

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR. MIR MD. RAIHAN MBBS, (DU), DFM

RADICAL HOSPITAL LIMITED,

35 SHAH MAKDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical_hospitals@yahoo.com

Name: RASHED NAHID AKTER Sex: M Serial No: _____
 Date of Birth: 12/03/1994 PP/CDC: C1018660 Rank: 3/E
 Vessel: MV. NEW PRESTIGE Type: BULK Route: WORLDWIDE
 Home Address: SARKARPARA, GAIBANDHA SADAR, GAIBANDHA.
 Company Name: _____

Medical History

Please answer the following to the best of your knowledge.

Is there any past / present history of any of the following	Candidate Declaration		Examiner Record			Candidate Declaration		Examiner Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-sided headaches (Migraine)					Hernia / Hydrocoele / Appendicitis				
Head Injury / Concussion / Loss of Memory					High / Low blood pressure / Heart disease				
Fits / Epilepsy / Dizziness / Fainting					Asthma / Bronchitis / Tuberculosis				
Eye / Vision Problems (Glasses, etc.)					Allergy / Skin disease				
Hearing Impairment					Infection / Contagious Disease				
Ear / Nose / Throat problems					Addiction to alcohol / drugs / tobacco				
Stomach / Bowel disorders					Fracture / Dislocation / Injury / Amputation				
Gall stones / Kidney disorders					Major / Minor Operation				
Jaundice / Liver Disease					Diabetes				
Piles / Varicose veins					Nervous / Mental disease / Sleep disorder				
Blood Disorder					Malignant disease (Cancer)				
Female Disorder					Signed off on medical grounds / Declared Unfit				

Notes

Medical Examination

Height	Weight in Kgs	Chest Insp-Exp	Blood Pressure in mm of Hg	Pulse-Beats / min	Resp. Rate / min	General Condition	
<u>167mm</u>	<u>56kg</u>	<u>40-20</u>	<u>120/70</u>	<u>72/min</u>	<u>16/min</u>	<u>Good</u>	
Distant Vision	Uncorrected	Corrected	Field of Vision	Audiometry	Hz	500	1000
Right Eye	<u>6/6</u>		Normal	Right Ear	dB	20	20
Left Eye	<u>6/6</u>		Abnormal	Left Ear	dB	20	20
Colour Vision	Ishihara	Normal	Abnormal	Hearing	Right Ear		
	Other	Normal	Abnormal		Left ear		

Systemic Examination

Normal Abnormal

Notes

Head & Neck	Eyes	Ears / Nose / Throat	Teeth / Oral Cavity	Musculo-Skeletal system	Nervous system	Reflexes	Skin	Respiratory system	Cardiovascular system	Per Abdomen	Genito-urinary system	Others	Hernia / Hydrocoele	Varicose Veins	Fissure/Fistula/Piles

**FIT FOR SEA SERVICE
AS 3RD ENG
AS PER MLC 2006**

Enhanced GARD Medicals done

Investigations

Blood	Result	Normal	Urine
Hemoglobin	<u>12.9</u> gm%	14-16 gm %	Colour
Total WBC count	<u>5.500</u> cu.mm	4000-11000 / cu.mm	Specific Gravity
New 61 % Lymph	<u>34</u> % Eos <u>03</u> Ba <u>00</u> Mo <u>63</u> %		pH
Malarial parasite	<u>Not Found</u>		Albumin
ESR	<u>11</u> mm / 1st hour	1-15 mm / hr	Sugar
SGPT	<u>3</u> U/L	9-43 U / L	Bile pigment
S.Cholesterol	<u>174</u> mg/dl	145-260 mg / dl	Bile salts
S.Triglycerides	<u>175</u> mg/dl	upto 200 mg / dl	Occult blood
Blood Sugar	RBS <u>5.8</u> PPBS .	upto 125 mg %	RBC cells
HbsAg	<u>Not Found</u>		Leucocytes
HIV I & II	<u>Not Found</u>		Others
VDRL	<u>Not Found</u>		
Others		GGTP U/L	
Blood Group			



ECG: Normal TMT: NIE

X-Ray Chest: Normal

Spirometry: Normal
 Drugs of Abuse: Not Found
 USG: NIE

Result of Medical Examination

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr. MIR MD Raihan, hereby declare the examinee medically Fit / Unfit / Temporarily unfit / Permanently unfit / Should be re-examined in _____ days / weeks / months.

Remarks / Recommendations

I, Doctor's Name: DR. MIR MD. RAIHAN certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate

This certificate is valid till: 12 FEB 2025

Candidate's Signature: Rashed Nahid Akter

Official Stamp

Doctor's signature: Dr. Mir Md. Raihan

Date: 13 FEB 2023



DR. MIR MD. RAIHAN
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipping Bangladesh Approved
 General Physician
 Radical Hospitals Limited

04.2023.3354



**MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD
REPUBLIC OF PANAMA**

SURNAME: RASHED		GIVEN NAME (S): NAHID AKTER	
DATE OF BIRTH: DAY 12 MONTH 03 YEAR 1994		PLACE OF BIRTH CITY GAIBANDHA COUNTRY BANGLADESH	SEX MALE ☒ FEMALE ☐
POSITION ON BOARD: MASTER ☐ DECK OFFICER ☐ ENGINEERING OFFICER ☒ RADIO OPERATOR ☐ RATING ☐		MAILING ADDRESS OF APPLICANT: SARKARPARA, GAIBANDHA SADAR, GAIBANDHA	

VISION		COLOR TEST TYPE		HEARING	
	WITHOUT GLASSES	WITH GLASSES			
RIGHT EYE	6/6	—	☐ BOOK	RIGHT EAR MB	
LEFT EYE	6/6	—	☐ LANTERN	LEFT EAR MB	
			YELLOW MB		RED MB
			GREEN MB		BLUE MB
Confirmation that identification documents were checked at the point of examination: YES ☐ NO ☐					
Hearing meets the standards in STCW Code, Section A-1/9? YES ☐ NO ☐ NOT APPLICABLE ☐					
Unaided hearing satisfactory? YES ☐ NO ☐					
Visual acuity meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐					
Colour vision meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐ (the visual test it is required every six years)					
Date of the last colour vision test: (Day/Month/Year) 13 FEB 2023					
Are glasses or contact lenses necessary to meet the required vision standards? YES ☐ NO ☒					
Able for watchkeeping? YES ☐ NO ☐					
Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☒					
Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☐ NO ☒					

Hereby I declare that I am in knowledge of the contents of the Physical Examination.

13 FEB 2023

 Signature of Applicant	NAHID AKTER RASHED Name of Applicant	Date
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CIRCLE APPROPRIATE CHOICE: (HE / SHE) IS FOUND TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFICER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:

FIT FOR DUTY ON BOARD SHIP

NAME AND DEGREE OF PHYSICIAN: DR. MIR MD. RAIHAN MBBS, (DU), DFM REG: A-55144	
ADDRESS: RADICAL HOSPITAL LIMITED SECTOR-12, UTTARA, DHAKA-1230	
NAME OF PHYSICIAN'S CERTIFYING AUTHORITY: DG SHIPPING BANGLADESH	
DATE OF ISSUE PHYSICIAN'S CERTIFICATE: 06-MAY-2014	
SIGNATURE OF PHYSICIAN: 	STAMP OF PHYSICIAN: 
EXPIRY DATE OF CERTIFICATE: 12 FEB 2025	DATE: 13 FEB 2023

This certificate is issued by the Panama Maritime Authority in compliance with the requirements of the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006.

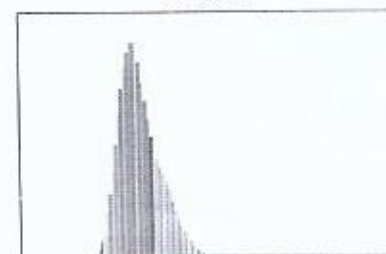
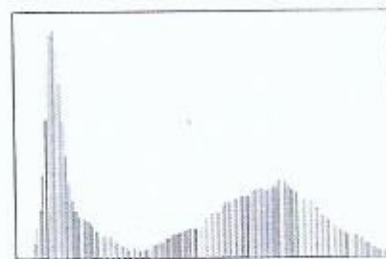
DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Biom), PGT (Ophth)
BMDC A 55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Id No : 0357 **Date** : 13-Feb-2023 **D.Date** : 13-Feb-2023
Patient's Name : NAHID AKTER RASHED **Age** : 28Y 10M 28 **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO: C/O/8660

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	12.9 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
ESR(Westergreen)	11 mm/1st hr	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Total WBC Count(TC)	5,800 /cumm	
Differential WBC Count (DC)		
Neutrophils	61 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	34 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	0 /cumm	50-450/cumm
Total RBC Count	4.94 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	36.5 %	M: 40-54%, F:37-47%
MCV	73.9 fL	76 - 94 fL
MCH	26.1 pg	27 - 32 pg
MCHC	35.3 g/dL	29 - 34 g/dL
RDW	14.0 %	11 - 16 %
PDW	17.0 fL	35 - 56 fL
Total Platelete Count (PC)	3,13,000 /cumm	150,000-450,000/cumm
MPV	9.4 fL	7.0 - 11.0 fL
PCT	0.294 %	0.1 - 0.4 %



Checked By
Medical Technologist

Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

Bill No	DIA23020357	Received Date	13/02/2023
Patient's Name	NAHID AKTER RASHED		
Patient's Age	28Y 10M 28	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/8660		
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.8 mmol/l	4.2 – 6.4 mmol/l
Serum Bilirubin (Total)	0.7 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	31 U/L	Up to 40 U/L

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By


Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
BBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

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Sample	BLOOD		

SEROLOGICAL REPORT

<u>Test Name</u>	<u>Result</u>
HBsAg (Method : (ICT)	Negative

Checked By


Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

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Patient's Age	28Y 10M 28	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/8660		
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION

MICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	R B C	NIL
Appearance	Clear	Pus Cells	5-7/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION

CASTS / LPF

Reaction	Acidic	R B C	0-1 /HPF
Albumin	Nil	W B C	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUEST

CRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Cal. Oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Tripple Phos	Nil

Checked By

Medical Technologist,

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Assistant Professor

Dept. of Microbiology
East West Medical College and Hospital

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Patient's Age	28Y 10M 28	Patient's Sex	Male
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Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result
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Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By


Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23020357 Receive: Print: 13/02/2023
Patient's Name : NAHID AKTER RASHED
Age : 29 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 89 b/min
Rhythm : Regular
P-Wave : Normal
P-R Interval : Normal
QRS Complex : Normal
ST. Segment : Is electric
T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

ID: 0

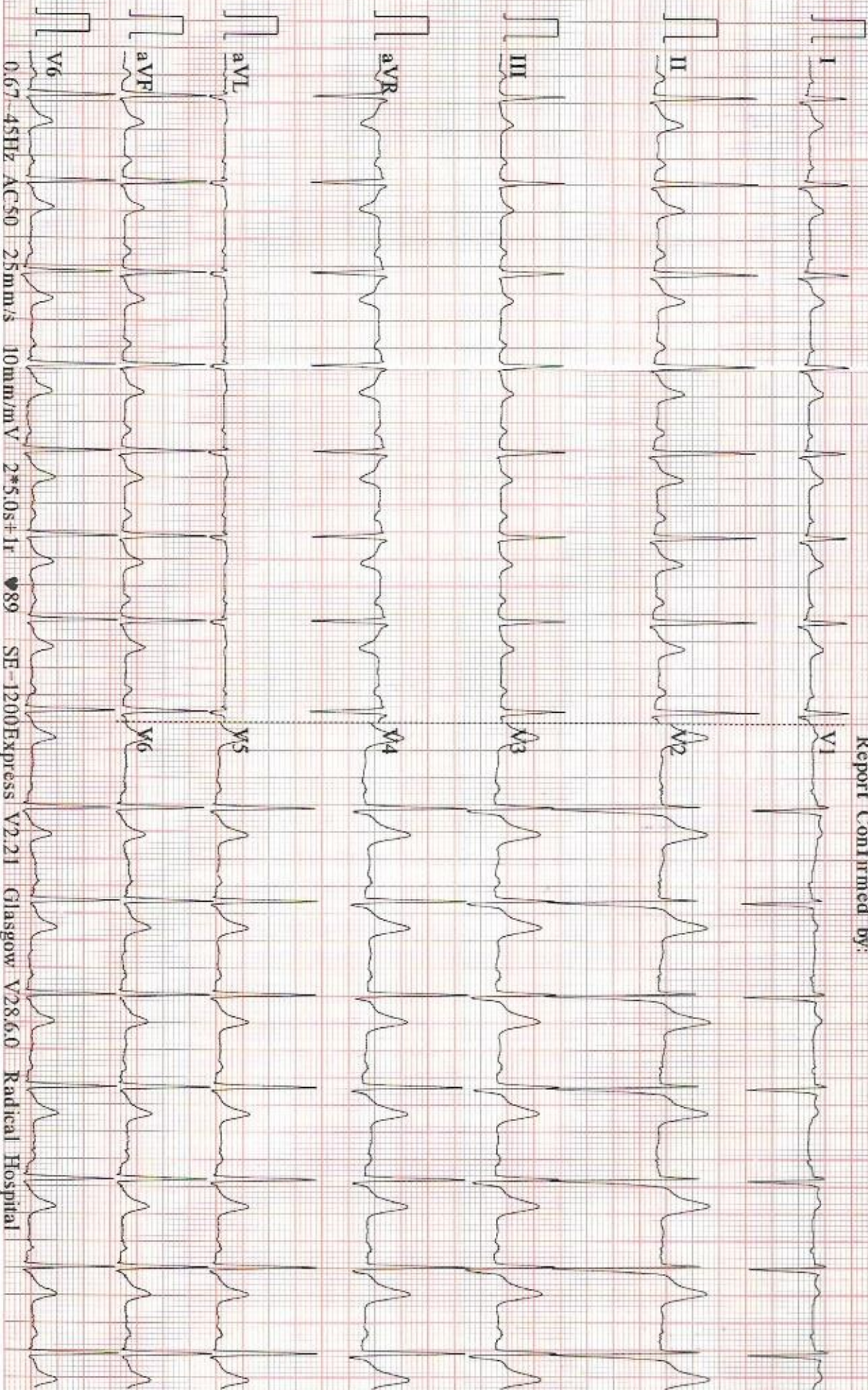
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NAHID AKTER RASHED
Male 29 years

HR	: 89	bpm
P	: 98	ms
PR	: 156	ms
QRS	: 88	ms
QT/QTc	: 328/399	ms
P/QRS/T	: 63/72/57	°
RV5/SV1	: 1850/1249	mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23020357 Receive: 13/02/2023 Print: 13/02/2023
Patient's Name : **NAHID AKTER RASHED**
Age : 29 Yrs Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital