS                | NS              |             |           | Left<br>eye | /                 |                                 |  |
| Colour v                         | vision:      | □ No        | t tested 🛚                 | No                | rmal            | □ Doubt     | ful       | □ Defe      | ective            |                                 |  |
| learing                          |              |             |                            |                   |                 |             |           |             |                   |                                 |  |
|                                  |              |             | and audio                  |                   |                 |             | es i      | n dB)       | Speech            | and whisper                     | test (metres)  |
|                                  | 500<br>Hz    | 4,000<br>Hz | 2,000<br>Hz                | 3,00<br>Hz        |                 | 4,000<br>Hz | 6,0<br>Hz |             |                   | Normal                          | Whisper  |
| Right Z                          | 20           | 2           | 0 20                       | 2                 | 0               |             |           |             | Right ea          | 4                               | 4  |
| eft<br>ar 2                      | 20           | 2           | 20                         | 2                 | 3               | Signal Hos  | LG-200    | S. HELL     | Left ear          | 9                               | 9  |

| Height:                  | 2(cm)            | Weight:               | 20             | (kg).        |          |
|--------------------------|------------------|-----------------------|----------------|--------------|----------|
| Pulse rate: 78           | (/(minute)       | Rhythm:               | Encur          | 2            |          |
| Blood pressure:          | Systolic: 12     | (mm Hg)               | Diastolic:     | 80           | (mm Hg   |
| Urinalysis:              | Glucose: //      |                       | Protein:       | ni           |          |
| Head                     | Normal Abnorr    | nal<br>Varicose veins | e              | Normal       | Abnormal |
| Sinuses, nose, throat    | 10               | Vascular (inc.        |                | 1/2          |          |
| Mouth/teeth              | 10               | Abdomen and           |                | 1/           | E        |
| Ears (general)           | /                | Hernia                | Viscola        | 11           | 11       |
| Tympanic membrane        | 1/2              | Anus (not rect        | al exam.)      |              | 17       |
| Eyes                     | //               | G-U system            |                | 1/           | 11       |
| Opthalmoscopy            | //               | Upper and low         | er extremities | 1/           | 11(g)    |
| Pupils                   | //               | Spine (C/S, T/        |                | 110          |          |
| Eye movement             | 1                | Neurologic (fu        |                | 1/2          | i i      |
| Lungs and chest          | 1                | Psychiatric           |                | 1//          |          |
| Breast examination Heart | NA               | General appear        | rance          | /            |          |
| Skin                     | 9/ 0             |                       |                |              |          |
| Chest X-ray:             | ☐ Not performed  | Derformed o           | n (day/month/y | rear): 07 \$ | EP 2023  |
| Results:                 | amil             |                       |                |              | 1493     |
| Other diagnostic test(s  | ) and result(s): |                       |                |              |          |
|                          |                  |                       |                |              |          |
| Test B                   | malle            | Mina.                 |                | 0            |          |
| D                        | 100470           | TOM Result            | NOMM           | ul           |          |
| NA P                     |                  |                       |                |              |          |
| Medical examiner's c     | omments:         | 17.5                  | 74             |              |          |
|                          | FIT F            | OR DUTY ON BOAR       | D SHIP         |              |          |
|                          |                  |                       |                |              |          |
| Vaccination              | status recorded: | Yes                   |                | □ No         |          |
|                          | Assessment       | of fitness for servic | ce at sea      |              |          |
|                          |                  |                       |                |              |          |

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:



| , '>          | Fit for look-out duty                          | • □ Not fit            | t for look-out duty   |  |     |
|---------------|--|------------------------|---|--|-----|
| lii(          | Deck service                                   | Engine service)        | Catering service  | Other services   |     |
| Unfit         | Ţ1   | П                      | i I   | 1.7  |     |
| Describe res  | trictions (e.g., specifi                       | ic position, type of s | ship, trade area)   |  |     |
| Action taker  | n by medical examine<br>mination: RADICAL HOSP | ITAL LIMITED           | examination (day/   | 07 SEP 2   | 023 |
| Medical cert  | tificate's date of expir                       | ration (day/month/y    | ear): 06 S  | SEP 2025 <sub>/</sub>  |     |
| Official stan | np (also print name o                          | 7.85 <u>~</u> 7        | if not leg DR - MIF<br>MBBS (DU), DFI<br>BMDC A-55<br>DG Shipp.ng | R. MD. RAIHAN<br>M. CCD (Birdem), PGT (Ophth)<br>5144, MMC-BGD-016<br>Bangladesh Approved<br>teral Physician |     |

ABOUT SECTOR | SECTORS | MEETINGS | PUBLICATIONS | WHATS NEW

Authorized by: Da SHPPING B Mar no Mannetent authority)



For further information, please contact the Sectoral Activities Department (SECTOR) at Tel: Fax: or email; <a href="mailto:sector@ilo.org">sector@ilo.org</a>

Disclaimer | webinfo@ilo.org

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# MEDICAL EXAMINATION REPORT/CERTIFICATE MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

| REPUBLIC OF | F THE MA | RSHALL | ISLANDS |
|-------------|----------|--------|---------|
|-------------|----------|--------|---------|

| SURNAME<br>AHMMAD  | GIVEN NAME(S)<br>ZULFIKER                                    |                               |   |
|--|--|-------------------------------|---|
| DATE OF BIRTH  11 12 1989  MONTH DAY YEAR  | PLACE OF BIRTH<br>MANIKGANJ<br>CITY                          | BANGLADESH<br>COUNTRY         | SEX FEMALE                                |
| EXAMINATION FOR DUTY AS:  MASTER DECK OFFICER ENGINEERING OFFICER RADIO OFFICER RATING   | MAILING ADDRESS OF<br>BETILA, BETILA, MA<br>MANIKGANJ, BANGI | NIKGANJ SADAR                 | 405                                       |
| MEDICAL EXAMINATION (SEE REVERSE SIDE FOR MI   | EDICAL REQUIREMENTS  | STATE DETAILS O               | N REVERSE SIDE                            |
| 168m TOLD 120/86 mm 183  | 7 RESPIRATION  | GENERAL APPEA                 |   |
| VISION: RIGHT EYE LEFT EYE (WITHOUT GLASSES  | HEARING:   | ~ ~ ~ ~                       |   |
| WITH GLASSES 616 616   | RT. EAR  | CEFT E                        | AR M                                      |
| COLOR TEST TYPE: BOOK TANTERN IS COLO  | OR TEST NORMAL?  | ▼ES □ NO (IF"N                | O" EXPLAIN ON PAGE 2)                     |
| ARE GLASSES OR CONTACT LENSES NECESSARY TO MEET THE REQUIRED   | VISION STANDARD?   | YES NO                        |   |
| HEAD AND NECK  | HEART (CA  | RDIOVASCULAR)                 |   |
| LUNGS Hormed   | SPEECH (DE<br>IS SPEECH UNIM                                 | **************                | TCER AND RADIO OFFICER)                   |
| EXTREMITIES:   | A  | ١                             |   |
| UPPER Nonme  | LOWER  | Noi                           | m   |
| 18 APPLICANT VACCINATED IN ACCORDANCE WITH WHO RECOMMENDA  |  | No 🗌                          |   |
| IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATE<br>SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOAR<br>IF YES, PLEASE ENTER EXPLANATION IN THE SECTION AT THE BOTTOM OF                    | d? Yes 🗌 No.   |                               | M/HER UNFIT FOR SERVICE AT-               |
| IS APPLICANT TAKING ANY NON-PRESCRIPTION OR PRESCRIPTION MEDIC.  |  | No 🖯                          |   |
|  | 07 SEP   | 2023                          | 0 6 SEP 2025                              |
| SIGNATURE OF APPLICANT THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMI   | DATE OF EXAMI<br>NING PHYSICIAN                              | NATION                        | EXPIRY DATE +10 (-2-)                     |
| THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION V FIT FOR DUTY ON E THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DISEA SEAFARER IS FOUND TO BE FIT / NOT FIT FOR DUTY AS RADIO OFFICER / RATING / CHIEF COOK / COOK | BOARD SHIP<br>USE (OR VIRUSES FOR CO<br>A MASTER / DEC       | CK OFFICER / ENGIN            | RNAME, GIVEN NAME(S))                     |
| RESTRICTIONS;  |  |                               | 12.5-4                                    |
| NAME AND DEGREE OF PHYSICIAN DR. MIR MD RAIHA  | N MBBS, DFM  |                               | F-10-10-10-10-10-10-10-10-10-10-10-10-10- |
| ADDRESS RADICAL HOSPITALS LIMITED 35, SHAH MAI   | KHDUM AVENUE SEC   | TOR-12, UTTARA, DH.           | AKA-1230                                  |
| NAME OF PHYSICIAN'S CERTIFICATING AUTHORITYDG  | SHIPPING BANGLAD   | ESH                           | 141                                       |
| DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE 06 MAY  | 2014   |                               | GH I I                                    |
| SIGNATURE OF PHYSICIAN   | 4.   |                               | 0 7 SEP 2023                              |
| This certificate is issued by authority of the Magazine Administrator and in con   | mpliance with the requirement                                | nts of the International Conv | DATE<br>ention on Standards of Training.  |
| Rev. Mar/2022 DR. MIR. MD. RAIHAN  M888 (DU), DFM, CCD (Birdom), PGT (Ophth)   | mended, and the Maritime !                                   | abour Convention, 2006 as     | mended,<br>MI-105N                        |

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.

#### MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a medical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This medical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better car at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Evesight
  - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E. Standards 1 or 2.
  - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c)
  - Seafarers must be free from infections of the mouth cavity or gums.
- (d)
  - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
  - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- Vaccinations (f)
  - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- Diseases or Conditions (g)
  - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
  - Applicants for able seafarer, bosun, GP-1, ordinary seafarer and junior ordinary seafarer must meet the physical requirements for a deck/navigational officer's certificate.
  - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

#### IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

#### DETAILS OF MEDICAL EXAMINATION

To be completed by examining physician; alternatively, the examining physician may attach an equivalent form. (See RMI MG 7-17-1, §3.3).

n 7 SFP 2023

MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved MI-105M

+1

General Physician Radical Hospitals Limited

Rev. Mar/2022



-112

radical hospitals@yahoo.com, www.radicalhospital.com

| Bill No        | DIA23090301                           | Received Date    | 07/09/2 | 2023     |
|----------------|---------------------------------------|------------------|---------|----------|
| Patient's Name | ZULFIKER AHMMAD                       |                  |         |          |
| Patient's Age  | 33 Y 0M 0D                            | Patient's Sex    | MALE    |          |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRD | EM),PGT(Eye),DFM | CDC NO  | C/O/5112 |
| Sample         | Blood                                 |                  |         |          |

## SEROLOGYCAL REPORT

Test Name

Result

HIV 1 & 2 (Method: (ICT)

Negative

RADICAL

Checked By

Medical Technologist, Radical Hospitals Ltd, Uttara, Dhaka. d

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



.5112

radical\_hospitals@yahoo.com, www.radicalhospital.com

Test Name

| Bill No        | DIA23090301                             | Received Date   | 07/0 | 9/2023   |
|----------------|---|-----------------|------|----------|
| Patient's Name | ZULFIKER AHMMAD                         |                 |      |          |
| Patient's Age  | 33Y 0M 0D                               | Patient's Sex   | MAL  | E.       |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEN | M),PGT(Eye),DFM | CDC  | C/O/5112 |
| Sample         | URINE                                   |                 |      |          |

Result

### DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

| Cocaine         | Negative |
|-----------------|----------|
| Morphine        | Negative |
| Marijuana       | Negative |
| Barbiturates    | Negative |
| Amphetamines    | Negative |
| Phencyclidine   | Negative |
| Alcohol         | Negative |
| Benzodiazepines | Negative |
| Methadone       | Negative |
| Propoxyphene    | Negative |

Checked By

Medical Technologist, Radical Hospitals Ltd.

-80

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



### **DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No. : 23090301 Receive: Print: 07/09/2023

Patient's Name : ZULFIKER AHMMAD

Age : 33 YRS Sex : M

Refd. by Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

## ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 76 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.

Dr. Debashish Paul

MBBS, MD (Cardiology)

