

HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh,
Tel: +880 31 716214-6, Fex: +880 31 710530

PATIENT C

Accredited By : BMDC Accreditation No. A 55144

PATIENT CONTROL NUMBER: H148

MEDICAL EXAMINATION CERTIFICATE

	E VO.T	FIRST NA	AME			MIDDLE NAME		
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	ENT HOME ADDRESS :				CONTA		715230740	
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Have y	ou ever had any of the following con	ditions?						
	Condition	YES	NO	Condi	tion		YES	NO
1	Eye/vision problem			P 651701700	problems			8
2	High blood pressure		4		smoke?			(V
3	Heart/vascular disease				ion/surger	v	П	
4	Heart surgery		1		sy/seizures			
5	Varicose veins		46.58		ess/fainting			
6	Asthma/bronchitis		σ,		f consciou:			
7	Blood disorder	D		24 Psychi	atric proble	ems		
8	Diabetes			25 Depres	222.00			११ मृत्राप्त्र प्र
9	Thyroid problem				ted suicide	2		1
10	Digestive disorder		0	The Profession (Contracting Contracting Co	f memory	5		4
11	Kidney problem		B	DWG 01 50000 WARRES	e problem			ř
12	Skin problem		9		headache			ŕ
13	Allergies	D	19		se/throat	1000		
14	Infectious/contagious diseases		90		ted mobilit			
15	Hernia		1		roblems	,		d
16	Genital disorders		ď	33 Amputa				190
17	Pregnancy		MA		es/disloca	tione		5
35	Have you ever been signed off as	sick or repat	triated from	a ship?		15.6	YES	NO
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Revision Date : 24th July 2022

PHYSICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MARSHALL ISLANDS

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DECK OFFICER			P.O. & P.S. E	AGON BHUP	YAN,	
ENGINEERING (DIST. FENI			
RADIO OFFICER			BANGLADE	SH.		
RATING]				
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WITH GLASSES				RT, EAR	W/V III	FTEAR
COLOR TEST TYPE: B	00K 1	ANTERN DE	COLOR TEST NO	RMAL?	Yes D No (IF "NO"	'EXPLAIN ON PAGE 2)
ARE GLASSES OR CONT.	ACT LENSES	NECESSARY T	O MEET THE REQ	UIRED VISIO	N STANDARD? Yes	□ No -
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LUNGS				OFFICER)		1
DATE OF COMMO		Non	ny	IS SPEECH U	NIMPAIRED FOR N	ORMAL VOICE
EXTREMITIES:						r
UPPER_		Vann	41	LOWER -		Nonmy
IS APPLICANT VACCINATE	D IN ACCORI	DANCE WITH WHO	O RECOMMENDAT	ONS?	□ No □	
IS APPLICANT SUFFERING FRO	OM ANY DISEA	SE LIKELY TO BE A	GGRAVATED BY WO	RKING ABOURD	A VESSEL, OR TO RENI	DER HIM/HER UNFIT FOR SERVIC
OR LIKELY TO ENDANGER TH	E HEALTH OF	OTHER PERSONS ON	N BOAR Yes 🔲 No	5		
IF YES, PLEASE ENTER EXPLA	NATION IN TH	E SECTION AT THE I	BOTTOM OF ON PAGE	52	1	
IS APPLICANT TAKING ANY N	ON-PRESCRIP	ION OR PRESCRIPT	ION MEDICATION Yes	□ No □		
/	1 2ml	/		07 SE	P 2023	0 6 SEP 2025
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THIS APPLICANT IS CEI	RTIFIED FREE	OF COMMUNICA	BLE DISEASE (OR	VIRUSES FOR C	OOKS): Yes	Ro □
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NAME AND DEGREE OF PH			RAIHAN; M.B.B.			Walter of the Control
ADDRESS RADICAL HOS	SPITALS LIM	ITED 35, SHAH M	IAKHDUM AVENU	E ,SECTOR-12	UTTARA, DHAKA-1	230. BANGLADESH
NAME OF PHYSICIAN'S CEI	RTIFICATING	AUTHORITY	DG SHIPPING B	ANGLADESH		
DATE OF ISSUE OF PHYSIC	IAN'S CERTIF	ICATE 6-May	-2014			
SIGNATURE OF PHYSICIAN	1	4			scal Hospitals	07 SEP 2023
		Lu		3		DATE
This cer	tificate is issu	ed by authority of t	the Maritime Admir	istrator and in	CHARTESHEL CHE CO	squirements

ertificate is issued by authority of the Maritime Administrator and in Compilative (MDR. MIR. MD. RAIHAN)

MBBS (DU), DPI), CCD (STIGHT), PEYCHAMI) ION (Seafarers) Convention 1946; ILO No. 73

BMDC A-55144, MMC-BGD-016

DG Shipp.ng Bangladesh Approved

General Physician

Radical Hospitals Limited.

