

NAAF MARINE SERVICES

NMS/F-04

Date 1 July 2012

TITLE:- PRE-JOINING MEDICAL EXAMINATION REPORT/CERTIFICATE

Issue No Page No

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CONFIDENTIAL FORM

SURNAME: NIAZ	GIVEN N	GIVEN NAME(S) KHAN JUBAIR			
DATE OF BIRTH 12 09 1974 MONTH DAY YEAR	CITY: CI	HATTOGRAM CO	NGLADESH JINTRY	SEX MALE	□FEMALE
EXAMINATION FOR DUTY AS: MASTER DECK OFFICER ENGINEERING OFFICER RATING OTHERS (RANK:	142, AI	G ADDRESS OF APPLICA L KARAN LANE HAG FOGRAM, BANGLAI	QE MENSION, GPO), KOTWAL	. ; 2012
MEDICAL EXAMINATION (SEE REVERSE SI	DE FOR MEDICA	L REQUIREMENTS) STA	TE DETAILS ON I	REVERSE S	IDE UT
HEIGHT WEIGHT BLOOD PRESSURE PULL TOCK 73KG 130/80 mm 7	8 5/m.	RESPIRATION /m	GENERAL APPEAR	RANCE	- M.G
VISION: RIGHT EYE, LEFT EY WITH GLASSES / LEFT EY 61	<u>r</u>	HEARING:			my
COLOR TEST TYPE: BOOK LANTERN	CHECK IF COLOR	TEST IS NORMAL - YE	LOWBRED	REEN E	LUED
ARE GLASSES OR CONTACT LENSES NECESSARY TO MEE	T THE REQUIRED				
HEAD AND NECK YOUNG		HEART (CARDIOVASCULAR)			1113
LUNGS		SPEECH (DECK/NAV Is speech unimpaired fo			FFICER)
EXTREMITIES: VPPER Vont	n)	LOWER	Nor	imi	
IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGO OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON B		RKING ABOARD A VESSEL. YES NO D	OR TO RENDER HIM/HE	UNFIT FOR SE	RVICE AT SEA
IS APPLICANT TAKING ANY NON-PRESCRIPTION OR PRESCRIPTIO	N MEDICATIONS?	YES No No			111
2/4-			22 JUL 2023		I to the second
SIGNATURE OF APPLICANT			DATE		
THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE E	XAMINING PHYSICIAN				12 1
THIS IS TO CERTIFY THAT A PHYSICAL EXAMINA FIT FOR DUT THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE	Y ON BOARD	SHIP	KHAN JUBAI NAME OF APPL YES NO		- 141.ft
SEAFARER IS FOUND TO BE FIT / NOT FIT FOR DU CHIEF COOK / COOK / DWITHOUT ANY RESTRICT	UTY AS A MA	STER / DECK OFFICE	R / ENGINEERING	OFFICER /	RATING/
NAME AND DEGREE OF PHYSICIAN DR. MIR N	AD. RAIHAN	MBBS, DFM Reg 1	No: A-55144		Parising Co.
ADDRESS RADICAL HOSPITALS LIMITED 35,				DHAKA-12	230
NAME OF PHYSICIAN'S CERTIFICATING AUTHORIT	y DG SHIPP	ING BANGLADESH		USE ACC	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE 1	6 MAY- 2014		*9		
SIGNATURE OF PHYSICIAN				22 JUL 2	023
The				DATE	
		nce with the requirements evention 1946 (ILO No. 73,	STCW 19/A)		- DELL

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician ONTROLLED DOCUMENT)

Radical Hospitals Limited.

Quality Manual: Naaf Marine Services, Chittagong, Bangladesh: July 20





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MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.2/1997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the scafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better earat 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (h) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50)in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- Dental (c)
 - Scafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f)Vaccinations
 - All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmittable by food shall be restricted from working with food or in food -related areas until symptom-free for at least 48 hours.
- (h) Physical Requirements
 - Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
 - Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner

of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

(Please fill attached form)

22 JUL 2023

MD. RAIHAN MB8S (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved

General Physician Radical Hospitals Limited.

toping, Bangladesh: July 2012

(CONTROL EMMENT) Quality Manual: Naaf Maring



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Appendix 1 Medical Exam Form CONFIDENTIAL FORM

