

# INTERNATIONAL LABOUR ORGANIZATION

Sectoral Activities Programme

See text links below.

ILO/WHO/D.2/1997

Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers

Part 6

Part 6	
Annex D	
Minimum requirements for the medical examination of seafarer	S / R NO S
SARVER NISHDA JAHAN	RADICA HOS
Name (last, first, middle):	78 L
Date of birth (day/month/year): 08/12/1992 Sex:	female
Home address:	7.
Luxmikhula, Muktagachka, muktagachka-2210,	Nymonsingly
Passport No./Discharge Book No.: - 210 178-01	70
Type of ship (container, tanker, passenger, fishing):	
Trade area (e.g., coastal, tropical, worldwide):	

#### Examinee's personal declaration

(Assistance should be offered by medical staff)
Have you ever had any of the following conditions•

	Condition	Yes No		Condition	Yes No
1.	Eye/vision problem	n. 10	18.	Sleep problems	D. 1.
2.	High blood pressure	D. 4	19.	Do you smoke?	0. 0.
3.	Heart/vascular disease	D. S.	20.	Operation/surgery	0. 0.
4.	Heart surgery	0. E	21.	Epilepsy/seizures	· ·
5.	Varicose veins	0.	22.	Dizziness/fainting	· ·
6.	Asthma/bronchitis	Sign Hoson	63	Loss of consciousness	0. 0.

04.2023.4423

7.	Blood disorder	D.	V	24.	Psychiatric problems		1
8.	Diabetes		V	25.	Depression		2
9.	Thyroid problem		N	26.	Attempted suicide		
10.	Digestive disorder	LI	2	27.	Loss of memory		2
11.	Kidney problem	П	5	28.	Balance problem		ď.
12.	Skin problem		8	29.	Severe headaches		
13.	Allergies		8	30.	Ear/nose/throat problems		ď
14.	Infectious/contagious diseases	Ε1	ď,	31.	Restricted mobility	0	
15.	Hernia		΄.	32.	Back problems	П	
16.	Genital disorders	П		33.	Amputation		
17.	Pregnancy	El	DA	34.	Fractures/dislocations		ο.
If a	ny of the above questions were ans	wered	"yes", pl	ease į	give details.		
Ade	litional questions						

		res	140
35,	Have you ever been signed off as sick or repatriated from a ship?		
36.	Have you ever been hospitalized?	П	
37.	Have you ever been declared unfit for sea duty?		5
38.	Has your medical certificate ever been restricted or revoked?		
39.	Are you aware that you have any medical problems, diseases or illnesses?		9
40.	Do you feel healthy and fit to perform the duties of your designated position/occupation?		
41.	Are you allergic to any medications?		9

Comments:

# FIT FOR DUTY ON BOARD SHIP

42. Are you taking any non-prescription medications?

	picase	irst the	medication	is takei	n and	ine purj	pose(	(s) and c	losage(s).		
I hereby	y certify	that th	e personal	declara	ation a	above is	a tru	ue stater	nent to th	e best of my	knowledge.
	re of ex		00000	. 7						2 2 JUL 2023	
Witness	sed by: (	Signat	ure)	\$	di-	<del></del>	_*Na	ıme: (Ty	h.	DREAMIR. M JBBS (DU), DFM, CCD BMDC A-55144, DG Shipping Ban General	MMC-BGD-01
I hereby health i examin	nstitutio	ize the ns and	release of a public auth	all my phorities	previo	ous med	lical r	records	from any	health profes	sionals
	re of ex		::_NUS	in the	2	_ Date (		month/y ame: (T)	vped or p	Z JUL 2023  ZINTEGUR MI BBS (DU), DFM, CCD ( BMDC A-55144. I G Shipp.ng Bang	MMC-BGD-016
										General P	itals Limited.
Medica □• Pro Sight	l exami e-sca	nation		Period	ic			□• Ot	ther	Radioal	
□• Pro		nation	<u></u>					□• Ot	ther	Radical	
□• Pro			<u></u>	acuity				□• Ot		al fields	
□• Pro	Unaid Right	ed Left	<u></u>	acuity Aided Right	Left	Binoc	ular			al fields	
□• Pre Sight	Unaid Right eye	ed Left eye	Visual	acuity		Binoc	ular	Right eye	Visua	al fields	
□• Pre Sight	Unaid Right eye	ed Left eye	Visual	acuity Aided Right	Left	Binoc	ular	Right eye Left	Visua	al fields	
□• Pre Sight	Unaid Right	ed Left eye	Visual	acuity Aided Right	Left	Binoc	ular	Right	Visua	al fields	
Distant	Unaid Right eye (6) VS	Left eye	Visual	acuity Aided Right eye	Left eye	Binoc		Right eye Left	Visua	al fields	
Distant	Unaid Right eye (\subseteq	ed Left eye 616	Visual	Aided Right eye	Left eye	Doub	otful	Right eye  Left eye	Visua	al fields Defective	
Distant	Unaid Right eye (\subseteq	ed Left eye 616	Visual Binocular t tested  and audio	Aided Right eye	Left eye	Doub	otful lues i	Right eye Left eye Defe	Visua	al fields	
Distant	Unaid Right eye C(b VS vision:	ed Left eye 616 Not	Visual Binocular t tested  and audio 2,000	Aided Right eye  Nor metry (  3,00 Hz	Left eye	Doub	otful lues i 6,0 Hz	Right eye Left eye Defe	Visua	al fields  Defective  and whisper  Normal	test (metres

Height: 160	2(cm)	,	Weight:	63	(kg)	
Pulse rate: 78	(/(minute)		Rhythm:	Reguler	v	3
Blood pressure:	Systolic:	110	(mm Hg)	Diastolic:	1	∑(mm Hg)
Urinalysis:	Glucose:	1.1		Protein:	N1	
	Normal A	bnormal			Normal	Abnormal
Head			Varicose veins			
Sinuses, nose, throat	4		Vascular (inc. p	pedal pulses)		
Mouth/teeth			Abdomen and		D.	
Ears (general)			Hernia		Q.	П
Tympanic membrane			Anus (not recta	l exam.)	4	
Eyes	S-		G-U system			
Opthalmoscopy	L		Upper and lowe	er extremities	9	0
Pupils			Spine (C/S, T/S			
Eye movement	14		Neurologic (ful	2150.11		0
Lungs and chest			Psychiatric	· orier)	9	
Breast examination	MAD.		General appear	ance		
Heart	1		cinetal appear	unice	LJ	
Skin	$\Box$					
Chest X-ray:	□ N-+ C					UL 2023
Chest A-lay.	□ Not perfo	rmea	Performed or	n (day/month/ye	ear):/	/
Results:	your	m	chest	du	1	
Other diagnostic test(s	s) and result(s	):				
Test 🏉	Vood n	grion	? Resulf	V30mal	-	
Medical examiner's	comments:	-				
		FIT FOR	DUTY ON BOARD	SHIP		
Vaccinatio	n status recor	ded:	· DYes	*2	□ No	# J
	Asses	ssment of	fitness for servic	ee at sea		

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

<i>&gt;</i>	Deck service	Engine service	Catering service	Other services
²it				
Unfit		D	П	П
With	out restrictions 1.	With restrictions [	•	
	trictions (e.g., specific			
	n by medical examine RADICAL HOSP mination:Uttara, Dhaka,	ITAL LIMITED	examination (day/	22 JUL 20
			21.1	UL 2025 /
	tificate's date of expira		DP	MIR MD RAILIAN
Official stan	np (also print name of	medical examiner	if not legible MBBS (D	U). DFM. CCD (Birdem), PGT (Ophth) C A-55144, MMC-BGD-016
Signature of	medical examiner: _	The		pp.ng Bangladesh Approved General Physician adical Hospitals Limited.
Authorized k	by: Da SM	DOING A		
vanoriz.ca (	s. you you			etent authority)
		中圖		
	ABOUT SECTOR   SE	ECTORS   MEETIN	GS   PUBLICATION	IS   WHATS NEW
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合命命	<b>新印</b>			
			445	
For further info	ormation, please contact the	he Sectoral Activities I	Department (SECTOR)	
	email: sector@ilo.org	committee i	e sparanent (SEC FOR)	
Disclaimer	webinfo@ilo.org			

• ☐ Fit for look-out duty



This page was created by BR/PL. It was approved by BW/BKN. It was last updated Tues, 17 Jun 1999.



#### MARITIME AND PORT AUTHORITY OF SINGAPORE

#### SEAFARER'S MEDICAL CERTIFICATE

This certificate is issued by the undersigned recognized medical practitioner to the named seafarer on behalf of the Maritime and Port Authority of Singapore and meets both the requirements of the International Convention on Standards of Trainings, Certification and Watchkeeping for Seafarers, 1978, as amended (STCW Convention) and the Maritime Labour Convention, 2006.

Seafarer's Name :(Last, first, middle)  らんというと いられり チャー コチャル			Gender: Male/Female*
Date of Birth: (Day/month/year) 08-12-1992	Nationality:  BANGLADESHA	Place of Birth: MYNENSING	iH

Declaration of the recognized medical practitioner:

			Yes	No
1	Identification documents were checked at the point of examination?		/	or the
2	Hearing meets the standards in STCW Code Section A-I/9?			Ldards Gritimu
3	Unaided hearing satisfactory?		1	
4	Visual acuity meets the standards in STCW Code Section A-I/9?	\$11	1	7
5	Colour vision meets the standards in STCW Code Section A-I/9?		-	ie"
	Date of last colour vision test: 22	JUL 2023		
6	Fit for look-out duty?		/	
7	Is the seafarer free from any medical condition likely to be aggravated by set or render the seafarer unfit for such service or endanger the life of person of	ervice at sea or onboard?	/	1-3
8	No limitations or restrictions on fitness?		1	data
	If "no" specify limitations or restrictions			en finite
				=
9	Date of examination: (day/month/year)	22 JUL 202	23	11-
10	Expiry of certificate: (day/month/year)  ** Maximum two years from date of examination unless the seafarer is under the age of 18	2 1 JUL 20		14 15 1

22 JUL 2023

Date

Signature of Authorised Medical Practitioner DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Medical Practitioner's Official stamp (name, licence number, address etc)

I have been informed of the content of the certificate and of the right to a review.

Signature of Seafarer

\* delete as appropriate



SEAFARER MEDICAL CERTIFICATE - March 2020



# MARITIME AND PORT AUTHORITY OF SINGAPORE SHIPPING DIVISION



## RECORD OF MEDICAL EXAMINATIONS OF SEAFARER

Part A'- to be completed by the Seafarer who is responsible for answering each question accurately.

Seafarer's Name :(Last, first, middle) (BLOCK CAPITALS) 5ARCER NIS	NAHAT ADH		Gender: Male/Female*
Date of Birth: day/month/year	Place of Birth:	Nationality: BAN612A1	P3H4 B
*Type of ID documents: NRIC No. for Singaporeans and PRs (e.g. SXXXX567A) / Passport No. for Foreigners:	Dept: Deck7 Engine / Cater Rank: 310FF	ring / others	TANKER
Home Address: Luxwikholo, Muktagachha, Muktagachhai-2230 Mynersingh	Routine and emergency du	ties:	Trading area: e.g. coastal / worldwide

Seafarer's Declarations (please tick)

Have you ever had any of the following conditions?

	Yes	No	-2	Yes	No
Eye/vision problem		V	18. Sleep problem		
High blood pressure		1	19. Do you smoke, use alcohol or drugs?		-
Heart/vascular disease		1	20. Operation/surgery		-
4. Heart Surgery		1	21. Epilesy/seizures		-
5. Varicose veins/piles		0	22. Dizziness/fainting		-
6. Asthma/bronchitis			23. Loss of consciousness		
7. Blood disorder		-	24. Psychiatric problems		
8. Diabetes		/	25. Depression		
Thyroid problem		-	26. Attempted suicide		
10. Digestive disorder		1	27. Loss of memory		4.5
11. Kidney problem		-	28. Balance problem		
12. Skin Problem			29. Severe headaches		4
13. Allergies			30. Ear(hearing, tinnitus/nose/throat problem		,
14. Infectious / contagious diseases		_	31. Restricted mobility		
15. Hernia		-	32. Back or joint problem		
16. Genital disorder		/	33. Amputation		,
17. Pregnancy	1-1	1	34. Fracture/dislocations		1 3

If you answer "yes" to any of the above questions, please provide details:



<sup>\*</sup>For identity verification purpose

Additional questions	Yes	No
35. Have you ever been signed off as sick or repatriated from a ship?		
36. Have you ever been hospitalized?		1
37. Have you ever been declared unfit for sea duty?		
38 Has your medical certificate even been restricted or revoked?		
39 Are you aware that you have any medical problems, diseases or illnesses?	1	-
40. Do you feel healthy and fit to perform the duties of your designated position/occupation?	~	-
41. Are you allergic to any medication?		1
42. Are you using any non-prescription or prescription medication?		/

If you answer "yes", please list the medications taken, the purpose(s) and the dosage:

I hereby declare that the personal declaration above is a true statement to the best of my knowledge.

BMDC A-55144, MMC-BGD-016 Name and Signal Weiter Villess

I hereby authorize the release of all my previous medical records (including my last Seafarer Medical Certificate) from any health professional, health institutions and public authorities to

Dr. MRM. PANHAM

Signature of Seafarer

DR. MIR. MD. RAIHAN DR. MIR. MD. KAIRAN
MBBS (DU). DFM. CCD (Birdem). PGT (Ophth)
BMDC A-55144. MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.
Name and Signature of Witness



Unaided Right eye Left eye Binocular Right eye Distant C/b 6/b Distant Near NS Near	
Right eye Left eye Binocular Right eye Distant Cob Distant Distant	eye Left eye Binocula
Distant C/6 b/6 Distant	eye Left eye Binocula
Distant C/6 b/6 Distant	
1,000	
isual fields	
Normal Defective	re
Right eye	
Left eye	
earing  Pure tone and audiometry (threshold value	alues in dB)
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H	alues in dB) 0 Hz 3,000 Hz
earing  Pure tone and audiometry (threshold value)  500 Hz 1,000 Hz 2,000 H  Right ear	ralues in dB) 0 Hz 3,000 Hz
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H	ralues in dB) 0 Hz 3,000 Hz
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Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H Right ear 20 20 20 Left ear 20 20 20 20 20 20 20 20 20 20 20 20 20	ralues in dB) 0 Hz 3,000 Hz ບຸນ
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H Right ear 20 20 20 Left ear 20 20 20 peech and whisper test (metres)	ralues in dB) 0 Hz 3,000 Hz
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H Right ear 20 20 20 20 20 20 20 20 20 20 20 20 20	ralues in dB) 0 Hz 3,000 Hz ງປ
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H Right ear 20 20 20 20 20 20 20 20 20 20 20 20 20	ralues in dB) 0 Hz 3,000 Hz ບຸນ
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H Right ear 20 20 20 Peech and whisper test (metres)  Normal Right ear 4 Indicate Findings	Whisper
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H Right ear 20 20 20 20 20 20 20 20 20 20 20 20 20	Whisper  Geight 63 (kg)  The state of the st
Pure tone and audiometry (threshold value 500 Hz 1,000 Hz 2,000 H Right ear 20 20 20 Peech and whisper test (metres)  Normal Right ear 4 Percentage Pulse rate (per minute) Properties (per minute) Pr	Whisper

RECORD OF MEDICAL EXAMINATIONS OF SEAFARERS - September 2021

Ears (general)			
Tympanic membrane			
Eyes			
Ophthalmoscopy Pupils			
Production of the Control of the Con			
Eye movement			
Lungs and chest	0010		
Breast examination	N/F		
Heart			
Skin			
Varicose Vein			
Vascular (inc. pedal pulse)			
Abdomen and viscera		*	
Hernia			
Anus (not rectal exam)			
G-U system	/		
Upper and lower extremities			
Spine (C/s, T/S, L/S)	/		
Neurologic (full/brief)			
Psychiatric			
General appearance		The state of the s	
Chest X-ray  Not performed		7.7 JUL 2023 I on (day/month/year):  //onmul.	
Not performed [	Results: ,	on (day/month/year):	
Other diagnostic test(s) and rest	Results: , sult(s):	on (day/month/year):  Nonnol.  Results: Nonnol.	
Not performed [  Other diagnostic test(s) and rest	Results: , sult(s):	on (day/month/year):	······
Not performed  Other diagnostic test(s) and rest  Test Blood for the state of the s	Results: , sult(s):  ts and assessr	Results: //emac.	s.
Not performed  Other diagnostic test(s) and rest  Test Blood for the state of the s	Results: , sult(s):	Results: //emac.	3.
Not performed  Other diagnostic test(s) and rest  Test Blood for the state of the s	Results: , sult(s):  ts and assessr	Results: //emac.	s.
Other diagnostic test(s) and rest	Results: , sult(s):  ts and assessr OR DUTY ON BO	Results: //emm/. nent of fitness, with reasons for any limitations	3.
Not performed  Other diagnostic test(s) and rest  Test Blood for the state of the s	Results: , sult(s):  ts and assessr OR DUTY ON BO	Results: //emm/. nent of fitness, with reasons for any limitations	3.
Other diagnostic test(s) and restreet Plantform  Medical practitioner's comment  FIT F	Results: , sult(s):  ts and assessr  OR DUTY ON BO  ice at sea (ple	Results: //om//  Results: //om//  Anent of fitness, with reasons for any limitations  OARD SHIP	
Other diagnostic test(s) and restreet Plantform  Medical practitioner's comment  FIT F	Results: , sult(s):  ts and assessr  OR DUTY ON BO  ice at sea (ple rsonal declara	Results: Normal.  Results: Normal.  Parallel on (day/month/year):  Parallel on (day/month/yea	
Not performed  Other diagnostic test(s) and rest  Test  Medical practitioner's comment  FIT F  Assessment of fitness for serv  On the basis of the seafarer's per	Results: , sult(s):  Is and assessr  OR DUTY ON BO  ice at sea (ple rsonal declara- the seafarer r	Results: Normal.  Results: Normal.  Parallel on (day/month/year):  Parallel on (day/month/yea	
Other diagnostic test(s) and restricted  Medical practitioner's comment  FIT F  Assessment of fitness for serv On the basis of the seafarer's per results recorded above, I declare	Results: , sult(s):  Is and assess  OR DUTY ON BO  ice at sea (ple rsonal declara the seafarer r	Results: None of fitness, with reasons for any limitations of the same tick)  tion, my clinical examination and diagnostic tenedically:  bokout duty	
Not performed  Other diagnostic test(s) and rest  Test  Medical practitioner's comment  FIT F  Assessment of fitness for serv On the basis of the seafarer's performed above, I declare  Fit for look out duty	Results: , sult(s):  Is and assess  OR DUTY ON BO  ice at sea (ple rsonal declara the seafarer r	Results: //oww	
Other diagnostic test(s) and restricted  Medical practitioner's comment  FIT F  Assessment of fitness for serv On the basis of the seafarer's percesults recorded above, I declare  Fit for look out duty  Visual aid required	Results: , sult(s):  Is and assessr  OR DUTY ON BO  ice at sea (ple rsonal declara the seafarer r  Unfit for lo	Results: Normal.  Results: Normal.  Penent of fitness, with reasons for any limitations of the second for any limitation and diagnostic tendedically:  Solve of the second for any limitation and diagnostic tendedically:  Solve of the second for any limitation and diagnostic tendedically:  Solve of the second for any limitation and diagnostic tendedically:	
Other diagnostic test(s) and restricted Medical practitioner's comment  FIT F  Assessment of fitness for serv On the basis of the seafarer's peresults recorded above, I declared  Fit for look out duty  Deck Engine	Results: , sult(s):  Is and assess  OR DUTY ON BO  ice at sea (ple resonal declarate the seafarer re  Unfit for lo	Results: //oww.  Results: //oww.  nent of fitness, with reasons for any limitations  DARD SHIP  ease tick)  tion, my clinical examination and diagnostic tenedically:  pokout duty  not required	
Other diagnostic test(s) and restricted  Medical practitioner's comment  FIT F  Assessment of fitness for serv On the basis of the seafarer's percesults recorded above, I declare  Fit for look out duty  Visual aid required	Results: , sult(s):  Is and assess  OR DUTY ON BO  ice at sea (ple resonal declarate the seafarer re  Unfit for lo	Results: //oww.  Results: //oww.  nent of fitness, with reasons for any limitations  DARD SHIP  ease tick)  tion, my clinical examination and diagnostic tenedically:  pokout duty  not required	
Other diagnostic test(s) and restricted Medical practitioner's comment  FIT F  Assessment of fitness for serv On the basis of the seafarer's peresults recorded above, I declared  Fit for look out duty  Deck Engine	Results: , sult(s):  Is and assess  OR DUTY ON BO  ice at sea (ple resonal declarate the seafarer re  Unfit for lo	Results: // ARD SHIP  DARD SHIP  Dase tick)  tion, my clinical examination and diagnostic tenedically:  Dokout duty  Tokon of required  Other	

