

# HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +880-2-333316214-6, Fax: +880-2-333310530 Accredited By : BMDC Accreditation No. A-55144

PATIENT CONTROL NUMBER: HS3355FF

## MEDICAL EXAMINATION CERTIFICATE

PASSPORES   Male BANGLADESH  ing conditions?  YES  O  O  O  O  O  O  O  O  O  O  O  O  O	ORT NUMBEI A01 □ Female	832813 VESS VESS VESS 18 SI 19 Do 20 Op 21 Ep 22 Di 23 Lo 24 Ps 25 Do 26 At 27 Lo 28 Ba 29 Se		EM/OIL TANKER TRACT NUMBER:	0171197104	S NO L & L L L L L L L L L L L L L L L L L
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Date of last colou	vision test	Date (day	/month/year)	0	4 MAY, 202	3			
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HAEMOGLOBIN (		80	DR	UG AN	ND ALCOHO	TEST	HBsAg		ctiv Nonreactiv
ESR (WESTERGE		Z	Morphine			Negative	HIV / AIDS Test		ctiv - Nonreactiv
WBC	7-	700	Amphetamin	е		D-Negative	VDRL		ctiv 2 Nonreactiv
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					MD. SAIF	UL ISLAM			
nature of Seafarer					Name of	Seafarer			Date
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	m any medi	ical condition	ons likely to b				to render the seafare	r unfit for :	such service or to
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#### MARITIME AND PORT AUTHORITY OF SINGAPORE

#### SEAFARER'S MEDICAL CERTIFICATE

This certificate is issued by the undersigned recognized medical practitioner to the named seafarer on behalf of the Maritime and Port Authority of Singapore and meets both the requirements of the International Convention on Standards of Trainings, Certification and Watchkeeping for Seafarers, 1978, as amended (STCW Convention) and the Maritime Labour Convention, 2006.

Seafarer's Name :(Last, first, mid.	ldle) ISLAM MD. SAIFUL		Gender: Male/Eemale*
Date of Birth: (Day/month/year) 28-Jul-1976	Nationality: BANGLADESHI	Place of Birth: KHULNA	
eclaration of the recognized m		KIOLINA	Yes No

	200	Yes	No
1	Identification documents were checked at the point of examination?		
2	Hearing meets the standards in STCW Code Section A-I/9?		
3	Unaided hearing satisfactory?		
4	Visual acuity meets the standards in STCW Code Section A-I/9?		
5	Colour vision meets the standards in STCW Code Section A-I/9?		
	Date of last colour vision test: 0 4 MAY 2023		,
6	Fit for look-out duty?		
7	Is the seafarer free from any medical condition likely to be aggravated by service at sea to render the seafarer unfit for such service or endanger the life of person onboard?	or _	
8	No limitations or restrictions on fitness?		
	If "no" specify limitations or restrictions		
9	Date of examination: (day/month/year) 0 4 MAY 202	3	
10	Expiry of certificate: (day/menth/year)  ** Maximum two years from gate of examination unless the seafarer is under the age of 18	2025	

0 4 MAY 2023

Date

Signature of Authorised Medical Practitioner

DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited

Medical Practitioner's Official stamp (name, licence number, address etc)

I have been informed of the content of the certificate and of the right to a review.

Signature of Seafarer







# MARITIME AND PORT AUTHORITY OF SINGAPORE SHIPPING DIVISION

# MPA

# RECORD OF MEDICAL EXAMINATIONS OF SEAFARER

Part A - to be completed by the Seafarer who is responsible for answering each question accurately.

Seafarer's Name :(Last, first, middle, (BLOCK CAPITALS)	ISLAM MD. SAIFUL			Gender: Male/Eemale*-
Date of Birth: day/month/year 28-Jul-1976	Place of Birth: KHULNA	Nation: BANG	ality: LADESHI	
Type of ID documents: NRIC No. / Passport No.: A01832813	Dept: Deck / Engine / Catering / Rank: CHIEF OFFICER		Type of	
Home Address: 2, BAGMARA MAIN ROAD, KHULNA BANGLADESH	Routine and emergency duties: BOTH			area: e.g coastal

Seafarer's Declarations (please tick)

Have you ever had any of the following conditions?

The second secon	s No	Yes No
Eye/vision problem	18. Sleep problem	V
High blood pressure	19. Do you smoke, use alcohol or drugs?	
Heart/vascular disease	20. Operation/surgery	
Heart Surgery	21. Epilesy/seizures	
5. Varicose veins/piles	22. Dizziness/fainting	
6. Asthma/bronchitis	23. Loss of consciousness	-
7. Blood disorder	24. Psychiatric problems	
8. Diabetes	25. Depression	
Thyroid problem	26. Attempted suicide	
10. Digestive disorder	27. Loss of memory	
11. Kidney problem	28. Balance problem	
12. Skin Problem	29. Severe headaches	
13. Allergies	30. Ear(hearing, tinnitus/nose/throat problem	
14. Infectious / contagious diseases	31. Restricted mobility	
15. Hernia	32. Back or joint problem	
16. Genital disorder	-33. Amputation	
17. Pregnancy	34. Fracture/dislocations	

If you answer "yes"	to any of the abov	e questions, please	provide details:	

additional questions	Yes No
35. Have you ever been signed off as sick or repair all drown a ship?	
36. Have you ever been hospitalized?	

