

DATE: 19/10/2023

Ref No: 240

TO WHOM IT MAY CONCERN

THIS IS TO CERTIFY THAT HE IS MR. MD ABDUR RASHID, AGE 61+ YEARS MALE, CDC NO: T/30996, PASSPORT NO: A12331097, SEAMAN CAME TO ME FOR MEDICAL CHECK-UP. ON PHYSICAL EXAMINATION AND ON RELEVANT INVESTIGATIONS HE IS MEDICALLY FIT TO CONTINUE SHIP JOB.

THIS IS FOR YOUR KIND INFORMATION AND TAKE NECESSARY ACTION PLEASE.



DR. MIR MD. RAIHAN

MBBS (DU), Reg. No. A-55144 (BMDC)

Reg. No. BGD-016 (MMC)

DG Shipping Approved (BD)

General Physician

Radical Hospitals Limited

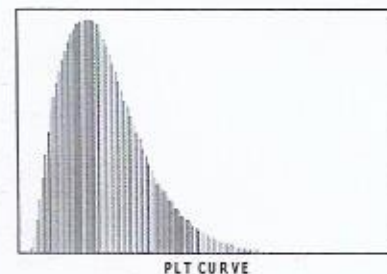
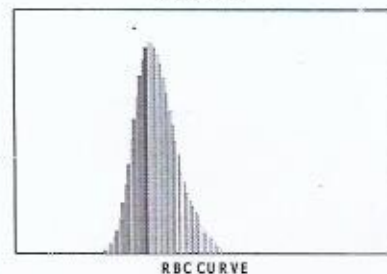
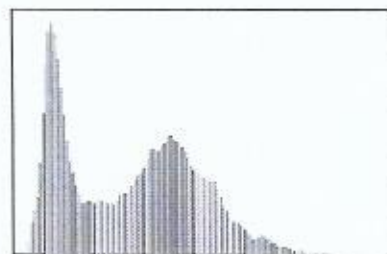


Id No : 0716 **Date** : 19-Oct-2023 **D.Date** : 19-Oct-2023
Patient's Name : MD ABDUR RASHID **Age** : 61Y 0M 18D **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:T/30996

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	13.0 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	05 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	5,200 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	63 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	32 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	104 /cumm	50-450/cumm
Total RBC Count	4.10 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	36.5 %	M: 40-54%, F:37-47%
MCV	89.0 fL	76 - 94 fL
MCH	31.7 pg	27 - 32 pg
MCHC	35.6 g/dL	29 - 34 g/dL
RDW	12.8 %	11 - 16 %
PDW	17.6 fL	35 - 56 fL
Total Platelete Count (PC)	1,88,000 /cumm	150,000-450,000/cumm
MPV	8.1 fL	7.0 - 11.0 fL
PCT	0.152 %	0.1 - 0.4 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1 - 0.2 %



Checked By 
Medical Technologist


Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.



Bill No	DIA23100716	Received Date	19/10/2023
Patient's Name	MD ABDUR RASHID		
Patient's Age	61Y 0M 18D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO: T/30996
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	6.2 mmol/l	4.2 – 6.4 mmol/l
Serum Creatinine	1.1 mg/dl	0.3 - 1.3 mg/dl
HbA1C	5.8 %	4.2 - 6.7 %
Lipid profile		
Serum Cholesterol	154 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	44 mg/dl	>35 mg/dl
Serum Triglyceride	136 mg/dl	upto 220 mg/dl
Serum LDL- Cholesterol	82 mg/dl	<130 mg/dl

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist.
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Bill No	DIA23100716	Received Date	19/10/2023
Patient's Name	MD ABDUR RASHID		
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Sample	BLOOD		

SEROLOGICAL REPORT

Test Name

Result

HBsAg (Method : (ICT)	Negative
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Checked By

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Bill No	DIA23100716	Received Date	19/10/2023
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Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION MICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUEST CRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologist.
Radical Hospitals Ltd.

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MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.	: 2310716	Receive: 19/10/2023	Print: 19/10/2023
Patient's Name	: MD ABDUR RASHID		
Age	: 61 Yrs	Sex	: M
Refd. by	: Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



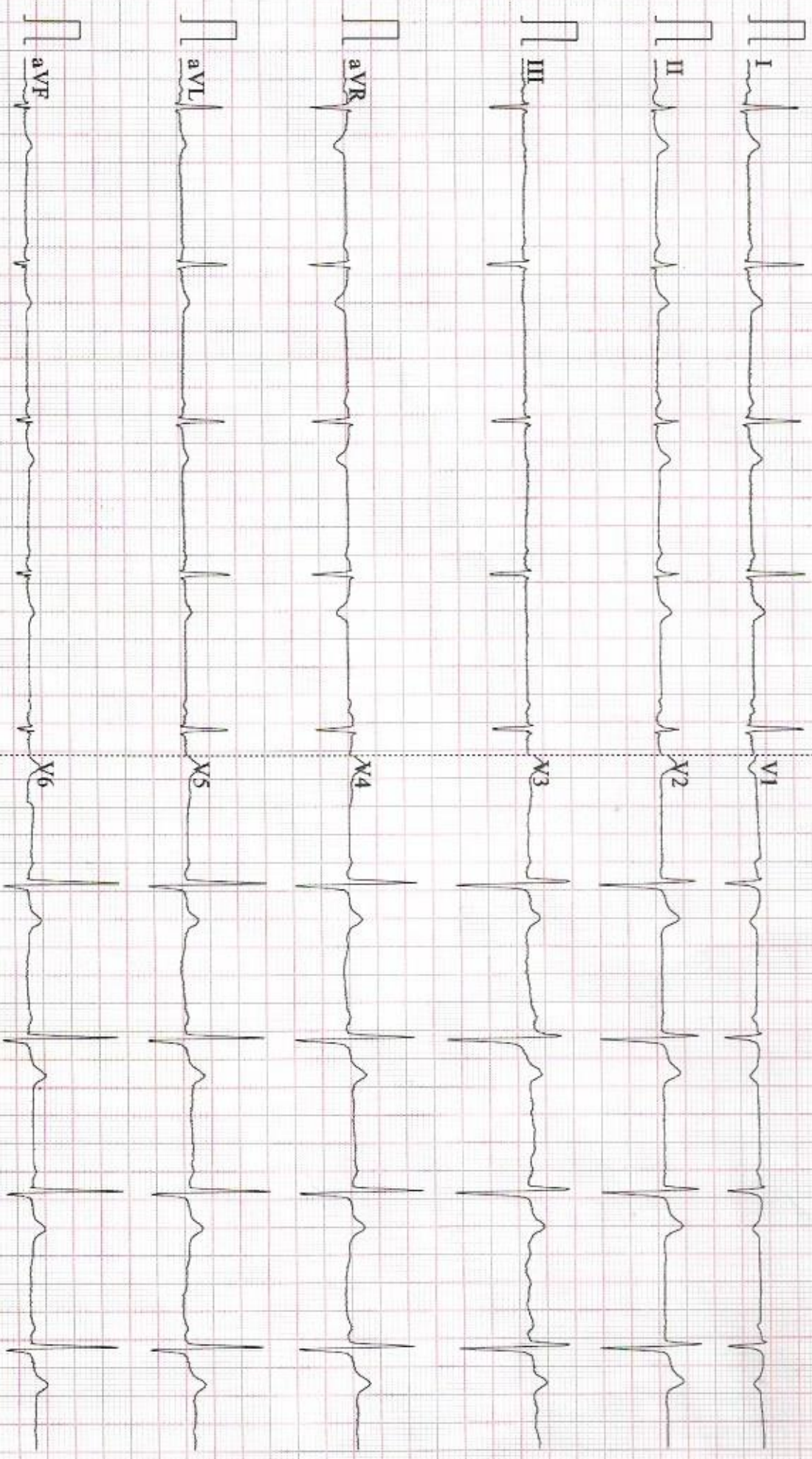
Prof. Dr. Md. Mojibor Rahman
 MBBS, DMRD (Radiology & Imaging)
 Head of the Department (Radiology & Imaging)
 Sylhet Women's Medical College Hospital

ID: 34
 Mr. Robert Farnham
 Male 62 Years

19-10-2023 12:01:52
 HR : 53 bpm
 P : 122 ms
 PR : 166 ms
 QRS : 94 ms
 QT/QTc : 408/383 ms
 P/QRS/T : 29/-5/29 °
 RV5/SV1 : 1.394/0.586 mV

Diagnosis Information:
 Sinus bradycardia
 Normal ECG except for rate

Report Confirmed by:



DEPARTMENT OF RADIOLOGY & IMAGING

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Patient's Name : MD ABDUR RASHID
Age : 61 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 60 b/min
Rhythm : Regular
P-Wave : Normal
P-R Interval : Normal
QRS Complex : Normal
ST. Segment : Is electric
T. Wave : Normal

Impression : Findings are within normal limit.



Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

Lubana LUBANA GENERAL HOSPITAL (PVT) LTD
9, Garib-e-Newaz Avenue, Sector#13,
Uttara, Dhaka

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MD ABDUR RASHID,
Patient ID: 32273
Height: 166 cm
Weight: 70 kg

DOB: 19.10.1962
Age: 61 yrs
Gender: Male
Race: Asian

Study Date: 19.10.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: Prof. SM Mamun Iqbal MRCP, MD
Attending Physician: Prof. SM Mamun Iqbal MRCP, MD
Technician: MD. M RAHMAN

Medications:

Medical History:

Reason for Exercise Test:
Suspected Angina

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:01			69		
	WARM-UP	00:34	1.00	0.00	71	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	88	140/80	
	STAGE 2	03:00	2.50	12.00	106	150/80	
	STAGE 3	03:00	3.40	14.00	115	160/90	
	STAGE 4	00:58	0.00	16.00	111		
RECOVERY	Recovery1	02:00	0.00	0.00	81	150/80	
	Recovery2	02:00	0.00	0.00	71		
	Recovery3	02:00	0.00	0.00	65	130/80	
	Recovery4	00:13	0.00	0.00	65		

The patient exercised according to the BRUCE for 9:57 min:s, achieving a work level of Max. METS: 11.60. The resting heart rate of 68 bpm rose to a maximal heart rate of 123 bpm. This value represents 77 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

ETT is NEGATIVE for ECG evidence of exercise induced myocardial ischaemia
Physician _____ Technician _____

Prof. Dr. S. M. Mamun Iqbal
MBBS (Dhaka Medical College)
MD (Cardiology), MRCP (UK)
Trained in Clinical & Interventional Cardiology
Professor, Department of Cardiology



চোখের যত্ন নিন

পল্টান আই কেয়ার সেন্টার

PALTAN EYE CARE CENTRE

(চক্ষু ও মেডিকেল সেন্টার)

আরবান পল্টন ভিউ (৩য় তলা), ৪৭ পুরানা পল্টন, ঢাকা-১০০০, ফোন : ০২২২৬৬৩৭৭৭৮, মোবাইল : ০১৭০০-৭৪৩৬০৫

CERTIFICATE

EYE TEST

Reg. No: ২৪৫/

Date: 16/10/23

This is to certify that

Mr. / Mrs. MD. ABDUR RAHIM

S/O or D/O LATE MIR SOMIR ALI

Date of Birth (Age) 01/10/1962

NID/Passport/CDC/Certificate No./Birth Reg. No: T/30996

whose eyes on examination found

Distance Vision :

	Without Glass	With Glass
Right Eye -	6/18	6/6
Left Eye -	6/18	6/9

Glasses Rx					
	D.SP	D.CYL	AXIS	Add	IPD
Right Eye	+1.00	+0.50	180°	+2.50	66
Left Eye	±	+0.50	140°	+2.50	62

Near Vision :

	Without Glass	With Glass
Right Eye -	N10	N6
Left Eye -	N10	N6

Color Vision Test : Trichromatic

Anterior Segment Examination : Normal

Fundal Examination : Normal

Muscle Balance Test : Normal

Candidate's Signature

1.	Abdur Rahim
2.	Abdur Rahim
3.	Abdur Rahim

Comment: Myopia & presbyopia
(corrected with spectacles)

Abdur Kadir
16.10.23

DR. ABDUL KADIR
M.B.B.S (D.U) PGT (Eye)
B.M.D.C Reg. No: A-114857
Paltan Eye Care Centre
47, Purana Paltan, Dhaka-1000.

Doctor's Seal & Sign