



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh, Tel: +880 31 716214-6, Fex: +880 31 710530 Accredited By BMDC Accreditation No. A 55144

PATIENT CONTROL NUMBER
#12372

MEDICAL EXAMINATION CERTIFICATE

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Revision: 5.1

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PHYSICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MARSHALL ISLANDS SURNAME GIVEN NAME(S) REZA MD NASIM DATE OF BIRTH PLACE OF BIRTH SEX 12 31 1998 JESSORE BANGLADESH MONTH DAY YEAR CITY COUNTRY MALE. FEMALE **EXAMINATION FOR DUTY AS:** MAILING ADDRESS OF APPLICANT: MASTER HOUSE-08,WARD-05,BISWASPARA,CHAUGACHA DECK OFFICER PS-CHAUGACHHA, DIST-JESSORE ENGINEERING OFFICER H RADIO OFFICER BANGLADESH RATING MEDICAL EXAMINATION (SEE REVERSE SIDE FOR MEDICAL REQUIREMENTS) STATE DETAILS ON REVERSE SIDE WEIGHT BLOOD PRESSURE RESPIRATION GENERAL APPEARANCE RIGHT EYE HEARING WITHOUT GLASSES WITH GLASSES COLOR TEST TYPE: BOOK ☐ LANTERN ☐ SCOLOR TEST NORMAL? ✓ Yes ☐ No (IF "NO" EXPLAIN ON PAGE 2) ARE GLASSES OR CONTACT LENSES NECESSARY TO MEET THE REQUIRED VISION STANDARD? Yes 📋 No 🛨 HEAD AND NECK HEART (CARDIOVASCULAR) LUNGS SPEECH(DECK/NAVIGATIONAL OFFICER AND RADIO IS SPEECH UNIMPAIRED FOR NORMAL VOICE COMMUNICATION EXTREMITIES: LIPPER LOWER IS APPLICANT VACCINATED IN ACCORDANCE WITH WHO RECOMMENDATIONS? Yes I No IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY WORKING ABOARD A VESSEL, OR TO RENDER HIM/HER UNFIT FOR SERVICE OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOAR Yes IF YES, PLEASE ENTER EXPLANATION IN THE SECTION AT THE BOTTOM OF ON PAGE

IS APPLICANT TAKING ANY NON-PRESCRIPTION OR PRESCRIPTION MEDICATION YES. | No |

2 0 OCT 7023

URE OF APPLICANT DATE OF EXAMINATION THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMINING PHYSICIAN

THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO: FIT FOR DUTY ON BOARD SHIP

MD NASIM REZA

19 OCT 2025

EXPIRY DATE

2 0 OCT 2023 DATE

NAME OF APPLICANT THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DISEASE (OR VIRUSES FOR COOKS):

Yes No [SEAFARER IS FOUND TO BE DEPTT | NOT FIT FOR DUTY AS A | MASTER / , D DECK OFFICER / DENGINEERING OFFICER /

□ RATING/ ☐ CHIEF COOK / ☐ COOK ☐ WITHOUT ANY RESTRICTIONS / ☐

☐ WITH THE FOLLOWING RESTRICTIONS

NAME AND DEGREE OF PHYSICIAN DR. MIR MD. RAIHAN; M.B.B.S(D.U.), REG. NO. A-55144

ADDRESS RADICAL HOSPITALS LIMITED 35, SHAH MAKHDUM AVENUE "SECTOR-12 UTTARA, DHAKA-1230. BANGLADESH

NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY DG SHIPPING BANGLADESH

DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE/ 6-Xlay-2014

SIGNATURE OF PHYSICIAN

RATHAN Maritime Administrator and Francisco Addin Acaptanjion (Seafarers) Convention 198 MBBS (DU), DEM, (OCDYB)

BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician the requirements

Radical Hospitals Limited

MI-105M

MEDICAL REQUIREMENTS

All applicants for an officer certificate. Scafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This physical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the scafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better car at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E. Standards 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.L.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green,
- (c) Dental
 - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able scafarer, bosun, GP-1, ordinary scafarer and junior ordinary scafarer must meet the physical requirements for a deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival eraft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or scafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician: alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1 of RMI MG-7-47-1).)

- 1. COMPLETE PHYSICAL EXAMINATION, INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Tests DBC. D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G) Alcohol Test.
- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved

Radical Hospitals Limited.



