REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER

As per **Merchant Shipping (Medical Examination) Amendment Rules, 2000** and **ILO IMO/JMS/2011/2012**
(In Compliance with MLC 2006 & ISM/STCW 2010, Code 1/9)

Name : AMIN MOHAMMAD ROHUL (SURNAME / FIRST NAME / MIDDLE NAME) Sex : M Serial No. :

Date of Birth : 01/12/1967 PP/CDC No. : C/D/1578 Nationality: BANGLADESHI

Rank: MASTER Vessel: FREMENTLE HIGHWAY Type: PCC Route :

Home Address :

Company Name & Address :

Medical History : Please answer the following to the best of your knowledge

Is there any past/present history of any of the following?	Candidate Declaration Yes	Candidate Declaration No	Examiner Record Yes	Examiner Record No	Is there any past/present history of any of the following?	Candidate Declaration Yes	Candidate Declaration No	Examiner Record Yes	Examiner Record No
Severe one-side headaches (Migrane)		✓		✓	Hernia / Hydrocoele / Appendicitis		✓		✓
Head Injury / Concussion / Loss of Memory		✓		✓	High/Low Blood Pressure / Heart Disease		✓		✓
Fits / Epilepsy / Dizziness / Fainting		✓		✓	Asthama / Bronchitis / Tuberculosis		✓		✓
Eye / Vision / Problems (Glasses etc)		✓		✓	Allergy / Skin Disease		✓		✓
Hearing Impairment		✓		✓	Infection / Contagious Disease		✓		✓
Ear / Nose / Throat Problem		✓		✓	Addiction to alchohol / drugs / tobacco		✓		✓
Stomach / Bowel Disorders		✓		✓	Fracture / Dislocation / Injury / Amputation		✓		✓
Gall Stones / Kidney Disorders		✓		✓	Major / Minor Operation		✓		✓
Jaundice / Liver Disease		✓		✓	Diabetes		✓		✓
Piles / Vericose veins		✓		✓	Nervous / Mental disease / Sleep disorder		✓		✓
Blood Disorder		✓		✓	Malignant Disease (Cancer)		✓		✓
Female Disorders		✓		✓	Signed off on medical ground/Declared Unfit		✓		✓

Notes :

Candidate's Declaration :- My signature below acknowledges that all statements provided by me in this application are true & correct to the best of my knowledge and belief and I further authorise & consent to the release of any /all of my medical records from any source including Insurance offices, Doctors, Hospitals or other institutions and public authorities. This general medical release will also authorize the release of any /all of my psycological records. If I am being tested for HIV virus, I consent to have the result revealed to my employer. I declare the above statements to be correct.
I hereby certify that the above medical statements are true and will form the basis of my medical examination. I agree that any omission or mis representation shall preclude me from employment and other medical benefits.

Date :

Candidate's Signature

Medical Examination :

Height in cms	Weight in Kgs	Blood Pressure in mm of Hg	Pulse-beats/min	Resp. Rate/min	General Appearance
167cm	68 KG	120/80mm	78bpm	20bpm	HEALTHY

Compliant with MLC2006, STCW 2010 STANDARD A-1/9

Distant Vision (Snellen's Chart)	Uncorrected	Corrected
Right Eye		6/6
Left Eye		6/6

Colour Vision			
Ishihara	Normal	Abnormal	
Others	Normal	Abnormal	

Field Of Vision: Normal / Abnormal

Audiometry

Hz	500	1000	2000	3000	4000	5000	6000	8000
Right Ear dB	20	20	20		Not Indicated			
Left Ear dB	20	20	20					

*Hearing	Normal Voice	Whispered Voice
Right Ear	4 METER	2 METER
Left Ear	4 METER	2 METER

Compliant with MLC2006, STCW 2010 STANDARD A-1/9

Systemic Examination

	Norm	Abnor
Head & Neck	✓	
Eyes	✓	
Ear / Nose / Throat	✓	
Teeth / Oral Cavity	✓	
Musculo-Skeletal System	✓	
Nervous System	✓	
Reflexes	✓	
Skin	✓	

Notes

FIT FOR SEA SERVICE
AS
AS PER MLC 2006
Enhanced GARD Medicals done

	Norm	Abnor
Respiratory System	✓	
Cardiovascular System	✓	
Per Abdomen	✓	
Genito-urinary System	✓	
Others	✓	
Hernia / Hydrocoele	✓	
Vericose Veins	✓	
Fissure / Fistula / Piles	✓	

Investigations :

Blood	Result	Normal
Heamoglobin	16.4	M:13-17 F:12-15 gm%
Total WBC Count	9.67	4000 - 10000 / cu m
Neu 65 % Lymp 28 % Eos 0 % Bas 0 % Mo 07 %		
ESR	5	1 - 10 mm/hr
SGOT	20	0 - 35 IU / L
SGPT	20	10 - 60 IU / L
S. Cholesterol	160	130 - 220 mg / dl
S. Triglycerides	95.76	upto 200 mg / dl
Blood Sugar	5.59	upto 140 mg %
Creatinine	0.59	upto 1.5 mg / dl
GGTP	21	upto 55 IU / L
HbsAg	Negative	
HIV I & II	Negative	
VDRL	Non Reactive	
Others		
Blood Group	B+VE	

Urine	Result
Colour	Straw
Specific Gravity	N
pH	N
Albumin	Nil
Sugar	Nil
Bile Pigment	Nil
Bile Salt	Nil
Occult Blood	Nil
RBC Cells	Nil
Leucocytes	Nil
Spirometry	Normal
Drug of Abuse	Negative
TMT	Negative
ECG	Normal
USG	Normal
XRay (Chest PA)	Normal

PHOTO

DR. MIR MD RAIHAN ★ RADICAL HOSPITALS LTD ★ REG. NO. A-56144 ★ Family, Dhaka

Result Of Medical Examination

On the basis of the history, clinical examination & diagnostic tests, I, hereby declare the above examinee has been found

Remarks / Recommendation : *Unaided Hearing : Satisfactory

I, , certify that all information required under Annexure E & F of Merchant Shipping (Medical Examination) Rules 2000 are incorporated in this certificate.

Date of Medical Exam: 22 AUG 2023

Date of Medical fitness: 22 AUG 2023

Validity of Medical Certificate: 21 AUG 2025

Radical Hospitals Ltd. ★ Approved by Department of Shipping ★ As Per MLC-2006

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
Seafarer Physician

IDENTITY of CANDIDATE CONFIRMED WITH

04.2023.4640

MEDICAL CERTIFICATE FOR FITNESS FOR SERVICE AT SEA

FIT FOR DUTY ON BOARD SHIP

Last/Family Name	First & Middle /Given Name	Position applied for
AMIN	MOHAMMAD ROHUL	MASTER

Date of Birth	Sex	Nationality	ID (Passport/Discharge book) No.
01/12/1967	M	BANGLADESHI	

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of MLC 2006 Reg 1.2; STCW 2010&the guidance for the conduct of medical examination issued by the Directorate, as amended from time to time. On the basis of the seafarer's personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is -

(a) that the hearing meets the required standards for his rank:- ~~Yes~~ No

Unaided hearing is satisfactory ~~Yes~~ No

(b) Visual acuity meets the required standards for his rank ~~Yes~~ No

Colour Vision meets the the required standard ~~Yes~~ No

that he is fit for look out duty ~~Yes~~ No

(c) that he needs visual aids / informed to carry spares ~~Yes~~ No

(d) that he is taking regular medication & seafarer does require to take same during his tenure on board vessel Yes ~~No~~

(e) that the seafarer is not suffering from any disease likely to be aggravated by, or render him unfit for, service at sea or likely to endanger the health of other persons on board ships Yes ~~No~~

(f) this seafarer is **FIT FOR DUTY without restrictions* as mentioned below**

** This Medical Certificate is issued with following restrictions

** Reasons for being unfit

Physician Signature:

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Clinic Stamp

Physician Name Printed: _____

Date: 22 AUG 2023

Valid Till: 21 AUG 2025

Authorizing body of Medical Examiner: Directorate General of Shipping, Govt.of Bangladesh

I acknowledge, that I have been advised of the content of the medical certificate & of the rights for a review and my obligations.

22 AUG 2023

Seafarers signature with Date:- Rohul Amin 22/8/23

Delete whatever is not applicable

Radical Hospitals Ltd. As Per-MLC-2006 Approved by Department of Shipping

MEDICAL FITNESS CERTIFICATE

LAST NAME OF APPLICANT	FIRST NAME	MIDDLE INITIAL
AMIN	MOHAMMAD RAHUL	

DATE OF BIRTH: 12 MONTH | 01 DAY | 67 YEAR

PLACE OF BIRTH: CITY DHAKA COUNTRY BANGLADESH

EXAMINATION FOR DUTY AS :

- MASTER ☑
- MATE ☐
- ENGINEER ☐
- RADIO OFF ☐
- SEAMAN ☐

MAILING ADDRESS OF APPLICANT
HOUSE-17, ROAD-03,
UTTARA. DHAKA

MEDICAL EXAMINATION

HEIGHT	WEIGHT	BLOOD PRESSURE	PULSE	RESPIRATION	GENERAL APPEARANCE
167cm	68kg	120/80mm	72bpm	18m	Good

VISION:

	RIGHT EYE	LEFT EYE
WITHOUT GLASSES		
WITH GLASSES	6/6	6/6

HEARING:
RIGHT EAR N.A. LEFT EAR N.A.

COLOR TEST TYPE : BOOK ☐ LANTERN ☐ (Check if color test is normal)
YELLOW N.A. RED N.A. GREEN N.A. BLUE N.A.

HEAD AND NECK: NORMAL

HEART (CARDIOVASCULAR): NORMAL

LUNGS: NORMAL

SPEECH :
Is speech unimpaired for normal voice communication ? NORMAL

EXTREMITIES: UPPER NORMAL LOWER NORMAL

Is applicant suffering from any disease likely to be aggravated by, or to render him unfit for, service at sea or likely to endanger the health of other persons onboard?
NO.

THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO :

AND HE / SHE IS FOUND TO BE FIT FOR SEA SERVICE FROM

NAME AND DEGREE OF PHYSICIAN DR. MIR MD. RAIHAN
(PLEASE PRINT)

ADDRESS RADICAL HOSPITAL LIMITED
UTTARA DHAKA

NAME OF PHYSICIAN'S LICENSING AUTHORITY DG SHIPPING BANGLADESH.

DATE OF ISSUE OF PHYSICIAN'S LICENSE 06 MAY 2014.

SIGNATURE OF PHYSICIAN

This certificate is issued in compliance with the requirements of the Medical Examination (Seafarers) Convention 1946 (ILO No. 73)

Radical Hospitals Ltd. As Per-ML-I-2006 Approved by Department of Shipping

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD

SURNAME: AMIN	GIVEN NAME (S): MOHAMMAD ROHUL
DATE OF BIRTH: DAY 01 MONTH 12 YEAR 1967	PLACE OF BIRTH CITY DHAKA COUNTRY BANGLADE / SEX MALE ☑ FEMALE ☐
POSITION ON BOARD: MASTER ☑ DECK OFFICER ☐ ENGINEERING OFFICER ☐ RADIO OPERATOR ☐ RATING ☐	MAILING ADDRESS OF APPLICANT: HOUSE - 17, ROAD - 03, SECTOR - 13. UTTARA. DHAKA

DECLARATION OF THE AUTHORIZED PHYSICIAN

VISION			COLOR TEST TYPE	HEARING
	WITHOUT GLASSES	WITH GLASSES	☐ BOOK	
RIGHT EYE	—	6/6	☑ LANTERN	RIGHT EAR
			YELLOW RED	
LEFT EYE	—	6/6	GREEN BLUE	LEFT EAR

Confirmation that identification documents were checked at the point of examination: YES ☐ NO ☐

Hearing meets the standards in STCW Code, Section A-1/9? YES ☑ NO ☐ NOT APLICABLE ☐

Unaided hearing satisfactory? YES ☑ NO ☐

Visual acuity meets standards in STCW Code, Section A-1/9? YES ☑ NO ☐

Colour vision meets standards in STCW Code, Section A-1/9? YES ☑ NO ☐
(the visual test it is required every six years)
Date of the last colour vision test: (Day/Month/Year) 22 AUG 2023

Are glasses or contact lenses necessary to meet the required vision standards? YES ☐ NO ☑

Able for watchkeeping? YES ☑ NO ☐

Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☑

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☐ NO ☐

Hereby I declare that I am in knowledge of the contents of the Physical Examination.

Signature of Applicant	Name of Applicant	Date
		22 AUG 2023

CIRCLE APPROPIATE CHOICE: (HE / SHE) IS FOUND TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFCIER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:

FIT FOR DUTY ON BOARD SHIP

NAME AND DEGREE OF PHYSICIAN: DR. MIR MD. RAIHAN

ADDRESS: RADICAL HOSPITAL LIMITED UTTARA

NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY: DG SHIPPING BANGLADESH

DATE OF ISSUE PHYSICIAN'S CERTIFICATE: 06 MAY 20[illegible]

SIGNATURE OF PHYSICIAN: [signature] STAMP OF PHYSICIAN: Radical Hospitals Ltd. As Per-MLC-2006 Approved by Department of Shipping DATE: 22 AUG 2023

EXPIRY DATE OF CERTIFICATE: 21 AUG 2025

This certificate is issued in compliance with the requirements of the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006.

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

	WALLEM SHIPMANAGEMENT(INDIA) PVT. LTD.	Form : MHRS 08 Prepared by : MR Approved by : MD Issued : Feb '08 Revised : Mar '17

REQUISITION FOR SEAFARER'S MEDICAL EXAMINATION

(Confidential Document)

From : MOHAMMAD ROHUL AMIN . UNIVERSAL SHIPPING SERVICE
H-17, R-3, SECTOR-13, UTTARA. DHAKA.
(Please write Name, Address & Contact Details of Manning Centre)

To : RADICAL HOSPITAL LIMITED
Uttara, Dhaka, Bangladesh
(Please write Name, Address & Contact Details of the Doctor/ Clinic/Examiner)

Please carry out medical examination of the seafarer, the details and requirements for which are as stated below.

Date : 22 AUG 2023

(Name & Signature of Responsible Person from Manning Centre)

Examinee's Details :

Full Name : _____ Address : _____

Date of Birth : _____ Rank : _____ Name of vessel to be assigned : _____

Type of vessel : _____ Trade area : _____

(Container, Tanker, Passenger etc) (e.g. Coastal, Tropical, Worldwide) :

CDC No. : _____ Passport No. : _____ Crew ID.(from Compas) : _____

Position Offered/ Applied for : _____ Routine & Emergency Duties (if known) : _____

As per requirements of applicable P&I club :

☐ West of England P&I ☐ UK P&I ☐ Steamship Mutual Underwriting Association

☐ Britannia P&I ☐ Skuld P&I ☐ North of England Association P&I

☐ Standard P&I ☐ Gard P&I ☐ London Steamships P&I

☐ Japan P&I ☐ American Steamships P&I ☐ Others : _____

As per requirements of applicable Flag State :

☐ Liberian ☐ NIS ☐ Panamanian ☐ Marshall Islands ☐ Malta

☐ Danish ☐ ILO ☐ UK ☐ Others : _____

Medical Examination Module (as applicable): _____ (Please refer to "Annex 1" of WSM(I)'s Quality Manual)

FOR SEAFARERS : Please write any past medical history [Injury or Illness] in detail; any history of allergy to drugs should be mentioned in the box provided below :

Please read and sign the following statement :-

"I certify that my past medical history will be/has been fully declared to the Company Doctor and any false statement or undisclosed material and/or information in regard to past or present illness and/or medical condition(s) will disqualify me from any employment benefits and claims."

Seafarer's Signature
Date : 22/8/23

Doctor's Signature
Date : 22 AUG 2023

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Original: Doctor & Copy : Manning Centre

Remark: The document to be uploaded into CMS under "Medical" tab.

WALLEM	**SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER** In accordance with: STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended (Confidential Document)	Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 1 of 7

Pre-Sea Exam: ☐ Periodic Exam: ☐ Other: ☐

Examination for duty as:		Fit to perform the duties he/she is to carry out.	Fit to perform the duties he/she is to carry out with the prescribed medicines which will not affect seafarer's health while onboard.	Temporarily unfit to perform the duties he/she is to carry out.	Permanently unfit to perform the duties he/she is to carry out.
Master: Y/N: ____ Deck Officer: Y/N: ____ Eng Officer: Y/N: ____ Ratings: Y/N: ____ Cook: Y/N: ____ Other: Y/N: ____ Please specify ____		☐	☐	☐	☐

DR. MIR MD. RAIHAN ★ RADICAL HOSPITALS LTD ★ REG. NO. A-55144

To be filled by Manning Centres

Name, Address with Contact details of Manning Centre:					
Vessel to be assigned:		**Routine & Emergency Duties (if known):**		**Position Offered/ Applied for:**	
Type of vessel (Container, Tanker, Passenger etc):					
Trade area (e.g. Coastal, Tropical, Worldwide):	**Cosastal** ☐	**Tropical** ☐		**WorldWide** ☐	

Part I - Examinee's Personal Declaration with Medical History
(Examinee is to be answer the following to the best of examinee's knowledge)
(Assistance should be offered by medical staff)

In case of any wrongful Act or misrepresentation/ suppression of material fact(s) of information or infringement the concerned seafarer shall be fully responsible/ liable for the consequences/ damages / penalties as per the provisions or the applicable laws.

Examinee's Personal Details

Name of Examinee (Family/ last, first, middle):								
Home/ Permanent Address:	HOUSE - 17, ROAD - 03, SECTOR - 13, UTTARA DHAKA							
Mailing Address:	— Same —							
Date of birth (day/month/year):	01 / 12 / 1967					Sex:	MALE	
Place of Birth:	City: DHAKA	Country:	Nationality:	BANGLADESHI	Rank:	MASTER		
Civil Status:	MARRIED							
Identity Docs/ Passport /Discharge Book No:	C01515B							

Examinee's Medical History

Is there any past / present history of any of the following	Examinee	Examiner's	Is there any past / present history of any of the following	Examinee	Examiner's

Radical Hospitals Ltd. ★ As Per MLC-2006 ★ Approved by Department of Shipping

04.2023.4640

WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

	Declaration		Record	
	Yes	No	Yes	No
Loss of Consciousness/ Fits / Head Injury / Dizziness / Loss of Memory		✓		✓
Neuropsychiatric diseases or Depression/ Suicidal Tendency/ Psychosis		✓		✓
Ear (Hearing, tinnitus) Problems / Impairment		✓		✓
Mental Diseases, Breakdown / Sleep Disorder		✓		✓
Fractures / Dislocations / Injury / Amputation/ Restricted Mobility		✓		✓
Eye/ Vision Problems (Whether using Glasses/ Contact lenses)		✓		✓
Balance Problem		✓		✓
Sinuses/ Nose/ Throat Problems		✓		✓
Thyroid Problem		✓		✓
High / Low Blood Pressure/ Blood Disorder		✓		✓
Heart Disease, Surgery / Chest Pain/ Vascular Disease (inc. Pedal Pulses)		✓		✓
Chronic Cough/ Asthma / Bronchitis / Tuberculosis/ Shortness of Breath		✓		✓
Rheumatic Fever		✓		✓

	Declaration		Record	
	Yes	No	Yes	No
Malignant Disease (Cancer) including Lymphoma, Leukaemia and related conditions Recurrence – especially Acute Complications, e.g. Harm to Self from Bleeding and to others from Seizures / Tumor		✓		✓
Stomach / Bowel Disorders/ Digestive Disorder		✓		✓
Gall Stones/ Jaundice / Kidney Disorders		✓		✓
Severe/ Frequent/ One Sided Headaches (Migraine)		✓		✓
Back / Joint Problems/ Wrist Problems/ Slipped Disc		✓		✓
Hernia / Hydrocoele / Appendicitis		✓		✓
Piles / Varicose Veins		✓		✓
Allergies / Rash/ Skin Disease		✓		✓
Female Disorders		✓		✓
Major / Minor Operation/ Surgery		✓		✓
Contagious Diseases/ Gastrointestinal infection / Other Infections		✓		✓
Sexually Transmitted Disease/ Infections		✓		✓
Addiction to Alcohol/Drugs/Cigarettes /Tobacco.		✓		✓
Diabetes		✓		✓

for Male Examinee	Yes	No	If "Yes", give details
Prostate Problems/ Testicular Lumps		✓	
Penile Discharge		✓	
Multiple Partners		✓	

for Female Examinee	Yes	No
Breast Lumps/ Menstrual Problems		✓
Pregnancy		✓
Multiple Partners		✓

If "Yes", to any of the above, please explain:

Additional questions :	Yes	No
Have you ever been signed off on medical grounds, declared unfit or repatriated from a ship?		✓
Have you ever been hospitalized?		✓
Have you ever been declared unfit for sea duty?		✓
Has your medical certificate ever been restricted or revoked?		✓
Are you aware that you have any medical problems, diseases or illnesses?	✓	
Do you feel healthy and fit to perform the duties of your designated position/occupation?		✓
Are you currently under a doctor's care/ medication?		✓
Are you allergic to any medications?		✓
Malaria, Typhoid, Viral fever (Dengue, Chikungunya, etc), Chicken Pox		✓
Liver diseases (Hepatitis A,B,C,D & E, Amoebic Abscess)		✓

Approved by Department of Shipping

Arthritis, Spondylosis (Osteoarthritis, Rheumatoid) & Gout		NO
In the last one week have you consumed any of these Drugs/ Medication		NO
Cough Syrup, Sleeping Tablets, Cold, Action 500 etc.		NO
Pain Killers, If Yes, Please State name of Drug Crocin/ Asprin/ Fortwin etc.		NO
Corticosteroids, Anti-epileptic Drugs, Nasal Drops etc.		NO
Any Medicine/ Injections from your family Doctor		NO

To What Extent Do You Use: Alcohol: N/A, Cigarettes: _____
Tobacco: _____, Drugs: _____

Are you taking any non-prescription or prescription medications?		

If yes, please list the medications taken and the purpose(s) and dosage(s).

Date and contact details for previous medical examination (if known):

Are you coming from or have travelled through high risk areas? If yes, please mention the names of countries that you have been to (including ports of call in your last vessel).

Family History :	Yes	No
Diabetes		NO
Blood Pressure/ Heart Disease		NO
Mental Illness/ Epilepsy/ Seizure		NO
Cancer		NO

If "Yes", to any of the above, please explain:

Any other major conditions?

Would you say that your health is: **Excellent * Good * Fair ***

I MOHAMMAD ROHUL AMIN holding Passport/Seaman Book no. C0151B hereby declare that I have made full disclosure of all of my medical history to the doctors and staff of this clinic. I am aware that the information supplied by me forms the basis upon which I will be offered employment as a seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and / or compensation which would otherwise be due to me under the Contract of Employment or under any Collective Bargaining Agreement. I also hereby consent to my medical records being made available upon demand to my employers and / or the owners and / or Insurers of the vessel or their authorized representatives. I hereby also certify that the personal declaration above is a true statement to the best of my knowledge and I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to

Dr. _____ (the approved medical practitioner carrying out the medical examinations).

Signature of Examinee:	Rohul Amin	Date(day/month/year):	22/8/23

Height in cms:	167	Weight in Kg:	68		
BMI:	24.3	Temperatures:	98°F		
Chest:	Insp: 41	Exp:	40		
Blood Pressure	Systolic 120 (mmHg)		Diastolic 80 (mmHg)		
Pulse Rate: Rhythm:	72/m Regular		Respiratory rate	19	
Oral Health	Normal		General Condition	Good	

Part II – Medical Examination

The Company has set the following BMI limits:
A seafarer with a BMI: 18 or below; or 30 or above is considered temporarily unfit.
For seafarers from Northern Europe, the Indian subcontinent, Russia, Ukraine & Romania with a BMI of between 30 and 35 and where this, in the Government (DGS) approved medical examiner's opinion, is attributable solely to physique with broad shoulders/large muscle bulk with main muscles clearly defined and not obscured by subcutaneous fat and no co-morbid complications (eg. Diabetes, Hypertension, Dyslipidemia etc), then the seafarer in question MUST undergo a stress/ treadmill test.

If the results of the stress/ treadmill test are average or above, the seafarer can be considered "fit to work", however, the seafarer MUST always be counselled on weight loss and ways/means to improve their health.

Radical Hospitals Ltd. Approved by Department of Shipping

WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
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(Confidential Document)

BMI MUST also be taken into consideration during the seafarer's pre-employment medical examination and it is the responsibility of each manning centre to instruct their accredited clinic(s) to ensure that a seafarer's BMI is taken during the medical examination, the Company standards applied and if outside the limits, the manning centre must be notified, who will then seek further guidance from the Crewing Dept.

	Visual acuity					
	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant				6/6	6/6	
Near				N5	N5	

Visual fields		
	Normal	Defective
Right eye		
Left eye		

Are glasses or contact lenses necessary to meet the required vision standard? Yes / No

If yes, specify which type and for what purpose:

Colour vision:

Date of last colour vision test:		Type: Book * Lantern Ishihara CIE-43-2001 *						
Check if colour test is Normal:	Yellow	*	Red	*	Green	*	Blue	*
Colour Vision:	Not tested	*	Normal	*	Doubtful	*	Defective	*

Hearing:

Pure tone and audio metry (threshold values in dB)						
Audiometry	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz
Right ear	20	20	20	20		
Left ear	20	20	20	20		

Speech and Whisper Test (Meters)		
	Normal	Whisper
Right ear		
Left ear		

Speech (Deck/Navigational Officer): Is speech unimpaired for normal voice communication?

	Normal	Abnormal		Normal	Abnormal
Head			Varicose Veins		
Eyes			Vascular (Inc. Pedal Pulses)		
Eye Movement/Pupils			Abdomen and Viscera		
Ophthalmoscopy			Hernia		
Ears, Tympanic Membrane			Anus (Not Rectal Exam.)		
Sinuses, Nose, Throat			G-U System		
Mouth/Teeth/Gums			Upper & Lower Extremities		
Nervous System			Spine (C/S, T/S and L/S)		
Heart			Neurologic (Full Brief)		
Lung and Chest			Psychiatric		
Breast Examination			Pupils		
Skin			Musculoskeletal System		

Cardiovascular System:

	Normal	Abnormal		Normal	Abnormal
Ischaemic Heart Disease			Hypertension		
Dysrhythmia/ Pacemaker			Congenital Heart Disease		
Valvular Heart Disease			Peripheral Circulation		
Cardiomyopathy			Pulmonary Circulation/ TB		
Aneurysms					

Chest X-ray (PA)	Not performed *			
	Performed * on (day/month/year):	Normal	Abnormal	
Result :				

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Other diagnostic test(s) and result(s):

Test:	Result:

Investigation:

Blood	Result	Normal
Haemoglobin "Hb"	16.4 g/dl	13 – 18 gm/ dl
Total WBC count	9670	4,000 - 11,000 / cu.mm
Neu 65 %, Lymp 28 %, Eos 02 %, Baso 0 %, Mo 02 %		
Blood Group & Rh factor (tested only once, need not be repeated)		
Bl ESR	5.0	1 - 15 mm / hr
Platelets	212000	1.50-4.00 Lakh/ul
Fasting Lipid Profile		
S. Triglycerides	238	25-200 mg/dl
Cholesterol Serum	210	130-220 mg/dl
HDL Cholesterol Serum	46	35-65 mg/dl
LDL Cholesterol Serum	143	85-150 mg/dl
VLDL Cholesterol Serum	NAD	07-35 mg/ dl
Total / HDL Cholesterol	NAD	3.0-5.0
LDL/ HDL Cholesterol	NAD	2.5-3.5

Hepatitis B	Positive	Negative
Hepatitis C	Positive	Negative

Urine	Result
Colour	Nil
Specific Gravity	4
pH	4
Albumin	4
Sugar	4
Bile Pigment	4
Bile Salt	
Occult Blood	4
RBC Cells	4
Leucocytes	4
Stool Test	**Result**
Bacterological	NAD
Parasitical	NAD
Others	NAD
HIV I &II	Negative
VDRL	Non Reactive

Additional Tests	Result	Normal
(HbA1c)	5.5	4.0 % - 6.5 %
RBS/ FBS (Blood test	6.80	
Total Bilirubin	0.50	0.1 - 1.0 mg/dl
Direct Bilirubin	NAD	0.0 - 2.5 mg/dl
Indirect Bilirubin	NAD	0.0 - 0.75 mg/dl
SGPT	21	9 - 43 U / L
SGOT	20	0 - 40 IU/L
SGGT	26	0 - 49 IU/L
Blood Urea	NAD	10 - 50 mg/dl
S. Creatinine	0.50	0.8 - 1.4 mg/dl
BUN	14.4	5-23mg/dl
PSA	NAD	Less than 4.00 ng/ml
Malarial Parasite	NAD	
Uric Acid	4.6	2.4 - 7.5 mg/dl

Drugs: Method:
Results:

Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids Urine *	Cocaine / Urine *	Opiates & Morphine *
Cut Off Limit	**(1000 ng/ ml)**	**(200 ng/ ml)**	**50 ng/ ml**	**(300 ng/ ml)**	
Not Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids / Urine *	Cocaine / Urine *	Opiates & Morphine *

Spirometry	Normal	TMT	Negative	Drugs of Abuse	Negative
ECG	Normal	ECHO	Normal	Ultrasound (USG) of the Abdomen & Pelvis	Normal.

Part III - Result of Medical Examination

Is applicant vaccinated in accordance with WHO requirements? Yes / No

Vaccination status recorded: Yes / No Satisfactory * to be renewed *

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Details:

Describe restrictions (e.g. specific positions, type of ship, trade area):

Action taken by medical examiner (e.g. referral):

Examination	Results of the examination		Examination	Results of the examination	
	Pass	Fail		Pass	Fail
Medical History	✓		Fecalysis (food service/ handlers only)	✓	
Physical Examination	✓		Hep B Antigen	✓	
Dental Examination	✓		Hep C Antibodies	✓	
Psychological Test	✓		Stress Test	✓	
Visual Test	✓		Diabetes	✓	
Colour Vision	✓		Ultrasound Examination (Presence of gall & Kidney Stones)	✓	
Audiometry	✓		Alcohol/ Drug Test	✓	
EKG	✓		2D echo Doppler study (for heart patient) Psychometric evaluation	✓	

If failed in any above mentioned examinations and examinations report attached to this form, please provide reasons with examination number:

This examinee is certified free of communicable disease (or viruses for cooks) : Yes / No

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12- Guidelines on the Medical Examinations of Seafarers and also Merchant Shipping (Medical Examination) Rules by the Government (DGS), as amended from time to time. On the basis of the examinee's history, personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is –

(a) that the hearing meets the required standards for his / her rank and detect any audible alarms/ Unaided hearing is satisfactory

(b) Visual acuity meets the required standards for his/her rank /Colour Vision meets the required standard (testing only required every 6 years unless considered necessary)/ that he / she if fit / unfit for look out duty

(c) that he / she needs / does not need visual aids / informed to carry spares

(d) that he/she is/is not taking regular medication & seafarer does /does not require to take same during his tenure onboard vessel that he/she is/is not taking any medication that has side effects that will impair judgment, balance, or any other requirements for effective and safe performance of routine and emergency duties onboard?

(e) that the seafarer is not suffering from any disease, medical condition, disorder or impairment which renders him/her that will prevent the effective and safe conduct or likely to be aggravated by, or unfit for, routine and emergency service at sea or likely to endanger the health of other persons onboard ships.

	Deck service	Engine service	Catering service	Other services (training/ examination)
Fit:	*	*	*	*
Unfit:	*	*	*	*

this seafarer is **UNFIT FOR DUTY**/ FIT FOR DUTY with/ without restrictions*** as mentioned below,

* This Medical Certificate is issued with following restrictions (e.g., specific position, type of ship, trade area & other as applicable) :

** Reasons for being unfit

Radical Hospitals Ltd. ★ As Per MLC 2006 ★ Approved by Department of Shipping

WALLEM	**SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER** In accordance with: STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended (Confidential Document)	Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 7 of 7

This is to certify _____ was physically examined and he/she is found to be FIT for sea service/ look-out duty for the period from _____ To _____ Place of medical examination RADICAL HOSPITAL LIMITED Date of medical examination: 22 AUG 2023 Medical certificate validity date (day/month/year): 21 AUG 2025 Name of Examiner (Please Print): Uttara, Dhaka, Bangladesh

(Validity should not be more than 2 years)

_____ Degree: _____ Address: RADICAL HOSPITAL LIMITED

_____ Tel./Fax/Email: Uttara, Dhaka, Bangladesh

Name of Medical Examiner/ Physician Certificate /License Issuing Authority:

_____

Date of issue of Medical Examiner/Physician Certificate/ License: _____ Registration No.:

_____

Examinee's Signature

(This signature is affixed in the presence of the Medical Examiner

(print name of medical examiner if not legible) and I acknowledge, that I have been advised of the content of the medical certificate & of the right to a review in accordance with paragraph (6) of section A-I/9 of STCW Code and my obligations.)

Date: 22 AUG 2023

Official Stamp & Signature with Govt. (DGS) Approval/ No.....of Medical Examiner

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited.

Original: Master & Crewing Dept
cc: Seafarer

Remark: This form is to be uploaded in Crew Management System, Medical tab by the Manning centre.

Radical Hospitals Ltd. ★ As Per-MLC-2006 ★ Approved by Department of Shipping

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IBN SINA
Pioneer in Health Care

IBN SINA D. LAB & CONSULTATION CENTER, UTTARA

HAEMATOLOGY REPORT

ID No : U1167661 Voucher Time : 21/08/2023, 02:28 PM Reporting Time : 21/08/2023, 07:03 PM

Name : MOHAMMAD ROHUL AMIN Age : 54 Y 3 M 13 D Sex : M Specimen: Blood

Ref.By : UNIVERSAL SHIPING SERVICES.

Parameter	Result	Referance Value
Red Blood Cells		
Haemoglobin	16.4 g/dl	Adult: Men: 15.0±2.0, Women: 13.5±1.5 At birth: 13.5-19.5, 3 Days: 14.5-22.5 1 Month: 11-17, 2-6 Months: 9.5-13.5 2-6 Years: 11-14, 6-12 Years: 11.5-15.5
Total RBC	5.65 milion/Cmm.	Men: 5.0±0.5, Women:4.3±0.5
ESR	6 mm (Auto Analyzer)	Men: 0-10, Women:0-20
PCV/HCT	0.49 l/l	Men:0.45 ± 0.05, Women:0.41 ± 0.05
MCV	86.5 fl	92±9
MCH	29.0 pg	29.5 ±2.5
MCHC	33.5 g/dl	33.0±1.5
RDW-CV	12.7 %	12.8±1.2
White Blood Cells		
Total WBC	9,670 /Cmm.	Child: 5,000-15,000 Adult: 4,000-11,000 Infant:6000-18,000Atbirth:10,000-25,000
Circulating Eosinophils	193 /Cmm.	50-500
Differential Count		
Neutrophils	65 %	Child: 20-50 Adult: 40-75
Lymphocytes	28 %	Child: 40-75 Adult: 20-40
Monocytes	05 %	2-10
Eosinophils	02 %	2-6
Basophils	00 %	<1.0
Others	00 %	
Platelet Count:		
Total Platelet Count	2,12,000 /Cmm	1,50,000-4,50,000
MPV	13.1 fl	8.0-9.5

M. Atiqur Rahman
DMT(SMF), Lab. Medicine
Medical Technologist, Ibn sina, Uttara

Assoc. Prof.Dr. Sumaiya Khatun
MBBS, MD (BSMMU) (Gold medalist).
Laboratory Consultant.
Ibn Sina D.Lab, Uttara.

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BIOCHEMISTRY REPORT

ID No : U1167661 Voucher Time : 21/08/2023, 02:28 PM Reporting Time : 21/08/2023, 08:14 PM

Name : MOHAMMAD ROHUL AMIN Age : 54 Y 3 M 13 D Sex : M

Ref.By : UNIVERSAL SHIPING SERVICES.

Specimen : Blood

Parameter	Test Result	Reference Value
Plasma Glucose Random	6.80 mmol/L	3.33-7.78
HbA1C	5.5 %	4.8-6.0
Bun	14.49 mg/dl	Adult: 7-18 Child: 5-18
S. Creatinine	0.59 mg/dl	Adult Male: 0.70-1.30 Adult Female: 0.50-1.10 Child: 0.20-0.70
S. Uric Acid	4.6 mg/dl	Adult Male: 3.50-7.20 Adult Female: 2.60-6.00
S. Bilirubin (Total)	0.50 mg/dl	Adult: <1.00 Neonatal:1.50-12.00
S. ALT (SGPT)	21 U/L	Male: 16 - 63 Female: 14 - 59
S.AST (SGOT)	20 U/L	<37
S.Gamma GT	26 U/L	Male: 11-50, Female: 7-32
S. Total Protein	7.7 g/dl	Adult: 6.40 - 8.20 Newborn: 4.60 - 7.60 Child: 6.50 - 8.00
Lipid Profile_R		
S. Cholesterol	210 mg/dL	<200
HDL	46 mg/dL	>35
LDL	143 mg/dL	<130
TG	238 mg/dL	<150
T.Cholesterol-HDL Ratio	4.57	Normal: <4.5 Moderate: 4.5-8.5 High Risk: >8.5

Md. Nasir Uddin
Biochemist
B.Sc(Hon's.)M.Sc (Biochemistry & MB)
Ibn Sina D-lab, Uttara

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IMMUNOLOGY REPORT

ID No : U1167661 Voucher Time : 21/08/2023, 02:28 PM Reporting Time : 21/08/2023, 08:11 PM

Name : **MOHAMMAD ROHUL AMIN** Age : 54 Y 3 M 13 D Sex : M

Ref.By : UNIVERSAL SHIPING SERVICES.

Specimen : Blood

Estimations are carried out by Atelica Solution/ Vitros 5600/Seimens Advia Centaur XP/ Immulite 2000 XPI System

Parameter	Test Result	Reference Value
Anti-HCV	Negative Cut off rate: 1.0 Sample rate: 0.06	
HBsAg	Negative Cut off rate: 1.0 Sample rate: < 0.10	
HIV1&2Combo	Negative Cut off rate: 1.0 Sample rate: 0.13	

Rabiul Islam Talukder
Biochemist
B.Sc(Hon's) M.Sc (Biochemistry & MB)
Ibn Sina D-Lab, Uttara

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SEROLOGY REPORT

ID No	: **U1167661**	Voucher Time :	21/08/2023, 02:28 PM	Reporting Time :	21/08/2023, 07:27 PM
Name	: MOHAMMAD ROHUL AMIN			Age : 54 Y 3 M 13 D	Sex : **M**
Ref.By	: UNIVERSAL SHIPING SERVICES.				
Specimen	: BLOOD				

PARAMETERS	TEST RESULT	REFERENCE VALUE
Blood Group(ABO)	"B"	
Rh(D)	Positive	

Md. Shariful Islam
DMT(SMF), BSc(Hon's) Lab
Medical Technologist, Ibn sina D-Lab, Uttara.

Assoc. Prof.Dr. Sumaiya Khatun
MBBS, MD (BSMMU) (Gold medalist).
Laboratory Consultant.
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URINE ROUTINE EXAMINATION

ID No : U1167661 Voucher Time 21/08/2023, 02:28 PM Reporting Time : 21/08/2023, 08:07 PM
Name : MOHAMMAD ROHUL AMIN **Age :** 54 Y 3 M 13 D **Sex : M**
Ref.By : UNIVERSAL SHIPING SERVICES.
Specimen : Urine

PHYSICAL EXAMINATION	Result	Reference Value
Quantity	Sufficient	
Colour	Straw	Pale Yellow /Straw
Appearance	Clear	Clear
Specific Gravity	1.042	1.010 - 1.022
CHEMICAL EXAMINATION	**Result**	**Reference Value**
Reaction (PH)	5.5	4.5 - 8.0
Protein	Trace	Nil
Glucose	+	Nil
Acetone (Ketone body)	Nil	Nil
Bilirubin	Absent	0.2 mg/dL
Urobilinogen	Nil	0.1 - 1.8 mg/dL
Nitrite	Negative	Nil
MICROSCOPIC EXAMINATION	**Result**	**Reference Value**
Epithelial Cells	0-2/HPF	0-5/HPF
Pus Cells	0-1/HPF	1-5/HPF
RBC	Nil	0-2/HPF
Yeast cells	Nil	Nil
Trichomonas	Nil	Nil
Fungus	Nil	Nil
Spermatozoa	Nil	Nil
Cast	**Result**	**Reference Value**
Hyaline Cast	Nil	Nil
Granular Cast	Nil	Nil
Cellular Cast	Nil	Nil
RBC Cast	Nil	Nil
WBC Cast	Nil	Nil
Waxy cast	Nil	Nil
Crystal	**Result**	**Reference Value**
Cal.Oxalate	Nil	Nil
Amorphous Phosphate	Nil	Nil
Uric Acid	Nil	Nil
Urates	Nil	Nil
Triple Phosphate	Nil	Nil
Sulphonamide	Nil	Nil

M. Atiqur Rahman
DMLT(SMF), Lab. Medicine
Medical Technologist, Ibn sina, Uttara

Assoc. Prof.Dr. Sumaiya Khatun
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SEROLOGY REPORT

ID No : U1167661 Voucher Time : 21/08/2023, 02:28 PM Reporting Time : 21/08/2023, 07:27 PM

Name : **MOHAMMAD ROHUL AMIN** Age : 54 Y 3 M 13 D Sex : M

Ref.By : UNIVERSAL SHIPING SERVICES.

Specimen : Blood

Parameter	Test Result	Reference Value
V.D.R.L Test	Non-Reactve	

Md. Shariful Islam
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Medical Technologist, Ibn sina D-Lab, Uttara.

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REPORT

I.D. No	:	U1167661	Received date : 21 Aug 2023	Printed date: 22 Aug 2023 10:24AM
Name of Pt.	:	MOHAMMAD ROHUL AMIN	Age : 54 y(s), 3 m(s)	Sex: Male
Ref. By	:	UNIVERSAL SHIPING SERVICES.		
Exam	:	XR CHEST P.A DIGITAL		

Thank you for the courtesy of this kind referral.

X-Ray Chest (P/A) View

Trachea is normal in position.

Both dome of diaphragm are normal in position & contour.

Both CP angles are clear.

Heart is normal in transverse diameter.

Both lung fields are clear.

Bony thorax and soft tissue appear normal.

Impression: Normal skiagram of chest.

Dr. Md. Shahjahan
MBBS, FCPS, M.Phil
(Radiology & Imaging-BSMMU)
Imaging Specialist
Associate professor (cc-ex.)
Tairunnessa Memorial Medical College & Hospital
Ibn Sina D-Lab, Uttara.

mukti
YES TO LIFE NO TO DRUGS
মুক্তি মানসিক এন্ড মাদকাসক্তি নিরাময় কেন্দ্র লিঃ
MUKTI MANASHIK & MADOKASHAKTI NIRAMOY KENDRA LTD.
MUKTI-THE PIONEER AND ONLY INSTITUTION FOR TREATMENT OF DRUG ABUSE AND PSYCHIATRIC DISORDER

September 15, 2022

TOXI-LAB
FULLY COMPUTERISED DRUG DETECTION LABORATORY

TO WHOM IT MAY CONCERN

This is to certify that **Mohammad Ruhul Amin** was present in this Centre on 15.09.2022, At 04.00 PM and was examined for Drug and Alcohol testing according to the guiding principal on drug and Alcohol testing procedures for world wide application in the maritime industry as advised by joint ILO/WHO and U.S. coast guard guidelines by OCIMF. This is also according to the Norwegian Seaman's article 26 and rules and regulation issued by the Maritime Directorate.

His Urine Sample was collected with all precautions for the detection of presence of Drugs of abuse and its metabolites in the Urine sample namely: OPIATE (Morphine, Pethidine, Codeine Phosphate), AMPHETAMINE, COCAINE, BARBITURATE, CANNABINOIDS (Marijuana) and PHENCYCLINDINE.

Homogeneous Enzyme Immune-assay method and technique was adopted by "SOLARIS DRUG ANALYZER" of Syva, USA.

Alcohol assay of the Urine Sample was also performed using the same method and technique.

The analytical test result was found to be: - VE (NEGATIVE)

COMMENT:

Mohammad Ruhul Amin was found to be Drug and Alcohol free on 15.09.2022.

15.09.2022

Dr. M. Baktyer Hossain
MBBS (CMC), PGT (P.G. Hospital)
Medical Director

Mukti Manashik & Madokashakti Niramoy Kendra Ltd. ★ Dhaka

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