escription of re	estrictions (e.g. spec	cific position, type of ship, trading	area etc.)
35 12 12 14 15 15 15 15 15 15 15 15 15 15 15 15 15	, , , , , , , , , , , , , , , , , , ,		u.ou o.o.,

Signature of Medical Practitioner

Date

General Physician
Radical Hospitals Limited.

Medical Practitioner's name, licence number, address



# ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC



SL NO.\_\_

04.2023.4423

#### SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:		
Name: Last SARKER First NISHDA	HACalbbiM	ΑÑ
Gender: (Male/Female) FFNALF Nationality BANGLADF6HI		
Occupation: Deck/Engine/Catering/Other (specify)	18	
Father's/ Husbad'sname: NURUL 15LAM SARVER	C.D.C No. 010/7	801
Mother's Name: MAZEDA BEGUM		
Address: House No: '62' OO Street/ Road No:		
Locality/Village:LUX.VIVH.ULA	NID No42056	
PO: MUKTAGIACHHA	Date of Birth: 08-	
P.S. MUKTAGACHHA	(DD/MM/	
District: MYMEN SINGH	1,0000000000000000000000000000000000000	
DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER: I am duly authorized by the Department of Shipping, Government of the the followings:	People's Republic of Ba	angladesh and con
1. Confirmation that identification documents were checked at the point of	f examination	:YES/NO
2. Hearing meets the standards in section A-I/9		:YES/NO
3. Unaided hearing satisfactory?		:YES/NO
<ol><li>Visual acuity meets standards in section A-I/9?</li></ol>		:YES/NO
<ol><li>Colour vision meets standards in section A-I/9?</li></ol>		YES/NO
Date of last colour vision test		2 2 JUL 2023
6. Fit for lookout duties?		:YES/NO
7. Is the seafarer free from any medical condition likely to be aggravated		
render the seafarer unfit for service or to render the health of any other p.  8. Any limitations or restrictions on fitness?  If YES, specify limitations or restrictions:		:YES/NO
Duties: Location/Vessel: Medical/Other:  RADICAL HOSPITAL LIMITED Uttara, Dhaka, Bangladash	*>	
	ct to restrictions	Unfit
Medical fitness category : Fit-No restriction Fit-Subjection	or to restrictions	(2007)
9. Medical fitness category : Fit-No restriction Fit-Subje  10. Date of examination/Issue (DD/MM/YYYY) 22 JUL 2023	or to restrictions	

I have read the contents of the certificate and have been informed of the right to review.

nille Seafarer's Signature



BBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
CG Shipping Bangladesh Approved
General Physician
Name & Signature pitals of practitioner:

#### MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
  one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
  glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
  perceive the colors red, yellow and green.

(c) Dental:

Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

• An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

 Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics.
 Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

#### IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

#### DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1):

1. Complete physical Examination.

2. Pathological Examination:

a.CBC b.ESR c.HBSAG d.LFT e.ECG f.RBS g.URINER/M/E

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited

7 2 JUL 2023



Id No : 0684

Date: 22-Jul-2023

D.Date: 22-Jul-2023

Patient's Name: NISHDA JAHAN SARKER

Age: 30Y 7M 14D

Gender: Female

Specimen

: Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

CDC NO:C/O/7801

#### Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range	
Hemoglobin (Hb)	<b>13.1</b> gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.	
ESR(Westergreen)	<b>08</b> mm/1st hr	Male:0-10, F:0-20 mm/1st hr.	
Total WBC Count(TC)	<b>5,300</b> /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm	
Differential WBC Count (DC)			
Neutrophils	82 %	Child: 25-66 %, Adult: 40-75 %	
Lymphocytes	14 %	Child: 52-62 %, Adult: 20-50 %	
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %	
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %	
Basophils \	00 %	Adult: 00-01 %	
Total Cir. Eosinophils	106 /cumm	50-450/cumm	
Total RBC Count	4.73 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul	
HCT/PCV	35.7 %	M: 40-54%, F:37-47%	
MCV	75.5 fL	76 - 94 fL	
MCH	<b>27.7</b> pg	27 - 32 pg	
MCHC	<b>36.7</b> g/dL	29 - 34 g/dL	
RDW	<b>13.5</b> %	11 - 16 %	
PDW	16.6 fL	35 - 56 fl	
Total Platelete Count (PC)	1,52,000 /cumm	150,000-450,000/cumm	
MPV	<b>10.6</b> fL	7.0 - 11.0 fL	
PCT	0.129 %	0.1 - 0.%	
Bledding Time(BT)	%	10 - 18 %	
Cloting Time(CT)	%	0.1- 0.2 %	

Checked By Medical Technologist Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor

Dept. Of Microbiology East West Medical College & Hospital.



Dill Ma	DIA00070004	D	T 00/07/0000
Bill No	DIA23070684	Received Date	22/07/2023
Patient's Name	NISHDA JAHAN SARKER		Walling the same of the same o
Patient's Age	30Y 7M 14D	Patient's Sex	Female
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD	(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/7801
Sample	Blood		

# BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.2 mmol/l	4.2 – 6.4 mmol/l
Serum ALT (SGPT)	21 U/L	Up to 40 U/L



Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun M BBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Bill No	DIA23070684	Received Date	22/07/2023
Patient's Name	NISHDA JAHAN SARKER		
Patient's Age	30Y 7M 14D	Patient's Sex	Female
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),C	CD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/7801
Sample	Blood	Vo. 32 32 38 38 38 38 38 38 38 38 38 38 38 38 38	

#### SEROLOGYCAL REPORT

**Test Name** 

Result

HIV 1 & 2 (Method: (ICT)

Negative

Chocked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Bill No	DIA23070684	Received Date	22/07/2023
Patient's Name	NISHDA JAHAN SARKER		
Patient's Age	30Y 7M 14D	Patient's Sex	Female
Ref. by	Dr. Mir Md. Raihan MBBS,(DU)	,CCD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/7801
Sample	URINE		

#### SEROLOGYCAL REPORT

Test Name

Result

Urine for pregnancy ( ICT )	Negative
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Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital



Bill No	DIA23070684	Received Date	22/07/2023
Patient's Name	NISHDA JAHAN SARKER	ricocived Date	22/0//2023
Patient's Age	30Y 7M 14D	Patient's Sex	Female
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),C	11733333	CDC NO:C/O/7801
Sample	URINE	, - (-,-),-,	050110.0/0/1001

#### URINE ROUTINE EXAMINATION

# PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	2-3/HPF

### CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



**Test Name** 



Bill No	DIA23070684	Received Date	22/07/2023
Patient's Name	NISHDA JAHAN SARKER		
Patient's Age	30Y 7M 14D	Patient's Sex	Female
Ref. by	Dr. Mir Md. Raihan MBBS,(DU)	CDC NO:C/O/7801	
Sample	URINE		100 - 000 200 - 000 - 000

Result

#### DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Semaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital





# DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

23070684

Receive:22/07/2023

Print: 22/07/2023

Patient's Name

NISHDA JAHAN SARKER

Age : 30 Yrs

Sex

: F

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

#### X-RAY OF CHEST (DIGITAL)

Diaphragm

Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

: Normal in T.D.

Lung

Lung fields are clear.

Bony thorax

Reveals no abnormality.

Comments

Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

# OR PROPHYLAXIS INTERNATIONAL CERTIFICATE OF VACCINATION

nationality 72-1992 Sex FEMALE

DANGLADESHI whose signature follows national identification documents, if applicable .... MA This is to certify that [name] NISHDA JAHAN SARKED MARTIE

in accordance with the International Health Regulations

Vaccin ou agent prophylactique

(name of disease or condition,

has on the date indicated been vaccinated or received prophylaxis against

## Vaccine or prophylaxis 27 101 2023 Date Date DG Shipping Bangladesh Approved MBBS (DU), DFM, CCD (Birdem), PGT (OpMh) BMDC A-55144, MMC-BGD-016 DR WIR MD RAIHAN Radical Hospitals Limited General Physician Signature and professional Status of supervising Signature du dive du fileicarresponsable Clinician de l'agent prophylactique Fabricant du vaccine ou Batch no. of vaccine or 22/16 Manufacturer and of homero du lot prophylaxis 31 JUL 2023 Certificat valable à Certificate valid partir du Until: Trom. administering centre Official stamp of the Cachet officiel du centre habilité

# OU DE PROPHYLAXIE CERTIFICATE INTERNATIONAL DE VACCINATION

Nous certifions que [nom] ...

Conformément au Réglement sanitaire international

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST CHOLERA EDITIONAL DE PROCESSATION OU DE REVACCINATION

CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION
CON IRE LE CHOLERA

no' (e) le

date of birth | 08-12-199

#### NIGHDA JAHAN SAPYFD

This is to certify that JE Soussigne' (e) certifie que

		signature follows signature suit	. nessu					_
	has on	the Date indicated bee vaccine (e) ar revaccine	n vaccinated or re e' (e) contre le fie	evaccinated a vre jaune a ia	gainst chole datc indiqu	era ee.		
	Date Stat Signatu		are and professional us of Vaccinator te et qualite profess- telle vaccinateur		Approved Stamp Cechet d'authentification			
	11/10	MILL	100	S Stein Mark	182	ORAL	CHOLER "DUKORA	A
13	2	DR. MIR. MD MBBS (DU), DFM, CCD (BI BMDC A-55144, M DG Shipping Bangla General Phy Radical Hospita	rdem), PGT (Ophth) MC-BGD-016 desh Approved vsician	So, Smith Hard Son Son State Son	1-11	Valid	Upto 2 yr	S
	3		*					
	4					- Action	Walt To	2.

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the ev6nt of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, tins certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any pan of it. May render in invalid.

La validity dece certificate couvre une period de six mois commencent six Jours a prea is premiere injection du vaccin ou, dans le cai a" une revaccination a, cour, d; ette period do six mois jour de cette revaccination.

Nonobstant les, despositions ci-dessue dans le cas d'un pelerin le present certificate dottlaire mention de deux injections partiquees a sept jours d', intervaile et sa validite cofilmence lejour de la seconde, injection:

De cachet d' authentification doit etre c\_anforme au modele présent per 1; administration sanitaite du territoire ou la vaccination est effectuee, j

Toute correction ou rable sur le certificate ou 1 o, mission d'une quelconque des maritions qu'il comporte pe ut effectersa validite.