

INTERNATIONAL LABOUR ORGANIZATION

Sectoral Activities Programme

See text links below.

ILO/WHO/D.2/1997

Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers

Part 6

Annex D

Minimum requirements for	or tl	he	medical	examination	of	seafarers
--------------------------	-------	----	---------	-------------	----	-----------

Naı	me (last, first, middle):	ID A	BU	osm	IAN		
Dat	te of birth (day/month/year):	17/07/	1994 S	ex:	№ male	• 🗆 fema	le
Ho	me address: CHVN1AKH SHAHJAD				ANJADPUR.		
Pas	sport No./Discharge Book No.	: A00	2371	38	1749		
Туј	oe of ship (container, tanker, pa	ssenger, f	ishing):				
Tra	de area (e.g., coastal, tropical,	worldwide	e):				
(As	aminee's personal declaration sistance should be offered by n we you ever had any of the follo	nedical sta		20			
	Condition	Ye	s No		Condition		Yes No
1.	Eye/vision problem	□•	Z.	18.	Sleep problem	IS	0. 1
2.	High blood pressure	□•	D.	19.	Do you smoke	?	· p
3.	Heart/vascular disease	D •	1	20.	Operation/surg	gery	D. Z
4.	Heart surgery	□•	1.	- 21	Epilepsy/seizu	ires	П• 🗷

22. Dizziness/fainting

23. Loss of consciousness

04.2023,3685

Varicose veins

6. Asthma/bronchitis

7. Blood disorder		24.	Psychiatric problems		1
8. Diabetes		25.			
9. Thyroid problem			Attempted suicide		
Digestive disorder		27.			1
11. Kidney problem		28.	1025312 US 2015 UP 0. TO 10 TO		
12. Skin problem		, 29.			1
13. Allergies		30.			
14. Infectious/contagious diseases	0 0	31.	President		1
15. Hernia		32.			
16. Genital disorders		33.			1
17. Pregnancy	NA		Fractures/dislocations		
If any of the above questions were answ	wered "yes", I	olease g	give details.		
					1
Additional questions					
			Yes No		
Have you ever been signed off	as sick or rep	atriate	d from a ship?		
36. Have you ever been hospitalize	ed?		0 1	1	
37. Have you ever been declared u		ity?		1	
 Has your medical certificate ev 	ver been restri	cted or	revoked?	1	
39. Are you aware that you have a illnesses?	ny medical pr	oblem	s, diseases or		
 Do you feel healthy and fit to p designated position/occupation 	perform the di	aties of	your 🖊 🗆		4
 Are you allergic to any medica 	tions?				
Comments:			··· •		
FIT FO	R DUTY ON B	OARD	SHIP		
	Sical Hospitals			K. 12.	
42. Are you taking any non-prescrimedications?	Stron or prest	Piption			
medications?	2000	Company			

Department

If yes	, please	list the	medication	ns take	n and	the pur	pose((s) and o	dosage(s).		
I hereb	y certify	that tl	ne personal	declara	ation a	above is	a tr	ue stater	ment to th	e best of my	knowledge.
Signatu	ire of ex	amine	e: <i>O</i>			Date	e (da	y/month	/year): 3	30 MAR 202	2023
Witnes	sed by:	(Signa	ture)	the		<u> </u>	_ Na	me: <i>(T</i>)	ped or pr	BMDC A-5514 DG Shipping B Gener	MD. RAIHA CD (Birdem), PGT (Oph 44. MMC-BGD-01 angladesh Approv al Physician ospitals Limited.
I hereby health i examin	nstitutio	rize the	release of public aut	all my horities	previo	ous med r. <i>JYIII</i> S	lical :	records D. L.	from any	health profes (the approved	sionals
Signatu	re of ex	amine	:_ G1			Date (day/i	month/y		0 MAR 2023 03/202	-3
Witness	sed by:	(Signai	ure)	Time		=	N	ame: (T)	yped or pi	BMDC A-55	. MD. RAIH, CCD (Birdem), PGT (0 144, MMC-BGD-0 Bangladesh Appro
□• Pr Sight	e-sea		Visual	Period acuity				□• Ot	ther		
	Unaid	led		Aided						al fields	
	Right eye	Left eye	Binocular	Right eye	Left	Binoc	ular	Right	Normal	Defective	
Distant	616	10.0000		7				eye			
Near	6/6	616		-	-			Left eye			
Colour Hearin		П №	t tested 🛚	D Nor	rmal [□ Doub	otful	□ Defe	ective		
	7	1	and audio				1		Speech	and whisper	test (metres)
	500 Hz	4,000 Hz	2,000 Hz	3,00 Hz	4	4,000 Hz	6,0 Hz	000		Normal	Whisper
Right ear	20	2	020	2	Cal Ho	spita/s			Right ear	4	4
Left ear	20	2	20) **	Az Per-	MLC-2006	x Build		Left ear	9	9

Height: 18	<i>O</i> _(cm)		Weight:	0	(kg)	
Pulse rate:	(/(minute)		Rhythm:	Egour		
Blood pressure:	Systolic: _	20	(mm Hg)	Diastolic:	20	(mm Hg)
Urinalysis:	Glucose:	Ni	_	Protein:	NI	
	Normal A	Abnorma	ıl		Normal	Abnormal
Head	1		Varicose veins			
Sinuses, nose, throat	1		Vascular (inc.	pedal pulses)		
Mouth/teeth	9/1		Abdomen and	0.00		
Ears (general)	Z.		Hernia			
Tympanic membrane	ZA		Anus (not recta	al exam.)	1/1	
Eyes	A.		G-U system		/	
Opthalmoscopy	11		Upper and low	er extremities		
Pupils	Z n		Spine (C/S, T/S		1/	
Eye movement	Z	П	Neurologic (fu		/	
Lungs and chest			Psychiatric		/	
Breast examination	NOT		General appear	rance		
Heart	1				21	LJ
Skin			<u>«</u>			
	- 3 1111				10.	
Chest X-ray:	□ Not perfo	rmed	Performed or	n (day/month/ye	ear): JU/	MAR 2023
Results:	e tama	le	em	FRAY		
Other diagnostic test(s	s) and result(s	s):				
	~	//.	.,			
Test 6	TOO S	10)	Che Result	Noan	ul.	
Medical examiner's	comments:		The state of the s			
		FIT	FOR DUTY ON BO	App euin		
			- TON BO	AND SHIP		
Vaccinatio	n status recor	ded:	Yes		□ No	
					110	

Assessment of fitness for service at sea

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

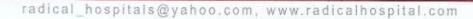
	Deck service	Engine service	Catering service	Other services
t				
nfīt	П	П		
Without	restrictions 🗅 •	With restrictions	1 •	
escribe restric	tions (e.g., specifi	e position, type of	ship, trade area)	
action taken by	y medical examine			
tive contractor resource transcending		er (e.g., referral): SPITAL LIMITED Lis, Banglacash Date of	examination (day	/month/year): 30 MAF
Place of exami	nation: RADICAL HO	COUNTY LINES	ear):	MAR 2025
Place of exami	nation: RADICAL HO	cspital LIMITED tia Bangiacash Date of ration (day/month/y	ear): /	MAR 2025
Place of examination	nation: RADICAL HO	cspital LIMITED tia Bangiacash Date of ration (day/month/y	ear):	MAR 2025 MIR. MD. RAIHAN DU, DPM, CCD (Birdem), PGT (Opht) C A-55144, MMC-BGD-016 hipp.ng Bangladesh Approve General Physician
Place of examination Medical certification Official stamp Signature of m	nation: RADICAL HO cate's date of expiration (also print name of the dedical examiner:	cspital LIMITED tia Bangiacash Date of ration (day/month/y	ear): / DR. DR. DR. DG S	MAR 2025 MIR. MD. RAIHAI DU), DFM. CCD (Birdem), PGT (Ophill C A-55144, MMC-BGD-016 hipping Bangladesh Approve General Physician Radical Hospitals Limited.
Place of examination	nation: RADICAL HO cate's date of expiration (also print name of the dedical examiner:	cspital LIMITED tia Bangiacash Date of ration (day/month/y	ear): / DR. DR. DR. DG S	MAR 2025 MIR. MD. RAIHAN DU, DPM, CCD (Birdem), PGT (Opht) C A-55144, MMC-BGD-016 hipp.ng Bangladesh Approve General Physician
Place of examination Medical certification Official stamp Signature of m	nation: RADICAL HO cate's date of expiration (also print name of the dedical examiner:	cspital LIMITED tia Bangiacash Date of ration (day/month/y	ear): / DR. DR. DR. DG S	MAR 2025 MIR. MD. RAIHAI DU), DFM. CCD (Birdem), PGT (Ophill C A-55144, MMC-BGD-016 hipping Bangladesh Approve General Physician Radical Hospitals Limited.
Place of examination of the control	nation: RADICAL HO nation: RADICAL HO cate's date of expiration (also print name of medical examiner:	cis, Bacquerash Date of ration (day/month/y	ear): / DR. DR. Hear begible MBBS BMD DG S COM Com	MAR 2025 MIR. MD. RAIHAI DU), DFM. CCD (Birdem), PGT (Ophill C A-55144, MMC-BGD-016 hipping Bangladesh Approve General Physician Radical Hospitals Limited.
Place of examination of the control	nation: RADICAL HO nation: RADICAL HO cate's date of expiration (also print name of medical examiner:	cis, Bacquerash Date of ration (day/month/y	ear): / DR. DR. Hear begible MBBS BMD DG S COM Com	MAR 2025 MIR. MD. RAIHAI DU), DFM. CCD (Birdem), PGT (Ophill C A-55144, MMC-BGD-016 hipp.ng Bangladesh Approve General Physician Radical Hospitals Limited. Hospitals Limited.

This page was created by BR/PL. It was approved by BW/BKN. It was last updated Tues, 17 Jun 1999.



RIGHT EYE LEFT EYE Confirmation that identification d	YEAR 199	PLACE CITY 51 MAILING CHU SHI	NAME (S): MD OF BIRTH IRAJGANJ COUNTRY G ADDRESS OF APPLICATION I A KHALI AHJADPUR - (AHJADPUR ,	BANGLAN CANT: PARA 6770	SEX FEMALE [
DAY 17 MONTH 07 POSITION ON BOARD: MASTER DECK OFFICER ENGINEERING OFFICER RADIO OPERATOR RATING DECLARATION OF THE AUTHO WITH RIGHT EYE Confirmation that identification of	ORIZED PHYSICIAL VISION	MAILING CHU SHA SH	IRADGANJ COUNTRY GADDRESS OF APPLI DNIA KHALI AHJADPUR — (CANT: PARA 6770	DESMALE FEMALE [
POSITION ON BOARD: MASTER DECK OFFICER ENGINEERING OFFICER RADIO OPERATOR RATING DECLARATION OF THE AUTHO WITH RIGHT EYE Confirmation that identification of	ORIZED PHYSICIAL VISION	CH1 SH SH	MIAKHALI N- AUGDALHA	Para 6770	
RIGHT EYE LEFT EYE Confirmation that identification d	VISION	N			CMAn
RIGHT EYE LEFT EYE Confirmation that identification d	1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (100) (100) (1000 (100) (100) (1000 (100) (100) (1000 (100) (100) (100) (100) (100) (1000 (100) (T		
RIGHT EYE LEFT EYE Confirmation that identification d	OUT GLASSES		COLOR TEST	TYPE	HEARING
Confirmation that identification d	616	WITH GLASSES	BOOK CANTERN YELLOW GREEN B	M	RIGHT EAR MAD
	1420		1 / 1	Sold III	EFT EAR ///
I have the annual and a second of the second of the second		7	Z	NO 🗌	-
Hearing meets the standards in S			NO N	OT APLICABL	Ē∐
Unaided hearing satisfactory? Y Visual acuity meets standards in			/ NO []		
(the visual test it is required ever Date of the last colour vision test Are glasses or contact lenses ne Able for watchkeeping? YES - Is applicant taking any non-press to the seafarer free from any me	t: (Day/Month/Year) ecessary to meet the NO cription or prescripti	e required vision stan	dards? YES N		ers unfit for such service or to
endanger the health of other per Hereby I declare that I am in kno	rsons on board? YE	sp no 🗆			
Or_		MD	ABV OSMA	N	30-03-2023
Signature of Applica	ant	Name o	f Applicant	-	Date
CIRCLE APPROPIATE CHOIC ENGINEERING OFFICER / RAI	DIO OPERATOR / F	RATING) (WITHOUT	ANY / WITH THE FOLL	DUTY AS A OWING) REST	(MASTER / DECK OFFCIER FRICTIONS:
	· ·	H FOR DUTY C	N BOARD SHIP		
NAME AND DEGREE OF PHYS	SICIAN:DR. MIR	MD. RAIHAN	MBBS,(DU), DF	M REG: A	-55144
ADDRESS: RADICAL HO					
NAME OF PHYSICIAN'S CERT		CONTROL STATE OF THE STATE OF T	NORTH AND ADDRESS OF THE PARTY OF THE PARTY OF THE PARTY.		
DATE OF ISSUE PHYSICIAN'S	CERTIFICATE:	06-MAY-	-2014	-	
SIGNATURE OF PHYSICIAN	MINE	STAMP	OF PHYSICIAN	Spitals Es	DATE: 3 0 MAR 2023
EXPIRY DATE OF CERTIFICAT		Z 9 MAK ZUZS	AS Per-	MLC-2006	
			e Authority in compliance and the Maritime Labour	Convention 200	
DR. M	and the second	www.warao.am	7 De	partmen	

BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.





Id No : 0770

Patient's Name: MD ABU OSMAN

Specimen

: Blood

Date: 30-Mar-2023

D.Date: 30-Mar-2023

Age : 28Y 0M 0D

Gender: Male

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO: C/O/ 10221

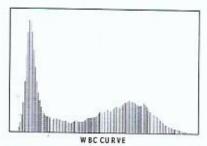
Haematology Report

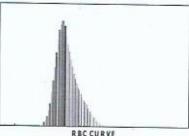
& checked manually)

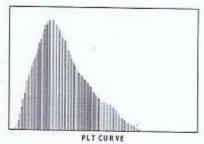
Results	Reference Range
12.7 gm/dl 17 mm/1st hr	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
5,600 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
61 %	Child: DE CC Or Ad III and The
	Child: 25-66 %, Adult: 40-75 %
	Child: 52-62 %, Adult: 20-50 %
	Child: 03-07 %, Adult: 02-10 %
	Child: 01-03 %, Adult: 01-06 %
	Adult: 00-01 %
	50-450/cumm
	M: 4.5-6.5, F:3.8-5.8 m/ul
	M: 40-54%, F:37-47%
\$7.1073167d	76 - 94 fL
33(2),52(E) 17,12(1)	27 - 32 pg
70	29 - 34 g/dL
	11 - 16 %
	35 - 56 fl
1,78,000 /cumm	150,000-450,000/cumm
10.0 fL	7.0 - 11.0 fL
	17 mm/1st hr 5,600 /cumm 61 % 34 % 03 % 02 % 00 % 112 /cumm 4.09 m/ul 34.7 % 84.8 fL 31.1 pg 36.6 g/dL 12.0 % 15.8 fL 1,78,000 /cumm

0.178 %

%







Checked By Medical The nologist

Bledding Time(BT)

Cloting Time(CT)

Dr. Sumaiya Khatun MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.

0.1 - 0.%

10 - 18 %

0.1-0.2 %



radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23030770	Received Date 30		30/03/2	2022
Patient's Name	MD ABU OSMAN	TOOCIVEG	Date	30/03/2	1023
Patient's Age	28Y 0M 0D	Р	atient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(B			DC NO	C/O/ 1022
Sample	BLOOD	-7-71-1		DC NO	C/O/ 1022

SEROLOGYCAL REPORT

Test Name

Result

HBsAg (Method : (ICT) Negative

Checked By

Medical Nochnologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23030770	Received Date 30/03/20		2023	
Patient's Name	MD ABU OSMAN	110001100	Date	30/03/2	2023
Patient's Age	28Y 0M 0D	Р	atient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT	(Eve).DFM	С	DC NO	C/O/ 10221
Sample	URINE			00110	C/O/ 10221

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-2/HPF
Sediment	Nil	Epithelial	2-4/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil	
Bile Pigment	Not Done	Uric Acid	Nil	
Ketones	Not Done	Calcium oxalate	Nil	
Urobilinogen	Not Done	Amor. Phos	Nil	
B.J. Protein Not Done		Hippurate crystal	NIL	

Checked By

Medical Vechnologis Radical Hospitals Ltd. Dr. Suman & Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com

Test Name

Bill No	DIA23030770	Received Da	te 30/03/2	2023
Patient's Name				
Patient's Age	28Y 0M 0D	OM OD Patient		Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT	(Eye),DFM	CDC NO	C/O/ 10221
Sample	URINE	CONTRACTOR OF THE STATE OF THE		

Result

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Dechnologis Radical Hospitals Ltd. Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23030770 Receive:30/03/2023 Print: 30/03/2023

Patient's Name : MD ABU OSMAN

Age : 28 Yrs Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

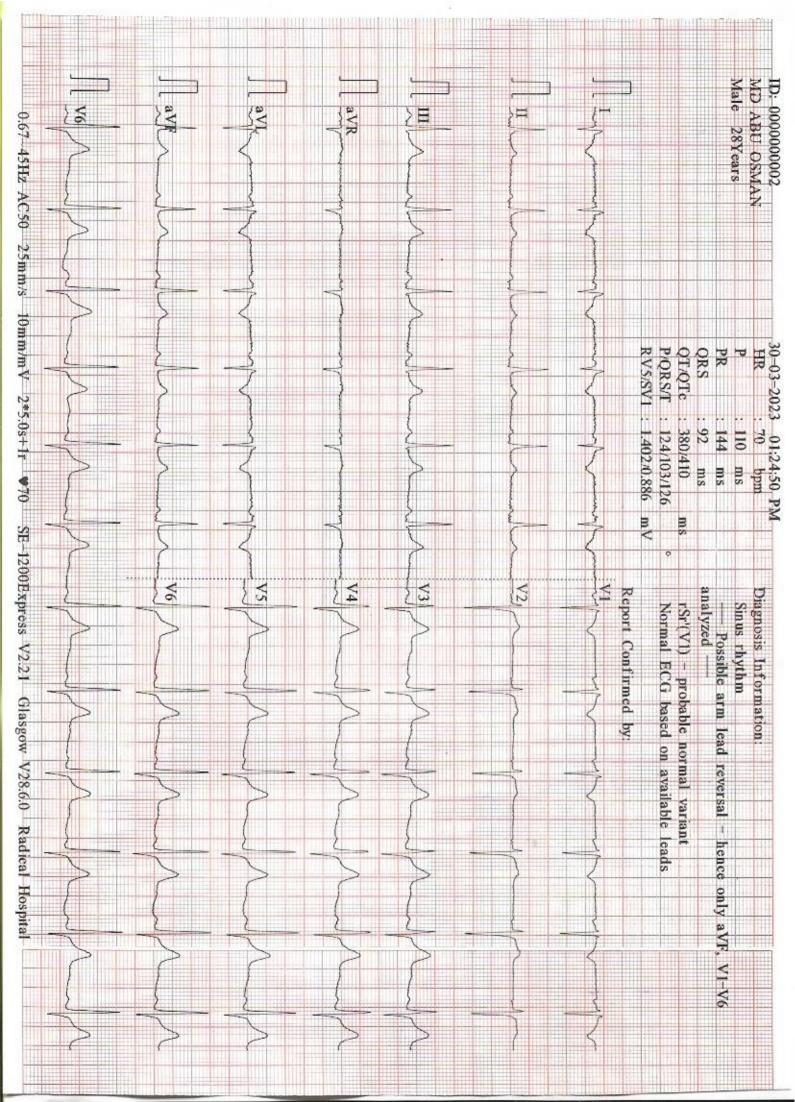
Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital



radical_hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23030770 Receive: Print: 30/03/2023

Patient's Name : MD ABU OSMAN

Age : 28 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 70 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.

Dr. Debashish Paul

MBBS, MD (Cardiology) Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC

Seafarer's Signature



SL NO._

04.2023.3685

DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.
Name & Signature of the practitioner:

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

EAFARER INFORMATION:	
lame: Last OSMAN First MD ABU	Middle
Gender: (Male/Female)	PCC11t
Occupation: Deck/Engine/Catering/Other (specify)	TAIGE OF CAROT
ather's/ Husbad'sname: MD AZIM MIA	National Indiana India
fother's Name: KOHINUR BEGUM	
ddress: House No: Street/ Road No: OACA	
Locality/Village: CHUNIAKHALI PARA	NID No. 1921370910
PO SHAHJADPUR	Date of Birth: 17 /07 / 1994
P.S: SHAHJADPUR	(DD/MM/YYYY)
District: SIRAJGANJ	
ECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:	
am duly authorized by the Department of Shipping, Governme	nt of the People's Republic of Rangladesh and co
ne followings:	The first of the property of building contains co
1. Confirmation that identification documents were checked at the	e point of examination :YES/NO
2. Hearing meets the standards in section A-I/9	:VES/NO
3. Unaided hearing satisfactory?	YESNO
4. Visual acuity meets standards in section A-I/9?	:YESUMO
Colour vision meets standards in section A-I/9?	:YES/NO
Date of last colour vision test	3 0 MAR 2023
6. Fit for lookout duties?	:YES/NO
7. Is the seafarer free from any medical condition likely to be agg	ravated by service at sea or to
render the seafarer unfit for service or to render the health of any	other persons on board? :YES/NO
Any limitations or restrictions on fitness?	:YES/NO
If YES, specify limitations or restrictions:	
Duties:	and a second
Location/Vessel: RADICAL HOSPITAL LIM Medical/Other: Uttara, Dhaka, Bangtada	
Medical/Other:	
Medical fitness category : Fit-No restriction F	it-Subject to restrictions Unfit
3 0 MAR 2023	
). Date of examination/Issue (DD/MM/YYYY)	
 Date of expiry (DD/MM/YYYY)	re than 2 years from the date of examination".
	Thing
I have read the contents of the certificate	DR. MIR. MD. RAIHAN
and have been informed of the right to review.	MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
 one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
 glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
 perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure:
 - An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal
voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, Interna-tional Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.
- (g) Diseases or Conditions:
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form (including the complete of the model provided in Appendix 1):

1. Complete physical Examination.

2. Pathological Examination:

a.CBC b.ESR c.HBSAG d.LFT e.ECG f.RBS g.URINER/M/E 3 0 MAR 2023 DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST CHOLERA CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CON IRE LE CHOLERA

This is to certify that JE Soussigne' (e) certifie que Whose signature follows	date of birth no' (e) le	17-07-1994 Sex sexe	MALE
dont la signature suit			-
has on the Date indicated has	vaccinated or revaccinated	against cholera	

a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.

4

Approved Stamp Signature and professional Cechet Date Status of Vaccinator d'authentification Signature et qualite profes sionelle vaccinateur 5. Shah Malahdam Avence MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 elid Upto 2 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the ev6nt of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, tins certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection,

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any pan of it. May render in invalid.

La validity dece certificate couvre une period de six mois commencent six Jours a prea is premiere injection du vaccin ou, dans le cai a" une revaccination a, cour. d; gtte period do six mois jour de cette revaccination.

Nonobstant les, despositions ci-dessue dans le cas d'un pelerin le present certificate dottlaire mention de deux injections partiquees a sept jours d'. intervaile et sa validite cofilmence lejour de la seconde, injection:

De cachet d' authentification doit etre c_anforme au modele present per I, administration sanitaite du territoire ou la vaccination est effectuee, j

Toute correction ou rahfe sur le certificate ou I o. mission d' une quelconque des mantions qu il comporte pe ut effectersa validite.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST YELLOW FEVER CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CONTRE LA FIEVRE JAUNE

MD ABU OSMAN

This is to certify that JE Soussigne' (e) certifie que	(1777)	e of birth	17.07.1994 Sex	MALE
Whose signature follows don't la signature suit	Or	(c) is	sexe	

has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.

	Date	Signature and professional Stahtus of Vaccinator Signature et titre du vaccinateur	Manufacturer and batch no of vaccine Fabricani du vaccin et nunno' ro du lot	Official sump of vaccinating centre Cachet official du centre de vaccination
30.		DR. MIR. MD. RAIHA IBBS (DU), DFM, CCD (Birdem), PGT (O BMDC A-55144, MMC-BGD-O GS Shipping Bangladesh Appro General Physician Radical Hospitals Limited.	DAKAR	as Sheh Makhorm Avenue Uttism, Dheks
	3			
	4			110

This certificate is valid only if the vaccine used has been approved by the world I Icalih organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of his certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within sch period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for die signature.

Any amendment of this certificate, or erasure, of failure to complete any part of it, may render it invalid.

Ce certificate n' est avalable que si lc vaccina employe" a c-' tc,' a approve" par l' organisa_ tion Mondiale de la santc" et sile centre a" uaiiif,aiion ae" tc'tra6fiiile pali-aminstralion sanitaire du (erriloire dans lcqucl'ce centre est siture:

La validite' de ce certificat couvrc une pe'riodo de dix ans comencant dix joursapros la date de,la vaccination ou, dans le cas dune reiaccination.u.ou., a.-citto lie,lio,i. a" dix ans. lejour de cetto revaccination.

Ca certificate do it ctrc signc'uq1 un me'decin de sa propre main, son cachet offiiciar no pouvant cue conside' commo Icnant lieu de signature.

Toute eoreciion ou rahire sur le certificate ou l'omission d' une quelconque des mentions qu'il comporte pent allecter sa validite.