



NAAF MARINE SERVICES

NMS/F-04

Date

1 July 2012

TITLE:- PRE-JOINING MEDICAL EXAMINATION  
REPORT/CERTIFICATE

Issue No

00

Page No

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## CONFIDENTIAL FORM

SURNAME: ASADUZZAMAN

GIVEN NAME(S) MD

DATE OF BIRTH

10 MONTH 21 DAY 1990 YEAR

PLACE OF BIRTH

CITY BARGUNA

BANGLADESH  
COUNTRY

SEX

☒ MALE☐ FEMALE

EXAMINATION FOR DUTY AS:

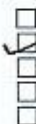
MASTER

DECK OFFICER

ENGINEERING OFFICER

RATING

OTHERS (RANK: )



MAILING ADDRESS OF APPLICANT:

HOUSE # 0655-A-02, USOF MANSION, WARD  
NO: 09, POST CODE: 8600, PATUAKHALI,  
BANGLADESH.

MEDICAL EXAMINATION (SEE REVERSE SIDE FOR MEDICAL REQUIREMENTS) STATE DETAILS ON REVERSE SIDE

HEIGHT 181cm WEIGHT 72kg BLOOD PRESSURE 120/80 mmHg PULSE 78/min RESPIRATION 19/min GENERAL APPEARANCE Good

VISION:

WITHOUT GLASSES

WITH GLASSES

RIGHT EYE

LEFT EYE

6/6 6/6

HEARING:

RT. EAR

LEFT EAR

COLOR TEST TYPE: BOOK ☐ LANTERN ☒ CHECK IF COLOR TEST IS NORMAL - YELLOW ☐ RED ☒ GREEN ☐ BLUE ☐ARE GLASSES OR CONTACT LENSES NECESSARY TO MEET THE REQUIRED VISION STANDARDS? Yes ☒ No ☐

HEAD AND NECK

Normal

HEART (CARDIOVASCULAR)

Normal

LUNGS

Normal

SPEECH (DECK/NAVIGATIONAL OFFICER AND RADIO OFFICER)  
IS SPEECH UNIMPAIRED FOR NORMAL VOICE COMMUNICATION? ☒

EXTREMITIES:

UPPER

Normal

LOWER

Normal

IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY WORKING ABOARD A VESSEL, OR TO RENDER HIM/HER UNFIT FOR SERVICE AT SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOARD? Yes ☐ No ☒IS APPLICANT TAKING ANY NON-PRESCRIPTION OR PRESCRIPTION MEDICATIONS? Yes ☐ No ☒

SIGNATURE OF APPLICANT

03 JUL 2023

DATE

THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMINING PHYSICIAN

FIT FOR DUTY ON BOARD SHIP

THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO:

MD ASADUZZAMAN

NAME OF APPLICANT

THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DISEASE (OR VIRUSES FOR COOKS): Yes ☒ No ☐SEAFARER IS FOUND TO BE ☒ FIT / ☐ NOT FIT FOR DUTY AS A ☐ MASTER / ☒ DECK OFFICER / ☐ ENGINEERING OFFICER / ☐ RATING / ☐ CHIEF COOK / ☐ COOK / ☒ WITHOUT ANY RESTRICTIONS / ☐ WITH THE FOLLOWING RESTRICTIONS:

NAME AND DEGREE OF PHYSICIAN DR. MIR MD. RAIHAN MBBS, DFM Reg No: A-55144

ADDRESS RADICAL HOSPITALS LIMITED 35, SHAH MAKHDUM AVENUE SECTOR-12, UTTARA, DHAKA-1230

NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY DG SHIPPING BANGLADESH

DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE 06 MAY-2014

SIGNATURE OF PHYSICIAN

03 JUL 2023

DATE

This certificate is in compliance with the requirements

of the Medical Examination (Seafarers) Convention 1946 (ILO No. 73, STCW 19A)

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited

Quality Manual: Naaf Marine Services, Chittagong, Bangladesh: July 2012

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04.2023.4298







## MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.2/1997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
  - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
  - Deck officer applicants must have (either with or without glasses) at least 20/20 (1.00) vision in one eye and at least 20/40 (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
  - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
  - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
  - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
  - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
  - All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.
- (g) Diseases or Conditions
  - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmittable by food shall be restricted from working with food or in food-related areas until symptom-free for at least 48 hours.
- (h) Physical Requirements
  - Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
  - Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

## IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

## DETAILS OF MEDICAL EXAMINATION

(Please fill attached form)

03 JUL 2023

(CONTROLLED DOCUMENT)

Quality Manual: Naaf Marine Services, Chittagong, Bangladesh: July 20

DR. MIR. MD. RAIHAN  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
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Appendix I  
Medical Exam Form  
CONFIDENTIAL FORM

Name (last, first, middle): ASADUZZAMAN MD

Date of birth (day/month/year): 21/10/1990 Sex: ☒ Male ☐ FemaleHome address: House # 0655-A-02, USOF MANSION, WARD NO. 09, POST CODE: 8600  
PATUAKHALI, BANGLADESH.

Passport No./Discharge Book No.: E60359749/ 40/6326

Department (deck/engine/radio/food handling/other): DECK

Type of ship: Multi-Purpose cargo/Container/Bulk Carrier/Tanker (Oil/Product/Chemical/Crude)

Trade area: Worldwide

## Examinee's personal declaration

(Assistance should be offered by medical staff)

Have you ever had any of the following conditions:

| Condition                          | Yes                      | No                                  | Condition                   | Yes                      | No                                  |
|------------------------------------|--------------------------|-------------------------------------|-----------------------------|--------------------------|-------------------------------------|
| 1. Eye/vision problem              | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 19. Do you smoke, use       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. High blood pressure             | <input type="checkbox"/> | <input checked="" type="checkbox"/> | alcohol or drugs            |                          |                                     |
| 3. Heart/vascular disease          | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 20. Operation/surgery       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 4. Heart surgery                   | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 21. Epilepsy/seizures       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 5. Varicose veins/piles            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 22. Dizziness/fainting      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 6. Asthma/bronchitis               | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 23. Loss of consciousness   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 7. Blood disorder                  | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 24. Psychiatric problems    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 8. Diabetes                        | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 25. Depression              | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 9. Thyroid problem                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 26. Attempted suicide       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 10. Digestive disorder             | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 27. Loss of memory          | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 11. Kidney problem                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 28. Balance problem         | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 12. Skin problem                   | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 29. Severe headaches        | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 13. Allergies                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 30. Ear (hearing/tinnitus)/ | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 14. Infectious/contagious diseases | <input type="checkbox"/> | <input checked="" type="checkbox"/> | nose/throat problems        |                          |                                     |
| 15. Hernia                         | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 31. Restricted mobility     | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 16. Genital disorders              | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 32. Back or joint problem   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 17. Pregnancy                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 33. Amputation              | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 18. Sleep problem                  | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 34. Fractures/dislocations  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

If any of the above questions were answered "yes," please give details.

(CONTROLLED DOCUMENT)

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Appendix I  
Medical Exam Form  
CONFIDENTIAL FORM

## Additional questions

35. Have you ever been signed off as sick or repatriated from a ship?
36. Have you ever been hospitalized?
37. Have you ever been declared unfit for sea duty?
38. Has your medical certificate ever been restricted or revoked?
39. Are you aware that you have any medical problems, diseases or illnesses?
40. Do you feel healthy and fit to perform the duties of your designated position/occupation?
41. Are you allergic to any medications?

Yes

No

☐☒☐☒☐☒☐☒☐☒☒☐☐☒☐☐

Comments.

FOR DUTY ON BOARD SHIP

42. Are you taking any non-prescription or prescription medications?

☐☒

If yes, please list the medications taken and the purpose(s) and dosage(s).

I hereby certify that the personal declaration above is a true statement to the best of my knowledge.

Signature of examinee: AsaduzzamanDate (day/month/year): 03 JUL 2023Witnessed by: (Signature) [Signature]Name: (Typed or printed) [Signature]

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. Mir Md Raihan (The approved medical examiner).

Signature of examinee: AsaduzzamanDate (day/month/year): 03 JUL 2023Witnessed by: (Signature) [Signature]Name: (Typed or printed) [Signature]

Date and contact details for previous medical examination (if know):

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

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General Physician

Radical Hospitals Limited



(CONTROLLED DOCUMENT)



Appendix 1  
Medical Exam Form  
CONFIDENTIAL FORM**Sight**

Use of glasses or contact lenses: Yes / No (if yes, specify which type and for what purpose)

|         | Visual acuity |          |           |           |          |           |
|---------|---------------|----------|-----------|-----------|----------|-----------|
|         | Unaided       |          |           | Aided     |          |           |
|         | Right eye     | Left eye | Binocular | Right eye | Left eye | Binocular |
| Distant |               |          |           | 6/6       | 6/6      | ✓         |
| Near    |               |          |           | NS        | NS       | ✓         |

|           | Visual fields |           |
|-----------|---------------|-----------|
|           | Normal        | Defective |
| Right eye | ✓             |           |
| Left eye  | ✓             |           |

Color vision: ☐ Not tested ☒ Normal ☐ Doubtful ☐ Defective**Hearing**

Pure tone and audio metry (threshold values in dB)

Speech and whisper test (metres)

|           | 500 Hz | 4,000 Hz | 2,000 Hz | 3,000 Hz | 4,000 Hz | 6,000 Hz |
|-----------|--------|----------|----------|----------|----------|----------|
| Right ear | 20     | 20       | 20       |          |          |          |
| Left ear  | 20     | 20       | 20       |          |          |          |

|           | Normal | Whisper |
|-----------|--------|---------|
| Right ear | 4      | 7       |
| Left ear  | 4      | 7       |

Height: 181 (cm)Weight: 92 (kg)Pulse rate: 78 (/minute)Rhythm: RegularBlood pressure: Systolic: 120 (mm Hg)Diastolic: 80 (mm Hg)Urinalysis: Glucose: NilProtein: Nil

|                       | Normal                              | Abnormal                 |
|-----------------------|-------------------------------------|--------------------------|
| Head                  | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Sinuses, nose, throat | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Mouth/teeth           | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Ears (general)        | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Tympanic membrane     | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Eyes                  | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Ophthalmoscopy        | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Pupils                | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Eye movement          | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Lungs and chest       | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Breast examination    | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Heart                 | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

|                              | Normal                              | Abnormal                 |
|------------------------------|-------------------------------------|--------------------------|
| Skin                         | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Varicose veins               | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Vascular (inc. pedal pulses) | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Abdomen and viscera          | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Hernia                       | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Anus (not rectal exam.)      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| G-U system                   | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Upper and lower extremities  | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Spine (C/S, T/S and L/S)     | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Neurologic (full brief)      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Psychiatric                  | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| General appearance           | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

Chest X-ray: ☐ Not performed ☒ Performed on (day/month/year): 03 JUL 2023Results: Normal check & my

(CONTROLLED DOCUMENT)

Quality Manual: Naaf Marine Services, Chittagong, Bangladesh: July 2012





Appendix I  
Medical Exam Form  
CONFIDENTIAL FORM

Other diagnostic test(s) and result(s):

Test Blood + urine

Result Normal.

Medical practitioner's comments and assessment of fitness, with reasons for any limitations:

- (a) the hearing and sight of the seafarer concerned, and the colour vision in the case of a seafarer to be employed in capacities where fitness for the work to be performed is liable to be affected by defective colour vision, are all satisfactory; and
- (b) the seafarer concerned is not suffering from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board.



Signature of medical practitioner

**DR. MIR. MD. RAIHAN**  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited.

Vaccination status recorded (optional, but recommended by Administrator): ☒ Yes ☐ No

**Assessment of fitness for service at sea**

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☒ Fit for look-out duty ☐ Not fit for look-out duty

|       |                                     |                          |                          |                          |
|-------|-------------------------------------|--------------------------|--------------------------|--------------------------|
|       | Deck service                        | Engine service           | Catering service         | Other services           |
| Fit   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Unfit | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Without restrictions ☒ With restrictions ☐ Visual aid required ☒ Yes ☐ No

Describe restrictions (e.g., specific positions, type of ship, trade area)

Action taken by medical practitioner (e.g., referral):

Medical certificate's date of expiration (day/month/year): 02 JUL 2025

Date of medical certificate issued (day/month/year): 03 JUL 2023

Number of medical certificate: \_\_\_\_\_

Official stamp:

Signature of medical practitioner:

Name of medical practitioner: (Typed or printed)

License number of medical practitioner: **RADICAL HOSPITAL LIMITED**

Address of medical practitioner: **Uttara, Dhaka, Bangladesh**

Authorized by: DG SHIPPING BANGLADESH (competent authority)

**DR. MIR. MD. RAIHAN**  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
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General Physician  
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Quality Manual: Naaf Marine Service Chittagong, Bangladesh: July 2012







## MARITIME AND PORT AUTHORITY OF SINGAPORE

ANNEX C

## SEAFARER'S MEDICAL CERTIFICATE

This certificate is issued by the undersigned recognized medical practitioner to the named seafarer on behalf of the Maritime and Port Authority of Singapore and meets both the requirements of the International Convention on Standards of Trainings, Certification and Watchkeeping for Seafarers, 1978, as amended (STCW Convention) and the Maritime Labour Convention, 2006.

|                                                              |                                                                                    |
|--------------------------------------------------------------|------------------------------------------------------------------------------------|
| Seafarer's Name: (Last, first, middle) <b>ASADUZZAMAN MD</b> | Gender: <input checked="" type="checkbox"/> Male/ <input type="checkbox"/> Female* |
| Date of Birth: (Day/month/year) <b>21/10/1990</b>            | Nationality: <b>BANGLADESHI</b> Place of Birth: <b>BARGUNA</b>                     |

Declaration of the recognized medical practitioner:

|    |                                                                                                                                                                                    | Yes                                 | No                       |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|--------------------------|
| 1  | Identification documents were checked at the point of examination?                                                                                                                 | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 2  | Hearing meets the standards in STCW Code Section A-I/9?                                                                                                                            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 3  | Unaided hearing satisfactory?                                                                                                                                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 4  | Visual acuity meets the standards in STCW Code Section A-I/9?                                                                                                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 5  | Colour vision meets the standards in STCW Code Section A-I/9?                                                                                                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
|    | Date of last colour vision test: <b>03 JUL 2023</b>                                                                                                                                |                                     |                          |
| 6  | Fit for look-out duty?                                                                                                                                                             | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 7  | Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or endanger the life of person onboard? | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 8  | No limitations or restrictions on fitness?                                                                                                                                         | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
|    | If "no" specify limitations or restrictions                                                                                                                                        |                                     |                          |
| 9  | Date of examination: (day/month/year) <b>03 JUL 2023</b>                                                                                                                           |                                     |                          |
| 10 | Expiry of certificate: (day/month/year) <b>02 JUL 2025</b><br>** Maximum two years from date of examination unless the seafarer is under the age of 18                             |                                     |                          |

03 JUL 2023

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BMDA A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited.

Date

Signature of Authorised  
Medical PractitionerMedical Practitioner's Official stamp  
(name, licence number, address etc)

I have been informed of the content of the certificate and of the right to a review.

  
Signature of Seafarer

\* delete as appropriate



04.2023.4298




**MARITIME AND PORT AUTHORITY OF SINGAPORE  
SHIPPING DIVISION**

**RECORD OF MEDICAL EXAMINATIONS OF SEAFARER**

Part A – to be completed by the Seafarer who is responsible for answering each question accurately.

|                                                                                                                              |                                                                       |                                                             |
|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------|
| Seafarer's Name : (Last, first, middle) <b>ASADUZZAMAN MD</b><br>(BLOCK CAPITALS)                                            |                                                                       | Gender:<br><input checked="" type="checkbox"/> Male/Female* |
| Date of Birth: day/month/year<br><b>21/10/1990</b>                                                                           | Place of Birth:<br><b>BARHUNA</b>                                     | Nationality:<br><b>BANGLADESHI</b>                          |
| *Type of ID documents: NRIC No. for Singaporeans and PRs (e.g. SXXXX567A) / Passport No. for Foreigners:<br><b>E60359749</b> | Dept: Deck / Engine / Catering / others<br>Rank: <b>CHIEF OFFICER</b> | Type of ship:<br><b>GENERAL CARGO</b>                       |
| Home Address: <b>HOUSE # 0655-A-02<br/>UBOUF MANSION, WARD-09<br/>POST CODE: 8690, PATUAKHALI<br/>BANGLADESH</b>             | Routine and emergency duties:                                         | Trading area: e.g. coastal / worldwide                      |

\*For identity verification purpose

**Seafarer's Declarations (please tick)**

Have you ever had any of the following conditions?

|                                      | Yes | No                                  |                                                | Yes | No                                  |
|--------------------------------------|-----|-------------------------------------|------------------------------------------------|-----|-------------------------------------|
| 1. Eye/vision problem                |     | <input checked="" type="checkbox"/> | 18. Sleep problem                              |     | <input checked="" type="checkbox"/> |
| 2. High blood pressure               |     | <input checked="" type="checkbox"/> | 19. Do you smoke, use alcohol or drugs?        |     | <input checked="" type="checkbox"/> |
| 3. Heart/vascular disease            |     | <input checked="" type="checkbox"/> | 20. Operation/surgery                          |     | <input checked="" type="checkbox"/> |
| 4. Heart Surgery                     |     | <input checked="" type="checkbox"/> | 21. Epilepsy/seizures                          |     | <input checked="" type="checkbox"/> |
| 5. Varicose veins/piles              |     | <input checked="" type="checkbox"/> | 22. Dizziness/fainting                         |     | <input checked="" type="checkbox"/> |
| 6. Asthma/bronchitis                 |     | <input checked="" type="checkbox"/> | 23. Loss of consciousness                      |     | <input checked="" type="checkbox"/> |
| 7. Blood disorder                    |     | <input checked="" type="checkbox"/> | 24. Psychiatric problems                       |     | <input checked="" type="checkbox"/> |
| 8. Diabetes                          |     | <input checked="" type="checkbox"/> | 25. Depression                                 |     | <input checked="" type="checkbox"/> |
| 9. Thyroid problem                   |     | <input checked="" type="checkbox"/> | 26. Attempted suicide                          |     | <input checked="" type="checkbox"/> |
| 10. Digestive disorder               |     | <input checked="" type="checkbox"/> | 27. Loss of memory                             |     | <input checked="" type="checkbox"/> |
| 11. Kidney problem                   |     | <input checked="" type="checkbox"/> | 28. Balance problem                            |     | <input checked="" type="checkbox"/> |
| 12. Skin Problem                     |     | <input checked="" type="checkbox"/> | 29. Severe headaches                           |     | <input checked="" type="checkbox"/> |
| 13. Allergies                        |     | <input checked="" type="checkbox"/> | 30. Ear(hearing, tinnitus/nose/throat problem) |     | <input checked="" type="checkbox"/> |
| 14. Infectious / contagious diseases |     | <input checked="" type="checkbox"/> | 31. Restricted mobility                        |     | <input checked="" type="checkbox"/> |
| 15. Hernia                           |     | <input checked="" type="checkbox"/> | 32. Back or joint problem                      |     | <input checked="" type="checkbox"/> |
| 16. Genital disorder                 |     | <input checked="" type="checkbox"/> | 33. Amputation                                 |     | <input checked="" type="checkbox"/> |
| 17. Pregnancy                        |     | <b>N/A</b>                          | 34. Fracture/dislocations                      |     | <input checked="" type="checkbox"/> |

If you answer "yes" to any of the above questions, please provide details:





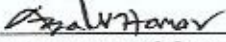
| Additional questions                                                                          | Yes | No |
|-----------------------------------------------------------------------------------------------|-----|----|
| 35. Have you ever been signed off as sick or repatriated from a ship?                         |     | ✓  |
| 36. Have you ever been hospitalized?                                                          |     | ✓  |
| 37. Have you ever been declared unfit for sea duty?                                           |     | ✓  |
| 38. Has your medical certificate even been restricted or revoked?                             |     | ✓  |
| 39. Are you aware that you have any medical problems, diseases or illnesses?                  |     | ✓  |
| 40. Do you feel healthy and fit to perform the duties of your designated position/occupation? | ✓   |    |
| 41. Are you allergic to any medication?                                                       |     | ✓  |
| 42. Are you using any non-prescription or prescription medication?                            |     | ✓  |

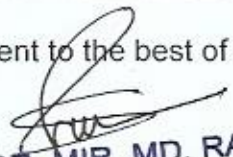
If you answer "yes", please list the medications taken, the purpose(s) and the dosage:

I hereby declare that the personal declaration above is a true statement to the best of my knowledge.

03 JUL 2023

Date

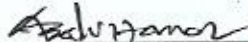
  
Signature of Seafarer

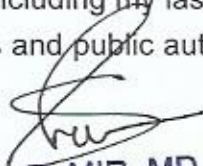
  
**DR. MIR. MD. RAIHAN**  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipp.ng Bangladesh Approved  
General Physician  
Radical Hospitals Limited.  
Name and Signature of Witness

I hereby authorize the release of all my previous medical records (including my last Seafarer Medical Certificate) from any health professional, health institutions and public authorities to Dr. DR. MIR. MD. RAIHAN.

03 JUL 2023

Date

  
Signature of Seafarer

  
**DR. MIR. MD. RAIHAN**  
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipp.ng Bangladesh Approved  
General Physician  
Radical Hospitals Limited.  
Name and Signature of Witness





## Part B – Result of medical examinations

### Eyesight

Use of glasses or contact lenses

☐ No

☒ Yes Type ..... Purpose .....

### Visual Acuity

| Unaided   |          |           | Aided     |          |           |
|-----------|----------|-----------|-----------|----------|-----------|
| Right eye | Left eye | Binocular | Right eye | Left eye | Binocular |
| Distant   |          |           | Distant   | 6/6      | 6/6       |
| Near      |          |           | Near      | NS       | NS        |

### Visual fields

|           | Normal | Defective |
|-----------|--------|-----------|
| Right eye | /      |           |
| Left eye  | /      |           |

### Colour Vision (please tick)

☐ Not tested

☒ Normal

☐ Doubtful

☐ Defective

### Hearing

| Pure tone and audiometry (threshold values in dB) |        |          |          |          |
|---------------------------------------------------|--------|----------|----------|----------|
|                                                   | 500 Hz | 1,000 Hz | 2,000 Hz | 3,000 Hz |
| Right ear                                         | 20     | 20       | 20       |          |
| Left ear                                          | 20     | 20       | 20       |          |

### Speech and whisper test (metres)

|           | Normal | Whisper |
|-----------|--------|---------|
| Right ear | 4      | 4       |
| Left ear  | 4      | 4       |

### Clinical Findings

|                         |     |              |        |           |         |
|-------------------------|-----|--------------|--------|-----------|---------|
| Height                  | 181 | (cm)         | Weight | 92        | (kg)    |
| Pulse rate              |     | (per minute) | 78     | Rhythm    | Regular |
| Blood Pressure Systolic |     | (mm Hg)      | 120    | Diastolic | 80      |
| Urinalysis: Glucose     | Nil | Protein      | Nil    | Blood     | Nil     |

|                     | Normal | Abnormal |
|---------------------|--------|----------|
| Head                | /      |          |
| Sinus, nose, throat | /      |          |
| Mouth/teeth         | /      |          |



|                             |     |  |
|-----------------------------|-----|--|
| Ears (general)              | /   |  |
| Tympanic membrane           | /   |  |
| Eyes                        | /   |  |
| Ophthalmoscopy              | /   |  |
| Pupils                      | /   |  |
| Eye movement                | /   |  |
| Lungs and chest             | /   |  |
| Breast examination          | N/A |  |
| Heart                       | /   |  |
| Skin                        | /   |  |
| Varicose Vein               | /   |  |
| Vascular (inc. pedal pulse) | /   |  |
| Abdomen and viscera         | /   |  |
| Hernia                      | /   |  |
| Anus (not rectal exam)      | /   |  |
| G-U system                  | /   |  |
| Upper and lower extremities | /   |  |
| Spine (C/s, T/S, L/S)       | /   |  |
| Neurologic (full/brief)     | /   |  |
| Psychiatric                 | /   |  |
| General appearance          |     |  |

#### Chest X-ray

☐ Not performed

☒ Performed on (day/month/year): 03 JUL 2023

Results: Normal chest x-ray

#### Other diagnostic test(s) and result(s):

Test: Blood Test Results: Normal

Medical practitioner's comments and assessment of fitness, with reasons for any limitations.

**FIT FOR DUTY ON BOARD SHIP**

#### Assessment of fitness for service at sea (please tick)

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

☒ Fit for look out duty

☐ Unfit for lookout duty

☒ Visual aid required

☐ Visual aid not required

|       | Deck Service | Engine Service | Catering Service | Other Service |
|-------|--------------|----------------|------------------|---------------|
| Fit   | /            | .              |                  |               |
| Unfit |              |                |                  |               |





☒ Without restrictions

☐ With restrictions

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

03 JUL 2023

Date



Signature of  
Medical Practitioner

**DR. MIR. MD. RAIHAN**  
MBBS (DU), DFM, CCD (Birm), PGT (Ophth)  
BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited.

Medical Practitioner's name, licence number, address

\*\*\*\*\*



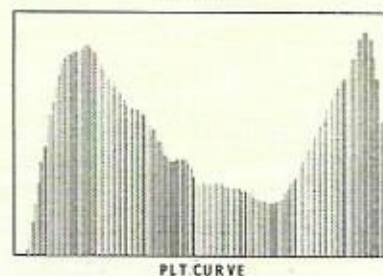
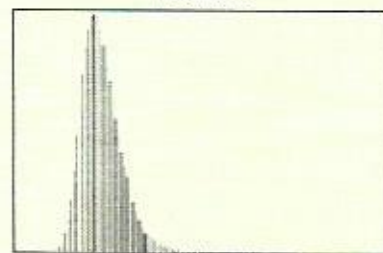
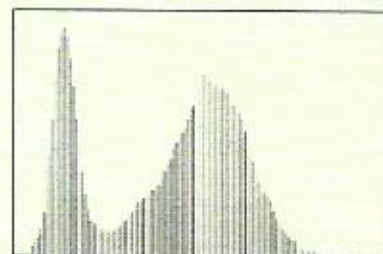


**Id No** : 0054 **Date** : 03-Jul-2023 **D.Date** : 03-Jul-2023  
**Patient's Name** : MD ASADUZZAMAN **Age** : 32Y 8M 12D **Gender** : Male  
**Specimen** : Blood  
**Doctor Name** : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/6326

## Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

| Parameter Name                     | Results               | Reference Range                                                                                    |
|------------------------------------|-----------------------|----------------------------------------------------------------------------------------------------|
| <b>Hemoglobin (Hb)</b>             | <b>15.2 gm/dl</b>     | M:13-18 gm/dl. F:11.5-16.5 gm/dl.<br>Child:10-13 gm/dl.                                            |
| <b>ESR(Westergreen)</b>            | <b>06 mm/1st hr</b>   | Infant: (One year):8-10 gm/dl.<br>Male:0-10, F:0-20 mm/1st hr.                                     |
| <b>Total WBC Count(TC)</b>         | <b>8,500 /cumm</b>    | Adult: 4000 - 11000/cumm.<br>Children: 5,000-15,000/cumm<br>Infant(One Year):<br>6,000-18,000/cumm |
| <b>Differential WBC Count (DC)</b> |                       |                                                                                                    |
| Neutrophils                        | <b>64 %</b>           | Child: 25-66 %, Adult: 40-75 %                                                                     |
| Lymphocytes                        | <b>31 %</b>           | Child: 52-62 %, Adult: 20-50 %                                                                     |
| Monocytes                          | <b>03 %</b>           | Child: 03-07 %, Adult: 02-10 %                                                                     |
| Eosinophils                        | <b>02 %</b>           | Child: 01-03 %, Adult: 01-06 %                                                                     |
| Basophils                          | <b>00 %</b>           | Adult: 00-01 %                                                                                     |
| Total Cir. Eosinophils             | <b>170 /cumm</b>      | 50-450/cumm                                                                                        |
| <b>Total RBC Count</b>             | <b>7.34 m/ul</b>      | M: 4.5-6.5, F:3.8-5.8 m/ul                                                                         |
| HCT/PCV                            | <b>39.2 %</b>         | M: 40-54%, F:37-47%                                                                                |
| MCV                                | <b>53.4 fL</b>        | 76 - 94 fL                                                                                         |
| MCH                                | <b>20.7 pg</b>        | 27 - 32 pg                                                                                         |
| MCHC                               | <b>38.8 g/dL</b>      | 29 - 34 g/dL                                                                                       |
| RDW                                | <b>17.9 %</b>         | 11 - 16 %                                                                                          |
| PDW                                | <b>25.5 fL</b>        | 35 - 56 fL                                                                                         |
| <b>Total Platelete Count (PC)</b>  | <b>1,80,000 /cumm</b> | 150,000-450,000/cumm                                                                               |
| MPV                                | <b>11.1 fL</b>        | 7.0 - 11.0 fL                                                                                      |
| PCT                                | <b>0.200 %</b>        | 0.1 - 0.2 %                                                                                        |
| Bleeding Time(BT)                  | <b>%</b>              | 10 - 18 %                                                                                          |
| Cloting Time(CT)                   | <b>%</b>              | 0.1- 0.2 %                                                                                         |



Checked By  
Medical Technologist

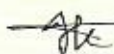
Dr. Sumaiya Khatun  
MBBS,MD(Gold Medalist) (BSMMU)  
Associate Professor  
Dept. Of Microbiology  
East West Medical College & Hospital.

|                |                                                       |               |                 |
|----------------|-------------------------------------------------------|---------------|-----------------|
| Bill No        | DIA23070054                                           | Received Date | 03/07/2023      |
| Patient's Name | MD ASADUZZAMAN                                        |               |                 |
| Patient's Age  | 32Y 8M 12D                                            | Patient's Sex | Male            |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/6326 |
| Sample         | BLOOD                                                 |               |                 |

## SEROLOGICAL REPORT

|                           |          |
|---------------------------|----------|
| HIV 1 & 2 (Method : (ICT) | Negative |
|---------------------------|----------|

Checked By



Medical Technologist  
Radical Hospitals Ltd.



