## REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination ) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR. MIR MD. RAIHAN MBBS, (DU), DFM

#### RADICAL HOSPITAL LIMITED,

35 SHAH MAKDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical\_hospitals@yahoo.com

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04.2023.4321

DR. MIR. MD. RAIHAN
MBBS (DU). DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

#### MEDICAL FITNESS CERTIFICATE

Name:			
Sex: Male / Female	Date of Birth:	05.10.1984	
Nationality: QANGLADESH	Passport No:	000686490	1000
Occupation/Rank: 2E			65
Date of Issue: 06 JUL	2023		
Date of Expiry: 05 JUL 2		(20)	
Signature of Holder:	allama?	C. CADIC	
	n/du. N.	(S RADIO	LS)*

This is to certify that the lawful holder had been found duly qualified in account and Maritime Labor Convention – 2006 as amended, and STCW 1978 as amended regulation I/9 and WHO Guidelines for conducting pre-sea and periodic medical fitness examinations for seafarers.

Declaration of the recognized Medical Practice of the Property	ctitioner:			
Confirmation that identification documents were checked at the point of examination?	Yes/No	Fit for look out duties	Yes / No	
Hearing meets the standards in section A- 1/9 of STCW Code?	Yes / No	Fit for service at sea	Yes / No	
Unaided hearing satisfactory?	Is the seafarer free from any medical condition likely to be aggravated by service at sea or			
Visual acuity meets standards in section A-I/9 of STCW Code?	Yes / No	to render the seafarer unfit for such service or to endanger the health of other persons on board?	Yes / No	
Color Vision meets standards in section A- I/9 of STCW Code?	Yes/No	Any limitations or restrictions on fitness? If Yes, Please specify	Yes / No	
Date of last color vision test 06 JUL	2023			

Date

0 6 JUL 2023

Examining Physician Signature & Stamp

Validity of certificate: 2 years from the date of issue except for persons below 18 years on the date of medical examination where this certificate is valid for 1 year from the date of issue.

DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
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Radical Hospitals Limited.

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Pre-Employment and Periodic Medical Fitness Certificate of Seafarers

Issued in accordance with Maritime Labor Convention – 2006 as amended, and STCW 1978 as amended regulation I/9 and ILO/WHO Guidelines for conducting pre-sea and periodic medical fitness examinations for scafarers.

Name: (last,first,middle)	BRIFUZZAMAN ATM	Date of birth (day/month/year):	05-10-1984
Gender: (male/female)	MALE	Nationality:	BANGLADGSHI
Home Address;	MOZZAFFOR GARDEN, F HOUSE-7 ROAD-01.	CAT 4/A. TUR	AN, UTTARA.
Passport No.	B00686490	Discharge book No.:	0/0/4986
Type of Ship: (e.g. container, tanker,passenger,fishing)	TANKER	Trade Area: (coastal, tropical, worldwide)	World wide
Department: (Deck, Engine, Catering, Other)	ENGINE		

Condition	Yes	No	Condition	Yes	No
Eye/vision problem		1/	18. Sleep problem	-	1
2. High blood pressure		//	19. Do you smoke, use alcohol or drugs?		1
<ol><li>Heart/vascular disease</li></ol>		1/	20. Operation/Surgery		10
4. Heart Surgery		1	21. Epilepsy/seizures		1
5. Varicose veins/piles		0/	22. Dizziness/fainting		1
6. Asthma/bronchitis		1	23. Loss of consciousness		10
7. Blood disorder		/	24. Psychiatric problems		11
8. Diabetes		-/	25. Depression	1 11 11 11 11	1
9.Thyroid problem		0	26. Attempted suicide		-
<ol><li>Digestive disorder</li></ol>		1/	27. Loss of memory		0
<ol> <li>Kidney Problem</li> </ol>		0/	28. Balance problem		1
12. Skin problem		1/	29. Severe headaches		U
13. Allgergies		1	30. Ear(hearing, tinnitus) /nose/throat problem		1/
14. Infectious/contagious diseases	5	1//	31. Restricted mobility		1
15.Hernia		11	32. Back or joint problem		19
16.Genital disorder		1	33. Amputation		1
17. Pregnancy	NI	n	34. Fractures/dislocations		-

Additional	amactions
raduuonar	QUESTIONS

- 35. Have you ever been signed off as sick or repatriated from a ship?
- 36. Have you ever been hospitalized?
- 37. Have you ever been declared unfit for sea duty?
- 38. Has your medical certificate even been restricted or revoked?
- 39. Are you aware that you have any medical problems, diseases or illnesses?
- 40. Do you feel healthy and fit to perform the duties of your designated position/ occupation?
- 41. Are you allergic to any medication?

Comments:

42. Are you taking any non-prescription or prescription medications?

If you answered "yes" to any of the above questions, please give details:

I hereby certify that the personal declaration above is a true statement to the best of my knowledge. I am fully aware that if I withhold any information, this preemployment examination will be considered null and void. I am aware that the information supplied by me forms the basis upon which I will be offered employment as
seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and/or compensation which
would otherwise be due to me under the Contract of Employment or under any Collective Bargaining Agreement. I also hereby consent to my medical records being
made available upon demand to my employers and/or owners and/ or insurers of the vessel or their authorized representatives. I am aware of the results of this checkup
and my rights to a review incase the result is unfit or fit with any limitations.

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr.

(the approved medical practitioner).

Signature of examinee:

Witnessed by: (Signature)

Date (day/month/year)

0,6 JUL 2023

DR. MIR. MD. RAIHAN
MB88 (DU). DFM. CCD (Birdem). PGT (Ophth)
Name: (typed or printeBMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.



#### MARITIME AND PORT AUTHORITY OF SINGAPORE

#### SEAFARER'S MEDICAL CERTIFICATE

This certificate is issued by the undersigned recognized medical practitioner to the named seafarer on behalf of the Maritime and Port Authority of Singapore and meets both the requirements of the International Convention on Standards of Trainings, Certification and Watchkeeping for Seafarers, 1978, as amended (STCW Convention) and the Maritime Labour Convention, 2006.

Seafarer's Name :(Last, first, mid	dle) ARIFUZZAMAN ATM	Gender: Male/Female*
Date of Birth: (Day/month/year) 05-10-1984	Nationality: BANGLADESH	Place of Birth: FARID PUR

Declaration of the recognized medical practitioner:

	the state of the s	Yes No
1	Identification documents were checked at the point of examination?	/
2	Hearing meets the standards in STCW Code Section A-I/9?	/ 4
3	Unaided hearing satisfactory?	
4	Visual acuity meets the standards in STCW Code Section A-I/9?	1
5	Colour vision meets the standards in STCW Code Section A-I/9?	/ le
	Date of last colour vision test: 0 6 JUL 2023	
6	Fit for look-out duty?	/
7	Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or endanger the life of person onboard?	1
8	No limitations or restrictions on fitness?	/
	If "no" specify limitations or restrictions	
9	Date of examination: (day/month/year) 0 6 JUL 2023	440
10	Expiry of certificate: (day/month/year)  ** Maximum two years from date of examination unless the seafarer is under the age of 18	

0 6 JUL 2023

Date

The

Signature of Authorised Medical Practitioner DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Opith)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.

Medical Practitioner's Official stamp (name, licence number, address etc)

I have been informed of the content of the certificate and of the right to a review.

Signature of Seafarer

delete as appropriate





# MARITIME AND PORT AUTHORITY OF SINGAPORE SHIPPING DIVISION



## RECORD OF MEDICAL EXAMINATIONS OF SEAFARER

Part A - to be completed by the Seafarer who is responsible for answering each question accurately

Seafarer's Name :(Last, first, middle) (BLOCK CAPITALS)  ARIFUZZA MA	MTA WA		Gender:  Miale/Female*
Date of Birth: day/month/year	Place of Birth:	Nationality: BAN & L	ADESH1
*Type of ID documents: NRIC No. for Singaporeans and PRs (e.g. SXXXX567A). / Passport No. for Foreigners: BOO 686 U 90	Dept: Deck / Engine 7 Ca Rank: 2 ND・ EN G		Type of ship:
Home Address: mozAFFOR-GARDEN CITY H-7, R-1, TURASHI UTTARA, DHA	Routine and emergency	duties:	Trading area: e.g. coastal /worldwide

Seafarer's Declarations (please tick)

Have you ever had any of the following conditions?

	Yes	No	1	Yes	No
Eye/vision problem		/	18. Sleep problem		
High blood pressure		/	19. Do you smoke, use alcohol or drugs?		
Heart/vascular disease		/	20. Operation/surgery		1
Heart Surgery			21. Epilesy/seizures		1
5. Varicose veins/piles		-	1/2. Dizziness/fainting	1	1
6. Asthma/bronchitis		V	23. Loss of consciousness	7	1
7. Blood disorder		1	24. Psychiatric problems		1
8. Diabetes	****	/	25. Depression		1
9. Thyroid problem			26. Attempted suicide	1	-
10. Digestive disorder		0	27. Loss of memory		1
11. Kidney problem		-	28. Balance problem	1	1
12. Skin Problem		1	29. Severe headaches		
13. Allergies		1	30. Ear(hearing, tinnitus/nose/throat problem	1	1
14. Infectious / contagious diseases		0	31. Restricted mobility		4
15. Hernia		1	32. Back or joint problem		0
16. Genital disorder		/	33. Amputation		1
17. Pregnancy	1/	m	34. Fracture/dislocations		1

If you answer "yes" to any of the above questions, please provide details:



<sup>\*</sup>For identity verification purpose

Additional questions	Yes	N
35. Have you ever been signed off as sick or repatriated from a ship?		/
36. Have you ever been hospitalized?		1
37. Have you ever been declared unfit for sea duty?		1
38. Has your medical certificate even been restricted or revoked?		,
39. Are you aware that you have any medical problems, diseases or illnesses?		1
40. Do you feel healthy and fit to perform the duties of your designated position/occupation?	/	-
41. Are you allergic to any medication?		1
42. Are you using any non-prescription or prescription medication?		1
		-

If you answer "yes", please list the medications taken, the purpose(s) and the dosage:

I hereby declare that the personal declaration above is a true statement to the best of my

knowledge.

0 6 JUL 2023

Date

Signature of Seafarer

MBS (DU), DFM, CDD (Birdem), PGT (Ophth)
BMD C A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.

Name and Signature of Witness

I hereby authorize the release of all my previous medical records (including my last Seafarer Medical Certificate) from any health professional, health institutions and public authorities to

Dr. MIR AM CANHAN

0 6 JUL 2023

Date

Signature of Seafarer

MR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-85144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Name and Signature of Witness



Part B – Res	sult of medica	al examinat	ions		
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Left eye		-0			
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Eyes Ophthalmoscopy Pupils Eye movement		
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Ophthalmoscopy Pupils Eye movement		
Pupils Eye movement	//	
Eye movement	//	
Lunus and Chest	/	
Breast examination	NA	
Heart	1/	
Skin		
Varicose Vein	//	
Vascular (inc. pedal pulse)	1//	
Abdomen and viscera	1//	
Hernia	+//	
Anus (not rectal exam)	-//	
The state of the s	1//	
G-U system	1//	
Upper and lower extremities		
Spine (C/s, T/S, L/S)	1//	
Neurologic (full/brief)	1//	
Psychiatric		
General appearance		
est /2/00/168	rise	Results: Nonmacl
Medical practitioner's comme	nts and assessm	nent of fitness, with reasons for any limitations.
	FREDR DUTY ON	BOARD SHET
L L		
8,		
Assessment of fitness for ser	rvice at sea (ple	ase tick)
		ion, my clinical examination and diagnostic test
On the basis of the seafarer's p	re the seatarer m	Jedically.
		iodiodily.
On the basis of the seafarer's p	Unfit for, lo	okout duty
On the basis of the seafarer's p results reco <del>rde</del> d above, I declar	_/	
On the basis of the seafarer's presults reco <del>rde</del> d above, I declar	_/	okout duty
On the basis of the seafarer's presults reco <del>rde</del> d above, I declar	Visual aid Catering	not required  Other
On the basis of the seafarer's presults recorded above, I declar Fit for look out duty  Visual aid required  Deck Engine Service Service	Visual aid  Catering Service	not required  Other Service
On the basis of the seafarer's presults recorded above, I declar Fit for look out duty  Visual aid required  Deck Engine Service Fit	Visual aid  Catering Service	not required  Other Service
On the basis of the seafarer's presults recorded above, I declar Fit for look out duty  Visual aid required  Deck Engine Service Service	Visual aid  Catering Service	not required  Other Service
On the basis of the seafarer's presults recorded above, I declar Fit for look out duty  Visual aid required  Deck Engine Service Fit	Catering Service	not required  Other Service
On the basis of the seafarer's presults recorded above, I declar Fit for look out duty  Visual aid required  Deck Engine Service Fit	Catering Service	not required  Other Service
On the basis of the seafarer's presults recorded above, I declar Fit for look out duty  Visual aid required  Deck Engine Service Fit Unfit	Catering Service	okout duty not required  Other Service

Without restr	rictions Wi	th restrictions			
Description of re	estrictions (e.g. specifi	c position, type o	of ship, trading are	a etc.)	
				s 2	
0 6 JUL 2023	Tur	MBBS (DI BMDC DG Ship	MIR. MD. RAIHAI J), DFM, CCD (Birdem), PGT (Opht A-55144, MMC-BGD-016 pp.ng Bangladesh Approve General Physician adical Hospitals Limited.	h) 5	
Date	Signature of Medical Practition		actitioner's name,	licence number, addi	ress







 Id No
 : 0114
 Date : 06-Jul-2023
 D.Date : 06-Jul-2023

 Patient's Name : A T M ARIFUZZAMAN
 Age : 38Y 9M 0D
 Gender: Male

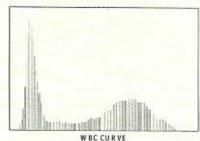
Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/4986

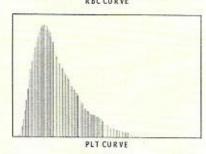
#### Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	<b>15.6</b> gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	06 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	7,400 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)	122200.	And the second of the second o
Neutrophils	59 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	37 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	148 /cumm	50-450/cumm
Total RBC Count	5.20 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	41.0 %	M: 40-54%, F:37-47%
MCV	78.8 fL	76 - 94 fL
MCH	<b>30.0</b> pg	27 - 32 pg
MCHC.	38.0 g/dL	29 - 34 g/dL
RDW	13.2 %	11 - 16 %
PDW	15.3 fL	35 - 56 fl
Total Platelete Count (PC)	2,60,000 /cumm	150,000-450,000/cumm
MPV	8.4 fL	7.0 - 11.0 fL
PCT	0.218 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %



RECURVE



Checked By Medical Technologist 2\_

Dr. Sumaiya Khatun MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.



radical\_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23070114	Received Date	06/07/20	23
Patient's Name	A T M ARIFUZZAMAN			
Patient's Age	38Y 9M 0D Patient's Sex Mal		Male	
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/49		C/O/4986	
Sample	BLOOD			

#### SEROLOGYCAL REPORT

HIV 1 & 2 (Method : (ICT)	Negative
1111 1 012 (111011100 : (101)	regative

Checked By



Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



## radical\_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23070114	Received Date	06/07/2023
Patient's Name	A T M ARIFUZZAMAN		
Patient's Age	38Y 9M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD	(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/4986
Sample	URINE		

#### URINE ROUTINE EXAMINATION

## PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-2/HPF
Sediment	Nil	Epithelial	0-2/HPF

#### CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

#### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital

RADICAL HOSPITAL

radical\_hospitals@yahoo.com, www.radicalhospital.com

Test Name

Bill No	DIA23070114	Received Date	06/07/2023
Patient's Name	A T M ARIFUZZAMAN		
Patient's Age	38Y 9M 0D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),Co	CD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/4986
Sample	URINE		

Result

## DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital