

Date: 26.09.2023

## TO WHOM IT MAY CONCERN

THIS IS TO CERTIFY THAT HE MR. JANNATUN NAIM NAYON, CAME FOR MEDICAL CHECK-UP. ON PHYSICAL EXAMINATION AND SOME RELEVANT INVESTIGATIONS HE IS PHYSICALLY AND MENTALLY FIT TO CONTINUE HIS ACADEMIC LIFE.

THIS IS FOR YOUR KIND INFORMATION AND TAKE NECESSARY ACTION PLEASE.

Dr. Mir Md. Raihan

MBBS, (DU) DFM,CCD (Birdem),PGT (Ophth)

Reg- A55144 BGD-016 (MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited

# ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC



SL NO.

04.2023.4827

### SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:	MIDIO MATERIA	
Name: Last NAYON First JANNAT		
Gender: (Male/Female)Nationality: Bang		
Occupation: Deck/Engine/Catering/Other (specify)		
Famer's/ Husbad'sname: MD SHAFIKUL ISLAM		*******
Mother's Name: MST JAMNATARA KHATUN	LAVLI Seaman ID No	
Address: House No:Street/ Road No:		
Locality/Village: ROAKULI MUNSHIGO	NID No	
P.O. MUNSHIGON	Date of Birth: 07-11-2007	
P.S. Alamdanga	(DD/MM/YYYY)	
District: Khulna		
DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIO		
I am duly authorized by the Department of Shipping, Gov		nd an
the followings:	reminent of the People's Republic of Bangladesh ar	ia coi
Confirmation that identification documents were check	ed at the point of examination	
2. Hearing meets the standards in section A-I/9	XESINO	
3. Unaided hearing satisfactory?	:XES/NO	
4. Visual acuity meets standards in section A-I/9?	:XES/NO	
5. Colour vision meets standards in section A-I/9?	ZES/NO ZES/NO ZES/NO	0000
Date of last colour vision test	/1	2023
6. Fit for lookout duties?	:YES/NO	
<ol><li>Is the seafarer free from any medical condition likely to</li></ol>	/	
render the seafarer unfit for service or to render the healt	. //	7
8. Any limitations or restrictions on fitness?	:YES/NO	
If YES, specify limitations or restrictions:		
Duties: RADIC Location/Vessel: Utta Medical/Other:	AL HOSPITAL LIMITED ra, Dhaka, Bangladash	
Medical fitness category : Fit-No restriction	Fit-Subject to restrictions Unfit	
7 F CED :	2023	
10. Date of examination/Issue (DD/MM/YYYY). 2 6 SEP 2		
11. Date of expiry (DD/MM/YYYY)2.5SEP2025	"No more than 2 years from the date of examination"	

review. Nalm Seafarer's Signature

I have read the contents of the certificate and have been informed of the right to



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
Name @ Braid Dysighthe practitioner:
Radical Hospitals Limited.

#### MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

 Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

#### IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a forms similar or identical to the model provided in Appendix1):

1. Complete physical Examination.

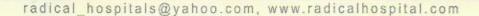
2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician

Radical Hospitals Limited.

26 SEP 2023





Id No : 1159 Date : 26-Sep-2023 D.Date : 26-Sep-2023

Patient's Name: JANNATUN NAIM NAYON Age: 15Y 10M 19D Gender: Male

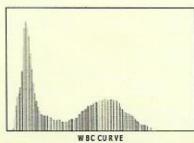
Specimen : Blood

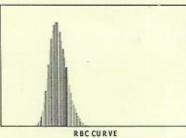
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

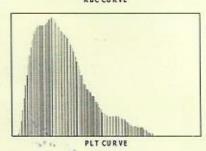
#### **Haematology Report**

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	<b>13.3</b> gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	06 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	8,000 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)	VIDEO CONTRACTOR CONTR	
Neutrophils	55 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	40 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	160 /cumm	50-450/cumm
Total RBC Count	5.24 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	37.1 %	M: 40-54%, F:37-47%
MCV	70.8 fL	76 - 94 fL
MCH	<b>25.4</b> pg	27 - 32 pg
MCHC	35.8 g/dL	29 - 34 g/dL
RDW	13.5 %	11 - 16 %
PDW	15.1 fL	35 - 56 fl
Total Platelete Count (PC)	210000 /cumm	150,000-450,000/cumm
MPV	9.6 fL	7.0 - 11.0 fL
PCT	0.154 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %







40

Checked By

Cloting Time(CT)

Medical Technologist

d

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.

0.1-0.2 %



Bill No	DIA23091159	Received	Date	26/09/	2023
Patient's Name	JANNATUN NAIM NAYON				
Patient's Age	15Y 10M 19D Patient's Sex		Sex	Male	
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCI	D(BIRDEM),PGT(Eye),DFM			
Sample	BLOOD		1		

## BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.1 mmol/l	4.2 – 6.4 mmol/l
Liver Function Test		
Serum Bilirubin (Total)	0.51 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	19.0 U/L	Up to 40 U/L
Serum AST (SGOT)	21.0 U/L	Up to 37 U/L
Serum Alkaline Phosphatase	153 U/L	98 - 279 U/L

### REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

4

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun
M BBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital



Bill No	DIA23091159	Received Date	26/09/2023
Patient's Name	JANNATUN NAIM NAYON		
Patient's Age	15Y 10M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CC	D(BIRDEM),PGT(Eye),DF	
Sample	BLOOD	20	

### SEROLOGYCAL REPORT

Test Name

Result

HBsAg (Method : (ICT) Negative



Checked By

4

Medical Technologist Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Bill No	DIA23091159	Received Date	26/09/2023
Patient's Name	JANNATUN NAIM NAYON		
Patient's Age	15Y 10M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),	CCD(BIRDEM),PGT(Eye),DFM	1
Sample	URINE		

#### URINE ROUTINE EXAMINATION

### PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	2-3/HPF
Sediment	Nil	Epithelial	1-2/HPF

### CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
	HAL	Hyaline	Nil

### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

#

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



**Test Name** 

Bill No	DIA230901159	Received Date	26/09/2023
Patient's Name	JANNATUN NAIM NAYON	11000110d Date	20/09/2023
Patient's Age	15Y 10M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU)	,CCD(BIRDEM),PGT(Eye),DFM	
Sample	URINE	(-)-//-/	

Result

## DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



## **DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No.

230901159

Receive: Print: 26/09/2023

Patient's Name

JANNATUN NAIM NAYON

Age

15+ YRS

Sex

M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

## **ELECTROCARDIOGRAM (E.C.G) REPORT**

Rate

70 b/min

Rhythm

Regular

P-Wave

Normal

P-R Interval

Normal

**QRS** Complex

Normal

ST. Segment

Is electric

T. Wave

Normal

Impression

: Findings are within normal limit.

Dr. Debashish Paul

MBBS, MD (Cardiology)

Associate Professor

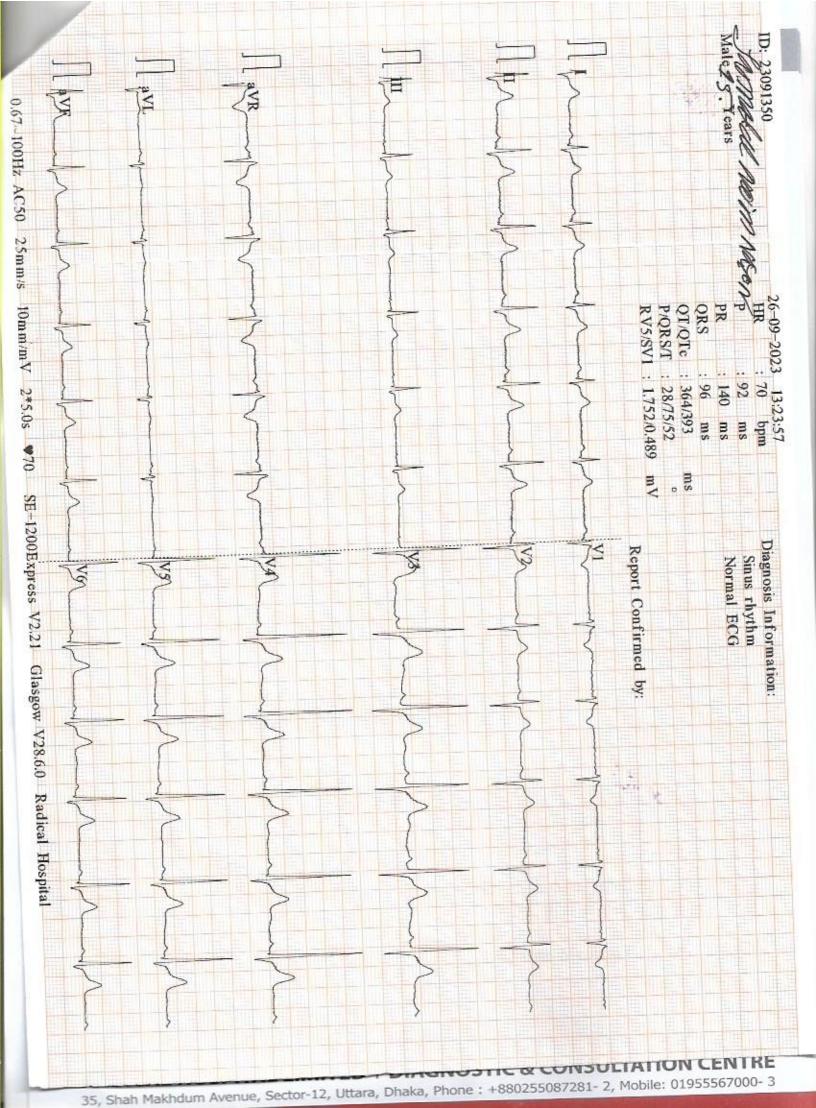
Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

A Committee





Date: 26/09/2023

## EYE EXAMINATION REPORT

NAME: JANNATUN NAIM NAYON
AGE: 15+Y

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

616

616

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

UNFIF / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan

MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital



# AUDIOLOGICAL REPORT

Patient Name : JANNATUN NAIM NAYON

26/09/2023

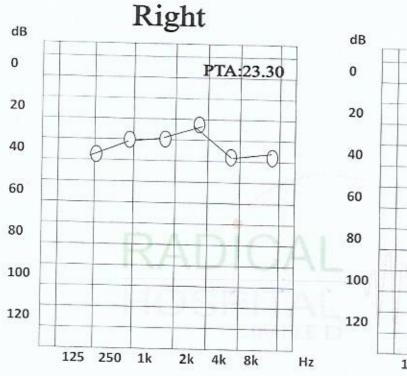
Age

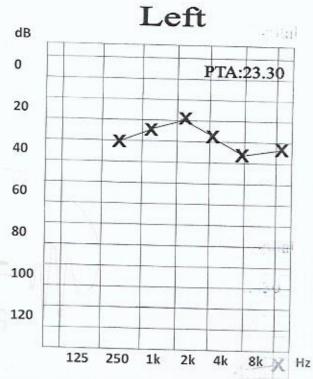
:15+Y

Address

: RHL, UTTARA

Referred By : Dr. Mir Md. Raihan , MBBS,(DU), DFM





0-25= Normal Hearing.

26-40= Mild Hearing Loss.

41-55= Moderate Hearing Loss.

56-70= Moderately Severe Hearing Loss.

71-90= Severe Hearing Loss.

91-120= Profound Hearing Loss.

	Right Ear	Left Ear
Air Unmasking O	X	
Bone Unmasking		
	Right Ear	Left Ear
Air MaskingOX	-	
Bone Masking $\Delta\Delta$	4	

Sk X Hz

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.



# DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

Age

230901159

Receive:26/09/2023

Print: 26/09/2023

Patient's Name

JANNATUN NAIM NAYON

Sex

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

## X-RAY OF CHEST (DIGITAL)

Diaphragm

: Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

: Normal in T.D.

Lung

Lung fields are clear.

Bony thorax

Reveals no abnormality.

Comments

: Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging) Head of the Department (Radiology & Imaging) Sylhet Women's Medical College Hospital

This report has been electronically signed.

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