

INTERNATIONAL LABOUR ORGANIZATION

Sectoral Activities Programme

See text links below.

ILO/WHO/D.2/1997

Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers

Part 6

Annex D

Minimum requirements for the medical examination of seafarers

Name (last, first, middle): SAMI MD	430US	
Date of birth (day/month/year): 16 1/2/1972	_ Sex:	female
Home address: FLAT # A2, YIC TORY 122/1, SHER-Z-BKNG RXYER BAZAR, SH	X GARDEN GARDEN ANMODDINBHANCA, BA	16 LADESH
Passport No./Discharge Book No.: A 0200	00943/10/013829	
Type of ship (container, tanker, passenger, fishing	g): BULK CARRIER	
Trade area (e.g., coastal, tropical, worldwide):	DORLD 213E	
Examinee's personal declaration (Assistance should be offered by medical staff) Have you ever had any of the following condition	ns•	

	Condition	Yes No	1	Condition	Yes No
1.	Eye/vision problem	· 1.	18.	Sleep problems	0. 2.
2.	High blood pressure	0. 2	19.	Do you smoke?	D. X.
3.	Heart/vascular disease	D. Z.	20.	Operation/surgery	0. 200
4.	Heart surgery	D. Z.	21.	Epilepsy/seizures	0. 6.
5.	Varicose veins	D. Hos	22.	Dizziness/fainting	0. 2.
6.	Asthma/bronchitis	The state of the s	Male State	Loss of consciousness	0. 2

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	1	2.20	Psychiatric pro			
ALC:	PI	25.	Depression			Z
	1	7 26.	Attempted suic	ide		D
	Z,	27.	Loss of memor			d
	1/	28.	Balance proble	m	Ó	P
	1	29.	Severe headach	nes		Z
	8/	30.	Ear/nose/throat	problems		Z
	DI	31.	Restricted mob	ility		ď
	d,	32.	Back problems			1
		33.	Amputation			B
DN	M	34.	Fractures/dislo	cations		Q
				y		
			**************************************	r		
				Vac N	No.	
ff as sic	ck or rep	atriate	ed from a ship?	Yes !	No	
ff as sic zed?	ck or rep	atriate	ed from a ship?		No	
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zed? unfit fo ever bed any me	or sea du en restri	ity? cted o	r revoked? s, diseases or		No	
			28. 29. 30. 31. 32. 33. 34.	28. Balance proble 29. Severe headach 30. Ear/nose/throat 31. Restricted mob 32. Back problems 33. Amputation	28. Balance problem 29. Severe headaches 30. Ear/nose/throat problems 31. Restricted mobility 32. Back problems 33. Amputation 34. Fractures/dislocations	28. Balance problem 29. Severe headaches 30. Ear/nose/throat problems 31. Restricted mobility 32. Back problems 33. Amputation 34. Fractures/dislocations

42. Are you taking any non-prescription hospitals medications?

As Per-MLC-2006

II yes, j	piease ii	st the med	lications	taken	and ti	ne purpo	ose(s) and do	sage(s).			
hereby	certify t	that the pe	ersonal d	leclarat	ion al	oove is	a truc	e statem	ent to the	best of m	y kno	wledge.
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ionatur	e of eva	minee:	(10)		2	Date (ław/n	nonth/y		FEB 2023		
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Height:	Z (cm)	V	Weight:	74	(kg)	
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Blood pressure:	Systolic:	120	(mm Hg)	Diastolie: _	00	_(mm Hg)
Urinalysis:	Glucose:	NII		Protein:	Nil	
	Normal A	Abnormal			Normal A	Abnormal
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Sinuses, nose, throat	Kn		Vascular (inc.	pedal pulses)		
Mouth/teeth	6/		Abdomen and	보이지는 아이지를 하다 그렇게 모르게 되어 하다 하다.		
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Tympanic membrane	2		Anus (not rect	al exam.)		
Eyes			G-U system			П
Opthalmoscopy	61			ver extremities		П
Pupils	6,		Spine (C/S, T/		M 1	П
Eye movement	2/		Neurologic (fu			o o
Lungs and chest	te		Psychiatric			
Breast examination	NM ,		General appea	rance		
Heart				2372252		
Skin	X					
Chest X-ray:	□ Not perfo	ormed	Performed o	on (day/month/y	22 FE year):/_	
Results:	VOTE	ma	1 en	m	k Ra	<u>-</u>
Other diagnostic test(s) and result(s):	1 1			
Test L	100 ch	1010	Pine Result	Non	me	
Medical examiner's						
	FIT FO	R DUTY ON	BOARD SHIP			
Vaccination	on status reco	rded:	Yes		• 🗆 No	
	Asse	essment of	fitness for serv	ice at sea	Sain / Pro	
On the best of					200	255 15c 15c

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

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Witho	out restrictions .	With restrictions	•		
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ction taken	by medical examine			2 2	EED 2022
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Fit for look-out duty • 🗆 Not fit for look-out duty



PHYSICAL EXAMINATION REPORT/CERTIFICATE DEPUTY COMMISSIONER OF MARITIME AFFAIRS

ANNEX 2

LAST NAME OF APPLICANT DATE OF BIRTH MORTH Z DAY E VEAR 7 7 2 CTTY X-SHORE COUNTRY BANGL MALE FIDMALE EXAMINATION FOR DUTY AS MASTER MOU DECK MALE	THE RE	PUBLIC OF LIBERIA	AININEA 2
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IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY, OR TO REINDER HIM UNTIT FOR SERVICE AT SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOARD? IF YES, EXPLAIN IN DETAILS OF MEDICAL EXAMINATION ON PAGE 2. 2 FEB 2023 2 1 FEB 2025 SIGNATURE OF APPLICANT THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMINING PHYSICIAN. THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO. IT FOR DUTY ON BOARD SHIP (NAME OF APPLICANT) (HE) (SHE) IS FOUND TO BE (FIT) (NOT FIT) FOR DUTY AS A: (MASTER MATE, ENGINEER, RADIO OFFICER, RATING, MOU DECK, MOU ENGINE OF SUPERNUMBERARY). IF EMPLOYED AS A WATCHSTANDER (HE) (SHE) IS FOUND TO BE (FIT) FOR LOOKOUT DUTIES? NAME AND DEGREE OF PHYSICIAN DR. MIR MD. RAIHAN MBBS. (DU), DFM ADDRESS RADICAL HOSPITALS LIMITED. 35, SHAH MAKHDUM AVENUE, SECTOR-12, UTTARA, DHAKA-1230 NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY DG SHIPPING BANGLADESH DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE OF MAY 2014 SIGNATURE OF PHYSICIAN This certificate is issued by adminority of the Deputy Commissioner of Maritime Affairs, R.L. and in compliance with the requirements of the Maritime Labour Convention, 2006 for the Medical Examination of Seafarers. The Medical Certificate shall be valid for no more than two (2) years from the date of the Examination for those over 18 years of age and for no more than one (1) year for those under 18 years of age RLM-105M (REV. 12/17) DR. MIR. MD. RAIHAN MEBS (DU), DFM CCD (Birdon), PGT (Ophin) BMC A-5514-MMC-BGD-016 GENERAL PARTICLE OF PHYSICAL MAY A MACHAGOD-016 GENERAL PARTICLE OF PROVIDED A MACHAGOD-016 GENERAL PARTICLE OF PARTICLE OF PROVIDED A MACHAGOD-016 GENERAL PARTICLE OF	EXTREMITIES:	100	
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General Physician	years of age and for no more than one (1) ye	ar for those under 18 years of age	
General Physician Approved	RLM-105M (REV. 12/17) DR. MIR. MD. R MBBS (DU). DFM, CCD (Birdem)	RAIHAN PGT (Ophth) BGD-016	E CONTRACTOR OF THE CONTRACTOR
	General Physicia	Approved &	

MEDICAL REQUIREMENT

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. Such proof of examination must establish that the applicant is in satisfactory physical condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession. In addition, the following minimum requirements shall apply:

- (a) All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in the better ear at 15 feet and in the poorer ear at 5 feet.
- (b) Deck officer applicants must have (either with or without glasses) at least 20/20 vision in one eye and at least 20/40 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- (c) Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 vision in one eye and at least 20/50 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (d) An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS and/or the use of narcotics.
- (f) Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (g) Applicants for able seafarer deck, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- (h) Applicants for fireman/watertender, oiler/motorman, able seafarer engine pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

DETAILS OF MEDICAL EXAMINATION (To be completed by examining physician)

	Y- 1	
02. Pathological Test	THE STATE OF THE S	54
		The Paragraph
03. Radiological Test		

2 2 FEB 2023

Ophthalmology Examination For VA & CV

RLM-l05M (REV. 12/17)

As Per-MLC-2006

DR. MIR. MD. RAIHAN
M8BS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.





Id No : 0645 Date : 22-Feb-2023 D.Date : 22-Feb-2023

Patient's Name: MD ABDUS SAMI Age: 50Y 2M 6D Gender: Male

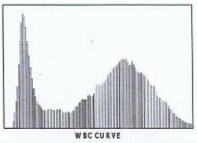
Specimen : Blood

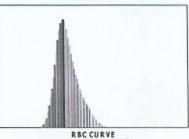
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/3829

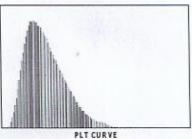
Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range	
Hemoglobin (Hb) ESR(Westergreen)	14.8 gm/dl 06 mm/1st hr	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.	
Total WBC Count(TC)	10,700 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year):	
		6,000-18,000/cumm	
Differential WBC Count (DC)			
Neutrophils	74 %	Child: 25-66 %, Adult: 40-75 %	Ann d
Lymphocytes	22 %	Child: 52-62 %, Adult: 20-50 %	
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %	W
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %	
Basophils	00 %	Adult: 00-01 %	- 1
Total Cir. Eosinophils	214 /cumm	50-450/cumm	- 10.
Total RBC Count	4.63 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul	- 10
HCT/PCV	40.1 %	M: 40-54%, F:37-47%	
MCV	86.6 fL	76 - 94 fL	
MCH	32.0 pg	27 - 32 pg	_,(
MCHC	36.9 g/dL	29 - 34 g/dL	,
RDW	12.9 %	11 - 16 %	
PDW	14.4 fL	35 - 56 fl	m.
Total Platelete Count (PC)	2,22,000 /cumm	150,000-450,000/cumm	
MPV	8.5 fL	7.0 - 11.0 fL	
PCT	0.189 %	0.1 - 0.%	







checked By Medical Technologist

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.



radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA23020645	Received Date	22/02/2023
Patient's Name	MD ABDUS SAMI		
Patient's Age	50Y 2M 6D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CC	D(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/3829
Sample	BLOOD		

SEROLOGYCAL REPORT

Test Name

Result

HIV 1 & 2 (Method: (ICT)

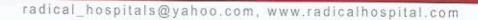
Negative



Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology

East West Medical College and Hospital



Test Name

Benzodiazepines

Methadone

Propoxyphene



Bill No	DIA23020645	Received Da	te 22/02/2	2023
Patient's Name	MD ABDUS SAMI			
Patient's Age	50Y 2M 6D	Pati	ent's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PG7	Γ(Eye),DFM	CDC NO	C/O/3829
Sample	URINE	SN-COMME		

Result

Negative

Negative

Negative

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative

Chucked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital radical_hospitals@yahoo.com, www.radicalhospital.com



Patient's Name	:	MD ABDUS SAMI	ID NO	:	23020645
Age	:	50 Yrs	Date	:	22/02/2023
Sex	:	Male		No.	
Referred by	:	Dr. Mir Md. Raihan - MBBS (DU), DFM			
Nature of Specimen	:				

Dental Examination Reports

On Examination

1. Dental Caries : Absent

2. Calculus : Absent

3. Missing : Absent

4. Gum Condition : Normal

5. Filling : No

6. Root Canal Treatment : No

7. Any Bridge/Denture/Crown : No

8. Oral Hygine : Normal

Comments: Normal

Dr. Mir Md. Raihan

MBBS (DU,) CCD (Birdem), PGT (opth) Reg- A55144 BGD-016(MMC) DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

AUDIOLOGICAL REPORT

Patient Name : MD ABDUS SAMI

22/02/2023

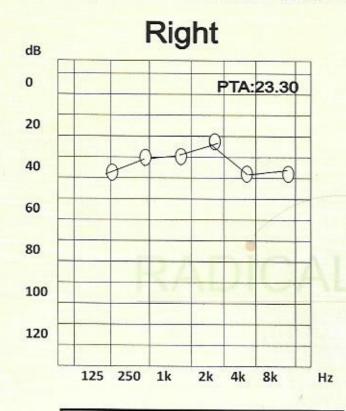
Age

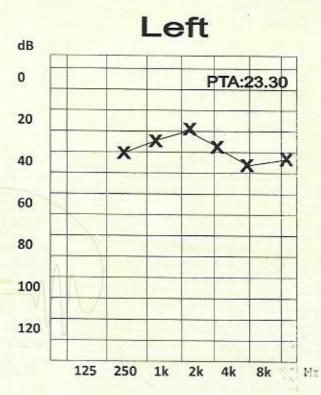
:50 Yrs

Address

: RHL, UTTARA

Referred By : Dr. Mir Md. Raihan , MBBS,(DU), DFM





0-25= Normal Hearing.

26-40= Mild Hearing Loss.

41-55= Moderate Hearing Loss.

56-70= Moderately Severe Hearing Loss.

71-90= Severe Hearing Loss.

91-120= Profound Hearing Loss.

	Right Ear	Left Ear
Air Unmasking O	X	
Bone Unmasking		
No. of the last of	Right Ear	Left Ear
Air MaskingOX		
Bone Masking $\Delta\Delta$		

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.



radical_hospitals@yahoo.com, www.radicalhospital.com

Patient's Name	1	MD ABDUS SAMI		Sec.
Age	:	50 Yrs	Date	: 22/02/2023
Sex	:	Male	CDC NO:C/O/3829	
Referred by	:	Dr. Mir Md. Raihan - MBBS, (DU), DFM		

Psychometric Test

Test Name	Remarks		
1.APTITUDE TEST	2		
Numerical Reasoning test	Poor /Good /very good /excellent		
Verbal Reasoning test	Poor /Good /very good /excellent		
Inductive reasoning test	Poor /Good /very good /excellent		
Diagrammatic Reasoning test	Poor /Good /wery good /excellent		
Logical Reasoning test.	Poor /Goød /wery good /excellent		
Error checking test	Poor /Good /very good /excellent		
2.Skill Test	Poor /Good /very good /excellent		
3.Personality Test	INFJ / ENFJ / ISFJ / ENTP/ ESFJ /ESFF		
4.Watson Glaser test(Critical Thinking Test)			
Arguments	Poor /Good /wery good /excellent		
Assumptions	Poor /Good /Very good /excellent		
Deductions	Poor /Good /wery good /excellent		
Interpreting Information's	Poor /Good /very good /excellent		
Inferences	Poor /Good /very good /excellent		
5.Situational Judgment Test.	Poor /Good /very good /excellent		

Poor: <6

Good: 6-7

very good: 7-8

excellent: 8-10

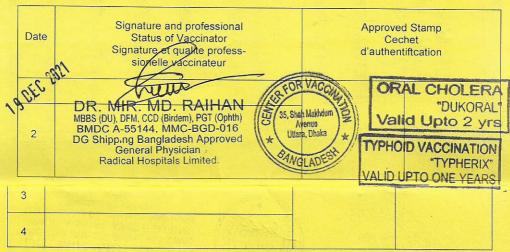
COMMENTS: HE IS MENTALLY FIT FOR SHIP JOB

Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT (opth) Reg- A55144 BGD-016(MMC) DG Shipping Bangladesh Approved Malaysian Medical Council Approved General Physician Radical Hospitals Limited

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST CHOLERA CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CON IRE LE CHOLERA

This is to certify that JE Soussigne' (e) certifie que	date of birth 16-12-1972 Sex sexe				
Whose signature follows dont la signature suit					
has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.					



The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the ev6nt of revaccination within such period of two years, on the date of that revaccination

Notwithstanding the above provision in the case of a pilgrim, tins certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any pan of it. May render in invalid.

La validity dece certificate couvre une period de six mois commencent six Jours a prea is premiere injection du vaccin ou, dans le cai a" une revaccination a, cour. d;;gtte period do six mois jour de cette revaccination.

Nonobstant les, despositions ci-dessue dans le cas d'un pelerin le present certificate dottlalre mention de deux injections partiquees a sept jours d'. intervaile et sa validite cofilmence lejour de la seconde, injection;

De cachet d' authentification doit etre c_anforme au modele present per I, administration sanitaite du territoire ou la vaccination est effectuee. j

Toute correction ou rahfe sur le certificate ou I o. mission d' une quelconque des mantions qu il comporte pe ut effectersa validite.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST YELLOW FEVER CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CONTRE LA FIEVRE JAUNE

MD 4BBUS SAMI

DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.

3

4

	ussigne' (e) certifie que	no' (e) le	16-12-17 Dock
	e signature follows a signature suit	عبد ه	
	the Date indicated been vacci vaccine (e) ar revaccine (e) co		
Date	Signature and professional Stahtus of Vaccinator Signature et titre du vaccinateur	Manufacturer and batch no of vaccine Fabricanl du vaccin et nunnc' ro du lot	Official sump of vaccinating centre Cachet official du centre de vaccination
BER	TO BOILD	FEVER	St. Shah Madrum
DF MBB 2BM	S (DU), DFM, CCD (Birdem), PGT (Ophth DC A-55144, MMC-BGD-016	DAKAR	Averue Utara, Chaka 🖟

This certificate is valid only if the vaccine used has been approved by the world I Icalih organization and vaccinating centre has been designated by health, administration for the territory in which that centre is situated.

The validity of his certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within sch period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for die signature.

Any amendment of this certificate, or erasure, of failure to complete any part of it, may render it invalid.

Ce certificate n' est avalable que si lc vaccina employe" a c-' tc,' a approve" par l' organisa_tion Mondiale de la santo" et sile centre a" uaiiif,alion ae" tc'tra6fiiile pali-aminstralion sanitaire du (erriloire dans loquol'oe centre est siture;

La validite' de ce certificat couvrc une pe'riodo de dix ans comencant dix joursapros la date de la vaccination ou, dans le cas dune rejaccination, u.ou., a.-citto lie, lio, i. a" dix ans. lejour de cetto revaccination.

Ca certificate do it ctrc signc'uq1 un me'decin de sa propre main, son cachet offliciar no pouvant cue conside' commo Icnant lieu de signature.

Toute eoreciion ou rahire sur le certificate ou l'omission d' une quelconque des mentions qu'il comporte pent allecter sa validite.