Dr. Sumaiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital



|                |                                                                       |               |            |
|----------------|-----------------------------------------------------------------------|---------------|------------|
| Bill No        | DIA23070054                                                           | Received Date | 03/07/2023 |
| Patient's Name | MD ASADUZZAMAN                                                        |               |            |
| Patient's Age  | 32Y 8M 12D                                                            | Patient's Sex | Male       |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/6326 |               |            |
| Sample         | URINE                                                                 |               |            |

### DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

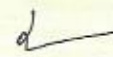
| Test Name | Result |
|-----------|--------|
|-----------|--------|

Drug Level of Urine

|                 |          |
|-----------------|----------|
| Cocaine         | Negative |
| Morphine        | Negative |
| Marijuana       | Negative |
| Barbiturates    | Negative |
| Amphetamines    | Negative |
| Phencyclidine   | Negative |
| Alcohol         | Negative |
| Benzodiazepines | Negative |
| Methadone       | Negative |
| Propoxyphene    | Negative |

Checked By

  
Medical Technologist  
Radical Hospitals Ltd.

  
Dr. Sumaiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

**DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No. : 23070054 Receive: 03/07/2023 Print: 03/07/2023  
Patient's Name : MD ASADUZZAMAN  
Age : 32 Yrs Sex : M  
Refd. by : Dr. Mir Md. Raihan MBBS, (DU), CCD (BIRDEM), PGT (Eye), DFM

**X-RAY OF CHEST (DIGITAL)**

Diaphragm : Both hemidiaphragm are normal in position.  
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



**Prof. Dr. Md. Mojibor Rahman**  
MBBS, DMRD (Radiology & Imaging)  
Head of the Department (Radiology & Imaging)  
Sylhet Women's Medical College Hospital



ID: 23060868

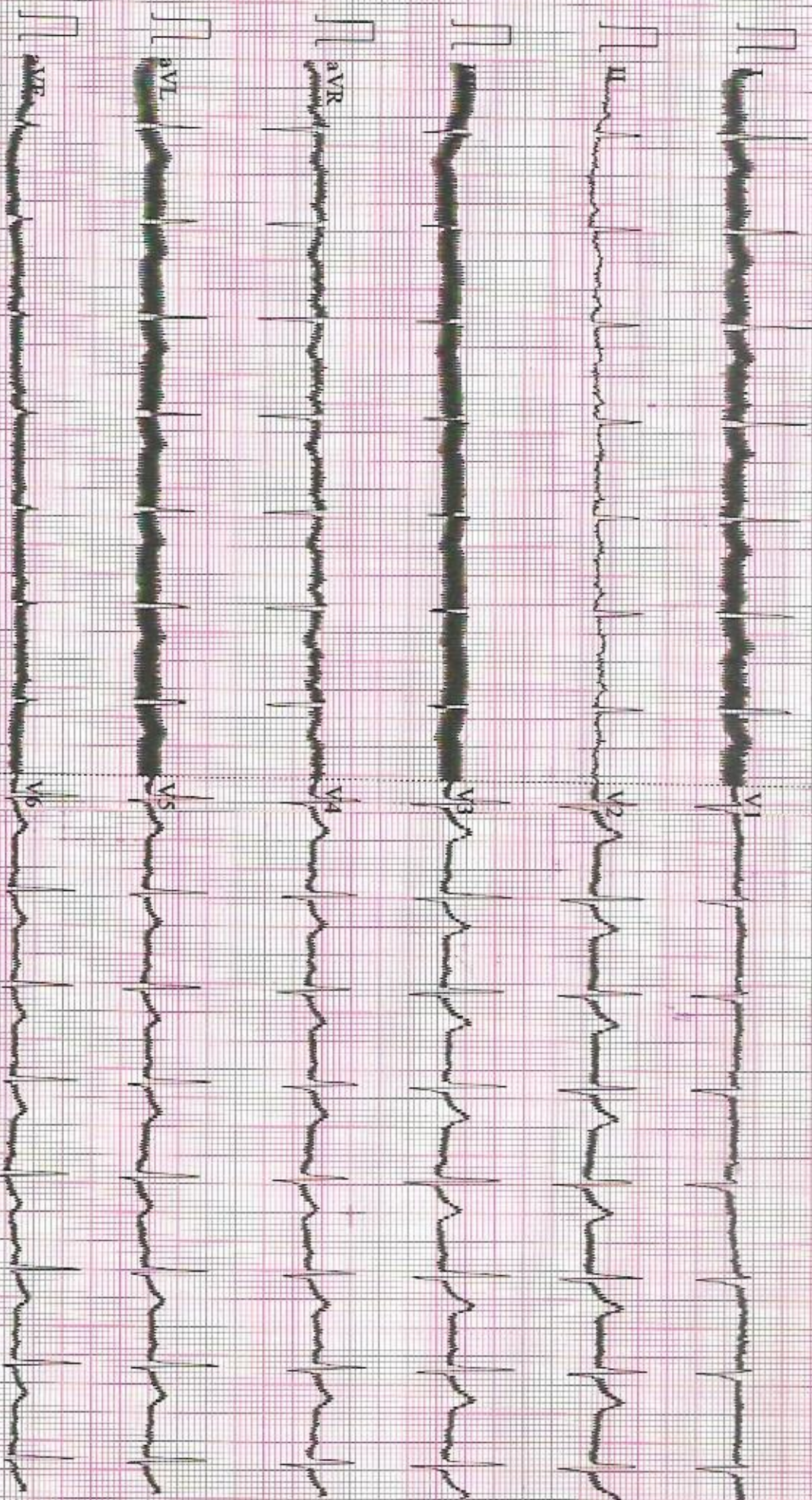
03-07-2023 18:38:41

Mr. Blackman.  
Male 52 Years

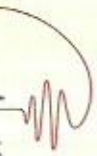
|         |               |     |
|---------|---------------|-----|
| HR      | : 90          | bpm |
| P       | : 104         | ms  |
| PR      | : 158         | ms  |
| QRS     | : 90          | ms  |
| QT/QTc  | : 336/412     | ms  |
| P:QRS/T | : 66/21/21    | °   |
| RV5/SVI | : 1.083/0.729 | mV  |

Diagnosis Information:  
Sinus rhythm  
Normal ECG

Report Confirmed by:





**DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No. : 23070054 Receive: Print: 03/07/2023  
Patient's Name : MD ASADUZZAMAN  
Age : 32 YRS Sex : M  
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

**ELECTROCARDIOGRAM (E.C.G) REPORT**

Rate : 90 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.

**Dr. Debashish Paul**

MBBS, MD (Cardiology)

Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1



INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION  
AGAINST CHOLERA  
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION  
CON TRE LE CHOLERA

This is to certify that  
JE Soussigne (e) certifie que  
Whose signature follows  
dont la signature suit  
has on the Date indicated been vaccinated or revaccinated against cholera  
a e'te vaccine (e) ar revaccine (e) contre le fièvre jaune a la date indiquée.

MD. ASADUZZAMAN 21/10/1990 Sex MALE  
date of birth no' (e) le Sexe

Signature and professional  
Status of Vaccinator  
Signature et qualite profess-  
sionelle vaccinateur

Approved Stamp  
Cachet  
d'authentification

03 JUL 2023  
1 DR. MIR. MD. RAIHAN  
MBBS (DU), DFM, CCD (Biderm), PGT (Ophth)  
2 BMDC A-55144, MMC-BGD-016  
DG Shipping Bangladesh Approved  
General Physician  
Radical Hospitals Limited



ORAL CHOLERA  
"DUKORAL"  
Valid Upto 2 yrs

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the event of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any part of it. May render it invalid.

La validité de ce certificat couvre une période de six mois commençant six jours après la première injection du vaccin ou, dans le cas d'une revaccination, à compter de la période de six mois jour de cette revaccination.

Nonobstant les dispositions ci-dessus dans le cas d'un pèlerin le présent certificat doit faire mention de deux injections pratiquées à sept jours d'intervalle et sa validité commence le jour de la seconde injection.

De cachet d'authentification doit être conforme au modèle présent par l'administration sanitaire du territoire où la vaccination est effectuée.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qui il comporte peut entraîner la validité.



**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION  
AGAINST YELLOW FEVER  
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION  
CONTRE LA FIEVRE JAUNE**

This is to certify that MR ASADUZZAMAN date of birth 21/10/1990 Sex MALE  
JE Soussigne (e) certifie que \_\_\_\_\_ no' (e) le \_\_\_\_\_ sexe \_\_\_\_\_  
Whose signature follows Asaduzzaman  
don't la signature suit \_\_\_\_\_  
has on the Date indicated been vaccinated or revaccinated against cholera  
a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la date indiquee.

| Date        | Signature and professional<br>Status of Vaccinator<br>Signature et titre<br>du vaccinateur                                                                                              | Manufacturer<br>and batch<br>no of vaccine<br>Fabricant du<br>vaccin et num'ro<br>du lot | Official stamp of vaccinating centre<br>Cachet officiel du centre de vaccination |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| 03 JUL 2023 | <u>DR. MIR. MD. RAIHAN</u><br>MBBS (DU), DFM, CCD (Birm), PGT (Ophth)<br>BMDC A-55144, MMC-BGD-016<br>DG Shipping Bangladesh Approved<br>General Physician<br>Radical Hospitals Limited |                                                                                          |                                                                                  |
| 2           |                                                                                                                                                                                         |                                                                                          |                                                                                  |
| 3           |                                                                                                                                                                                         |                                                                                          |                                                                                  |
| 4           |                                                                                                                                                                                         |                                                                                          |                                                                                  |

This certificate is valid only if the vaccine used has been approved by the world health organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within such period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

Ce certificat n'est valable que si le vaccin employé a été approuvé par l'Organisation Mondiale de la Santé et si le centre a été désigné par l'administration sanitaire du territoire dans lequel ce centre est situé.

La validité de ce certificat couvre une période de dix ans commençant dix jours après la date de la vaccination ou, dans le cas d'une revaccination, à compter de la date de cette revaccination.

Ce certificat doit être signé par un médecin de sa propre main, son cachet officiel ne pouvant être considéré comme remplaçant le lieu de signature.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qu'il