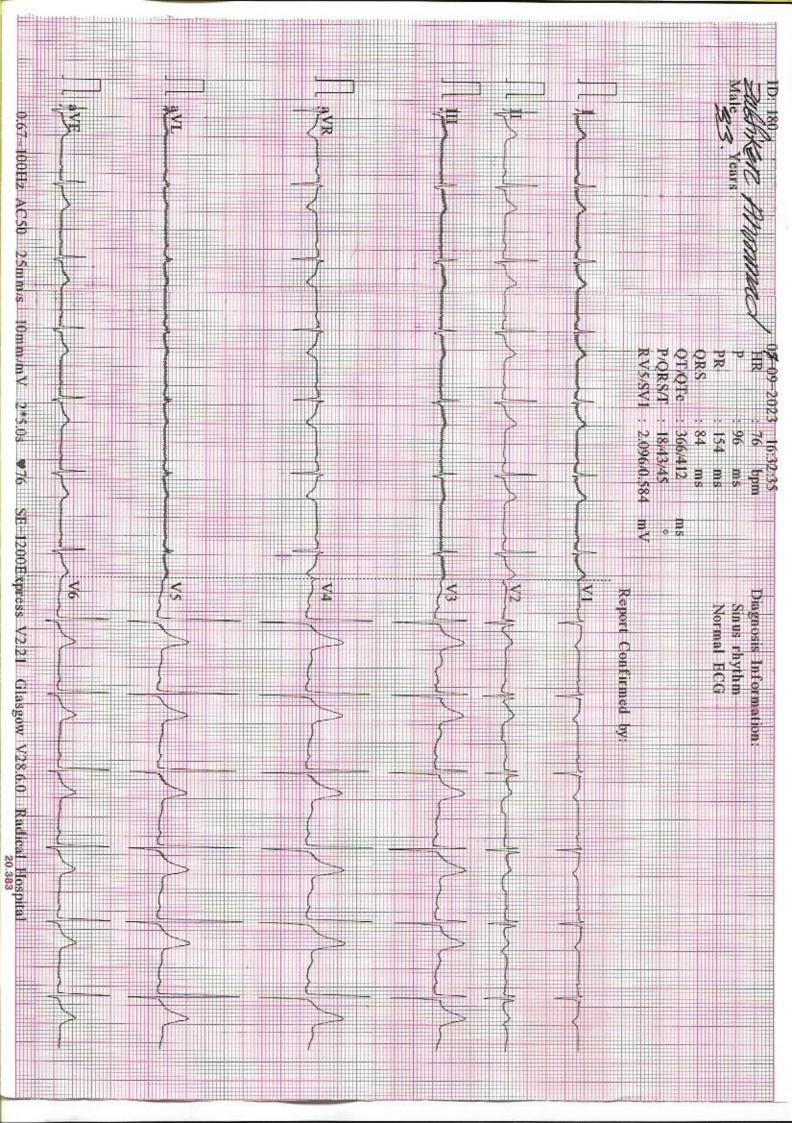
Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1



## TREADMILLSTRESS TEST

| Patient ID    | 230900301           | Test Date | 07-09-202 | 23  |      |
|---------------|---------------------|-----------|-----------|-----|------|
| Patient Name  | ZULFIKER AHMMAD     | Age       | 33 Yrs    | Sex | Male |
| Attending Dr. | Dr. ROSEYAT PERVEEN |           |           |     |      |

Total Exercise Time : 09:10 Min

Max.HR attained

: 167 bpm.

% of max.pred. hR

: 99 %

Max. Pred HR

: 165 bpm.

Maximum BP

: 150/90 mmHg.

Max. work load attained

:13.00METS.

Maie

Indication

: Screening for IHD.

Risk Factors

: Attainment of THR.

**Test Profile** 

: BRUCE

Symptoms

Summary Result ⇒

Reason for Termina

NEGATIVE

Comments

- ZULFIKER AHMMAD performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- Exercise capacity was good.
- Inotropic and chronotropic responses were normal.
- Stress test was terminated because of Attainment of THR
- ECG at rest showed no abnormality.
- ECG during exercise & Recovery showed no significant ST-T changes.

Conclusion

: Stress test is NEGATIVE for ECG evidence of promotable myocardial ischemia.

Dr. ROSEYAT PERVEEN

MBBS, MD (Cardiology), NICVD, Dhaka Consultant, IBN SINA D-Lab, Uttara, Dhaka



| Patient ID   | 23090301                         | Voucher No    |            |
|--------------|----------------------------------|---------------|------------|
| Test Name    | USG OF WHOLE ABDOMEN             | Delivery Date | 07/09/2023 |
| Patient Name | ZULFIKER AHMMAD                  |               |            |
| Age          | 33 YRS                           | Sex           | Male       |
| Refd. By     | DR. MIR MD. RAIHAN MBBS,(DU),DFM |               |            |

### THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is normal in size 13.5cm shape and position. The echogenicity of the parenchyma is normal. Intrahepatic biliary channel are not dilated. No focal lesion is seen.

GALL BLADDER: Normal size regular in shape. Lumen is normal.

Wall thickens is normal.

CBD & Intrahepatic biliary trees are not dilated. Diameter of CBD is normal.

PANCREASE: Is normal in size margin are regular parenchyma show normal echo-texture pancreatic duct is not dilated. No focal area of altered echogenicity or calcification is seen.

SPLEEN: - Is normal in size and shape uniform in echo-texture.

BOTH KIDNEYS: - Are normal in size. RK-8.9cm, LK-10.2cm The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is within normal limit. No intravesicle lesion is seen Prostate: Normal size regular in shape. Echogenicity is homogenous.

COMMENT: Normal Study.

Sonologist

Dr. Asma Ahmed MBBS,CMU,DMU PGT(Gynae & obs)

Advanced Training in TVS



Date: 07/09/2023

## EYE EXAMINATION REPORT

| NAME: | ZULFIKER AHMMAD |                           |                 |
|-------|-----------------|---------------------------|-----------------|
| AGE:  | 33 YRS          | RANK: 3 <sup>RD</sup> ENG | CDC NO:C/O/5112 |

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

UNITY / FIT FOR EMPLOYMENT ON BOARD

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MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST YELLOW FEVER CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION

CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CONTRE LA FIEVRE JAUNE

This is to certify that
JE Soussigne' (e) certifie que

date of birth

Sex MH

Whose signature follows don't la signature suit

has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.

|   | Date 1013    | Signature and professional<br>Stahtus of Vaccinator<br>Signature et titre<br>du vaccinateur  | Manufacturer<br>and batch<br>no of vaccine<br>Fabricant du<br>vaccin et nunnc'<br>ro du lot | Official sump of vaccinating centre Cachet official du centre de vaccination |
|---|--------------|--|---|--|
| 1 | BMD<br>DG Sh | MIR. MD. RAIHAN  DU), DFM. CCD (Birdem), PGT (Ophth)  C A-55144, MMC-BGD-016  ipp.ng Bangladesh Approved General Physician  Radics: Hospitals I imited | L NO<br>DAMAR   | 25, Shah Makhdum Q<br>Aromus<br>Uture, Chaisa                                |
|   | 3            |  |   |  |
|   | 4            |  |   |  |

This certificate is valid only if the vaccine used has been approved by the world I Icalih organization and vaccinating centre has been designated by health, administration for the territory in which that centre is situated.

The validity of his certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within sch period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for die signature.

Any amendment of this certificate, or erasure, of failure to complete any part of it, may render it invalid.

Ce certificate n' est avalable que si lc vaccina employe" a c-' tc,' a approve" par l' organisa\_ tion Mondiale de la santc" et sile centre a" uaiiif,aiion ae" tc'tra6fiiile pali-aminstralion sanitaire du (erriloire dans lcgucl'oe centre est siture;

La validité de ce certilicat couvrc une pe'riodo de dix ans comencant dix joursapros la date de,la vaccination ou, dans le cas dune relaccination.u.ou., a.-citto lie,iio,i. a" dix ans. lejour de cetto revaccination.

Ca certificate do it ctrc signc'uq1 un me'decin de sa propre main, son cachet offiiciar no pouvant cue conside' commo lonant lieu de signature.

Toute ecreciion ou rahire sur le certificate ou l'omission d'une quelconque des mentions qu'il

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST CHOLERA CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CON IRE LE CHOLERA

| This is to certify that                                | MMAD  |
|--|---|
| This is to certify that JE Soussigne' (e) certifie que | date of birth 12/11/1989 Sex no' (e) le 12/11/1989 Sex sexe |
| Whose signature follows dont la signature suit         |   |

has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.



The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the ev6nt of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, tins certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any pan of it. May render in invalid.

La validity dece certificate couvre une period de six mois commencent six Jours a prea is premiere injection du vaccin ou, dans le cai a" une revaccination a, cour, digette period do six mois jour de cette revaccination.

Nonobstant les, despositions ci-dessue dans le cas d'un pelerin le present certificate dottlaire mention de deux injections partiquees a sept jours d'. intervaile et sa validite cofilmence lejour de la seconde, injection:

De cachet d'authentification doit etre c\_anforme au modele present per i, administration sanitaite du territoire ou la vaccination est effectuee, j

Toute correction ou rahfe sur le certificate ou 1 o. mission d'une quelconque des mantions qu'il comporte pe ut effectersa validite.