

INTERNATIONAL LABOUR ORGANIZATION

Sectoral Activities Programme

See text links below.

ILO/WHO/D.2/1997

Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers

Part 6

Annex D

Minimum requirements for the medical examination of seafarers

Na	me (last, first, middle):	SAM	HM Hos	SEN	SAMIM		
Da	te of birth (day/month/y	ear): 01 /	0819988	ex:	male	• 🛘 femal	e
Но	me address: GIBIP)	popur,	BASHUR	A, =	TAMALPUT	e sadar	AMAL_
Pas	ssport No./Discharge Bo	ok No.: E	B0802	609)		
Тур	pe of ship (container, tar	iker, passen	ger, fishing):				
Tra	de area (e.g., coastal, tro	opical, world	lwide):				
(As	aminee's personal decle sistance should be offer we you ever had any of t	ed by medica					
	Condition		Yes No	,	Condition		Yes No
1.	Eye/vision problem		D. X.	18.	Sleep problem	S	D. 8.
2.	High blood pressure		D. Z.		Do you smoke		D. 10.

1.

20. Operation/surgery

21. Epilepsy/seizures

Dizziness/fainting

Loss of consciousness

04.2023.3686

Heart/vascular disease

Heart surgery

Varicose veins

6. Asthma/bronchitis

3. D	lood disorder	F-3.5				
	2 11		X	24.	Psychiatric problems	
	iabetes		D/	25.	Depression	
	hyroid problem		9/2	26.	Attempted suicide	
	igestive disorder		1	27.	Loss of memory	
1. K	idney problem		de	28.	Balance problem	
2. S	kin problem		21	29.	Severe headaches	
3. A	llergies		6/	30.	Ear/nose/throat problems	
4. Ir	fectious/contagious diseases		1	31.	Restricted mobility	U
5. H	ernia		1,	32.	Back problems	
6. G	enital disorders		1	33.	Amputation	
7. P	regnancy	1	VM	34.	Fractures/dislocations	
lditio	onal questions		***			
35.	Have you ever been signed of		k or repa	atriate		
35. 36.	Have you ever been signed off Have you ever been hospitaliz	ed?	,		d from a ship?	
35. 36. 37.	Have you ever been signed off Have you ever been hospitaliz Have you ever been declared to	ed? unfit fo	r sea dut	y?	d from a ship?	
35. 36. 37. 38. 39.	Have you ever been signed off Have you ever been hospitaliz Have you ever been declared to Has your medical certificate en Are you aware that you have a illnesses?	ed? unfit fo ver bee uny me	r sea dut en restric dical pro	y? ted or blems	d from a ship?	10111
35. 36. 37. 38. 39.	Have you ever been signed off Have you ever been hospitaliz Have you ever been declared t Has your medical certificate et Are you aware that you have a illnesses? Do you feel healthy and fit to designated position/occupation	ed? unfit fo ver bee iny med perform	or sea dut en restric dical pro n the dut	y? ted or blems	d from a ship?	10111
35. 36. 37. 38. 39. 40.	Have you ever been signed off Have you ever been hospitaliz Have you ever been declared to Has your medical certificate en Are you aware that you have a illnesses? Do you feel healthy and fit to	ed? unfit fo ver bee iny med perform	or sea dut en restric dical pro n the dut	y? ted or blems	d from a ship?	10111

hereby	certify	that th	ne personal	declara	ition a	bove is	a tru	e staten	nent to the	best of my	
ignatuı	re of exa	aminee	: Dog	en.		Date	(day	/month	/year): o	1 1081	SAN OF CHARLES
Vitness	ed by: (Signat	'ure)	tha			_Nai	me: <i>(Ty</i>			MMC-BGD-01
hereby ealth ir camine	nstitutio.	ze the ns and	release of public auti	all my p horities	previo to Dr	ous med	ical r	ecords	from any	health profes the approved	sionals,
			7.97 .0 7.							3 0 MAR 2023	
gnatur	re of exa	aminee	: She	min	_	Date (day/n	nonth/y	ear): 51	08/199	8
V itness	ed by: (Signat	ture) Z	The state of the s	_		_Na	me: <i>(T</i>)	ped or pi	MBS (DU) DFM C BMDC A-5514 DG Shipping B	14. MMC-BGD-
										Genera	al Physician ospitals Limited
ledica	l exami	nation		/							
• Pre	e-sea		-17	Period	ic			□• Of	her		
ight				1 ci iou	10			L- 01	nei		
			Visual	acuity							
	Unaid	ed	Visual	Aided						l fields	
	The state of the s		Visual Binocular	Aided		Binocu	ular	f		l fields Defective	
	Right eye			Aided		Binocu	ular	Right			
Distant	Right eye	Left		Aided Right	Left	Binoci	ular	eye			
Distant Near	Right eye	Left		Aided Right	Left	Binoci	ular				
Near ,	Right eye 6/6	Left eye 646	Binocular	Aided Right eye	Left eye	,		Left eye	Normal		
Near ,	Right eye 6/6	Left eye 646		Aided Right eye	Left eye	,		Left eye	Normal		
Near ,	Right eye	Left eye 646	Binocular	Aided Right eye	Left eye	,		Left eye	Normal		
Near ,	Right eye	Left eye 646 616	Binocular	Aided Right eye	Left eye	Doub	otful	Left eye	Normal	Defective	
Near ,	Right eye 6/6 6/4 vision:	Left eye	Binocular tested and audio	Aided Right eye No	Left eye	Doub	otful	eye Left eye Defe	Normal	Defective	1
Near ,	Right eye	Left eye 646 616	Binocular tested and audio	Aided Right eye	Left eye	Doub	otful ues i	Left eye Defe	Normal	Defective	1
Near ,	Right eye 6/6 6/4 vision:	Left eye 646 No	Binocular of tested and audio 2,000	Aided Right eye Nor	Left eye	Doub	otful ues i 6,0 Hz	Left eye Defe	Normal	and whisper	test (metres) Whisper

If yes, please list the medications taken and the purpose(s) and dosage(s).

Height: 163	P_(cm)		Weight: 62	(kg)	
Pulse rate:	(/(minute)		Rhythm: Rhythm:	MIZ	-
Blood pressure:	Systolic: _	100	(mm Hg) Diastolic:	70	(mm Hg)
Urinalysis:	Glucose:	NI	Protein:	M	/
	Normal A	Abnormal		Normal	Abnormal
Head	X		Varicose veins	8	, 0
Sinuses, nose, throat	Kn		Vascular (inc. pedal pulses)	1/1	
Mouth/teeth	Xn		Abdomen and viscera	11	
Ears (general)	7		Hernia	11	
Tympanic membrane	1/		Anus (not rectal exam.)	11	
Eyes	11		G-U system	11	D
Opthalmoscopy	61		Upper and lower extremitie	. 7/	
Pupils	6/	[]	Spine (C/S, T/S and L/S)	1/	
Eye movement	6/		Neurologic (full brief)	//	
Lungs and chest	Z		Psychiatric		
Breast examination	NA		General appearance	1	
Heart		D	7.6	~~	Ц
Skin	1				
		(100)			3 0 MAR 2023
Chest X-ray:	☐ Not perfo	ormed	Performed on (day/month	n/year):	//_
Results:		_	a - 1 D.		
- No	Tana	11	my	ع	
Other diagnostic test(s	s) and result(s):			
···	21.	//			
Test	1000	10	The Result No.	mee	
Medical examiner's	comments:				
		FIT FOR T	OUTY ON BOARD SHIP		
		THIORE	OTT ON BOARD SHIP		
Vaccinatio	n status reco	rded:	· DYes	• □ No	
					-

Assessment of fitness for service at sea

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above, I declare the examination and the diagnostic test results recorded above.

1	Fit for look-out duty

Disclaimer | webinfo@ilo.org

• \square Not fit for look-out duty

	Deck service	Engine service	Catering service	Other services
it				
Jnfit		П		
Witho	out restrictions	7 With restrictions	•	
Describe rest	rictions (e.g., specific	position, type of	ship, trade area)	
	by medical examiner	AL LIMITED		3 0 MAR 202
		AL LIMITED	examination (day/	/month/year):/
Place of exar	RADICAL HOSPITA	AL LIMITED ogladesh Date of	year): 29 MA	/month/year):/
Place of exar	RADICAL HOSPITA mination: Usera, Daska, Ba ificate's date of expira	AL LIMITED Date of the desired	vear): 29 MA	R 2025 R. MIR. MD. RAIHAN BS (DU). DFM, CCD (Birdom), PGT (Ophth) MDC A-55144
Place of exar Medical cert Official stam	RADICAL HOSPITA mination: Usera, Daska, Ba ificate's date of expira	AL LIMITED Date of the desired	vear): 29 MA	R 2025 R. MIR. MD. RAIHAN BS (DU). DFM, CCD (Birdom), PGT (Ophth) MDC A-55144, MMC-BGD-016 Shipp.ng Bangladesh Approved General Physician
Place of exar Medical cert Official stam Signature of	RADICAL HOSPITA mination: 114-112, Disks, 88 ificate's date of expira np (also print name of medical examiner:	AL LIMITED Date of the desired	vear): 29 MA vear): Di minot legible): MBB DG OCLUMN FILE OCCUPATION FILE OC	month/year):
Place of exar Medical cert Official stam	RADICAL HOSPITA mination: 114-112, Disks, 88 ificate's date of expira np (also print name of medical examiner:	AL LIMITED Date of the desired	vear): 29 MA vear): Di minot legible): MBB DG OCLUMN FILE OCCUPATION FILE OC	month/year): R 2025 R. MIR. MD. RAIHAN BS (DU), DFM, CCD (Birdom), PGT (Ophth) MDC A-55144, MMC-BGD-016 Shipping Bangladesh Approved General Physician Radical Hospitals Limited.
Place of exar Medical cert Official stam Signature of Authorized b	RADICAL HOSPITA mination: 114-112, Disks, 88 ificate's date of expira np (also print name of medical examiner:	Date of Date o	Z9 MA Vear): DO MBR BN DG Comp	month/year): R 2025 R. MIR. MD. RAIHAN BS (DU), DFM. CCD (Birdom), PGT (Ophth) MDC A-55144, MMC-BGD-016 Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited. petent authority)
Place of exar Medical cert Official stam Signature of Authorized b	RADICAL HOSPITA mination: 1984 and Dacks, 88 ificate's date of expira np (also print name of medical examiner:	Date of Date o	Z9 MA Vear): DO MBR BN DG Comp	month/year): R 2025 R. MIR. MD. RAIHAN BS (DU), DFM. CCD (Birdom), PGT (Ophth) MDC A-55144, MMC-BGD-016 Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited. petent authority)

This page was created by BR/PL. It was approved by BW/BKN. It was last updated Tues, 17 Jun 1999.



MEDICAL CERTIFICATI		RSONNEL SERVICE OF FPANAMA	N BOARD		
SURNAME: HOSSEN	GIVEN N	IAME (S): SAMM			
DATE OF BIRTH: DAY 01 MONTH 08 YEAR 1998	VIII. 1275 1775 1274.0	OF BIRTH MALPUKCOUNTRY BAN	SEX FEMALE		
POSITION ON BOARD: MASTER DECK OFFICER ENGINEERING OFFICER RADIO OPERATOR RATING	GOBI	MAILING ADDRESS OF APPLICANT: GOBINDOPUR, BASHURIA, JAMALPUR SADAR, JAMALPUR			
DECLARATION OF THE AUTHORIZED PHYSICIAN		1			
VISION		COLOR TEST TYPE	HEARING		
RIGHT EYE 666	H GLASSES ,	LANTERN YELLOW BLOOM GREEN BLOOM	RIGHT EAR MAD		
Confirmation that identification documents were checked a	it the point of e	xamination: YES NO [
Hearing meets the standards in STCW Code, Section A-1/	9? YES 🗸	NO NOT APL	ICABLE []		
Unaided hearing satisfactory? YES NO		1			
Visual acuity meets standards in STCW Code, Section A-1	/9? YES 🛮	NO [
Colour vision meets standards in STCW Code, Section A- (the visual test it is required every six years) Date of the last colour vision test: (Day/Month/Year) Are glasses or contact lenses necessary to meet the requi	3 0 MAR 2		1		
Able for watchkeeping? YES NO					
Is applicant taking any non-prescription or prescription me	dications? YES	ON D			
Is the seafarer free from any medical condition likely to be endanger the health of other persons on board? YES	aggravated by	service at sea or to render the	seafarers unfit for such service or to		
Hereby I declare that I am in knowledge of the contents of	the Physical E	xamination.			
Stomin	SAMIM	HOSSEN	3003.2023		
Signature of Applicant	Name of	Applicant	Date		
CIRCLE APPROPIATE CHOICE: ME / SHE) IS FOU ENGINEERING OFFICER / RADIO OPERATOR / RATING	IND TO BE (I	NOT FIT) FOR DUTY	AS A (MASTER / DECK OFFCIER) RESTRICTIONS:		
FIT FOR	R DUTY ON	BOARD SHIP			
NAME AND DEGREE OF PHYSICIANDR. MIR MD	RATHAN	MRRS (DII) DEM PI	C- A 55144		
ADDRESS: RADICAL HOSPITAL LIMITED					
NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY:			1-1230		
DATE OF ISSUE PHYSICIAN'S CERTIFICATION	06-MAY-				
DATE OF TODOL PHISICIAN'S CERTIFICATE	JO-MA1"	1100			
SIGNATURE OF PHYSICIAN:	_ STAMP	OF PHYSICIAN AS PER-MIC-2006	3 0 MAR 2023		
EXPIRY DATE OF CERTIFICATE: 29	MAR 2025		311		
This certificate is issued by the I	anama Maritim	Authority in compliance with the	Aduirements		
DR. MIR. MD. RAIHAN M88S (DU), DFM, CCD (Birdem), PGT (Ophth BMDC A-55144, MMC-BGD-016 DG Shipp,ng Bangladesh Approved General Physician	1	and the Maritime Loko 1/109511 July	6n, 2006.		
Radical Hospitals Limited.					





Id No : 0766

Patient's Name: SAMIM HOSSEN

Specimen : Blood

Date: 30-Mar-2023

D.Date: 30-Mar-2023

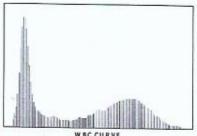
Age: 25Y OM OD Gender: Male

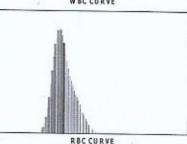
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/10775

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range		
Hemoglobin (Hb)	13.9 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.		
ESR(Westergreen)	07 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.		
Total WBC Count(TC)	7,600 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm		
Differential WBC Count (DC)		0,000 10,000/Cullilli		
Neutrophils	59 %	Child: 25-66 %, Adult: 40-75 %		
Lymphocytes	36 %	Child: 52-62 %, Adult: 20-50 %		
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %		
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %		
Basophils	00 %	Adult: 00-01 %		
Total Cir. Eosinophils	152 /cumm	50-450/cumm		
Total RBC Count	4.67 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul		
HCT/PCV	38.1 %	M: 40-54%, F:37-47%		
MCV	81.6 fL	76 - 94 fL		
MCH	29.8 pg	27 - 32 pg		
MCHC -	36.5 g/dL	29 - 34 g/dL		
RDW	12.5 %	11 - 16 %		
PDW	17.1 fL	35 - 56 fl		
Total Platelete Count (PC)	2,92,000 /cumm	150,000-450,000/cumm		
MPV	8.5 fL	7.0 - 11.0 fL		
PCT	0.248 %	0.1 - 0.%		
Bledding Time(BT)	%	10 - 18 %		
Cloting Time(CT)	%	0.1- 0.2 %		





Checked By

Medical Technologist

Dr. Sumaiya Khatun MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23030766	Received Date	30/03/2023
Patient's Name	SAMIM HOSSEN	1,1111111111111111111111111111111111111	00/00/2020
Patient's Age	25Y 0M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),	CCD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/10775
Sample	BLOOD		3231101010110110

SEROLOGYCAL REPORT

Test Name

Result

HBsAg (Method: (ICT)

Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology

· L

East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com



Bill No	DIA23030766	Received Date		30/03/2	2023
Patient's Name	SAMIM HOSSEN		Date	00/00/2	-020
Patient's Age	25Y 0M 0D	F	atient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PG	ST(Eye),DFM	С	DC NO	C/O/10775
Sample	URINE				2.0.10710

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	● RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

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Medical Technologis Radical Hospitals Ltd. de

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

Test Name

Bill No	DIA23030766	Received	Date	30/03/2	ากวร
Patient's Name			Date	30/03/2	1023
Patient's Age	25Y 0M 0D	F	atient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(100	20/1/20/05/2	DC NO	C/O/10775
Sample	URINE			20.10	C/O/10//3

Result

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

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Medical Technologis Radical Hospitals Ltd. 1

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital

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DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23030766 Receive: Print: 30/03/2023

Patient's Name : SAMIM HOSSEN

Age : 25 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 79 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.

Dr. Debashish Paul

MBBS, MD (Cardiology) Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

TD. OUUUUUUU		The same of the same of	The state of the s		1 1200		
SAMIM HOSSEN		7 H	96 ms	Sinus	Sinus rhythm		
SIBSIC7 SIBIN		PR '	4	Marko	Marked left axis deviation	ation	
		QRS	: 90 ms	Borde	Borderline ECG		
		QI/QIc	: 358/411 ms				
		RV5/SV1	: 1.205/0.174 mV				
				Report	Confirmed by:		
	}	}		VI	}		}
		}		Ž	}		
	}	}		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\			
Mavr 1	\{\text{\chi}	\ <u>\</u>		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		}	
MavL J.	}	}		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		}	
lavf y	}	}		- X6	}	}	
V6 /	}	}					

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23030766 Receive:30/03/2023 Print: 30/03/2023

Patient's Name : SAMIM HOSSEN

Age : 25 Yrs Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart: Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC

Romen

Seafarer's Signature



04.2023.3686

DG Shipping Bangladesh Approved General Physician

Radical Hospitals Limited.

Name & Signature of the practitioner:

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

osaisis, fore as amenaea (6107776) and Regulation 1.2 of the Man	diffe Labour Convent	1011, 2000
SEAFARER INFORMATION:		
Name: Last HOSSEN First SAMIM	Middle	
Name: Last HOSSEN First SAMIM Gender: (Male/Female) MALE Nationality: BANGLADESH1	Date: 30.03	3,2023
Occupation: Deck/Engine/Catering/Other (specify)DECK CADET	Rank: DECK	CADET
ather's/ Husbad'sname: MD• HALIM UDDIN		/ 10 775
Nother's Name: FARIDA BEGIUM		50013895
ddress: House No:Street/ Road No:		50802609
Locality/Village: GOBINDOPUR		55032107
P.O. BASHURIA	Data of Dieth. 01.	08.1998
P.S. JAMALPUR SADAR		
District: JAMALPUP	(DD/N	MM/YYYY)
PECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:		
am duly authorized by the Department of Shipping, Government of the	People's Republic of	Bangladesh and confi
he followings:	21 - 10 K	
Confirmation that identification documents were checked at the point o	f examination	YES/NO
Hearing meets the standards in section A-I/9 Hearing meets the standards in section A-I/9		*VES/NO
Unaided hearing satisfactory?		YESANO
Visual acuity meets standards in section A-I/9? Colour vision meets standards in section A-I/9?		XESINO
Date of last colour vision test		:XES/NO
6. Fit for lookout duties?		:3.07 MAR 2023 :XES/NO
7. Is the seafarer free from any medical condition likely to be aggravated	by service at sea or to	•
render the seafarer unfit for service or to render the health of any other pe	그 유민이 하는 병에 가게 되면 있다면 시시되었다. 아이들이 없는데	:YES/NO
8. Any limitations or restrictions on fitness?		:YES/NO
If YES, specify limitations or restrictions:		
Duties: ADICAL HOSPITAL LIMIT	TED	
Location/Vessel: Unara, Dhaka, Banglades		
Medical/Other:		
9. Medical fitness category : Fit-No restriction Fit-Subjection	ct to restrictions	1 laste
	ct to restrictions	Unfit
0. Date of examination/Issue (DD/MM/YYYY)		
1. Date of expiry (DD/MM/YYYY)2.9. MAR. 2025"No more than 2	2 vears from the date	of examination
	7	TIMUS
I have read the contents of the certificate	111	DAIHAN
and have been informed of the right to	The second secon	R. MD. RAIHAN
review.	BMDC A-5	5144, MMC-BGD-016 Banoladesh Approved

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
 one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
 glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
 perceive the colors red, yellow and green.

(c) Dental:

Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal
voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, Interna-tional Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics.
 Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form signal dentical to the model provided in Appendix1):

- 1. Complete physical Examination.
- 2. Pathological Examination:
 - a.CBC b.ESR c.HBSAG d.LFT e.ECG f.RBS g.URINER/M/E 3 N MAR 2023

DR. MIR. MD. RAIHAN
MBBS (DU), DPM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA

CERTIFICATE INTERNATIONAL DE VACCINATION OU DE REVACCINATION CONTRE'LE CHOLERA

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The Validity of this Certificate for a period of six months.

Continued overleaf Suite our erso

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST YELLOW-FEVER

CERTIFICATE INTERNATIONAL DE VACCINATION OU DE REVACCINATION CONTRE'LA FIEVER JANUE

This is to certify that Je soussigne (e) certifie que		D.O.B	1/08·1995 sex sexe	<u>M</u>
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has on the date indicated be revaccine (e) contre la chole	en vaccinated or revaccinated against	Cholera a etc	vaccine (e) ou	

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There is no exemption for the requirement of a certificate of vaccination aganist yellow-fever on account of age.

The validity of this certificate shall extend for a period of ten years, beginning ten days after the date of vaccination or in the event of a revaccination within such period of Ten years, from the date of that revaccination.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may rend it invalid.