Date	of birth (day/month/year): 12/0	09/1974	4	S	Sex: Male Female		
Hon Pass	ne address: 142, AL KARAN LANE HAC port No./Discharge Book No.:	e mensi C/O/31	on, gpo, k 189	OTWAL	I, CHATTOGRAM, BANGLADESH.		
Dep	artment (deck/engine/radio/food	l handl	ing/other	r): MA	ASTER		
Type Trad	e of ship: Multi-Purpose cargo/0 e area: <u>Worldwide</u>	Contair	ner/Bulk	Carric	er/Tanker (Oil/Product/Che	mical/C	rude)
(Ass	minee's personal declaration istance should be offered by me e you ever had any of the follow						
	Condition	Yes	No /		Condition	Yes	No
1.	Eye/vision problem		Ø,	19.	Do you smoke, use		
2.	High blood pressure		d ,		alcohol or drugs		
3.	Heart/vascular disease			20.	Operation/surgery		d
1.	Heart surgery			21.	Epilepsy/seizures		0
5.	Varicose veins/piles			22.	Dizziness/fainting		
5.	Asthma/bronchitis			23.	Loss of consciousness		B
7.	Blood disorder		3	24.	Psychiatric problems		
3.	Diabetes		B,	25.	Depression		344
).	Thyroid problem		ď.	26.	Attempted suicide		ď
10.	Digestive disorder			27.	Loss of memory		\Box .
11.	Kidney problem		g	28.	Balance problem		\exists .
12.	Skin problem		4	29.	Severe headaches		\Box
13.	Allergies		I	30.	Ear (hearing/tinnitus)/		
14.	Infectious/contagious diseases		\square		nose/throat problems		-
15.	Hernia			31.	Restricted mobility		9
6.	Genital disorders		B	32.	Back or joint problem		F
17.	Pregnancy		NZA	33.	Amputation	П	F
	Sleep problem		6	34.	Fractures/dislocations		F



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Appendix I Medical Exam Form CONFIDENTIAL FORM

Add	ditional questions	
35. 36. 37. 38. 39. 40.	Have you ever been hospitalized? Have you ever been declared unfit for sea duty? Has your medical certificate ever been restricted or revoked? Are you aware that you have any medical problems, diseases or illnesses? Do you feel healthy and fit to perform the duties of your designated position/occupation?	Yes No
The same	mments.	
	FIT FOR DUTY ON BOARD SHIP	
42.	Are you taking any non-prescription or prescription medications?	0 8
,	ves, please list the medications taken and the purpose(s) and dosage(s).	
Sig Da Wi	gnature of examinee: tte (day/month/year): tte (day/month/year) titnessed by: (Signature) time: (Typed or printed) DR. MIR. MD. R MBBS (DU), DFM. CCD (Birdem), BMDC A-55144, MMC-IDG Shipp.ng Bangladesh General Physicia Radical Hospitals Lin	AIHAN PGT (Ophth) BGD-016 Approved
hea	alth institutions and public authorities to Dr. Mir Md Raihan (The approved me	
Da Wi Na	gnature of examinee: tte (day/month/year): 27 JUL 2023 DR. MIR. MD MBBS (DU), DFM, CCD (Bir BMDC A-55144, MI DG Shipp-ng Banglac te and contact details for previous medical examination (if know): Radical Hospital	rdem), PGT (Ophth) MC-BGD-016 desh Approved

(CONTROLLED DOCUMENT)

Quality Manual: Naaf Marine agong, Bangladesh: July 2012



Results: _________________

NAAF MARINE SERVICES

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Appendix 1

Sight					IDENTI/	AL FORM			
100000000000000000000000000000000000000	glasses or	contact l	enses: Yes	/ No (if	yes, spe	ecify which	type and for	r what pur	pose)
			Visual	acuity				Visu	al fields
	Unaide	d		Aideo	i			Normal	Defective
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	r Right eye		
Distant	90	666		,			Left eye		
Near	NS	15							
Color v Hearing	g		t tested	(thresh	Normal		Doubtful		fective
	500 Hz	4,000 Hz		3,000 Hz	4,000 Hz	6,000 Hz	Speech and	Normal	Whisper
Right e	-	7.0	2	112	112	112	Right ear		
Left ea	ır v	1 20	20	Se Alisa V			Left ear		
Height:		170	(cm)		W	eight:	73	(kg))
Pulse ra	te: 7	G 14	(/minute)	752.0	R	hythm:	Pcgs	ih_	-
	ressure:	Systoli			mm Hg)	Dia	stolic:	1	(mm Hg)
Urinaly:	sis: G	lucose:	7			Protein: _	NI	1	
Mouth/te Ears (ger Tympan Eyes Opthalm Pupils Eye mov Lungs ar	neral) ic membra ioscopy vement	oat [mal Abnor	rmal	Vasco Abdo Herni Anus G-U : Uppe Spine Neuro Psycl	ose veins ular (inc. peo men and vis ia (not rectal e system r and lower e (C/S, T/S a ologic (full b niatric ral appearan	exam.) extremities nd L/S) orief)		Abnormal
Chest X	C-ray:	Not pe	rformed	Perf e	ormed o	n (day/mon	th/year):	77 10	IL 2023

(CONTROLLS)

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Appendix 1 Medical Exam Form CONFIDENTIAL FORM

Other diagnostic test(s) and result(s):

Test Blood Cytisse

Result

Medical practitioner's comments and assessment of fitness, with reasons for any limitations:
 (a) the hearing and sight of the seafarer concerned, and the colour vision in the case of a seafarer to be employed in capacities where fitness for the work to be performed is liable to be affected by defective colour vision, are all satisfactory; and (b) the seafarer concerned is not suffering from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other contents.
Department of the second of th
Vaccination status recorded (optional, but recommended by Administrator): Yes No
Assessment of fitness for service at sea
On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:
Fit for look-out duty Not fit for look-out duty
Deck service Engine service Catering service Other services Unfit
Without restrictions With restrictions Visual aid required Yes No
Describe restrictions (e.g., specific positions, type of ship, trade area)
Action taken by medical practitioner (e.g., referral):
Medical certificate's date of expiration (day/month/year):/ 21 JUL 2025 /
Date of medical certificate issued (day/month/year):/ 22 JUL 2023 /
Number of medical certificate: Official stamp: Signature of medical practitioner: Name of medical practitioner: Name of medical practitioner: License number of medical practitioner: Address of medical practitioner: Witara, Dhaka, Bangladesh Authorized by: DG SHIPPING BANGLADESH (competent authority)

(CONTROS Quality Manual: Naaf Mostre OCUMENT) ttagong, Bangladesh: July 2012



Id No : 0688

Patient's Name: KHAN JUBAIR NIAZ

Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

D.Date: 22-Jul-2023

Gender: Male

CDC NO:C/O/3189

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Date: 22-Jul-2023

Age: 48Y 7M 13D

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	13.2 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	08 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	8,500 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		5,555 15,555/Cumm
Neutrophils	64 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	32 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	170 /cumm	50-450/cumm
Total RBC Count	4.42 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	35.7 %	M: 40-54%, F:37-47%
MCV.	80.8 fL	76 - 94 fL
MCH	29.9 pg	27 - 32 pg
MCHC	37.0 g/dL	29 - 34 g/dL
RDW	12.6 %	11 - 16 %
PDW	16.1 fL	35 - 56 fl
Total Platelete Count (PC)	2,85,000 /cumm	150,000-450,000/cumm
MPV	7.9 fL	7.0 - 11.0 fL
PCT	0.225 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %
20 20		19890 800-001850

Checked By

Medical Technologist

00.0 IL

70 - 54 IL

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.



Bill No	DIA23070688	Received Date	22/07/2023
Patient's Name	KHAN JUBAIR NIAZ		
Patient's Age	48Y 7M 13D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CC	D(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/3189
Sample	BLOOD		

SEROLOGYCAL REPORT

Test Name

Result

HIV 1 & 2 (Method : (ICT) Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Test Name

Bill No	DIA23070688	Received Date	22/07/2023
Patient's Name	KHAN JUBAIR NIAZ		-L
Patient's Age	48Y 7M 13D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),C	CD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/3189
Sample	URINE	W	TO THE TOTAL PROPERTY OF THE P

Result

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol -	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Glecked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

23070688

Receive: 22/07/2023

Print: 22/07/2023

Patient's Name

KHAN JUBAIR NIAZ

Age : 4

48 Yrs

Sex

: M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm

Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

: Normal in T.D.

Lung

Lung fields are clear.

Bony thorax

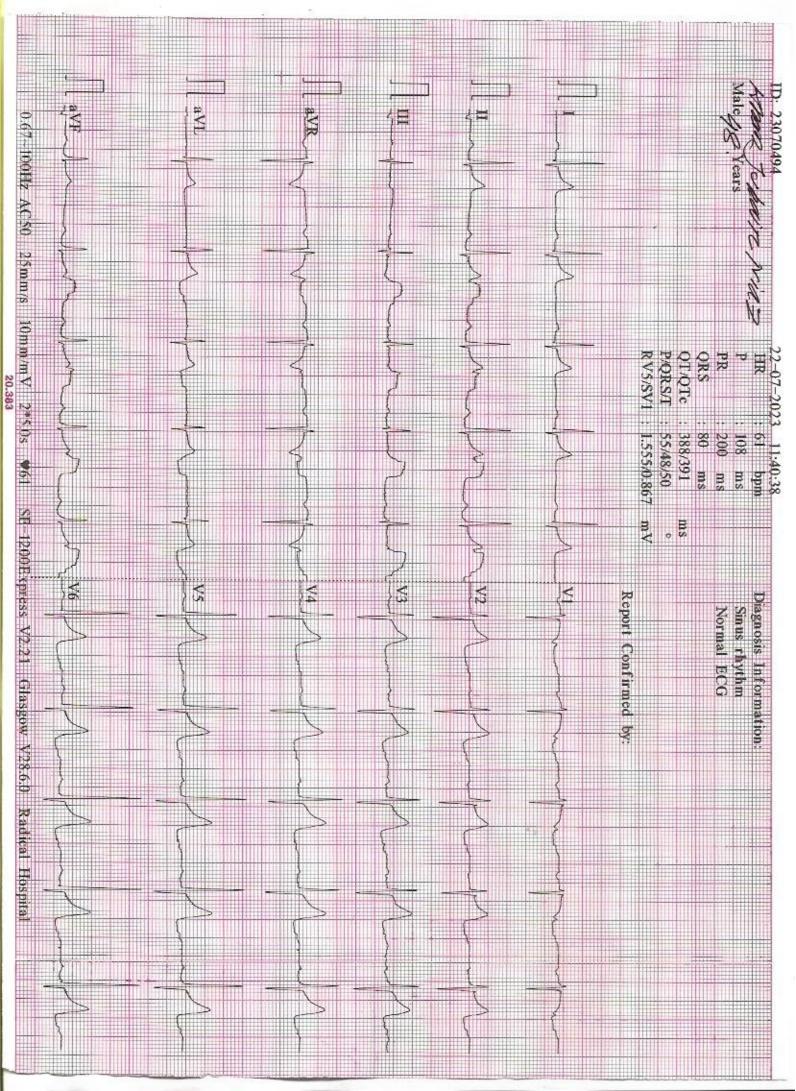
Reveals no abnormality.

Comments

Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital





DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23070688 Receive: Print: 22/07/2023

Patient's Name : KHAN JUBAIR NIAZ

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 61 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.

Dr. Debashish Paul

MBBS, MD (Cardiology)

Associate Professor Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

Certificate (continued) (Certificat suite) **ORAL CHOLERA** MD. RAIHAN "DIKORAL" (DU), DEM, CCD (Birdem), PGT (Ophth) falid Upto 2 yrs BMC A-55144, MMC-BGD-016 Avenue DG Shipping Bangladesh Approved General Physician Uttura, Oheka Radical Hospitals Limited. ANGLAD S OCT 202 ORAL CHOLERA CENTES "DUKORAL" 35, Shah Makhdu alid Upto 2 yrs S (DU), DFM, CCD Averred BMDC A-55144, MMC-BGD-016 Uttara, Dhaka 12 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited. MIGLADE **ORAL CHOLERA** FOR VACO "DUKORAL MBBS (DU), DFM, CCD (Birdem), PGT (ORIRh)
BMDC A 55144, MMC BGD 016
DG Shipping Bangladesh Approximately Valid Upto 2 yrs DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited. **WGLAD**

15	I men	15	16
16			
17		17	18
18		* .	
19		19	20
20			m + *

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGINEST YELLOW FEVER

CERTIFICATE INTERNATIONAL DE VACCINATION OR DE REVACCINATION CONTRE LE FIEVRE JAUNE

Date	signature and professional status of varcinator signature et qualite pro- fessionnelle du vaccinateur	Origin and batch No of vaccine Origin du vaccine employe et numero du lot	official stamp of vaccinating centre cachet official du centre de vaccination
13/10/10	MBBS (DU), Reg. DG Shipping / General Ph Radical Hosp	RAIHAN No A-55144 opproved ysician	Sonah Makhdum Sonah Avenus (Uppra: Ohioka)
2	Naucai Hosp	SO S	BANGLADEST A
3			
4			
5		-	

There is no exemption for the requirement of a certificate of vaccination against yellow. fever on account of age.

The validity of this certificate shall extend for a period of ten years, beginning ten days after the date of vaccination or in the event of a revaccination with in such period of ten years, from the date of that revaccination.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it ivalid.

SEC ANCOUNTEDING