

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

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Serial No:

Rank: 1st encl.

Route: WORLD WIDE

Home Address: BAJEPTO VATOKA, GORPARA, MANIKGANJ, SADAR, MANIKGANJ.

Company Name :

Please answer the following to the best of your knowledge.

| Is there any past / present history of any of the following | Candidate Declaration |                                     | Examiner Record |                                     |                                                | Candidate Declaration |                                     | Examiner Record |                                     |
|-------------------------------------------------------------|-----------------------|-------------------------------------|-----------------|-------------------------------------|------------------------------------------------|-----------------------|-------------------------------------|-----------------|-------------------------------------|
|                                                             | Yes                   | No                                  | Yes             | No                                  |                                                | Yes                   | No                                  | Yes             | No                                  |
| Severe one-sided headaches (Migraine)                       |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Hernia / Hydrocoele / Appendicitis             |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Head Injury / Concussion / Loss of Memory                   |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | High / Low blood pressure / Heart disease      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Fits / Epilepsy / Dizziness / Fainting                      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Asthma / Bronchitis / Tuberculosis             |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Eye / Vision Problems (Glasses, etc.)                       |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Allergy / Skin disease                         |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Hearing Impairment                                          |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Infection / Contagious Disease                 |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Ear / Nose / Throat problems                                |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Addiction to alcohol / drugs / tobacco         |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Stomach / Bowel disorders                                   |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Fracture / Dislocation / Injury / Amputation   |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Gall stones / Kidney disorders                              |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Major / Minor Operation                        |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Jaundice / Liver Disease                                    |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Diabetes                                       |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Piles / Varicose veins                                      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Nervous / Mental disease / Sleep disorder      |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Blood Disorder                                              |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Malignant disease ( Cancer )                   |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Female Disorder                                             |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> | Signed off on medical grounds / Declared Unfit |                       | <input checked="" type="checkbox"/> |                 | <input checked="" type="checkbox"/> |
| Notes                                                       |                       |                                     |                 |                                     |                                                |                       |                                     |                 |                                     |

|                |               |           |                 |                            |                   |                  |                   |      |      |      |      |      |          |  |
|----------------|---------------|-----------|-----------------|----------------------------|-------------------|------------------|-------------------|------|------|------|------|------|----------|--|
| Height         | Weight in Kgs | Chest     | Insp-Exp        | Blood Pressure in mm of Hg | Pulse-Beats / min | Resp. Rate / min | General Condition |      |      |      |      |      |          |  |
| 167cm          | 75kg          | 43-41     | 120/80mm        | 78b/min                    | 19b/min           | Good             |                   |      |      |      |      |      |          |  |
| Distant Vision | Uncorrected   | Corrected | Field of Vision | Audiometry                 | Hz                | 500              | 1000              | 2000 | 3000 | 4000 | 5000 | 6000 | 8000     |  |
| Right Eye      | 5/6           |           | Normal          | Right Ear                  | dB                | 20               | 20                | 20   |      |      |      |      |          |  |
| Left Eye       | 5/6           |           | Abnormal        | Left Ear                   | dB                | 20               | 20                | 20   |      |      |      |      |          |  |
| Colour Vision  | Ishihara      | Normal    | Abnormal        | Hearing                    | Right Ear         |                  |                   |      |      |      |      |      | Left ear |  |
|                | Other         | Normal    | Abnormal        |                            | 4                 |                  |                   |      |      |      |      |      | 4        |  |

| Systemic Examination     | Normal | Abnormal | Notes                                                                                                                                                                                         |                       | Normal | Abnormal |
|--------------------------|--------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|--------|----------|
| Head & Neck              | /      |          | <div style="border: 2px solid black; padding: 5px; text-align: center;"> <b>FIT FOR SEA SERVICE</b><br/> <b>AS</b><br/> <b>AS PER MLC 2006</b><br/> <b>Enhanced GARD Medicals done</b> </div> | Respiratory system    | /      |          |
| Eyes                     | /      |          |                                                                                                                                                                                               | Cardiovascular system | /      |          |
| Ears / Nose / Throat     | /      |          |                                                                                                                                                                                               | Per Abdomen           | /      |          |
| Teeth / Oral Cavity      | /      |          |                                                                                                                                                                                               | Genito-urinary system | /      |          |
| Musculo- Skeletal system | /      |          |                                                                                                                                                                                               | Others                | /      |          |
| Nervous system           | /      |          |                                                                                                                                                                                               | Hernia / Hydrocoele   | /      |          |
| Reflexes                 | /      |          |                                                                                                                                                                                               | Varicose Veins        | /      |          |
| Skin                     | /      |          |                                                                                                                                                                                               | Fissure/Fistula/Piles | /      |          |

| Blood             | Result                        | Normal             | Urine            |
|-------------------|-------------------------------|--------------------|------------------|
| Hemoglobin        | 16.2 gm%                      | 14-16 gm %         | Colour           |
| Total WBC count   | 9300 cu.mm                    | 4000-11000 / cu.mm | Specific Gravity |
| Neu 62 % Lymph    | 93 % Eos 02 % Ba 00 % Mo 02 % |                    | pH               |
| Malanial parasite | Not Found                     |                    | Albumin          |
| ESR               | 12 mm / 1st hour              | 1-- 15 mm / hr     | Sugar            |
| SGPT              | 12 U/L                        | 9--43 U / L        | Bile pigment     |
| S. Cholesterol    | 176 mg/dl                     | 145--260 mg / dl   | Bile salts       |
| S. Triglycerides  | 115 mg/dl                     | upto 200 mg/dl     | Occult blood     |
| Blood Sugar       | RBS 171 PPBS.                 | upto 125 mg %      | RBC cells        |
| HbsAg             | Negative                      |                    | Leucocytes       |
| HIV I & II        | Negative                      |                    | Others           |
| VDRL              | Not Done                      |                    |                  |
| Others            |                               | GGTP U/L           | Spirometry:      |
| Blood Group       |                               |                    | Drugs of         |

|       |        |       |
|-------|--------|-------|
| X-Ray | Chest: | ↑↑↑↑↑ |
|-------|--------|-------|

|                               |            |
|-------------------------------|------------|
| Result of Medical Examination | 10/11/2011 |
|-------------------------------|------------|

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr. MIR MD Raihan, hereby declare the examinee medically

|     |       |                   |                   |                          |                        |
|-----|-------|-------------------|-------------------|--------------------------|------------------------|
| Fit | Unfit | Temporarily unfit | Permanently unfit | Should be re-examined in | days / weeks / months. |
|-----|-------|-------------------|-------------------|--------------------------|------------------------|

|                              |
|------------------------------|
| Remarks /<br>Recommendations |
|------------------------------|

I, Doctor's Name: DR. MIR MD. RAHMAN certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate.

This certificate is valid till: 03 JUN 2025

Candidate's Signature

NAHID AL AMIN

Date: 04 JUN 2023

Doctor's signature \_\_\_\_\_

DR. MIR. MD. RAIHAN  
MBBS (DU), BEM, CCB (Biology), BCT (Ophthalmology)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved  
General Declaration

General Physician  
Radical Hospitals Limited.

#### Radical Hospital Entries

04.2023.4123

# PHYSICAL EXAMINATION REPORT/CERTIFICATE

## DEPUTY COMMISSIONER OF MARITIME AFFAIRS

ANNEX 2

### THE REPUBLIC OF LIBERIA

|                                                                                                                                                                                                                                                                                                                                 |  |                                                                                                          |                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| LAST NAME OF APPLICANT <b>AL AMIN</b>                                                                                                                                                                                                                                                                                           |  | FIRST NAME <b>NAHID</b>                                                                                  | MIDDLE INITIAL                                                                  |
| DATE OF BIRTH<br>MONTH <b>11</b> DAY <b>22</b> YEAR <b>1993</b>                                                                                                                                                                                                                                                                 |  | PLACE OF BIRTH <b>MANIKGANJ</b>                                                                          | SEX<br>MALE <input checked="" type="checkbox"/> FEMALE <input type="checkbox"/> |
| CITY                                                                                                                                                                                                                                                                                                                            |  | COUNTRY <b>BANGLA</b>                                                                                    |                                                                                 |
| EXAMINATION FOR DUTY AS:<br>MASTER <input type="checkbox"/> RATING <input type="checkbox"/><br>MATE <input type="checkbox"/> MOU DECK <input type="checkbox"/><br>ENGINEER <input checked="" type="checkbox"/> MOU ENGINE <input type="checkbox"/><br>RADIO OFF <input type="checkbox"/> SUPERNUMERARY <input type="checkbox"/> |  | MAILING ADDRESS OF APPLICANT:<br><b>BAJEPTONATORA, GORPARA,<br/>         MANIKGANJ SADAR, MANIKGANJ.</b> |                                                                                 |

#### MEDICAL EXAMINATION (SEE PAGE 2) STATE DETAILS ON PAGE 2

|                                                                                                                                                                                                                                                     |                    |                                                                                                                                                            |                      |                            |                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|----------------------------|--------------------------------|
| HEIGHT <b>267cm</b>                                                                                                                                                                                                                                 | WEIGHT <b>75kg</b> | BLOOD PRESSURE <b>120/80mm</b>                                                                                                                             | PULSE <b>78b/min</b> | RESPIRATION <b>19b/min</b> | GENERAL APPEARANCE <b>Good</b> |
| VISION:<br>WITHOUT GLASSES<br>WITH GLASSES                                                                                                                                                                                                          |                    | RIGHT EYE <b>6/6</b>                                                                                                                                       | LEFT EYE <b>6/6</b>  |                            |                                |
| DATE OF LAST COLOR VISION TEST (Month/Day/Year) <b>04 JUN 2023</b>                                                                                                                                                                                  |                    | Testing Required every 6 years<br>YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>                                                      |                      |                            |                                |
| COLOR VISION MEETS STANDARDS IN STCW CODE, TABLE A-1/9                                                                                                                                                                                              |                    | YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>                                                                                        |                      |                            |                                |
| COLOR TEST TYPE: BOOK " LANTERN " CHECK IF COLOR TEST IS NORMAL                                                                                                                                                                                     |                    | YELLOW <input type="checkbox"/> RED <input checked="" type="checkbox"/> GREEN <input checked="" type="checkbox"/> BLUE <input checked="" type="checkbox"/> |                      |                            |                                |
| HEARING:<br>RT. EAR <b>Normal</b>                                                                                                                                                                                                                   |                    | LEFT EAR <b>Normal</b>                                                                                                                                     |                      |                            |                                |
| HEAD AND NECK <b>Normal</b>                                                                                                                                                                                                                         |                    | HEART (CARDIOVASCULAR) <b>Normal</b>                                                                                                                       |                      |                            |                                |
| LUNGS <b>Normal</b>                                                                                                                                                                                                                                 |                    | SPEECH (DECK/NAVIGATIONAL OFFICER AND RADIO OFFICER)<br>IS SPEECH UNIMPAIRED FOR NORMAL VOICE COMMUNICATION? <b>Yes</b>                                    |                      |                            |                                |
| EXTREMITIES:<br>UPPER <b>Normal</b>                                                                                                                                                                                                                 |                    | LOWER <b>Normal</b>                                                                                                                                        |                      |                            |                                |
| IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY, OR TO RENDER HIM UNFIT FOR SERVICE AT SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOARD? IF YES, EXPLAIN IN DETAILS OF MEDICAL EXAMINATION ON PAGE 2.<br><b>NO</b> |                    |                                                                                                                                                            |                      |                            |                                |

**NAHID AL AMIN**

SIGNATURE OF APPLICANT

**04 JUN 2023**

DATE OF EXAM

**03 JUN 2025**

EXPIRY DATE

THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMINING PHYSICIAN.

THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO:

**NAHID AL AMIN**

(NAME OF APPLICANT)

**FIT FOR DUTY ON BOARD SHIP**

(HE) (SHE) IS FOUND TO BE (FIT) (NOT FIT) FOR DUTY AS A: (MASTER/MATE, ENGINEER, RADIO OFFICER, RATING, MOU DECK, MOU ENGINE or SUPERNUMERARY). IF EMPLOYED AS A WATCHSTANDER (HE) (SHE) IS FOUND TO BE (FIT) (NOT FIT) FOR LOOKOUT DUTIES?

NAME AND DEGREE OF PHYSICIAN **DR. MIR MD. RAIHAN MBBS,(DU), DFM**

ADDRESS **RADICAL HOSPITALS LIMITED. 35, SHAH MAKHDUM AVENUE, SECTOR-12, UTTARA, DHAKA-1230**

NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY **DG SHIPPING BANGLADESH**

DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE **06 MAY 2014**

SIGNATURE OF PHYSICIAN

DATE OF EXAMINATION: **04 JUN 2023**

This certificate is issued by authority of the Deputy Commissioner of Maritime Affairs, R.L. and in compliance with the requirements of the Maritime Labour Convention, 2006 for the Medical Examination of Seafarers.

The Medical Certificate shall be valid for no more than two (2) years from the date of the Examination for those over 18 years of age and for no more than one (1) year for those under 18 years of age.

RLM-105M (REV. 12/17)

**DR. MIR. MD. RAIHAN I**  
 MBBS (DU), DFM, CCD (Bldem), PGT (Ophth)  
 BMDC A-55144, MMC-BGD-016  
 DG Shipping Bangladesh Approved  
 General Physician  
 Radical Hospitals Limited.



## MEDICAL REQUIREMENT

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. Such proof of examination must establish that the applicant is in satisfactory physical condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession. In addition, the following minimum requirements shall apply:

- (a) All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in the better ear at 15 feet and in the poorer ear at 5 feet.
- (b) Deck officer applicants must have (either with or without glasses) at least 20/20 vision in one eye and at least 20/40 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- (c) Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 vision in one eye and at least 20/50 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (d) An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS and/or the use of narcotics.
- (f) Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (g) Applicants for able seafarer deck, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- (h) Applicants for fireman/watertender, oiler/motorman, able seafarer engine pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

### DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician)

01. Completed Physical Examination

02. Pathological Test

03. Radiological Test

04. Ophthalmology Examination For VA & CV

04 JUN 2023



  
**DR. MIR, MD. RAIHAN**  
MBBS (DU), DPM, CCD (Bldg), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited.

**Id No** : 23060079 **Date** : 04-Jun-2023 **D.Date** : 04-Jun-2023  
**Patient's Name** : NAHID AL AMIN **Age** : 29Y 6M 13D **Gender** : Male  
**Specimen** : Blood  
**Doctor Name** : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/8418

### Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

| Parameter Name                     | Results               | Reference Range                                                                                    |
|------------------------------------|-----------------------|----------------------------------------------------------------------------------------------------|
| <b>Hemoglobin (Hb)</b>             | <b>16.2</b> gm/dl     | M:13-18 gm/dl. F:11.5-16.5 gm/dl.<br>Child:10-13 gm/dl.                                            |
| <b>ESR(Westergreen)</b>            | <b>12</b> mm/1st hr   | Infant: (One year):8-10 gm/dl.<br>Male:0-10, F:0-20 mm/1st hr.                                     |
| <b>Total WBC Count(TC)</b>         | <b>9,600</b> /cumm    | Adult: 4000 - 11000/cumm.<br>Children: 5,000-15,000/cumm<br>Infant(One Year):<br>6,000-18,000/cumm |
| <b>Differential WBC Count (DC)</b> |                       |                                                                                                    |
| Neutrophils                        | <b>62</b> %           | Child: 25-66 %, Adult: 40-75 %                                                                     |
| Lymphocytes                        | <b>33</b> %           | Child: 52-62 %, Adult: 20-50 %                                                                     |
| Monocytes                          | <b>03</b> %           | Child: 03-07 %, Adult: 02-10 %                                                                     |
| Eosinophils                        | <b>02</b> %           | Child: 01-03 %, Adult: 01-06 %                                                                     |
| Basophils                          | <b>00</b> %           | Adult: 00-01 %                                                                                     |
| Total Cir. Eosinophils             | <b>192</b> /cumm      | 50-450/cumm                                                                                        |
| <b>Total RBC Count</b>             | <b>4.94</b> m/ul      | M: 4.5-6.5, F:3.8-5.8 m/ul                                                                         |
| HCT/PCV                            | <b>40.4</b> %         | M: 40-54%, F:37-47%                                                                                |
| MCV                                | <b>81.8</b> fL        | 76 - 94 fL                                                                                         |
| MCH                                | <b>32.8</b> pg        | 27 - 32 pg                                                                                         |
| MCHC                               | <b>40.1</b> g/dL      | 29 - 34 g/dL                                                                                       |
| RDW                                | <b>12.4</b> %         | 11 - 16 %                                                                                          |
| PDW                                | <b>16.3</b> fL        | 35 - 56 fL                                                                                         |
| <b>Total Platelete Count (PC)</b>  | <b>2,50,000</b> /cumm | 150,000-450,000/cumm                                                                               |
| MPV                                | <b>8.0</b> fL         | 7.0 - 11.0 fL                                                                                      |
| PCT                                | <b>0.200</b> %        | 0.1 - 0.2 %                                                                                        |
| Bleeding Time(BT)                  | %                     | 10 - 18 %                                                                                          |
| Cloting Time(CT)                   | %                     | 0.1- 0.2 %                                                                                         |



**Checked By**  
Medical Technologist



**Dr. Sumaiya Khatun**  
MBBS,MD(Gold Medalist) (BSMMU)  
Associate Professor  
Dept. Of Microbiology  
East West Medical College & Hospital.



|                |                                                       |               |                 |
|----------------|-------------------------------------------------------|---------------|-----------------|
| Bill No        | DIA23060079                                           | Received Date | 04/06/2023      |
| Patient's Name | NAHID AL AMIN                                         |               |                 |
| Patient's Age  | 29Y 6M 13D                                            | Patient's Sex | Male            |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/8418 |
| Sample         | BLOOD                                                 |               |                 |

### BIOCHEMISTRY REPORT

| Test Name               | Result    | Reference Range |
|-------------------------|-----------|-----------------|
| Serum Bilirubin (Total) | 0.5 mg/dl | 0.2 - 1.1 mg/dl |
| Serum ALT (SGPT)        | 18 U/L    | Up to 40 U/L    |

### REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist  
Radical Hospitals Ltd.

Dr. Sumaiya Khatun  
M BBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

|                |                                                       |               |                 |
|----------------|-------------------------------------------------------|---------------|-----------------|
| Bill No        | DIA23060079                                           | Received Date | 04/06/2023      |
| Patient's Name | NAHID AL AMIN                                         |               |                 |
| Patient's Age  | 29Y 6M 13D                                            | Patient's Sex | Male            |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/8418 |
| Sample         | BLOOD                                                 |               |                 |

## SEROLOGICAL REPORT

|                           |          |
|---------------------------|----------|
| HIV 1 & 2 (Method : (ICT) | Negative |
| HBsAg (Method : (ICT)     | Negative |


 Checked By

 Medical Technologis  
 Radical Hospitals Ltd.



 Dr. Sumaiya Khatun  
 MBBS, MD (Microbiology)  
 Associate Professor  
 Dept. of Microbiology  
 East West Medical College and Hospital



|                |                                                       |               |                 |
|----------------|-------------------------------------------------------|---------------|-----------------|
| Bill No        | DIA23060079                                           | Received Date | 04/06/2023      |
| Patient's Name | NAHID AL AMIN                                         |               |                 |
| Patient's Age  | 29Y 6M 13D                                            | Patient's Sex | Male            |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/8418 |
| Sample         | URINE                                                 |               |                 |

### URINE ROUTINE EXAMINATION

#### PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

|            |            |             |         |
|------------|------------|-------------|---------|
| Quantity   | Sufficient | CELLS / HPF |         |
| Color      | Straw      | R B C       | Nil     |
| Appearance | Clear      | Pus Cells   | 1-3/HPF |
| Sediment   | Nil        | Epithelial  | 2-3/HPF |

#### CHEMICAL EXAMINATIONCASTS / LPF

|              |        |            |     |
|--------------|--------|------------|-----|
| Reaction     | Acidic | R B C      | Nil |
| Albumin      | NIL    | W B C      | Nil |
| Sugar        | NIL    | Epithelial | Nil |
| Ex.Phosphate | Nil    | Granular   | Nil |
|              |        | Hyaline    | Nil |

#### ON REQUESTCRYSTALS & OTHERS

|              |          |                   |     |
|--------------|----------|-------------------|-----|
| Bile Salt    | Not Done | Urates            | Nil |
| Bile Pigment | Not Done | Uric Acid         | Nil |
| Ketones      | Not Done | Calcium oxalate   | Nil |
| Urobilinogen | Not Done | Amor. Phos        | Nil |
| B.J. Protein | Not Done | Hippurate crystal | NIL |

Checked By

Medical Technologis  
Radical Hospitals Ltd.

Dr. Sumaiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital



|                |                                                       |               |                 |
|----------------|-------------------------------------------------------|---------------|-----------------|
| Bill No        | DIA23060079                                           | Received Date | 04/06/2023      |
| Patient's Name | NAHID AL AMIN                                         |               |                 |
| Patient's Age  | 29Y 6M 13D                                            | Patient's Sex | Male            |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/8418 |
| Sample         | URINE                                                 |               |                 |

### DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

| Test Name | Result |
|-----------|--------|
|-----------|--------|

Drug Level of Urine

|                 |          |
|-----------------|----------|
| Cocaine         | Negative |
| Morphine        | Negative |
| Marijuana       | Negative |
| Barbiturates    | Negative |
| Amphetamines    | Negative |
| Phencyclidine   | Negative |
| Alcohol         | Negative |
| Benzodiazepines | Negative |
| Methadone       | Negative |
| Propoxyphene    | Negative |

Checked By

Medical Technologist  
Radical Hospitals Ltd.

Dr. Sumaiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

**DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No. : 23060079      Receive: Print: 04/06/2023  
 Patient's Name : **NAHID AL AMIN**  
 Age : 29 YRS      Sex : M  
 Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

**ELECTROCARDIOGRAM (E.C.G) REPORT**

Rate : 90 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.



**Dr. Debashish Paul**

MBBS, MD (Cardiology)

Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

ID: 0078

04-06-2023 12:34:06

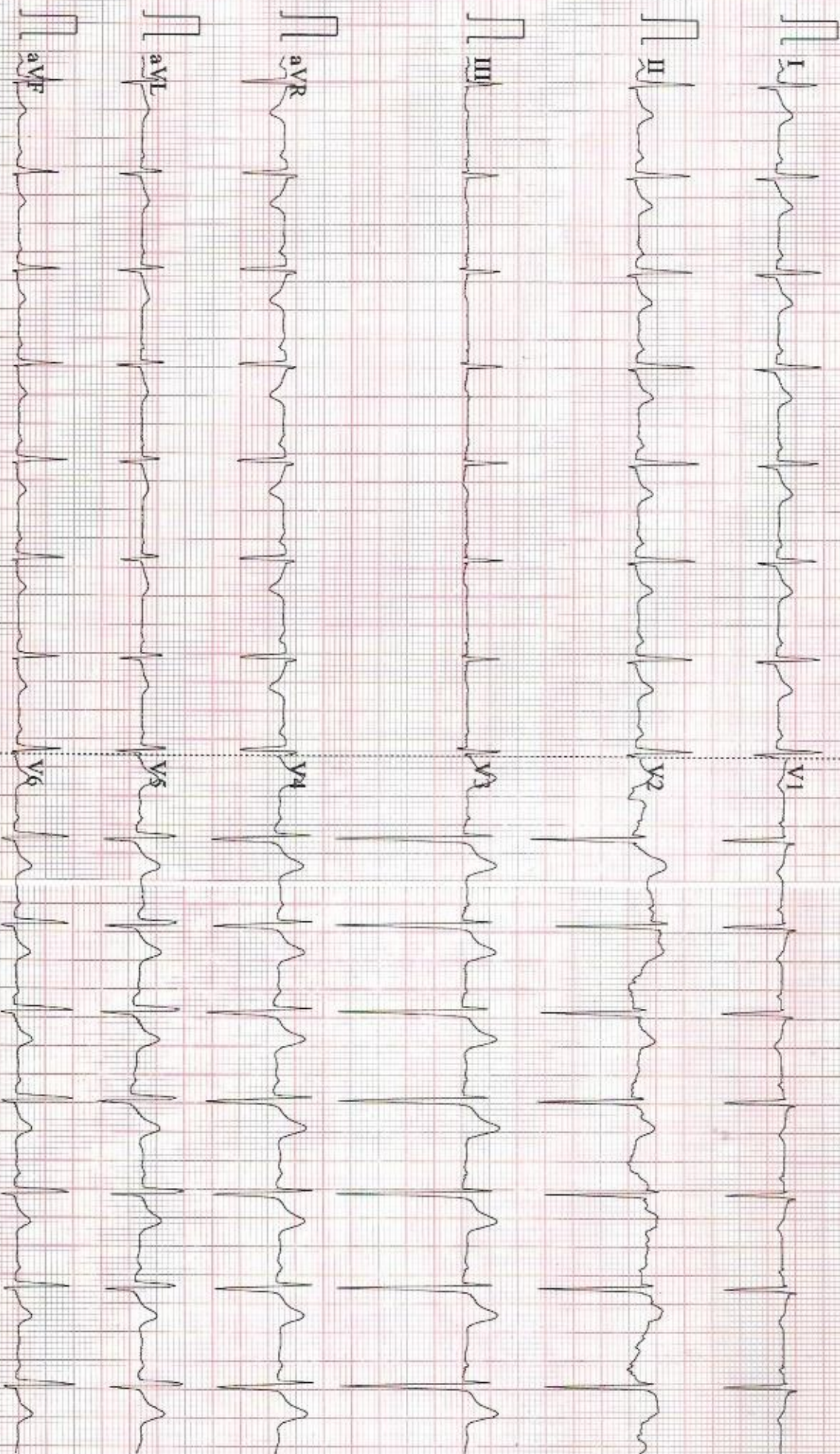
*Wahid Ramin*  
29 Years

|         |               |     |
|---------|---------------|-----|
| HR      | : 90          | bpm |
| P       | : 102         | ms  |
| PR      | : 144         | ms  |
| QRS     | : 80          | ms  |
| QT/QTc  | : 338/414     | ms  |
| P/QRS/T | : 39/64/27    | °   |
| RV5/SV1 | : 0.746/1.064 | mV  |

## Diagnosis Information:

Sinus rhythm  
rSr(V1) - probable normal variant  
Normal ECG

Report Confirmed by:



**DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No. : 23060079 Receive: 04/06/2023 Print: 04/06/2023  
Patient's Name : **NAHID AL AMIN**  
Age : 29 Yrs Sex : M  
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

**X-RAY OF CHEST (DIGITAL)**

**Diaphragm** : Both hemidiaphragm are normal in position.  
C-P angles are clear.

**Heart** : Normal in T.D.

**Lung** : Lung fields are clear.

**Bony thorax** : Reveals no abnormality.

**Comments** : Normal chest skiagram.

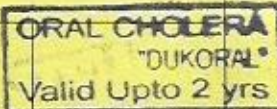


**Prof. Dr. Md. Mojibor Rahman**  
MBBS, DMRD (Radiology & Imaging)  
Head of the Department (Radiology & Imaging)  
Sylhet Women's Medical College Hospital

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION  
AGAINST CHOLERA  
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION  
CONTRE LE CHOLERA**

This is to certify that JE Soussigne' (e) certifie que Noted date of birth 22.11.1993 Sex MALE  
AL Amin no' (e) le 22.11.1993 sexe  
Whose signature follows dont la signature suit NAAM AL AMIN

has on the Date indicated been vaccinated or revaccinated against cholera  
a e'te' vaccine (e) ar revaccine' (e) contre le fièvre jaune a la date indiquée.

|                            |                                                                                                                                                                                                                                                                               |                                                                                                                                                                      |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Date<br><b>04 JUN 2023</b> | Signature and professional Status of Vaccinator<br>Signature et qualite professionnelle vaccinateur                                                                                                                                                                           | Approved Stamp<br>Cachet d'authentification                                                                                                                          |
| 2                          | <br><b>DR. MIR. MD. RAIHAN</b><br>MBBS (DU), DPM, CCD (Birdem), PGT (Opht)<br>BMDC A-55144, MMC-BGD-016<br>DG Shipping Bangladesh Approved<br>General Physician<br>Radical Hospitals Limited |   |
| 3                          |                                                                                                                                                                                                                                                                               |                                                                                                                                                                      |
| 4                          |                                                                                                                                                                                                                                                                               |                                                                                                                                                                      |

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the event of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.  
Any amendment of this certificate or erasure or failure to complete any part of it. May render it invalid.

La validite de ce certificat couvre une periode de six mois commençant six jours après la première injection du vaccin ou, dans le cas d'une revaccination, au cours de la période de six mois suivant cette revaccination.

Nonobstant les dispositions ci-dessus dans le cas d'un pèlerin le présent certificat doit faire mention de deux injections pratiquées à sept jours d'intervalle et sa validité commence le jour de la seconde injection.

Le cachet d'authentification doit être conforme au modèle présent par l'administration sanitaire du territoire où la vaccination est effectuée.

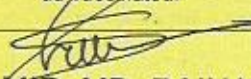
Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qui il comporte ne peut être effectuée valablement.

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION  
AGAINST YELLOW FEVER  
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION  
CONTRE LA FIEVRE JAUNE**

This is to certify that Nahid AL date of birth 22-11-1993 Sex MALE  
JE Soussigne' (e) certifie que Amin no' (e) le \_\_\_\_\_ sexe \_\_\_\_\_

Whose signature follows NAHID AL AMIN  
don't la signature suit \_\_\_\_\_

has on the Date indicated been vaccinated or revaccinated against cholera  
a e'te' vaccine' (e) ar revaccine' (e) contre le fievre jaune a la date indiquee.

| Date        | Signature and professional<br>Status of Vaccinator<br>Signature et titre<br>du vaccinateur                                                                                                                                                                              | Manufacturer<br>and batch<br>no of vaccine<br>Fabricant du<br>vaccin et nume'<br>ro du lot | Official stamp of vaccinating centre<br>Cachet officiel du centre de vaccination  |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| 04 JUN 2023 | <br><b>DR. MIR. MD. RAIHAN</b><br>MBBS (DU), DFM, CCD (Birm), PGT (Ophth)<br>BMDC A-55144, MMC-BGD-016<br>JG Shipping Bangladesh Approved<br>General Physician<br>Rajshahi, Bangladesh |           |  |
| 1           |                                                                                                                                                                                                                                                                         |                                                                                            |                                                                                   |
| 2           |                                                                                                                                                                                                                                                                         |                                                                                            |                                                                                   |
| 3           |                                                                                                                                                                                                                                                                         |                                                                                            |                                                                                   |
| 4           |                                                                                                                                                                                                                                                                         |                                                                                            |                                                                                   |

This certificate is valid only if the vaccine used has been approved by the world health organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within such period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

Ce certificat n'est valable que si le vaccin employe" a e'te' approuve" par l'organisation Mondiale de la sante" et si le centre a" uailifiaie" ae" t'c'tra6fiiiie pali-aminsralion sanitaire du (erriloire dans lequel ce centre est situe').

La validite' de ce certificat couvre une pe'riode de dix ans comencant dix jours aprs la date de la vaccination ou, dans le cas d'une reiaaccinaion u. ou., a. -cittc lie, lio, i. a" dix ans. lejour de cette revaccination.

Ce certificat do it e'tre signe' uq1 un me'decin de sa propre main, son cachet officiel ne pouvant e'tre conside' comme tenant lieu de signature.

Toute e'rection ou rature sur le certificat ou l'omission d' une quelconque des mentions qu'il

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING  
GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH



Form No: SMC

SL NO.

04.2023.4123

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:

Name: Last AL AMIN First NAHID Middle \_\_\_\_\_  
Gender: (Male/Female) MALE Nationality: BANGLADESHI Date: 04-06-2023 04 JUN 2023  
Occupation: Deck/Engine/Catering/Other (specify) ENGINE Rank: YE  
Father's/ Husband's name: A KABIR KHAN C.D.C No. C10/8418  
Mother's Name: NURUN NAHAR Seaman ID No. 050007336  
Address: House No. \_\_\_\_\_ Street/ Road No. \_\_\_\_\_ Passport No. EB0592322  
Locality/Village: BAJEPTOVATORA NID No. 3739425449  
P.O. GORPARA Date of Birth: 22-11-1993  
P.S. MANIKGANJ SADAR (DD/MM/YYYY)  
District: MANIKGANJ

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:

I am duly authorized by the Department of Shipping, Government of the People's Republic of Bangladesh and confirm the followings:

1. Confirmation that identification documents were checked at the point of examination ☒ YES/NO
2. Hearing meets the standards in section A-I/9 ☒ YES/NO
3. Unaided hearing satisfactory? ☒ YES/NO
4. Visual acuity meets standards in section A-I/9? ☒ YES/NO
5. Colour vision meets standards in section A-I/9? ☒ YES/NO

Date of last colour vision test

☒ 04 JUN 2023

6. Fit for lookout duties? ☒ YES/NO
7. Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for service or to render the health of any other persons on board? ☒ YES/NO
8. Any limitations or restrictions on fitness? ☒ YES/NO

If YES, specify limitations or restrictions:

Duties:

Location/Vessel:

Medical/Other:

**RADICAL HOSPITAL LIMITED**  
Uttara, Dhaka, Bangladesh

9. Medical fitness category :

☒ Fit-No restriction

☐ Fit-Subject to restrictions

☐ Unfit

10. Date of examination/Issue (DD/MM/YYYY) 04 JUN 2023

11. Date of expiry (DD/MM/YYYY) 03 JUN 2025 "No more than 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

NAHID AL AMIN  
Seafarer's Signature



DR. MIR. MD. RAIHAN  
MBBS (DU), DFM, CCD (Biderm), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited  
Name & Signature of the practitioner:

## MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

- All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

- An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

- Deck/Navigation officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

- Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmissible by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigation officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

### IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

### DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1):

**1. Complete physical Examination.**

**2. Pathological Examination:**

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

  
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