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This physical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the scafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E. Standards 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
 - Scafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (c) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able scafarer, bosun, GP-1, ordinary scafarer and junior ordinary scafarer must meet the physical requirements for a deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the scafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1 of RMI MG-7-47-1).)

- 1. COMPLETE PHYSICAL EXAMINATION, INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)

D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G/ Alcohol Test.

- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

ASKER-MILL-2006

DR. MIR. MD. RAIHAN

MB8S (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician

Radical Hospitals Limited

07 SEP 2023



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	NURUL AMIN	Date	7-Sep-2023
Age	41	Sex	MALE
Passport No	B00010422	CDC No	CO4513
Sample	BLOOD	Rank	CHIEF ENGINEER

BIOCHEMISTRY REPORT COMPARE

Vessel Name:	CONCERTO	FURANO GALAXY	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	20-03-2023	07-09-2023	-
Serum Bilirubin	0.9	0.7	0.2 - 1.1 mg/dl
Serum S.G.O.T/A,S.T	23	32	Up to 37 U/L
Serum S.G.P.T.	30	28	Up to 42 U/L

DOCTOR'S REMARKS:

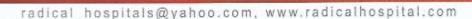
No Restrictions



Doctor Seal & Signature

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician

Radical Hospitals Limited Revision Date : 24th July 2022





Id No

: 0291

Date: 07-Sep-2023

D.Date: 07-Sep-2023

Patient's Name: NURUL AMIN

Age: 41Y 8M 6D

Gender: Male

Specimen

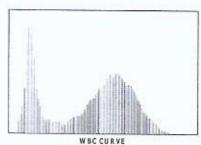
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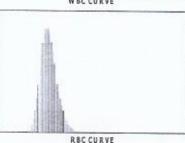
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/4513

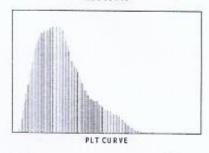
Haematology Report

er & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	13.6 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	06 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	7,100 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		3,000 10,000/Cullilli
Neutrophils	65 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	31 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils •	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	142 /cumm	50-450/cumm
Total RBC Count	6.12 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	38.4 %	M: 40-54%, F:37-47%
MCV	62.7 fL	76 - 94 fL
MCH	22.2 pg	27 - 32 pg
MCHC	35.4 g/dL	29 - 34 g/dL
RDW	14.2 %	11 - 16 %
PDW	16.7 fL	35 - 56 fl
Total Platelete Count (PC)	230000 /cumm	150,000-450,000/cumm
MPV	9.3 fL	7.0 - 11.0 fL
PCT	0.162 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %







Checked By

Medical Technologist

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.



DIA23090291	Receive	d Date	07/09/2	2023
NURUL AMIN				AV
41Y 8M 6D		Patient's	Sex	Male
Dr. Mir Md. Raihan MBBS,(DU),CC	CD(BIRDEM),PGT(Eye),DFN	1 C	DC NO	C/O/4513
BLOOD				10
	NURUL AMILN 41Y 8M 6D Dr. Mir Md. Raihan MBBS,(DU),CO	NURUL AMILN 41Y 8M 6D Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFN	NURCL AM2N 41Y 8M 6D Patient's Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM C	NURCL AMILN 41Y 8M 6D Patient's Sex Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Serum ALT (SGPT)	28 U/L	Up to 40 U/L
Random Blood Sugar (RBS)	5.9 mmol/l	4.2 - 6.4 mmol/l
Serum Bilirubin (Total)	0.7 mg/dl	0.2 - 1.1 mg/dl
Serum AST (SGOT)	32 U/L	Up to 37 U/L
HbA1C	5.7 %	4.2 - 6.7 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun M BBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Bill No	DIA23090291	Received Date	07/09/2023
Patient's Name	NURUL AMIN		
Patient's Age	41Y 8M 6D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(B	IRDEM),PGT(Eye),DFM	CDC NO:C/O/4513
Sample	BLOOD	100 100 100 100 100 100 100 100 100 100	

SEROLOGYCAL REPORT

<u>rest name</u>	Result	
HIV 1 & 2 (Method : (ICT)	Negative	
HBsAg (Method : (ICT)	Negative	
VDRL Test	Non-reactive	

LOOD GROUPINGResult	. \
ABO Blood Group	"O" (+ve)
Rh(D)Factor	Positive

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Bill No	DIA23090291 Received Di		ed Date	07/09/2	2023
Patient's Name	NURUL AMIN				
Patient's Age	41Y 8M 6D		Patient's	s Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DF	M C	DC NO	C/O/4513
Sample	Urine				

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil	
Albumin	NIL	WBC	Nil	
Sugar	NIL	Epithelial	Nil	
Ex.Phosphate	Nil	Granular	Nil	
		Hyaline	Nil	

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
7	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Test Name

Bill No	DIA23090291	Received Date	07/09/2023
Patient's Name	NURUL AMIN		
Patient's Age	41Y 8M 6D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),C	CD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/4513
Sample	URINE		

Result

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Negative
Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



REF: MT. FURANO GALAXY

DATE: 07/09/2023

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: NURUL AMIN RANK: CH.ENG CDC NO: C/O/4513

VISUAL ACUITY:

RIGHT

LEFT

4

UNAIDED

366

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

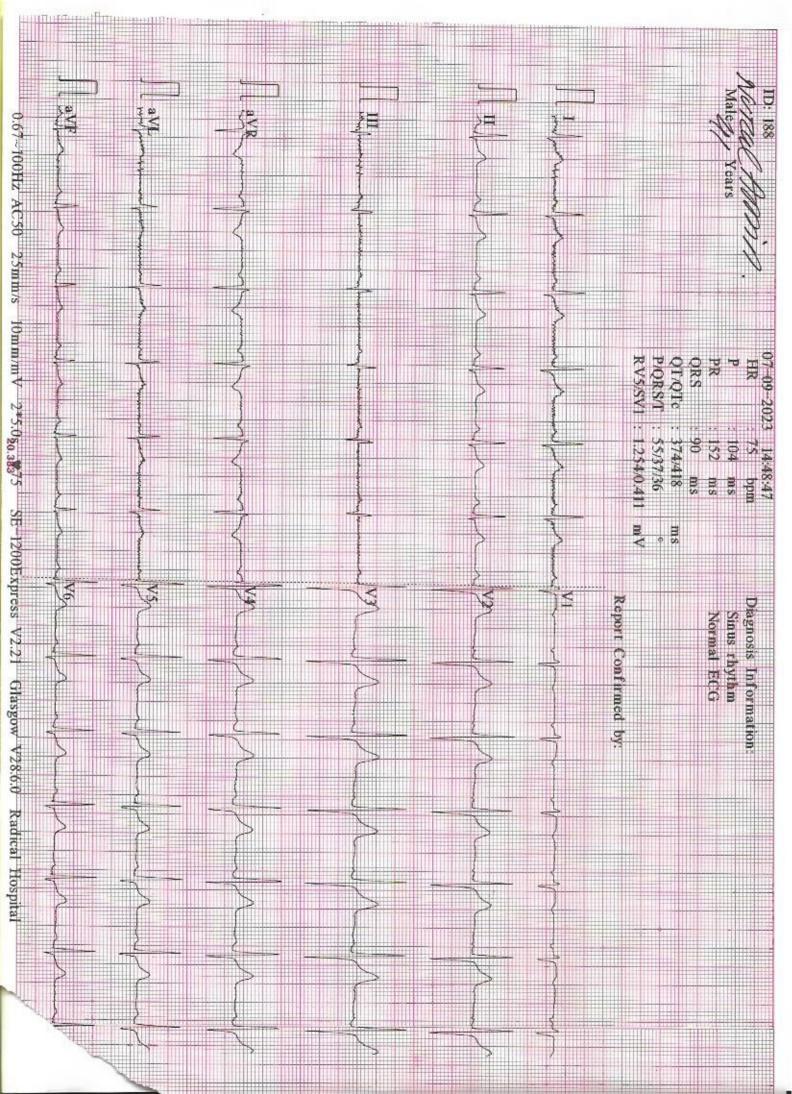
UNFIT / FIP FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital

TE Chab Malada a A annua Carta 12 Ultras Dhala Dhala a 199025507201 2 Mahila 0105557000



RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23090291 Receive:07/09/2023 Print: 07/09/2023

Patient's Name : NURUL AMIN

Age : 41 Yrs Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman MBBS. DMRD (Radiology & Imaging)

Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

This report has been electronically signed.

Page of 1



Patient ID	23090291	Voucher No	
Test Name	USG OF KUB	Delivery Date	07/09/2023
Patient Name	NURUL AMIN	E E	
Age	41 YRS	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT	307/2000

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.5 cm. The cortical echogenicity are normal with clear cortico—medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 10.2 cm. The cottical Echogenicity are normal with clear cortico—medullar differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen

PROSTATE: Normal in size & volume is 13.9 cc regular in shape. Echogenicity is homogenous.

No area of calcification is seen.

COMMENT: Suggestive of Normal study.

Dr. Asma Ahmed MBBS,CMU,DMU

PGT(Gynae & obs)

Advanced Training on TVS Consultant Sonologist

RADICAL HOSPITAL LIMITED | DIAGNOSTIC & CONSULTATION CENTRE

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA Num Amin

This is	to certify	that
whose	signature	follows

Date of birth 31-12-198 Sex Hale

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator	Approved St	amp
1/1/0	DG Shipping Bangladesh Approved	35, Shah Makhdum Avenue Littura, Dhaha 🖈	
SFP 2003	DR. MrR. MD. RAIHAN MBBS (DU), DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	S. Sheh Malchelum Remon November Avenus Aven	
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6			
7		7	8
8			

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC

Seafarer's Signature



B. 1					
NO.					
1100	 	 	 	 -	

SL

04.2023.4728

DG Shipping Bangladesh Approved
General Physician Name & Signature of the practitioner:

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for

Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Marit	time Labour Convention, 2006
SEAFARER INFORMATION:	
	Middle
Gender: (Male/Female)Nationality: BANGLADESH1	
Occupation: Deck/Engine/Catering/Other (specify)	Rank: CHIEF ENGINEER
Father's/ Husbad'sname: ABDUL MANNAN	C.D.C.No. C/0/4513
Mother's Name: SHARIFA KHATUN	Seaman ID No
Address: House No:Street/ Road No:	Passport No. B00010422
Locality/Village: NORTH SHEDUR PUR	NID No. 5092716512
PO: DAGON BHUITAN	Date of Birth: 31 - 12 - 1981
PS: DAGION BHULYAN	(DD/MM/YYYY)
District: FENI	(
DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER: am duly authorized by the Department of Shipping, Government of the	People's Republic of Rangladech and confi
the followings:	reopie 3 Republic of Daligladesii and comi
Confirmation that identification documents were checked at the point of	f examination :YES/NO
2. Hearing meets the standards in section A-I/9	:YÉS/NO
3. Unaided hearing satisfactory?	:XES/NO
4. Visual acuity meets standards in section A-I/9?	:YES/NO
Colour vision meets standards in section A-I/9?	:YES/NO
Date of last colour vision test	:0.7. SEP. 2023
6. Fit for lookout duties?	:YES/NO
Is the seafarer free from any medical condition likely to be aggravated to	
render the seafarer unfit for service or to render the health of any other pe	ersons on board? :YES/NO
Any limitations or restrictions on fitness?	:YES/NØ
If YES, specify limitations or restrictions:	
Duties: RADICAL HOSPITAL LIMITED	
Location/Vessel: Uttara, Dhaka, Bangladash	
Medical/Other:	
9. Medical fitness category : Fit-No restriction Fit-Subject	ct to restrictions Unfit
9. Medical litriess category:	ot to restrictions
10. Date of examination/Issue (DD/MM/YYYY). 0 7 SEP 2023	
11 Date of expire (DD/MM/YYYY) 0 6 SEP 2025 * "No more than 3	2 years from the date (
11. Date of expiry (DD/MM/YYYY) 0 0 3EF 2023 "No more than 2	2 years from the date of examination".
thoson at thoson	The state of the s
I have read the contents of the certificate and have been informed of the right to	DR. MIR. MD. RAIHAN
review.	MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
 one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
 glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
 perceive the colors red, yellow and green.

(c) Dental:

Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal
voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, Interna-tional Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(a) Diseases or Conditions

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1):

1. Complete physical Examination.

2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp,ng Bangladesh Approved
General Physician
Radical Hospitals Limited

0 7 SFP 2023