HAQUE & SONS LTD.

Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.
Tel : +880-2-333316214-6, Fax : +880-2-333310530

Accredited By : BMDC
Accreditation No. A-55144

PATIENT CONTROL NUMBER
HS3355FF

Dr. MIR MD. RAIHAN ★ RADICAL HOSPITALS LTD. REG. NO. A-55144

MEDICAL EXAMINATION CERTIFICATE

SURNAME	FIRST NAME AND	MIDDLE NAME
ISLAM	MD. SAIFUL	
PLACE AND DATE OF BIRTH	PASSPORT NUMBER	SEAMAN'S BOOK NUMBER
KHULNA 28-Jul-1976	A01832813	CO3355
NATIONALITY : BANGLADESHI	SEX : ☑ Male ☐ Female	VESSEL TYPE : CHEM/OIL TANKE / TRADING AREA : WORLD WIDE
PERMANENT HOME ADDRESS :	CONTACT NUMBER :	01711971047 (SELF)
2, BAGMARA MAIN ROAD KHULNA, BANGLADESH	RANK :	CHIEF OFFICER

Have you ever had any of the following conditions?

	Condition	YES	NO		Condition	YES	NO
1	Eye/vision problem	☐	☑	18	Sleep problems	☐	☑
2	High blood pressure	☐	☑	19	Do you smoke?	☐	☑
3	Heart/vascular disease	☐	☑	20	Operation/surgery	☐	☑
4	Heart surgery	☐	☑	21	Epilepsy/seizures	☐	☑
5	Varicose veins	☐	☑	22	Dizziness/fainting	☐	☑
6	Asthma/bronchitis	☐	☑	23	Loss of consciousness	☐	☑
7	Blood disorder	☐	☑	24	Psychiatric problems	☐	☑
8	Diabetes	☐	☑	25	Depression	☐	☑
9	Thyroid problem	☐	☑	26	Attempted suicide	☐	☑
10	Digestive disorder	☐	☑	27	Loss of memory	☐	☑
11	Kidney problem	☐	☑	28	Balance problem	☐	☑
12	Skin problem	☐	☑	29	Severe headaches	☐	☑
13	Allergies	☐	☑	30	Ear/nose/throat problems	☐	☑
14	Infectious/contagious diseases	☐	☑	31	Restricted mobility	☐	☑
15	Hernia	☐	☑	32	Back problems	☐	☑
16	Genital disorders	☐	☑	33	Amputation	☐	☑
17	Pregnancy	☐	N/A	34	Fractures/dislocations	☐	☑

If any of the above questions were answered "yes", please give details.

Additional questions

		YES	NO
35	Have you ever been signed off as sick or repatriated from a ship?	☐	☑
36	Have you ever been hospitalised?	☐	☑
37	Have you ever been declared unfit for sea duty?	☐	☑
38	Has your medical certificate ever been restricted or revoked?	☐	☑
39	Are you aware that you have any medical problems, diseases or illnesses?	☐	☑
40	Do you feel healthy and fit to perform the duties of your designated position/occupation?	☑	☐
41	Are you allergic to any medications?	☐	☑

Comments: FIT FOR DUTY ON BOARD SHIP

42	Are you taking any non-prescription or prescription medications?	☐	☑

If yes, please list the medications taken and the purpose(s) and dosage(s)

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to **Dr. Mir Md. Raihan** (approved medical practioner) I also certify that my history contained above is true and any false statement will disqualify me from my employment, benefits and claims.

✓ Signature of Seafarer

MEDICAL EXAMINATION

Weight 92 kg Height (cm) 178 BMI 30.0 Blood Pressure: Systolic 130 mm Hg Diastolic 80 mm Hg PULSE: 78 b/m

Ear	Hearing by Audiometry	
Right	☐ Adequate	☐ Inadequate
Left	☐ Adequate	☐ Inadequate

Audiometry			
500	1000	2000	3000
	N/A		

Hearing by Whisper Test	
☑ Adequate	☐ Inadequate
☐ Adequate	☐ Inadequate

Hearing meets the standards as laid down in STCW Code Section A-1/9 ? YES ☑ NO ☐

Cont'd from page 1

	Visual acuity			
	Unaided		Aided	
	Right eye	Left eye	Right eye	Left eye
Distant	6/6	6/6		
Near				

	Visual fields	
	Normal	Defective
Right eye	✓	
Left eye	✓	

Visual acuity meets the standard laid down in STCW Code Section A-I/9 ☑ YES / NO

Colour vision as per STCW CODE Section A-I/9: ☑ Normal ☐ Doubtful ☐ Defective

Date of last colour vision test: Date (day/month/year) 09 OCT 2023

	Normal	Abnormal		Normal	Abnormal
Head	☑	☐	Varicose veins	☑	☐
Sinuses, nose, throat	☑	☐	Vascular (inc. pedal pulses)	☑	☐
Mouth/teeth	☑	☐	Abdomen and viscera	☑	☐
Ears (general)	☑	☐	Hernia	☑	☐
Tympanic membrane	☑	☐	Anus (not rectal exam)	☑	☐
Eyes	☑	☐	G-U system	☑	☐
Opthalmoscopy	☑	☐	Upper and lower extremities	☑	☐
Pupils	☑	☐	Spine (C/S, T/S and L/S)	☑	☐
Eye movement	☑	☐	Neurologic (full brief)	☑	☐
Lungs and chest	☑	☐	Psychiatric	☑	☐
Breast examination	N/A	☐	General appearance	☑	☐
Heart	☑	☐	Skin	☑	☐

RESULTS OF ANCILLARY EXAMINATIONS

Chest X Ray	NAD	BIO CHEMICAL (LIVER FUNCTION TEST)			Marijuana	☐	Positive	☑	Negative
ECG	NAD	BILIRUBIN	0.9		Alcohol Test	☐	Positive	☑	Negative
BLOOD R/E		SGPT	32		URINE R/E			NAD	
DC(differential count)	NAD	SGOT	26		OTHERS				
HAEMOGLOBIN (HGB)	13.7	DRUG AND ALCOHOL TEST			HBsAg	☐	Reactive	☑	Nonreactive
ESR (WESTERGREN)	06	Morphine	☐ Positive	☑ Negative	HIV / AIDS Test	☐	Reactive	☑	Nonreactive
WBC	6.200	Amphetamine	☐ Positive	☑ Negative	VDRL	☐	Reactive	☑	Nonreactive
BLOOD GLUCOSE LEVEL		Phencyclidine	☐ Positive	☑ Negative	Blood Type			B(+ve)	
RANDOM	5.9	Barbiturates	☐ Positive	☑ Negative	Psychological Exam			NAD	
HBA1C	5.7%	Cocaine	☐ Positive	☑ Negative	Others(KUB Ultraso			NAD	

Hereby I declare that I am in knowledge of the contents of the Physical examinations:

SAIFUL — Signature of Seafarer

MD. SAIFUL ISLAM — Name of Seafarer

09 OCT 2023 ~~10 Oct 2023~~ — Date

Assessment of fitness for service at sea:

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☑ Fit for lookout duties ☐ Not fit for lookout duties

	Deck service	Engine service	Catering service	Other services
Fit	☑	☐	☐	☐
Unfit	☐	☐	☐	☐

☑ Without restrictions ☐ With restrictions

Is the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?

Yes	No
☑	☐

Describe restrictions (e.g., specific position, type of ship, trade area):

Action taken by medical examiner (e.g., referral):

Fitness Date: 09 OCT 2023 — Valid Until: 08 OCT 2025

DR. MIR. MD. FAISAL
MBBS, DLO, DNB, CCD (Birdem), BCT (Orbith)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Name and Signature of Authorized Physician

DANISH MARITIME AUTHORITY

Parts A and B to be completed by the seafarer

Medical certificate for examination of seafarers

To be used only for persons of 16 years of age or older

A

Surname	First name(s)	Date of birth in format "day-month-year"	Sex (M/F)
ISLAM	MD. SAIFUL	28-Jul-1976	M

Occupation	Nationality
CHIEF OFFICER	BANGLADESHI

Home address (street, house number)	Postal code and town/city	Country
2, BAGMARA MAIN ROAD, KHULNA, BANGLADESH.	KHULNA (9100)	BANGLADESH

B

OWN DECLARATION	No	Yes	When (year)
Have you previously served in Danish ships	✓		
Have you previously undergone a medical examination for seafarers	✓		
Have you been declared unfit for sea service or fit subject to limitations at any previous medical examination	✓		
Have you been admitted to hospital	✓		
Have you within the last two years had unbroken periods of sick leave of more than 30 days	✓		
Do you have difficulties in orientating yourself under reduced lighting	✓		
Do you suffer or have you suffered from any of the following diseases			
Lung diseases, including pulmonary tuberculosis (TB)	✓		
Stomach and intestinal diseases including gastric ulcer	✓		
Heart and circulatory diseases	✓		
Kidney and bladder diseases	✓		
Diabetes	✓		
Ear diseases	✓		

OWN DECLARATION – cont.	No	Yes	When (year)
Eye diseases	✓		
Pain in the back including lumbago and sciatica	✓		
Epilepsy or other convulsive fits	✓		
Mental disorders for which you have received medical treatment	✓		
Alcohol- and drug abuse for which you have been treated	✓		
Hypersensitive reactions, including asthma	✓		
Eczema	✓		
Serious accidents causing permanent disability	✓		
Do you use medicine regularly	✓		

I hereby give my consent that information about any previous diseases may be obtained from doctors, hospital, other treatment centres and public authorities

Date: 09 OCT 2023 Seafarer's signature: SAIFUL

Part C to be completed by the doctor

C Doctor's examination (see list of diseases and conditions)

Height (cm)	175		BMI	30.0	
Weight (kg)	92				
Urine	Alb.	Nil	Heart	Normal	
	Sugar	Nil	Lungs	Normal	
Blood pressure	130/80		Abdomen	Normal	
Teeth	Healthy		Skin	Normal	
Eyes	Normal		Extremities	WNL	
Oral cavity	Normal		Hernia	Absent	
Reflexes	WNL		Spinal column	WNL	

Special remarks (if any)

DR. MIR MD RADICAL HOSPITAL LTD. REG. NO. A-2

Is the person examined known to you and does he/she use you as a doctor? ☐ No ☑ Yes

The person examined is unknown to me, but has satisfied me as to his identity by showing me ☐ Danish discharge book ☐ Driving licence ☑ Passport

Examination of vision and hearing

Colour vision (Ishihara) Colour blindness ☑ No ☐ Yes

Field of vision Normal ☐ No ☑ Yes

Vision acuity (See list par. V4)	without correction	with correction normally used
Right eye	6/6	
Left eye	6/6	
Both eyes simultaneously	6/6	

Hearing (see V1)	Normal speech	Normal speech at a distance of 4 m	Otoscopy
Without hearing aid	✓	4	Right ear 4
With hearing aid	4		Left ear 4

Result: ☑ Fit for look-out duty ☐ Unfit for look-out duty ☐ Unfit for look-out duty and engine-room duty

Is the examined in your opinion fit for duty? ☐ No ☑ Yes

If "no", please state the reason

If fitness is conditional, state limitations in regard to

a) Time	b) Field of work	c) Trading area

Place and date, doctor's stamp and signature

09 OCT 2023

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

The certificate should be forwarded to the Danish Maritime Authority by the master or the shipping company.

Radical Hospital Ltd. As Per-MLC-2006 DG Shipping Bangladesh Approved

S-803E-2000

Id No : 0351	**Date :** 09-Oct-2023	**D.Date :** 09-Oct-2023
Patient's Name : MD SAIFUL ISLAM	**Age :** 47Y 2M 11D	**Gender:** Male
Specimen : Blood		
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/3355		

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	**13.7** gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	**06** mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	**6,300** /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	**63** %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	**32** %	Child: 52-62 %, Adult: 20-50 %
Monocytes	**03** %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	**02** %	Child: 01-03 %, Adult: 01-06 %
Basophils	**00** %	Adult: 00-01 %
Total Cir. Eosinophils	**126** /cumm	50-450/cumm
Total RBC Count	**4.58** m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	**39.6** %	M: 40-54%, F:37-47%
MCV	**86.5** fL	76 - 94 fL
MCH	**29.9** pg	27 - 32 pg
MCHC	**34.6** g/dL	29 - 34 g/dL
RDW	**13.4** %	11 - 16 %
PDW	**13.8** fL	35 - 56 fl
Total Platelete Count (PC)	**230000** /cumm	150,000-450,000/cumm
MPV	**10.1** fL	7.0 - 11.0 fL
PCT	**0.154** %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %

Checked By
Medical Technologist

Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

radical_hospitals@yahoo.com, www.radicalhospital.com

RADICAL HOSPITAL LIMITED

Bill No	DIA23100351	Received Date	09/10/2023
Patient's Name	MD SAIFUL ISLAM		
Patient's Age	47Y 2M 11D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/3355
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.9 mmol/l	4.2 – 6.4 mmol/l
Serum Bilirubin (Total)	0.9 mg/dl	0.2 - 1.1 mg/dl
Serum AST (SGOT)	26.0 U/L	Up to 37 U/L
Serum ALT (SGPT)	32.U/L	Up to 40 U/L
HbA1C	5.7 %	4.2 - 6.7 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologis
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
M BBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23100351	Received Date	09/10/2023
Patient's Name	MD SAIFUL ISLAM		
Patient's Age	47Y 2M 11D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/3355
Sample	BLOOD		

SEROLOGYCAL REPORT

Test Name	Result
HIV 1 & 2 (Method : (ICT)	Negative
HBsAg (Method : (ICT)	Negative
VDRL	Non-reactive

BLOOD GROUPINGResult	
ABO Blood Group	"A" (+ve)
Rh(D)Factor	Positive

Checked By

Medical Technologis
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com

RADICAL HOSPITAL LIMITED

Bill No	DIA23100351	Received Date	09/10/2023
Patient's Name	MD SAIFUL ISLAM		
Patient's Age	47Y 2M 11D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/3355
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	R B C	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	R B C	Nil
Albumin	NIL	W B C	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologis
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com

RADICAL HOSPITAL LIMITED

Bill No	DIA23100351	Received Date	09/10/2023
Patient's Name	MD SAIFUL ISLAM		
Patient's Age	47Y 2M 11D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/3355
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result
Drug Level of Urine	
Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologis
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

REF:	MT. NORD SWIFT	DATE: 09/10/2023

M/S. HAQUE & SONS LTD.
RUMMANA HAQUE TOWER
1267/A, GOSHAIL DANGA
AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME:	MD SAIFUL ISLAM	RANK: CH.OFF	CDC NO: C/O/3355

VISUAL ACUITY: RIGHT LEFT

UNAIDED 6/6 6/6.

AIDED

COLOUR VISION: NORMAL / BLIND

OPINION : UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan
MBBS, PGT (Ophthalmology)
Assistant Registrar (EX)
East west Medical College & Hospital

ID: 23091383

Md. Sabal Khan

Male 47 Years

09-10-2023 14:35:56

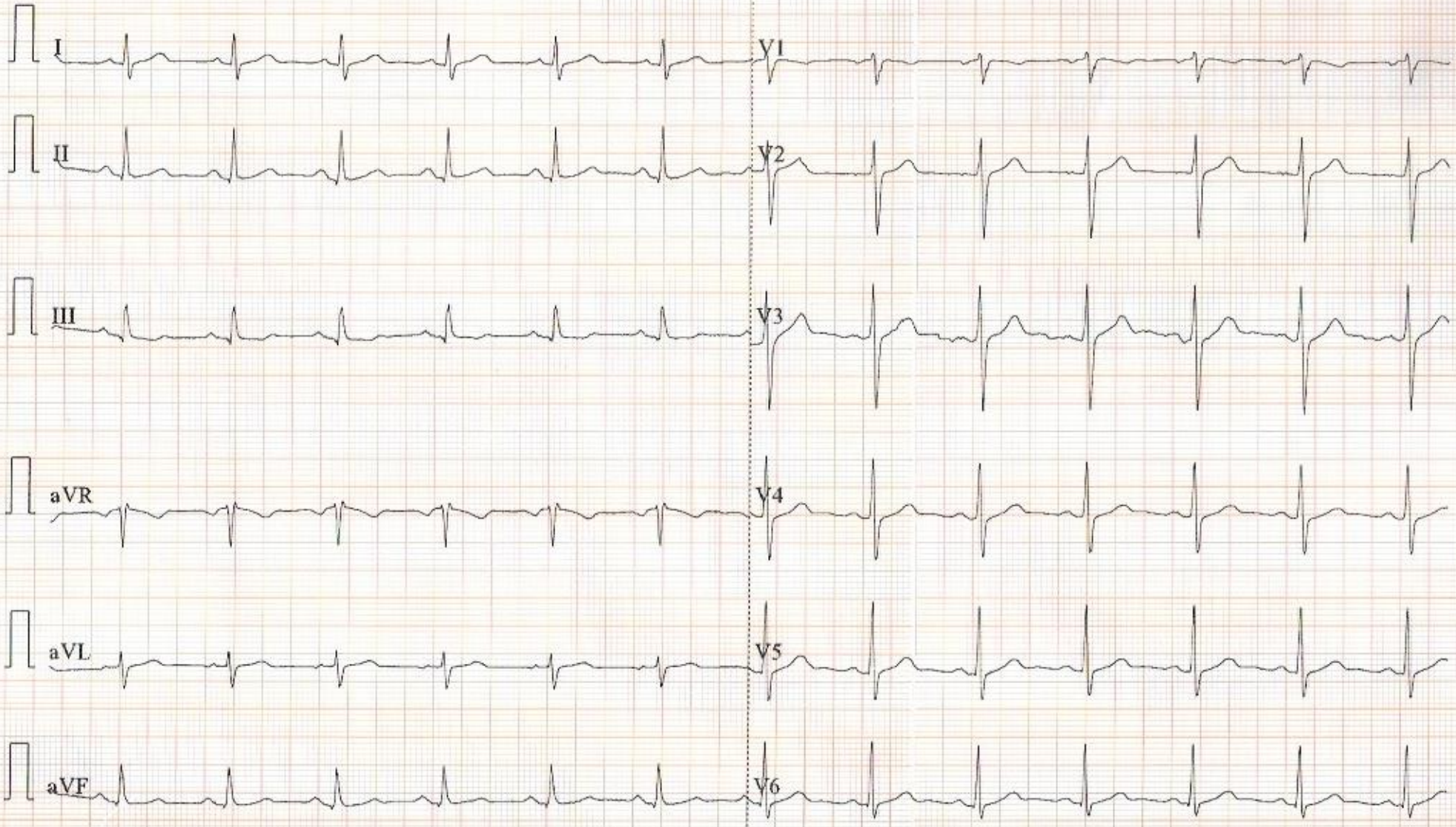
HR	:	78	bpm
P	:	118	ms
PR	:	154	ms
QRS	:	98	ms
QT/QTc	:	380/433	ms
P/QRS/T	:	62/68/45	°
RV5/SV1	:	1.190/0.431	mV

Diagnosis Information:

Sinus rhythm

Normal ECG

Report Confirmed by:



0.67~100Hz AC50 25mm/s 10mm/mV 2*5.0s ♥78 SE-1200Express V2.21 Glasgow V28.6.0 Radical Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.	:	23100351	Receive:09/10/2023	Print: 09/10/2023
Patient's Name	:	**MD SAIFUL ISLAM**		
Age	:	47 Yrs	*Sex*	: M
Refd. by	:	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

X-RAY OF CHEST (DIGITAL)

Diaphragm	:	Both hemidiaphragm are normal in position. C-P angles are clear.
Heart	:	Normal in T.D.
Lung	:	Lung fields are clear.
Bony thorax	:	Reveals no abnormality.
Comments	:	**Normal chest skiagram.**

Prof. Dr. Md. Mojibor Rahman
MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical COllege Hospital

This report has been electronically signed.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA

This is to certify that whose signature follows } Date of birth 28/07/76 Sex MALE

MD. SAIFUL ISLAM

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator	Approved Stamp
1 05 AUG 2021	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	CENTER FOR VACCINATION 35, Shah Makhdum Avenue Uttara, Dhaka BANGLADESH
2 22 JUL 2022	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	CENTER FOR VACCINATION 35, Shah Makhdum Avenue Uttara, Dhaka BANGLADESH
3 06 MAR 2023	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	CENTER FOR VACCINATION 35, Shah Makhdum Avenue Uttara, Dhaka BANGLADESH
4		4
5 09 OCT 2023	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	CENTER FOR VACCINATION 35, Shah Makhdum Avenue Uttara, Dhaka BANGLADESH
6		6
7	7	8
8		

Continued overleaf Suite our erso