37. Have you ever b	een declared unfit for sea duty?		
38. Has your medica	al certificate even been restricted or re	evoked?	
39. Are you aware the	hat you have any medical problems, o	liseases or illnesses?	
40. Do you feel heal	thy and fit to perform the duties of you	ur designated position/occupation?	
41. Are you allergic	to any medication?		
42. Are you using ar	ny non-prescription or prescription me	dication?	
hereby declare that	the personal declaration above is	a true statement to the best of my known MIR. MD. RAI	HAN
0 4 MAY 2023	SASCI	MBBS (DU), DFM, CCD (Birdem), PGI BMDC A-55144, MMC-BGI	D-016
Date	Signature of Seafarer	Name and Signature of Withes	
		institutions and public authorities	s to Dr.
0 4 MAY 2023	CAVIL	MBBS (DU), DFM, CCD (Birdem), PGT (OI BMDC A-55144, MMC-BGD-0 DG Shipp.ng Bangladesh Appro	100

Date

Signature of Seafarer

Radical Hospitals Limited.

Name and Signature of Witness



Page 2 of 5

Yes Type	Eyesight Use of glasse	s or contact lens	ses				
Visual Acuity    Unaided   Right eye   Left eye   Binocular   Near   Near	No						
Unaided Right eye Left eye Binocular Right eye Left eye Binocular Distant Near Near Near Near Near Near Near Near	Yes	Туре			Purpose	*********	
Right eye Left eye Binocular Right eye Left eye Binocular Distant Near Near Near Near Near Near Near Near	Visual Acuity	′					
Right eye Left eye Binocular Right eye Left eye Binocular Distant Near Near Near Near Near Near Near Near	•	Unaided				Aided	
Distant Near  Normal  Defective  Right eye Left eye  Normal  Pure tone and audiometry (threshold values in dB)  500 Hz 1,000 Hz 2,000 Hz 3,000 Hz  Right ear 22 22 22 22 22 22 22 22 22 22 22 22 22	Right eye	Left eye	Binocul	ar Ri	ght eye		Binocular
Near   Normal   Defective	Distant	7/9	611	b Di	stant		
Right eye Left eye  Colour Vision (please tick)  Not tested Normal Doubtful Defective  Hearing  Pure tone and audiometry (threshold values in dB)  500 Hz 1,000 Hz 2,000 Hz 3,000 Hz  Right ear 20 20 20  Left ear 20 20  Speech and whisper test (metres)  Normal Whisper  Right ear 4 4  Left ear 4 4  Left ear 4 9  Clinical Findings  Height 177 (cm) Weight 2 (kg)  Pulse rate (per minute) 7 8 Rhythm  Blood Pressure Systolic (mm Hg) 30 Diastolic (mm Hg)  Urinalysis: Glucose: Ni Protein: Ni Blood: Ni	Near	NS	NS		ear		
Right eye Left eye  Colour Vision (please tick)  Not tested Normal Doubtful Defective  Hearing  Pure tone and audiometry (threshold values in dB)  500 Hz 1,000 Hz 2,000 Hz 3,000 Hz  Right ear 20 20 20  Left ear 20 20 20  Speech and whisper test (metres)  Normal Whisper  Right ear 4 4  Left ear 4 4  Left ear 4 9  Clinical Findings  Height (cm) Weight (kg)  Pulse rate (per minute) 7 8 Rhythm  Blood Pressure Systolic (mm Hg) 30 Diastolic (mm Hg)  Urinalysis: Glucose: Ni Protein: Ni Blood: Ni	Visual fields						
Not tested   Normal   Doubtful   Defective		Normal		Defe	ective		
Colour Vision (please tick)  Not tested Normal Doubtful Defective  Hearing  Pure tone and audiometry (threshold values in dB)  500 Hz 1,000 Hz 2,000 Hz 3,000 Hz  Right ear 20 20 20  Left ear 20 20 20  Speech and whisper test (metres)  Normal Whisper  Right ear 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	Right eye						
Not tested   Normal   Doubtful   Defective	Left eye						
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Right ear 20 20 20 20 20 20 20 20 20 20 20 20 20	Pu						
Left ear W Whisper  Right ear Y Y  Left ear W Weight OZ (kg)  Pulse rate (per minute) 78 Rhythm  Blood Pressure Systolic (mm Hg) 130 Diastolic (mm Hg)  Urinalysis: Glucose: Ni Protein: Ni Blood: Ni	D: 17					3,000 Hz	-
Speech and whisper test (metres)    Normal   Whisper					- /		
Normal   Whisper   Right ear   Y   Y   Y   Y   Y   Y   Y   Y   Y	Lett ear	20			w		
Right ear  Left ear  U  Clinical Findings  Height  Pulse rate  (per minute)  Blood Pressure Systolic (mm Hg)  Urinalysis: Glucose:  Normal Abnormal	Speech and v						_
Left ear  U  Clinical Findings  Height (cm) Weight (kg) Pulse rate (per minute) 7-8 Rhythm Blood Pressure Systolic (mm Hg) 130 Diastolic (mm Hg) Urinalysis: Glucose: Ni Protein: Ni Blood: Ni		Norr	nal		Whi	isper	
Height 775 (cm) Weight 22(kg) Pulse rate (per minute) 78 Rhythm Blood Pressure Systolic (mm Hg) 130 Diastolic (mm Hg) Urinalysis: Glucose: Ni Protein: Ni Blood: Ni			4		,	4	
Height 775 (cm) Weight 22(kg)  Pulse rate (per minute) 78 Rhythm  Blood Pressure Systolic (mm Hg) 130 Diastolic (mm Hg)  Urinalysis: Glucose: Ni Protein: Ni Blood: Ni	Left ear		4			4	1 1 1 1
Pulse rate (per minute) 7-8 Rhythm Blood Pressure Systolic (mm Hg) 130 Diastolic (mm Hg) Urinalysis: Glucose: Ni Protein: Ni Blood: Ni	Clinical Findi	ngs				-	
Pulse rate (per minute) 7-8 Rhythm Blood Pressure Systolic (mm Hg) 130 Diastolic (mm Hg) Urinalysis: Glucose: Ni Protein: Ni Blood: Ni	Height	175	(cm)		Weight 4	22 (kg)	
Urinalysis: Glucose: Normal Abnormal				78	Rhythm		Legular
Normal Abnormal			1 1				00
	Urinalysis:	Glucose: r	Vi] Pro	otein:	Nil	Blood:	NII
Sinus, nose, throat	lle-d		No	/		3	
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Mouth/teeth - (2)				- (3)	100	1	-
AsPer-MLG-2006 *	Moduliteetii			17/	SPECMI (SPOOR)	4)	

Part B - Result of medical examinations

Ears (general)						
The state of the s						
Tympanic membrane						
Eyes Ophthalmassany						
Ophthalmoscopy Pupils		-				
The state of the s						
Eye movement						
Lungs and chest	21/2					
Breast examination	IN/M					
Heart						
Skin						
Varicose Vein						
Vascular (inc. pedal pulse)						
Abdomen and viscera						
Hernia						
Anus (not rectal exam)						
G-U system						
Upper and lower extremities						
Spine (C/s, T/S, L/S)						
Neurologic (full/brief)						
Psychiatric						
General appearance						
Not performed	Results:	d on (day/mo		ar):	MAY 2023	
ther diagnostic test(s) and re	Results:	Nonw Results:	vl Vern	ar): ch11 mel	- 00	- ~
Not performed  ther diagnostic test(s) and rest	Results:	Nonw Results:	(OTT) ss, with	ar): ch11 mel	- 00	- ~
Not performed  ther diagnostic test(s) and rest	Results: esult(s): its and assess	Results // ON BOARD	(OTT) ss, with	ar): ch11 mel	- 00	- ~
Not performed  ther diagnostic test(s) and rest  est Allow Allows  Medical practitioner's comment  ssessment of fitness for server the basis of the seafarer's per	Results: esult(s): esult(s	Results:// ment of fitner Y ON BOARD ease tick)	ss, with	reasons	for any li	mitations
Not performed  ther diagnostic test(s) and rest  est Blood Actor S  Medical practitioner's comment  seessment of fitness for server the basis of the seafarer's per	Results: esult(s): esult(s	Results:// ment of fitner Y ON BOARD ease tick)	ss, with	reasons	for any li	mitations
Not performed  ther diagnostic test(s) and rest est Black Herry's  Medical practitioner's comment  seessment of fitness for server the basis of the seafarer's persults recorded above, I declared	Results:  esult(s):  its and assess  FIT FOR DUT  vice at sea (pl  ersonal declara its the seafarer  Unfit for l	Results:// ment of fitner Y ON BOARD ease tick) tion, my clin medically:	ss, with	reasons	for any li	mitations
Not performed  ther diagnostic test(s) and rest and the sest are sest as a sest as	Results:  esult(s):  its and assess  FIT FOR DUT  vice at sea (pl  ersonal declara the seafarer  Unfit for I	Results:  TON BOARD  ease tick)  Ition, my clin medically:  ookout duty  not require	ss, with	reasons	for any li	mitations
ther diagnostic test(s) and rest and practitioner's comments.  Medical practitioner's comments.  Seessment of fitness for server the basis of the seafarer's persults recorded above, I declared.  Fit for look out duty.  Deck Engine	Results:  esult(s):  e	Results:  The re	ss, with	reasons	for any li	mitations
ther diagnostic test(s) and rest and re	Results:  esult(s):  e	Results:  The re	ss, with	reasons	for any li	mitations
Not performed  ther diagnostic test(s) and rest and the set and the set and the sesses are to fitness for servent the basis of the seafarer's persults recorded above, I declared  Tit for look out duty  Deck Engine	Results:  esult(s):  e	Results: Ament of fitner  Y ON BOARD  ease tick)  ation, my clin medically:  ookout duty  not require	ss, with	reasons	for any li	mitations

Without restrictions	With restrictions	
escription of restrictions	(e.g. specific position, type of ship, tr	rading area etc.)
escription of restrictions	(e.g. specific position, type of snip, tr	ading area etc.)

\*\*\*\*\*\*\*

0 4 MAY 2023

Date

Signature of Medical Practitioner

DR. MIR. MD. RAIHAN
MB8S (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Medical Practitioner's name, licence number, address

As Per-MILG-2006





Id No : 0115

Date: 04-May-2023

D.Date: 04-May-2023

Patient's Name: MD SAIFUL ISLAM

Age: 46Y 9M 6D

Gender: Male

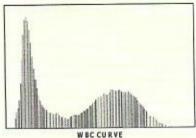
Specimen : Blood

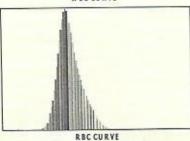
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/3355

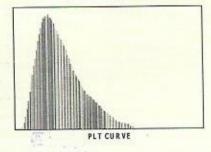
# **Haematology Report**

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range	
Hemoglobin (Hb)	<b>15.0</b> gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/d Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.	
ESR(Westergreen)	06 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.	
Total WBC Count(TC)	<b>6,700</b> /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm	
Differential WBC Count (DC)			
Neutrophils	60 %	Child: 25-66 %, Adult: 40-75 %	
Lymphocytes	35 %	Child: 52-62 %, Adult: 20-50 %	
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %	
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %	
Basophils	00 %	Adult: 00-01 %	
Total Cir. Eosinophils	134 /cumm	50-450/cumm	
Total RBC Count	4.84 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul	
HCT/PCV	41.3 %	M: 40-54%, F:37-47%	
MCV	85.3 fL	76 - 94 fL	
MCH	<b>31.0</b> pg	27 - 32 pg	
MCHC	36.3 g/dL	29 - 34 g/dL	
RDW	12.5 %	11 - 16 %	
PDW	15.7 fL	35 - 56 fl	
Total Platelete Count (PC)	2,39,000 /cumm	150,000-450,000/cumm	
MPV	8.6 fL	7.0 - 11.0 fL	
PCT	0.206 %	0.1 - 0.%	
Bledding Time(BT)	%	10 - 18 %	
5 NY 5			







Checked By

Cloting Time(CT)

Medical Technologist

d

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.

0.1-0.2 %

RADICAL HOSPITAL

radical\_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23050115	Received Date		04/05/2023	
Patient's Name	MD SAIFUL ISLAM				
Patient's Age	46Y 9M 6D Patie		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		и с	DC NO	C/O/3355
Sample	BLOOD				*

# BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.6 mmol/l	4.2 – 6.4 mmol/l
Serum Bilirubin (Total)	0.8 mg/dl	0.2 - 1.1 mg/dl

Checked By

Ato

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun M BBS, MD (Microbiology) Associate Professor Dept. of Microbiology

East West Medical College and Hospital





Bill No	DIA23050115	Received Date	04/05/2023
Patient's Name	MD SAIFUL ISLAM		
Patient's Age	46Y 9M 6D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),	CCD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/3355
Sample	BLOOD		

# SEROLOGYCAL REPORT

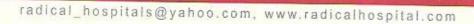
HBsAg (Method: (ICT)	Negative
VDRL	Non-reactive

Checked By

Medical Technologis Radical Hospitals Ltd.

Sto

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital





Sample	URINE					
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT	(Eye),DFM	С	DC NO	C/O/3355	
Patient's Age	46Y 9M 6D	Patient's Sex		Male		
Patient's Name	MD SAIFUL ISLAM	22				
Bill No	DIA23050115	Received Date 04/0		04/05/2	4/05/2023	

#### URINE ROUTINE EXAMINATION

### PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	2-4/HPF
Sediment	Nil	Epithelial	0-2/HPF

#### CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

#### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Alo

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital