

HAQUE & SONS LTD.

Tel: +880 31 716214-6, Fex: +880 31 710530



Accredited By : BMDC Accreditation No. A 55144 Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.

PATIENT CONTROL NUMBER:

H1425

MEDICAL EXAMINATION CERTIFICATE

HOSSAIN	FIRST NAME	MD. SARWAR	MIDDLE NAME
PLACE AND DATE OF BIRTH NATORE 7-Oct-1994	PASSPORT NU	Transfer of the second	SEAMAN'S BOOK NUMBER CO9224
NATIONALITY: BANGLADESHI SEX:	☑ Male ☐ F	(0.00-1.00)(0.00)	CHEM. TANKER TRADING AREA: WORLD WI
PERMANENT HOME ADDRESS:	TO MICH.		NTACT NUMBER: +8801751190646 (SEL
O. MD. ALTAF HOSSAIN, VILL. ABDULPU	R, P.O. ABDULPL	ID DE LAIDID	
ST. NATORE, BANGLADESH.		RAN	NK : 2ND OFFICER
	-torquest to the		
Have you ever had any of the following con	ditions?		
Condition	YES NO	/ Condition	YES NO
1 Eye/vision problem	0 %	18 Sleep problem	
2 High blood pressure	0 7	/ 19 Do you smoke	1 .
3 Heart/vascular disease		20 Operation/sur	
4 Heart surgery		21 Epilepsy/seizu	
5 Varicose veins	- A	22 Dizziness/fain	
6 Asthma/bronchitis	5 Z	1	
7 Blood disorder	0 7	23 Loss of conso	1
137000 GIDOTACT		/ 24 Psychiatric pr	
3.450,00	11 Z	25 Depression	2 2
		/ 26 Attempted sui	icide D
10 Digestive disorder		27 Loss of memo	ory U
11 Kidney problem		28 Balance probl	lem 1
12 Skin problem		29 Severe heada	iches \
13 Allergies		30 Ear/nose/thro	at problems
14 Infectious/contagious diseases		31 Restricted mo	
15 Hernia	II /	 32 Back problem 	is I la
16 Genital disorders		33 Amputation	0 1/2
17 Pregnancy	11 108	34 Fractures/disl	1/1
36 Have you ever been hospitalised? 37 Have you ever been declared unfit 38 Has your medical certificate ever b 39 Are you aware that you have any r 40 Do you feel healthy and fit to p	t for sea duty? been restricted or r medical problems, perform the duties	diseases or illnesses?	occupation?
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41 Are you allergic to any medication. Comments: 42 Are you taking any non-prescription of yes, please list the medications taken and the hereby authorize the release of all my presto Dr. Mir Md. Raihan (approved medical processes) disqualify me from my employment, benefits. Signature of Seafarer	on or prescription m d the purpose(s) an evious medical reco	nedications? nd dosage(s) ords from any health profession	onals, health institutions and public authorities
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PHYSICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MADCHALL ISLANDS

	KEI OBLIC OF	THE MAKSHALL ISLANDS	
SURNAME		GIVEN NAME(S)	
HOSSAIN		MD, SARWAR	
DATE OF BIRTH		PLACE OF BIRTH	SEX
10 7	1994	NATORE BANGLADESH	
MONTH DAY	YEAR	CITY COUNTRY	☑ MALE ☐ FEMALE
EXAMINATION FOR DUT	Y AS:	MAILING ADDRESS OF APPLICANT:	
MASTER		C/O. MD. ALTAF HOSSAIN, VILL. ABDULPT	
DECK OFFICER		P.S. LALPUR, DIST. NATORE, BANGLADES	H.
ENGINEERING OFFI		DANGE A DEGIL	
RADIO OFFICER		BANGLADESH.	
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THIS IS TO CERTIFY THAT			HOSSAIN
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THIS APPLICANT IS CERTI			No. 🗆
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☐ WITH THE FOLLOWIN			THOUSE CO.
NAME AND DEGREE OF PHYS		RAIHAN; M.B.B.S(D.U.), REG. NO. A-55144	
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and the second s			1230. BANGLADESH
NAME OF PHYSICIAN'S CERTIF		DG SHIPPING BANGLADESH	state of tables and
DATE OF ISSUE OF PHYSICIAN	AS CERCIFICATE May-	Wines in	40.007.000
SIGNATURE OF PHYSICIAN*	Anne.	Salar Contraction of the Contrac	19 OCT 2023
Medilicit	Alle	(a Power C 2003) E	DATE
This court E	R. MIDIMADIDALD	A Muritime Administrator 181	N. 10.

MBBS (DU), DFM, CCD (Sidem), PGT (Contin) (Seafarers) Convention (Seafarers) Convention (Seafarers) DG Shipping Bangladesh Approved General Physician

Radical Hospitals Limited

MI-105M

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This physical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the scafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better car at 15 feet (4.57 m) and in poorer car at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in
 the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color
 perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E.
 Standards 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
 - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - · An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able seafarer, bosun, GP-1, ordinary scafarer and junior ordinary scafarer must meet the physical requirements for a
 deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or scafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The 'medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1 of RMI MG-7-47-1).)

- 1. COMPLETE PHYSICAL EXAMINATION. INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRI₄)
 - D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test CT Alcohol Test.
- 3. X RAY EXR PA VIEW
- 4, E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

A Per MI C 2006

DR. MR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, WMC-BGD-016
DG Shipping Bangladesh Approved

General Physician Radical Hospitals Limited

19 OCT 2023



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	MD. SARWAR HOSSAIN	Date	19-Oct-2023
Age	29	Sex	MALE
Passport No	A11951674	CDC No	CO9224
Sample	BLOOD	Rank	2ND OFFICER

BIOCHEMISTRY REPORT COMPARE

Vessel Name:	NAEBA GALAXY	ZAO GALAXY	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	03-05-2023	11.10-2123	-
Serum Bilirubin	0.66	0.58	0.2 - 1.1 mg/dl
Serum S.G.O.T/A.S.T	28	29	Up to 37 U/L
Serum S.G.P.T.	22	26	Up to 42 U/L

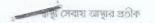
DOCTOR'S REMARKS:

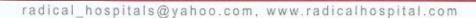
No Restrictions



Doctor Seal & Signature

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician Date: 24th July 2022
Radical Hospitals Limited.







Id No : 0726 Date : 19-Oct-2023 D.Date : 19-Oct-2023

Patient's Name: MD SARWAR HOSSAIN Age: 29Y 0M 12D Gender: Male

Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFMC/O/ 9224

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range	
Hemoglobin (Hb) ESR(Westergreen)	14.8 gm/dl 08 mm/1st hr	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.	
Total WBC Count(TC)	6,000 /cumm	Male:0-10, F:0-20 mm/1st hr.	1
	6,000 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm	
Differential WBC Count (DC)			III.
Neutrophils	62 %	Child: 25-66 %, Adult: 40-75 %	The sale like
Lymphocytes	33 %	Child: 52-62 %, Adult: 20-50 %	Model III III has
Monocytes	03 %	Child: 03-07 %, Aduit: 02-10 %	W BC CURVE
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %	rá .
Basophils	00 %	Adult: 00-01 %	
Fotal Cir. Eosinophils	120 /cumm	50-450/cumm	III.
Total RBC Count	5.09 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul	
HCT/PCV	40.5 %	M: 40-54%, F:37-47%	dill'A
MCV	79.6 fL	76 - 94 fL	
MCH	29.1 pg	27 - 32 pg	
MCHC	36.5 g/dL	29 - 34 g/dL	RBC CURVE
RDW	13.1 %	11 - 16 %	all:
PDW	13.0 fL	35 - 56 fl	
Total Platelete Count (PC)	1,98,000 /cumm	150,000-450,000/cumm	Allh
MPV	10.0 fL	7.0 - 11.0 fL	
PCT	0.136 %	0.1 - 0.%	
Bledding Time(BT)	%	10 - 18 %	
Cloting Time(CT)	%	0.1- 0.2 %	

Checked By Medical Technologist ○\ Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU)

Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.



radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23100726	Received Date	19/10/2023
Patient's Name	MD SARWAR HOSSAIN		
Patient's Age	29Y 0M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD	(BIRDEM),PGT(Eye),DFM	CDC NO: C/O/ 9224
Sample	BLOOD		000000000000000000000000000000000000000

BIOCHEMISTRY REPORT

Result	Reference Range
5.5 mmol/l	4.2 – 6.4 mmol/l
0.58 mg/dl	0.2 - 1.1 mg/dl
26 U/L	Up to 40 U/L
19.0U/L	Up to 37 U/L
5.2 %	4.2 - 6.7 %
	5.5 mmol/l 0.58 mg/dl 26 U/L 19.0U/L

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist.

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology

R	ADICAL .
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_	10/10/2022

Bill Nodical_hos	P 101A23100726 com, www.rad	icalhospital.doReceived Date	19/10/2023
Patient's Name	MD SARWAR HOSSAIN		2
Patient's Age	29Y 0M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO: C/O/ 9224
Sample	BLOOD		

SEROLOGYCAL REPORT

Test Name

VDRL

HIV 1 & 2 (Method : (ICT)	Negative
HBsAg (Method : (ICT)	Negative

Result

OOD GROUPINGResult	
ABO Blood Group	"B" (+ve)
Rh(D)Factor	Positive

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun

Non-reactive

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital





Bill No	DIA23100726	Received Date	19/10/2023
Patient's Name	MD SARWAR HOSSAIN		
Patient's Age	29Y 0M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO: C/O/ 922		
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result	

Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist. Radical Hospitals Ltd. Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospitai.



radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23100726	Received Date	19/10/2023
Patient's Name	MD SARWAR HOSSAIN		
Patient's Age	29Y 0M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO: C/O/ 92		CDC NO: C/O/ 9224
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION MICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
	TAME	Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologist. Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

REF: MT. ZAO GALAXY

DATE: 19/10/2023

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: MD SARWAR HOSSAIN RANK: 2ND OFF CDC NO: C/O/9224

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

666

666

AIDED

COLOUR VISION:

NORMAL /BLIND

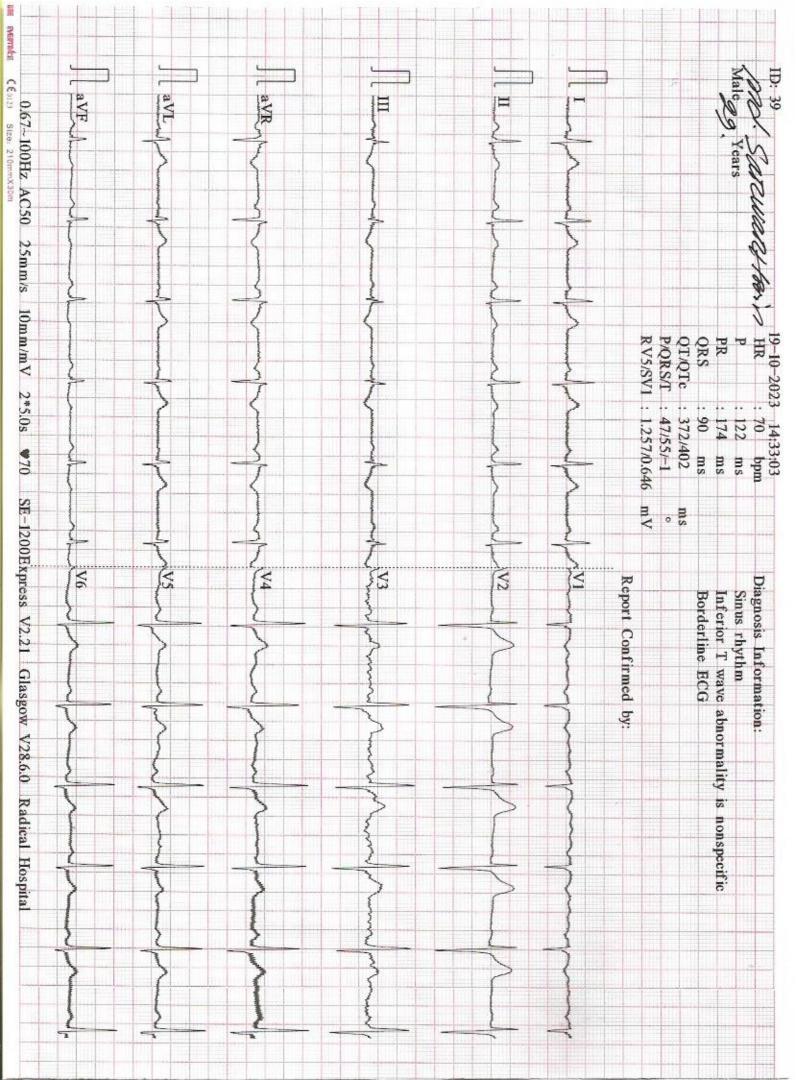
OPINION

UNFIF/ FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital



F

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

23100726

Receive: 19/10/2023

Print: 19/10/2023

Patient's Name

MD SARWAR HOSSAIN

Age

29 Yrs

Sex

: M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm

: Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

Normal in T.D.

Lung

: Lung fields are clear.

Bony thorax

Reveals no abnormality.

Comments

: Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital



radical_hospitals@yahoo.com, www.radicalhospital.com

RADICAL HOSPITAL

Patient ID	23100726	Voucher No		
Test Name	USG OF KUB	Delivery Date	19/10/2023	1
Patient Name	MD. SARWAR HOSSAIN	Delivery Date	19/10/2023	-
Age	29 Yrs	Sex	Male	4
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CC	D(BIRDEM),PGT(Eve).DFM	+

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.3 cm. The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 10 cm. The cottical Echogenicity are normal with clear cortico-medullar differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen

PROSTATE: Normal in size , volume is 9.4cc & regular in shape. Echogenicity is homogenous. No area of calcification is seen.

COMMENT: Suggestive of Normal study .

Dr. Asma Ahmed MBBS,CMU,DMU PGT(Gynae & obs)

Advanced Training on TVS Consultant Sonologist

Certificate (continued) Certificate (quite)	EOR VACO	
OUT ME	DR. MIR. MD. RAIHAN	35, Shah Makhdum Auerius Utinen, Dhoka	10
13.00	MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	BANGLADEST	
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The Validity of this certificate shall extend for a period of two years beginning six days after the first injection or the vaccine or in event of a revaccination within such period of two years on the date of that revaccination.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

OTHER VACCINATIONS AUTERS VACCINATION

Date	Nature of vaccine	Physician's Signature
	· ·	
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	-	