

HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.

Tel: +880 31 716214-6, Fex: +880 31 710530

Accredited By : BMDC Accreditation No. A 55144

PATIENT CONTROL NUMBER: H1045

MEDICAL EXAMINATION CERTIFICATE

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ACE A	ND DATE OF BIRTH	PASSPO	RT NUMBER	N BIN	SEAMAN'S BO	OK NUMBER		
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	LITY: BANGLADESHI SEX:	☑ Male	☐ Female			ADING AREA: W	-	
RMAN	ENT HOME ADDRESS :			CON	TACT NUMBER :	01843904714 (SELF)	
CK-C,	HOUSE NO-138, NEW MARKET,	JESSORE		RAN	K :	3RD OF	FICER	
Have y	ou ever had any of the following con	nditions?						
_	Condition	YES	NO/7	Condition	<u> </u>	YES	NO /	
1	Eye/vision problem		100	18 Sleep problems	5		X	
2	High blood pressure		1/	19 Do you smoke	?		Z/	
3	Heart/vascular disease		Z/.	20 Operation/surg	ery		M	
4	Heart surgery		7/	21 Epilepsy/seizur			7	
5	Varicose veins		191	22 Dizziness/fainti	ng		9	
6	Asthma/bronchitis		19/	23 Loss of conscio			19	
7	Blood disorder		17/	24 Psychiatric prol	blems		19/	
8	Diabetes		12	25 Depression			0/	
9	Thyroid problem		1/1	26 Attempted suic			0/	
10	Digestive disorder		7	27 Loss of memor			N	
11	Kidney problem		4	28 Balance proble			4	
12	Skin problem		14	29 Severe headac			121	
13	Allergies		2	30 Ear/nose/throa			1/	
14	Infectious/contagious diseases		1/2	31 Restricted mob			12/	
15	Hernia		14	32 Back problems			1/	
16	Genital disorders		100	33 Amputation			12/	
17	Pregnancy		MA	34 Fractures/dislo	cations			
	of the above questions were answere onal questions Have you ever been signed off as	2046	NUMBER OF STREET	30.58.3	19.	YES	NO	
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WBC	7.100	Amphetamine			Negat		DRL		ctiv Nonreacti
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			P.			-			
reby I declare that I am in	n knowledge of t	ne contents of th							0 9 MAY 2023
Honn_			N	NAMON	BIN NOC	R		0,000	1 100
nature of Seafarer				Name o	f Seafarer			300	Date
sessment of fitness for the basis of the examine			ical ex	aminatio	n and the	diagnostic	test results record	ied above	e, I declare the
aminee medically:		for lookout dutie					Not fit for looko		- 0.00000000000000000000000000000000000
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PHYSICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MARSHALL ISLANDS

	ACADA C	DELC OI	* * * * * * * * * * * * * * * * * * *	COLUMN TOURS	
SURNAME			GIVEN NAME(S)	H A A
NOOR			NOMAN BIN		
DATE OF BIRTH	49.55	20,30,000,000	PLACE OF BI	RTH	SEX
12	20	1993	JESSORE	BANGLADESH	Mark Sent
	AY	YEAR	CITY	COUNTRY	☑ MALE ☐ FEMALE
EXAMINATION FOR D	OUTY AS:		MAILING AD	DRESS OF APPLICANT:	
MASTER				OUSE NO-138,	*
DECK OFFICER			NEW MARKI	ET, JESSORE	
ENGINEERING C					
 RADIO OFFICER 			BANGLADES	SH.	
RATING			1		
MEDICAL EXAMI	NATION (SEE	REVERSE SIDE	FOR MEDICAL R	EQUIREMENTS) STATE DETAIL	LS ON REVERSE SIDE
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IS APPLICANT VACCINATE	ED IN ACCORDA	ANCE WITH WHO	RECOMMENDATION	ONS? Ves 🗆 No 🗆	
IS APPLICANT SUFFERING FRO	OM ANY DISEASI	LIKELY TO BE AG	GRAVATED BY WOR	KING ABOARD A VESSEL, OR TO REN	DER HIM/HER UNFIT FOR SERVICE
OR LIKELY TO ENDANGER TH	E HEALTH OF OT	THER PERSONS ON	BOAR Yes 🛮 No 🗸		
IF YES, PLEASE ENTER EXPLA	NATION IN THE	SECTION AT THE B	OTTOM OF ON PAGE	12	
IS APPLICANT TAKING ANY N	ON-PRESCRIPTION	ON OR PRESCRIPTIO	ON MEDICATION Yes	□ No □	
	Hom.			0 9 MAY 2023	0 8 MAY 2025
SIG	NATURE OF APP	LICANT		DATE OF EXAMINATION	EXPIRY DATE
THIS SIGNATURE SHOULD I	BE AFFIXED IN TI	HE PRESENCE OF TH	HE EXAMINING PHY	SICIAN.	
THIS IS TO CERTIFY TH	AT A PHYSIC	AL EXAMINATION	ON WAS GIVEN	TO: NOMAN BIN	NOOR
			ON BOARD SH	P	
	<u></u>			NAME OF APPE	ICAM
THIS APPLICANT IS CE	RTIFIED FREE	F COMMUNICAL	BLE DISEASE (OR V	VIRUSES FOR COOKS) Yes	No 🗆 ,
SEAFARER IS FOUND T	O BE 🖊 FIT	/ NOT FIT FO	R DUTY AS A 🗆	MASTER / DECK OFFICER /	☐ ENGINEERING OFFICER /
☐ RADIO OFFICER /	☐ RATING	G/ CHIEF	COOK / □ CO	OK WITHOUT ANY RESTRIC	TIONS /
Z WITH THE FOLLOW	VING RESTRICT	TIONS:			
NAME AND DEGREE OF PH	Mary Creation	THE STREET STREET STREET	RAIHAN: M.R.R.	S(D.U.), REG. NO. A-55144	100
				E ,SECTOR-12 UTTARA, DHAKA-1	230. BANGLADESH
NAME OF PHYSICIAN'S CE			DG SHIPPING B.		
DATE OF ISSUE OF PHYSIC	//				
	MANUE				0.0 MAY 2022
SIGNATURE OF PHYSICIAN	1			Hospitals	0 9 MAY 2023
	U.C. St. 75	7		E E	DATE
This cer	rtificate is issued	l by authority of th	ne Maritime Admin	istrator and personal mande with the r	equirements

DR. MIR. MDofFhAMeMaN Examination (Seafarers) Converted 1946 (ILO No. 73)
MSBs (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Evaluated Physician

aginal Machin

Rev. Jul/2017

MI-105M

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This physical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in
 the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color
 perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E.
 Standards 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
 - · Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - · An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able seafarer, bosun, GP-1, ordinary seafarer and junior ordinary seafarer must meet the physical requirements for a
 deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or scafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1 of RMI MG-7-47-1).)

- 1. COMPLETE PHYSICAL EXAMINATION. INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)

D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G)

- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

MBS (DU), DFM, CCD (Brosem), PGT (Ophin) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh ApproveMI-105M

General Physician Radical Hospitals Limited

Rev. Jul/2017





Id No : 0274 Date : 09-May-2023 D.Date : 09-May-2023

Patient's Name: NOMAN BIN NOOR Age: 29Y 4M 19D Gender: Male

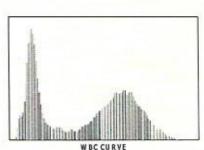
Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/8512

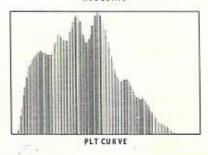
Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	13.9 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	07 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	7,100 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	63 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	33 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	142 /cumm	50-450/cumm
Total RBC Count	4.45 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	36.8 %	M: 40-54%, F:37-47%
MCV	82.7 fL	76 - 94 fL
MCH	31.2 pg	27 - 32 pg
MCHC	37.8 g/dL	29 - 34 g/dL
RDW	12.5 %	11 - 16 %
PDW	12.3 fL	35 - 56 fl
Total Platelete Count (PC)	52,000 /cumm	150,000-450,000/cumm
MPV	12.8 fL	7.0 - 11.0 fL
PCT	0.067 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %



RECCURVE



Checked By Medical Technologist

Cloting Time(CT)

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology

East West Medical College & Hospital.

0.1-0.2 %





Bill No	DIA23050274	Received Date	09/05/2023
Patient's Name	NOMAN BIN NOOR		
Patient's Age	29Y 9M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),	CCD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/8512
Sample	BLOOD	MC CONTROL OF THE STATE OF THE	

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.8 mmol/l	4.2 - 6.4 mmol/l
Serum Bilirubin (Total)	0.9 mg/dl	0.2 - 1.1 mg/dl
Serum AST (SGOT)	25 U/L	Up to 37 U/L
Serum ALT (SGPT)	23 U/L	Up to 40 U/L
HbA1C	4.7%	4.2 - 6.7 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun M BBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23050274	Received Date	09/05/2023
Patient's Name	NOMAN BIN NOOR		
Patient's Age	29Y 4M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),0	CCD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/8512
Sample	BLOOD		

SEROLOGYCAL REPORT

HIV 1 & 2 (Method : (ICT)	Negative
VDRL	- Non-reactive
HBsAg (Method : (ICT)	Negative

LOOD GROUPINGResult		
ABO Blood Group	"O" (+ve)	
Rh(D)Factor	Positive	

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23050274	Received Date	09/05/2023
Patient's Name	NOMAN BIN NOOR		
Patient's Age	29Y 4M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(E	IRDEM),PGT(Eye),DFM	CĎC NO:C/O/8512
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

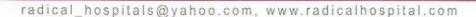
ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates ·	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor

Dept. of Microbiology East West Medical College and Hospital





Bill No	DIA23050274	Received Date	09/05/2023
Patient's Name	NOMAN BIN NOOR		
Patient's Age	29Y 4M 19D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CO	CD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/8512
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result	
Drug Level of Urine		
Cocaine	Negative	
Morphine	Negative	

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital

RADICAL HOSPITALS

radical_hospitals@yahoo.com, www.radicalhospitals.com

REF: MT. ZAO GALAXY

DATE: 09/05/2023

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: NOMAN BIN NOOR

RANK: 3RD OFF

CDC NO: C/O/8512

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

666

616

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

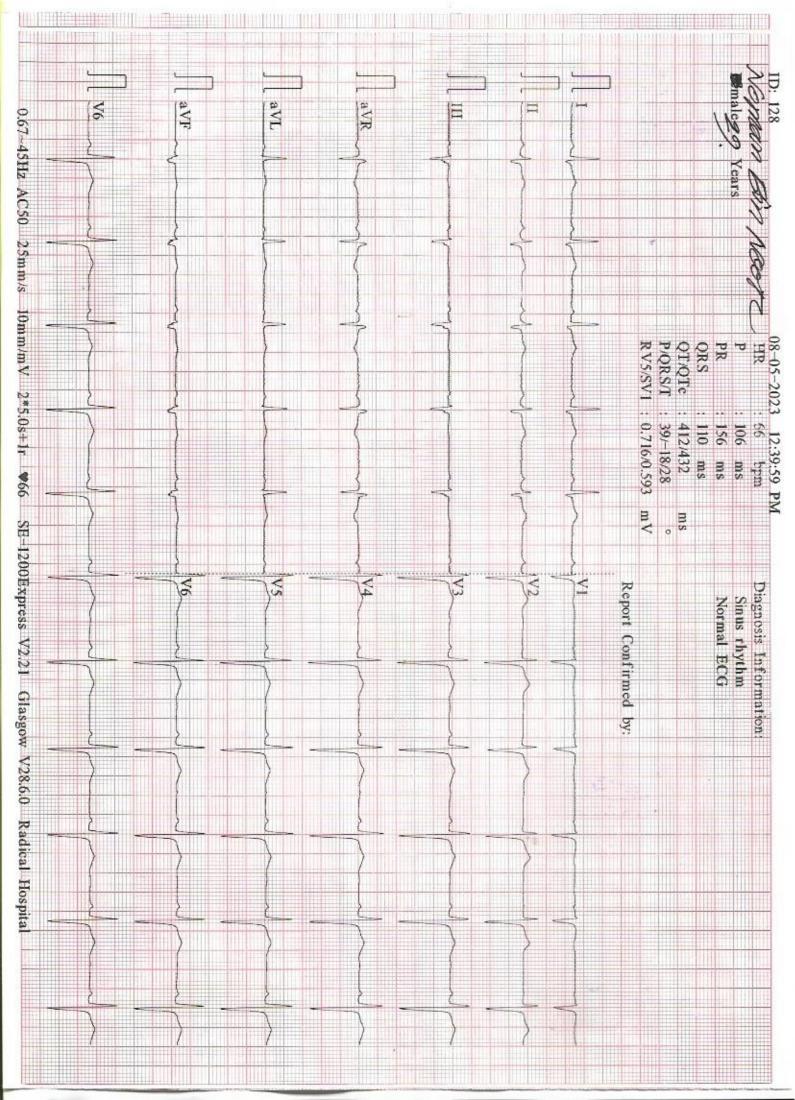
UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan

MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital







DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23050274 Receive:09/05/2023 Print: 09/05/2023

Patient's Name : NOMAN BIN NOOR

Age : 29 Yrs Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital





Patient ID	23050274	Voucher No	
Test Name	USG OF KUB	Delivery Date	09/05/2023
Patient Name	Noman Bin Noor	Delivery Date	03/03/2023
Age	29 Yrs	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		Eve) DFM

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length -8.5cm. The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length - 9.3 cm. The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URETER: There is no dilatation in both ureter.

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen

PROSTATE: Normal in size, volume is12 .7 cc, regular in shape. Echogenicity is homogenous. No area of calcification is seen.

COMMENT: Suggestive of normal study.

Sonologist Dr. Asma Ahmed

MBBS,CMU,DMU

Advanced Training on TVS

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION NOMAN BINNOOMAGAINST CHOLERA C1018512-36 Date of birth 20-12-1993 Sex This is to certify that whose signature follows has on the date indicated been vaccinated or revaccinated against Cholera Date Signature and Professional Approved Stamp status of vaccinator O E HEY JOS 35, Shah Makhdu DR. MIR. MD. RAIHAN Avenue MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) Uttara, Dhaka BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Haspiters Limit RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 Avenue Uttere, Chake DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited. 3 3 4 4 5 5 6 7 7 8 8