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	MD NASIM REZA	Date	20-Oct-2023
Age	24	Sex	MALE
Passport No	A06107211	CDC No	CO10408
Sample	BLOOD	Rank	JR3RD ASSISTANT ENGINEER

BIOCHEMISTRY REPORT COMPARE

	After Sign-Off	Before Sign-On	Reference Range
ate of Report	08.10-2020	20-10-2023	:#
erum Bilirubin	057	0.58	0.2 - 1.1 mg/dl
erum S.G.O.T/A.S.T	20	29	Up to 37 U/L
Serum S.G.P.T.	27	26	Up to 42 U/L

DOCTOR'S REMARKS:

No Restrictions

Doctor Seal & Signature

DR. MIR. MD. RAIHAN

MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)

BMDC A-55144. MMC-BGD-016

DG Shipp.ng Bangladesh Approved

General Physician

Radical Hospitals Lintbooksion Date: 24th July 2022





Id No : 0763 Date: 20-Oct-2023

D.Date: 20-Oct-2023

Patient's Name: MD NASIM REZA

Age: 24Y 9M 19D Gender: Male

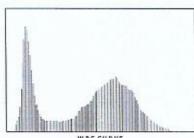
Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM C/O/10408

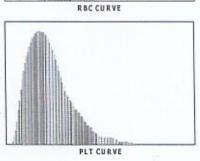
Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	12.7 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	08 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Tetal WBC Count(TC)	8,600 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	68 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	27 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	172 /cumm	50-450/cumm
Total RBC Count	5.02 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	36.3 %	M: 40-54%, F:37-47%
MCV	72.3 fL	76 - 94 fL
MCH	25.3 pg	27 - 32 pg
MCHC	35.0 g/dL	29 - 34 g/dL
RDW	13.7 %	11 - 16 %
PDW	16.7 fL	35 - 56 fl
Total Platelete Count (PC)	3,36,000 /cumm	150,000-450,000/cumm
MPV	8.2 fL	7.0 - 11.0 fL
PCT	0.276 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %







Checked By Medical Technologist

Cloting Time(CT)

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.

0.1-0.2 %



radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23100763	Received Date	20/10/2023
Patient's Name	MD NASIM REZA		
Patient's Age	24Y 9M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO: C/O/ 10408
Sample	BLOOD		11-000 II-000 II-00

BIOCHEMISTRY REPORT

Result	Reference Range
5.5 mmol/l	4.2 – 6.4 mmol/l
0.58 mg/dl	0.2 - 1.1 mg/dl
26 U/L	Up to 40 U/L
19.0U/L	Up to 37 U/L
5.2 %	4.2 - 6.7 %
	5.5 mmol/l 0.58 mg/dl 26 U/L 19.0U/L

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist.

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology



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Bill No	DIA23100763	Received Date	20/10/2023
Patient's Name	MD NASIM REZA		
Patient's Age	24Y 9M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD	(BIRDEM),PGT(Eye),DFM	CDC NO: C/O/ 10408
Sample	BLOOD		

SEROLOGYCAL REPORT

Test Name	Result
	The state of the s

VDRL	Non-reactive
HBsAg (Method: (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative

OOD GROUPINGResult	
ABO Blood Group	"B" (+ve)
Rh(D)Factor	Positive

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun

MBBS, MD (Microbiology) Associate Professor

Dept. of Microbiology

East West Medical College and Hospital



Test Name



Bill No	DIA23100763	Received Date	20/10/2023
Patient's Name	MD NASIM REZA		
Patient's Age	24Y 9M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CC	D(BIRDEM),PGT(Eye),DFM	CDC NO: C/O/ 10408
Sample	URINE		

Result

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative .

Checked By

Medical Technologist. Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



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Bill No	DIA23100763	Received Date	20/10/2023
Patient's Name	MD NASIM REZA		
Patient's Age	24Y 9M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDE	M),PGT(Eye),DFM	CDC NO: C/O/ 10408
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION MICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil	
Albumin	NIL	WBC	Nil	1
Sugar	NIL	Epithelial	Nil	
Ex.Phosphate	Nil	Granular	Nil	
	INAL	Hyaline	Nil	

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologist. Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology)

Associate Professor Dept. of Microbiology

East West Medical College and Hospital.



radical_hospitals@yahoo.com, www.radicalhospital.com

REF: MT. FUJI GALAXY

DATE: 20/10/2023

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: MD NASIM REZA RANK: JR 3A/ENG CDC NO: C/O/10408

VISUAL ACUITY:

RIGHT

LEFT

616

UNAIDED

AIDED

COLOUR VISION:

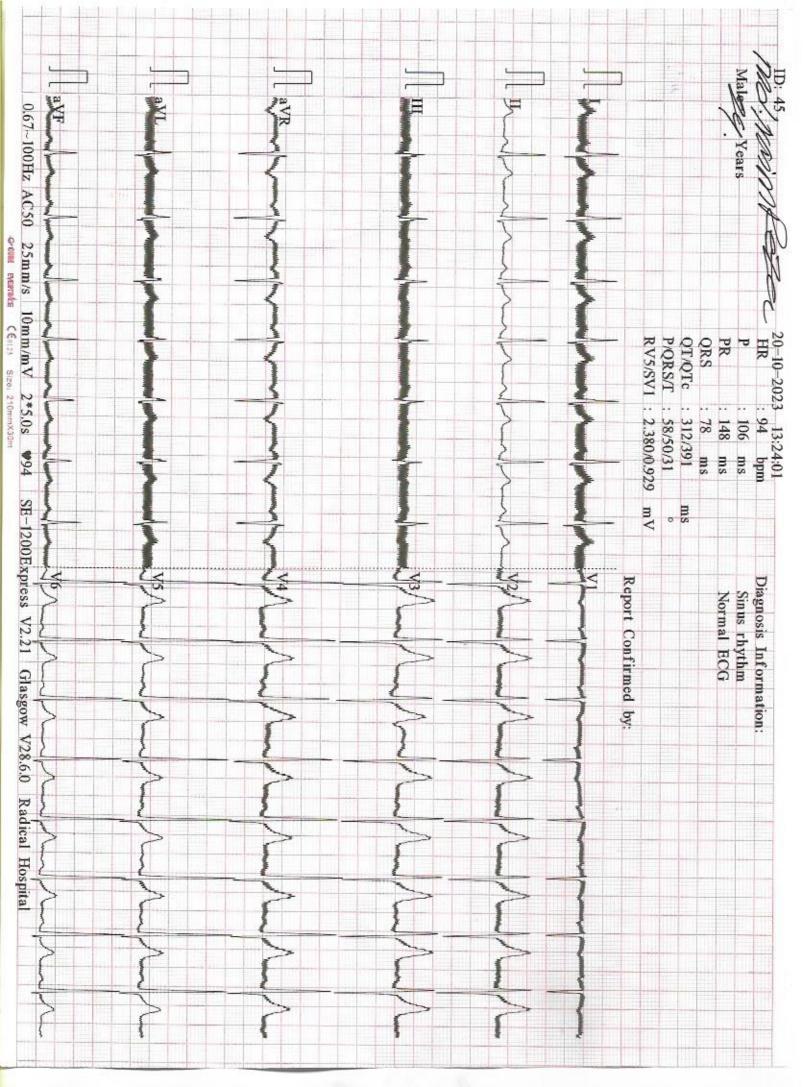
NORMAL / BLIND

OPINION

UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology) Assistant Registrar (EX)

East west Medical College & Hospital



RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

23100763

Receive:20/10/2023

Print: 20/10/2023

Patient's Name

MD NASIM REZA

Age

24 Yrs

Sex

: M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm

: Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

: Normal in T.D.

Lung

: Lung fields are clear.

Bony thorax

Reveals no abnormality.

Comments

: Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

Patient ID	23100763	Voucher No	
Test Name	USG OF KUB	Delivery Date	20/10/2023
Patient Name	MD. NASIM REZA	Delivery Date	20/10/2023
Age	24 Yrs	Sex	Mala
Refd. By	Dr. Mir Md. Raihan MBBS,(DU).CCD(BIRDEM) PGT(Eve) DEM

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length –9.1cm. The cortical echogenicity are normal with clear cortico–medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length – 10.6cm. The cortical echogenicity are normal with clear cortico–medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated.

URETER: There is no dilatation in both ureter .

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen

PROSTATE: Normal in size, volume is 12.1cc, regular in shape. Echogenicity is homogenous. No area of calcification is seen.

COMMENT: Suggestive of Normal study.

20.10.23

Sonologist / Dr. Asma Ahmed

MBBS,CMU,DMU PGT(Gynae & obs)

Advanced Training on TVS Consultant Sonologist

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA

MICH NASIM	KE-1	1000 M
This is to certify that	Date of birth 3/4	198 Sex M
whose signature follows		

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator		Approved Stam	p
1 2 12	2 /on Patigul Ist	Story Standard	505603	TROP IN THE PROPERTY OF THE PR
2000	The Court of Marketing	mar Agent	VACCING	
10	DO MID MO RAIHAN	- 13 mg	ALL LAND	
3	MR. MD. KATTANIA MBBS (DU), DFM, CCD (Birdent), PGT (Ophith) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	* BAN	GLADES	4
4				- 40
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6				
7			7	8
8				

Continued overleaf Suite our erso