WALLEM	SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER In accordance with: STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended (Confidential Document)	Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 1 of 7

Pre-Sea Exam: ☑ Periodic Exam: ☐ Other: ☐

Examination for duty as:

Master: Y/N: ____
Deck Officer: Y/N: ____
Eng Officer: Y/N: ____
Ratings: Y/N: ____
Cook: Y/N: ____
Other: Y/N: ____
Please specify ____

DR. MIR MD. RAIHAN RADICAL HOSPITALS LTD. REG. NO. A-55144

Fit to perform the duties he/she is to carry out.	Fit to perform the duties he/she is to carry out with the prescribed medicines which will not affect seafarer's health while onboard.	Temporarily unfit to perform the duties he/she is to carry out.	Permanently unfit to perform the duties he/she is to carry out.
☐	☐	☐	☐

To be filled by Manning Centres

Name, Address with Contact details of Manning Centre:	UNIVERSAL SHIPPING SERVICES ROOM NO. 13 (6th FLOOR), 31D, KAWRAN BAZAR ROAD, KABYAKS SUPER MARKET, DHAKA-1215, BANGLADESH				
Vessel to be assigned:	M.V. DEMETER LEADER	Routine & Emergency Duties (if known):		Position Offered/ Applied for:	ETO
Type of vessel (Container, Tanker, Passenger etc):					
Trade area (e.g. Coastal, Tropical, Worldwide):	Cosastal ☐	Tropical ☐	WorldWide ☑		

Part I - Examinee's Personal Declaration with Medical History

(Examinee is to be answer the following to the best of examinee's knowledge)

(Assistance should be offered by medical staff)

In case of any wrongful Act or misrepresentation/ suppression of material fact(s) of information or infringement the concerned seafarer shall be fully responsible/ liable for the consequences/ damages / penalties as per the provisions or the applicable laws.

Examinee's Personal Details

Name of Examinee (Family/ last, first, middle):	RAHMAN MOHAMMAD SHAHENUR				
Home/ Permanent Address:	VILL: PACHURIA, P.O. CHANDRIPUR, P.S. KALUKALI, DIST: RAJBARI BANGLADESH.				
Mailing Address:	ALINE MALANCHA, HOUSE NO# 9/10, FLAT NO# 6D, GARDEN STREET, RING ROAD, SHYAMOLI, MOHAMMADPUR, DHAKA, BANGLADESH.				
Date of birth (day/month/year):	31 / 12 / 1979	Sex:	MALE		
Place of Birth:	City: RAJBARI Country: BANGLADESH	Nationality:	BANGLADESHI	Rank:	ETO
Civil Status:	MARRIED				
Identity Docs/ Passport /Discharge Book No:	CDC: C/0/4639				

Examinee's Medical History

Is there any past / present history of any of the following	Examinee	Examiner's	Is there any past / present history of any of the following	Examinee	Examiner's

Radical Hospital Ltd. As Per Medical Examination Rules of DG Shipping Bangladesh

04.2023.4956

WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
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(Confidential Document)

	Declaration		Record	
	Yes	No	Yes	No
Loss of Consciousness/ Fits / Head Injury / Dizziness / Loss of Memory				
Neuropsychiatric diseases or Depression/ Suicidal Tendency/ Psychosis				
Ear (Hearing, tinnitus) Problems / Impairment				
Mental Diseases, Breakdown / Sleep Disorder				
Fractures / Dislocations / Injury / Amputation/ Restricted Mobility				
Eye/ Vision Problems (Whether using Glasses/ Contact lenses)				
Balance Problem				
Sinuses/ Nose/ Throat Problems				
Thyroid Problem				
High / Low Blood Pressure/ Blood Disorder				
Heart Disease, Surgery / Chest Pain/ Vascular Disease (inc. Pedal Pulses)				
Chronic Cough/ Asthma / Bronchitis / Tuberculosis/				
Shortness of Breath				
Rheumatic Fever				

	Declaration		Record	
	Yes	No	Yes	No
Malignant Disease (Cancer) including Lymphoma, Leukaemia and related conditions Recurrence – especially Acute Complications, e.g. Harm to Self from Bleeding and to others from Seizures / Tumor				
Stomach / Bowel Disorders/ Digestive Disorder				
Gall Stones/ Jaundice / Kidney Disorders				
Severe/ Frequent/ One Sided Headaches (Migraine)				
Back / Joint Problems/ Wrist Problems/ Slipped Disc				
Hernia / Hydrocoele / Appendicitis				
Piles / Varicose Veins				
Allergies / Rash/ Skin Disease				
Female Disorders				
Major / Minor Operation/ Surgery				
Contagious Diseases/ Gastrointestinal infection / Other Infections				
Sexually Transmitted Disease/ Infections				
Addiction to Alcohol/Drugs/Cigarettes /Tobacco.				
Diabetes				

for Male Examinee	Yes	No	If "Yes", give details
Prostate Problems/ Testicular Lumps			
Penile Discharge			
Multiple Partners			

for Female Examinee	Yes	No
Breast Lumps/ Menstrual Problems		
Pregnancy		
Multiple Partners		

If "Yes", to any of the above, please explain:

Additional questions :	Yes	No
Have you ever been signed off on medical grounds, declared unfit or repatriated from a ship?		
Have you ever been hospitalized?		
Have you ever been declared unfit for sea duty?		
Has your medical certificate ever been restricted or revoked?		
Are you aware that you have any medical problems, diseases or illnesses?		
Do you feel healthy and fit to perform the duties of your [illegible] position/occupation?		
Are you currently under a doctor's care/ medication?		
Are you allergic to any medications?		
Malaria, Typhoid, Viral fever (Dengue, Chikungunya, etc), Chicken Pox		
Liver diseases (Hepatitis A,B,C,D & E, Amoebic Abscess)		

Radical Hospital Ltd. As Per MLC 2006 Chittagong Bangladesh

Arthritis, Spondylosis (Osteoarthritis, Rheumatoid) & Gout		✓
In the last one week have you consumed any of these Drugs/ Medication		✓
Cough Syrup, Sleeping Tablets, Cold, Action 500 etc.		✓
Pain Killers, If Yes, Please State name of Drug Crocin/ Asprin/ Fortwin etc.		✓
Corticosteroids, Anti-epileptic Drugs, Nasal Drops etc.		✓
Any Medicine/ Injections from your family Doctor		✓
To What Extent Do You Use: Alcohol: _____, Cigarettes: _____ Tobacco: _____, Drugs: _____		✓
Are you taking any non-prescription or prescription medications?		✓
If yes, please list the medications taken and the purpose(s) and dosage(s).		
Date and contact details for previous medical examination (if known):		
Are you coming from or have travelled through high risk areas? If yes, please mention the names of countries that you have been to (including ports of call in your last vessel).		

Family History :	Yes	No
Diabetes		✓
Blood Pressure/ Heart Disease		✓
Mental Illness/ Epilepsy/ Seizure		✓
Cancer		✓
If "Yes", to any of the above, please explain:		

Any other major conditions?

Would you say that your health is: **Excellent** * **Good** * **Fair** *

I MOHAMMAD SHAHENUR RAHMAN holding Passport/Seaman Book no. C/0/4639 hereby declare that I have made full disclosure of all of my medical history to the doctors and staff of this clinic. I am aware that the information supplied by me forms the basis upon which I will be offered employment as a seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and / or compensation which would otherwise be due to me under the Contract of Employment or under any Collective Bargaining Agreement. I also hereby consent to my medical records being made available upon demand to my employers and / or the owners and / or Insurers of the vessel or their authorized representatives. I hereby also certify that the personal declaration above is a true statement to the best of my knowledge and I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to

Dr._____(the approved medical practitioner carrying out the medical examinations).

Signature of Examinee:	Rahman	Date(day/month/year):	11 OCT 2023

Height in cms: 168		Weight in Kg: 80 KG	Blood Pressure	Systolic 120 (mmHg)	Diastolic 90 (mmHg)
BMI: 28		Temperatures: 98F	Pulse Rate: Rhythm:	78pm	Respiratory rate 20
Chest:	Insp: 42	Exp; 40	Oral Health	Normal	General Condition Good

Part II – Medical Examination

The Company has set the following BMI limits:
A seafarer with a BMI: 18 or below; or 30 or above is considered temporarily unfit.
For seafarers from Northern Europe, the Indian subcontinent, Russia, Ukraine & Romania with a BMI of between 30 and 35 and where this, in the Government (DGS) approved medical examiner's opinion, is attributable solely to physique with broad shoulders/large muscle bulk with main muscles clearly defined and not obscured by subcutaneous fat and no co-morbid complications (eg. Diabetes, Hypertension, Dyslipidemia), the seafarer in question MUST undergo a stress/ treadmill test.

Radiant Hospital Ltd. As Per MLC-2006

If the results of the stress/ treadmill test are average or above, seafarer can be considered "fit to work", however, the seafarer MUST always be counselled on weight loss and ways/means to improve their health.

WALLEM

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(Confidential Document)

BMI MUST also be taken into consideration during the seafarer's pre-employment medical examination and it is the responsibility of each manning centre to instruct their accredited clinic(s) to ensure that a seafarer's BMI is taken during the medical examination, the Company standards applied and if outside the limits, the manning centre must be notified, who will then seek further guidance from the Crewing Dept.

	Visual acuity					
	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant	6/6	6/12	✓			
Near	N5	N5	✓			

Visual fields		
	Normal	Defective
Right eye	✓	
Left eye	✓	

Are glasses or contact lenses necessary to meet the required vision standard? Yes / No

If yes, specify which type and for what purpose:

Colour vision:

Date of last colour vision test:	✓	Type: Book *	Lantern *	Ishihara *	CIE-43-2001 * ✓			
Check if colour test is Normal:	Yellow	*	Red ✓	*	Green	*	Blue	*
Colour Vision:	Not tested	*	Normal	*	Doubtful	*	Defective	*

Hearing:

Pure tone and audio metry (threshold values in dB)						
Audiometry	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz
Right ear	20	20	20	20		
Left ear	20	20	20	20		

Speech and Whisper Test (Meters)		
	Normal	Whisper
Right ear	✓	
Left ear	✓	

Speech (Deck/Navigational Officer): Is speech unimpaired for normal voice communication?

	Normal	Abnormal		Normal	Abnormal
Head	✓		Varicose Veins	✓	
Eyes	✓		Vascular (Inc. Pedal Pulses)	✓	
Eye Movement/Pupils	✓		Abdomen and Viscera	✓	
Ophthalmoscopy	✓		Hernia	✓	
Ears, Tympanic Membrane	✓		Anus (Not Rectal Exam.)	✓	
Sinuses, Nose, Throat	✓		G-U System	✓	
Mouth/Teeth/Gums	✓		Upper & Lower Extremities	✓	
Nervous System	✓		Spine (C/S, T/S and L/S)	✓	
Heart	✓		Neurologic (Full Brief)	✓	
Lung and Chest	✓		Psychiatric	✓	
Breast Examination	N/A		Pupils	✓	
Skin	✓		Musculoskeletal System	✓	

Cardiovascular System:

	Normal	Abnormal		Normal	Abnormal
Ischaemic Heart Disease	✓		Hypertension	✓	
Dysrhythmia/ Pacemaker	✓		Congenital Heart Disease	✓	
Valvular Heart Disease	✓		Peripheral Circulation	✓	
Cardiomyopathy	✓		Pulmonary Circulation/ TB	✓	
Aneurysms	✓				

Chest X-ray (PA)	Not performed *		Normal ✓		Abnormal	
	Performed * on (day/month/year):					
Result :						

Radical Hospital Ltd. As Per MLC 2006 DG Shipping Bangladesh Approved

WALLEM

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(Confidential Document)

Other diagnostic test(s) and result(s):

Test:	Result:

Investigation:

Blood	Result	Normal
Haemoglobin "Hb"	12.3 g/dl	13 – 18 gm/ dl
Total WBC count	10,570	4,000 - 11,000 / cu.mm
Neu 78 %, Lymp 18 %, Eos 02 %, Bos — %, Mo 02 %		
Blood Group & Rh factor (tested only once, need not be repeated)		
BI ESR	27	1 - 15 mm / hr
Platelets	195000	1.50-4.00 Lakh/ul
Fasting Lipid Profile		
S. Triglycerides	163	25-200 mg/dl
Cholesterol Serum	187	130-220 mg/dl
HDL Cholesterol Serum	40	35-65 mg/dl
LDL Cholesterol Serum	127	85-150 mg/dl
VLDL Cholesterol Serum	NA	07-35 mg/ dl
Total / HDL Cholesterol	NA	3.0-5.0
LDL/ HDL Cholesterol	NA	2.5-3.5

Hepatitis B	Positive	Negative
Hepatitis C	Positive	Negative

Urine	Result
Colour	Nil
Specific Gravity	4
pH	4
Albumin	4
Sugar	4
Bile Pigment	4
Bile Salt	4
Occult Blood	4
RBC Cells	4
Leucocytes	4
Stool Test	**Result**
Bacterological	4
Parasitical	4
Others	4
HIV I &II	Negative
VDRL	Non Reactive

Additional Tests	Result	Normal
(HbA1c)	5.8	4.0 % - 6.5 %
RBS/ FBS (Blood test	94.0	
Total Bilirubin	1.24	0.1 - 1.0 mg/dl
Direct Bilirubin	NA	0.0 - 2.5 mg/dl
Indirect Bilirubin	NA	0.0 - 0.75 mg/dl
SGPT	22	9 - 43 U / L
SGOT	19	0 - 40 IU/L
SGGT	22	0 - 49 IU/L
Blood Urea	7.82	10 - 50 mg/dl
S. Creatinine	0.98	0.8 - 1.4 mg/dl
BUN	14	5-23mg/dl
PSA	NA	Less than 4.00 ng/ml
Malarial Parasite	Not Found	
Uric Acid	7.31	2.4 - 7.5 mg/dl

Drugs: Method:
Results:

Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids Urine *	Cocaine / Urine *	Opiates & Morphine *
Cut Off Limit	**(1000 ng/ ml)**	**(200 ng/ ml)**	**50 ng/ ml**	**(300 ng/ ml)**	
Not Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids / Urine *	Cocaine / Urine *	Opiates & Morphine *

Spirometry	Normal	TMT	Negative	Drugs of Abuse	Negative
ECG	Normal	ECHO	Normal	Ultrasound (USG) of the Abdomen & Pelvis	Normal

Part III - Result of Medical Examination

Is applicant vaccinated in accordance with WHO requirements? Yes

Vaccination status recorded: Yes / No Satisfactory * to be renewed

Radiant Hospital Ltd. As Per MLC-2006 DG Shipping Bangladesh Approved

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Details:

Describe restrictions (e.g. specific positions, type of ship, trade area):

Action taken by medical examiner (e.g. referral):

Examination	Results of the examination		Examination	Results of the examination	
	Pass	Fail		Pass	Fail
Medical History	✓		Fecalysis (food service/ handlers only)	✓	
Physical Examination	✓		Hep B Antigen	✓	
Dental Examination	✓		Hep C Antibodies	✓	
Psychological Test	✓		Stress Test	✓	
Visual Test	✓		Diabetes	✓	
Colour Vision	✓		Ultrasound Examination (Presence of gall & Kidney Stones)	✓	
Audiometry	✓		Alcohol/ Drug Test	✓	
EKG	✓		2D echo Doppler study (for heart patient) Psychometric evaluation	✓	

If failed in any above mentioned examinations and examinations report attached to this form, please provide reasons with examination number:

This examinee is certified free of communicable disease (or viruses for cooks) : Yes / No

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12- Guidelines on the Medical Examinations of Seafarers and also Merchant Shipping (Medical Examination) Rules by the Government (DGS), as amended from time to time. On the basis of the examinee's history, personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is –

(a) that the hearing meets the required standards for his / her rank and detect any audible alarms/ Unaided hearing is satisfactory

(b) Visual acuity meets the required standards for his/her rank /Colour Vision meets the required standard (testing only required every 6 years unless considered necessary)/ that he / she if fit / unfit for look out duty

(c) that he / she needs / does not need visual aids / informed to carry spares

(d) that he/she is/is not taking regular medication & seafarer does /does not require to take same during his tenure onboard vessel that he/she is/is not taking any medication that has side effects that will impair judgment, balance, or any other requirements for effective and safe performance of routine and emergency duties onboard?

(e) that the seafarer is not suffering from any disease, medical condition, disorder or impairment which renders him/her that will prevent the effective and safe conduct or likely to be aggravated by, or unfit for, routine and emergency service at sea or likely to endanger the health of other persons onboard ships.

	Deck service	Engine Service	Catering service	Other services (training/ examination)
Fit:	*	*	*	*
Unfit:	*	*	*	*

this seafarer is **UNFIT FOR DUTY**/ FIT FOR DUTY with/ without restrictions*** as mentioned below,

* This Medical Certificate is issued with following restrictions (e.g., specific position, type of ship, trade area & other as applicable) :

** Reasons for being unfit

Radical Hospital Ltd. DG Shipping Bangladesh Approved

WALLEM	**SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER** In accordance with: STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended (Confidential Document)	Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 7 of 7

This is to certify MOHAMMAD SHAHENUR RAHMAN was physically examined and he/she is found to be FIT for sea service/ look-out duty for the period from _____ Date of issue of medical examination 11 OCT 2023 Date of medical examination RADICAL HOSPITAL LIMITED Uttara, Dhaka, Bangladesh Medical certificate validity date (day/month/year): 10 OCT 2024 Name of Examiner (Please Print): _____

(Validity should not be more than 2 years)

_____ Degree: _____ Address: _____

_____ Tel./Fax/Email: RADICAL HOSPITAL LIMITED Uttara, Dhaka, Bangladesh

Name of Medical Examiner/ Physician Certificate /License Issuing Authority: _____

Date of issue of Medical Examiner/Physician Certificate/ License: _____ Registration No.: _____

_____ _____

Examinee's Signature

(This signature is affixed in the presence of the Medical Examiner (print name of medical examiner if not legible) and I acknowledge, that I have been advised of the content of the medical certificate & of the right to a review in accordance with paragraph (6) of section A-I/9 of STCW Code and my obligations.)

Date: 11 OCT 2023

Official Stamp & Signature with Govt. (DGS) Approval/ No.....of Medical Examiner

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Original: Master & Crewing Dept
cc: Seafarer

Remark: This form is to be uploaded in Crew Management System, Medical tab by the Manning centre.

Radical Hospital Ltd. As Per-MLC-2006 DG Shipping Bangladesh Approved

MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD

SURNAME: RAHMAN	GIVEN NAME (S): MOHAMMAD SHAHENUR
DATE OF BIRTH: DAY 31 MONTH 12 YEAR 1979	PLACE OF BIRTH CITY RAJBARI COUNTRY BANGLADESH / SEX MALE ☑ FEMALE ☐
POSITION ON BOARD: MASTER ☐ DECK OFFICER ☐ ENGINEERING OFFICER ☑ RADIO OPERATOR ☐ RATING ☐	MAILING ADDRESS OF APPLICANT: ALINE MALANCHA, HOUSE NO # 9/10, FLAT NO # 6D GARDEN STREET, RING ROAD, SHYAMOLI, MOHAMMADPUR, DHAKA, BANGLADESH.

DECLARATION OF THE AUTHORIZED PHYSICIAN

VISION			COLOR TEST TYPE	HEARING
	WITHOUT GLASSES	WITH GLASSES	☑ BOOK	
RIGHT EYE	6/6	—	☑ LANTERN	RIGHT EAR
LEFT EYE	6/6	—	YELLOW RED GREEN BLUE	LEFT EAR

Confirmation that identification documents were checked at the point of examination: YES ☑ NO ☐

Hearing meets the standards in STCW Code, Section A-1/9? YES ☑ NO ☐ NOT APLICABLE ☐

Unaided hearing satisfactory? YES ☑ NO ☐

Visual acuity meets standards in STCW Code, Section A-1/9? YES ☑ NO ☐

Colour vision meets standards in STCW Code, Section A-1/9? YES ☑ NO ☐
(the visual test it is required every six years)
Date of the last colour vision test: (Day/Month/Year) 11 OCT 2023

Are glasses or contact lenses necessary to meet the required vision standards? YES ☐ NO ☑

Able for watchkeeping? YES ☑ NO ☐

Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☑

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☑ NO ☐

Hereby I declare that I am in knowledge of the contents of the Physical Examination.

Signature of Applicant	Name of Applicant	Date
	MOHAMMAD SHAHENUR RAHMAN	11 OCT 2023

CIRCLE APPROPRIATE CHOICE: (HE / SHE) IS FOUND TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFCIER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:

FIT FOR DUTY ON BOARD SHIP

NAME AND DEGREE OF PHYSICIAN: DR MD. RAIHAN MBBS.

ADDRESS: RADIANT HOSPITAL LIMITED

NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY: DG SHIPPING BANGLADESH

DATE OF ISSUE PHYSICIAN'S CERTIFICATE: 06 MAY 2024

SIGNATURE OF PHYSICIAN: _____ STAMP OF PHYSICIAN: Radical Hospital Ltd. As Per-MLC-2006 DG Shipping Bangladesh Approved DATE: 11 OCT 2023

EXPIRY DATE OF CERTIFICATE: 10 OCT 2024

This certificate is issued in compliance with the requirements of the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006.

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

MEDICAL CERTIFICATE FOR FITNESS FOR SERVICE AT SEA

FIT FOR DUTY ON BOARD SHIP

Last/Family Name	First & Middle /Given Name	Position applied for
RAHMAN	MOHAMMAD SHAHENUR	ETO

Date of Birth	Sex	Nationality	ID (Passport/Discharge book) No.
31.12.1979	MALE	BANGLADESHI	C/01/4639

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of MLC 2006 Reg 1.2; STCW 2010&the guidance for the conduct of medical examination issued by the Directorate, as amended from time to time. On the basis of the seafarer's personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is -

(a) that the hearing meets the required standards for his rank:- Yes / No

Unaided hearing is satisfactory Yes / No

(b) Visual acuity meets the required standards for his rank Yes / No

Colour Vision meets the the required standard Yes / No

that he is fit for look out duty Yes / No

(c) that he needs visual aids / informed to carry spares Yes / No

(d) that he is taking regular medication & seafarer does require to take same during his tenure on board vessel Yes / No

(e) that the seafarer is not suffering from any disease likely to be aggravated by, or render him unfit for, service at sea or likely to endanger the health of other persons on board ships Yes / No

(f) this seafarer is **FIT FOR DUTY without restrictions* as mentioned below**

** This Medical Certificate is issued with following restrictions

FIT FOR DUTY ON BOARD SHIP

** Reasons for being unfit

Physician Signature: _____

Physician Name Printed: _____

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Clinic Stamp: Radical Hospital Ltd. As Per MLC-2006 DG Shipping Bangladesh Approved

Date: 11 OCT 2023

Valid Till: 10 OCT 2024

Authorizing body of Medical Examiner: Directorate General of Shipping, Govt.of Bangladesh

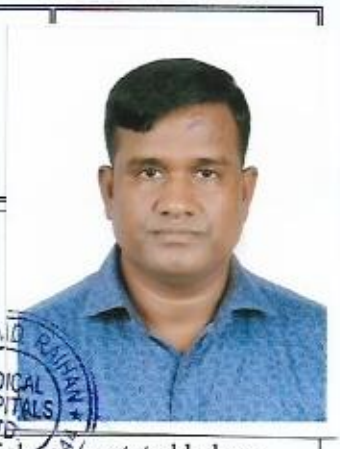
I acknowledge, that I have been advised of the content of the medical certificate & of the rights for a review and my obligations.

11 OCT 2023

Seafarers signature with Date:- _____

Delete whatever is not applicable

WALLEM SHIPMANAGEMENT(INDIA) PVT. LTD.



REQUISITION FOR SEAFARER'S MEDICAL EXAMINATION

(Confidential Document)

From : UNIVERSAL SHIPPING SERVICES
DHAKA, BANGLADESH.
(Please write Name, Address & Contact Details of Manning Centre)

To : RADICAL HOSPITAL LIMITED
Uttara, Dhaka, Bangladesh
(Please write Name, Address & Contact Details of the Doctor/ Clinic/Examiner)

DR. MIR MD. RAIHAN * REG. NO. A-55144 * RADICAL HOSPITALS LTD.

Please carry out medical examination of the seafarer, the details and requirements for which are as stated below.

(Name & Signature of Responsible Person from Manning Centre) Date : 11 OCT 2023

Examinee's Details :

Full Name : MOHAMMAD SHAHENUR RAHMAN Address : HOUSE NO# 9/10, FLAT NO# 6D, SHYAMOLI, DHAKA, BANGLADESH.

Date of Birth : 31.12.1979 Rank : ETO Name of vessel to be assigned : M.V. DEMETER LEADER

Type of vessel : PCC Trade area : WORLDWIDE

(Container, Tanker, Passenger etc) (e.g. Coastal, Tropical, Worldwide) :

CDC No. : C10/4639 Passport No. : B00053061 Crew ID.(from Compas) : 25730

Position Offered/ Applied for : ETO Routine & Emergency Duties (if known) :

As per requirements of applicable P&I club :

☐ West of England P&I ☐ UK P&I ☐ Steamship Mutual Underwriting Association

☐ Britannia P&I ☐ Skuld P&I ☐ North of England Association P&I

☐ Standard P&I ☐ Gard P&I ☐ London Steamships P&I

☐ Japan P&I ☐ American Steamships P&I ☐ Others : _____

As per requirements of applicable Flag State :

☐ Liberian ☐ NIS ☐ Panamanian ☐ Marshall Islands ☐ Malta

☐ Danish ☐ ILO ☐ UK ☐ Others : _____

Medical Examination Module (as applicable): _____ (Please refer to "Annex 1" of WSM(I)'s Quality Manual)

FOR SEAFARERS : Please write any past medical history [Injury or Illness] in detail; any history of allergy to drugs should be mentioned in the box provided below :

Please read and sign the following statement :-

"I certify that my past medical history will be/has been fully declared to the Company Doctor and any false statement or undisclosed material and/or information in regard to past or present illness and/or medical condition(s) will disqualify me from any employment benefits and claims."

Seafarer's Signature
Date : 11 OCT 2023

Radical Hospital Ltd. As Per-MLC-2006 Seafaring Bangladesh Approved

Doctor's Signature
Date : 11 OCT 2023

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Original: Doctor & Copy : Manning Centre

Remark: The document to be uploaded into CMS under "Medical" Tab.

FPS 41D
Revised : Feb'10

MEDICAL FITNESS CERTIFICATE

LAST NAME OF APPLICANT	FIRST NAME	MIDDLE INITIAL
RAHMAN	MOHAMMAD SHAHENUR	

DATE OF BIRTH: 12 (MONTH) | 31 (DAY) | 1979 (YEAR)

PLACE OF BIRTH: CITY RAJBARI COUNTRY BANGLADESH

EXAMINATION FOR DUTY AS :

- MASTER ☐
- MATE ☐
- ENGINEER ☒
- RADIO OFF ☐
- SEAMAN ☐

MAILING ADDRESS OF APPLICANT

ALINE MALANCHA, HOUSE NO # 9/10
FLAT NO# 6D, GARDEN STREET,
RING ROAD, SHYAMOLI, MOHAMMADPUR
DHAKA, BANGLADESH

MEDICAL EXAMINATION

HEIGHT	WEIGHT	BLOOD PRESSURE	PULSE	RESPIRATION	GENERAL APPEARANCE
168 CM	80 KG	120/80 mm	[illegible]	[illegible]	Good

VISION:

	RIGHT EYE	LEFT EYE
WITHOUT GLASSES	6/6	6/6
WITH GLASSES		

HEARING:

RIGHT EAR [illegible] LEFT EAR [illegible]

COLOR TEST TYPE : BOOK ☐ LANTERN ☐ Check if color test is normal

YELLOW [illegible] RED [illegible] GREEN [illegible] BLUE [illegible]

HEAD AND NECK: Normal

HEART (CARDIOVASCULAR): Normal

LUNGS: Normal

SPEECH :

Is speech unimpaired for normal voice communication ? Normal

EXTREMITIES: UPPER Normal LOWER Normal

Is applicant suffering from any disease likely to be aggravated by, or to render him unfit for, service at sea or likely to endanger the health of other persons onboard?

THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO : MOHAMMAD SHAHENUR RAHMAN

AND HE / SHE IS FOUND TO BE FIT FOR SEA SERVICE FROM

NAME AND DEGREE OF PHYSICIAN: DR MIR MD. RAIHAN (PLEASE PRINT)

ADDRESS: RADIANT HOSPITAL LIMITED DHAKA, 1230, BANGLADESH

NAME OF PHYSICIAN'S LICENSING AUTHORITY: DG SHIPPING BANGLADESH

DATE OF ISSUE OF PHYSICIAN'S LICENSE: 06 MAY 2014

SIGNATURE OF PHYSICIAN

This certificate is issued in compliance with the requirements of the Medical Examination (Seafarers) Convention 1946 (ILO No. 73)

Radical Hospital Ltd. As Per-MLC-2006 DG Shipping Bangladesh Approved

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER

As per **Merchant Shipping (Medical Examination) Amendment Rules, 2000** and **ILO IMO/JMS/2011/2012**
(In Compliance with MLC 2006 & ISM/STCW 2010, Code 1/9)

Name : RAHMAN (SURNAME) MOHAMMAD (FIRST NAME) SHAHENUR (MIDDLE NAME) Sex : MALE Serial No. :

Date of Birth : 31.12.1979 PP/CDC No.: CDC No. C/D/4639 Nationality: BANGLADESHI

Rank: ETO Vessel: M.V. DEMETER LEADER Type: PCC Route : WORLD WIDE

Home Address : VILL: PACHURIA, P.O. CHANDRIPUR, P.S. KALUKHALI, DIST: RAJBARI, BANGLADESH.

Company Name & Address: WALLEM SHIP-MANAGEMENT LTD

Medical History : Please answer the following to the best of your knowledge

Is there any past/present history of any of the following?	Candidate Declaration Yes	Candidate Declaration No	Examiner Record Yes	Examiner Record No	Is there any past/present history of any of the following?	Candidate Declaration Yes	Candidate Declaration No	Examiner Record Yes	Examiner Record No
Severe one-side headaches (Migrane)		/		/	Hernia / Hydrocoele / Appendictis		/		/
Head Injury / Concussion / Loss of Memory		/		/	High/Low Blood Pressure / Heart Disease		/		/
Fits / Epilepsy / Dizziness / Fainting		/		/	Asthama / Bronchitis / Tuberculosis		/		/
Eye / Vision / Problems (Glasses etc)		/		/	Allergy / Skin Disease		/		/
Hearing Impairment		/		/	Infection / Contagious Disease		/		/
Ear / Nose / Throat Problem		/		/	*Addiction to alcohol / drugs / tobacco		/		/
Stomach / Bowel Disorders		/		/	Fracture / Dislocation / Injury / Amputation		/		/
Gall Stones / Kidney Disorders		/		/	Major / Minor Operation		/		/
Jaundice / Liver Disease		/		/	Diabetes		/		/
Piles / Varicose veins		/		/	Nervous / Mental disease / Sleep disorder		/		/
Blood Disorder		/		/	Malignant Disease (Cancer)		/		/
Female Disorders		/		/	Signed off on medical ground/Declared Unfit		/		/

Notes :

Candidate's Declaration :- My signature below acknowledges that all statements provided by me in this application are true & correct to the best of my knowledge and belief and I further authorise & consent to the release of any /all of my medical records from any source including Insurance offices, Doctors, Hospitals or other institutions and public authorities. This general medical release will also authorize the release of any /all of my psycological records. If I am being tested for HIV virus. I consent to have the result revealed to my employer. I declare the above statements to be correct.

I hereby certify that the above medical statements are true and will form the basis of my medical examination. I agree that any omission or mis-representation shall preclude me from employment and other medical benefits.

Date :

Candidate's Signature

Medical Examination :

Height in cms	Weight in Kgs	Blood Pressure in mm of Hg	Pulse-beats/min	Resp. Rate/min	General Appearance
168 cm	80 KG	120/80mm	78bpm	21pm	HEALTHY

Compliant with MLC2006, STCW 2010 STANDARD A-1/9

Distant Vision (Snellen's Chart)	Uncorrected	Corrected
Right Eye	6/6	
Left Eye	6/6	

Field Of Vision: Normal / Abnormal

Audiometry

Hz	500	1000	2000	3000	4000	5000	6000	8000
Right Ear dB	20	20	20					
Left Ear dB	20	20	20					

Not Indicated

*Hearing: Normal Voice — Whispered Voice

Colour Vision			
Ishihara	Normal	Abnormal	
Others	Normal	Abnormal	

	Right Ear	Left Ear
Normal Voice	4 METER	4 METER
Whispered Voice	2 METER	2 METER

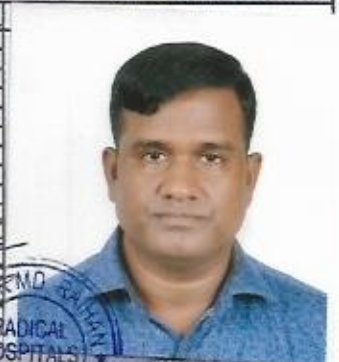
Compliant with MLC2006, STCW 2010 STANDARD A-1/9

Systemic Examination	Norm	Abnor	Notes	Norm	Abnor
Head & Neck	✓		FIT FOR SEA SERVICE AS AS PER MLC 2006 Enhanced GARD Medicals done		
Eyes	✓				
Ear / Nose / Throat	✓				
Teeth / Oral Cavity	✓				
Musculo-Skeletal System	✓				
Nervous System	✓				
Reflexes	✓				
Skin	✓				
Respiratory System				✓	
Cardiovascular System				✓	
Per Abdomen				✓	
Genito-urinary System				✓	
Others				✓	
Hernia / Hydrocoele				✓	
Varicose Veins				✓	
Fissure / Fistula / Piles				✓	

Investigations :

Blood	Result	Normal
Heamoglobin	12.3	M:13-17 F:12-15 gm%
Total WBC Count	10.500	4000 - 10000 / cu.m
Neu 78% Lymp 18% Eos % Baso % Mono %		
ESR	20	1 - 10 mm/hr
SGOT	26	0 - 35 IU / L
SGPT	24	10 - 60 IU / L
S. Cholesterol	187	130 - 220 mg / dl
S. Triglycerides	162	upto 200 mg / dl
Blood Sugar	4.40	upto 140 mg %
Creatinine	0.78	upto 1.5 mg / dl
GGTP	22	upto 55 IU / L
HbsAg	Negative	
HIV I & II	Negative	
VDRL	Non Reactive	
Others		
Blood Group	O Rh +ve	

Urine	Result
Colour	Clear
Specific Gravity	N/V
pH	N
Albumin	N
Sugar	N
Bile Pigment	N
Bile Salt	N
Occult Blood	N
RBC Cells	N
Leucocytes	N
Spirometry	Normal
Drug of Abuse	Negative
TMT	Normal
ECG	Normal
USG	Normal
XRay (Chest PA)	Normal



Result Of Medical Examination

On the basis of the history, clinical examination & diagnostic tests, I, hereby declare the above examinee has been examined medically & is FIT

Remarks / Recommendation : *Unaided Hearing : Satisfactory

I, , certify that all information required under Annexure E & F of M.S (Medical Examination) Rules 2000 are incorporated in this Certificate.

Date of Medical Exam: 11 OCT 2023

Date of Medical fitness: 11 OCT 2023

Validity of Medical Certificate: 10 OCT 2024

Radical Hospital Ltd. As Per MLC-2006 DG Shipping Bangladesh Approved

DR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC Reg. No. A-35...
General Physician
Radical Hospitals Limited

Doctor's Signature

IDENTITY of CANDIDATE CONFIRMED WITH

04.2023.4956

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING
GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC

SL NO. 04.2023.4956

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:

Name: Last RAHMAN **First** MOHAMMAD **Middle** SHAHENUR

Gender: (Male/Female) MALE Nationality: BANGLADESHI

Occupation: Deck/Engine/Catering/Other (specify) ENGINE

Father's/ Husbad'sname: MOHAMMAD JAMAL UDDIN

Mother's Name: MRS SAYMANA KHATUN

Address: House No: Street/ Road No:

Locality/Village: PACHURIA

P.O: CHANDRIPUR

P.S: KALUKHALI

District: RAJBARI

Date: 11 OCT 2023

Rank: ETO

C.D.C No. C/01 4639

Seaman ID No. 050007918

Passport No. B00053061

NID No. 1979821737044545 42

Date of Birth: 31/12/1979 (DD/MM/YYYY)

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:

I am duly authorized by the Department of Shipping, Government of the People's Republic of Bangladesh and confirm the followings:

1. Confirmation that identification documents were checked at the point of examination :YES/NO
2. Hearing meets the standards in section A-I/9 :YES/NO
3. Unaided hearing satisfactory? :YES/NO
4. Visual acuity meets standards in section A-I/9? :YES/NO
5. Colour vision meets standards in section A-I/9? :YES/NO
   Date of last colour vision test : 11 OCT 2023
6. Fit for lookout duties? :YES/NO
7. Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for service or to render the health of any other persons on board? :YES/NO
8. Any limitations or restrictions on fitness? :YES/NO

If YES, specify limitations or restrictions:

Duties:
Location/Vessel:
Medical/Other:

RADICAL HOSPITAL LIMITED
Uttara, Dhaka, Bangladesh

9. Medical fitness category : Fit-No restriction | Fit-Subject to restrictions | Unfit

10. Date of examination/Issue (DD/MM/YYYY) 11 OCT 2023

11. Date of expiry (DD/MM/YYYY) 10 OCT 2025 "No more than 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

Seafarer's Signature

Radical Hospital Ltd. Official Stamp As Per MLC-2006 DG Shipping Bangladesh Approved

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making applieation for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

- All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infectiqns of the mouth cavity or gums.

(d) Blood Pressure:

- An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

- Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, Interna-tional Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

- Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1):

1. Complete physical Examination.

2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

11 OCT 2023

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
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