

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR. MIR MD. RAIHAN MBBS, (DU), DFM

RADICAL HOSPITAL LIMITED,

35 SHAH MAKDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical_hospitals@yahoo.com

Name: MD RIFON MIA Sex: M Serial No: _____
 Date of Birth: 03/02/2000 PP/CDC: CVD11063 Rank: Engine Cadet
 Vessel: EMERALD LEADER Type: Vehicle Carrier Route: _____
 Home Address: VIII: SHALABAHA, P.O.: PACHARATA, P.S.: GHATAIL, DIST: TANGAIL

Company Name: WALLEN SHIPMANAGEMENT

Medical History Please answer the following to the best of your knowledge.

Is there any past / present history of any of the following	Candidate Declaration		Examiner Record			Candidate Declaration		Examiner Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-sided headaches (Migraine)					Hemia / Hydrocoele / Appendicitis				
Head Injury / Concussion / Loss of Memory					High / Low blood pressure / Heart disease				
Fits / Epilepsy / Dizziness / Fainting					Asthma / Bronchitis / Tuberculosis				
Eye / Vision Problems (Glasses, etc)					Allergy / Skin disease				
Hearing Impairment					Infection / Contagious Disease				
Ear / Nose / Throat problems					Addiction to alcohol / drugs / tobacco				
Stomach / Bowel disorders					Fracture / Dislocation / Injury / Amputation				
Gall stones / Kidney disorders					Major / Minor Operation				
Jaundice / Liver Disease					Diabetes				
Piles / Varicose veins					Nervous / Mental disease / Sleep disorder				
Blood Disorder					Malignant disease (Cancer)				
Female Disorder					Signed off on medical grounds / Declared Unfit				

Notes

Medical Examination

Height	Weight in Kgs	Chest Insp-Exp	Blood Pressure in mm of Hg	Pulse-Beats / min	Resp Rate / min	General Condition							
165cm	62kg	43-41	120/80 mmHg	78b/min	19b/min	Good							
Distant Vision	Uncorrected	Corrected	Field of Vision	Audiometry	Hz	500	1000	2000	3000	4000	5000	6000	8000
Right Eye	6/6		Normal	Right Ear	dB	20	20	20					
Left Eye	6/6		Normal	Left Ear	dB	20	20	20					
Colour Vision	Ishihara	Other	Normal	Hearing	Right Ear								
			Normal		Left Ear								

Systemic Examination	Normal	Abnormal	Notes	Normal	Abnormal
Head & Neck			FIT FOR SEA SERVICE AS AS PER MLC 2006 Enhanced GARD Medicals done	Respiratory system	
Eyes				Cardiovascular system	
Ears / Nose / Throat				Per Abdomen	
Teeth / Oral Cavity				Genito-urinary system	
Musculo-Skeletal system				Others	
Nervous system				Hemia / Hydrocoele	
Reflexes				Varicose Veins	
Skin				Fissure/Fistula/Piles	

Investigations

Blood	Result	Normal	Urine
Hemoglobin	14.5 gm%	14-16 gm %	Colour
Total WBC count	6,400 cu.mm	4000-11000 / cu.mm	Specific Gravity
Neu % Lymph	40 %	40-60 %	pH
Malarial parasite	Not found		Albumin
ESR	10 mm / 1st hour	1-15 mm / hr	Sugar
SGPT	22 U/L	9-43 U/L	Bile pigment
S.Cholesterol	184 mg/dl	145-260 mg / dl	Bile salts
S.Triglycerides	114 mg/dl	upto 200 mg / dl	Occult blood
Blood Sugar	RBS 4.8 PPBS	upto 125 mg %	RBC cells
HbsAg	Not found		Leucocytes
HIV I & II	Not found		Others
VDRL	Not found		
Others			
Blood Group	O+ve		

ECG: Normal	TMT: ND	Drugs of Abuse: Negative	USG: Normal
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Result of Medical Examination

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr. MIR MD Raihan, hereby declare the examinee medically Fit Unfit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months.

Remarks / Recommendations

I, Doctor's Name: DR. MIR MD. RAIHAN certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate

This certificate is valid till: 27 JUL 2025

Candidate's Signature: [Signature]

Date: 28 JUL 2023



Doctor's signature:
DR. MIR MD. RAIHAN
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipping Bangladesh Approved
 General Physician
 Radical Hospitals Limited.

04.2023.4484

Annex III: Draft Format of a Seafarer Medical Certificate**SEAFARER MEDICAL CERTIFICATE**(issued under the authority of authorising country details.)

This Medical Certificate has been issued in accordance with the provisions of the (International Convention on Standards of Training, Certification and Watch-keeping for Seafarers STCW 1978, as amended (STCW) Regulation I/9, Maritime Labour Convention 2006 (MLC 2006) Regulation 1.2 and regulation xxx of the authorising country)*as applicable

SEAFARER INFORMATION

Surname: MIA	Given Name (s): MD RAPON	
Date of Birth (dd/mm/yyyy): 03-FEB-2000	Nationality: BANGLADESHI	Gender: MALE Male/Female
ID Document no:		
Capacity that the seafarer will serve onboard serve in: Deck: Engineer GMDSS Rating Catering Other		

DECLARATION OF APPROVED MEDICAL PRACTITIONER**

I confirm that identification documents were checked: YES / NO	
Does the seafarers hearing meet medical standards*?	YES / NO
Is unaided hearing satisfactory*?	YES / NO
Vision acuity meets medical standards*?	YES / NO
Colour vision meets standard*?	YES / NO
Date of last colour vision test? (dd/mm/yyyy) 28 JUL 2023	
Is the seafarer fit for lookout duties: YES/NO/Not applicable	
Is the seafarer free from any medical condition likely to be aggravated by service at sea or render the seafarer unfit for such service or to endanger the health of other persons on board? YES/NO	
Is the seafarer fit for service? YES/ NO	
Are there any limitations or restrictions on fitness? If so specify the limitation. NO	



I hereby confirm that the medical examination has been carried out in accordance with the ILO/IMO Guidelines on the Medical Examinations of Seafarers and the national guidelines of the authorising Administration.

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDA A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited.

Name of Approved** Medical Practitioner: _____

Signature of Approved** Medical Practitioner: _____

Date of Examination (dd/mm/yyyy) : 28 JUL 2023

Stamp/Seal



Expiry date of certificate (dd/mm/yyyy): 27 JUL 2025

SEAFARER ACKNOWLEDGEMENT

I Name of seafarer confirm that I have been informed of the content of certificate and the right to get a review***.

Signature: _____

Date: (dd/mm/yyyy) 28 JUL 2023

* For persons who are assigned shipboard safety, security or environmental protection duties, the medical standards referenced on the certificate are the standards as specified in STCW Regulation I/9 and any other standards as specified by the authorizing Administration. For any other persons serving onboard, the medical standards shall be as specified by ILO and the authorizing Administration.

** The Medical Practitioner shall be approved by the national Administration, after inspection of medical facilities/recordkeeping, to carry out STCW/ILO medical examination.

*** The review shall be carried out by a body/Medical Practitioner authorized by national Administration and this information should be made available to the seafarer



Annex II - Medical Examination Form

CONFIDENTIAL FORM

Pre-sea Exam ☒ Periodic Exam ☐Name (last, first, middle): MIA MD RAPONDate of birth (day/month/year): 03 / 02 / 2000 Sex: ☒ male ☐ femaleNationality: BANGLADESHIHome address: TANGAIL Identity document No.: VEHICLES CARRIERType of ship (e.g. container, tanker, passenger, fishing): VEHICLES CARRIERTrade area (e.g., coastal, tropical, worldwide): WORLDWIDE**Examinee's personal declaration***(Assistance should be offered by medical staff)*

Have you ever had any of the following conditions:

Condition	Yes	No	Condition	Yes	No
1. Eye/vision problem	☐	☒	18. Sleeping problems	☐	☒
2. High blood pressure	☐	☒	19. Do you smoke?	☐	☒
3. Heart/vascular disease	☐	☒	20. Operation/surgery	☐	☒
4. Heart surgery	☐	☒	21. Epilepsy/seizures	☐	☒
5. Varicose veins	☐	☒	22. Dizziness/fainting	☐	☒
6. Asthma/bronchitis	☐	☒	23. Loss of consciousness	☐	☒
7. Blood disorder	☐	☒	24. Psychiatric problems	☐	☒
8. Diabetes	☐	☒	25. Depression	☐	☒
9. Thyroid problem	☐	☒	26. Attempted suicide	☐	☒
10. Digestive disorder	☐	☒	27. Loss of memory	☐	☒
11. Kidney problem	☐	☒	28. Balance problem	☐	☒
12. Skin problem	☐	☒	29. Severe headaches	☐	☒
13. Allergies	☐	☒	30. Ear/nose/throat problems	☐	☒



- | | | | | | |
|------------------------------------|--------------------------|-------------------------------------|----------------------------|--------------------------|-------------------------------------|
| 14. Infectious/contagious diseases | ☐ | ☒ | 31. Restricted mobility | ☐ | ☒ |
| 15. Hernia | ☐ | ☒ | 32. Back problems | ☐ | ☒ |
| 16. Genital disorders | ☐ | ☒ | 33. Amputation | ☐ | ☒ |
| 17. Pregnancy | ☐ | ☒ | 34. Fractures/dislocations | ☐ | ☒ |

If any of the above questions were answered "yes," please give details.

Additional questions

- | | Yes | No |
|---|-------------------------------------|-------------------------------------|
| 35. Have you ever been signed off as sick or repatriated from a ship? | ☐ | ☒ |
| 36. Have you ever been hospitalized? | ☐ | ☒ |
| 37. Have you ever been declared unfit for sea duty? | ☐ | ☒ |
| 38. Has your medical certificate ever been restricted or revoked? | ☐ | ☒ |
| 39. Are you aware that you have any medical problems, diseases or illnesses? | ☐ | ☒ |
| 40. Do you feel healthy and fit to perform the duties of your designated position/occupation? | ☒ | ☐ |
| 41. Are you allergic to any medications? | ☐ | ☒ |

Comments.

FIT FOR DUTY ON BOARD SHIP

42. Are you taking any non-prescription or prescription medications? ☐ ☒



If yes, please list the medications taken and the purpose(s) and dosage(s).

I hereby certify that the personal declaration above is a true statement to the best of my knowledge.

Signature of examinee: [Signature] Date (day/month/year): 28 JUL 2023

Witnessed by: (Signature) [Signature] Name: (Typed or printed) **DR. MIR. MD. RAIHAN**
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipping Bangladesh Approved
 General Physician
 Radical Hospitals Limited.

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. _ (the approved medical practitioner carrying out the medical examinations).

Signature of examinee: [Signature] Date (day/month/year): 28 JUL 2023

Witnessed by: (Signature) [Signature] Name: (Typed or printed) **DR. MIR. MD. RAIHAN**
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
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Medical examination

☐ Pre-sea ☒ Periodic ☐ Other

Sight

Visual acuity						
Unaided			Aided			
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	
Distant	6/6	6/6	—			
Near	NS	NS	—			

Visual fields		
	Normal	Defective
Right eye	✓	
Left eye	✓	

Color vision: ☐ Not tested ☒ Normal ☐ Doubtful ☐ Defective

Hearing

Pure tone and audio metry (threshold values in dB)

	500 Hz	4,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz
Right ear	20	20	20			
Left ear	20	20	20			

Speech and whisper test (metres)

	Normal	Whisper
Right ear	4	4
Left ear	4	4

Height: 165 (cm) Weight: 62 (kg)

Pulse rate: 78 (/minute) Rhythm: Regular

Blood pressure: Systolic: 120 (mm Hg) Diastolic: 80 (mm Hg)



Urinalysis: Glucose: nil Protein: nil

	Normal	Abnormal		Normal	Abnormal
Head	☒	☐	Skin	☒	☐
Sinuses, nose, throat	☒	☐	Varicose veins	☒	☐
Mouth/teeth	☒	☐	Vascular (inc. pedal pulses)	☒	☐
Ears (general)	☒	☐	Abdomen and viscera	☒	☐
Tympanic membrane	☒	☐	Hernia	☒	☐
Eyes	☒	☐	Anus (not rectal exam.)	☒	☐
Ophthalmoscopy	☒	☐	G-U system	☒	☐
Pupils	☒	☐	Upper and lower extremities	☒	☐
Eye movement	☒	☐	Spine (C/S, T/S and L/S)	☒	☐
Lungs and chest	☒	☐	Neurologic (full brief)	☒	☐
Breast examination	☒	☐	Psychiatric	☒	☐
Heart	☒	☐	General appearance	☒	☐

Chest X-ray: ☐ Not performed ☒ Performed on (day/month/year): 28 / JUL / 2023

Results: Normal chest x-ray



Other diagnostic test(s) and result(s):

Test *Blood Pressure* Result *Normal*.

Medical practitioner's comments:

FIT FOR DUTY ON BOARD SHIPVaccination status recorded: ☒ Yes ☐ No**Assessment of fitness for service at sea**

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☒ Fit for look-out duty ☐ Not fit for look-out duty

Deck service

Engine service

Catering service

Other services

Fit ☐☒☐☐Unfit ☐☐☐☐Without restrictions ☒ With restrictions ☐

Describe restrictions (e.g., specific positions, type of ship, trade area)



Action taken by medical examiner (e.g., referral): _____

RADICAL HOSPITAL LIMITED

Place of examination: Uttara, Dhaka, Bangladesh

28 JUL 2023

Date of examination (day/month/year): ____ / ____ / ____

27 JUL 2025

Medical certificate's date of expiration (day/month/year): ____ / ____ / ____

Official stamp:



Signature of medical practitioner: _____

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited

Name of medical practitioner: (Typed or printed) _____

Authorized by: DG SHIPPING BANGLADESH



WALLEM	SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER In accordance with: STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended	Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 1 of 7
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Pre-Sea Exam: ☒	Periodic Exam: ☐	Other: ☐
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Examination for duty as: Master: Y/N: ☐ Deck Officer: Y/N: ☐ Eng Officer: Y/N: ☒ Ratings: Y/N: ☐ Cook: Y/N: ☐ Other: Y/N: ☐ Please specify _____	Fit to perform the duties he/she is to carry out.	Fit to perform the duties he/she is to carry out with the prescribed medicines which will not affect seafarer's health while onboard.	Temporarily unfit to perform the duties he/she is to carry out.	Permanently unfit to perform the duties he/she is to carry out.
	☐	☐	☐	☐

To be filled by Manning Centres

Name, Address with Contact details of Manning Centre:		WALLEM MUMBAI Valecha Chambers, Floor 1, Plot B-6, Andheri New Link Road, Andheri West +91 22 4099 4000	
Vessel to be assigned:	Routine & Emergency Duties (if known):	Position Offered/ Applied for:	
Type of vessel (Container, Tanker, Passenger etc):			
Trade area (e.g. Coastal, Tropical, Worldwide):	Coastal ☐ Tropical ☐ Worldwide ☐		

Part I - Examinee's Personal Declaration with Medical History

(Examinee is to answer the following to the best of examinee's knowledge)

(Assistance should be offered by medical staff)

In case of any wrongful Act or misrepresentation/ suppression of material fact(s) of information or infringement the concerned seafarer shall be fully responsible/ liable for the consequences/ damages / penalties as per the provisions or the applicable laws.

Examinee's Personal Details

Name of Examinee (Family/ last, first, middle):		MIA MD. RIFON	
Home/ Permanent Address:		TANGAIL, BANGLADESH.	
Mailing Address:			
Date of birth (day/month/year):	03 / 02 / 2000	Sex:	M
Place of Birth:	City: TANGAIL Country: BANGLADESH	Nationality:	BANGLADESH Rank: E/E
Civil Status:	SINGLE		
Identity Docs/ Passport / Discharge Book No:	010/11063		

Examinee's Medical History

Is there any past / present history of any of the following	Examinee Declaration		Examiner's Record		Is there any past / present history of any of the following	Examinee Declaration		Examiner's Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Loss of Consciousness/ Fits / Head Injury / Dizziness / Loss of Memory	☒	☐	☒	☐	Heart Disease (Cancer) including Lymphoma, Leukaemia and related conditions	☒	☐	☒	☐

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

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				Recurrence – especially Acute Complications, e.g. Harm to Self from Bleeding and to others from Seizures / Tumor			
Neuropsychiatric diseases or Depression/ Suicidal Tendency/ Psychosis				Stomach / Bowel Disorders/ Digestive Disorder			
Ear (Hearing, tinnitus) Problems / Impairment				Gall Stones/ Jaundice / Kidney Disorders			
Mental Diseases, Breakdown / Sleep Disorder				Severe/ Frequent/ One Sided Headaches (Migraine)			
Fractures / Dislocations / Injury / Amputation/ Restricted Mobility				Back / Joint Problems/ Wrist Problems/ Slipped Disc			
Eye/ Vision Problems (Whether using Glasses/ Contact lenses)				Hernia / Hydrocoele / Appendicitis			
Balance Problem				Piles / Varicose Veins			
Sinuses/ Nose/ Throat Problems				Allergies / Rash/ Skin Disease			
Thyroid Problem				Female Disorders			
High / Low Blood Pressure/ Blood Disorder				Major / Minor Operation/ Surgery			
Heart Disease, Surgery / Chest Pain/ Vascular Disease (inc. Pedal Pulses)				Contagious Diseases/ Gastrointestinal infection / Other Infections			
Chronic Cough/ Asthma / Bronchitis / Tuberculosis/				Sexually Transmitted Disease/ Infections			
Shortness of Breath				Addiction to Alcohol/Drugs/Cigarettes /Tobacco.			
Rheumatic Fever				Diabetes			
for Male Examinee	Yes	No	If "Yes", give details		for Female Examinee	Yes	No
Prostate Problems/ Testicular Lumps					Breast Lumps/ Menstrual Problems		
Penile Discharge					Pregnancy		
Multiple Partners					Multiple Partners		

If "Yes", to any of the above, please explain:

Additional questions :

	Yes	No
Have you ever been signed off on medical grounds, declared unfit or repatriated from a ship?		
Have you ever been hospitalized?		
Have you ever been declared unfit for sea duty?		
Has your medical certificate ever been restricted or revoked?		
Are you aware that you have any medical problems, diseases or illnesses?		
Do you feel healthy and fit to perform the duties of your designated position/occupation?		
Are you currently under a doctor's care/ medication?		
Are you allergic to any medications?		
Malaria, Typhoid, Viral fever (Dengue, Chikungunya, etc), Chicken Pox		
Liver diseases (Hepatitis A,B,C,D & E, Amoebic Abscess)		
Arthritis, Spondylosis (Osteoarthritis, Rheumatoid) & Gout		
In the last one week have you consumed any of these Drugs/ Medication		
Cough Syrup, Sleeping Tablets, Cold, Action 500 etc.		
Pain Killers, If Yes, Please State name of Drug Crocin/ Aspirin/ For etc.		
Corticosteroids, Anti-epileptic Drugs, Nasal Drops etc.		
Any Medicine/ Injections from your family Doctor		



SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS
CERTIFIED BY AN APPROVED EXAMINER

WALLEM

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To What Extent Do You Use: Alcohol: NI, Cigarettes: NI
 Tobacco: _____, Drugs: NI

Are you taking any non-prescription or prescription medications?

If yes, please list the medications taken and the purpose(s) and dosage(s).

Date and contact details for previous medical examination (if known):

Are you coming from or have travelled through high risk areas? If yes, please mention the names of countries that you have been to (including ports of call in your last vessel).

Family History :

	Yes	No
Diabetes		☒
Blood Pressure/ Heart Disease		☒
Mental Illness/ Epilepsy/ Seizure		☒
Cancer		☒

If "Yes", to any of the above, please explain:

Any other major conditions?

Would you say that your health is: **Excellent** * **Good** * **Fair** *

I _____ holding Passport/Seaman Book no. _____ hereby declare that I have made full disclosure of all of my medical history to the doctors and staff of this clinic. I am aware that the information supplied by me forms the basis upon which I will be offered employment as a seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and / or compensation which would otherwise be due to me under the Contract of Employment or under any Collective Bargaining Agreement. I also hereby consent to my medical records being made available upon demand to my employers and / or the owners and / or Insurers of the vessel or their authorized representatives. I hereby also certify that the personal declaration above is a true statement to the best of my knowledge and I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to

Dr. MR MD RATHI (the approved medical practitioner carrying out the medical examinations).

Signature of Examinee:

Date(day/month/year):

28 JUL 2023

Height in cms: <u>165</u>	Weight in Kg: <u>62</u>
BMI: <u>22.5</u>	Temperatures: <u>98.1</u>
Chest: Insp: <u>43</u>	Exp: <u>41</u>

Blood Pressure	Systolic <u>120</u> (mmHg)	Diastolic <u>80</u> (mmHg)
Pulse Rate:	<u>78</u> bpm	Respiratory rate <u>19</u> /min
Rhythm:		General Condition <u>Good</u>
Oral Health	<u>Good</u>	

Part II - Medical Examination

The Company has set the following BMI limits:

A seafarer with a BMI: 18 or below; or 30 or above is considered temporarily unfit.

For seafarers from Northern Europe, the Indian subcontinent, Russia, Ukraine & Romania with a BMI of between 30 and 35 and where this, in the Government (DGS) approved medical examiner's opinion, is attributable solely to physique with broad shoulders/large muscle bulk with main muscles clearly defined and not obscured by subcutaneous fat and no co-morbid complications (eg. Diabetes, Hypertension, Dyslipidemia etc), then the seafarer in question MUST undergo a stress/ treadmill test.

If the results of the stress/ treadmill test are average or above, seafarer can be considered "fit to work", however, the seafarer MUST always be counselled on weight loss and ways/means to improve their health.

BMI MUST also be taken into consideration during the seafarer's pre-employment medical examination and it is the responsibility of each manning centre to instruct their accredited clinic(s) to ensure that a seafarer's BMI is taken during the medical examination, the Company standards applied and if outside the limits, the manning centre must be notified, who will then seek further guidance from the Crewing Dept.

Visual acuity					
Unaided			Aided		
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
<u>6/6</u>	<u>6/6</u>	<u>6/6</u>	<u>6/6</u>	<u>6/6</u>	<u>6/6</u>

Visual fields		
Right eye	Normal	Defective
	☒	☐

WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS

CERTIFIED BY AN APPROVED EXAMINER

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Distant	6/6	6/6	✓					Left eye	✓	✓
Near	N5	N5	✓							

Are glasses or contact lenses necessary to meet the required vision standard? Yes / No

If yes, specify which type and for what purpose:

Colour vision:

Date of last colour vision test:		Type:	Book *	Lantern *	Ishihara *	CIE-43-2001 *			
Check if colour test is Normal:	Yellow	*	Red	*	Green	*	Blue	*	
Colour Vision:	Not tested	*	Normal	*	Doubtful	*	Defective	*	

Hearing:

Pure tone and audiometry (threshold values in dB)						
Audiometry	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz
Right ear	20	20	20			
Left ear	20	20	20			

Speech and Whisper Test (Meters)		
	Normal	Whisper
Right ear	4	4
Left ear	4	4

Speech (Deck/Navigational Officer): Is speech unimpaired for normal voice communication?

	Normal	Abnormal		Normal	Abnormal
Head	✓		Varicose Veins	✓	
Eyes	✓		Vascular (Inc. Pedal Pulses)	✓	
Eye Movement/Pupils	✓		Abdomen and Viscera	✓	
Ophthalmoscopy	✓		Hernia	✓	
Ears, Tympanic Membrane	✓		Anus (Not Rectal Exam.)	✓	
Sinuses, Nose, Throat	✓		G-U System	✓	
Mouth/Teeth/Gums	✓		Upper & Lower Extremities	✓	
Nervous System	✓		Spine (C/S, T/S and L/S)	✓	
Heart	✓		Neurologic (Full Brief)	✓	
Lung and Chest	✓		Psychiatric	✓	
Breast Examination	✓		Pupils	✓	
Skin	✓		Musculoskeletal System	✓	

Cardiovascular System:

	Normal	Abnormal		Normal	Abnormal
Ischaemic Heart Disease	✓		Hypertension	✓	
Dysrhythmia/ Pacemaker	✓		Congenital Heart Disease	✓	
Valvular Heart Disease	✓		Peripheral Circulation	✓	
Cardiomyopathy	✓		Pulmonary Circulation/ TB	✓	
Aneurysms	✓				

Chest X-ray (PA) Not performed *
Performed * on (day/month/year):

Result: Normal chest X-ray.

Other diagnostic test(s) and result(s):

Test: Result:

Investigation:

Blood	Result	Normal	Result	Additional Tests	Result	Normal
Haemoglobin "Hb"	14.5 g/dl	13 - 18 gm/dl	Nil	(HbA1c)	4.8	4.0 % - 6.5 %
Total WBC count	6400 / cu.mm	4,000 - 11,000 / cu.mm	Nil	RBS/ FBS (Blood test)	4.8	

WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS

CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant
Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

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Neu <u>73</u> %, Lymph <u>20</u> %, Eos <u>02</u> %, Baso <u>0</u> %, Mo <u>02</u> %			pH		Total Bilirubin		0.1 - 1.0 mg/dl	
Blood Group & Rh factor (tested only once, need not be repeated)			Albumin		Direct Bilirubin		0.0 - 2.5 mg/dl	
BI ESR	<u>10</u>	1 - 15 mm / hr	Sugar		Indirect Bilirubin		0.0 - 0.75 mg/dl	
Platelets	<u>219000</u>	1.50-4.00 Lakh/ul	Bile Pigment		SGPT		9 - 43 U / L	
Fasting Lipid Profile			Bile Salt		SGOT		0 - 40 IU/L	
S. Triglycerides	<u>113</u>	25-200 mg/dl	Occult Blood		SGGT		0 - 49 IU/L	
Cholesterol Serum	<u>134</u>	130-220 mg/dl	RBC Cells		Blood Urea		10 - 50 mg/dl	
HDL Cholesterol Serum	<u>44</u>	35-65 mg/dl	Leucocytes		S. Creatinine		0.8 - 1.4 mg/dl	
LDL Cholesterol Serum	<u>87</u>	85-150 mg/dl	Stool Test		BUN		5-23 mg/dl	
VLDL Cholesterol Serum	<u>mm</u>	07-35 mg / dl	Result		PSA		Less than 4.00 ng/ml	
Total / HDL Cholesterol	<u>mm</u>	3.0-5.0	Bacteriological		Malarial Parasite		0 - 100 / L	
LDL / HDL Cholesterol	<u>mm</u>	2.5-3.5	Parasitological		Uric Acid		2.4 - 7.5 mg/dl	
Hepatitis B	Positive	Negative	Others					
Hepatitis C	Positive	Negative	HIV I & II					
			VDRL					

Drugs: Method:

Results:

Negative

Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids Urine *	Cocaine / Urine *	Opiates & Morphine *
Cut Off Limit	(1000 ng/ ml)	(200 ng/ ml)	50 ng/ ml	(300 ng/ ml)	
Not Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids / Urine *	Cocaine / Urine *	Opiates & Morphine *
Spirometry	<u>N/D</u>	TMT	<u>N/D</u>	Drugs of Abuse	<u>Negative</u>
ECG	<u>Normal</u>	ECHO	<u>mm</u>	Ultrasound (USG) of the Abdomen & Pelvis	<u>Normal</u>

Part III - Result of Medical Examination

Is applicant vaccinated in accordance with WHO requirements? Yes / No

Vaccination status recorded: Yes / No Satisfactory * to be renewed *

Describe restrictions (e.g. specific positions, type of ship, trade area):

Action taken by medical examiner (e.g. referral):

Examination	Results of the examination		Examination	Results of the examination	
	Pass	Fail		Pass	Fail
Medical History	<u>✓</u>		Food service/ handlers	<u>✓</u>	



WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant
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Physical Examination	/	Hep B Antigen	/
Dental Examination	/	Hep C Antibodies	/
Psychological Test	/	Stress Test	/
Visual Test	/	Diabetes	/
Colour Vision	/	Ultrasound Examination (Presence of gall & Kidney Stones)	/
Audiometry	/	Alcohol/ Drug Test	/
EKG	/	2D echo Doppler study (for heart patient) Psychometric evaluation	/

If failed in any above mentioned examinations and examinations report attached to this form, please provide reasons with examination number:

This examinee is certified free of communicable disease (or viruses for cooks) : Yes / No

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12- Guidelines on the Medical Examinations of Seafarers and also Merchant Shipping (Medical Examination) Rules by the Government (DGS), as amended from time to time. On the basis of the examinee's history, personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is -

- (a) that the hearing meets the required standards for his / her rank and detect any audible alarms/ Unaided hearing is satisfactory
- (b) Visual acuity meets the required standards for his/her rank /Colour Vision meets the required standard (testing only required every 5 years unless considered necessary)/ that he / she is fit / unfit for look out duty
- (c) that he / she needs / does not need visual aids / informed to carry spares
- (d) that he/she is/is not taking regular medication & seafarer does /does not require to take same during his tenure onboard vessel that he/she is/is not taking any medication that has side effects that will impair judgment, balance, or any other requirements for effective and safe performance of routine and emergency duties onboard?
- (e) that the seafarer is not suffering from any disease, medical condition, disorder or impairment which renders him/her that will prevent the effective and safe conduct or likely to be aggravated by, or unfit for, routine and emergency service at sea or likely to endanger the health of other persons onboard ships.

	Deck service	Engine service	Catering service	Other services (training/ examination)
Fit:	*	*	*	*
Unfit:	*	*	*	*

this seafarer is **UNFIT FOR DUTY**** / **FIT FOR DUTY** with/ without restrictions* as mentioned below,

* This Medical Certificate is issued with following restrictions (e.g., specific position, type of ship, trade area & other as applicable) :

** Reasons for being unfit

FIT FOR DUTY ON BOARD SHIP

This is to certify _____ was physically examined and he/she is found to be **FIT** for sea service/ look-out duty for the period from **28 JUL 2023** to **27 JUL 2025** Date of medical examination: **28 JUL 2023** Medical certificate validity date (day/month/year): **27 JUL 2025** Name of Examiner (Please Print): _____

(Validity should not be more than 2 years)

Degree: _____

Address: _____

Tel./Fax/Email: _____

Name of Medical Examiner/ Physician Certificate /License Issuing Authority: _____

Date of issue of Medical Examiner/Physician Certificate/ License: _____

Registration No.: _____

Examinee's Signature

(This signature is affixed in the presence of the Medical Examiner (print name of medical examiner if not legible) and I acknowledge that I have been advised of the content of the medical certificate & its implications)



Official Stamp & Signature with Govt. (DGS) Approval/

No. DR. M. R. M. Medical Examiner
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS
CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant
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right to a review in accordance with paragraph (6) of section A-I/9 of STCW
Code and my obligations.)

Date: **28 JUL 2023**

Original: Master & Crewing Dept

cc: Seafarer

Remark: This form is to be uploaded in Crew Management System, Medical tab by the Manning centre.



Id No : 0987 **Date** : 28-Jul-2023 **D.Date** : 28-Jul-2023
Patient's Name : MD RIPON MIA **Age** : 23Y 5M 25D **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM **CDC NO:** C/O/ 11063

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	14.5 gm/dl	M:13-18 gm/dl, F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	10 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	6,400 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	73 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	20 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	05 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	128 /cumm	50-450/cumm
Total RBC Count	5.80 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	46.4 %	M: 40-54%, F:37-47%
MCV	80.0 fL	76 - 94 fL
MCH	30.3 pg	27 - 32 pg
MCHC	37.9 g/dL	29 - 34 g/dL
RDW	13.0 %	11 - 16 %
RDW	6.4 %	35 - 56 %
Total Platelete Count (PC)	2,13,000 /cumm	150,000-450,000/cumm
MPV	8.5 fL	7.0 - 11.0 fL
PCT	0.020 %	0.1 - 0.1 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %

Checked By
Medical Technologist

Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

Bill No	DIA23070987	Received Date	28/07/2023
Patient's Name	MD RIPON MIA		
Patient's Age	23Y 5M 25D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		
Sample	Blood	CDC NO:C/O/11063	

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	4.8 mmol/l	4.2 – 6.4 mmol/l
Serum Creatinine	1.0 mg/dl	0.3 - 1.3 mg/dl
HbA1C	4.8 %	4.0- 6.0 %
Serum (BUN)	29 mg/dl	7-23 mg/dl
Total Protein	7.1 g/dl	6.3-7.9 g/dl
GGT	33 U/L	Adult Males : <55
Uric Acid	4.1 mg/dl	3.8 - 8.0 mg/dl
Liver Function Test		
Serum Bilirubin (Total)	0.9 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	21 U/L	Up to 40 U/L
Serum AST (SGOT)	29 U/L	Up to 37 U/L
Serum Alkaline Phosphatase	128 U/L	98 - 279 U/L
Lipid profile		
Serum Cholesterol	134 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	44 mg/dl	>35 mg/dl
Serum Triglyceride	114 mg/dl	upto 220 mg/dl
Serum LDL- Cholesterol	87 mg/dl	<130 mg/dl

Checked By

Medical Technologist
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
M BBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23070987	Received Date	28/07/2023
Patient's Name	MD RIPON MIA		
Patient's Age	23Y 5M 25D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/11063		
Sample	Blood		

SEROLOGICAL REPORT

Test Name

Result

HIV 1 & 2 (Method : (ICT)	Negative
HBsAg (Method : (ICT)	Negative
HCV (Method : (ICT)	Negative
VDRL	Non-reactive

BLOOD GROUPING Result

ABO Blood Group	"O" (-ve)
Rh(D)Factor	Negative

Checked By

Medical Technologist
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23070987	Received Date	28/07/2023
Patient's Name	MD RIPON MIA		
Patient's Age	23Y 5M 25D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/11063
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result
-----------	--------

Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23070987	Received Date	28/07/2023
Patient's Name	MD RIPON MIA		
Patient's Age	23Y 5M 25D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/11063
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	R B C	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	2-3/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	R B C	Nil
Albumin	NIL	W B C	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

 Medical Technologist
Radical Hospitals Ltd.

 Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Date: 28/07/2023

EYE EXAMINATION REPORT

NAME:	MD RIPON MIA		
AGE:	23 YRS	RANK: E/CDT	CDC NO: C/O/11063

VISUAL ACUITY: RIGHT LEFT

UNAIDED

6/6

6/6

AIDED

COLOUR VISION: NORMAL / BLIND

OPINION : UNFIT / ☒ FIT FOR EMPLOYMENT ON BOARD



Dr. Mir Md. Raihan
MBBS, PGT (Ophthalmology)
Assistant Registrar (EX)
East west Medical College & Hospital

Patient's Name	:	MD RIPON MIA	ID NO	:	23070987
Age	:	23 Yrs	Date	:	28/07/2023
Sex	:	Male			
Referred by	:	Dr. Mir Md. Raihan - MBBS (DU), DFM			
Nature of Specimen	:				

Dental Examination Reports

On Examination

1. Dental Caries : Absent
2. Calculus : Absent
3. Missing : Absent
4. Gum Condition : Normal
5. Filling : No
6. Root Canal Treatment : No
7. Any Bridge/Denture/Crown : No
8. Oral Hygiene : Normal

Comments : Normal


Dr. Mir Md. Raihan
MBBS (DU,) CCD (Birdem), PGT (ophth)
Reg- A55144 BGD-016(MMC)
DG Shipping Bangladesh Approved
Malaysian Medical Council Approved
General Physician
Radical Hospitals Limited

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23070987 Receive: 28/07/2023 Print: 28/07/2023
Patient's Name : MD RIPON MIA
Age : 23 Yrs Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS, (DU), CCD(BIRDEM), PGT(Eye), DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.


Prof. Dr. Md. Mojibor Rahman
MBBS, DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23070987 Receive: Print: 28/07/2023
 Patient's Name : **MD RIPON MIA**
 Age : 23 YRS Sex : M
 Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 83 b/min
 Rhythm : Regular
 P-Wave : Normal
 P-R Interval : Normal
 QRS Complex : Normal
 ST. Segment : Is electric
 T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul
 MBBS, MD (Cardiology)
 Associate Professor
 Department of Cardiology
 Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

ID: 002

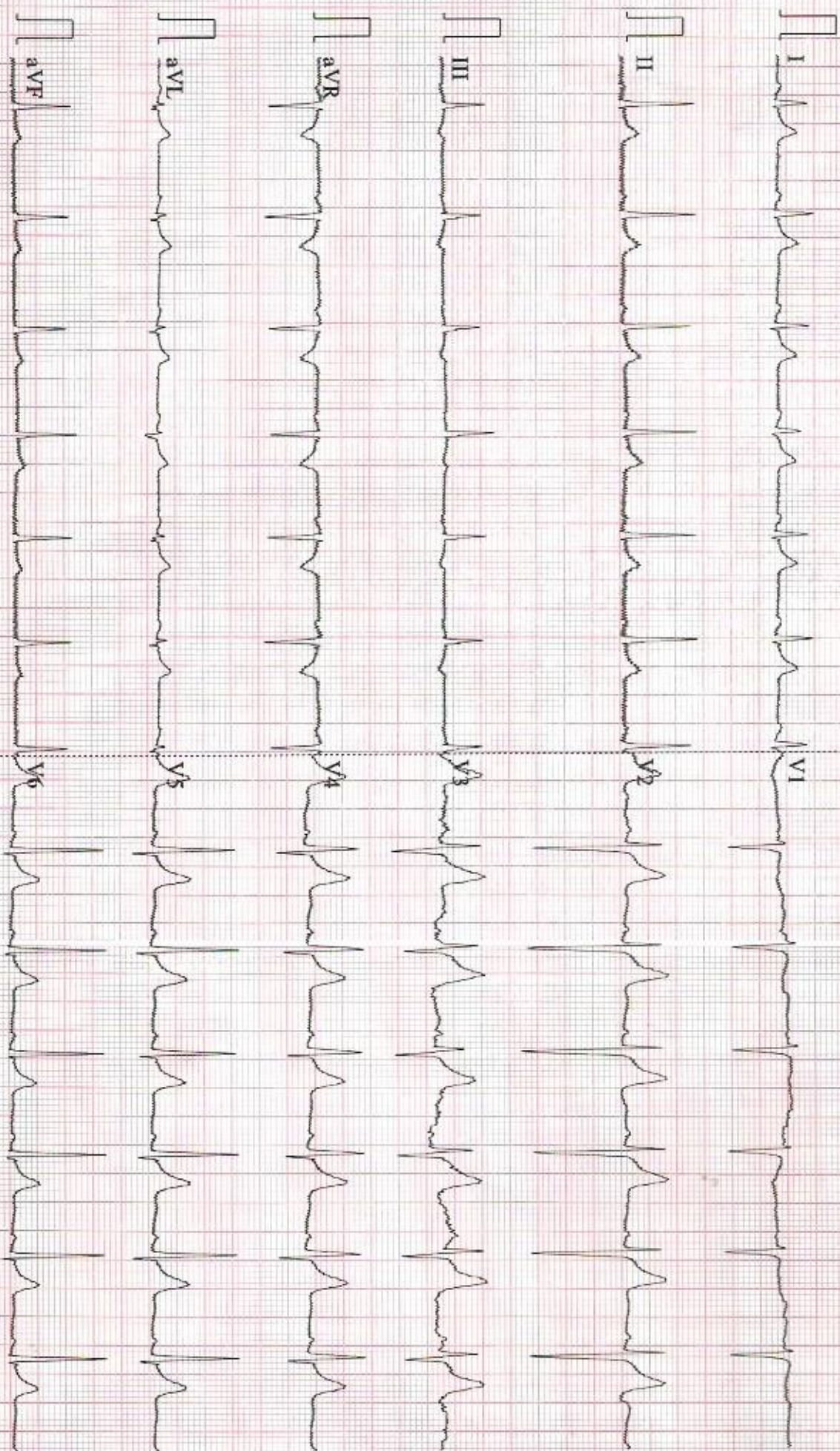
28-07-2023 11:34:02

Malik
28 Years

HR	: 80	bpm
P	: 86	ms
PR	: 124	ms
QRS	: 76	ms
QT/QTc	: 328/379	ms
P/QRS/T	: 4/66/19	°
RV5/SV1	: 1.50/0.948	mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:



AUDIOLOGICAL REPORT

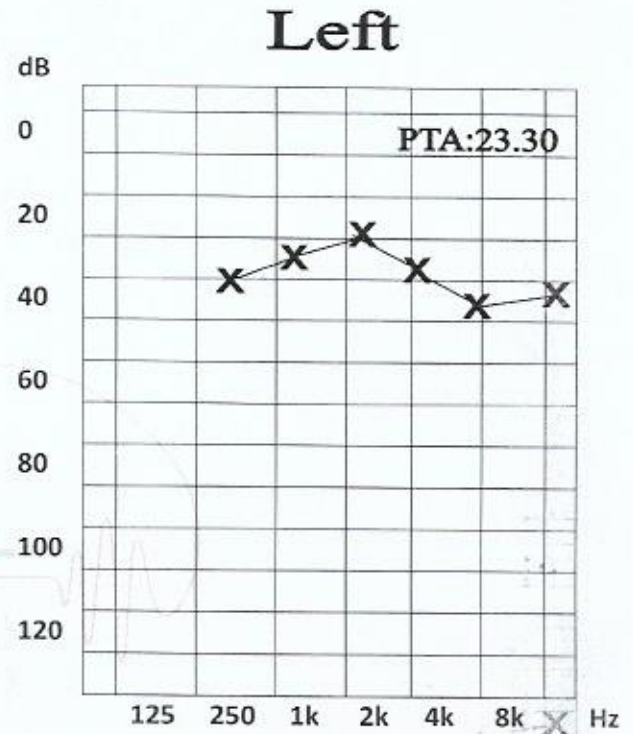
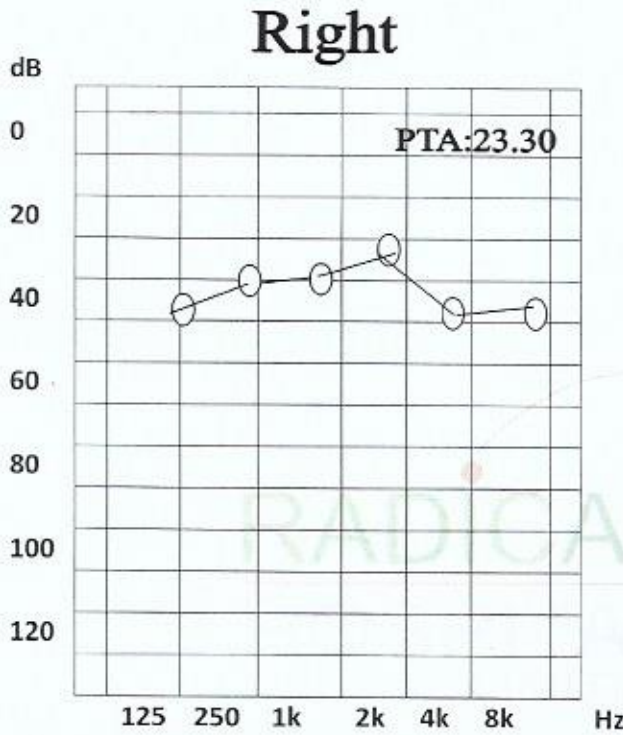
Patient Name : MD RIPON MIA

28/07/2023

Age : 23 Yrs

Address : RHL, UTTARA

Referred By : Dr. Mir Md. Raihan, MBBS,(DU), DFM



0-25= Normal Hearing.
26-40= Mild Hearing Loss.
41-55= Moderate Hearing Loss.
56-70= Moderately Severe Hearing Loss.
71-90= Severe Hearing Loss.
91-120= Profound Hearing Loss.

	Right Ear	Left Ear
Air Unmasking OX		
Bone Unmasking		
Air Masking OX		
Bone Masking ΔΔ		

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birm), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited



Patient's Name	: MD RIPON MIA	ID NO	: 23070987
Age	: 23 Yrs	Date	: 28/07/2023
Sex	: Male		
Referred by	: Dr. Mir Md. Raihan MBBS,(DU), DFM		
Nature of Specimen	:		

PULMONARY FUNCTION TEST (SPIROMETRY)

FVC = 6
FEV = 5
FEV/FVC = 80%

Comments: Normal Lung Function

Checked By

Dr. Mir Md. Raihan

MBBS (DU) CCD(Birdem),PGT (ophth)
Reg- A55144 BGD-016(MMC)
DG Shipping Bangladesh Approved
Malaysian Medical Council Approved
General Physician
Radical Hospitals Limited

Patient ID	23070987	Voucher No	
Test Name	USG OF WHOLE ABDOMEN	Delivery Date	28/07/2023
Patient Name	MD RIPON MIA		
Age	23 YRS	Sex	Male
Refd. By	DR. MIR MD. RAIHAN MBBS,(DU),DFM		

THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is normal in size 13.1cm shape and position. The echogenicity of the parenchyma is normal. Intrahepatic biliary channel are not dilated. No focal lesion is seen.

GALL BLADDER :- Normal size regular in shape. **Lumen is normal.**

Wall thickens is normal.

CBD & Intrahepatic biliary trees are not dilated. Diameter of CBD is normal.

PANCREASE :- Is normal in size margin are regular parenchyma show normal echo-texture pancreatic duct is not dilated. No focal area of altered echogenicity or calcification is seen.

SPLEEN :- Is normal in size and shape uniform in echo-texture.

BOTH KIDNEYS :- Are normal in size. RK-8.7cm, LK-9.8cm The cortical echogenicity are normal with clear cortico-medullary differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER : Is well filled. Wall thickness is within normal limit. No intravesicle lesion is seen

Prostate: Normal size regular in shape. Echogenicity is homogenous.

COMMENT: Normal Study.

Sonologist


Dr. Asma Ahmed
 MBBS,CMU,DMU
 PGT(Gynae & obs)
 Advanced Training in TVS

TREADMILLSTRESS TEST

Patient ID	23070987	Test Date	28-07-2023	
Patient Name	MD RIPON MIA	Age	23 Yrs	Sex Male
Attending Dr.	Dr. ROSEYAT PERVEEN			

Total Exercise Time : 09:09 Min **Max.HR attained** : 168 bpm.
% of max.pred. hR : 98 % **Max. Pred HR** : 166 bpm.
Maximum BP : 150/80 mmHg. **Max. work load attained** :13.01METS.
Indication : Screening for IHD.
Risk Factors :
Reason for Termination : Attainment of THR.
Test Profile : BRUCE
Symptoms :
Summary Result ⇒ **NEGATIVE**
Comments :

- MD RIPON MIA performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- Exercise capacity was good.
- Inotropic and chronotropic responses were normal.
- Stress test was terminated because of Attainment of THR
- ECG at rest showed no abnormality.
- ECG during exercise & Recovery showed no significant ST-T changes.

Conclusion : Stress test is **NEGATIVE** for ECG evidence of promotable myocardial ischemia.


Dr. ROSEYAT PERVEEN

MBBS, MD (Cardiology), NICVD, Dhaka
 Consultant, IBN SINA D-Lab, Uttara, Dhaka

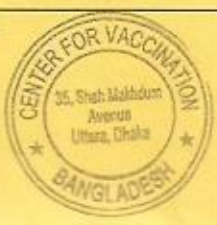
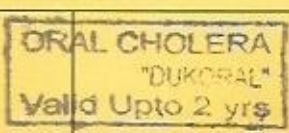
**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST CHOLERA
CERTIFICATE INTERNATIONUAUX DE VACCINATION OU DE REVACCINATION
CONTRE LA CHOLERA**

This is to certify that MD RIPON MIA date of birth 03-Feb-2000 Sex male
JE Soussigne (e) certifie que no (e) le sexe

Whose signature follows
dont la signature suit

[Signature]

has on the Date indicated been vaccinated or revaccinated against Cholera
a etc vaccine (e) ar revaccine (e) contre le Cholera a la date indiquee.

Date	Signature and professional Status of Vaccinator Signature et qualite professionnelle Vaccinateur	Approved Stamp Cachet d'authentification
29 SEP 2022	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (BirDEM), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	 

2	<i>[Signature]</i>		
---	--------------------	--	--

The validity of this certificate shall extend for a period of Two Years, beginning six days after the first injection of vaccine or in the event of a revaccination within such period of six months, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any part, of it, may render it invalid. La validite de ce certificate couvre une periode de six mois commençant six Jours apres la premiere injection du vaccin ou, dans le cas d'une revaccination au cours de cette periode de six mois jour de cette revaccination.

Nonobstant les dispositions ci-dessus dans le cas d'un pelerin le present certificate doit faire mention de deux injections partiques a sept jours d'intervalle et sa validite commence le jour de la seconde injection.

De cachet d'authentification doit etre conforme au modele present per l'administration sanitaire du territoire ou la vaccination est effectuee.

Toute correction ou rature sur le certificate ou l'omission d'une quelconque des mentions qu'il comporte peut affecter sa validite.

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST YELLOW FEVER
CERTIFICATE INTERNATIONAUX DE VACCINATION OU DE REVACCINATION
CONTRE LA FIEVRE JAUNE**

This is to certify that } MD RIPON MIA date of birth } 03-Feb-2009 Sex } male
JE Soussigne (e) certifie que } no (e) le } sexe }

Whose signature follows } [Signature]
dont la signature suit }

has on the Date indicated been vaccinated or revaccinated against yellow fever
a e' te' vaccine (e) ou revaccine' (e) contre le fièvre jaune a la date indiquée.

Date	Signature and professional Status of Vaccinator Signature et titre du vaccinateur	Manufacturer and batch no of vaccine Fabricant du vaccin et nume' ro du lot	Official stamp of vaccinating centre Cachet officiel du centre de vaccination
29 SEP 2022 1	<u>[Signature]</u> DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician <u>[Signature]</u>	<u>[Stamp: YELLOW FEVER VACCINE L NO DAKAR 2265]</u>	<u>[Stamp: CENTER FOR VACCINATION 35, Shah Mosharraf Avenue Uttara, Dhaka BANGLADESH]</u>
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This certificate is valid only if the vaccine used has been approved by the world Health Organization and vaccinating centre has been designated by the health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning ten days after the date of vaccination or, in the event of a revaccination within such period of ten years, from the date of that revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or crasure, or failure to complete any part of it, may render it invalid.

Ce certificat n' est valable que si le vaccin employe' a e' te' a approuve' par l' Organisation Mondiale de la Sante' et si le centre de vaccination e' te' habilite par l' administration sanitaire du territoire dans lequel ce centre est situe'.

La validite de ce certificat couvre une pe' riode de dix ans commençant dix jours apres la date de la vaccination ou, dans le cas d'une revaccination au cours de cette pe' riode de dix ans, le jour de cette revaccination.

Ce certificat doit etre signe' par un me' decin de sa propre main. son cachet officiel ne pouvant etre considere' comme l'equivalent d'une signature.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qu' il comporte peut affecter sa validite.